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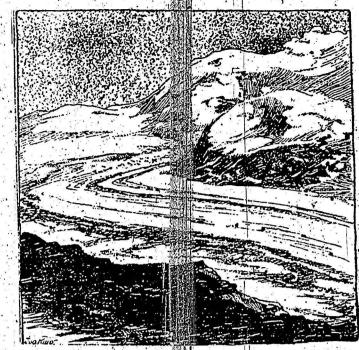
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at tirms. The the admiswas recentle the conserving = my below mero,

IS ANOTHER ICE AGE COMING?

I lany Scientists Think Glasses Will Cover Earth Again.



iner filacier in the Alps.

fall over the next.

dowly down bill.

upon the ground.

floating upon the sea.

places for throngs of sea-birds.

Habit.

country, had begun to keen chickens.

Jack, a city boy transplanted to the

"How is he doing?" a friend asked

"Splendidly! The little fellow is, al-

now and then the lad collects I dozen

"Where do you get your eggs then?"

"Oh, I buy them from the grocer,"

Just a Beauty Tip.

The price of one lemon, strained and

A Breaking Wave.

Harduppe-"It's going to be

MAILYOUR WATCH

DURBIN JEWELERY CO., Ltd.

ESTABLISHED 1912.

ESTIMATES FREE.

270 YONGE ST. TORONTO

FOR REPAIRS TO

to get a permanent wave.'

breaker, I fear."

Brown-"Your wife says she's going

way than direct from the hen."

he frient persisted.

mation of a glacier. First an abund-

to preserve part of one winter's snow

In this way, layer after layer of snow

geologists have given the name "heve."

This movement in some glaciers is

only a few inches a day. In others it

and when the glacier melts, deposited

Melting of glaciers also gives rise

to many rivers. Thus the Rhone River

hat the charce in the Rhone Glacier.

a de inuch as 60 feet per day.

in the bell rock underneath.

The artist's skeich shows the second largest gladler existing in the

> Secrets of Science. By David Dietz.

ice is another one of the agent which plays an important part in wearing away and changing of earth's surface.

lee forming in the crevities of real helps crack and crumble the re-The he which forms upon stream lakes has a destructive effect upon banka or shores when it begins preak up. But it is in the form of glaciers

he does its greatest danage to rocks.

A glacier by a great, mass which is slowly moving down a view or oversproading a tract of panel Glaciers range in ahlekness several hondred feet to several fill They are found to-day in Sain

land, the Eastern Alps, the Pyrent the Caucasus, the mount of valler Norway and the Himalayes. . In the United States, small glad are found in the high mountains Catifornia, Oregon and Washing Inches glaciers are found in Cassi

aml Alaska. - The whole interior of Greenlass territory several hundred though square miles in entent, in covered a glada formation known as are A similar ice field vovers the

arethe region, y Geologists; believe that parients, in the earth's history such field extended for down into with now the temperate zone. Many keologists think that and the such perbul may be in store for

BIRD SANCTUARIES

AND BIRD LOVERS

Gannets Present Never-ichte Forgotten Sight on Regi Sandstone Ledges.

From the days of Jacques Ca onward the islands of the guif Lawrence have been known as homes of myriads of sca-birds nets, eider ducks, puffins, cormental terns, and many others-and the tuaries which have been established this area are magnets which y draw increasing number naturalists and bird lovers.

6 The first sanctuaries in the St. Lawrence were established in 19 by the Province of Quebec and the prince of Covernment. These inchised the Bird Rocks of the Magdeles Islands and Bonaventure island and Perce rock on the Gaspe coal established by the Dominion with he therth his mother. consent of Quebec, along the shore of the gulf. The north pro sanctuaries are dotted along the ways reminding his father to feed roughly four hundred miles and hem or clean out the coop. Every stretching from Birch islands hundred miles east of the city of the eggs and takes them into town and tager to the straits of Belle Iste. Seed tells them to the grocer." in order from west to cast the tree: Birch Islands, Betchouane, Wantells how. Fog Islands, Wolf Bay. Opp. Whittle St. Mary Islands. Mc Mria. St. Augustine and Bradore Bay.

Two Noted Groups.

The two groups of canctuaries The two groups of constant spec-one on the Gaspe coast and the spec-one on the Gaspe coast and the specone on the Gaspe Coast and the state of the line of the north shore, are so differ in out in the final rinse water of the regard to transportation method; and shampeo, gives a red glint to the fiair bird iphabitants that they are treest and "cuts" the soap. Blondes think dealt with separately. In the line water that a pinch of sola in the water tee group along the north shore the life keeps hair yellow. bird inhabitants are puffing rate willed auks, eider ducks, gulls, and These sanctuaries can be with comparative case for the shore of the gulf of St. Lawren served in summer by well-apply and comfortable steamers with week ly salling from the city of Queling Colonies of Gannets.

The bird sanctuaries of the Gaspe are much better known those of the north shore. The

inhabitants embrace many of it cies found in the latter, but the light attraction to bird lovers lies them. This magnificent bird is wown to nest only in three or possible cour places on this continent, all of them in British North America. All to bolomies are more or less difficult of the ess except the one on Bonaventure and. Benaventure is and is only about tree miles from the villege of Perce about three miles long by a mile and a half broad. On its scaward . are great clins of red sandstone, the

Do Not Discard That Good Coat and Vest Because the Pants Are Worn.

THE PANT SHOP 22 Parkfield Ave.

Playing to Win.

How would you define success lake a fair tral, and if you should have any time left over try your hand at that fine old puzzie of describing gentleman. You realize. of course. that this is a hezardous game. It !s like turning the pockets of your own mind and nature incide out! While you are dociding whether to rick it or not, you might like to hear about a young French soldier in the

spring of 1917 who played well the two parts of gentleman and a success. It was a bad time on the French front. A colonel of infantry appeared one night down in the trenches, and, confronting a little group of a dozen oldiers in one of the quieter parts of he line, he called for a volunteer for task of desperate character. "He will not come back; absolutely not." said the officer. "But I call for a volunteer.'

Three French soldiers dragged the elves to their feet and saluted. "I asked for one man," said olonel, very gravely, vo factors are needed for the for-No one of the three budged.

"Padre," said the officer to a Red ant snow fall.' Second, sufficient cold Cross man who was present, an American,- "I will not decide this. You! will decide this It is a command" commulates. As the weight increases into a course-grained ice to which of pupils and the silly old rigmarole. with the "One, two, three, out goes the Canadian Northwest and found finer.

soluted, turned and climbed up into land the restlessness accompanying for music once a week, or once great that these loose rocks act like the rain and the dark; but before dis teething and they always gave relief. month, maybe, so that your friends engraving tools, scoring great greaves appearing he put his hand on the Red Loan recommend Haby's Own Tablets, and relations may know that they are Cross, man's shoulder and observed to all mothers." The orligary processes which wear with a suffle, "That was a very interdeposited upon the top of the glacier. This is carried along by the glacier.

The Cause of Nearly All the Everyday Ailments of Life. lechergs originate where glaciers

meet the sea. As the glacier pushes over the and of the land into the sea, Too little blood that is what makes is buoyed up for a time by the men and women look pale and sallow I think that I would rather own by entually it breaks leaving and feel languid. That is what makes The fellowship of those I've known, the end is buoyed up for a time by the chunks of ice the leebargs them drag along, always tired, never Their good opinion and their trust, real hungry unable to digest their Then win by many a cruel thrust food, breathless after even slight exer- The point and riches of a place tion, and often feeling that life is That only knows the fawner's face. Next bricle -- The Work of the scarcely worth living. The doctors tell them they are unaemic- the plain. True peace is born of little things, ledges of which form secure nesting English being too little blood." More weak, anaemic people have Gard little mem'ries of the past

OF THE ST. LAWREN IN Approaching from the seal writes been made strong, energetic and cheer that seemed too trivati to last, the National Museum, Ottawa, "one is than by any other means?" The case the National Museum, Ottawa, "one is than by any other means," The case aware that every ledge and shelf is of Mrs. A. P. Foster, Bowden, Alta., covered with white, as though snow is excellent proof of this statement. ATTRACT NATURAL SIS had piled in drifts upon them, allow- Mrs. Foster says: Some years ago On those who love and know us well. ing only the everhangs to show dull I was very badly run-down. My doc- Strangers may cheer us from afar, tor attended me for several months But no ghbors see us as we are. red between the glistening surfaces. A wind sems to stir the white masses, and then told me I had better go South 1'd rather have my worth be told and they blow off in edd.es and clouds to spend the winter as my blood was By happy hearts than glittering gold. of diffting flakes that finally resolve so poor that he feared I would not themselves into great white birds that stand the cold of our winter. I took swirl about the cliff faces and circle his advice and went to my mother's, round the intruder amid a pandemon- and as soon as she saw me she said, him of hoarres cries. These are the "Dr. Williams' Pink Pills are what gannets, the sclan geese of older au- you need." She got the pills for me thors, cach as large as a goose, pure and I began taking them. I had inwhite with black wing-tips and a sile tended staying three months, but at creathy wash on crown and hind neck. the end of the second month I came The air is filled with their waving home a well woman. When the doctor in France in the dighth century, but wings. They fill it like a swarm of saw me he said, "You are all right even these the clerky could not write The effect of this picture upon those down again or nothing will save you."

and this little education quickly passed away so that the nath century ignorgiant midges circling in the sun." who view it for the first time is almost Then last winter I had the influenza. indescribable and even those who have which left me as weak and pale and paws, In the sixth century in France. rowed about the island daily for years miserable as before. Again Took Dr. there was not one person able to read confess that they can never behold the williams. Plant Plant and again for write. In England in the nintth confess that they can never behold the Williams' Pink Pills and again they scene without a thrill of emotion. made me well and strong. A can grate-

that they have saved my life." Weak ailing men and women should begin taking Dr. Williams' Pink Pills | cords of Rome during that period to-day and note the speedy improve- come down to us from the Moors, who ment that follows. You can get these ment that follows. You can get these pills from medicine deplers or by mail country they made trips through the pills from he have by writing the Dr. rest of Europe. Later when a little at 50 cents a box by writing The Dr. Williams' Medicine Go., Brockville,

Ont:

was the mather's response. "I'm so to change its color from a very dark cover jam and preserve jars much more used to getting them that hue to a very light one in about twenty ; minutes; and so perfectly does it agree in color with the surface of a stone, a lichen, or the bark of a tree that often he has accidentally placed his hand on The common frogs are likewise protected by the ability to change the color of the skin. Certain lizards and snakes render themselves very incon-

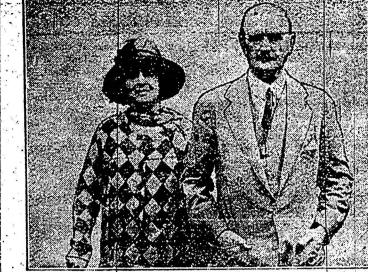
spicuous by taking advantage of pro-

tective coloration.

BIG PLAN BOOK Handsomely illustrated with plans of moderate priced homes designed by Canadian Architects. MacLean Builders' Guide will help you to decide on the type of home, exterior finish, materials, interior arrangement and decoration, Send 20c for a copy. Questions answered. MacLean Building Reports, Ltd., 344 Adelaide St. West,

The Regulator. Mistress-"Mary, how is it that the reakfast eggs are sometimes boiled soft and sometimes quite hard?" Mary-"Well, mum, I'm sure I don't know. I puts 'em in regular as the clock strikes eight and I takes 'em out promptly when I hears the train go by.'

Minard's Liniment used by physicians.



"BULL OF BASHAN" IN CANADA. Field Marshal St Edmund Allenby, the conqueror of Palestine eliverer of the Holy Land from the Turk and the modern Crusader who has ichleved what had not been done since the Crusades, landed at Victoria recently from the S.S. Aorangi, which has come from Sydney, New South Wales, and touched Honolulu en route. His Lordship is known because of his thrusting offensive in the war as the "Bull of Bashan," will make a trip across the Dominion. Photograph shows Lord Allenby with Lady Allenby.

CHILDREN LIKE THEM

Baby's Own Tablets Are Effective and Easy to Give.

You do not have to coax and threat will decide this . It is a command" en to get the little ones to take Baby's. The Red Cross man looked the three Own Tablets. The ease with which great weight of the graceful vew England elms that from derangements of the stomach to a concert in a fine hall is a splentist "Beny, meen's, miny, moe," ending says:—"I used Baby's Own Tablets in gether, making music themselves

he!" Like a machine he now repeat them a wonderful medicine for child. We are in danger of becoming a

A Preference. think that I would rather see My children happy at my knee; ... My neighbors' smiling faces when I start from home or come again; A garden small, but mine to claim, Than rise unloved to wealth or fame

As symbols of our spilles and tears... We write our lives where'er we dwell

- Edgar A. Guest

Ancient Illiterates. From the sixth, to the twelfth century it was rare in Europe for any person to be able to sign his or her name except with the sign of the cross. There was a slight lineture of learning

century no one understood letters and fully recommend the pills for I feel all contracts were made verbally. In the year 922 not one person in all Rome could read or write and the rewere quartered in Spain, from which education had crept in with the Araba the Romans were unable to read Latin and they erased thousands of invalu-Color and Environment.

The tree frog is a notable example the world in this is incalculable. Some of the ability of an animal to adopt its of the most important of the earliest color to its environment. It is able of manuscripts have been used to

Strange Postage Stamps. Since the chaos into which Hungary one is not aware of its presence until Mity-crown postage stamps of that country hear a picture of the Virgin and Child. In official matters every person in Hungary simply must have a religion and be properly taxed for it. Parents are not allowed to name their children unless the names chosen please the officials of the registry bur-

eau and names which are not entirely Hungarian do not please those of

IF COUGHS AND COLDS INTERFERE WITH BUSINESS

GRAY'S SYRUE RED SPRUCE GUM A Vegetable Preparation that gives quick results withou drugging the system 188UE No. 12-'26.

A Plea for Home Music. What a lovely word is 'home," and how many associations it conjures up. Think of the Christmas parties of ol

-the re-uniting of families, the songs

and carols sung, shouted out, but enjoyed and remade for the time being. · I plead most earnestly for a return to home music. The planola, the soldiers in the face, but he could not they are given, as compared with gramophone, the big concert hall, the the undermost layers are compressed speak; he could not think. Suddenly liquid medicines, will appeal to every pictures, the attractions of the theatre, there fished brough his mind one of mother. None is spilled or wasted; are all crowding out our home life of his boyhood games. Out into pain you know just how big a dose has muste. Too much is done for us pub-Glaciers are important geological sight, after thirty years, jumped the reached the little stomach. As a remlicity. It make for listeners instead of agents because of their motion. The old brick schoolhouse of his childhood, edy for the fils of childhood arising doers. Five thousand people listening orce which causes the glacier to move flanked the playground, a noisy group and howels they are most satisfactory, thing, but five thousand people, in Mrs. Rose Voyer. Willimantic, Conn., their various localities, gathering

ed these words with the terrible end-ing "out goes he.", ren's troubles, especially indigestion tion of listeners, especially now that Lalose pock caught under the glacier ing "out goes he."

and constipation. I have also given broadcasting is here, instead of a nasis gragged along with it. The press

The young Frenchman who was the them to my children for simple fever tion of active doers. Set apart a day welcome, and that they will be en Baby's Own Tablets are sold by couraged to do comething as well as away rooks, and landslides and avail esting game—that 'Eony, meeny,—medicine dealers—or by mall at 25 listen if they be so minded. Folk and anches, cause much rock debris to be and I won, didn't I?"

deposited upon the top of the glacier.

Medicine Co., Brockville, Ont.

Medicine Co., Brockville, Ont. the best type) rendered each evening. This is surely a most simple and delightful opportunity for fellowship

and pure enjoyment. .If your musical taste is influence by your thought, and your thought is right, then, as a natural sequence, your nusic will be right, for music is a do not know it. Many times in us all which must be expressed if nerves, dizzy speks, bankarile we are to know one another and sym- hundred and one other rils age close to the children for the world is a big child. Music Teacher

The Almond. Dark is the iris meadow. Dark is the ivory tower, And lightly the young moth's shadow Sleeps on the passion flower.

Night and a flame in the embers Where the seal of the year was set, When the almond-bough remembers How shall my heart forget? -Marjorie L. C. Pickthall, Driff of Pinions

Pray to Be Strong.

O: do not pray for easy lives. Pray o be stronger men. Do not pray for tasks equal to your powers; pray for powers equal to your tasks. Then the doing of your work shall be no miracle, but you shall be a miracle. Every day you shall wonder at yourself at the righness of life which has come to you y the grace of God. - Phillips Brooks

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> > to Dye

-

to Tint or Boil

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woman can tint soft, delicate shades or dve rich, permanent colors in lingerie, silks, ribbons, skirts, waists, dresses coats, stockings, sweaters, draperles, overings, hangings-everything! Buy Diamond Dyes-no other kind-

tions so simple any

and tell your druggist whether the material you wish to color is wool or silk, or whether it is linen, cotton or mixed goods. Take the pep from your dyspepsia with 15 to 30 drops of Seigel's Syrup in a glass of water as directed on the bottle. Any drug store.

'Twould Require Tact. Simmons had returned from his va-

"I certainly enjoyed the huskingoes," he said to a friend. 'Were you

ever in the country during the season "Husking-bees!" exclaimed the girl: why, I never heard of that! How do ou husk a bee, anyway, Mr. Simons?"

He Guessed.

Two tramps met at the end of a

ong and unsuccessful day's begging. Both were tired and hungry "Didn't you make anything, Bill?" nquired one. "What about that house saw you looking at-the big one with the open window?" "Didn't trouble to cak," was the reply. "I looked in the window and raw

two girls playing on one piano, so I Minard's Liniment for colds.

RED. "is good tea" TEA

And because you like good things you'll like Red Rose.

Brass curtain poles should by ruli-! The snowshoe rabbit changes from bed occasionally with a cloth dimped a brown coat to white in the winte with paratin or machine oil. This causes rings to slide smoothly when Minard's Liniment for sore throat the curtains are drawn.

Minard's Linimont for dandruff Of all earthly music, that which Rubben-IP IT'S MADE OF HUBBEN, We reaches the farthest into hearen, is Labor to Willy be and mention your wants reaches the farthest into hearen, is the beating of a loving Heart

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SHIP US YOUR POULTRY, GAME, EGGS. BUTTER AND FEATHERS. -WE BUY ALL YEAR ROUND -Write today for prices - we sun ante-them for a week aread P. POULIN & CO., LIMITED

Pains in The Back Are Generally Danger Signs Kidney Disease Will Lead

Results Unless Checked In Thousands have kidney means of expressing that deeper self down" feeling, dysper to that ared pathize with each other and "keep the condition of the kidneys and live Warner's Safe Kidney Remedy has been tested

> yoars and found a positive willet for kidnay and liver troubles. ontains no harmful SAS druge; a most valuable a n d effective tonte Goes right at its work and does it with bos tive method; soothing stimulating and healing in the broken down tissues and so builds up the body, gives it strength. and restores energy.

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AFTER SHAVING Dilute Minard's out-half with cream or sweet oil and upply to

the face. Very worthing and

"KING OF PAIN"

B AKERS' OVENS, WHITE FOR CATALOGUE and list of used orens, Mulbard Oren Com-THE NEW WALLPAPERS TO OR BALE-THREE QUARTER BICTIONS OF THE NEW TOTAL PRODUCTS OF THE PROPERTY AND DECORATORS, BEILD FOR THE OF BANASCHWARE, BILLINGS WITH \$10,000; 130

Classified Advertisements.

DOFING AT , WHOLESALE, SPECIA , "Early Bird" sale of roofing, March only cash buyers save by ordering spring needs a Reliable grades and heavy weights. Verlight paid these wholesale prices. Samples and catalogue of Builder's Materials FREE: The Hallids, Co., Lamin

SICK ABED EIGHT MONTHS

After Taking Lydia E, Pinkham's Vegetable Compound Could Do All Her Work and Gained in Weight

Melfort, Suskatchewan. - 'il had



could not do my work. She told not to try Lydin E. Pinkha m's Vegetable Compound, ned after taking two bottles I could get up and dress myself. I also took Lydin E. Pinkham's Blood Medizine. When I first took the medicine I only weighed seventy-eight pounds. Now I weigh twice as nuch. If I get out of sorts or weary and can't sleep I always take anothe bottle of the Vegetable Compound. I find it wonderfully good for female troubles, and have recommended it to my neighbors. I will be only too glad to answer any letters I receive asking about it. Mrs. William Rirchie, Box 486, Melfort,

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I was troubled with eczeme. I broke out in a red rash all over my scalp and after a time turned to pimples. It itched and burned all time and caused my hair to fall

ticura Soap and Ointment and sent for a free sample and after using it found great relief. I purchased more, and after using two cakes of Cuticura Soap and one box of Cuti ura Ointment I was completel healed." (Signed) Miss Surah O Davidson, Summer St., New Glas gow, Nova Scotla. Cuticure Soap, Olntment an Talcum premote and maintain skin urity, skin comfort and akin health often when all else faile. .

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