The Usual Treatment Does Not Reach the Root of the Trouble.

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Most treatments for rheumatism do no more than aim to keep down the poison in the blood and enable nature to overcome that particular attack. Then when the system becomes run-down from any cause the disease again gets the upper hand and it all has to be done over. Sufferers from rheumatism who

or actually growing worse while using other remedies, would do well to try Dr. Williams' Pink Pills. The tonic treatment with this medicine has proved in thousands of cases that it ables it to cast cut the rhoumatic poleons through the regular channels of excretion, the bowels, kilingys and the skin. When this is done rheumatiom is banished, and as long as the blood is kept pure and rich the patlent will be immune from attack. This s proved by the case of Mrs J. Hewitt, Beach P.O. Hamilton, Ont., who says: Scouts Association. It now appears un- previous census was taken, the total "For a number of years I was troubled der the new title of "The Scouter" and was 10,351. This wonderful growth caused me a great deal of suffering. known as "The Trail, which has been one more testimony as to the virility. I would get rid of the trouble for a the official publication of the London of the Boy Scout Movement. At the time, but it riways came back. A (England) Scout Council. The name census date there were 371 Boy Scout fri nd recommended. Dr. Williams' "Scouter" is the new word which has troops and 129 Well Cub Packs in On-Pink Pills wind I have not had an at been adopted by the Boy Scouts As tarle, these schttbred over some 208 tack of rheumatism since I cook them. sociation to take the place of the different cities, towns, villages and and that is five years ago. I have phrase "Scout Officer" hitherto used rural communities. Aires used the pills for anaomia and and is now applied to all ranks of adult

this be eiling.". You can get these pills from any

Of the three great salt water fishing areas in the world—North At-October. Having pointed out that, lander North Pacific and North Sea—though people are generally ready to Cenada controls one-half of the two applaud "fine national service," they first. Sen-fish include salmon, cod, are not so ready to give practical asdister, halieut, herring, mackerel, sistance, he said: haddock, etc.

Under the will of the late Mrs. W. J. bis time." Wallace, of Cornwall, Ont., the 1st and and Cornwall Troops of Boy Scouts cribed is just as true of Canada as it have been granted the sum of \$150 to is of England. Scouting can only grow be used in the form of annual prizes as its ranks of leaders—men inspired for the encouragement of the boys in with the unselfish ideal of service to Spiferons from rheumatism who the encountegement of the mosts, with the unselfish ideal of service to have found their condition unrelieved the protection of birds and their nests, Canada through service to Canada's for the promotion of kindness to animals and for the stimulation of the everywhere. All they ask is for "a spirit of patriotism amongst boys." A special committee has been ontrusted under the will with the dis- would help the boy through Scoriting builds up the blocd to a point that on- possillof this money and it is planned and a post card to the Toronto Office to arrange a series of competitions any time is all that is necessary to oach year for the Scouts of the two put him in touch with the facts controops along the lines suggested by corning the Boy Scout movement.

"Gazette" Becomes "The Scouter." found them equally good, and I now leaders in Scout work with boys.

The Chap Next Door. Mr. Sidney Dark has a special ar medicine dealer or by mail at 50 cents ticle on the Boy Scouts in a recent isa box or six boxbs for \$2.50, from The suo of "John O'London's Weekly," Fr Williams' Medicino Co., Brock- written as a result of the inspiration he personally received while attending the Boy Scout rally for the Prince of Wales at the Alexandra Palace last

"It would be a splendid thing" if Minard's Liniment for loughs & Colds. eager to be Scouts. They are proper-

HEALTH EDUCATION

BY DR. J. J. MIDDLETON

Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health mat-

tors through this column. Address him at Spadina House, Spadina

ines in the time of the year when family who has an acute cold to come

sprend feeling against the word or diphtheria. don't," there are some cases in which Don't go to

bulletin which contains some very in-

toresting health propaganda. One of

most recent issues deals with

Health for Toponto, issues a monthly save others from contract

ty envious of the good times that the WOULD NOT, BE WI: HOUI' ers would love them to be Scouts be cause the chaps next door are so much

more considerate, so much more use ful, and so much cleaner. The trouble is that new troops of Scouts cannot be Once a mother has used Baby's Own formed without a large addition to the not be without a large start, and the ideal home remedy for the baby; being right kind of man for a Scoutmaster is squaranteed to be absolutely free from hard to find, and is too often unwilling to make the necessary sacrifice of oplates or other harmful drugs. They

Scout Numbers Increasing.

At October 31st, 1922, there were 14, January soos a stop forward in 749 Boy Scouts, Wolf Cubs and Boy the history and life of the "Imperial Scout and Wolf Cub officers in On Headquarters Cazette", of the Boy tarlo. In June, 1921, when the last

> IF STOMACH IS TROUBLING YOU

> Instantly! End Indigestion or Stomach Misery with "Pape's Diapepsin"

As soon as you eat a tablet or two of "Pape's Diapensin" your indigestion which the farm needs for buildings, is gone! Heavy pain, heartburn, flatu- fences/ fuel, repairs of all kinds, and every boy was enrolled in the Scouts' lence, gases, palpitation, or any misery ranks. Tens of thousands of boys are from a sour, acid stomach ends. Correct your stomach and digestion for a few cents. Each package guaranteed by druggist.

> Good Speech Anyhow. "That was a great speech you made

to the jury." "Thanks," said the eminent crimina

."Why, even your client wept. Your description of his poor old mother waiting at home for her wandering boy was a masterpiece. 'She should have heard it "

"I'm afraid that was out of the quesmake people are spuffling. Colds are in contact with other members of the tion. As a matter of fact, he tells me ramment, and very dangerous, for household, or to use the same eating she died when he was a baby. even head "colds" may develop into or drinking utensils, etc. Have every-Treasure in Canton Walls

chest colds with the possibility of thing sterilized that is used by one bronchitis or pneumonia following: | who has contracted a cold, the same When the ancient walls of Canton, While there is a somewhat wide as you would if they had scarlet fever China, were razed to make room for a street railway, contractors offered to: Don't go to any public meetings if do the work for whatever treasure the It can be used to advantage and the you have a cold. You had better stay walls might contain. The work was prevention of colds is one of these. at home until it is better. You will divided among several applicants, Dr. Bistings, the Medical Officer of save time in doing so, and probably every one of whom discovered such ing vour coin and orna ments hidden away in the walls that Don't stand close to any one with the work, though done without other whom you are conversing if you are payment, was profitable to him "colds" and how not to catch them reckies enough to go about when you

Naturally the advice is given under a cold, and do not under any circumstances shake hands with any one good. Here are the rules to avoid while you have an acute cold. Rememan argument as to who was the better ber, through the frequent use of your man, and the following conversation Don't sit or work in an overheated handkerchief, your hands are always took place:

room. 65 to 68 degrees is quite warm contaminated with the germs of the Englishman - "Well, I'm English, enough; 60 to 65 degrees if you are disease. Have you ever catechized and I'm thankful for it!" engaged in any active work. Insist your hands and fingers with regard to on there being a slight current in the everything they have been in contact thankful for it. What do you say, air of the rom you occupy and also with in the previous twenty-four scottie?"

a proper degree of humidity.

Den't use sprays or douches for tary camp during the great World your nose unless under doctor's orders War, kept a careful record of the Scotsman-"Well, I'm neither, and

Six-Year-Old returned from her firs day at school very flushed and excited. "What did you learn?" asked her

germs, it is more than likely to pro- any article of fool, whether for your-parent, duce irritation of the mucous mon- self or for any one else, unless you "History," said Six-Year brane, which will lower rather than have previously thoroughly cleansed "What sort of history?" "History," said Six-Year-Old "What did you learn about him?"

Six-Year-Old reflected.

heard sneeze or cough except into room.

The made the taxes so high!" she said, "that people could not use them."

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The made the taxes so high!" she said, "that people could not use them." Sunlight and fresh air are the

BILY'S OWN TABLETS

Tablets for her little ones she would are a gentle but thorough laxative and have proved of the greatest aid in cases of constipation, indigestion, colic, colds and simple fevers. Con- for lumbermen. It is not even a quescerning them Mrs. Ernest Gagne, Beausejour, Que., writes: "I have used Daby's Own Tablets for constipation and colic and have found them so suce cossful that I would not be without thom. I would strongly recommend every mother to keep a box in the house." The Tablets are sold by medi cine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Taking a Chanco. The dear old lady entered the drug

store and looked doubtfully at the youthful clerk behind the counter. "I suppose," she said, . "you are a properly qualified druggist?" "Yes, madam."

"You have passed all your examina

tions?" "Certainly." "You've never poisoned anyone

mistake?" "Not to my knowledge." "She heaved a sign of relief.

"Very well, then, you can give me nickel's worth of cough drops."

The World's Cobalt, The Cobalt and adjoining areas of ho Timiskaming district, Ontario. have been for several years the chief source of the world's supply of cobalt. Metallic cobalt, cobalt oxide and cobalt salts are recovered from the treatment of the ores and residues derived

from the silver-cobalt-nickel arsenides. The Home Forest. The home forest, in many sections

INVENTIONS of the country, will supply the timber many other uses; and there will often be a surplus which can be sold in the PATENT ATTORNEYS 231 BANK STREET form of standing timber, sawlogs posts, poles, cross-ties, pulpwood, fuel wood, and blocks of billets for making spokes, handles, spools, boxes, barrels and excelsior.

MOTHER!

Your Child's Bowels Need "California Fig Syrup"



loves the "fruity" taste of "California Fig Syrup" and it never fails to open the bowels. A tenspoonful to-day may prevent a sick child to-morrow. If constipated, bilious, feverish, freiful, has cold, colic, or if stomach is sour, tongue coated, breath bad, remember a good cleansing of the little bowels is often all that is necessary.

Ask your druggist for genuine "California Eig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "Califorpla" or you may get an imitation fig syrup.

The depth of sand in the Sahara Desert averages about 30 feet. Minard's Liniment for Burns & Scalds.

Australia's supply of wattle bark ised for tanning has, become greatly depleted.

MONEY ORDERS. Remit by Dominion Express Money cheapest and best medicines. Use them Older. If last or stolen your get your money

> The Same as Then. When fatirer courted mother; dear, Some thirty years ago, The family album would appear And through it they would go, Thinking that no one even guessed, The while they gazed at faces, He, underneath the album, pressed

a truly magnificent ring, which, however, was so turned as to display the diamond on the inside of the hand. His brothren noticed this peculiarity and one of them remonstrated:

Isaac gave him a look of eloquent,

(palm upwards).

LONDON COUPLE ARE DELIGHTED

Bullet in the Heart.

of the Great War shows that a bullet

in the heart is not necessarily sure

eath, as most persone suppose. Num-

erous instances are cited of men who suffered such wounds and lived. One

man even went two months before he

was operated on. Then the bulet was

removed from the extremity of his

Canada's Problem.

one can get along without the forest.

"Cascarets" 10c

Best Bowel Laxative

When Bilious,

Constipated

To clean out your bowels without

cramping or overacting, take Casca rets. Sick headache, biliousness

gases, Indigestion, sour, upset stomach

and all such distress gone by morning.

Nicest physic or earth for grown-up

and children: 10c a box. Taste like

In Iceland men kiss when they meet

hen in Toronto visit the .

r list of inventions wanted by Manufac Fortunes have been made from simpl 'Patent Protection' booklet on reques

HAROLD C. SHIPMAN & CO.

INVENTORS

Circulars.
THE BAMSAY COMPANY
Patent Attorneys
273 Bank, St. - - Ottawa, Can.

Toothache?

Minardis Linimont makes an ex-cellent counter-irritant. Baths the face and if there is a cavity in the tooth place in it a plece of cotton wool saturated with

Minard's

Liniment Family Medicine Chost.

DOG DISEASES

Overcome

breath is a sign of decayed

tech, foul stomach or unclean boyels." If your teethare good,

look to your directive organs at once. Get Seigel's Curative Syrup at druggists. 15to 30 drops after

meals, clean up your food passage and stop the bad breath odor.

50c. and \$1.00 Bottles. Do not buy substitutes. Get the genuine.

facturers always consider good tions. Fortunes are made from ideas to suit modern times for free list of ideas and

but a man rarely kisses a woman.

Minard's Liniment for Rheums, tism.

Royal Ontario Museum

253 Blobr St. West, Near Avenue Rond Largest permanent exhibition in Canada. Archaeology, Geology, Mineralogy, Pal-aeontology, Zoology, Open daily, 10 am. to 5 p.m. Sunday, 2 to 5 p.m. Bloor, Belt Line, Dupont and Avenue Rd. cars.

Forestry is not a question mainly

heart with forceps.

people of Canada.

mblication of a medical history

His Wife's Two Years of Trouble Is Now Ended, Says Frank Westlake.

"Tanlac has made all the difference in the world in my wife's health and we are both delighted," declared Frank Westlake, valued employee of the Public Works Department of London, Ont.

tion mainly for foresters. Because no it is a question for every one of us. get back her strength. Her appetite left her and she could hardly eat Que future supply of forest products enough to keep going. The least ever s by far the greatest and most puztion would tire her out completely. zling economic problem now before the She would lie awake hours at night. too, and morning found her just as tired as when she went to bed. She suffered terrible splitting headaches, her nerves were on edge and she got very little pleasure out of life. "But three bottles of Tanlac simply

put her on her feet again. She can do her housework easily now, the headaches have gone, she sleeps soundly and her appetite is a joy to behold: can't find words to express my gratitude.

Tanlac is for sale by all good drug Over 35 million bettles sold.

Weak and Nervous. Made Well by Lydia E. Pinkham's Vegetable Compound

Webbwood, Ont .- "I was in a very Webbwood, Ont.—"I was in a very weak and run-down nervous condition, always tired from the time I got up until I went to bed. Sleep did not rest me at all. My sister recommended Lydia IE. Pinkham's Vegetable Compound to me and others told me about it, but it was from my sister's advice that I took it. It did not take lorg until. I felt stronger, hendrehes left me and my appetite came back to me. I am a farmer's wife and have many things to do outside the! house, such as things to do outside the house, such as things to do outside the house, such as milking, looking after the poultry, and other chores. I heartily recommend the Vegetable Compound to all who have the same trouble I had, for it is a fine medicine for women."—Mrs Louis F. Elsas-ser, Hillerest Farm, Webby ood, Cnt.

Another Newvous Woman Finds Relief Port Huron, Michigan.—"I suffered for two years with pains in my side, and if I worked very much I was nervous. and just as tired in the morning as when I went to bed. I was skepp all the day and didn't feel-like doing anything, and was so nervous I would bite my finger nails. One of my friends told me about Lydia E. Pinkham's Vegetable Com-pound, and it helped me so much that I soon felt fine."—Mrs. Charles Beeler, 501-14th St., Port Huron, Mich.

Women who suffer from any feminir ailment should try Lydia E. Pinkham' Vegetable Compound.

Classified Advertisent

AUTO ROMOOL TO \$10 PER DAY; MEN WANTED TO at once; city and prairies demand automobile mechanics and driving tractor operating. Ure vulcanising, our tor operating, tire vulcantians, care tor operating, tire vulcantians, care battern electrical work! We teach these trades pructical training, only few weeks required; day-night classes. Write for free catalogue; bis wages, steady employment. Hemphili Auto Gas Tractor Schools: 163 King West, Toronto.

HELP WANTED-FUMALE. lic Works Department of London, Ont., residing at 40 Langarth St.

"About two years ago my wife underwent an operation that left her badly run-down and she simply couldn't of the back her strength. Her appetite!

JIELP WANTED. WE REQUIRE for us at home either with machine or by hand. Send stamp and addressed the velope for information. The Canadian Wholesale Distributing Co., Dept. 6, get back her strength. Her appetite!

BELTING FOR SALE

BELTING OF ALL KINDS NEW OR used, pulleys, saws cable, hose etc., shipped subject to approval at low est prices in Canada. York Belting Co. 116 York St., Toronto.



Prevents chapped hands, cracked lips, chilblains. Makes your skin soft, white, clear and smooth.

All druggists seil !t

COARSE SALT LAND SALT

Bulk Carlots TORONTO SALT WORKS

C. J. CLIFF . TORONTÓ

On Head. Itched and Burned. Could Not Sleep.

A large ringworm started on my hend. Each day it grew larger and itched and burned so that I used to have to get up at night and bathe it The hair around it fell out and be came very dry. I could not eleep at night on account of the irritation. The traible lasted about a month. I began using Cuticura Soap and Olntment and after using about three cakes of Cuticura Soap and two boxes of Cuticura Ointme I was completely healed." (Signed Miss Lucile Bond, 606 S. Lea St Cuticura Soap, Ointment and Talum are all you need for every-day ollet and nursery purposes.

ople Each Free by Mail. Address: "Lyma L. 334 St. Paul St., W., Montreal." Solid

Build Up Your Breeders Maintain their health - insure the fertility and hatchability of their eggs. It's easy.

Pratts, Poultry Regulator

is guaranteed to put your fewls in perject con-'em lay more eggs-fertile vergs-the eggs that produce big halches of worth-while chicks,

Your Money back If YOU Are Not Satisfied Made in Canada Sold by Dealers Everywhere PRATT FOOD CO. OF CANADA, Linited 332 W Carlaw Ave., Toronto .



Break chest colds Apply Sloans It draws conges-

tion to the surface! Starts blood circulating freely and thus breaks up the cold !

Sloan's Linimicati

UNLESS you see the name "Bayer" on tablets. are not getting Aspirin at all



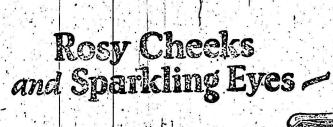
Accept only an "unbroken package" of "Rayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds: Toothache Earache

Neuralgia Lumbago

Rheumatism Neuritis Pain, Pain

Handy "Bayer" boxes of 12 tablets -Also bettles of 24 and 160 Droggista Aspirin is the trade mark (registered in Candia) of Bayer Manufacture of Monacetteacidester of Salicylleacid. While it is well known that Aspirin means 1997-remainded the Cablest of Inayer Company will be stamped with their general trade mark, the "Bayer Cross."



and instructions. Much more harm number of possibilities of contaminat-than good comes from the use of ing his hands for one single day, and

sprays. In the first place, if a spray it amounted to approximately 120.

build up its resisting powers, and your hands. HAVE YOU WASHED

con conently make it all the more sus- YOUR HANDS? would be a valuable

Den't sneeze or cough except into room.

Dan', allow, any member of the pox or a mad dog.

OOD HEALTH, the signs of which are so plainly written in looks and actions, comes from within-

ade by Canadian Postum Cereal Company, Limited 45 Front Street, E., Toronto Pactory: Windsor, Ontario

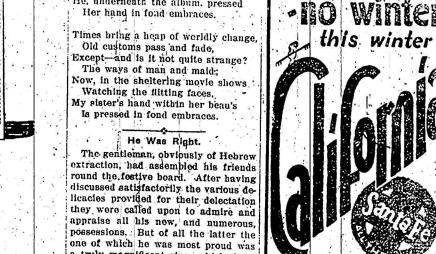


the natural result of right food, such as Grape-Nuts.

Crisp, delicious and soundly nourishing-easily digested and quickly assimilated-Grape-Nuts brings happy smiles at the breakfast table and happy feelings afterward.

All the family will thank you for including Grape-Nuts in your grocery order today. It's ready to serve in a moment with cream or milk.

Grape:Nuts THE BODY BUILDER "There's a Reason"



Vy, Isaac," he said, "it is a goot ring I never saw a better. But it is on

pitying contempt. "Oh, what nonsense you do tell me," he replied. "I ask you, Cohen. Does one talk like this (holding out his hand, palm downwards), or like this?

Minard's Liniment for Neuralgia.



Bad Breath

via the Santa Fe. Pullmans via Grand Canyon Park, also to Southern Arizona. Fred Harvey meals "all the way."
May I send you our picture
Foldors? P. T. Mendry, Gon. Agent

Santa Pe Railway Pres Press Bldg., Detroit, Mich. Phone: Main 6847. Grand Canyon Line

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