

EARLY NAMES

Names Were Known

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A Poem You Should Know.

My Lady.

Ben Jonson was a friend of Shakespeare and regarded by many of his contemporaries as the finer poet. It is said that Shakespeare, played at Jonson's first successful piece, "Every Man in His Humour."

He was admired and even loved by his own generation, although it was said of him that "he would rather lose a friend than a jest."

Have you seen but a bright blue glow Before ruddy hands have caused the day? Have you marked but the fall of snow?

Before the soft hush smudges the sky? Or swan's down ever? Or have snelt the boudoir's perfume? Or the hard in the boudoir?

Or have胎elt the bag of the boudoir? O so white, O so soft! O so sweet!

At Midnight.

Yonder, the belfry tower That glows in the moonlight.

Or is it a ghostly flower That dreams in the silent night?

Listen and hear the chiming Go quivering over the town And out of this flower of Time Twelve bells are waffled.

Frank Dempster

Do you get a sensation of pressure in the nose when you drink? Scent's Syrup will remove it.

It is easy, but stay in my job.

Minard's Liniment for Chilblains.

Why can't we have a sacred order pledging its members to correct our faults before haggling with neighbors?

IF IT IS CLEANING OR GIVING

We bring Master Cleaner Service to your door, and pay carriage charges one way.

Your clothes and household furnishings run no risk in the hands of our experts.

Premier service and postage paid one way.

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Wrap up warm inside

On a raw winter's day, you venture out without a coat to keep out the cold. But don't let us tell you.

It is a practice of drinking regularly during the winter months. It keeps up your vitality and helps you to resist colds, chills and influenza.

Hot LOVRII
Puts life into you

"THE WART" THAT'S OUR EARTH

Mark Twain Named It Rightly,
So Modern Astronomers Show.

Secrets of Science

By David Dietz

The heavens declare the glory of God and the firmament sheweth His handwork.

Saw the ancient author of the Psalms, Biblical days. One imagines him standing in the open fields at night, filled with awe at the wonder and grandeur of the heavens as he gazed aloft at the myriad stars.

And yet his conception of the heavens was a simple one compared to what modern astronomy has revealed concerning them.

His idea can be reconstructed easily from a study of the Bible.

The earth, to him, was the all-important factor, a flat plain stretching away in all directions. It was surrounded by the seas and supported upon them.

The sky was a real canopy or roof over the earth. When it rained, it was because the windows in this roof were opened and the waters above allowed to leak through.

The stars were so many lamps or lights. The sun and moon were simply larger lights, "lights in the filament of the heaven to divide the day from the night," as the book of Genesis pictures it.

To-day we know that in point of size at least, the earth is not the all-important part of the universe but one of the least important.

We know today that our earth revolves about the sun and is very much smaller than the sun.

We also know that the stars are great blazing suns, many of them thousands of times larger than our sun.

If by some sort of magic we could suddenly transplant ourselves to some corner of the universe where these gigantic suns are, our own sun would appear as one of the very faint stars in the sky. Our earth would of course be totally invisible.

Mark Twain, who possessed the rare faculty of presenting great truths in humorous garb, gives a sharp picture of the situation in his imaginative book, "Captain Stormfield's Visit to Heaven."

Captain Stormfield, upon his arrival in heaven, finds that the corner of the universe in which our earth is located is so small that it is referred to as "the warts."

Next article: A Model of the Universe.

Stories Hoary With Age.

Many of the stories which delight the heart of children are so ancient, their origin so buried beneath the weight of centuries.

Take, for instance, the story of "Cinderella." This is to be found in the languages of every European country, and has been traced back to Hindoo legend.

"Aladdin" comes to us from the "Arabian Nights," but had previously been borrowed from Buddhist folklore. "The House That Jack Built" has a prototype in the Hindoo: "Beauty and the Beast" comes from an old Southern myth; while "Jack and the Beanstalk" is not only found in ancient Asiatic literature, but is the subject of an almost identical story popular from time immemorial among the Zulus and Bantus.

A Lesson from Japan.

We could learn from the Japanese in regard to this point. They also play only one picture at a time, choosing the subject that is appropriate to the season of the year, or some special occasion; and they keep it in its place for only a short time.

If we were to take enough pictures (and it would not take many) to change at intervals those that hang on the walls, we should see them to better advantage and appreciate them more. The decorative effect of the home would thus be enhanced and improved, with new color in the old spot.

Keep Minard's Liniment handy.

The maid of a popular comic opera actress of England has devised a ticket table tray on which she carries a mirror, powder puff, glass of water, pack of cigarettes, box of matches, cream spray and a sandwich ready for the instant use of her mistress behind the scenes.

Almanach Gotha Still Records

Princely Titles.

The Almanach de Gotha, proud record of the nobility of Europe, is not a victim of the war and of the collapse of so many monarchies, despite all reports to the contrary. It is still a living and vital publication, which has adapted itself with surprising facility to the new conditions of the world and the new map of Europe. To-day the latest issue of the famous book is divided into three sections in which the genealogical data of the princely houses of the world are grouped as follows:

1. The genealogical trees of the reigning houses of Europe, as well as many which have been destroyed within the last hundred years, together with the sovereigns of every state, completely enumerated, including details of reigning families in India, Egypt, Afghanistan, Spain and the Indies, etc.

2. The genealogical details of the famous families of the Holy Empire which still possess rights of birth equal to those of sovereign houses. It is here that one notices the consequences of the war and the revolutions which followed, for in Austria and Czechoslovakia titles have been abolished. In Prussia titles still remain, but the qualification of "highness" has been done away with.

3. The third subdivision, which is the most extended of the three, is devoted to the princely houses, non-sovereign, peers of the universe but one of the least important.

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How to Relieve Children's Colds

Avoid Serious Results by Using Baby's Own Tablets.

When a child shows the first symptoms of a cold, such as sneezing, redness of the eyes, coughing or running nose, prompt measures for relief may give excellent results. Mother should always have on hand some simple, safe and effective remedy for immediate use.

Baby's Own Tablets act quickly, tasteless and harmless. Mrs. Joseph Cadeaux, Holyoke, Mass., says: "I have used Baby's Own Tablets for my children and find them a very satisfactory medicine. When my little boy had a cold I gave him the Tablets at night and he was well next day. I give them to the children for constipation and they always do good. I think Baby's Own Tablets are much easier to give a child than English medicine. I recommend the tablets to all mothers who have small children and believe they should always be kept on hand."

Baby's Own Tablets are sold by all the dealers or will be sent by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Why Does a Headache?

This column, which many people have asked me to write, has been answered by Mr. Clement Jeffrey, a skilled specialist, at a lecture given in London.

Mr. Jeffrey made an experiment by demonstrating to a number of the audience the easiest, manipulative method of curing a headache. Congressmen, declared Mr. Jeffrey, was frequently the cause, and by manipulating this could be improved. He emphasized, however, the need for adapting habits of living that prevent headaches.

Overeating and working in stuffy rooms are prolific causes of headaches, continued the lecturer, and the safest way to perfect health is to live on food that makes clean blood.

It is folly, added Mr. Jeffrey, to regard an ache as being the offending part and to bludgeon it accordingly. A headache is Nature's alarm bell. It warns us that somewhere in the system there is a physical or mental disorder.

Correct diagnosis and the application of the right methods of removing the cause are essential for the permanent cure of this annoying complaint.

Mr. Jeffrey realized his theories had a headache might have a mental cause. A woman could get a headache after a spoiled love affair or a quarrel with her husband on the morning of her wedding.

What was needed in such cases, he said, was avoidance of unemotional thoughts and the cultivation of an optimistic outlook.

Dogs should only be used as a first resort and then under medical supervision.

A Great Suggestion.

Professor Morse, who invented the telephone, once had a reason to go to the Baltimore and Ohio Railway to try his invention, which nobody then believed in. The president of the road handed him over to a subordinate, whom he had to saw at once the greatest of the big, tight-screwing bolts with the inventor. At length Morse confessed that there was one thing that baffled him. "As long as the railroad runs where posts may be erected," he said, "it is easy enough, but when we come to the big bridges, what is to be done then? We can't erect poles across the stream, and without them the wire would sag and perhaps break from its own weight. I confess I don't know what to do. Can you suggest a way out of the difficulty?" "Why don't you fasten the wires to the bridge?" asked his companion, without an instant's hesitation. For a moment Morse gazed at him with open mouth, and then exclaimed, "Why not, indeed? Why, I never thought of that why!"

A matchmaker often gets her fingers burned.

When horses use Minard's Liniment.

HEALTH BROKE DOWN

Move On.

To stand still for long is to stagnate. To go backwards is always dangerous. Don't let us forget how people resent the reminder to "keep moving." And how annoyed some come when told that their own going is an essential matter if this world is to be a convenient place for all who are in it.

Yet, if one looks around, everything tells the same story of advance. Nature is always progressing, and the firmament echoes the same truth. It is not only found in the greater parts; the principle and harmony obtain in every part, so that the small and great unfold together. The great lets us remember ourselves, is but an accumulation of the small. If the bigger is wrong, the bigger can never be right.

It is no use our saying: "Whatever other may do, I am determined not to move on!" That only means that circumstances are against us. If this life we either move on or move out.

We are each so much a part of the other and so greatly dependent upon the lives of others that it soon becomes clear to a wise man that he must not live for himself merely, but always for the good of the whole. That is why he cannot do and say as he likes. He must think of the effect upon others.

It is silly to get an idea that we don't count, for we all have a place to fill. We only know our place and power as we get the sense of our relationship and responsibility to all the other wheels in the great machinery called "life." We are not all of the same strength—and a jolly good thing we are not! If we were all driving wheels, we should have nothing to drive. Remember, the fine work depends not upon the driving wheel, but on the little cogs of the small wheels. You may be one of the latter, as important as the big wheel, only in another way.

It is so easy and seductive to say, "I'm not going to bother; the work of the world will get done. Let someone else do it!" You have no more right to hang upon the goodwill of society than any other. If you feel like talking in that way let the winds blow the cobwebs from your head and step up for duty. The only people to serve are those who through misfortune are too weak to tell.

So, both mentally and spiritually, we are not to let go of the driving wheel. If you are unable to keep up, then step with the rest. The race is not always to the swift, nor the battle to the strong. The tortoise has a great advantage over the hare, and the worm over the fly. Face the sun, and go on!

At the world's end stage—but the stages are few.

Arabians and Their Horses.

Next to his sons, an Arab loves his horses. In his esteem they outrank girls. When I was in Syria some years ago a famous sheikh had just returned from a pilgrimage to Mecca. A hundred of his tribesmen came out to meet him and, as a token of submission, lay down on their faces in the sand. The sheikh, mounted on his beautiful Arabian mare, rode over the prostrate bodies of his devoted subjects. The mare put down her feet carefully on the backs of the men, bearing her weight down gradually so that no man sustained any serious injury from this unusual ceremonial.

Another time, when I was in Cairo, my attention was directed to a pair of black Arabian horses drawing the carriage of the Sultan. The horses were the only horses I ever saw so perfectly trained. Never have I seen such perfect specimens of horses. They kept perfect step and an intelligent understanding of what they were doing. They attracted the children of their owner.

After I was in Constantinople thousands of people followed the Sultan to prayers. His carriage was drawn by two blood-red Arabian horses. They were the only horses I ever saw so perfectly trained. They kept perfect step and an intelligent understanding of what they were doing. They attracted the children of their owner.

Stamps weeks, and, as the Sultan went along the streets, the people followed him. The Sultan's carriage was drawn by two blood-red Arabian horses. They were the only horses I ever saw so perfectly trained. They kept perfect step and an intelligent understanding of what they were doing. They attracted the children of their owner.

Each 15-cent package contains directions so simple any woman can read, delicate shades or colors, in superior, silk, ribbons, silks, waist, dress, stockings, sweaters, lingerie, coverings, everything!

Buy Diamond Dyes—no other kind—tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton or mixed.

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