

For the Boys and Girls

FEEDING PUPPIES.

The meals may now be varied so as to contain toast, well-boiled rice, oatmeal and meat and vegetables, adding them to the fourth and fifth weeks. When they are about three weeks old, get them well-boiled meat and vegetables—which are the same as for the dog. They have not yet been fed with a little sugar added. Allow them to have it, however, if it is just warm. For the fun, during the life of the dog, put their noses into it. That which adheres about the muzzles will be licked off by the little fellow, giving them a taste. After a few lessons they will soon lap eagerly.

At first each puppy should not be allowed to have more than a teaspoonful of milk or soup thickened with stale bread or flour, as you will have strong healthy dogs.

Small bones, such as chicken bones, that are inclined to splinter, should never be given, as they are apt to cause trouble by lacerating the stomach or intestines.

The dog should have plenty of fresh water at all times, and the container must be kept in a shaded place, hot sun.

Between the fifth and sixth weeks, the mother should not be allowed to return to the puppies more than two or three times a day. Between these visits, at regular periods, they should have their milk or broth. Five or six days later the mother should be allowed to drink with the puppies only at night, and then they must be given two extra meals to make up for her absence.

Three or four days later the mother may be removed altogether. The puppies must then be fed lightly every half hour, beginning the very first thing in the morning and giving the last feeding at about nine o'clock at night.

WORKING AND WINNING.

The boy who works is the boy who wins. Nine times out of ten, all other things being equal, the fellow who puts in the most hours in plain, hard work will in the end be the most successful. There is no substitute for getting down and digging a thing out. A boy may have any number of wishes and dreams, but the things he is looking for are not likely to be handed to him on a silver platter.

FOODS THAT WARD OFF FLU.

In a world where all sorts and conditions of serums, known and unknown, are always "on the market," the germ-proof human body has a distinct advantage, and a singular value.

Recent advances in our knowledge of diseases have shown that a great deal can be done to render our bodies fit for battle. One of those experts by the side of experience, the right kind of food.

Green stuff, for example, a cup of vegetable soup which contains valuable ingredients of the vitamin order, which are among the most powerful of the germ-fighting principles with which we can arm the defences of our blood. The addition to our diet of water-cress, even though often only tiny or four times a week, will help very greatly in maintaining the body free from attack by germs. From the beginning of the year until April salads should form an essential part of the daily menu.

What Children Should Eat.

It has been observed that breast-milk, or "mother's milk," is of common benefit to children whose mothers are absent in industry or at school. It is this breast-essence which assists in defending the body against disease, colds, and influenza. There are some children who like cod-liver oil and honey best. For those who do not like it, however, full cream is the one thing possible.

It must, of course, be the best fresh cream, which has one of the essential qualities of cod-liver oil, in the shape of the accessory food factor, vitamine A. It is this, in fact, which distinguishes this from the body against disease, colds, and influenza. There are some children who like cod-liver oil and honey best. For those who do not like it, however, full cream is the one thing possible.

But we may well ask, how does the sunlight get into the oil in the cod-liver oil? This cream, this vitamin, so potent an agent for good? These things are, in the innermost depths of their composition, "bottled sunlight." This was discovered years ago by a woman physician, when she found that the good results obtained with sunlight in the cure of rickets could not easily be obtained with cod-liver oil.

But we may well ask, how does the sunlight get into the oil in the cod-liver oil? There are on the surface of the vast expanse of the seven seas vast multitudes of tiny living creatures known to zoologists as "plankton," whose chief business in life is to absorb every available atom of sunlight. These tiny creatures of light are eaten by small fish which fatten and flourish exceedingly in this light diet.

But these, in their turn, are eaten by bigger fish, and so the bottled sunlight is carried to the sinless depths of the ocean in the bodies of the big cod. Herein lies the supreme virtue of cod-liver oil and its unique essence, full cream.

Fear the Only Devil.

Fear is the only devil we have. We fear everything. We live in the thought of fear. Whenever we can eliminate fear from consciousness, it is banished from our world—we are masters. There are but two qualities of thought which are necessary to banish fear. One is consciousness of who you are; the other is consciousness of your power.

"If a man's religion brings him no fresh revelation, no sense of discovery, it is nigh passing away."

Little Drift.

In England there recently passed away to his heavenly reward Dr. MacGowan, the famous missionary to China. One of his favorite stories of his work was of a certain day when he was traveling down a river towards Amoy. In the brilliant sunshine he suddenly saw on the water a large Chinese jar such as housewives use for cooking. It was weighted with stones and was floating upright.

When the men brought the board they found to their amazement that it held a little Chinese baby girl! Those were the days when the Chinese considered girls babies as extremely undesirable, the child doubtless had been put into the jug to die. Dr. MacGowan specially wrapped the mit in one of his stained shirks and took it safe to Amoy. There he ordered a Chinese boatman to carry the baby to the mission house, and he and Mrs. MacGowan adopted it for their own.

The news soon spread; the Chinese

Amazing Finds of Daring Fossil-Hunters

The news that an expedition organized by the Natural History section of the British Museum, is to be sent to Tanganyika Territory, East Africa, to recover the remains of dinocerous unearthed by the Germans just before the war, calls attention to the persistent work of the fossil-hunters.

Dinocerous is the name given to a species of huge prehistoric lizard that flourished millions of years ago. The remains of one in Tanganyika Territory are said to be 100 ft. in length. Such an animal when alive must have weighed over a hundred tons.

Searchings for the remains of these extinct animals may be described as a new vocation. A decade or so ago those engaged in this quaint calling could have been counted on the fingers of one's hand. To-day there are hundreds, and at the moment they are busily engaged in the wilds of Mongolia, China, Africa, South America, the United States, and Canada.

Discovered by Chance.

The explorer may remain in the field for a whole season and at the end be able to show nothing for his labor. On the other hand, he may startle the scientific world with a find that will upset the text-books and existing theories regarding the form and habits of certain prehistoric creatures.

It was pure luck that led to the discovery of what proved to be a vast graveyard of fossilized remains of extinct animals. Mr. Walter Granger, an American scientist, was crossing the "Bad Lands," or desert wastes, of Wyoming with a party of adventurers a few years ago, when a sudden storm came on. The party sought shelter in a hollow, when he noticed notices were posted all over the city inviting parents to send unwanted baby girls to the care of the home. Soon its inmates numbered two thousand.

But after a while parents began to part with them. To-day the foundling home is no more, because it is not needed in that district. Thus did Little Drift start a great reform and reverse the greatest drift of an ancient and cruel custom.

Kate Douglas Wiggin, as she relates in her recent autobiography, had the good fortune to bring together two men, one of the Orient, the other of the Occident, each as superlative typical in appearance as in character and achievement. It was at Oxford at a luncheon given just after the presentation of degrees that Mark Twain had been one of the distinguished recipients of an honorary degree and was evidently adored by the undergraduates in the galleries, who, according to custom, bawled so insistently and sometimes with so much humor that the American lady was somewhat nervous lest Mark Twain should be tempted to pay back the exorbitant fees for his degree. But he did not; he remained silent and unbroken, whistling a tune that was obviously a folksong. This young foreign violinist and composer, who had been visiting the British Isles frequently during a period of twenty years or so, was walking in the streets of Edinburgh when he heard a boy, who evidently was uncultured and unlearned, whistling a tune that was obviously a folksong. This thought the artist, "Clara had called him that morning, 'Remember the people's tune!'"

In the audience the chief object of his admiration was a "foreign person

age in glittering dress, his brown skin and dark eyes heightened in effect by a magnificent turban from which hung a sapphire the size of a robin's egg."

This gorgeous gentleman, who was later assigned as her escort, to the luncheon, proved to be the Maharaja of Khiana, notable as a soldier and sportsman as well as the ruler of an immense domain. He was so simple, sympathetic and delightful a companion that she wrote home that he could "appear at a barn dance in fields and hypnotize the whole village."

"He asked me as an American and an author to present him to Mark Twain, whose work he knew and admired, and, feeling somewhat like Alice in Wonderland, I escorted the dignified being through the quadrangle to Mark Twain's side. Mark, most amiable and charming, as the Chancellor had called him, was in great form, the idol of the crowd, his wonderful white hair glis-

ttening in the sun, and the Oxford gown

with its brilliant hood setting off his fine head and face."

"I like the degree well enough," he confided with his usual informality to the maharaja, "but I'm crazy about the clothes!" "I wish I could wear 'em all day and night. Think of the gloomy garb I have to walk the streets in at home, when my whole soul craves out for gold braid, yellow and scarlet spangles and a turban!" If there's a dearth

of gold braid, I'll take the next train."

Newly Discovered Tunes.

The saying about the little one half lives is as true in musical matters as in others, and an amusing confirmation of it occurred a few months ago.

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Things You Want to Know About Home Decorations

By DOROTHY ETHEL WALSH.
National Authority on Home Furnishings.

Rugs for the Small Room.

In the article preceding this one we spoke of the use of rugs in interior decorations. We told of small rooms which have furniture which is too broad, "back to back," to give a greater impression to the window. To-day we are going to tell you how large rug may be used to enhance the size of a room.

The same rule for the use of lines of the ceiling portions of an interior room, which are applied to the floor space. Because the eye will travel the length of a line placed in front of it we can attract it with lines and cause certain dimensions of a room to be emphasized on purpose, consciously. We have explained in a former article how our imagination carries the designs still further.

In to-day's sketch you are shown a small room on the floor of which are used two rugs with their lengths running across the narrow dimensions of the room. This creates five horizontal panels on the floor between two rugs, the border of floor at either end of the room. Opposed to this are the two borders of floor running the length of the room. Five panels will hold our attention away from two, and so we are made more conscious of the horizontal lines displayed.

If you will send a self-addressed stamped envelope to Dorothy E. Walsh in care of this paper she will be happy to forward "Ten Ideas for Lamp Shades."

Thrilling Fights for Life Beneath the Waves

In the whole history of submarine, hauled both men and women dead in a few days in the sea between two divers, Girvan and Jones, who were engaged in salvaging down of Sphalerite.

The story of this astonishing encounter is told by Mr. R. H. Davies, head of a famous marine engineering firm, in the "Diving Manual."

"There had been keen rivalry between the two, and each was jealous of the other's achievements. In

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of gold braid, I'll take the next train."

"First Student—"Are you writing to the old man for money?"

"Second Student—"No, I am writing to my father."

"Sarcasm."

DAHLIAS IN ALL THEIR GLORY

By M. E. Douglas

If I could have but one flower for a farm garden out of doors my choice would be the dahlia. Satisfaction is the only word to express my sensation upon seeing for the first time the marvellous colors and sizes of a bloom of the modern large-flowered types. It will be displayed in a city show window, people outside elbowing each other to gaze at it.

I grow dahlias because I want plenty of blooms, large and small, from July until frost. I don't want brush or chicken-wire supports. I don't aspire to breed, iphis, slugs, beetles or chafers—just ticks that eat rose bugs usually die within twenty-four hours.

Bacillus from root cutting or seed come freely the first year without longer waiting for plant development.

No cold frame or greenhouse is necessary to bring perfection for garden display, house decoration or exhibition.

I prefer the dahlia because of its unprecedented beauty and variety of coloring, talk by day and artificial light. Only true blue and lavender does him credit, and they are lacking.

You can buy these varieties either of solid color or of elegant unlimited combinations of colors to suit your taste: Princess Julian, soft yellow, King of the Autumn, of peacock feathers; Queen Alexandra, soft pink; King of the Sun, of peach blossoms; Countess of Lonsdale, a purple bloomer of rich red salmon; and cushion, opulence, in shades of glorious orange and brilliant, medium and gold, sulphur and blare—all the results of breeding and selection for color.

I prefer the dahlia for its range of flower sizes among different varieties. In my 1923 garden, on each of twenty-five different varieties I had blooming gaudy, showy flowers.

True, the flowers are not as large as those in the open garden, but they are larger than those in pots.

Most varieties are rapid root multipliers.

Each hill or clump usually

No Objection.

Lady: "Why don't you grow them?" Trap: "I don't like them." Lady: "I don't like them either."

"Oh, yes," said Trap proudly. "We can grow them."

"I don't like them either," Trap said. "I don't like them either."

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