hool Lesson

s 9 20-31, Golden Text anything among you, save 1.—1 Cor. 2/2.

No wonder that the Jews of as reputation as a hambristians, and were they that he way to institute a high way to institute a migh paradure ngalast Jesus' fol-Januscus? To know that audoned his plans would surprising chough. But to Phasching the Christian azing. They wondered dir waking senses. way in spite of this an. He had to stand hieved notable success seeding his apponents, you the one themethe Christ.

a plotagains Saul's t, and real sware constantly atrived, by the aid of escape over the let down in a favilen, 26-31.

difficulties were not un jan Janusalem wolf in apprehenthe querthe great

ninous Barnabas Taking Saul by o the apos. o the aposodd them how him on the had been and what bed a ready given w liberty of ad a ecohd time istituting a dat Jewa

They regarded duracoat, and WW. they de-Farsus. mp in faith for the Co さずい gave then

Tr. je guten ening de _ do de dail of Englang.

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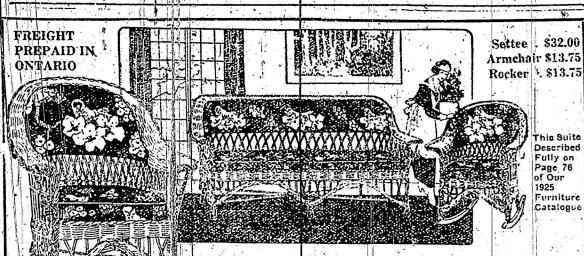
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their fl. explor

Jug My Perennial Garden.

e a parague, thubarb, sag griss, and a good plot f The latter is net reall receptial but as it sprouts Were in seat if other r buttel, where it has been to to be it to horserndish and it is erally, for the is the same from a sufficient sould be sufficient to the contlets left er i Both reparagus, a the Service, an

with stable manuer Little be to hay to grow the pair ricely on this and does not harm . Some, have contended but & thick not - At H



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HEALTH EDUCATION

· Provincial Bhard of Health, Ontario. Dr. Middleton will be glad hor abswer questions on Public Health matters through this column Address him at Spadina Fouse, Spadine

BY DR. J. MIDDLETON

In country districts a case of con-visited two weeks previously, and on tagions declare sometimes break our inquiring as to the health of the chillike a holf from the blue, without any dren; she was greeked with the responsent couse. On the suffice it mark, "Oh, we are jurrantined. The vould'se in that the case had observed children all have whosping cough."

Foronto District of the Boy Scouts Asspontaneously, but on prying sceper As the base Md no been visiting at sociation, was recently invested with a to the history of the outbreak, a any house but this one, it was apportant reason is ofter found, parently a case of direct infection, the Boy Scout Order of the Silver work in the district of the Boy Scout order of the Silver work in the Boy Scout Order of the Silver whose in the district of the Boy Scouts Association, was recently invested with the Boy Scout Order of the Silver whose in the discrete had been diagnosed as Robertson, C.M.G. officiating on beamong people who are not very clear, whooping cough, and as a result, the theory gains [It is a different state of affairs in ground that diphtheria is a first distance as compared with the council and the

Crescent, Toronto.

all intents and purposes, the ballent diseases as measles, diphtherial and offcers of the Boy Scouts Association never had been in contact with any scarlet fever are present all the time, in Toronto all of whom were intimated in the time, the result of uncleantiness, the origin of any single case. Carriers work of the Toronto District, which is

tion. A baby of eighteen months was of having a disease that is infectious taken by his parents to visit at a honio where there were children, all the child should be allowed to attend school. The child should be allowed to make an examination by played a good deal with the distitution. No other children in the house ing baby, and at times would curst should be allowed to school either, as out coughing, though whooping cough they are nearly always in contact with at that time was never though of, the sick one, and likely to spread the disease themselves if allowed to minter the baby developed a persistent cough, gle with other children. An energetic health officer is an effective agency in any combunity for preventations aroused that it might be may outbreak or controlling it, because he has the autilority to take active steps to impose quarantine regulations and other measures to check its spread. In the absence of the lady whom sac had check its spread of communicable discisse by reporting to the dealth of the detect that officer the school teacher of District Commissioner D. E. Maccan do much to prevent the spread of communicable discisse by reporting to the dealth the formal receiving the Silver Wolf, which is the highest award within the gift of the color in the house award within the gift of the contains and within the gift of the contains summer Camps.

Although many summer Camps.

Although many summer camp plans have been discussed with Provincial Headquarters by local leaders in receiving the Silver Wolf, which is the detor of the service in the section. The many summer camp plans have been discussed with Provincial Headquarters by local leaders in receive headth officer is an effective agency in any outbreak or controlling it, because he has the autilority to take leaders the section of the head of the lader in the provincial active steps to impose quarantine regulations and other measures to the health officer, the school teacher of District Commissioner D. E. Maccan dependent of the dealth of the de





A New Dairy Pail at a Popular Price See the new SMP Dairy Pail see the new SMP Dairy Fail next time you are in town. They are made of special quagity, high finished tin, have large dairy pail ears, riveted with large rivets, soldered flush. 100% sanitary. Cut out this advertigement. Show it to your regular dealer. He has our authority to give you a special low price on a dealer.

Ebor Park last year.

the Scout leaders' work comes.

n special low price on a said of these fine pails. PAILS

uses consists of 65 acres of beautiful park land, partly covered with a beau- Can be Had Through the Rich, tiful stand . of timber representing nany varieties. The camp itself is on hill which stands nearly 100 feet above the major pertion of the pro perty, and the view from the camp site up and down the valley of the Grand River is magnificent. Many who have attended Gillwell Camps at Ebor Park in recent years are planning to hold a car's camp. Veteran Segut Leader Honored.

Ernest O'Callaghan, for the past ten uarantined. The thosping cough." of been visiting at ears Executive Commissioner of the Ceronto District of the Boy Scouts Association, was recently invested with prompt treatment. And the very jest the Boy Scout Order of the Silver treatment is through the blood-making tock place before missioner for Canada, Dr. James W. been diagnosed as Robertson, C.M.G. officiating on be-

can do much to prevent the spread of communicable discuss by reporting to the doctor that such and such a pupil is detained at home through illness, and having inquiries made as to the nature of the discusse. If contagious disease breaks out in a village or rural community, all visiting among the local residents should cease, all while meetings about he accepted

public meetings should be cancelled and all children kept from playing on the streets or otherwise intermingling. The diagnosed cases of infectious disease should be kept under strict quarantine and all contacts should also be conservined until the danger of peevishness of bables and young childpeevishness of bables and young child-ren. When the baby is cross or irritquarantined until the danger of spreading the infection has passed. Only by mutual co-operation between able the mother should not resort to nonsense!" cried the judge. "The idea the public and the health authorities so-called soothing mixtures to correct of these infants stealing a horse! They can infectious diseases in a rural com-munity be effectively stamped out. If these mixtures simply drug the child there is co-operation, the efforts into an unnatural sleep. What is need-should be crowned with success. ed is a gentle laxative that will sweeten the stomach and regulate the bowels. Such a remedy is found in Baby's Own Tablets. They are easy to take and are guaranteed to be entirely free from opiates and narcotics. Concerning them, Mrs. Jos. Tousaignant, Ste. Sophie, Que., writes:-"! would like all mothers to know that I feel there is no other medicine to equal Baby's Own Tablets. I always keep a box in the house and their prompt use Gillwell Camp Plans Announced. nover falls to restore my little ones to health." The Tablets are sold by medi-At its meeting last week the Provincine dealers or by mail at 25 cents a cial Executive Committee of the Onbox from The Dr. Williams' Medicine tario Council approved plans made for Co., Brockville, Ont. iolding a Gillwell Training Camp for

Scoutmasters at Ebor Park, on the Helping the Cotton Trade. Grand River, between Brantford and Paris, from July 7th to 18th, inclusive. The cotton famine in Lancashire is a poignant memory connected with the The camp will be in charge of Deblockade of the Southern States of puty Camp Chiefs Frank C. Irwin and America in the Civil War, with which Rev. S. A. Macdonell. The camp quarthe name of Lincoln is inseparably termaster will be Rev. Arthur S. Mitconnected. Ever since that great dis chell. All three are graduate Gill aster there has been much talk of Emwellians and were in charge of the pire grown cotton, which would renvery successful Gillwell camp held at der such an event impossible in the

bor Park last year.

Scout leaders whose applications for This is what makes the record of places in the camp are accepted will Uganda so interesting. In 19045 the pay a fee of ten dollars to cover the production of raw cotton in Uganda cost of instruction, food, etc., during amounted in all to fifty bales, but the their eleven day sojourn in the camp. 1823-4 crop is officially estimated at It is hoped that in many instances this 130,000 bales, or 2,600 times as much fee, together with the cost of transport as twenty years ago!

tation to and from camp, will be borne The acreage planted for 1924-5 by the Local Associations or Troop shows a large expansion over previous Committees under whose-jurisdiction figures, and with favorable conditions is estimated to produce 160,000 bales Ebor Park is one of the finest places or more. Such an increase may have which could be chosen in all Ontario a great bearing on the catton trade. for this purpose. The portion of the property which the Scout organization For Sore Throat Use Minard's Liniment

Christening Countries.

there is an interesting legend co cerning the manner in which Canada got its name. Spanish adventurers were the first, so far as is known. visit the American shores in search booty. In the north they found the country disappointing. The soil was sterile and unyielding. The Spaniards were heard by the natives to make fre quent use of the expression "Ara nada," meaning "It is barren." It was noted that after giving expression to their dissatisfaction they invariably

eparted to another place! When the French explorers arriv on the scene, the inhabitants gathered. on the shore and velled "Aca nada hoping to drive them away. French took this to be the name of the country, and they called it Canada

The Spaniards also named Florida acaning Land of Flowers; and Venzusla, so called because of its resem-

Sentence Sermons.

There is No Salvation—For the boy who will not take his father's advice. -For the town that enacts the laws or money makers, not children. -For the club that organizes only for personal advantage. -For the neighborhood that cannot

earn .co-operation. -For the marriage in which parties are interested chiefly in right. -For the team on which ever player wants to be the star. For the play that depends

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There comes a time in the lif-

most every girl when weakness tacks her. The strain upon her supply is too great, and there c headaches and backaches; loss of ape-union there during the period of this petite, attacks of dizziness, heart palpi tation, a constant weariness and tendency to a decline. All these symp toms may not be present in any particular case, but the presence of any treatment is through the blood-making o maintain the health of growing girls and women of mature years.

Here is a bit of strong proof: Matilda Brean, King Highway, New castle, N.B., says: -"I was in an tion. I was losing flesh, had a or inflering from dipotheria. Starety and it is next to improve the origin of any single case. Carriers the disease without the result of uncleatiness. Will may transmit, the disease without the heighborhood had a sort throat, the vicious circle domains at all, and so but nothing was said about it having in the country. There is generally dipotheria. It was a mild case, performed one or more cases that can be pointed higher these cases are promptly quarantined, the child had been on a train journey, the outbreak, will soon be stamped out. There should be little or no infectious condu.

I have in mind a case of whooping esgary precautions are taken to present time between the outbreak, will soon be stamped out. There should be little or no infectious coach.

I have in mind a case of whooping esgary precautions are taken to present time between the became actively assaclated with Scouting in Williams' Pink Pills, I decided to try them. After using three boxes I was much improved, but continued uncoming in contact with people in the cases are promptly quarantined, the child had been on a train journey, the outbreak, will soon be stamped out. There should be little or no infectious conduction, a can best be described. The condition, can best be described and condition, can best be described. The condition, can best be described and condition, can best be described. The condition act no best be described. There are at the present time between misserable. I had tried several 'teat misserable. I had tried several 'teat ments but they did not help me in the least. Then, reading one day alout the will misserable at the principle of the several treatments but they did not help me in the least. Then, reading one day alout they associated with Scouting in the several 'teat ments but they appetite, always pale, and suffered fre-

You can get these Pills from any medicine dealer, or by mail at 50 cents a box from The Dr. Williams' Medicine o., Brockville, Ont. -

A Valuable Hint.

The late Lord Houghton of England vas a podt, and considered a very imractable person; but in one case at ast he showed all the guile of a ward politician. A poor washerwoman's litthe boy was arrested for stealing a The youngster and another horse. the him had found a horse grazing in field near London, had improvised a bridle from a handkerchief, and they were having a fine ride when arrested. They were about ten years old and small for their age. The faundress knew Lord Houghton and appealed to him for advice. "Put both boys-both, BABIES EASIER him for advice! "Put both boys—both, mind you," said he, "in nice clean hing grows when they a introduced the said he is the sa pinafores when they go into court. Do that, and you need not fear." The two Stomach disturbances and constipal little chaps appeared in the dock in due time. "What is this case?" demanded the judge, in surprise. "Horse stealing," was the reply. "Stuff and nonsense!" cried the judge. "The idea stole a ride, I dare say The case is dismissed."

Unforgot. many years ago I thought This life was love of beauty, and that was many years ago,

Before I met with duty.

nd now, when work will let me A moment from my trying, take an old wish from my hear And smile at it through sighing. -Leigh Mitchell Hodges

inard's Liniment for Colds. "The Mills of the Gods."

This is an old Greek aphorism taken rom the "Oracula Sibyllina." The riginal, literally translated, reads as llows: "The mills of the gods grind slowly, but they grind small." Longfellow, in translating it inserted the word "exceeding" and made it read: "The mills of the gods grind slowly, out they grind exceeding small." same thought is found in Plutarch and other ancient writers.

GOING FISHING? Take along a bottle of Minard's Wonderful for insect, bitez. gives quick relief for sprains



The Canada Wind.

may praise the glamor and glory of spring if you will. and the beauty of earth, set free from the frost's embrace; me the north wind, sweeping over the hill.

and the scurry of driving snow that stings my face.

me the sky with its glimmer of stars steel-blue. nd a selmitar-blade of moon, swung low and brightmay keep the langorous darkness drenched with dew,

nd the slumbrous scents and sound

of the summer night.

me! for the snow that creaks beneath my tread, For the triumphing wind, that calls and laughs and sings. That shouts to the stars and bends the ,pine tree's head,

And over the wide white challenge flings.

Then praise the dews and the showers of pearls. There . of spring if you will, . ong, hot summer days with emernics, a supplied their languid grace; Give me the north wind, piping over the hill.

stings my face. -Norah M. Halland. Wanted a Change.

And the scurry of driving snow that

Betty had only lately bee ninstructthree hyacinthe ed in the matter of evening prayers, one garnet, eight gal and her performance was exemplary until the occasion when she startled balas ruby, and a her mother with the petition: "Bless gold points each Thy little pig to night." i net, adorn the th

She was reminded that the correct . The top of the word was "lamb," but refused to re- with a thin layer of turn to orthodoxy. At last, when pressed for the cause This covering is

of this stubborn naughtiness, she red en globe, on on plied that she was tired of being a composed of elev "Every night," she protested "it has been lamb, lamb, lamb! So tonight I'm going to be a pig. and to norrow night I am goin to be an ele-

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with a mixture of fine sawdust and glue. Fill the hole with it and leave

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had to keep my hands bandaged I, sent for a free sample of Caticura Soap and Ointment and i heifted fne. I purchased more an ment I was completely hoaled. Signed: Miss Nettla Reeso, 18. R I. Listowel, Ontario.

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it. I gave birth to a baby heyelfor?
day of September, 1922. I am still do
my own work and washing. Of coars
I don't feel well every day became don't feel well every day became
don't get my rest as the laby is so er
But when I get my rest I feel Goe
am still taking the Vegetable Co
pound and am going to keep on with
until cured. Hay nerves are a lot I t
since taking it. I can may alone are
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