

The Fine Qualities

"SALADA"

GREEN TEA
cannot be adequately described but they can be appreciated in the teacup.
FREE SAMPLE OF GREEN TEA UPON REQUEST. "SALADA," TORONTO

About the House

FOR AFTERNOON TEA

Most girls like to invite their friends to afternoon tea...
My mother is dead and I keep house for father. I like to work and long to fix up the house.

A GIRL'S PROBLEM

My mother is dead and I keep house for father. I like to work and long to fix up the house. Father thinks it foolish and unnecessary to change anything. What shall I do? I am only fifteen.

Just keep trying and perhaps your father will see the need of fixing up the home. Tell him that you are worth while housewife takes pride in the appearance of her home...

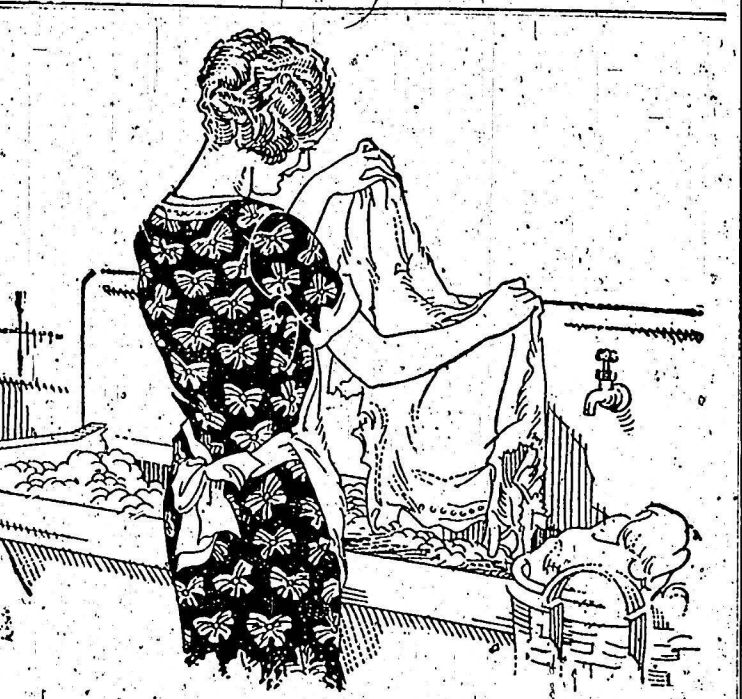
Tomatoes have all the vitamins. Do you know that the greatest vegetable in the world is the tomato? It is the richest of all foods in vitamins and in natural health acids which aid in keeping the stomach and intestines in condition.

Do not think that you need find linen and gauze china to make up an attractive table. The prettier your cups and saucers are the better, of course; but they need not be expensive. Use only simple, clean, serviceable pieces that you have and set off with a vase of beautiful, fresh flowers.

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When "Brother" has to wipe dishes for "sister," there is usually trouble. How he does hate to do girls' work! And should some of his chinna call around and catch him draped in apron of mother's long aprons, his masculine dignity is greatly offended.

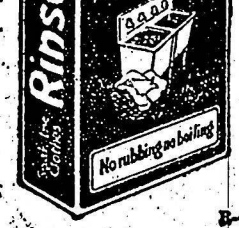
Tomato Butter—Scald 20 pounds of ripe tomatoes and remove skins. Put them into a porcelain lined kettle with eight pounds of apples, pared, cored and quartered. Stand over a moderate fire to cook slowly for an hour, stirring occasionally; then add 8 pounds of sugar, the juice of 4 lemons and one



Making wash day pleasant

THE hardest part of wash-day, rubbing, rubbing, rubbing, has given way to the new method of soaking the clothes clean with Rinso. This wonderful new soap gently loosens the dirt and a thorough rinsing leaves things white and glistening as you never could get them before.

Only spots where the dirt is ground-in, such as neck bands, cuff edges, and the like need a light rubbing, and a little dry Rinso rubbed on these spots quickly makes the dirt disappear.



Rinso

MADE BY THE MAKERS OF LUX

A NEGATIVE RESULT

BY WALTER E. GROGAN.

Tomato Chowder—6 large ripe tomatoes, or 1 can, 1 pk. of 1 can corn, 1 cup chopped celery, 3 tb. butter, 1 large onion, 4 hard boiled eggs, 4 slices whole wheat bread, 3 lb. flour, salt, pepper. Peel the tomatoes, cut them into halves and press out the seeds. Cut each half into quarters.

A granite boulder was embedded in the earth a few yards away. Was it possible that some one could remain hidden behind it? The Political Magistrate, despite the sun, suddenly felt cold. He walked briskly round the stone. It was as he feared. The ground at the back was considerably lower than in front. In the hollow, propped against the granite, sat a man. And beside him that horrible thing, a hand camera. The man was staring but over the moon. His eyes were vividly blue. He turned his head as the Political Magistrate approached him, and then resumed his stare over the heater.

The Political Magistrate thought rapidly. The wind was off shore and back. The General and himself had spoken quietly. It was almost impossible that the man could have heard anything. But the camera! He had one terrifying thought in mind.

LEMON PIE. Mrs. Arthur Roe sends this recipe for a very fine lemon pie that is made with bread crumbs: One cupful of sugar, 1 cupful of cold water, 1 cupful of bread crumbs, juice and rind of one lemon, 2 eggs, pinch of salt, 2 tbp. butter.

IN CUTTING FUR. Often good strips of fur for trimming coat or dress or hat may be cut out of old, worn-out fur collars or muffs. In cutting these strips lay the fur face down upon the cutting board and cut the skin with a razor blade.

They That Go Down to the Sea in Ships.

They that go down to the sea in ships! Vikings and corsairs, free and bold! Brown-bearded men with twisted lips! Manning the caravels of old! Sailing the seven seas to find Land or treasures, or oceans new! Santa Maria and Golden Hind! Cruising over the unknown blue.

They that go down to the sea in ships! Red-handed, black-hearted buccaniers! Swaggering rascals with jibes and quips! For the prayers of men and for women's tears! Sailing along the Spanish Main! Sinking galleons, sacking towns! Merciless, picturesque sons of Cain! Careless of crimes the deep sea drowns!

Canada Has Immense Resources in Coal.

Attention was directed during recent scientific gatherings in England to the possibility that the coal resources of the British Empire may be exhausted within a few centuries. So far as Canada is concerned such a contingency seems to be remote. For many years the Canadian Geological Survey has been investigating the coal fields of the Dominion and it has estimated that the reserve of coal amounts to 1,000,000,000,000,000 cubic feet, or about 250,000,000,000 tons of bituminous coals.

Clever Mother.

Julian sought information from his father as to what one calls a person who "reads heads." "A phrenologist, my son," said dad. "Gee!" exclaimed Julian. "Then mother must be one of 'em!" She felt of my head this afternoon and said right away, "You've been swimming!"

"What's this?" cried the man, starting, but making no effort to look at the notes. "Payment for the outfit." The Political Magistrate seized the camera and the satchel and started to run. "The man swore loudly after him. The Political Magistrate ran all the faster. An hour later the man woke up at the sound of a human voice. "Pulford," he cried. "What's happened to Tom? He went off to Coombe about eleven. I guess it's about five now."

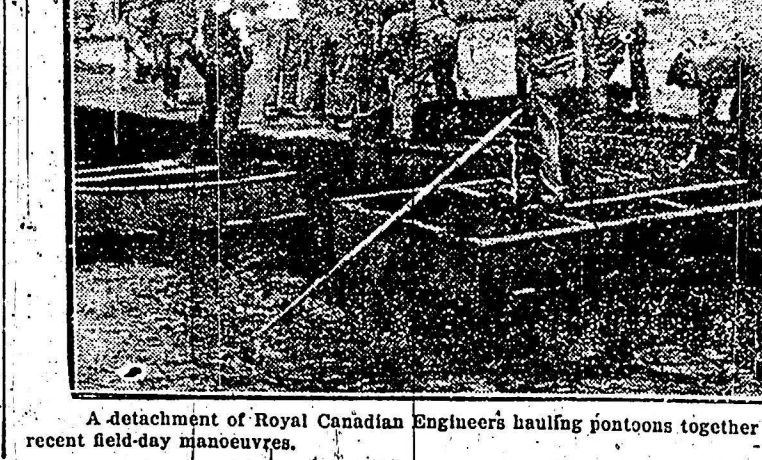
"Just so," Dr. Pulford replied. "Tom sprained his ankle badly coming back to you. It was a long time before he made anybody here. He's in my surgery now and will do well." The man held up his right hand with the web of fingers. "Look at that, Doc," he said. "Some madman gave them to me and I came with Tom's camera and all. He must have come up here when I was asleep. He wasn't here when Tom left me. The beggar never found out what was the matter with me, he added proudly. "Good heavens!" Dr. Pulford cried in astonishment. "Two hundred and fifty pounds?"

World's Biggest Window. The largest sheet of plate glass in existence is to be seen at the British Empire Exhibition. This mammoth window pane had an adventurous journey from Yorkshire to London. Being much too large for carriage by rail—for the sheet measured 14 ft. by 24 ft.—it had to be transported in an enormous drag towed by a steam tractor. A special route had to be mapped out for the journey, and many detours were necessary to avoid bridges too low, for the giant create in which the glass was packed. The area of this immense pane is as large as a sheet of glass at Wembley has no light tank, in spite of the fact that special apparatus had been installed for the purpose.

Behind and After Him. Tom says he has a number of citizens behind him in his business operations. "Yes—trying to catch up with him." "What?" "That's the great inducement—I want the pictures you have taken." "You admire this bit of wild moorland and sea?" the man asked conversationally. "It is very fine." "No, I hate it, I mean—there is a particular reason why I want those records, as you probably guess. Why have the pictures not been sold?" He was the man fencing so absurdly? He was the man asking the value of his negatives. Was he merely marketing time while he determined the amount it would ask? "You know who I am, of course?" "No," said the man. "What?" "The Political Magistrate stared at him blankly. Was it possible that there was a man in the country who was not acquainted with his features?"

"No, I don't know you. And I can't guess why you want the camera." "Look at me." The man shifted his eyes quickly and then resumed staring. "No, I don't know you," he asserted. "What do you say you were going to send the photographs to a paper?" The Political Magistrate was mystified. The man seemed genuine enough in his assertion that he did not know him. But it really was almost unbelievable.

Ice Cream on Mt. Everest. In the Assault on Mt. Everest, the recent account by Gen. Charles Bruce and other members of the expedition of 1922 of their attempt, so nearly successful, to conquer the still unconquered crowning peak of the Himalayas, nothing is more noteworthy than their experience in securing the common necessities of life—food and sleep. They were not simple matters to obtain on the terrible wind-swept slopes and in the rarified air and the intense cold of the highest camps.



A detachment of Royal Canadian Engineers hauling pontoons together for the formation of a bridge in their recent field-day manoeuvres.

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The highest camp of the first climbing party had to be made upon perilously steep ground, upon a smooth, sloping slab of rock, across the foot of which they hastily piled a ridge of small stones so that they should not slide off. "It was no situation that promised for either of us a bountiful repose," says Mr. George Leigh-Malory, who, as the reader will remember, lost his life in the expedition of 1924, "for one would be obliged to lie along the slope, and the only creak to its tendency to slip down would be the body of the other. However, there was the little tent making a palliative effort to hold itself proudly and well."

Automobile Ownership in Canada. If an increase in the purchase of motor vehicles is to be taken as indication of progressive prosperity, the situation in Canada is particularly gratifying. The ownership of cars is a very substantial factor, and figures published for the first year already indicate a patent increment over those of 1922.

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WRIGLEYS



Cleanses mouth and teeth and aids digestion. Relieves that over-eaten feeling and acid mouth. Its l-e-n-g-t-h flavor satisfies the craving for sweets.

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THE MIND

Ma Mahoney's mind was creaking. Eighteen years of work with the head of the kitchen floor was not to be taken lightly, but the time to get the head of the kitchen floor was not to be taken lightly. There, he said, the kitchen floor was not to be taken lightly.

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