

**WRIGLEYS**  
After Every Meal

If it's the longest-lasting perfection you can buy... it's a help to digestion and a cleanser for the mouth and teeth.

**WRIGLEYS**  
MINT  
TOOTH PASTE

**New Peaks Found in Cariboo Range.**

Contains have been found in the Cariboo Range... The University of... geology, and... work, engineer who... one among... British Columbia.

**Work for Men.**

It is a fact that a... work in the world... the United States... the world... the United States... the world... the United States...

**Efficient Farming**

**NOTES ON EXPORT CATTLE SHIPMENTS.**

During the past three years the... Experimental Farms have been making... of store and fat cattle and chilled beef...

year-old steer that has been wintered economically on home grown feeds and with cheap housing, and that is shipped...

**HOSPITALITY AS A BUSINESS ASSET.**  
BY LOUIE E. BRANDON.

It has been said that the free, old-fashioned hospitality of our ancestors is on the decline. If this be true, there are, of course, many contributing causes...



Who says apples? The doctors will be out of a job if the apple-eating habit takes hold of every gang of girls like it did this one.

**What Makes a Home**

When I was a bride, with my dreams and hopes that could befall a person outside of a fairy tale, I read perfectly written, soulless articles...

Fat on short keep (average 1,300 lbs.) from Lethbridge, Alta., shrunk 7.5 per cent.

It was apparent that care in rail shipping from the West had much to do with the shrinkage...

**WHICH HAYS BETTER—SALE IN CANADA OR EXPORT?**

It is frequently stated that it pays just as well to sell in Canada as to export. In a general way this is true...

**Fertilizing for Potatoes.**

Two experiments out of three that are to be conducted with complete fertilizer for the potato crop at Nappan, N.S., Experimental Farm have shown...

**BRIEF SUGGESTIONS FROM THIS EXPERIMENT.**

1. Uniformity of groups is a most important factor in successful sale. The most who can be bred or bought for export steers of uniform caliber...

**Early Pullets Best Layers.**

The stock of pullets kept at the Lethbridge, Que., Experimental Farm consists entirely of Barred Plymouth Rocks...

**Why Sheep Dipping Pays.**

Fall dipping for sheep is just as important as spring dipping, but owing to the fact that ticks are not so easily distinguishable late in the season...

**Main Causes of Calf Troubles.**

Cold milk to-day—warm milk to-morrow. Soor, dirty feed pails and troughs. Dirty pens, flies, no protection from heat or sun...

**Pen Fed Steers.**

Cattle feeders who experience labor difficulties during the winter season might find it profitable to try housing steers in loose pens instead of trying them in stalls as is usually done...

**Silenced by Germans, Organ Again is Heard.**

Silent since 1918, when it was damaged by a shot from a German long range gun, the famous organ in the church of St. Gervais in Paris is again in use...

**Their Origin**

It is generally known that the people of the Highlands were of Gaelic stock, and prior to 1600 they were of the name into English...

**Changing People's Color.**

By very simple operation a British "medical" authority has found it possible to turn a blonde person into a brunette or a brunette into a blonde...

**Things the Children Like.**

Recently, at a small resort nearby, our children found nothing so interesting as the efforts of some boys and girls, with inflated inner tubes about their chests, trying to learn to swim...

**Keeping Family Matters at Home.**

In a real home—it may be ever so humble or never so well equipped, the family conversation has a great influence, and if carefully guided, this influence is a good one...

**Mirrors for the Military.**

Mirrors have recently been installed at an Aldershot barracks in Canada. Tommy Atkins to inspect himself before going on parade, says an English magazine...

**Training Our Children.**

In reprimanding children, one should be very careful not to antagonize them, otherwise the harm done may be greater than the offence which called forth the reprimand...

**The Sunday School Lesson**

**AUGUST 31.**

**Jesus Talks With a Samaritan Woman, John 4: 4-42. Golden Text—God is a Spirit and must worship in spirit and truth.—John 4: 24.**

ANALYSIS.  
I. LIVING WATER, 7-14.  
II. SPIRITUAL WORSHIP, 15-26.  
III. THE HARVEST OF THE WORLD, 31-35.

INTRODUCTION.—Not only did Christ insist on the necessity of a new life for the Jews, as we saw in the case of Nicodemus, but he offered the same new life to others outside of the Jewish fold. He proclaimed the doctrine of one access to God for the Jew and for the Samaritan. This is the theme of the conversation with the Samaritan woman, which took place at the ancient well of Jacob, near the town of Sychar. It was near this spot, on the slope of Mount Ebal and Mount Gerizim, that the worship of Jehovah was first proclaimed in Palestine, at the entrance of Israel into the land. And therefore it is fitting that here Jesus should proclaim the law of the Christian era, in which God is to be worshipped only by Jews only at Jerusalem, and not by Samaritans only on Mount Gerizim, but by all men everywhere, "in spirit and in truth." The interest of the present lesson is intensely missionary. Jesus sees in the redemption of this woman of Samaria the promise of the ingathering of the heathen world.

VS. 7-9. The Samaritan woman expressed surprise that Jesus, a Jew, should ask a cup of water from one of a hated race. The Samaritans had the Law of Moses, they observed the Sabbath, and other ordinances, and their form of worship was not very different from the Jewish, but they were schismatics; they retained some pagan customs, and the Jews avoided all contact with them.

VS. 11-14. The woman has a sense of what is meant, but she pretends not to understand, for she does not wish to speak of religion. She has all these years avoided the subject, and now she pretends not to know what "living water" means. But Jesus answers, "The water that I give shall be a well in the heart, and the water shall flow forth and life shall be ever increasing. He that drinks of the water that I give shall never thirst again. He that has drunk of the water that I give shall never thirst again. He that has drunk of the water that I give shall never thirst again."

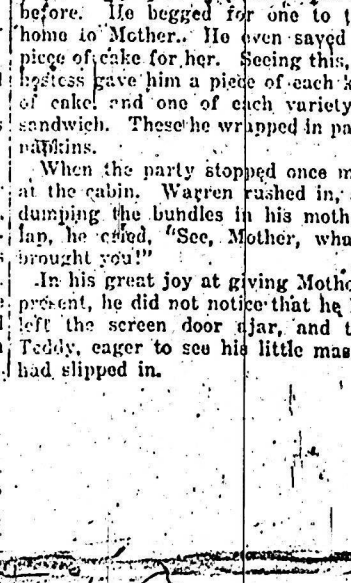
VS. 15-26. Jesus had indicated to the woman that he was happy. He now draws from her the confession that her life is not what it should be. The revelation leads her to admit that he is a "prophet." But to escape from further conversation on the subject of personal religion, she draws in the Samaritan controversy. Jesus, she says, has their ideas of religion, and Samaritans have theirs, and who is to decide which is right? VS. 21-24. Jesus' answer is that "true religion, the true worship of God, has little to do with the questions which are in dispute between Jews and Samaritans. It is a matter of the heart's sincerity before God. The hour has now come for all men Jews and Samaritans alike, to think no more of Jerusalem or Gerizim but to yield their souls to the pure worship of God in spirit and in truth. God seeks "spiritual" worship that is purely and love of the heart. True religion is "in spirit," that is, it requires a surrender; that is, it requires a "surrendered soul." It is "in truth," because it requires a right conception of God the Father. He "will thank what God is, and yield ourselves to him in sincere trust and surrender."

VS. 28. The woman makes a last effort to escape by saying that the Messiah, when he comes, will make these things plain, and that she has waited for him here for more than four-and-twenty years. Jesus replies, "I am the Messiah, and I have said these things to you. The hour has now come for all men Jews and Samaritans alike, to think no more of Jerusalem or Gerizim but to yield their souls to the pure worship of God in spirit and in truth. God seeks "spiritual" worship that is purely and love of the heart. True religion is "in spirit," that is, it requires a surrender; that is, it requires a "surrendered soul." It is "in truth," because it requires a right conception of God the Father. He "will thank what God is, and yield ourselves to him in sincere trust and surrender."

**WHICH KIND OF SPOTS DO YOU PREFER?**

IN REPRIMANDING children, one should be very careful not to antagonize them, otherwise the harm done may be greater than the offence which called forth the reprimand.

Warren, in his eagerness to help Mother—for he really was a very warm-hearted little boy—had spilled paint on the floor of the new porch of their cabin in the woods. He had been commanded to keep the porch till the paint could dry. Now it happened, just after this, that some friends called to take Warren, his little sister and their mother on a picnic. Mother, however, could not go, as she was expecting company. So the children went without her. Warren was fascinated with the little paper forks with which they ate their lunch as he had never seen any before. He begged for one to take home to Mother. He even saved his piece of cake for her. Seeing this, his mother gave him a piece of each variety of cake, and one of each variety of sandwiches. These he wrapped in paper and took home.



Warren picked up the first of the lovely little present, but scolded Warren feverishly for letting Teddy, in fact, she shouted at him, "Take that dog out of here just as fast as you can!"