

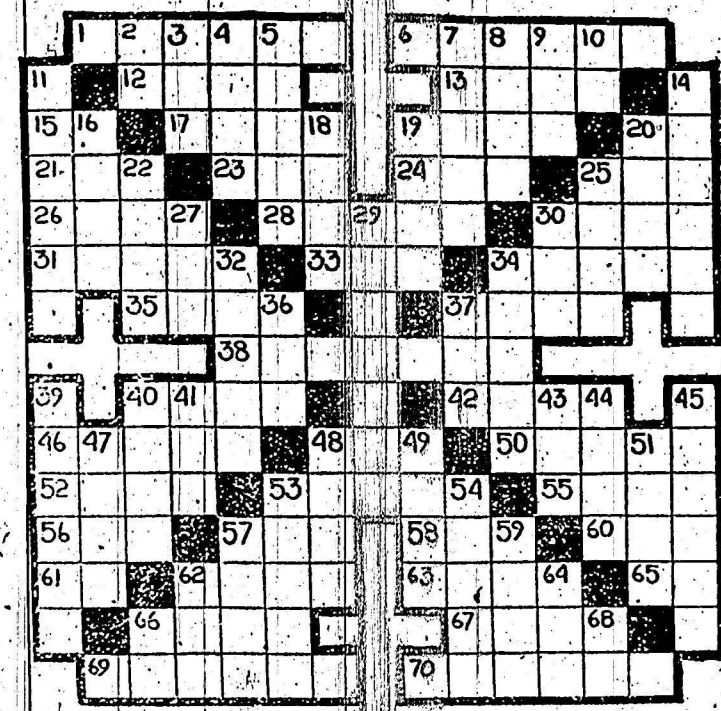
The Delicious Flavor

"SALADA" GREEN TEA

has won it millions of users. Finer than any Japan, Gunpowder or Young Hyson. Ask for SALADA.

ask for SALADA.

CROSS-WORD PUZZLE



- Vertical.
1. A burrowing animal.
 2. A famous city in England.
 3. A strong or offensive taste.
 4. A arch.
 5. White.
 6. A female (captured).
 7. To wash (a garment).
 8. A woman in a convent.
 9. A number.
 10. To pass away.
 11. Part of the body.
 12. To examine.
 13. Make a small, repeated noise to watch.
 14. A country in Southeast Asia.
 15. A leader of the Bolsheviks from 1917 to 1924.
 16. A means of leaving a place.
 17. A wooden or metal pin of bars in a watch.
 18. To create anything.
 19. A wall for a chain.
 20. A county in North Carolina.
 21. An article of furniture.
 22. A kind of cake or bread.
 23. These whose occupation is to dig.
 24. Three at cards; dice of dominoes.
 25. A kind of flowers.
 26. The god of love.
 27. To consume.
 28. A verb or noun for storing things.
 29. To curdle.
 30. Part of the face.
 31. A part of the (tabby).
 32. A stick or I by a musician.
 33. To drop as water in small drops.
 34. Initials of former president of the U.S.
 35. To deal out in small portions.
 36. An exclamation of distress.
 37. A number of confessions of the one faith.
 38. To in that time; thereafter.
- Horizontal.
1. A proposition.
 2. To hold back as water in a water course.
 3. A kind of insect.
 4. A plume from any of various herons.
 5. A kind of jewel (plural).
 6. Part of a church.
 7. To pass away.
 8. A noun.
 9. A girl's name.
 10. A body of water.
 11. A number.
 12. Points at a certain object.
 13. To mingle.
 14. To mingle; meddling.
 15. A verb.
 16. A recess in a wall for a statue.
 17. A book sides with one party in a contention.
 18. An indefinite article.
 19. To be present at.
 20. An egg on.
 21. A verb.
 22. Part of a needle.
 23. A snare.
 24. To declare.
 25. A verb or noun for a verb country.
 26. A company of musicians who play for parades.
 27. To require.
 28. Part of a plant.
 29. To grow after the manner of a vine.
 30. The wife of Abraham (Biblical).
 31. A quantity of cotton; hay or the like.
 32. A piece of baked clay used in covering roofs, floors or walls.
 33. A verb.
 34. To search for places gold.
 35. A verb (tabby).
 36. A Southern State (tabby).

LIFE'S DIGGING

The best of men say that their digging work has in life without a word of it. But we envy them who have a lot of money left to him. And the hard work of us have to live their lives in an unwearying. Some have work so hard whilst others have much ease and luxury.

And it seems that some things are in life, though in the end things become straightened out there is then little difference between them. Someone wrote not long ago: "I am not from the same mould, some are mouldier than others!" I will do none of us any good longer being in the difference. Distinctions really don't matter in the ultimate issue. The vital things are the contacts, and one of the important things is that of doing most to discover that which can be made and uplift. This can only be done by mental digging. It is really hard work, and at first will be and weariness; but it is really how soon that will wear off, and strength and readiness of our roadmen and gardeners. It is always digging and bending the mind to become from weariness. Give their sweat, and will tell you are used to the job and don't notice. Our lives hold innumerable things, but they rarely lie near the face. They have to be sought by hard digging down for their discovery.

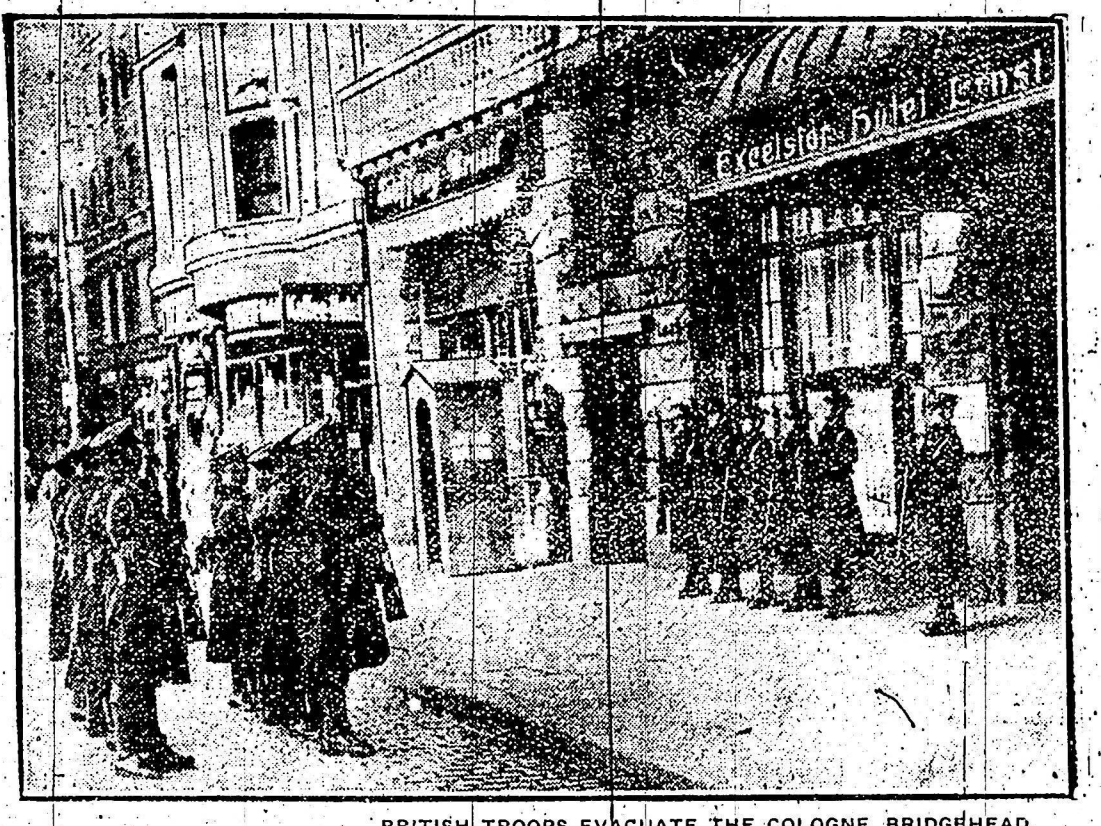
WE WANT CHURNING CREAM

We supply cans and pay express charges. We pay daily by express money orders, which can be cashed anywhere without any charge.

To obtain the top price, Cream must be free from bad flavors, contain not less than 20 per cent Butter Fat.

Bowes Company Limited, Toronto

For references—Head Office, Toronto, Bank of Montreal, or your local branch. Established for over thirty years.



BRITISH TROOPS EVACUATE THE COLOGNE BRIDGEHEAD. The first material result of the Locarno treaties was the evacuation of Cologne by the British army of occupation. The above photograph shows the ceremony of the changing of the guard for last time.

A WOMAN'S WORK IS NEVER DONE

No Wonder Health Gives Out and She Becomes Weak and Despondent.

It is literally true concerning woman in the home that her work is never done. She starts with housework when she rises in the morning and is kept busy up to the time she retires at night. The work must be done whether she is feeling well or not. It is a wonder that she often breaks down under the strain. She becomes breathless at slight exertion, feels exhausted if she walks up stairs. Headaches and dizzy spells become frequent, and life seems a burden. Much of this trouble is due to the fact that her blood has become thin and watery and to regain her good health she must take a reliable blood-enriching tonic such as Dr. Williams' Pink Pills. The great value of the tonic medicine is shown by the statement of Mrs. Mary Nolan, Larkspur, N.Y., who says: "When I began using Dr. Williams' Pink Pills I was a physical wreck. It was with great difficulty I could do light housework. I suffered from headaches, my heart would beat violently at the least exertion, and I always felt tired and depressed. I did not sleep at night, and I had no appetite, my limbs would swell as in dropsy. It was at this stage that a neighbor advised me to take Dr. Williams' Pink Pills. I had used the pills for some weeks before I began to feel their benefit and they encouraged me to continue taking them for several months, when I was again as strong and well as ever I had been. I have no hesitation in saying that these pills are a remarkable blood builder and strength renewer and I shall ever be grateful for what they did for me."

You can get these pills from your druggist, or by mail at 50 cents a box from "The Dr. Williams' Medicine Co., Brockville, Ont."

Golden Passage

Leaves through the grass are telling over again. The peering of the god without a name. Come down the earth unseen, unheard of men. With but these footprints for his sign. The night stars, so golden they burn, fix and fair are they, so still they lie. And it is only thus that men may learn the way of feet that lately left the sky.

And who walk abroad these autumn nights, Between the stars above and the stars below. Am still bewildered by these glimmering lights. How precious how these will come, I know. Things that will quench these starry prints, at last. As though it had not been a goal that rested.

—David Meilton

Fishing Through the Ice

If you want to fish through the ice, a fairly large scale, cut a number of holes ten inches in diameter in the ice and in each pour a cupful of oil to keep the water from freezing again. Attach the line for each hole to an ordinary wooden barrel hoop. Lay this on the ice with the string suspended through the centre of the hole. The minute the fish takes the bait the hoop will be pulled upright or partly so and you can talk from a log way off that you have a bite. Moreover, the hoop is springy, so there is no danger of breaking your line.

By running the line through the centre of a sheet of newspaper and laying this on the ice no light is excluded and might persuade a wary fish to bite.

Sentence Sermons.

- I have never seen a spendthrift with a fair future.
 - A headstrong boy who was not having trouble.
 - A jealous person who was also happy.
 - A home made brighter by moonshine.
 - An indulgent mother who did not handicap her child.
 - A successful church run by one man.
 - A satisfactory substitute for sincerity.
- When hoarse use Minard's Liniment.
- Canada's sugar maples have other uses besides producing maple syrup and sugar. The wood is hard, even-grained, and heavy, and is used for flooring, furniture, agricultural implements and woodwork.

THE REVOLT OF MRS. HUMMINGBIRD

In the midst of our discussions there was a chirp and a hum, and Mr. Hummingbird appeared. This was so unusual that pony-plans ceased abruptly; we sat very still. Mr. Hummingbird is shy; besides, he is such a beauty. We must be sure to have more columns in these best of times; they suit him so—and he does not mind. But—and Mrs. Hummingbird, for once, said him out to do the work? He had—so far as anything as transient as a hummingbird could have—the arduous, painstaking expression of one who wrangles with an uncustomed task; sometimes blundered a little, once almost missed his aim at a columbine division. Surely this was the revolt of Mrs. Hummingbird. Every day, before she had been doing the strenuous honey-search, tasting and sucking with all her might, dabbling at every possible, trying furiously into the slightest crack in the folded petals (the columbines were hardly out), sometimes at an inhospitable closed bud.

(Imagine Mrs. Hummingbird declining to be silent, which I doubt—) but this sitting on a nest, however, is a heavy, I want to be out being important, being visible in the fierce traffic of the flower-hedgers! Hummingbird nests, they tell us, are lined with cobwebs; imagine one of these little fiery creatures constraining itself to handle a cobweb, to weave it, patiently, and bring it together, to tangle it, to think or else a hummingbird can be gentle when it tries.

Later on, when leaves thinned, we saw the little thimble-bump of a nest, high up, but on a strong limb as broad as the nest. No pillars or framework, no fan thrust, no ceiling, no honey was precious enough, without a wicker nest to worry over. I wish all birds were so careful.

CHILDREN LIKE THEM

Baby's Own Tablets Are Effective and Easy to Give.

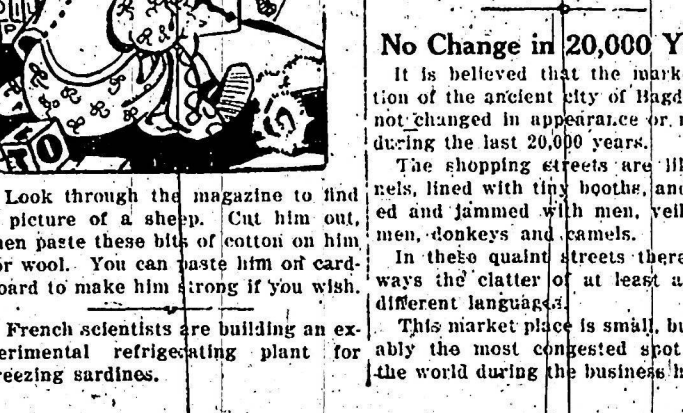
You do not have to coax and threaten to get the little ones to take Baby's Own Tablets. The ease with which they are given, as compared with liquid medicines, will appeal to every mother. None is spilled or wasted; you know just how big a dose has reached the little stomach. As a remedy for the ills of childhood arising from derangements of the stomach and bowels they are most satisfactory.

Mrs. Williams says: "I used Baby's Own Tablets for the Canadian Northwest and found them a wonderful medicine for children's troubles, especially indigestion and constipation. I have also given them to my children for simple colds and sore throats. They always give relief. I can recommend Baby's Own Tablets to all mothers."

Baby's Own Tablets are sold by medicine dealers, or by mail at 25 cents a box from "The Dr. Williams' Medicine Co., Brockville, Ont."

Oh Mother! What Can I Do?

How many times a day do your babies ask you that question? And how often are you able to suggest some interesting game for them to play, a new amusing occupation for a rainy day? If you like always to have a practical, helpful suggestion for them, read this snappy new feature.



Bank of Montreal

President's Address.

Mr. Vincent Massey, in his address to the shareholders of the Bank of Montreal, said in part: "It is my duty to you to say that the bank has been successful in its operations during the year. The assets of the bank have increased, and the liabilities have been reduced. The bank has also been successful in its efforts to improve its services to the public. I am confident that the bank will continue to be successful in the future."

SUNSPOTS ARE GIGANTIC

Astronomers Think Bombard Earth With Electrons.

Secrets of Science.

By David Thompson.

Observation of the sunspots has revealed that the sun rotates once in 25 days and that the surface of the sun is molten and ever is still one of the most interesting objects in the universe. They appear to be made of the same material as the sun. Some astronomers are great wildfowls in the matter. They change in size and number, and appear and disappear. There seems to be some regularity in their appearance, the greatest number appearing every 11 years.

As we gaze at these spots, we are reminded of the fact that the sun is a great furnace, and that the heat it radiates is what keeps the earth warm. The sun is also a great source of energy, and it is this energy that makes life possible on our planet.

On a Second Journey

Give me to live this life again, and I would ask no better odds than those allowed.

The right to walk and mingle with the crowd.

To know the soft space of earth and sky.

The self-same friends and neighbors dwelling near.

This country, smiling again and strong and proud.

For freedom born, for freedom long.

With all its laughing eyes passing by, "But," asks a voice within me, "would you weep?"

As you have wept to walk through life again.

Would you want joys you knew you had, and face once more those losses with their pain?"

Yes, once again, I know these happy years.

I'd leave the burdens and I'd brave the tears.

—Eugene A. Green

Swinging to Work

The British Isles are probably the cleanest people on earth, for they spend a good part of every day in the water, and may be said to be almost as amphibious as seals. The children learn to swim almost as soon as they learn to walk. If the village happens to be at some distance from the shore, a swimming pool is formed in a near-by stream, and there putted bathing is indulged in several times every day.

With the skin constantly greased with coconut-oil, the pup of the blue-green orange makes a home for him and others freely. Ducks, Nature supplies them with scumblers, the husks of the coconut, and this they apply to their shining bodies very vigorously. Their towel is provided by the sun and wind.

No Change in 20,000 Years

It is believed that the market section of the ancient city of Bagdad has not changed in appearance or method during the last 20,000 years.

The shopping streets are like tunnels, lined with tiny booths, and packed and jammed with men, yellets, women, donkeys and camels.

In these quiet streets there is always the clatter of at least a dozen different languages.

This market place is small, but probably the most congested spot in all the world during the business hours.

Annual Meeting

General Manager's Report.

In his report to the shareholders, the General Manager said in part: "The bank has been successful in its operations during the year. The assets of the bank have increased, and the liabilities have been reduced. The bank has also been successful in its efforts to improve its services to the public. I am confident that the bank will continue to be successful in the future."

Classified Advertisements

WILLIAM'S MEDICINE CO. BUCKINGHAM PALACE, LONDON, W.1. Sole Importers for Canada, 110 St. James Street, Toronto.

MINARD'S LINIMENT FOR STIFF METALS. Minard's Liniment is one of the metals most abundantly produced in Canada. Output of the Dominion consists of over 50 per cent. of a world's supply.

Yes! It Really Does Stop Your Cough. GRAY'S SYRUP RED SPRUCE GUM.

MURINE FOR YOUR EYES. Wholesome, Clearing, Refreshing.

TAYLOR-FORBES Tree Pruners. For every purpose in the orchard, cutting limbs up to 14 inches. Handless—4, 6, 8, 10 and 12 feet.

COUGHING! Take half a teaspoon of Minard's Liniment 3 or 4 times a day. It stops the cough.

MINARD'S RING OF PAIN LINIMENT.

HAD PIMPLES A WHOLE SUMMER. On Face and Neck. Lost Rest. Cuticura Healed.

Saws SIMON'S Machine Knives.

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