EARN BIG MONEY

LEARN THE AUTOMOBILE BUSINESS

The world's greatest industry. Millions of automobiles needing constant service; millions of batteries and tires to repair; millions of parts to rebuild. Tremendous opportunities await the trained automobile man. That's why it pays to learn the automobile business—and learn in Detroit, the auto center of the world,—the Heart of the Auto Industry where 70% of the autos are made.

Make $2,000 to $10,000 Yearly

—Have a Business of Your Own

Thousands of our graduates are making big money in the auto business. Junis (Sask.) making more money than he expected; Pettigrew (Quebec) appointed instructor at Tech. School; Collette (Alberta) in business and has all he can do; Steckle (Penn.) was getting $18 weekly, now making $100 per week; Mayes (Kan.) saves $100 monthly above expenses; Johnson (Ohio) jumped from "pencil pusher" at $13.50 weekly to auto mechanic at $42.50 per week. Hundreds more like them.

Complete Course—Endorsed by Big Auto Factories

Every branch of the auto business is taught:—Construction, operation, up-keep and repairs of autos, trucks, tractors, farm lighting plants and gas engines. All teaching by actual practice. No guess work. Students learn by actual factory methods. Big auto factories helped outline our Courses and give our students fullest co-operation, also heartily endorse our School.

Special Courses in Battery Repair, Tire Repair, Brazing, Welding and Machine Shop Practice.

Good Positions Await Our Graduates—Factories, garages and service stations continually call for M.A.S. trained men—40 calls in one day recently—offering positions with good salaries and excellent opportunities for advancement, or go into business for yourself.

Come Now! Don't Wait—The man who "gets there" must first "get ready." It's not a question of "Can it be done?"—but "Do you want to do it?" If you do, here's your chance. Start Now! Write Today for FREE Catalog.

DETROIT THE HEART OF THE AUTOMOBILE INDUSTRY

Michigan State Automobile School

5372 Auto Bldg., Detroit, Mich.

Surface Anchorages.

A traveller during a severe storm a few years ago was much impressed with the terrible devastation that the wind had wrought. "What astonished me most," he says, "was the effect of the storm on the trees. They were not left standing with splintered and mangled trunks as they are in my home neighborhood after a great storm; they were bodily uprooted!

"Examining them more closely, I discovered the cause. They had never been deep-rooted. The water was near the surface; the soil was fertile; there had been no necessity for their sending roots deep into the earth for strength and sustenance. They had led surface lives, so to speak, and as a consequence the first severe storm had laid them prostrate."

In order to withstand storm and wind a tree must have deep anchorage. Neither beautiful foliage nor graceful branches nor symmetrical trunk can insure stability and endurance. They may enhance the attractiveness of a tree, but to fulfill its mission in life a tree must have something else. And what is true of a tree is true of man. A mere surface life is insufficient. Man must lay hold of something deep and abiding or else go down in the storm and stress of circumstances to which he is sure to be subjected sooner or later.

Unfortunately, like the tree man seldom takes hold of permanent things unless harsh circumstances compel him to do it. The natural inclination o fall of us is to let surface things suffice—money and the privileges that it will buy; social pleasures and the relaxation that comes without effort and sacrifice; frivolity and fashion, light and tinsel and glitter. Many a life never finds anything more substantial than those things.

A helpful writer of to-day has said, "The best fortune that befalls some people in this world is their so-called misfortune. Whatever compels the roots of righteousness and faith, which alone can hold the soul steadfast, to reach down deeper than any mere habit of morality or sunny-day trust in God's goodness and wisdom is not misfortune but fortune, however hard it may seem at first to accept it as such."

Sometimes True.

Youngly—"Did you ever notice that the matrimonial process is like that of making a call? You go to adore, you ring a belle, and you give your name to a maid."

Cynicus—"Yes, and then you're taken in."

Peat is now used for the production of gas.

Steam Engines Before Christ.

An old Greek experimenter of Alexandria was working on a steam engine invention 150 years before the Christian era. He had an apprentice named Hero.

Hero constructed the first steam turbine engine, which was of the reactionary type, but for all that it would spin like a top.

He also invented a steam whistle and a pneumatic blower by which he could sound trumpets and organ pipes in a way that mystified his public.

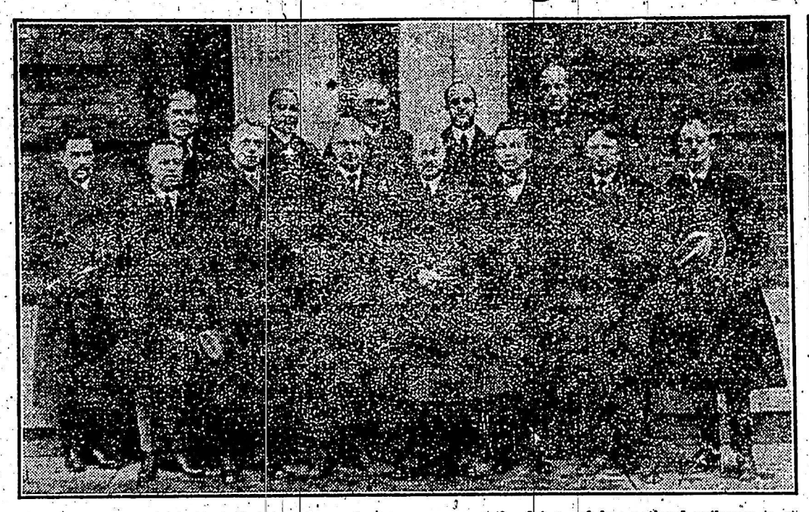
Hero also made temple doors open and close mysteriously by use of compressed air and pistons. He made a fountain which is still a philosophic toy known by his name.

He made the first machines to be put in operation by inserting a coin in a slot and a "dioptric or spying tube," which was the forerunner of the modern spy glass and opera glass.

It often happens that ignorance makes a man bold and arrogant, and that knowledge makes him self-distrustful and modest.

Minard's Liniment for Rheumatism.

Kiwanis favors Active Immigration Policy



IMPRESSED with the fact that Canada's future progress, and the future of her national railways to a large extent depend upon a progressive and vigorous immigration policy, the Kiwanis Club of Montreal, recently set afoot a campaign in favor of a change in the immigration laws of the country. The campaign was a distinct success from the start and through the efforts of the committee appointed, a Kiwanis immigration day was observed in most of the Canadian cities in which Kiwanis Clubs exist. The above photo is of the Montreal Kiwanis Immigration Committee. From left to right the members are: Hy. E. Webster, Leo S. Tobin, Andrew C. Cordner, Ed. N. Howell, Secretary; Ed. A. Cunningham, J. W. C. Taylor, Chairman; Allan J. Meiklejohn, Joe Stanford; Kiwanis Club President; Douglas Bremner, Owen J. Callery, William R. Clapp, Chas. H. Russell, Kiwanis Secretary, and Frank J. Roo.

"Cascarets" 10c

For Sluggish Liver or Constipated Bowels

Clean your bowels. Feel fine!

When you feel sick, dizzy, upset, when your head is dull or aching, or your stomach is sour or gassy, just take one or two Cascarets to relieve constipation. No griping—nicest laxative-cathartic on earth for grown-ups and children. 10c a box. Taste like candy.

Hope for the Fool.

Surgeons can operate for appendicitis, tonsilitis, and various other ills. But hitherto the malady of being a fool has beaten science. Once a fool, always a fool—so the old saying runs.

If Sir William MacEwan is right, however, the fool may before long yield to the treatment of the knife and become a wise man! Extraordinary progress has been made lately in the study of the brain, and operations on the brain are likely to be among the wonders of the near future.

"Will it be possible," says the president of the British Medical Association, "to find in the 'silent area' the secret of genius—of converting a dullard into a man of brilliant intellect?"

The brain is being mapped so minutely that doctors are hopeful, and it is in what they call the "silent area" that they hope to perform the greatest miracles. The "silent area," which lies towards the forehead, has so far baffled them, and makes no response yet to surgical and electrical devices.

It is regarded as the seat of the higher intelligence, however, and for this reason it should produce the greatest results.

If hopes are justified, future generations will all have quick, intelligent brains, and geniuses will be as common as buttercups and daisies!

Cement Floor Blocks Serve as Measure in Store.

A most convenient measure, 32 feet long and 2 feet wide, is available at a hardware store in Los Angeles, as a result of a contractor's foresight in laying the floor. Realizing that great lengths could not easily be measured on the counter, he laid the cement floor with blocks exactly 2 feet square. An aisle immediately in front of the counter is now always kept clear, and wire netting, rope, clothesline, chicken wire, and other bulky things sold by the foot or yard, are simply laid on the floor and measured by the squares. The government inspector of measures for the district has officially approved the method.

HEALTH EDUCATION

BY DR. J. J. MIDDLETON

Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at Spadina House, Spadina Crescent, Toronto.

The Earl of Balfour recently said farewell to the City of London constituency that he represented so long in the House of Commons at Westminster. His address was noticeable from several aspects but particularly from that of his faith in the coming generation.

"We are not less capable of sustaining the burden of Empire than were our fathers before us," said Balfour. "The task is now one of great difficulty, but let us not lose faith or courage. I look forward with unflinching faith to the success of the labors of those who are going to follow the generation to which I belong, and the generation that is to succeed that, for I know that they will not fall short of the example which we have endeavored to set them, and which our fathers before us set us. To be an optimist is to be a believer in youth. It is, after all, the young people who are going to do this work. Let us believe in them—I believe in them. If it was not for the young, how would the world go on, and how would it live, how would new ideas come in?

"A nation's greatest assets is its children. If the physical, mental and moral condition of the rising generation is left to haphazard, the nation will suffer. We will gradually fall away in world prestige and like some of the great nations of the past be relegated to a place of minor importance in the councils of the world. Surely it is the solemn duty of every good citizen, every man and woman who takes an interest in the country's welfare to do something that may help to bring about an improvement of the race.

"One thing is certain, we are not at present doing nearly enough to prevent or curtail the terrible record of infant mortality, and physical defects among the young. These young people, growing up uncared for, unsupervised, sometimes poorly nourished and oftentimes not up to standard in health, will be the men and women of the future. It is on the children of to-day that will have to rest in days to come, the civil, business and domestic burdens of the Empire. Will these young people be equal to the task? Will their health be so safeguarded in youth that they may grow up strong, virile and fit to carry on, when those who come before them hand over the reins?"

"Records show that at present we are only on the threshold of what can be done—what must be done to safeguard the race, and improve the surroundings and influences among which the great majority of the people live. Personal and community hygiene must be practiced by all classes of the community, for after all, the basis of all health work rests with the individual. In work of this kind there are many discouragements, but when one gets the goal in view, the struggle for better citizenship and a healthier race of people is worth while.

With The Boy Scouts

Fire Fund Still Grows.

The Boy Scouts' Fund for the reestablishing of the Boy Scout troops of Haileybury, North Cobalt and Hanbury is still growing, the total at the time of writing being well on to $450. This sum is made up entirely of 5c and 10c contributions from the Scouts and Cubs of Ontario and of a few troops outside of Ontario, notably in Montreal, Winnipeg and Regina. The 1st Georgetown Troop put on a special entertainment and donated the net proceeds to the fund.

Leaders' Conference at Hamilton.

Plans are being developed rapidly for the 2nd Annual Provincial Conference of Scout Leaders to be held in Hamilton on Thursday and Friday, February 8th and 9th, and it is expected that last year's record attendance will be greatly exceeded. The conference headquarters will be in the spacious Royal Connaught Hotel and the Hamilton Boy Scout Council is doing everything it can to make the visit of the delegates as pleasant and profitable as possible.

A special feature of the conference programme will be the demonstration of a model troop meeting by Rodney C. Wood, the new Dominion Camp Chief, and a troop of Hamilton Scouts. In this demonstration Mr. Wood will show ways of dealing with troop meeting problems which often puzzle even the oldest Scoutmaster, and will also show some new instruction methods and two or three new games.

Other items on the programme include discussions of such subjects as the "Relation of the Scoutmaster to the Home, the School, the Church and the Troop Committee," The Patrol System and the Court of Honor," "Outdoor Scouting, Hikes and Camps," "Scout Games," and "Troop Programmes." A special luncheon is being arranged for Wolf Cub officers in order that they may discuss problems peculiar to their own branch of Scouting.

A Scout dinner on the evening of February 8th will be addressed by two or three of the most prominent men in Scouting. Entertainment features will be put on by Scout troops of Hamilton, and it is expected that a new moving picture illustrating activities at Gilwell Park, the Imperial Scout Leaders' Training School near London, England, will be exhibited.

Scouts—make sure that your Scoutmaster attends the Hamilton Conference. Here he will meet a great group of leaders in Canadian Scouting and will be sure to return to you afterwards with bushels of new ideas to put into action in your troop.

A Shut-in Speaks.

All who have loved the pathos of the dew
Weeping for daybreak on some dreaming rose,
All who have watched a seascape still and blue,
And young trees bending with each breeze that blows,
All who have hungered for a twilight lane
Grown intimate and sweet with lilac bloom,
Or felt the far flung kiss of falling rain
Know how I light the darkness of this room.

Walls that were bare are strangely beautified,
Days that were dark, with sudden glory shine,
Since these I loved, whose memory has not died,
Consent to share this loneliness of mine—
And like old friends from some remembered land,
Slip through the dusk, and stoop and take my hand.

—Helen Frazee Bower.

Tennis Balls Are Carried on Racket by Spring.

Tennis players will appreciate an appliance introduced for the purpose of carrying that extra set of balls to and from the courts during the summer months when pocket space is usually limited. The contrivance consists of a spiral spring of brass wire, wound in such a manner that it may be fastened to the side of a racket by its own tension, and containing two ball holding loops.

INDIGESTION, GAS, UPSET STOMACH

Instantly! "Pape's Diapepsin" Corrects Stomach so Meals Digest

The moment you eat a tablet of "Pape's Diapepsin" your indigestion is gone. No more distress from a sour, acid, upset stomach. No flatulence, heartburn, palpitation, or misery-making gases. Correct your digestion for a few cents. Each package guaranteed by druggist to overcome stomach trouble.

A Practical Dictionary Needed.

Like many books called classics which we speak of reverently and never look at, the dictionary of our language seems to be falling into disuse; we seldom consult it. If a strange word "swims into our ken" we regard it as an impertinence or we use it as a kind of game; we argue about it, discuss it, guess, bet, and perhaps write to the newspapers for a definition, but we don't consult the dictionary.

Perhaps the reason for our neglect is that the unabridged dictionary is too cumbersome and it gives too many meanings, though thin papers cut the ordinary bulk. Simple words therein are found to be both noun and verb (spelled alike), and sometimes they have more than a dozen distinct meanings. This is disconcerting. There may be room for a dictionary with the obsolete and archaic words left out, a trim twentieth century dictionary that shall be fool proof.

Minard's Liniment for Burns & Scalds.

The Arab's Qualities.

Visitors to Mesopotamia marvel at the vigor and endurance shown by the Arab workman and by his quick adaptability to modern methods. Especially do foreigners find his energy amazing, because a large part of the year he subsists on little besides dates.

However, such persons forget the vital and nourishing qualities of the date, rich in sugar, mine of energy and nutrition. Physicians have declared dates and milk an excellent diet.

Therefore it is not surprising that the Arabs are able to perform severe tasks in the heat of the desert sun. To the efficiency of these workmen a British commission has testified. In addition, it is said that the Arab is cheerful, uncomplaining and willing, that he does more work than the average East Indian Coolie, and is easy to handle if properly treated.

MOTHER!

Move Child's Bowels with "California Fig Syrup"

Hurry Mother! A teaspoonful of "California Fig Syrup" now will thoroughly clean the little bowels and in a few hours you have a well, playful child again. Even a cross, feverish, constipated child loves its "fruity" taste, and mothers can rest easy because it never fails to work all the sour bile and poisons right out of the stomach and bowels without griping or upsetting the child.

Tell your druggist you want only the genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother, you must say "California." Refuse any imitation.

A real salesman is one part talk and nine parts judgment; and he uses the nine parts of judgment to tell when to use the one part of talk.

Minard's Liniment for Coughs & Colds.

ISSUE No. 1—'23.

ENGINEER MAKES 17 POUNDS GAIN

Old Time R. R. Man Says Tanlac Put Him Back on Job Feeling Fine.

Oran Denne, a veteran railroad man, living at 53 Forest Ave., St. Thomas, Ont., has obtained remarkable results from the use of Tanlac. Mr. Denne wears a gold button given him by the Michigan Central, in recognition of his forty years continuous service to that road.

"A year ago," said Mr. Denne, "I had indigestion so bad I couldn't eat and was too nervous and miserable to sleep. I was almost wild with headaches and dizziness, lost weight rapidly, and thought I was about done for. After getting so weak I couldn't work I took a trip out West, thinking the change might help me.

"But I kept getting worse until my sister, whom I visited in Kalispell, Montana, got me to try a bottle of Tanlac. In a week's time I was a different man, and in seven weeks I had gained seventeen pounds and returned to my work in as good health as any man in St. Thomas. I never have any of my old troubles now. That's just how good a job Tanlac has done for me."

Tanlac is for sale by all good druggists. Over 35 million bottles sold.

Machine Trims and Pastes Wallpaper.

A new machine is said to have a capacity of trimming and pasting a roll of wall paper in three minutes. A roll of paper is mounted underneath the table and near one end of the machine, and the paper which is fed from it passes under a guide roller to the top side of a paste roller. It is then led around another and larger roller, where the surplus paste is wiped off by a brush, and the selvage trimmed off by a revolving cutter. The paper is finally drawn back over the table and cut.

MONEY ORDERS.

Dominion Express Money Orders are on sale in five thousand offices throughout Canada.

"A man's worth is estimated in this world according to his conduct."—La Bruyere.

Minard's Liniment for Neuralgia.

No public health evidence is more definite than that vaccination, properly performed, protects against smallpox. The more persons vaccinated, the fewer cases of smallpox shall we have.

Classified Advertisements

AUTO SCHOOL

$5 TO $10 PER DAY; MEN WANTED at once; city and prairies demand automobile mechanics and driving, tractor operating, tire vulcanizing, oxy-acetylene welding, storage battery, electrical work. We teach these trades, practical training, only few weeks required; day-night classes. Write for free catalogue; big wages, steady employment. Hemphill Auto Gas Tractor Schools, 168 King West, Toronto.

KNITTING AT HOME.

WE REQUIRE PARTIES TO KNIT for us at home, either with machine or "by hand"; write for information; send postage. The Canadian Wholesale Co., Dept. A, Orillia, Ont.

FOR SALE.

COLD WOOD, SLAB WOOD, CAR lots. Reid Bros., Bothwell, Ontario.

BELTING FOR SALE

BELTING OF ALL KINDS, NEW OR used, pulleys, saws, cable, hose, etc., shipped subject to approval at lowest prices in Canada. York Belting Co., 115 York St., Toronto.

Applause is forbidden in Russian theatres.

The improvement of health and the prevention of disease are worthy national aims.

Dandruff?

Rub Minard's Liniment into the scalp—it cleanses the surface, it opens the pores, it works down to the roots and stimulates them into activity. Apply four times a week, rubbing thoroughly—no dandruff.

Minard's Liniment

The Family Medicine Chest.

Cuticura Beautifies Your Complexion

The daily use of the Soap cleanses and purifies the pores of the skin, thus preventing blackheads and pimples. The Ointment soothes and heals any irritation, or roughness. They are excellent for the toilet as is also Cuticura Talcum for powdering and perfuming the skin.

Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lymans, Limited, 344 St. Paul St., W., Montreal. Cuticura Soap shaves without mug.

Campana's ITALIAN BALM

Prevents chapped hands, cracked lips, chilblains. Makes your skin soft, white, clear and smooth.

DRUGGISTS SELL IT

COARSE SALT

LAND SALT

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America's Pioneer Dog Remedies

Book on DOG DISEASES and How to Feed

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PETRIE'S MACHINERY TORONTO

MRS. DAVIS NERVOUS WRECK

Tells Women How She Was Restored to Perfect Health by Lydia E. Pinkham's Vegetable Compound

Winnipeg, Man.—"I cannot speak too highly of what Lydia E. Pinkham's Vegetable Compound has done for me. I was a nervous wreck and I just had to force myself to do my work. Even the sound of my own children playing made me feel as if I must scream if they did not get away from me. I could not even speak right to my husband. The doctor said he could do nothing for me. My husband's mother advised me to take the Vegetable Compound and I started it at once. I was able to do my work once more and it was a pleasure, not a burden. Now I have a fine bouncing baby and am able to nurse her and enjoy doing my work. I cannot help recommending such a medicine, and any one seeing me before I took it, and seeing me now, can see what it does for me. I am only too pleased for you to use my testimonial."—Mrs. Emily Davis, 721 McGee Street, Winnipeg, Man.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Cobourg, Ont. This book contains valuable information. G

ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all

BAYER

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
Earache	Lumbago	Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Off to school on a winter morning

Fresh and rosy—or pinched and chilly? That's a matter for Mother to decide.

Children, as well as grown-ups, need a hot mealtime beverage that is wholesome, invigorating, and free from harmful after-effects.

Childhood is the period when nervous activity is at its height. The brain is ever busy receiving new impressions; the nerves, muscles and senses are alert and actively developing.

Tea and coffee are harmful, especially for children. Instant Postum is the one best beverage to give them needed warmth and comfort, these cold and frosty mornings. It is made of roasted wheat, has a delightful flavor and aroma, is free from any harmful element whatever, and is wholesome, healthful and invigorating.

Order a tin from your grocer TODAY. You will enjoy it as much as the kiddies do.

Instant Postum FOR HEALTH

"There's a Reason"

A generous sample tin of Instant Postum will be sent, postpaid, for 4 cents in stamps. Write:

Canadian Postum Cereal Company, Limited,
45 Front Street, E., Toronto — Factory: Windsor, Ontario