

FUR
Remain in Any Game

...year in a cont...
...the high...
...the forest fire...
...the opposite...
...I later

"No - I've not boiled any garments since"

"A friend suggested that I stop boiling the clothes I washed and try Rinso, which I did, with such delightful results that I have not boiled any garments since then."

"I found that Rinso is excellent for removing finger prints from white paint and for washing all woodwork."

"It has cut my house cleaning troubles in half and consequently I felt that it was only your due to know that Rinso has a much bigger work to do in our house than just to clean the dirt from our laundry."

The makers of Rinso receive many such letters as this. Rinso not only does the family wash merrily by soaking—it is also excellent for many household duties, such as cleaning woodwork, scrubbing floors, etc.

Order Rinso today!



With The Boy Scouts

Why Camp? Many parents each year ask why so much emphasis is laid on the summer Scout camp. Here are some of the reasons:

The Boy Scout Camp satisfies that "rest away from home" urge which comes to most of us in the heat of the summer months. It gives the boys a chance to get away from the restrictions of the winter and the simple rough life of the camp and the company of a "gang" of boys.

It is this impulse, wisely met, that has produced the happy boys, the smiling faces, the broken hearts and wrecked careers.

Invariably the boy returns home from a Scout camp with a new appreciation of his home, his brothers and sisters and his parents, and a generally broader outlook on life.

The Scout Camp not only gives the boys a chance to get away from the restrictions of the winter and the simple rough life of the camp and the company of a "gang" of boys.

My Little House.

My little house has a whirling dance
Where the sublimas dance and play;
My little house has a little clock
To tell the time of day.

My windows, curtained blue, are wide
To the song of wind and sea;
There's a garden, too, with a gate of green,
And a blossoming almond tree.

My little house holds treasures rare
Of ivory, jade, and gold;
Of gleaming, crystal and shining brass,
And china, fragile, old.

My little house is a world apart,
So cool and still it seems;
No troubling thing comes nigh, but then—
'Tis only a house of dreams!

After Every Meal

Pass it around after every meal. Give the family the benefit of its aid to digestion. Cleans teeth too. Keep it always in the house. Costs little—helps much.

WRIGLEY'S



HEFTY RECRUIT FOR DOMINION POLICE

Mr. Chris Mitchell, late of the Liverpool, England, police, came to Canada recently to join the Royal Canadian Mounted Police, but when he went to his cabin on board the Canadian Pacific S.S. Montrose it was found that he was too lengthy to be able to assume a horizontal position in any of the berths. Consequently an extension had to be made to one of the regular berths, which, when completed, measured six feet eight inches.

HEALTH EDUCATION

BY DR. J. J. MIDDLETON
Provincial Board of Health, Ontario.
Dr. Middleton will be glad to answer questions of Public Health matters through this column. Address him at Spadina House, Spadina Crescent, Toronto.

MARY BROWN.

When Mary Brown was weighed in school, she was found to be 110 pounds. The teacher found that for her age she was exactly right.

And here's the reason why—she was a healthy girl, and she was a good worker.

Camps for Scoutmasters, too, are being worked out.

It is not just the boys who have camps provided for their training in the various attributes of the "Good Scout," but Scoutmasters, too, have camps provided for their training and to give them practical experience along various practical lines. One of these is held each year in Ontario, at "Ebor Park," a beautiful 55-acre camp site on the Grand River, between Paris and Brantford. Here from 24 to 32 Scoutmasters and Assistant Scoutmasters at a time go through a well-planned course which includes the training of the Scoutmaster, the Scoutmaster's proficiency badge which a Scout leader may wear.

This year's Ebor Park Camp will be held from July 14th to 18th. Provincial headquarters is now receiving applications from men desirous of participating in it. The camp fee, for the eleven days is ten dollars.

Poplar.

The poplar is a tree of light and airy. It is the tree of the wind. It is the tree of the sun. It is the tree of the rain. It is the tree of the snow. It is the tree of the ice. It is the tree of the frost. It is the tree of the cold. It is the tree of the winter. It is the tree of the year.

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Born in the Clouds.

For the first time on record a baby has been born to a British warship. The happy event took place on the cruiser Danne, while she was open for public inspection at Auckland, New Zealand. In commemoration of her birthplace the baby is being called Danne, and as a memento the ship's officers have presented the newborn with a beautifully-bound edition of the "Legend of Rona," together with a gold brooch bearing a reproduction of the ship's coat of arms.

A year or so ago a baby was born in a London Tupp train. A remainder of the event is incorporated in the baby's Christian names—Thelma Ursula Beatrice Eleanor, the initials of which make "Tuba."

Many babies are born at sea, but it is doubtful if any entered such a troubled life as a German baby girl born in mid-Atlantic during a recent terrible storm. Steerage babies often provide an event for passengers to talk about. A subscription list is always opened, with the result that the baby receives a substantial start-off in life.

The record in strange birthday surroundings is surely held by the baby boy who was born 6,000 ft. in the air. His mother was travelling by aeroplane from Budapest to Naples when the event took place.

A GRATEFUL LETTER

From a Lady Made Well by Dr. Williams' Pink Pills.

"I wish from my heart I could persuade every person who is run down in health to give Dr. Williams' Pink Pills a trial." Thus writes Mrs. Louie Mitchell, Oak Point, Minn., who further says: "About a year ago I was a weak woman, suffering from a run-down system and impoverished blood. Any little exertion would cause my legs to tremble, and my heart to throb violently. I could not sleep a room or walk fifty feet without being exhausted. Then I began taking Dr. Williams' Pink Pills and after taking only six boxes I am as well and strong as ever. I can walk and run without stopping every few seconds gasping for breath as previously. Dr. Williams' Pink Pills will be my stay on in the future if ever my blood needs building up again, and I shall always find pleasure in recommending them to anyone needing a tonic."

There are many troubles due to weak, watery blood which can easily be overcome by a fair use of Dr. Williams' Pink Pills. The sole mission of this medicine is to enrich and purify the blood, and when that is done all the varied symptoms of anaemia disappear, and good health returns. You can get these pills through any dealer in medicine or by mail at 50 cents a box by writing to Dr. Williams' Medicine Co., Brockville, Ont.

Candles as Clocks.

The first time-recorer was the sundial. The Chaldeans and Egyptians had a water clock called a clepsydra. A stream of water dripped into a jar, and when it reached a certain level, moved what-to-day would be called a ball-clock. This worked a rod along.

Plato introduced the clepsydra, or water clock, into Greece, and it is supposed that this method of time measurement was used in the Middle East as early as the time of 400-500 B.C. A specimen of the clepsydra can be seen at the British Museum.

Sand-glasses, known to the present generation as egg- timers, were invented about A.D. 330 by a monk of Chartres named Lulluphrand, and according to French tradition the same was made of marble dust, ground fine and bottled in jars, the processes of grinding and bottling being repeated nine times. Alfred the Great (871-901) utilized wax candles for recording time. Marks were placed one inch apart, each section burning for twenty minutes.

Not Sufficiently Persistent.

"Tell me, old man, what would you do, in order to live to ninety, like you?" said the tourist.

"Don't drink, don't smoke, keep out in the fresh air," replied the oldest inhabitant.

"But my father observed those rules and he died at sixty."

"Yes, but he didn't do 'em long enough."

Resourceful.

"Now, O'Brien," said the commissioner the fireman recruit, "suppose you have discovered a woman on the third-story window of a dwelling on fire. What steps would you take?"

"Sure, the steps would be no good, sor. O'd git a ladder."

Even the Babies.

A little four-year-old, seeing his mother make a lattice-top cranberry pie, inquired: "Muvver, is we gbin' to have cross-word puzzle pie for dinner?"

For First Aid—Minard's Liniment.

In the sea there is one dollar's worth of gold in every twenty-five tons of water.

Butter From Fish.

The Indians of British Columbia and Alaska obtain their butter supply from a fat little fish called the collichan. Every summer this fish comes up the rivers from the ocean to spawn; and millions are caught in nets daily. They are then thrown into rough tubs, made from tree-logs, in which they are exposed to the sun.

When thoroughly softened they are taken from the tubs and thrown into great wooden vats of water, which has been heated by dropping red-hot stones into it.

As the oil from the fish rises to the top it is skimmed off. It hardens quickly, looks like lard, and tastes like butter. The Indians usually make enough of this butter during the summer to last throughout the winter.

Not His Fault If There Was.

A tramp had been admitted to the casual ward of an English workhouse one evening, and the following morning he daily appeared before the master.

"Have you taken a bath this morning?" was the first question he was asked.

"No, sir," answered the man in astonishment, "is there one missing?"

Five-sixths of Britain's fish harvest is gathered on the East Coast.

Note the flattened top of this fine kettle. No waste space above the water level. A very fast boiler. It cannot fall off or get lost.

Hinged lid at side of kettle for speedy filling under top or top by dipper; being hinged it cannot fall off or get lost.

Handle extra rigid, shaped to hand any diameter. Being hinged it cannot fall off or get lost.

Well made, generous sized properly curved spout. Tip of spout well above water line to prevent splashing or spilling.

SMP ENAMELED TEA KETTLE

You have been intending to try "Red Rose" now before you forget.

RE ROSE
TEA is good tea
The ORANGE is extra good. Try it!

Wisps of Wisdom.

Today's neglect means tomorrow's regret. The man who seeks certain success, and labors to that end, is seldom mistaken.

The path of success is the path of common sense. Notwithstanding all that is said about "lucky hits," the best kind of success in every man's life is not that which comes by accident. The only "good time coming" we are justified in hoping for is that which we are capable of making for ourselves.

Happy is the man who believes in his fellow-men. It is more to seek to succeed in some things than to be successful in all things.

A cheery disposition is like air in a tyre. There doesn't seem to be much of it, but it makes the going easier and happier for everybody. The rougher the road the more you need it.

Try becoming dissatisfied with yourself instead of with your job.

The worst brakes on your progress are self-doubt and self-approval.

Few men travel over the road of success without an occasional stumble. The wolf at the door has started many a man climbing.

A wise man will make more opportunity than he finds.

Possessions are all right if you don't let them possess you.

To succeed in a career, do nothing, say nothing, be nothing.

Minard's Liniment for Backache.

MURINE EYE DROPS
SUNWIND DUST & CINDERS

MINARD'S LINIMENT
"KING OF PAIN"

Death on Warts.

Apply Minard's daily. Also relieve pain and disappear. Also relieves bunions.

MINARD'S LINIMENT

Shave in Comfort With Cuticura Shaving Stick

CREAM

ABLE TO DO HOUSEWORK NOW

Sick a Year. Got Great Benefit from Lydia E. Pinkham's Vegetable Compound

Bloomington, N. S.—"I took Lydia E. Pinkham's Vegetable Compound for pains and backache, also for nervousness, sick headaches and sleeplessness. I was troubled in this way for over a year, and a friend told me about the Vegetable Compound and induced me to take it. I must say I have received great benefit from it and am able to do my household work. I recommend the Vegetable Compound myself and am willing to give this letter as a testimonial."—Mrs. WILLIAM MORSE, Bloomington, Annapolis County, N. S.

Do you know that in a recent canvass among women users of the Vegetable Compound over 220,000 replies were received. To the question, "Have you received benefit by taking this medicine?" 68 per cent. replied "Yes." This means that 98 out of every 100 women are in better health because they have given this medicine a fair trial.

Mrs. Morse is simply another case of a woman receiving "great benefit." Women suffering from the troubles mentioned to their sex should listen to what other women say who have experienced the same sufferings and found relief. Give this dependable medicine a chance, and at once. It is sold at all drug stores.