RED ROSE TEA
"is good tea"

People who want the very best use Red Rose Orange Pekoe Tea

Immortal Love.

Robert Southey was the Poet Laureate for thirty years. He is remembered now almost solely for poems he thought little of himself—"The Battle of Blenheim," "The Inchcape Bell," and "How the Water Comes Down at Lodore"—but in prose his "Life of Nelson" is a classic.

They sin who tell us Love can die.
With life all other passions fly,
All others are but vanity.
In Heaven Ambition cannot dwell,
Nor Avarice in the vaults of Hell;
Earthly these passions of the Earth,
They perish where they have their birth;
But Love is indestructible.
Its holy flame for ever burneth,
From Heaven it came, to Heaven returneth;
Too oft on Earth a troubled guest,
At times deceived, at times oppressed,
It here is tried and purified,
Then hath in Heaven its perfect rest:
It soweth here with toil and care,
But the harvest-time of Love is there.
Oh! when a mother meets on high
The Babe she lost in infancy,
Hath she not then, for pains and fears,
The day of woe, the watchful night,
For all her sorrow, all her tears,
An over-payment of delight?

Bell Ringers on a Tour.

Bell-ringers, mostly from Surrey towns, during a holiday tour in Somerset and Wilts visited 13 towns and rang a peal in each.

Necessary.

Wife (to salesman-husband, departing on a business trip)—"Don't forget, dear, to take some dotted lines with you."

LEARN WHILE YOU EARN
Become a Beauty Specialist
Toronto HAIRDRESSING ACADEMY
SHOWS YOU HOW.
Classes now forming for Spring term. Write for Booklet describing various courses.
Branch School 152 Avenue Road, HAMILTON, ONT. TORONTO 5, ONT.

to the BRITISH ISLES at MODERATE COST

The Cabin Class Canadian Service steamer is a post-war product designed to give maximum comfort at minimum cost.

Should you travel Cabin Class you are assured of accommodation and service equal in every way to the Pre-War First Class at a much reduced rate — if Third Class, you will travel in absolute comfort with congenial companions and you will find the accommodation ample and the service thorough.

A trip to the British Isles, sailing from Montreal in the Autumn when the Summer tourist rush is over has a charm and allure you will find irresistible.

Ask your steamship agent about the St. Lawrence route to Europe, or write—

THE ROBERT REFORD CO., LIMITED
Montreal Toronto Quebec
St. John, N.B. Halifax

CUNARD
ANCHOR-DONALDSON
CANADIAN SERVICE 187

Carillon Towns.

Above the noise of a crowded street at the Hague one summer noon I heard the carillon of the Great Church tower. Bruges and Middleburg and Veere had just been visited. They differed much, yet some common note seemed to unite all three and the Hague. How was it to be defined? In this reflective mood, again my ear caught the sound of the bells. They answered the question. It was the tower melodies which united these places, individual as they were in other respects. Then came the thought: Why should one not see the many carillons of the Low Countries, each in its own historic place, and write them down for foreign wanderings? . . . .

Thereupon we set forth to find the carillonneur at the Hague; courteously he gave us suggestions and advised us to consult the bell-master at Gouda. So we betook ourselves to Gouda, and sought out the carillonneur, who told us a friend of his had come upon considerable information about carillons in some old volumes in the library. By the best of good fortune it turned out that we were at Gouda on one of the two days of each week when the library was open.

Outside it was a deluge of rain, with a black sky. Within the library we were dry, it is true, but there were no lights. Just at closing time the book of most importance to us was discovered. We made good use of the minutes left, and with a fair list of carillon towns safely recorded in our notebook we went back to the Hague. That very night, the most convenient of messages, the postcard, with paid reply, was ddispatched to "Den Heer Klokkenist" of the principal Dutch and Flemish towns.

By noon the next day replies began to come. . . . A morning or two later the long time old "portier" at the hotel, affectionately regarded by many a traveler, held up a dozen answers to his ear, as if listening to their message, and greeted me with: "Hush, I hear carillons ringing through all the land." With the answers came many special invitations. . . . Several times a bell-master volunteered (if the burgomaster gave permission) to play at some other time than the regular hour, if it would convenience us. . . .

In the Low Countries all the carillon towns are so near one another that little foreplanning is needed. The Flemish region, indeed, has an area only about twice that of Wales or of the state of New Jersey. It is in form almost a right triangle with Malmedy, southeast of Liege, at its right angle, and with its hypothenuse, running from Boulogne to the mouth of the Ems, northeast of Groningen, along the North Sea coast-line of Belgium and Holland.—William Gorham Rice, in "Carillon Music and Singing Towers of the Old World and the New."

Scientists Testing Truth of Cold Shoulder Theory

Scientists of Amsterdam have been measuring the amount of heat given off by the human body to find why some parts give off more heat than others. Drs. E. Sluiter and G. van Rijnberk devised an apparatus for studying the temperature of the skin, covered and uncovered, and found that much less heat was given off over layers of fat and a great deal more where the skin lay close to bony surfaces.

Whether this means that people built on generous lines are as cool as cucumbers on the outside and "red hot" within, with skinny folks just the opposite, is not stated. However, the experiment would seem to indicate that a fat person might make the coolest bedfellow on a hot night.

Dr. Sluiter thinks that some of the differences in heat radiations at various places may be explained by the nearness of large blood vessels to the surface, but this, he says, does not explain all. It is still a mystery why more heat is given off over the forehead, the chest, the shins and the spine.

To An English Teacher.

I wad that Bobbie Burns were ge'en
To hear ye read his lines between
Sae fu' o' love. His Scottish lore
Was nair sae beautiful before.

An' aft I wish there listened here
Some ither poets far and near
Whose words ye read, and aft gie oot
Mair love than aye they dreamt aboot.
—Rosalie S. Jacoby in "Kaleidoscope poems.

Is there any moment in a boy's life that is equal to the time when he is first called "Mister"?

Minard's Liniment relieves stiffness.

The rarest stamp in the world is the one cent, 1856, British Guiana, printed in black on magenta. This was sold for £7,317 in 1922.

TORONTO OFFERS BEST MARKET FOR
Poultry, Butter, Eggs
We Offer Toronto's Best Prices.
LINES, LIMITED
St. Lawrence Market Toronto 2

WE BUY OLD STAMPS
From 1840—1880—on Original Envelopes Preferred
STANDARD STAMP. CO.
2½ Crang Avenue
Station L. Toronto, Ont.

Human Traits of Black Bear

(1) Bear cub stopping out. (2) Black Bear family in native haunt.

It's a "fifty-fifty" proposition with Canadian black bear, the most popular wild animals in the parks of the Canadian Rockies. They have not resented man's intrusion but instead have exhibited an ever-increasing curiosity about man's affairs. In the vicinity of Banff and Lake Louise they have become so tame that it is a common sight to see them amble across the roads, and even stop for a sign of recognition from the tourists.

An English lady was visiting Chateau Lake Louise, in the Canadian Rockies, and desired above all else to see a bear. She chose a likely spot and waited and waited but in vain. Later when out on a stroll she came upon a bellhop with a bottle of milk. She watched without making her presence known. Soon a bear appeared with two cubs. The boy approached fearlessly, took the top from the bottle and gave the cub a drink. When, however, he tried to take the bottle away in order to share it with the other cub, the cub refused. The mother bear asserted her authority and gave the obstreperous cub a wallop. This settled the dispute, and only demonstrated one of the many almost human instincts of the black bear.

Lake Louise.

A silver rose sleeps in the jewelled lake
Where shines as in a glass Victoria's peak
Crested with snow, that falling flake by flake
Fashions a hoary crown. The mountains bleak
Are glacier-gored, and crystalline; green aisles
Break through turquoise, ice-hewn galleries;
While at the base, 'mid snow eternal, smiles
The heaven-reflecting water, Lake Louise.

At dawn the lake dreams, shimmering in the light,
An opal fallen where the shadows lie,
The fragrant breath of morn is all too slight
To mar the image of the green-gold sky.
Moons of ice, encrusting gems of snow,
And frozen frondage by a glacier stayed
Are brightly mirrored in the lake below
Like silver apples in a bowl of jade.

The first star finds the shadowy lake at rest,
The heaven glows, a sapphire at that hour,
With winnowed blue; and still the mountain crest
Shines in the water like a burnished flower.
Night—and cooling winds trace quivering bars
Athwart heaven's imaged glory, where the trees
Fall like cypress shades among the stars;
And the silver rose in the waters of Lake Louise.

—Alice M. Winlow, in the Christian Science Monitor.

CHILDHOOD AILMENTS

Can be Quickly Banished With Baby's Own Tablets.

The ailments of childhood are many but nine-tenths of them are due to one cause and one cause only—a disordered condition of the stomach and bowels. To quickly banish any of the minor ailments of babyhood and childhood the bowels must be made to work regular and the stomach must be sweetened.

No other medicine for little ones has had such success as has Baby's Own Tablets. They banish constipation and indigestion; break up colds and simple fevers; correct diarrhoea and colic and promote healthful sleep by regulating the functions of the stomach and bowels. Concerning them Mrs. L. M. Brown, Walton, N.S., writes:—"I cannot speak too highly of Baby's Own Tablets as I have found them excellent for childhood ailments."

Baby's Own Tablets are sold by medicine dealers or by mail at 25 cts. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Knife and Spoon Preceded Fork on Tables of England.

The comments of Mr. Justice McCardie upon the "social affectation" of demanding two forks to manipulate fish seem to have been based upon historical knowledge. Forks were not introduced into England until 1608, and it is a notable fact that while we get Knifesmith and Spooner among our occupative surnames, we find no Forker or Forksmith.

Even the "Carver" had to use his fingers. In the "Boke of Kervynge" we find it set down: "Set never on fresche, flesche, beest, ne fowl, more than two syngers and a thombe." The guest was lucky if he got a plate. Usually he was supplied with a round of bread known as a trencher, upon which the meat was placed. It will be easy to understand why this was followed by the necessary service of the "Ewer" with a basin of cleansing water, and the "Napier," who proffered the towel or napkin.

Minard's Liniment for toothache.

GIRLS AND WOMEN NEED RICH BLOOD

This Lady Found Dr. Williams' Pink Pills a Friend Indeed.

Just because she is a woman there are times when every woman needs help and strength in the form of a blood-building tonic.

To thousands of girls and women Dr. Williams' Pink Pills have proved a blessing because they enrich the blood, give strength and restore tone to the aching nerves. The anaemic girl who is languid and pale; the wife whose back feels like breaking; the matron whose health fails as she reaches middle age—for all such sufferers Dr. Williams' Pink Pills are invaluable because ill-health in girls and women is usually caused by poor blood or insufficient blood. These pills have proved a blessing to thousands of others, why not you? At various stages of life Mrs. G. R. Lake, Walton, N.S., has proved the value of Dr. Williams' Pink Pills. She says: "I first used these pills when a young girl, for it is during the 'teen age when nature calls upon every bit of the reserve strength we have, that we need their rejuvenating help. It was then I found Dr. Williams' Pink Pills a friend indeed. And again, now that the girlhood stage is past and I am a mother of four children, subject to all the cares and worries of the home, Dr. Williams' Pink Pills is the only tonic I take to keep up my health and strength, and they have never failed me. Should any ailing girl or weary mother, due to my advice, try these pills, I know they will find them as equally good as I have done."

You can get these pills from any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Buried History.

Near the site of the ancient city of Mizpah, in Palestine, a party of scientists recently discovered a great pit into which they think the bodies of Gedaliah and his followers were thrown, as related in the Biblical story.

A number of rock tombs containing a mass of early pottery were also found, and the scientists confidently expect to unearth, amongst the relics of this two-thousand-five-hundred-year-old city, records telling the full story of the Egyptian campaigns in Palestine.

When Nebuchadnezzar conquered Judeda he took many of the inhabitants to Babylonian captivity, but we are told that he allowed some, including the prophet Jeremiah, to remain at Mizpah for several years under the governorship of Gedaliah.

The historic crime associated with this ancient city took place when Ishmael came to the colony and was welcomed by the Babylonian governor with a great feast, in the midle of which he suddenly rose and killed Gedaliah and his friends, afterwards throwing their bodies into a pit.

Hometown.

Our town has sights as fine to see
As any in geography.
Why, when the early sunlight spills
In summer down our eastern hills,
They look like heaven's parapet.
From Eighth Street, when the sun has set,
The high school on the hill in line
Looms like a castle on the Rhine,
And twisted pines along the crest,
Backed by the lemon colored west,
Would make Jap artists praise their gods
And plant their easels here by squads.
Some summer nights I have to lie
In the front yard and watch the sky,
And let my fancy climb and play
Through lacework of the Milky Way
To deeper heights all silver fired,
Until both eyes and brain are tired.
Oh, never Nome,
Hongkong or Rome
Could show me finer sights than home!
—Badger Clark.

Old Salt Mines.

Salt mines in the Carpathian mountains have been worked since the eleventh century.

Big Money for Ford Owners
Selling Eclipse Shock Absorbers, Spring Controls and Lubricator. Write for particulars.
The W. G. ASTLE SALES Co.
Bridgeburg - - Ont.

Ontario Dental Health Day.

What wonderful advancement has been made during the past few decades in the prevention and care of disease, and this improvement is due to a large measure to the scientific investigation and research conducted in our laboratories. The knowledge thus gained would be of little use, however, unless sent to those who need it or those who can apply it in the education or treatment of others.

The most valuable contributions made by research workers in so far as the health and happiness of the people are concerned have been in the field of preventive medicine. Many of the diseases which years ago afflicted the people are now seldom heard of and still greater results are confidently expected.

The prevention of disease is largely a matter of education. It cannot be accomplished through the efforts of the physician alone; he will lead the way but the general public must be taught to take such an interest in their own health that they will be willing to accept the advice given.

Dental infection is one of the most frequent causes of disease and the Ontario Department of Health has organized a special effort for the purpose of informing the people in regard to the prevention of dental diseases. This campaign will take the form of a Dental Health Day, to be held on Wednesday, October 20th.

The activities will include a motion picture film which has been prepared by the Ontario Motion Picture Bureau, radio talks from the various stations, instruction to school children, the distribution of special booklets by the Insurance Companies, newspaper publicity which the press is giving without charge, and window display.

The dentists of the Province, at the request of the Department of Health, will give private instruction on mouth care to all who desire it, and the general publicity will stress the importance of a proper diet, thorough mastication of the food, and careful cleansing of the mouth.

The educational, health, service and social welfare organizations of the Province are co-operating, and this, the first Province-wide effort of this kind in Canada, promises to be a great success.

Martyrs of Medicine.

One of the epic stories of medical research is recalled by the death the other day of Major J. F. Hall-Edwards, the famous British surgeon and X-ray pioneer. The first operation ever performed with the aid of an X-ray photograph was in a case where, by this means, Dr. Hall-Edwards had located a needle in a patient's hand.

It is impossible to over-estimate the debt which medical science owes to men like Hall-Edwards. He began his X-ray experiments in 1896, immediately after Professor Rontgen's discovery had been made public, and while the use of safety devices was unknown. Many of these devices, indeed, were suggested by him as the result of these early experiments.

Even when, owing to X-ray dermatitis, he had lost his left arm and four fingers of his right hand, he continued his work, managing to carry on with a solitary thumb and a rubber substitute for a forefinger.

Our knowledge of X-rays has been dearly won. Dr. A. Barry Blacker, one of the first men to introduce X-rays into hospital practice, also paid the penalty of his pioneering work. He had to be operated on again and again, and finally died of a disease caused by the action of the rays. But his experiments in a small basement in St. Thomas's Hospital were the start of the famous X-ray department of that institution.

Another celebrated X-ray practitioner associated with St. Thomas's was Sir Archibald Reid, who took charge of this department of the hospital's work in 1912. His death in 1924 was a direct result of his X-ray work.

Even before X-rays medicine had its martyrs. The famous John Hunter took innumerable risks in his experiments, and even infected himself with diseases to observe their course more closely. His death is supposed to have been due to this habit of experimenting upon himself.

Rub your scalp with Minard's Liniment

Mussolini's Waterloo is in the offing. It is said that he contemplates passing laws regarding the dresses and the tresses of his countrywomen.

GOITRE

Mothers, have you or your daughters goitre? Do not worry. Goitre can now be removed quickly, painlessly and permanently. Johnston's Goitre Remedy, used externally, acts by absorption. Simply rub in twice a day. After about 2 weeks' treatment, goitre becomes soft and spongy, and then gradually disappears. Usually one bottle is sufficient. Literature and testimonials on request. Price $5.00; mailed anywhere.

J. A. JOHNSTON & CO.,
171 King St. E., Toronto.

HURT?

Ease the pain with Minard's. It relieves inflammation, soothes and heals.

MINARD'S "KING OF PAIN" LINIMENT

The Tired Child.

It is hardly possible nowadays to take up a paper or a magazine without being reminded that we live in a restless, undisciplined and driven age. If that is so, we cannot hope that the children will escape; indeed, they must be the first and the chief sufferers. But once the danger is recognized, much can be done by parents and guardians of the young to offset it. To begin with, fatigue and lack of proper discipline are sure to go together. The spoilt child is always a restless, fidgety child. He is growing up without that training in quiet, in self-control, in co-ordination which he will need so much in later life.

But physicians have to look at this question from the physical point of view first, though they remember that there is another side, which we call the psychic. There are certain signs which infallibly indicate the over-tired child. In the first place such a child is almost certain to be "skinny," however ample is the home table and however much he seems to eat. Secondly, the fatigued child is almost certain to "slump," to sit in bad postures, to stoop and slouch when he walks, and to fall back into those faults quickly no matter how sharply he is admonished to "sit straight" or to "stand up." He falls back because he cannot help it; he is tired. Thirdly, this child is pretty surely peevish, sullen, grouchy—just as you would be yourself if you felt as he does. He needs a rest cure, just as you would under the same circumstances.

Sometimes this rest cure should be very complete, but in most cases, when taken in time, a sort of modified rest cure will do the work. This means shorter hours of school work, a cutting down of hard and strenuous play, and, above all, longer hours in bed, because it is while the child is on his feet that the cure goes on quickest. It is not necessary to say that the additional hours in bed should not present themselves to the patient as punishment; rather they should be regarded as a special privilege. That is, breakfast in bed or lying down during the day with a few toys or picture books is understood to be distinctly approved of. The first sign of improvement will be a gain in weight accompanied by a serenity which has long been missed; but the return to the complete normal will be slow.

Animal life ceases to exist in the ocean at a depth of one and a half miles.

Minard's Liniment for bruises.

Largest of all privately owned yachts is the Arcturus, an oil-engined boat of 2,522 tons, which belongs to an American whose hobby is deep-sea fishing.

Canadian Plan Book
In co-operation with Canadian Architects designs of moderate priced Homes are published in the MacLean Builders' Guide. Detailed information on planning, building, furnishing, decorating and gardening. Profusely illustrated. An ideal reference book. Send 25 cents for a copy.
MacLean Builders' Guide
314 Adelaide St. W., Toronto, Ont.

Blemishes and Irritations Quickly Disappear

When Cuticura is used. Bathe with the Soap and hot water, dry gently and anoint with the Ointment. This treatment not only soothes and heals unsightly and annoying pimples, rashes and skin irritations but tends to prevent such conditions.

Sample Each Free by Mail. Address Canadian Depot: "Glenhouse, Ltd., Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c.
Cuticura Shaving Stick 25c.

Proved safe by millions and prescribed by physicians for

Headache Colds Neuralgia Lumbago
Pain Toothache Neuritis Rheumatism

DOES NOT AFFECT THE HEART

Safe

Accept only "Bayer" package which contains proven directions.
"Bayer" boxes of 12 tablets
Bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. Aceti. Salicylic. Acid. While it is well known that Aspirin means Bayer manufacture, to protect the public against imitations, the Tablets of Bayer Company will be stamped with the genuine trade mark, the "Bayer Cross."

THIS IS A BATTERYLESS YEAR!
Don't Be Sorry—
Buy a
ROGERS BATTERYLESS R/C

The Set of No Regrets.

Radio Satisfaction

Wouldn't buy an Automobile or school accessory which was going practically out of date next year and you? Then why buy any but an up-to-date Radio and your sorrow.

Rogers Batteryless Radio operates from any alternating electric current.

Never needs Batteries, and, in most cases, no aerial.

Write for our book, "Evidence," and read what owners of Rogers Sets for years say about their satisfaction. IT IS FREE.

Address the
W. S. Music Co., Can., Ltd.
King St. W., Toronto

Edge-Holding Saws
Fast Easy-Cutting
SIMONDS SAWS
Guaranteed because made from our own steel
SIMONDS CANADA SAW CO. LTD.
MONTREAL
VANCOUVER, ST. JOHN, N.B., TORONTO

PRINCE EDWARD BRAND FOX WIRE

Perfect Protection With Every Roll

Every roll of Prince Edward Brand Fox Netting opens out as a 150 foot long wall of perfect protection for your foxes. "Prince Edward" does not sag nor sag and has 10% more meshes than any other brand of fox netting

Write or wire for delivered prices.

Holmans Summerside P. E. Island

Special Ontario Agents
J. C. Ruthven, J. M. McGillivray
Alliston Priceville

MARRIED WIFE TO BED

Suffered So She Could Not Walk. Restored to Health by Lydia E. Pinkham's Vegetable Compound

Minesing, Ontario, — "I am a practical nurse and I recommend Lydia E. Pinkham's Vegetable Compound to suffering women. For three months I was almost helpless and could not sit at the table long enough to drink a cup of tea. Many a time my husband carried me to bed. I would be so weak. Then he read in the paper about a woman suffering as I did who got better after taking the Vegetable Compound, so he went and got it for me. When I had taken three bottles I was just like a new woman and have had splendid health ever since. When I feel any bearing-down pains I always take it; sometimes a half bottle or whatever I need. It is my only medicine and I have told many a friend about it. Any one wanting to know more about Lydia E. Pinkham's Vegetable Compound, I will gladly write to her. I do all I can to recommend it for I feel I owe my life and strength to it." — Mrs. NEAL WEBER, R.R. 1, Minesing, Ontario.

Do you feel broken-down, nervous, or weak sometimes? Do you have the horrid feeling of fear which sometimes comes to women when they are not well? Lydia E. Pinkham's Vegetable Compound is excellent to take at such a time. It always helps, and if taken regularly and persistently will relieve this condition.