RED ROSE TEA

"is good tea"

Perhaps you use good tea. We think Red Rose extra good.

EARTH IS ALWAYS CHANGING

Everlasting Hills Exist Only in the Language of the Poets.

The formations of granite rock exposed on a hill-side in the Mourne Mountains, Ireland, show how the hills are worn away by the elements. The formations sketched here are known by the picturesque title of "The Castles of Kivvitar".

Secrets of Science.

By David Dietz.

The earth as we know it to-day is far different from the earth as pictured by geologists at the close of the formative period.

The continents are not bare rock, but almost everywhere are covered with layers of loose materials of various sorts—soil, clay, sand and gravel.

If we dig below this loose material, which geologists have christened the rock mantle, we do not always find the primary or fire-hardened rock.

Frequently we find rocks of entirely different composition. We find rock formations of various kinds occurring in layers or strata. Such formations could not have resulted from the cooling of lavas, and other causes had to be found to explain them. Geologists call these the secondary rocks.

Geologists now believe that the conditions which existed at the close of the formative period—great continents of granite rocks protruding above the oceans—endured only momentarily.

Immediately a great variety of agents set to work to cause change. These same causes have been at work throughout the history of the earth and are still at work.

These forces can be divided into sets of opposing forces.

The first set tends to continuously wear away the land.

The poet who speaks of the "everlasting hills" is drawing most liberally upon poetic license.

The old Biblical writer, who wrote the Book of Job, had a better understanding of the situation, when he wrote:

"The waters wear away the stones; The dust of the earth."

For water is one of the chief destructive forces in this first set. Its members include the atmosphere, winds, cold, frost, rain, rivers, lakes, oceans, and the tides.

These forces wear away the land and, as we shall see later, create the secondary rocks out of the debris of the primary rocks.

If these forces alone were at work, they would wear away the land until it stretched in flat plains from ocean to ocean. The material which they wear away is deposited in the oceans.

But their work is counteracted by a second set of forces. This set tends to elevate the land and to create hills and mountains. They also tend to cover the ocean floors.

As a result of these opposing sets of forces, the earth has had a constantly changing surface throughout its history.

Geologists believe that the continents and oceans have always occupied their present relative positions. But when the continents were low, the waters flooded great sections of them.

With changes in the size and height of the land, geologists believe there have been great changes in the climate.

There were not always great zones starting with frigid one at the equator.

There is geological evidence to prove that for long periods the climate was very temperate at the poles.

And at four periods in the earth's history—the so-called glacial ages, the polar fields of ice extended far down into what is now the temperate zone.

Next article: The Work of the Atmosphere.

Let Everything Go By.

An Indian chief had just bought a new car, and after careful instructions, driven away in it. An hour later he returned, battered up and drenched to the skin.

"Me buy new car—old one keep no good," he grunted.

"I start off in car. See trees rush at me.

"I turn out and let trees go by. Then see houses rush at me.

"I turn out and let houses go by. Soon I see bridge rush at me. I turn out to let bridge go by—and I wake up in river."

Cabin Liners to EUROPE

FAMOUS "O" steamers favorites among thousands discriminating travelers—luxurious accommodations, excellent cuisine, attentive service.

Sailing from Halifax to Cherbourg and Southampton

ORDUNA, MARCH 8.

"The Comfort Route"

ROYAL MAIL

The Royal Mail Steam Packet Co.

Sanderson & Son, Inc., Agents, 25 Broadway, N.Y. Or Local Agents

HONORED BY INDIAN TRIBE

Here is a photograph of Robert Randolph Bruce, new Lieutenant-Governor of the province of British Columbia, being appointed as a chief of the Stoney Indians. The governor was given a puff at the Pipe of Peace and seemed to enjoy it.

The Two Untamed.

You may conquer the plain with plough and drain
And the forest with axe and saw;
You may pierce the hills with powder-drills
And shatter the mountain's awe.
But there are two you will not subdue,
Though you curb however you can,
They will brave the test of your worst and best—
The sea and the heart of man.

The desert may yield as a watered field,
And the wind may grind your grain,
The rivers might may be yoked in light
Or tug at a factory chain.
But muscle nor mind these two can bind
By cunningest plot or plan.
They shall have free play to the Judgment Day—
The sea and the heart of man.

You may note their deeds and guess at the creeds
That govern their ebb and flow.
These are tales to tell, why their passions swell,
But the secret you never will know.
And, willing or loath, you must love them both,
Though Heaven alone may span
And fathom the breast of their deep unrest—
The sea and the heart of man.

—Charles Wharton Stork in the "Forum."

Landscape Art.

Some may, perhaps, think that an intense study and love of nature is all that is needed for the appreciation of landscape painting; nothing, however, could be further from the mark. There are many who delight in the study of nature, who revel in a country walk, who are in raptures at the sight of growing corn . . . who yet are absolutely innocent of any artistic emotion. For appreciation of nature does not necessarily imply appreciation of it as interpreted by art, though as a general rule it may be said that appreciation of nature so interpreted induces a greater love of nature in itself. There are others who are, as a rule, impressed by nature's utilitarian side. I remember once going for a country walk with a highly intelligent Swede, a passionate student of music and a man with a very fine literary taste. We came across a splendid stretch of country, a prominent feature in the landscape being a majestic elm. To my almost involuntary exclamation of pleasure at the sight of this noble tree, my companion simply remarked that he saw no good in it; it would not repay the trouble of cutting down on account of its age and certain malformations! He looked at the tree from the point of view of his father, a timber merchant, and in the same way others would only think in looking at a splendid field of wheat of the probable amount of its yield. . . . Artistic pleasure must be excited by the natural object itself, its form and color, and though the response to its appeal does not necessarily depend on the capacity for looking at nature through art, this undoubtedly is a powerful stimulant; that is, the power of sympathizing with what some great artist has felt. In regard to some landscape a portion of whose kernel, so to speak, he has extracted and placed on his canvas. Percy Moore Turner, in "The Appreciation of Painting."

Junior Scales.

Ruth was fond of music, and wished to take piano lessons, but her mother thought she was too young. "I might begin with junior scales," urged the little girl. "With what?" asked her mother, greatly perplexed. "Oh, minor scales," corrected Ruth. "Surely I am big enough to learn to play minor scales."

A Bad Guess.

A leading Paris prophetess
Informs the girls of '25,
Who sacrificed each flowing tress,
That shingling will not long survive.
Long hair will be once more the vogue,
And, though just now she may not know it,
Will decorate each dainty rogue
As fast as she can grow it.

Well, Fashion plays astounding tricks,
And those who search the crystal sphere
For news of 1926,
May think they see the future clear;
But in the busy barbers' shop
They treat such gloomy forecasts gally,
Since shingle, bob and Eton crop
Still claim fresh converts daily.

As for our womenfolk they smile
To think that they could e'er again
Revert to that old-fashioned style,
Which cost them so much toil and pain.
Recursions such as Fashion craves
May be designed, but few will heed 'em.
She lost her humble, willing slaves
The day they tasted freedom.

—Touchstone in London Daily Mail.

Spring Dance.

Up from indolent sleep the eyes of the flowers to wake,
Over their faces each dawn cloudlets of spring water shake.
Denizens all of the mead now with new vigor are filled,
That were its foot not secured,
Into dancing the cypress would break.
—From the Turkish of Meslhi (1512) (Gibbs).

Canadian Plan Book.

In co-operation with Canadian Architects designs of moderate priced homes are published in the MacLean Builders' Guide. Detailed information on planning, building, furnishing, decorating and gardening. Profusely illustrated. An ideal reference book. Send 20c for a copy. MacLean Building Reports, Ltd., 344 Adelaide St. West, Toronto.

Minard's Liniment for dandruff.

FIGHTING FOR BABY'S HEALTH

Is the Constant Care of Every Young Mother.

The young mother has a constant care in looking after the welfare of her little ones. Childhood ailments come on so suddenly—sometimes without a minute's warning—the mother may have a very sick baby on her hands before help can be obtained. That is unless she has a remedy in the house which she can safely give the baby for any of the many minor ailments of babyhood and childhood.

Such a remedy is found in Baby's Own Tablets. Thousands of mothers throughout the country always keep a box of the Tablets on hand and they proclaim them to be without an equal for sweetening baby's stomach, regulating his bowels and thus driving out constipation and indigestion, colds and simple fevers, and making the dreaded teething period easy.

Baby's Own Tablets are an absolutely safe remedy. They are guaranteed to be free from opiates or any other narcotic drug which are so harmful to the future welfare of the baby. Mothers, if you value the life of your little one, give him Baby's Own Tablets when he is ill, or, better still, give him an occasional dose of the Tablets to ward off illness. The Tablets are sold by medicine dealers or will be sent to any address, post paid, at 25 cents a box by addressing The Dr. Williams' Medicine Co., Brockville, Ont.

The Touch of God.

Down 'mid the fields crusted white with snow,
Where the damp mists hang, and the chill winds blow,
And scarcely a gleam from the sky breaks through,
And you'd think that never a daisy grew,—
I felt the sun and I knew the sod
Was but awaiting the touch of God.

Down where the blues of solitude fall,
And the curtain of loneliness hangs o'er all,
And scarcely a glad, brave light shines through,
And you'd think that a happiness never grew,—
I felt a presence beside me stand
And I touched a hand that had touched God's hand.

The Scotsman's Wife.

Scots tell more good stories about themselves than any other race. In fact, it is said that there is a society in Aberdeen which meets once a week to concoct tales against their own town and townsfolk. The Earl of Aberdeen himself is an inveterate story-teller; and the point of his yarns is against his countrymen.

The latest yarn from "Up North" has to do with a man who went to the local minister and asked how much it would cost to get married. He had his fiancee waiting in an ante-room.

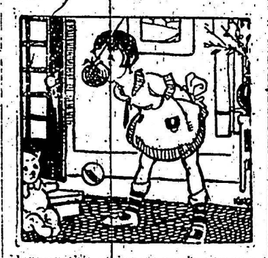
"It will cost you just what you think she will be worth to you as a wife," facetiously said the minister.

Thereupon the man handed over a shilling and at the same time shouted to the girl to "Come in, Maggie!"

The minister took one quick look at the young woman and promptly handed the prospective husband a sixpence change from the shilling!

Oh Mother! What Can I Do?

How many times a day do your babies ask you that question? And how often are you able to suggest some interesting game for them to play, some amusing occupation for a rainy day? If you'd like always to have a practical, helpful suggestion for them, read this sharp new feature.



Here on this string an apple you see,
Get a big bite, bring the apple to me.
Here in the center we'll find a surprise,
A very fine fortune for two little eyes.
(Core the apple and roll the fortune up in the hollow).

Minard's Liniment for colds.

Are Tired Out—Feel Miserable, Generally?

If you feel out of sorts, your kidneys and liver are not acting naturally. Don't delay but go to your druggist and get a bottle of Warner's Safe Kidney and Liver Remedy and take according to directions. In a short time you should notice the benefit from this remedy made from herbs and other beneficial ingredients. Used for over 50 years by millions in all parts of the world. For your health's sake take care of your kidneys and liver.

Sold by all druggists. Price $1.25 per bottle. Warner's Safe Remedies Co., Toronto, Ontario.

HER IMPROVEMENT WAS REMARKABLE

Weak and Run-Down—Restored by Dr. Williams' Pink Pills.

"Two years ago," says Mrs. L. Wright, Secretan, Sask., "I was very much run-down in health. I suffered from indigestion, sick headaches and sleepless nights. Faint spells would often come over me and I would have to lie down till the faintness passed away. I was so short of breath that I could not walk any distance or do anything that required much exertion, without feeling completely used up. As I was constantly growing weaker, I consulted a doctor who told me I was anaemic and needed building up. I took several bottles of tonic he gave me, but the help I got from it was only temporary. At this stage I decided to try Dr. Williams' Pink Pills, which I had used in girlhood with much benefit. It was not long after I began using them that I knew I had at last found the right medicine. I think I took altogether some fifteen boxes, and the improvement was remarkable as I was feeling as well as ever I had been, and my good health has continued to this day. I had also been troubled at times with rheumatism, and this as well as my other troubles disappeared. I have since recommended Dr. Williams' Pink Pills to neighbors who have used them with equally good results."

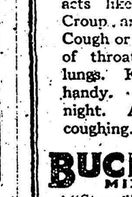
All weak, anaemic women and girls should follow the example of Mrs. Wright, and give these pills a fair trial. New health and new strength is sure to follow. You can get the pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

An Age-old Ceremony.

A ceremonial 400 years old figured at the installation in Westminster Abbey of its dean, Dr. William Foxley Norris. A medieval procession conducted him into the cathedral to read one of the lessons of the day. An address was presented and replied to in Latin. Most impressive of all was when Dr. Norris told a parable from the pulpit. One densely foggy day, when he was dean of York Minster, he had groped his way up to that cathedral hardly able to see the road. "My door led into a lofty vestibule," he said, "where all was dark as night. Again I groped my way, and opened the door leading into the cathedral. To my amazement, the interior was flooded with brilliant sunshine. The lantern tower was high up out of the fog. I need not interpret my parable. . . . I pray to-day that not only in the immediate problems of the puzzling life of this great city, but far and wide, wherever temporary darkness reigns throughout the Empire and throughout the world, this abbey shall stand like that lantern tower, bringing the light of heaven to pierce the world's darkest shadows."

"DIAMOND DYE" ANY GARMENT, DRAPERY

Just Dip to Tint or Boil to Dye



Each 15-cent package contains directions so simple any woman can tint soft, delicate shades or dye rich, permanent colors in lingerie, silks, ribbons, skirts, waists, dresses, coats, stockings, sweaters, draperies, coverings, hangings—everything!

Buy Diamond Dyes—no other kind—and tell your druggist whether the material you wish to color is wool or silk, or whether it is linen, cotton or mixed goods.

Nowadays everyone looks down upon the woman who does not work.—Mrs. Stanley Baldwin.

Minard's Liniment used by physicians.

Home lessons are as unnecessary as they are hard on parents, says an American educational expert.

The world is better and brighter than when I was a boy.—M. Will Thorne, M.P.

Croup and Whooping Cough

Guard your children from the dangers of winter weather. Check their first cough with Buckley's "Modified" Mixture. Pleasant to take and brings instant relief.

Buckley's Mixture "Strong" or "Modified" acts like a flash on Croup and Whooping Cough or any affection of throat, chest and lungs. Keep a bottle handy. Wonderful at night. A dose stops coughing. 208

BUCKLEY'S MIXTURE "Strong" or "Modified"

75c—40 doses

W. K. Buckley, Limited, 142 Mutual St., Toronto 2

A Prayer.

There is a prayer that evermore ascends
To the Great Lord of All,
From hire and stall,
From mart and noisy street,
Where tread the patient feet
Of cattle, sheep and horse—
The vassals of man's force—
From steel-toothed trap, from bondage till life ends;
For all we suffer, make us, Lord, amends!

Forget us not in our humiliation;
Thy lowlier beings of Thine own creation,
Look down upon our anguish and distress.
Oh, Thou, who made the Greater and the Less!
Forsake us not, Thine humble furry things,
Forsake us not, Thy feathered folk with wings!
Look down and see with what unheeded pains
We tread the path of Death for human gains.
Look down and mark how long we agonize
Amidst coarse jeers, and under mocking eyes!

Oh, Thou, who made each wood and stream and mend,
For us as well as man, behold our need.
The stable Lord, was sanctified by Thee;
Forsake us not in our humility!
Great Lord of Life! Great God of all creation!
Thy creatures pray Thee show Thy salvation!

—E. Sparvel-Bayly in The Animal World.

Black Butterflies.

Black butterflies come flitting down
From many a chimney pot in town.
I wish their wings were lace and gold:
How gladly then would I be told,
That Emily had lit the fire.
How often too would I inquire,
If Emily had lit the fire.

—Robert E. Key.

Do you get a sensation of pressure on the heart? Don't be frightened it's not heart trouble—it's indigestion. Seigel's Syrup will fix it. Ask druggist.

Had it been my good fortune to have sons, I would have preferred to spend my capital in giving them education rather than leave them something when I die.—Mr. Justice Sankey.

Minard's Liniment for sore throat.

I believe in education. The more one knows, the better will he be able to see opportunities, and the greater will be his happiness. Therefore, every child should have the advantages of a good education.

GEORGETOWN INCUBATOR

$19.75

Canadian Made for Canadian Climate. Double wall, Copper Hot Water heating system. Sensitive Automatic regulator. Hatches strong, healthy chicks. Write for FREE Circular to:—

J. B. Mackenzie, Georgetown, Ont.

HORSEMEN!

There is no better friend in the stable than Minard's. Splendid for sprains, swelling, stiffness.

MINARD'S "KING OF PAIN" LINIMENT

Self-Poisoning Increasingly Common

Modern Living Habits Promote Self-Poisoning—Thousands are Victims

The average man or woman does not enjoy consistent good health. Lost of appetite, headaches, biliousness and a lack of enthusiasm for either work or play are constant complaints.

Scientists have ascertained that such a condition is usually caused by self-poisoning resulting from constipation.

Due to modern living habits, the natural secretion which promotes regular elimination by softening the bowel contents, is often deficient—especially among middle-aged people. The poison from waste matter remaining in the systems of people thus affected is the insidious enemy of good health.

Such people need *Nujol*, because *Nujol* softens the waste matter and permits thorough and regular bowel elimination without overtaxing the intestinal muscles. It helps Nature help you.

Ask your druggist for *Nujol* to-day—and remember, look for the name "*Nujol*" in red on both bottle label and package.

AGENTS WANTED

WANTED—One reliable man in every town, merchant preferred, to take orders for best Custom-Made Clothes in Canada. Highest commissions.

REX TAILORING CO., Ltd. TORONTO 2

INVENTIONS WANTED

Fortunes are made from simple ideas. Send for list of inventions wanted, our "Patent Protection" booklet and magazine "The Inventor"

SHIPMAN & CO.—THE OLD RELIABLE FIRM REGISTERED PATENT ATTORNEYS. OTTAWA, CAN.

WANTED

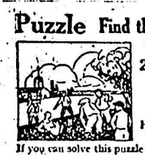
CIGAR STORE INDIAN

Formerly used in front of Tobacconist Store. Must be in good condition. State price and where can be seen.

H. WATKINS

73 W. Adelaide St. Toronto

Puzzle Find the Principal



PRIZE LIST

25 Wrist Watches

25 Cameras

25 Clocks

HUNDREDS OF OTHER PRIZES

If you can solve this puzzle and will sell 24 Frozen Perfumes at 10c each you can win one of the above prizes. Will you do this? It is very easy. If so, just mark the PRINCIPAL with an X and send it to us at once, and if it is correct we will send you the Perfume to sell right away.

Sellast Specialty Co, X Waterford, Ont.

Andrews' Plugs STOP TOOTHACHE INSTANTLY

Temporary Fillings—which Last a Long Time. 15c.

SOLD EVERYWHERE Packet

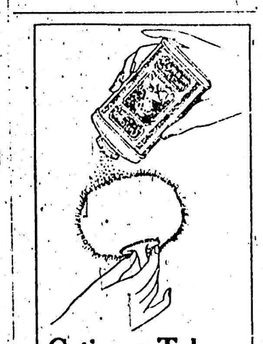
Norman S. Wright & Co., Limited, Distributors, Toronto

STRATFORD WOMAN

Restored to Health by Lydia E. Pinkham's Vegetable Compound

Stratford, Ontario.—"After my first baby was born I started to work on the tenth day and did a big washing on the twelfth day. Being so young (I was married at 19) I did not know what was the matter, so let it go until I was all run-down, weak and nervous, and had a bad displacement. For nearly two years I could not sleep and I would always complain of having not a head-ache, but a brain-ache. My mother is taking Lydia E. Pinkham's Vegetable Compound during the Change of Life and she recommended it to me. After taking two bottles I began to get a little sleep and to feel better and I have never left off since then, except for about three months. I can safely say I have taken thirty bottles since my second baby was born. I think it makes child-birth easier as I had terrible pains with my first three children and very few with my fourth as I was so much stronger. I am now able to do my work alone, but I am still taking the Vegetable Compound as I am nursing baby." Mrs. Omer Paul, 49 Cherry Street, Stratford, Ontario.

If you are suffering from any weakness which causes such symptoms as pains in the side and back and nervous feelings, give Lydia E. Pinkham's Vegetable Compound a trial now. G



Cuticura Talcum

Is a delicately medicated, antiseptic, deodorizing powder ideal for both children and adults. It is cooling and refreshing and imparts a pleasing fragrance leaving the skin sweet and wholesome.

Sample Each Free by Mail. Address Canadian Depot: "Miner House, Ltd., Montreal." Trade Mark Cuticura Ointment 25 and 50. Talcum 25c. Cuticura Shaving Stick 25c.

Genuine ASPIRIN

BAYER

Proved safe by millions and prescribed by physicians for

Colds Headache Neuritis Lumbago

Pain Neuralgia Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe

Accept only "Bayer" package which contains proven directions.

Handy "Bayer" boxes of 12 tablets

Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."