

Salmagundi Sandwiches

For the bridge party, or afternoon tea whenever you want something entirely different from the sandwiches that are usually served—
Salmagundi Sandwiches—made with Keen's Mustard are simply delicious. This recipe is one of many in our new Recipe Book. Write for copy. It's FREE.

COLMAN-KEEN (Canada) LTD., Montreal 377

Keen's Mustard

aid digestion

Ocean Rich in Minerals.

Large amount of any of the minerals in the entire ocean exists in sea water only to a depth of two parts per million. The entire ocean contains so little tons of iodine, valued at \$50,000,000,000,000, that it is also obtained in a limited quantity in the mother liquor left after crystallization of salt from sea water.

Sea water contains about a quarter of a pound of iodine. The average density of the ocean is 2.4 times that of water. When dried up, water is approximately four and a half times as salt.

Same Eggs!
A certain number was condemning, due to the extortions of the mineral waters.

"I have been directed to proceed to film 'The Foreigner' near the shores of Lake Louise, with the magnificent mountains for a background, and for a stage, one of the most exquisite spots on earth. The result was that, not only did he produce a splendid picture, but that the Rockies sprang into instant popularity as a setting for northern dramas."

Since then scores of other "super-giants" have been produced and many millions have paid the penalty of their naivete; many dauntless maidens have yielded to the wooing of strong silent men; many dauntless heroes have faced the nameless terrors of the Rockies, on the peaceful shores of Emerald Lake and the innocent highway between Banff and Windham.

Notable Pictures Screened.

Among the most notable pictures screened entirely or in part, with the Rockies for a background are "Back to God's Country," "The River's End," "The Alaskan," "Empty Hands," "The Sky Pilot," "Glengarry Schooldays," "The Man from Glengarry," "The Valley of Silent Men," "Frivolous Satire," "Strongheart," and "The Foreigner."

The chances are that those who gaze in silent admiration on the forbidding beauty of Alaska, the hills of Shasta and the still Sierras, are, in reality, gazing at something far nearer home, not nearly so forbidding, and infinitely more beautiful—the Rocky Mountains themselves.

So the United States may have her Hollywood and her monopoly of the salacious, but not that the value of the Rockies as a place where people may shoot the rapids, kill each other, make love, win fortunes and indulge in the other pleasant pastimes peculiar to motion pictures has been realized. It is to be hoped that Canada's position in the realm of the silent drama will shortly become more prominent than it has been in the past.

The Rockies are now easily accessible by roads at some of the most attractive points, the light atmosphere and other conditions are good, and there is no reason in the world why they should not eventually become a veritable "Hollywood of the Hills."

Bowes Company Limited,

Toronto
Montreal, or your local bank
Established for over thirty years

WE WANT 'CHURNING CREAM'

Supply cans and pay express fees. We pay daily by express orders, which can be cashed where without any charge.

To obtain the top price, Cream free from bad flavors and not less than 30 per cent.

Patent

Patent for Corns and Warts

We have now to be driven to over 220 feet under London beach winter. A century ago we were of underground water, sufficient to bring water to the surface whenever a boring was made.

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