

**RED ROSE TEA**  
 "is good tea" TEA  
 Next time try the finest grade  
 -- Red Rose Orange Pekoe Tea.

**MARKETING FISH IN CANADA**

Canada has wonderful fishery resources, but the Canadian people eat comparatively few fresh fish. Many of the fish caught off the shores of Canada are shipped to the United States. On the Pacific coast, where salmon are plentiful, Asiatic labor is largely employed. There is a prosperous fishing industry, but there are few fishing villages like the picturesque communities which dot the shores of the Maritimes. For the purpose of promoting a better life, it is desirable that the fishing industry should be encouraged. In the fishing communities where the toilers of the sea can come home before sunset they find their domestic gardens. Many keep cows and poultry, and otherwise make themselves personally independent. They give employment to tradesmen and artisans. Churches are established and schools, and the social amenities of country life are made possible. But in recent years thousands of the young people have left the fishing villages before the royal commission which is inquiring into Maritime Province problems at present, proposals for the improvement of the marketing of Canadian fish in Canada seem to merit special consideration. It is submitted that an increased sale of Canadian fish in the home market would stimulate industry in the fishing communities and improve commercial conditions in general. It should be quite feasible to increase the sale of fish in the inland provinces, but one first requirement is to improve the transportation service and other facilities of distribution. Canada is well provided with railway lines, but nothing like the British express delivery of fish has ever been attempted, perhaps for good reasons. At certain hours by the day on the railway, between fishing ports and markets in Great Britain, everything has to be made way for the express fish trains. Fish from Grimsby are delivered to the famous market at Billingsgate with as much expedition as passengers are carried in the fast trains to King's Cross or Paddington. But Canadian railway administrators have never been lacking in the possibility of cutting the time for fish transportation between Halifax and Montreal from more than seventy hours to less than forty. Improved cold storage facilities would be required to give consumers the full benefit of an improved express service. There is possibly an opportunity, too, for an improvement in the refrigerator cars, perhaps even to eliminate the somewhat cumbersome ice-packing process entirely by substituting mechanical refrigeration. The problem is largely one of distribution. Once it is solved, there should be little doubt about the increased demand for Canadian fish in Canada.

**Memory.**  
 Like everything else in the world, memory seems commonplace until one begins to examine it. And then, still like everything else, it becomes in-contact so strange and mystical in concept and operation that every attempt at understanding. For example, at any given moment the mind may be utterly empty; and yet an unconsciousness of things past; and then a word something is recalled out of days so distant as to seem antediluvian and that will bring up something else and that again something more, until a book could be filled with their description. And in a moment all this host of remembered things will troop back again into the oblivion from which they came to await the next summons.

Where do all these remembered things or ghosts of things, stay in the intervals between? Is memory that is positively unchangeable in its imprints as the digging down into caches of stored but long-forgotten facts and ideas and slowly, as if by some invisible force, dragging them back into consciousness. Most men in their processes have learned how to practice this sort of recovery of it, forgotten and all marvel at it. And the question is: Where was the hiding place of these forgotten things and how does the mind work this way? Knowledge is memory. History is memory. Science is memory. All the great arts of writing, painting, sculpture, music, chess, and all the rest, are but memory in various guises and by which memory is given fixation and permanence as a precious possession of the past.

**Moon-Magic.**  
 Patches of moonlight on the sea Move all my soul in ecstasy; something, I cannot tell just what, Brings back old memories, long forgotten, of romance and bits of song I have not thought of in oh, so long; Faces I loved in the long ago Are there in the moonlight's pale soft glow. Mark there is weird and eerie, In nights of moonlight on the sea, George Elliston.

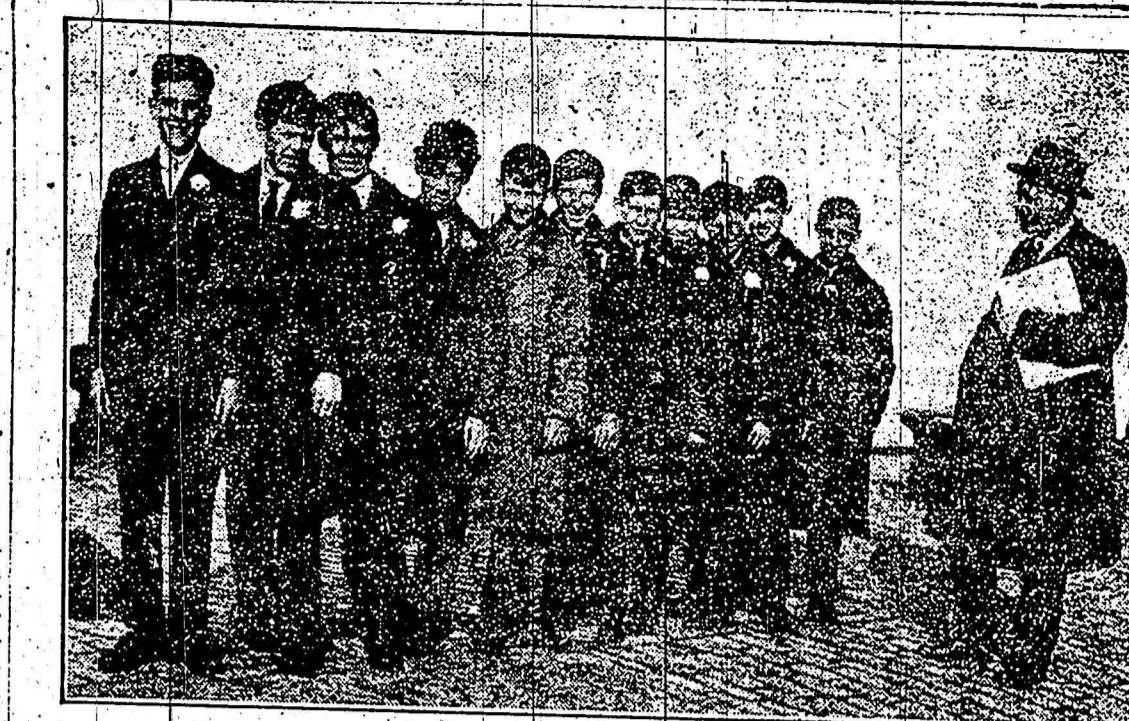
**Born Mothers.**  
 You find them in all walks of life, but there are more lowly folk than high-born folk who are endowed with the mothering instinct. Perhaps they have more time, or perhaps hardship has sharpened their perceptions and widened their sympathies. Many of them aren't married, let alone mothers, but they go around the world "mothering" those who appear to need it. They have a way of saying and doing things when people are tired or ill which is always just right. They have the oldest habits in the world, all the fairy stories that were ever written; can invent games, tell fortunes, and some of them even seem to be able to cure broken hearts! Elder sisters and girls who have shouldered responsibilities at school and in their homes usually do their share of "mothering." Indeed in large families "real" mothers seem almost to expect their eldest girls to share their domestic trials and tribulations. Many maiden aunts are far more motherly and do more mothering than the mothers of the little ones and are more interested in their welfare than the mothers themselves. Such devotion is a beautiful thing, for it embraces the whole world.

**An Old Whistling Match.**  
 Addison, the English writer, was present at Herts, England, when a "whistling match" took place. He says that the prize was one guinea, which was to be given to the best whistler that he, the boy who could whistle the most, clearly and go through his tune without laughing, was to be regarded as the champion of the town, and the prize was to be awarded to him as such. As soon as the challenger began, "Merry Andrew" of Herts, dressed in fancy costume, commenced to make faces and cut capers directly in front of the whistler. The great crowd was made to laugh because of the clown's antics, ugly faces and strange postures, and it was extremely difficult for any one to contain himself. The first two whistlers failed, but the third, joined in the merriment, the third boy kept a straight face and whistled through two tunes with so settled a countenance that he bore away the prize, to the great admiration of the spectators. Nowadays, "straight-face whistling" is a source of great amusement to boys. Not one boy in fifty can whistle a tune clear though in his conditions get around him and do all in their power to make him laugh.

**Why We Raise Our Hats.**  
 Most people extend the right hand on meeting a friend, but few realize that they are imitating the cavalier of the Middle Ages, who held out an unarmed hand as a token that his sword was sheathed, and that he was a friend and not an enemy. You take off your hat when you enter a house, but why? It is because the knight of old doffed his helmet, the most vital part of his armor, when he arrived, to show that he came in peace. As he touched his helmet on meeting a friend to show that he was prepared to defend his descendant of today touches or doffs his hat.

**There is Small Hope.**  
 For the man who will let others do for him what he can do for himself. For the worker who is satisfied if he just gets by. For the man who has never learned to take honest criticism thankfully. For the town that turns a playground into a factory site. For the church whose religion consists of the teacher. For the teacher who can impart information but not a love for knowledge. For the man who thinks he is good enough.

**After Shaving.**  
 Rub the face with Minard's mixed with sweet oil. Very soothing to the skin.  
 How He Knew. Isn't it strange how some people try to get along with no household equipment at all? remarked Juggins. "Why, there's neighbors of mine haven't a lawnmower, a hose, a step-ladder, a saw, or any new books." "How do you know they haven't?" asked Hobson. "Why, the day after they moved in I tried to borrow these things."



**FOOTBALL TEAM TAKES TO FARMING**  
 These husky Scottish boys are already established in Canada, and are seeking their fortunes in Canadian agricultural fields. They sailed on the Canadian Pacific liner Montclare some time ago from Glasgow under the direction of Dr. G. C. Coonar, well known authority on boy emigration, who is seen at the right of the photograph. There were 23 in all and eleven of them, who is seen at the right of the photograph, play any juvenile association in Canada. But football is only a secondary consideration with these boys, for they arrived in Canada inspired with prospects for a bright agricultural future in this Dominion. Where these lads got their buttonhole flowers is still a mystery, but it was reported that there were a number of very charming young ladies on board the Montclare.

**TREE REPTILES BECAME BIRDS**  
 Evolutionists Trace Ancient History of Feathered Birds.



The upper sketch shows the pterodactyl, the reptile which began to fly. Evolutionists, however, do not believe that the present birds, birds evolved from the earliest true birds, the lower sketch shows Archaeopteryx, one of the earliest flying birds, as constructed from fossil remains which have been found.

**Secrets of Science.**  
 By David Dietz.  
 The birds are first cousins to the mammals. Both represent a step above the reptiles in the scale of evolution. While both are descendants of reptilian stock, they are not descended from the same branch. Mammals, it will be remembered, are believed to have evolved from the long-necked reptiles or cynodonts. Birds, on the other hand, evolved from the pterodactyl, the reptile which learned to fly. But biologists do not think so. They think that the pterodactyl represented a special branch of the reptilian stock which died out in the case of the Age of Reptiles. Birds, biologists believe, developed from a weak type of reptile which was unable to hold its own in the struggle for existence on land. Ordinarily, he took refuge in the trees, where he was able to evade pursuit by the larger reptiles. In time, they developed great agility in leaping from branch to branch. There was probably a mid-way step between the mammal and the bird, a creature which was a midway step between the mammal and the bird. This was the flying squirrel which was like the squirrel but with its hind feet long and webbed. That marked the beginning of the bird. The bird still lays eggs like that reptile. But the bird differs in that its body is covered with feathers instead

**Mirth.**  
 Hate thee, nymph, and bring with thee Jest and youthful Jollity, Sport that wrinkled Care derides, And laughter holding both his sides, Cope, and trip, it is as go, On the light fantastic toe; And in thy right hand lead with thee The mountain Nymph, sweet Liberty; And, if I give thee honor due, Mirth, admit me of thy crew, To live with her, and live with thee, In unreproved pleasures free; To bear the lark begin his flight, And singing startle the dull night, From his watch-tower in the skies, Till the dappled Dawn doth rise; Then to come, in spite of sorrow, And at my window bid good-morrow, Through the sweet-ohannes of the vine, Or the twisted climber of the pane, While the ploughman, near at hand, Whistles o'er the furrowed land, And the milkmaid alights to breathe, And the mower whets his scythe, And every shepherd tells his tale Under the hawthorn in the dale. --Milton, L'Allegro.

**WORK WORN PEOPLE**  
 Find New Health by Improving Their Blood.

If you feel run down, it means that your blood is thin and watery, that your vitality is low. You do not sleep well and are tired when you rise in the morning. You find no pleasure in your meals and are listless and dispirited at your work. You have no energy to enjoy yourself. Thousands of men are run down by anxieties of work. Thousands of women are broken down by their household toil, with tired limbs and aching backs, thousands of girls are pale, weak, less and without attraction. It means the same thing--thin and watery blood, vitality run down, anaemia, poor appetite, palpitating heart, short breath. Do not submit to this. Get new blood and with it new vitality. There is no difficulty in doing this. Dr. Williams' Pink Pills build up and enrich the blood, which brings with it new health and vitality. The man, woman or girl who takes Dr. Williams' Pink Pills is never run down. Their friends notice how energetic they are, what an appetite they have and how much they enjoy life. You can get these pills through any dealer in medicine, or by mail at 6 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

**THOUSANDS OF THANKFUL MOTHERS**  
 Strongly Recommend Baby's Own Tablets to Their Friends.

Once a mother has used Baby's Own Tablets for her little ones she would use nothing else. The Tablets give such relief that the mother has nothing but words of praise for them. Among the thousands of mothers throughout Canada who praise the Tablets is Mrs. David A. Anderson, New Glasgow, N.S., who writes: "I have used Baby's Own Tablets for my children, and from my experience I would not be without them. I would urge every other mother of young children to keep a box of the Tablets in the house." Baby's Own Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach; drive out constipation and indigestion; break up colds and simple fevers and make teething easy. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

**Origin of Beefsteak.**

The Roman Emperor Trajan ordered Lucius Plautus, a senator, to serve as one of the sacrifices to Jupiter. The senator thought that the work was beneath his dignity. He refused to obey, but was dragged to the altar. While the ox was being sacrificed, the senator in contempt took off a piece of the meat and ate it. To his surprise it was very palatable. He cut other slices and broiled them for the slaves who were present. From that moment the Romans began to like beefsteak, and before long the old chief of Roman cookery gave way to the Pilchus style.

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**There is Small Hope.**  
 For the man who will let others do for him what he can do for himself. For the worker who is satisfied if he just gets by. For the man who has never learned to take honest criticism thankfully. For the town that turns a playground into a factory site. For the church whose religion consists of the teacher. For the teacher who can impart information but not a love for knowledge. For the man who thinks he is good enough.

**After Shaving.**  
 Rub the face with Minard's mixed with sweet oil. Very soothing to the skin.  
**MINARD'S "KING OF PAIN" LINIMENT**

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 A collection of Canadian Architecture from 1700 to 1900. Includes plans for houses, churches, schools, and public buildings. Published by the Canadian Architectural Association, Toronto, Ont.

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 Absolute rest is the only cure for "absolute rest" during a night's sleep. It is a condition of the mind and not of the body. Professor H. M. Tolpeltin Institute at Pittersville, Ontario, has been successful in the treatment of this condition. The result is usually muscular or mental as takes place during almost relieves stiffness. The doctor who notices the return of

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