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LEARN THE AUTOMOBILE BUSINESS

The world's greatest industry. Millions of automobiles needing constant service; millions of batteries and tires to repair; millions of parts to rebuild. Tremendous opportunities await the trained Automobile man. That's why it pays to learn the automobile business,—and learn in Detroit, the auto center of the world,—the Heart of the Auto Industry where 79% of the autos are made.

Make $2,000 to $10,000 Yearly

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Thousands of our graduates are making big money in the auto business. Kuntz (Sask.) making more money than he expected; Pettigrew (Quebec) appointed instructor at Tech. School; Colette (Alberta) in business and has all he can do; Hockie (Penn.) was getting $18 weekly, now making $100 per week; Mayes (Kas.) earns $700 monthly above expenses; Johnson (Ohio) jumped from "pencil pusher" at $13.50 weekly to auto mechanic at $32.50 per week. Hundreds more like them.

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Every branch of the auto business is taught:—Construction, operation, up-keep and repairs of autos, trucks, tractors, farm lighting plants and gas engines. All teaching by actual practice. No guess work. Students learn by actual factory methods. Big auto factories helped outline our Courses and give our students fullest co-operation, also heartily endorse our School.

Special Courses in Battery Repair, Tire Repair, Brazing, Welding and Machine Shop Practice.

Good Positions Await Our Graduates—Factories, garages and service stations continually calling. N.S.K.P. trained men—40 calls in one day recently—offering positions with good salaries and excellent opportunities for advancement, or into business for yourself.

Come Now! Don't Wait—The man who "gets there" must first "get busy." It's not a question of "Can I be done?"—but, "Do you want to do it?" If you do, here's your chance. Start Now! Write Today for FREE Catalog.

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Michigan State Automobile School

5372 Auto Bldg., Detroit, Mich.

Carrying 13,000 people, the liners Majestic, Olympic, and Homeric require 440,000 pieces of household and table linen, including 110,000 table napkins, 35,000 sheets and 17,000 tablecloths.

Minard's Liniment for Distemper.

Most disease germs enter the body through the mouth. Keep the mouth clean.

Canada.

The grand old woods of Canada
How cool and dim below
The shade of their sweet rustling leaves,
Swift changing webs and sunlight weaves
Where ferns and mosses grow.

The giant trees of Canada,
Dark pine and birch drooped low,
The stately elm, the maple tall,
The sturdy beech, I love them all,
And well their forms I know.

The forest wealth of Canada,
The choppers' blows resound,
Thro' the crisp air, while cold and still
The snow's deep cloak o'er vale and hill
Lies white upon the ground.

The crystal streams of Canada,
Deep in whose murmuring tide,
From pebbly caverns, dimly seen
'Neath leafy shades of living green,
Grey trout and salmon glide.

The prairie wealth of Canada,
Whose dark, abundant soil,
Unforrowed yet, awaits the plough,
Who sows shall have sure promise now
Of rich reward for toil.

What tho' the winter wind blow keen,
When daylight darkly wanes?
A strong, true heart is hard to chill
When, seen afar, the home light still
Shines bright across the plains.

The robust life of Canada
In cheery homes I see,
Tho' gold nor jewels fill the hand,
'Tis nature's self has blessed the land,
Abundant, fair and free.

—R. A. B.

Minard's Liniment for Garget in Cows.

HEALTH EDUCATION

BY DR. J. J. MIDDLETON

Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at Spadina House, Spadina Crescent, Toronto.

Cancer killed 2,583 people in the Province of Ontario in 1912. This is a death ratio of 88 out of every 100,000 of the population, the highest yet recorded for the province. The number of deaths for cancer in 1921 exceeded that of 1920 by 121. Any disease that causes 2,583 deaths in a year and sets up a death rate of 88 is exceedingly serious.

In Michigan the death rate from cancer this year is 86.5 per 100,000 of population. In Ontario during 1921 the rate was even higher. Cancer is now killing one out of every ten persons over 40 years of age. Many of these deaths are preventable since cancer is frequently curable if recognized and properly treated in its early stages.

A comparative table showing the number of deaths per year from cancer in Ontario since 1902, and the death rate per 100,000 of the population, is instructive. It points out that while one or two of the years' figures show a slight decrease, the general tendency is towards a gradual but steady increase.

Year	No deaths	Rate
1902	1,048	47.3
1903	1,156	51.4
1904	1,253	54.8
1905	1,224	52.8
1906	1,411	60.0
1907	1,329	55.7
1908	1,348	55.7
1909	1,597	65.0
1910	1,587	63.8
1911	1,602	63.5
1912	1,778	69.4
1913	1,806	69.3
1914	1,872	70.8
1915	1,982	73.8
1916	2,012	73.8
1917	2,196	79.3
1918	2,103	74.9
1919	2,182	76.6
1920	2,464	85.3
1921	2,585	88.1

There is very little difference between the city death rate for cancer and the country rate. During 1920 the rate was 85 per 100,000 of the population. The city municipalities saw 1,204 deaths or 48.9 per cent. of the total number, and a rate per 100,000 of 88.1; the towns of 5,000 population had 142 deaths, or 5.8 per cent. of the total number and a rate of 77.5; while the rural municipalities saw 1,118 deaths or 45.3 per cent. of the whole, being a rate of 134.7 per 100,000 of population.

"The facts in regard to cancer are indeed serious," says the most recent report of the Registrar General for Ontario. Leaving out the consideration that the apparent increase may be accounted for, to some extent by the improvement in diagnosis and more satisfactory death records, the fact remains that the mortality, according to statistical reports, has grown from 16 in 1881 to 88 in 1921 per 100,000 of population.

Hoffman, who has made an extensive study of this subject, points out that his investigations prove that cancer is increasing and that it is a real menace to all civilized mankind. It is probable that the number of deaths yearly in Canada would be not less than 7,000. Cancer comes fourth in our table of mortality. At ages over forty it kills one in eight among women and one in fourteen among men. It is a disease of adult life, and at ages over forty is more destructive of life than either tuberculosis or pneumonia. Its insidious onset often occurs at the most useful period of life when the father and mother are of the greatest service to society. It occurs when the man or woman, from their industry and thrift, might otherwise have had years of ease and comfort before them. Discovered in the earliest stages it is usually readily cured. Once established, the future is hopeless.

The chief hope of controlling the disease seems to lie in a well-planned campaign of public education, embracing facts such as the following:

(1) That cancer in the early stages gives rise to no pain or symptoms of ill-health.

(2) That the early signs are:

Any lump or mass in a woman's breast after forty.

Any bleeding, however trivial, after the change of life.

Any wart or sore on the lower lip of a man forty-five years of age.

Any sore on the tongue of a man of forty-five years.

Any bleeding from the bowel in a man or woman after forty years.

(3) It should be pointed out that warts, moles or growths on the skin liable to irritation should be removed and that irritation of the tongue and cheeks by jagged teeth or of the lower lip by clay pipes, etc., should be avoided.

RICH, RED BLOOD NECESSARY TO HEALTH

Weak, Watery Blood Needs a Tonic to Build it Anew.

Why are we continually told that health-giving blood must be bright red? What has color to do with the quality? Just this—the oxygen in the air is the great supporter of all organic life. One function of the blood is to take the oxygen from the air—which it meets in the lungs, and delivers to the tissues of the body. When the blood, filled with life-sustaining oxygen, is sent out by the heart, it is bright red. When it returns, impure and deprived of oxygen it is dark.

You will see, therefore, that there are two prime requisites of health, pure air and bright red blood—the pure air to furnish the oxygen, the rich red blood to carry it where it is needed.

Pale, anaemic people, whose nerves are on edge, who tire out easily, and who suffer from frequent headaches, do so because their blood is thin and watery. All such people can improve their condition through a fair use of Dr. Williams' Pink Pills, which enrich the blood, thus enabling it to carry oxygen to the system. Among those who have benefitted from the use of this medicine is Mr. Charles A. Stayner, Glenholme, N. S. who says: 'Some four years ago I found myself badly run down. I tired very easily, and found it difficult to do my work. My appetite failed and I slept badly at night. I was taking medicine, but it was not helping me, and I was growing weaker and weaker. A friend who called to see me advised me to try Dr. Williams' Pink Pills. I got six boxes and before these were done I felt better. Then I got six more boxes, and after taking them felt as well and strong as ever. Four years have passed since that time, and I have continued in good health and working all the time. I have recommended these pills to others and shall continue to do so."

These pills are sold by all medicine dealers or will be sent by mail, post paid, at 50 cents a box or six boxes for $2.50 by The Dr. Williams' Medicine Co., Brockville, Ont.

Dominion Camp Chief.

Mr. Rodney C. Wood, Assistant Camp Chief at Gillwell Park, the British Scout Officer Training Centre in England, has been appointed Dominion Camp Chief with responsibility for all future Scout officer training projects in Canada. Mr. Wood was loaned to the Canadian General Council to introduce Gillwell methods to Canada and during the past summer conducted half a dozen training camps which were so successful that it was decided to ask Mr. Wood to remain here permanently. He commences his new duties at once.

More Scout Heroes.

Six more awards to Ontario Boy Scouts for life saving have just been authorized by His Excellency Lord Byng of Vimy, Chief Scout for Canada.

To Scout Adronic Lemelin, age 15, a French Canadian boy of the 5th Welland Troop, His Excellency has granted a Gilt Cross. Adronic heard that a boy had gone down in a lock-pit after falling from a plank on which he was playing. He immediately ran to the scene, jumped into the water, and after diving and swimming around came into contact with the drowning boy and brought him to the surface. He then found that the boy he had rescued was his own 12-year-old brother.

Assistant Scoutmaster Cecil G. Bowman of the 8th Brantford Troop is to receive the Boy Scout Gilt Cross for his act in rescuing one of the boys of his troop from drowning in a flooded section of the Grand River. The boy had accidentally fallen into the river while doing some of his Scout tests. He could swim, but in an attempt to remove a heavy sweater he was wearing at the time he got his arms tangled in it when it was over his head, rendering him completely helpless. Mr. Bowman jumped into the river and after a stiff struggle against the current brought the boy to safety.

Scout Richard Keene, age 12, of the 10th Brantford Troop, has been awarded a Certificate of Merit signed by Lord Byng for his work in rescuing two boys from drowning in a canal. Little personal risk was involved in this rescue, but the Scout's presence of mind and quick action undoubtedly saved the boys' lives.

Scout Canniff Ashley, age 12, and Scout Lorne Morton, age 14, of the 1st Foxboro Troop, will receive Certificates of Merit for their action in rescuing a companion from drowning in a stream near their home.

Scout Leo. H. Rozell, age 13, of the 1st Ridgetown Troop, saw a little child fall into a cesspool while playing near its home. The child was too young to help itself and only the quick action of the Scout was responsible for the little tot's life being saved. A Certificate of Merit has been forwarded to Scout Rozell.

Medals of Merit in recognition of long and faithful service to their troops and to the Scout Movement in their district have been awarded to Assistant Scoutmaster E. Bonneville and Clarence Jones of the 6th Ottawa Troop.

The above awards bring the total issued in Ontario during the present year up to fifteen. Final decisions in several more cases will probably be announced shortly.

Headlight Controller Dims Lights Gradually.

Too abrupt dimming of automobile headlights is a menace to the driver on account of the sudden change from brightness to darkness, and a headlight controller is now being manufactured that enables the driver to dim the lights gradually to any degree necessary. The hands of the driver never being off the steering wheel, a touch with one finger of a lever on the steering post is all that is necessary to dim the lights as gradually as desired. The controller can be installed on any steering post in five or ten minutes.

GUARD THE BABY AGAINST COLDS

To guard the baby against colds nothing can equal Baby's Own Tablets. The Tablets are a mild laxative that will keep the little one's stomach and bowels working regularly. It is a recognized fact that where the stomach and bowels are in good order that colds will not exist; that the health of the little one will be good and that he will thrive and be happy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Crude-oil Airplane Engine Developed in England.

It is reported that a manufacturing concern, in conjunction with the British air ministry, has produced a promising type of crude-oil air engine. For the present details of its construction are withheld, but it is understood to be a six-cylinder motor developing from 750 to 1,000 horsepower. It is known that, at the royal aircraft establishment, experiments have been in progress for a long time on engines of the Diesel type using shale oil.

"Cascarets" 10c

Best Bowel Laxative When Bilious, Constipated

To clean out your bowels without cramping or overacting, take Cascarets. Sick headache, biliousness, gases, indigestion, sour, upset stomach and all such distress gone by morning. Nicest physic on earth for grown-up and children. 10c a box. Taste like candy.

Miner's Luck.

Luck seems to thrive best among the precious metals. From the gold mines and the diamond fields come many strange stories that illustrate the uncertainties of fortune. California, the Yukon, South Africa, all have their share of tales of extraordinary finds and losses; but from New Guinea comes one of the most remarkable. On many of the islands off that coast gold is found. At one time, says Capt. C. A. W. Monckton in his book, "Some Experiences of a New Guinea Resident Magistrate, Woodlark Island was crowded with prospectors.

One day a party of successful miners were returning in a small cutter to Samarai. The separate parcels of gold belonging to the individual men were "shammies," as the bullion bags are called, and the whole quantity was sewn together in a large belt of canvas and lay upon the hatch.

When the vessel entered China Strait a sudden squall struck her, and as she heeled over the gold shot into the scuppers and disappeared. As soon as the skipper could get his vessel in hand he took soundings and bearings and, running hastily to Samarai, gathered such pearlers as were working there and offered half the gold to any of them who recovered it.

Several pearlers at once sailed for the spot. Diver after diver descended and toiled; diver after diver ascended and reported a soft mud bottom and a hopeless quest; pearler after pearler lifted his anchor and went back to Samarai; and at last the cutter also hoisted her anchor preparatory to taking the miners back to the gold fields. A disconsolate group of men they were as they watched the anchor coming up; but I leave it to the imagination the change in their faces when in the mud that clung to the fluke of it they saw their canvas belt of gold.

Minard's Liniment for Colds, etc.

Trees.

Oh, wonderful forest giants,
Kings of the mighty hills,
Your heads to the clouds uplifting,
Yet bending to drink the rills!
Where learned ye your wondrous greatness,
That stoops from sky to sod,
Receiving earth's treasured sweetness,
Then giving it back to God?

Oh, fold us close in your shadows,
Sons of the earth and sky!
Here 'neath your leafy splendor,
We feel that heaven is nigh.
We seem to forget our heartache,
And stroke of sorrow's rod,
For here in your soft shade resting,
We tell it all to God.

And when, as the years are spreading,
We turn us back again
To the woods we sought in childhood,
To soothe us in our pain,
In your tender, shadowed stillness,
When the soul within us sees,
We shall find as life's joys fall us
God's place among the trees.

—Camilla Sanderson.

IF STOMACH IS TROUBLING YOU

Instantly! End Indigestion or Stomach Misery with "Pape's Diapepsin"

As soon as you eat a tablet or two of "Pape's Diapepsin" your indigestion is gone! Heavy pain, heartburn, flatulence, gases, palpitation, or any misery from a sour, acid stomach ends. Correct your stomach and digestion for a few cents. Each package guaranteed by druggist.

Not Very Encouraging.

Young man (to messenger boy)—"What did Miss Brown say when you gave her the flowers?"

Boy—"She asked the fellow who was sitting with her if he would like one for a buttonhole."

Halifax, N. S.

Minard's Liniment Co., Ltd.:

Gentlemen—I have used Minard's Liniment and have found it a good remedy. After the explosion I was pretty well shaken up, having quite a number of bruises and cuts, but thanks to **Minard's Liniment** I am my old self again. It healed the sores and bruises and gave me much relief. It is true to its name as the King of Pain, for it stopped the pain almost at once. I first noticed the ad in the Montreal Standard and decided to invest in a bottle, for which I am not sorry, but can say with truth that I am thankful for it having done all it claimed to do, and in my case much more, and a satisfied customer is the best ad one can possibly find. That is my view of it and I think you will agree with me too.

Yours very truly,
(Signed) ALFRED BLAIN,
184 Agricola St.,
Halifax, N.S.

His Birthday Teeth.

Visitor—"How old are you, grandpa?"

Old Man—"Eighty-two, I be, and I have every tooth in my head the same as the day I was born."

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Send for list of inventions wanted by Manufacturers. Fortunes have been made from simple ideas. "Patent Protection" booklet on request.

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Open Child's Bowels with "California Fig Syrup"

Hurry mother! Even a sick child loves the "fruity" taste of "California Fig Syrup" and it never fails to open the bowels. A teaspoonful to-day may prevent a sick child to-morrow. If constipated, bilious, feverish, fretful, has cold, colic, or if stomach is sour, tongue coated, breath bad, remember a good cleansing of the little bowels is often all that is necessary.

Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

Cleaning

THE postman or express man will bring Parker service right to your home.

Whatever you send—whether it be suits, coats, dresses, lace curtains, tapestry draperies, etc., etc.—will be beautifully cleaned by the Parker process and speedily returned.

We pay carriage one way on all orders.

Write for full particulars.

Parker's Dye Works, Limited
Cleaners and Dyers
791 Yonge St.
Toronto 93R

ISSUE No. 47—'22.

Thirty Years Of Trouble Is Now Ended

"For the past thirty years," said Mrs. Malvina O'Dess, of 1089 Ethel St., Verdun, P.Q., "I have hardly seen a well day. I seemed to suffer from almost everything, indigestion, headaches, nervousness, loss of appetite and even the little I managed to eat bloated me all up with gas until, I could hardly breathe. I was so restless I could scarcely sleep, and I would get up mornings so tired and dizzy it was all I could do to get around. I was simply in a miserable condition, and nothing I took seemed to do me any good.

"I heard so much good about Tanlac that I made up my mind to try it, and I'm pleased to say that it has only taken five bottles to make me feel like an entirely different person. My appetite is so good now that I can hardly get enough to eat and my troubles have all disappeared, so that I'm feeling just fine all the time. Why, I feel every bit of twenty years younger and can never praise Tanlac enough for the good health it has given me."

Tanlac is sold by all good druggists. Advt.

A hen attains her best laying capacity in her third year. She will lay in an average lifetime from 300 to 500 eggs.

Minard's Liniment for Diphtheria.

SPOHN'S DISTEMPER COMPOUND

"Spohn's." Coughs, Colds, Distemper, Influenza, Pink Eye and Worms among horses and mules. "tones" them up. At all drug stores. An occasional dose

Are your horses coughing or running at the nose? If so, give them A valuable remedy for

SPOHN MEDICAL CO. GOSHEN, IND. U.S.A.

How to Prevent Biliousness

Doctors warn against remedies containing powerful drugs and alcohol. "The Extract of Roots, long known as Mother Seigel's Curative Syrup, has no dope or strong ingredients; it chases away indigestion, biliousness and constipation. Can be had at any drug store." Get the genuine, 50c. and $1.00 Bottles.

Cuticura Talcum Is Soothing For Baby's Skin

After a bath with warm water and Cuticura Soap there is nothing more cooling and refreshing for baby's tender skin than Cuticura Talcum.

Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lymans, Limited, 344 St. Paul St., W., Montreal. Cuticura Soap shaves without mug.

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LARGEST COMPANY—RESOURCES $10,000,000; selling guaranteed toilet articles, spices, extracts, proprietary medicines, auto supplies, direct to consumer, over 50 years, offers exceptional opportunity to earnest, intelligent men; experience unnecessary; surety required. Write to-day. The J. R. Watkins Company, Dept. R., Hamilton, Ont.

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COARSE SALT LAND SALT

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C. J. CLIFF - TORONTO

Bruises & strains try **Sloan's**

It works this way: It starts circulation. This scatters congestion. The inflammation disappears—and along with it the pain.

Relieves painful rheumatic twinges too. Warms and eases backaches, neuralgia, colds in chest. Keep it handy.

Made in Canada

Sloan's Liniment—kills pain!

OF INTEREST TO WOMEN

Nurse Recommended Use of Lydia E. Pinkham's Vegetable Compound

Bothwell, Ontario.—"I was weak and run down, had no appetite and was nervous. The nurse who took care of me told me to try Lydia E. Pinkham's Vegetable Compound, and now I am getting strong. I recommend your medicine to my friends, and you may use my testimonial."—Mrs. D. Maxwell, R. R. No. 2, Bothwell, Ontario.

The reason why Lydia E. Pinkham's Vegetable Compound is so successful in overcoming woman's ills is because it contains the tonic, strengthening properties of good old-fashioned roots and herbs, which act on the female organism. Women from all parts of the country are continually testifying to its strengthening, beneficial influence, and as it contains no narcotics nor harmful drugs it is a safe medicine for women.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Mass.

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WHEELOCK ENGINE LATEST TYPE. VALVE MOTION

In good operating condition. Engine 18"x42"

Fly-wheel 15' diameter x 26" face.

NO REASONABLE OFFER REFUSED

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If you find that you are nervous and restless—that you lie awake at night—your own good sense will tell you that tea and coffee are not good for *you*.

Then quit tea and coffee for awhile and use Instant Postum instead. You'll find it wholesome, healthful and delightful, with a full, rich flavor and a delicate aroma that never fail to please and satisfy.

At your Grocer's in sealed, air-tight tins.

"There's a Reason" for **Instant Postum**

A generous sample tin of Instant Postum sent, postpaid, for 4c. in stamps. Write:

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Accept only an "unbroken package" of "Bayer Tablets of Aspirin" which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
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Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists.

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