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Hospital for Sick Children

67 College St., Toronto 2, Ont.
December, 1928.

Dear Mr. Editor:—

For some years past the work that this Hospital has been able to do for the children of Ontario has been seriously cramped through lack of space. A point was reached where the Trustees had to decide whether its service should be restricted to the utmost number of "Sick Kids" whom it could provide with cots or whether it should add to its room.

There are many youngsters suffering from afflictions of the spine and joints, whom only many long months can restore to health and strength. Medical care will help; but what they principally need is fresh air and sunshine. Hitherto the Hospital for Sick Children has looked after such children in an institution close by a city playground, where more fortunate boys and girls enjoy their sports. Imagine their plight, lying month after month listening to the shouts and laughter of other children.

In October last, the Hospital for Sick Children opened its country annex devoted to youngsters whose one chance to have their limbs straightened or their bodies built up must be in some place where they have sunshine and fresh air plus nursing care and medical attention. On a mount of land near Weston, away from the murk of the city, children are winning their way back to health in an environment of sunshine, pure breezes and quiet.

The country hospital at Thistletoe is a God-send for children who in it will take a long time to cure. It also liberates a hundred cots in the parent institution for youngsters who can be set right in a short time if quickly given constant attention. So the Hospital for Sick Children has now two doors to keep open day and night to every class, color and creed.

For more than half a century the Hospital has depended for its very existence upon the public response to its annual appeal which, being in behalf of children, is appropriately made at Christmas time. For over fifty years the H.F.S.C. has been enabled to make both ends meet by the donations of its friends, whether such be a dollar or an endowment. But the end of 1928 finds it with many large bills to pay for its new venture.

To its old friends the Hospital for Sick Children once more appeals. It is because so many of your readers are included in that ever-growing circle, that I trespass upon your space to remind them that it was their generosity in the past that emboldened the Hospital's Trustees to build for the future. With an extra effort stimulated by a new need, cannot the income of the "Sick Kids" be put once more abreast of its urgent needs?

Faithfully yours,
IRVING E. ROBERTSON,
Chairman Appeal Committee.

Slipping Down

There's no slipping up hill again and no standing still, when once you've begun to slip down.—George Eliot.

Are You Ready

When your Children Cry for It

Baby has little upsets at times. All your care cannot prevent them. But you can be prepared. Then you can do what any experienced nurse would do—what most physicians would tell you to do—give a few drops of plain Castoria. No sooner done than Baby is soothed; relief is just a matter of moments. Yet you have eased your child without use of a single doubtful drug; Castoria is vegetable. So it's safe to use as often as an infant has any little pain you cannot pat away. And it's always ready for the crueler pangs of colic, or constipation, or diarrhea; effective, too, for older children. Twenty-five million bottles were bought last year.

Fletcher's CASTORIA

OWL LAFFS

BY O.W.L.
(ON WITH LAUGHTER)

If Alice were only a boy we might buy her some toys for us to play with.

Great minds run in the same paths—so do little pigs.

Life, observed the turkey who had escaped Thanksgiving and saw Christmas coming, is, as you say, just one holiday after another.

A financial genius is a man who can spend a pleasant evening with a gold-digger.

Pessimism keeps optimism from running away with the economic cart.

Sweet Young Thing (after breaking glasses): "I've broken my glasses; don't have to be examined all over again?"

Optometrist (sighing): "No, just your eyes."

A man may be clever, capable and agreeable, but if you cannot depend upon him you do not want him around.

Probably nothing is quite so fleeting as a permanent wave.

"What is your finger wrapped up for?"

"It's not wrapped up. That's my wife's dress I'm taking to the cleaners."

Men who never take a day off have off days.

You can unsay it with flowers, too.

Slim Girl: "Hang up your stocking and get a wash-tub."

"Big Girl: "Hang up both of yours and get a pair of shoe laces."

Any blown-up sucker can float down stream. It takes a real live fish to buck the current.

You may be wrong sometimes, but you're probably the last person in the world to admit it.

The safest way is to tell the wife everything that you think she is liable to find out.

A pessimist is a man who puts out a light to show how dark it really is.

A story is told of a certain English politician who thought everybody knew or ought to know him. One day he was walking through a field when a bull addressed him in an undertone and made for him with his head down.

The politician was a man of dignity and political power. But he ran. He ran surprisingly well and reached the fence before the bull. He clambered over, out of breath and dignity, and found the owner of the bull contemplating the operation.

"What do you mean, sir," asked the irate politician, "by having an infuriated animal like that roaming about the field?"

"Well, I suppose the bull has some right in the field," said the farmer.

"Right? Do you know who I am?" gasped the politician.

The farmer shook his head.

"I am the Right Honorable Sir—"

"Then why on earth didn't you tell the bull?" said the farmer.

A wealthy lady was calling on a minister's wife, whom she found busy with the family mending. The wealthy lady remarked that she never did mending, but would gladly help sew on buttons. In the midst of her work she exclaimed, "Why, that's a button off my husband's coat!"

"Very likely," the minister's wife replied. "We found it in the collection box last Sunday."

Sometimes a quartet is nothing but four flushers.

"Boy, out in Gin Gulch we're so tough we eat baling wire for spaghetti."

"Nothin'! Where I come from we know what it is, and eat it just the same."

Tact sometimes prevents attack.

New Thoughts

New words to speak, new thoughts to hear,
New love to give and take:
Perchance new burdens I may bear
For love's own sweetest sake.

F. R. Havergal.

Check Colds with Minard's Liniment.

Wisdom

It is a wise man who knows his own business, and a wiser one who thoroughly atends to it.—H. L. Wayland.

Reduce the Acid

Sick stomachs, sour stomachs and indigestion usually mean excess acid. The stomach nerves are over-stimulated. Too much acid makes the stomach and intestines sour.

Alkali kills acid instantly. The best form is Phillips' Milk of Magnesia, because one harmless, tasteless dose neutralizes many times its volume in acid. Since its invention, 50 years ago, it has remained the standard with physicians everywhere.

Take a spoonful in water and your unhappy condition will probably end in five minutes. Then you will always know what to do. Crude and harmful methods will never appeal to you. Go prove this for your own sake. It may save a great many disagreeable hours.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

RAW IMMIGRANT YOUTH WINS HIGHEST PLACE

Sidney Wrightson, 18 years old, an unemployed miner with a mother and two brothers to aid in supporting in Durham County, England, was brought to Canada in 1927 by the Canadian National Railways Colonization Department, and placed on the farm of James Bell, near Kingston, by the British Immigration and Colonization Association. Never having seen a farm before he set to work in earnest to "learn the game", with such success that this year he stood highest in the agricultural judging contest in the county of Frontenac among 55 competitors, in connection with the Ontario Government plan to take 500 boys to the Royal Winter Fair.—Canadian National Railways photograph.

Seasonable Car Hints

Few drivers seem to realize that there is such a thing as a front-wheel skid. It happens when the wheels are cut for a turn and the car goes sliding straight ahead.

If you fill the radiator so full that some of the solution goes out the overflow you must add anti-freeze whenever adding water, otherwise protection against freezing will not be adequate.

Never shift into reverse until the car has fully stopped going forward, or into a forward speed while the car is still going backwards slightly.

Often what appears to be the end of the white line on a curve may be just a break in the line. Don't be too eager to pass other cars.

Keep your spring controls in good condition. The car will sway badly on curves if a neglected shock absorber or stabilizer fails to hold. Cars need more attention paid to spring greasing in winter than in summer. Prevention of rust from snow and wet prolongs the life and usefulness of the car.

WHEN YOUR BABY CATCHES A COLD

In spite of all precautions little ones will take colds—especially during the changeable days of our Fall season. When the first symptoms appear—sneezing, redness of the eyes, running nose—Baby's Own Tablets should be given at once. They will rapidly break up the cold and prevent more serious complications.

Mothers who keep a box of Baby's Own Tablets in the home always feel safe. In fact they are like having a doctor in the house. They are a gentle but thorough laxative that sweeten the stomach and regulate the bowels, thus driving out constipation and indigestion and relieving the baby of the many childhood ailments which are the direct result of a clogged condition of the bowels or sour stomach. They are absolutely safe—being guaranteed to contain no drug at all harmful to even the youngest babe. They cannot possibly do harm—they always do good.

Baby's Own Tablets are sold by all medicine dealers or will be sent by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Training Children

In placing young children with foster parents, says J. J. Kelso, we impress on them the importance of training the child in three cardinal virtues—honesty, truthfulness and obedience. If children are thoroughly grounded in these essential principles then there need be little doubt about their future.

The Airplane in Far Alaska

Their Coming Means End of Salmon-Drying Trade—Fisheries in Texas and Mexico Aided

Airplane travel is affecting the fish trade. In Alaska it has nearly destroyed a flourishing industry. In Southern United States and Mexico it has added great impetus to the fishing business.

In the Far North dog teams have long been the accepted carriers. To supply the huskies with food the salmon-drying industry arose along the rivers of Alaska where the fish make their yearly runs to spawn. This business reached large proportions.

Then came the airplane, and distances that had been days away could be reached within a few hours. Dog teams lost in favor, and in the past three years there has been little demand for dried salmon. The industry is rapidly dying out.

Several aerial transportation companies now offer regular service between Alaskan points throughout the year and more than forty landing fields dot this territory. The regular dog service between Nome and Fairbanks has been discontinued. Regular flying service is maintained between these two points, while other planes fly between Fairbanks, Iditarod, McGrath and Tacotna, routes formerly traversed only by dogs.

But in the southern part of the United States the airplane is building the fisheries trade, and is expected to add thousands of dollars to the value of the industry. From Brownsville, Texas, comes a report that regular plane service for transporting fish is being conducted this winter. Several large fishing companies operate fleets of trawlers in the Gulf of Mexico. Hitherto they have been handicapped in getting their fresh fish to market because of the time required to bring in their catches from the fleets. Now one of them has contracted with an airplane transportation company to furnish a number of planes for delivery service. He will ship all his fish to market by air.

Fresh fillets will be loaded into the planes from Soto la Marina, Mexico, which is just adjacent to the fishing grounds. They will fly the 150 miles to Brownsville in two hours, where the fish will be loaded into refrigerator cars for Northern and Eastern markets. Thus more than a day will be saved—a big consideration with a commodity as perishable as fish.

Minard's Liniment for Chapped Hands.

Steadfastness

You picture to yourself the beauty of bravery and steadfastness. And then some little disagreeable duty comes, which is your martyrdom, the lamp for your oil, and if you do not do it, how your oil is spilt!

—Phillips Brooks.

A Mile High Sunbath

This photograph was taken during last season's Carnival at Banff and shows guide Feuz and a fair member of a party which skijored to Lake Louise for a day. The lady did not wear her abbreviated costume for the entire run, nor would she advocate the general adoption of the outfit for winter sports wear, but she demonstrates that, at times, it can be done and that the Canadian Rockies are not the "frozen fastnesses" one might imagine them to be. The Banff Carnival to be held February 2 to 9 will give many an opportunity to view the Rockies under their white mantle and, at the same time enjoy the whole slate of organized sport activities.

RHEUMATIC VICTIMS

Can Find Relief Through Building Up the Blood

Pain is the symptom of rheumatism that every victim recognizes, and he generally attributes the trouble to cold, damp or changeable weather. But doctors know that thin blood is a marked characteristic of the trouble. Trying to cure rheumatism while the blood remains thin and poor is an impossible task because there is nothing to build on. A tonic like Dr. Williams' Pink Pills that enriches the blood and frees it from poisonous impurities soon banishes rheumatism from the system. So long as the blood is maintained in a healthy condition the trouble will not return. This is not theory. It has been proved in hundreds of cases; here is one:—Mr. J. W. Rose, R.R. 2, Albany, P.E.I., says:—"For some years I was a great sufferer from rheumatism and although I tried a great many remedies, I did not get any permanent relief until after I took Dr. Williams' Pink Pills. The trouble was located mostly in my shoulders, and at times was so bad that my right arm was almost useless. Of course I suffered much pain and great inconvenience. My attention was directed to Dr. Williams' Pink Pills through an advertisement in our newspaper, and I decided to try them. I took the pills according to directions with the result that the rheumatism has left me, and I have never had a twinge of it since. If this meets the eye of any rheumatic sufferer my advice is try Dr. Williams' Pink Pills at once."

You can get these pills from any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Saxons Put Woden First

Middle Day of Week Held Sacred to This Mythological God

Woden was the highest in rank and the holiest in character of all the mythological deities known to the Saxons. He was the all-pervading spirit of the universe, the personification of the air and the god of universal wisdom and victory. The middle day of the seven was held sacred to the divinity of this god and was known as Woden's-Doeg, or Wednesday.

Woden was worshiped throughout Northern Europe, but he was especially deified in the great temple erected to him at Upsala, Sweden, where the most solemn festivals were held, says "The Washington Star." It was the custom to make sacrificial offerings to the god, the victim usually being a horse; but in time of pressing need human sacrifices were made. Even the king, according to the myth, was once offered up to avert a famine. Another of the more important fetes in honor of this god was the annual Mayday festival, continued until recently in Sweden, when a grand procession known as the May Ride was held, in which an image of Woden, the flower-decked May king, was carried through the streets in great pomp.

In addition to the Mayday celebration, feasting and merry-making took place on the fourth day of each week in honor of the naming of Wednesday for Woden. Temples of fames, as they were called by the Saxons, were erected to this god in every important city, where it was the custom for large crowds to assemble on festive occasions to hear songs by the scalds, or troubadours, who were rewarded for their services by the gift of golden bracelets or armlets, which curled up at the ends and were called Woden's serpent.

Woden was believed to be the inventor of Runes, the first alphabet of the Northmen. The letters consisted almost entirely of straight lines placed in different groups and positions and at one time were thought to have magical meaning. He also gave his people a code of laws whereby to govern their conduct, urging courage, temperance, independence and truthfulness.

Minard's Liniment for Asthma.

Famous British Inn of Cromwell's Time Passes to Wreckers

"Old" Peggy Bedford in Middlesex Also Was Used as Dick Turpin Headquarters

One more of England's famous old inns, its timbers soaked in history and memories of Dick Turpin and Oliver Cromwell, is closing its doors. It is the "Old" Peggy Bedford, near Longford, Middlesex. This story is told by "The London Daily Chronicle."

The inn has been slain by the march of progress in the form of a new road—once it was the last resting stage for Windsor, the last at which every royal voyager to Windsor Castle partook food and drink.

And now it is left high and dry on the old Bath road, the Colnbrook bypass having been cut right through its grounds at the back of the scenery where Cromwell and his Roundheads ambushed which Dick Turpin used as his headquarters; where Charles II and Nell Gwynne used to stay on their way to Windsor.

A youthful "Peggy" has replaced the corner of the two reddish and smiling daughters, with a great deal of space where motorists and motor coaches can draw in. "Old" Peggy came under the auctioneer's hammer on October 11.

Two noble elms said to have been planted by Queen Elizabeth stand outside the inn.

The inn was built in three separate centuries. The date of the addition is uncertain, but as the church of Harmondsworth near by was built in the eleventh century, it is believed that the inn is as old. The east wing was built in 1570 and the west wing in 1766.

Walter P. Shubrook, the landlord of the old and new "Peggy," shows the massive oak beams, the great fireplaces, the skittle alleys with the old skittles which have only just been discovered. Many years ago, when alterations were made to the inn, two pails full of silver and coins were discovered.

Minard's Liniment for Grippe.

$18.25 OCEAN FARE TO CANADA for the Wives and Families of British Subjects

Children under 17 years—FREE

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YOUR FAMILY'S CHARACTERISTICS TOLD BY THE EYES

WHICH PARENT DO THE CHILDREN TAKE AFTER?

Color and shape of the eyes indicate disposition, temperament and ancestry. Blue eyes come from Northern Ancestry. In the Celtic Races, eyes of hazel gray predominate. People of Southern Ancestry are invariably dark-eyed and of brunette complexion. *What color are your eyes?*

EYES ALSO DENOTE THE CONDITION OF YOUR HEALTH

Whatever be their color or natural brilliancy, their beauty is marred if they are dulled by poor condition of liver or headaches, or biliousness arising from constipation.

The whites of the eyes should be clear and slightly bluish. If they show a yellow tinge you need a laxative.

NATURE'S LAXATIVES ARE FRUITS AND VEGETABLES

But sometimes a diet of fruit and vegetables is too slow in producing good results. Then take Beecham's Pills. These are a vegetable compound and act gently on the liver. They form the most efficacious laxative that Nature has provided for the relief of Biliousness and Constipation.

REMOVE YELLOW TINGE WITH BEECHAM'S PILLS

Take a regular daily course of Beecham's Pills for a short period. A Favorable Prognosis is that your eyes will soon reflect improved health.

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Winter sport has come into its own. Skating, skiing, tobogganing, snowshoeing, dancing, sleigh rides, etc. Take the family to the Laurentians. Information from Canadian National Railways, Montreal.

MINARD'S KING OF PAIN LINIMENT

Children Cry For Castoria