

## THE AVERAGE WOMAN NEEDS MORE BLOOD

Poor Blood the Cause of Headaches and Run Down Feeling.

To the woman in the home—the woman closely confined to the house, either through household duties or the care of children, or both—Dr. Williams' Pink Pills are a positive blessing. The average woman has too little blood. Her nerves are easily irritated and she worries over little things; has sore heads and backaches and generally feels worn out. With the woman who uses Dr. Williams' Pink Pills the condition is different. She is always well and the care of her children or household duties is a real pleasure. This is because Dr. Williams' Pink Pills enrich and purify the blood, supply which brings vigorous health and strength. Mrs. H. Everett, Parry Harbor, Ont., has used these pills with benefit and says: "I cannot recommend Dr. Williams' Pink Pills too highly. I was run down and very weak, and after using the pills I felt like a different woman. These wonderful strength builders, for nursing mothers they are a blessing, at least I have found them so.

If you are suffering from any condition due to poor, watery blood, or weak nerves, begin taking Dr. Williams' Pink Pills now, and note how your strength and health will improve. You can get these pills through any dealer in medicine, or they will be sent by mail, post paid, at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Minard's Liniment for Distemper.

## With The Boy Scouts

A Scout Park.

The Spanish River Pulp and Paper Company has donated to the 1st Sturgeon Falls Troop several lots of Smokey Falls, where it has just built a new power plant, the property to be known as "Boy Scout Park." Two buildings have been erected, one containing two bedrooms for officers and the other kitchen, dining room, wash room and toilet facilities. A large platform for the boys' tents has also been erected. The Scouts have undertaken complete care of the park and are doing some tree planting in it in order to further improve their excellent camp site.

The Prince of Wales' Rally. On Saturday afternoon, October 17th, the Prince of Wales Inspected the largest rally of Boy Scouts ever held. The big demonstration was staged at Alexandra Palace, in London, and was participated in by 19,000 Wolf Cubs, 40,000 Boy Scouts and 2,000 Rover Scouts. The Prince, attired in full Scout uniform—shorts, bare-knees and all—spent two and a half hours with the boys, inspecting their work, chatting with them and being cheered by them wherever he went.

In his address to the Wolf Cub section of the Rally the Prince said: "Cubs, I have seen Wolf Cubs in many parts of the world, but I have never seen so big a pack before, nor have I ever heard such a howl. What a howl!" It was quite splendid. I was glad to hear it, because I know you men that when you say you will do your best to carry out what 'Old Wolf' tells you. Stick to that. Always try to do your best, whether at work or play.

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## DON'T LOSE ANOTHER HAIR

35c "Danderine" Saves Your Hair—Ends Dandruff! Delightful Tonic



Don't lose another hair! Don't tolerate destructive dandruff. A little Danderine now will save your hair; thicken and strengthen it; double its beauty.

Stick to Your Job. Diamonds are only chunks of coal. That stuck to their jobs, you see. If they'd ptered out like most of us do, Where would the diamonds be? It isn't the fact of making a start. It's the sticking that counts, I'll say. It's the fellow who knows not the meaning of fail.

THE FALL WEATHER HARD ON LITTLE ONES. Canadian fall weather is extremely hard on little ones. One day is warm and bright, and the next wet and cold. These sudden changes bring on colds, cramps and colic, and unless baby's little stomach is kept right the result may be serious.

Opportunity. They do me wrong who say I copio no more. When once I kneel and fall to find For every day I stand outside your door, And bid you wake, and rise to fight and win.

INDIGESTION, GAS, UPSET STOMACH. Instantly! "Pape's Diapepsin" Corrects Stomach so Meals Digest.

Plan to Plant Another Tree. We plan our homes, our churches, our schools, our parks and pools; We plan our music, songs and books, Our gardens and our ingly nooks; We plan our children's hours so they May have some sunshine every day; We plan our lives and with a sigh Cease planning only when we die, But all through life how seldom we Plan to plant another tree!

Look ahead! UNSTEADY nerves and sleepless nights are fore-runners of mental and physical collapse.

Watch your nerves. When tea or coffee sets them on edge, switch at once to Instant Postum. The change is usually permanent, because Postum brings health and comfort. It is free from any element of disturbance to nerves, heart or digestion, and its delicate aroma and full, rich flavor are pleasing and satisfying.

Instant Postum "There's a Reason" At your Grocer's in sealed, air-tight tins.

COARSE SALT LAND SALT Bulk Carlots TORONTO SALT WORKS C. J. CLIFF TORONTO

DYEING THE postman or express man will bring Parker service right to your home. Suits, dresses, platers and all wearing apparel can be successfully dyed.

Parker's Dye Works, Limited Cleaners and Dyers 791 Yonge St. Toronto

Minard's Liniment for Garglet in Cows. Plan to Plant Another Tree. We plan our homes, our churches, our schools, our parks and pools; We plan our music, songs and books, Our gardens and our ingly nooks; We plan our children's hours so they May have some sunshine every day; We plan our lives and with a sigh Cease planning only when we die, But all through life how seldom we Plan to plant another tree!

Minard's Liniment for Diptheria.

## All Her Friends See A Great Change

When a medicine produces the desired results its praise is sure to be heard.

After seeing a business man light a cigar and flip the match thoughtlessly into a corner of his office near a waste basket, a visitor wrote the following paraphrase of one of Phipps' best known poems: "If you can toss a match into a clearing And never give a thought to put it out, Or drop your cigarette butt without feeling, That flames may kindle in the leaves about, If you can knock the ashes from your brier, Without a glance to see where they may fall, And later find the forest all aflame, Where you have passed—with no one near to call; If you drive your auto through the working, And cast your stogie stub into the slash, Unmindful of the danger therein lurking, Or homes or happiness that you may smash; If you can leave your campfire while 'tis glowing, No thought of industries that it may blight, Or of the billion saplings in the growing, Turned into charcoal ere the coming night, If you can start a fire beneath a brush pile, When the wind is roaring like a distant gun, You surely should be jailed without a trial, And labeled as lunatic, my son." —Fire Control.

"Cascarets" 10c For Sluggish Liver or Constipated Bowels. Clean your bowels! Feel fine! When you feel sick, dizzy, upset, when your head is dull or aches, or your stomach is sour or gassy, just take one or two Cascarets to relieve constipation. No gripping, no loss of appetite, no harm to your organs and children. 10c a box. Taste like candy.

MOTHER! Clean Child's Bowels with "California Fig Syrup". Even a sick child loves the "fruity" taste of "California Fig Syrup." If the little tongue is coated, or if your child is listless, cross, feverish, full of cold, or has colic, give a teaspoonful to cleanse the liver and bowels. In a few hours you can see for yourself how thoroughly it works all the constipation poison, sour bile and waste out of the bowels, and you have a well, playful child again.

For Nervous Headaches. IS THERE RELIEF from headache or neuralgia pain worth one cent to you? That's all it costs for an application of "Vaseline" Mentholated Jelly. With the first indication of headache rub a small amount of it gently on the forehead and temples. So convenient, effective and economical!

Nervous and Run Down. Relieved by Taking Lydia E. Pinkham's Vegetable Compound. Colour, Ontario: "For many years I have had troubles with my nerves, and have been in a general run-down condition for some time. I could not get my work back the time because of trouble every month. I was told of Lydia E. Pinkham's Vegetable Compound by friends and advised to try it. It has done me good and I recommend it to all. Since I have taken it I have been able to do all my own work and I also have friends who have found it good. You can use these facts as a testimonial." —Miss Eliza Farnham, Box 200, Colborne, Ontario.

Keep your Health! USE MINARD'S "KING OF PAIN" LINIMENT. The Old Reliable. Try It! Minard's Liniment Co., Ltd. Yarmouth, N.S.

ASPIRIN. Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all.

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IS THERE RELIEF from headache or neuralgia pain worth one cent to you?

When a medicine produces the desired results its praise is sure to be heard. That is why Mrs. Katrina Nollan, Holmpatrick, Calgary, as well as thousands of other men and women throughout Alberta, have become such ardent champions of Tanlac.

"Not in a long, long time," says Mrs. Nollan, "have I enjoyed such good health or felt so well as I do since taking Tanlac. For several years past I have felt all run down and have been extremely nervous. I had no rest for any kind of food and what I did eat seemed to do me very little good. I felt tired all the time and my sleep was so unquiet that I did not rest. I somehow managed to keep going, but it taxed me to the utmost to do my household work."

"So many people here in Calgary were taking Tanlac and praising it that I began taking it myself and the first bottle made a great difference in my feelings. It was only a few weeks until I was enjoying splendid health and since that time, which was about a year ago, I have taken a bottle of Tanlac now and then with the result that I feel strong and well all the time. Everyone speaks of how much better I look than I did before I started taking Tanlac."

Tanlac is sold by all good druggists. Advt.

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## Classified Advertisements

SEND QUESTIONS TO: WIRTHDALE, 1111 N. 1st St., Waltham, Pa.

AGENTS WANTED. GENTS—50% PROFIT. SELL THE "Africani" for the continent of Africa. Makes starting easy, only running cost increased. Moderate commission. Moderate capital. Write for prospectus. Home Manufacturing Company, Dept. E, 219 York St., Toronto, Ont.

BELTING FOR SALE. BELTING OF ALL KINDS, NEW OR USED, PATTERNS, SHOWS, CABLE HOSES, etc., subject to approval at lowest prices in Canada. York Belting Co., 115 York St., Toronto.

DOG DISEASES. Book on Dog Diseases. How to Feed and How to Cure. Write for free copy. 350 West 44th Street, New York, U.S.A.

Constipation Banished. A druggist says: "For nearly thirty years I have recommended the Extract of Roots, known as 'Mother Selig's Cathartic Syrup,' for soothing and permanently relieving constipation and indigestion. It is an old reliable remedy that never fails to do the work." 30¢ a bottle. 50¢ and \$1.00 bottles.

FACE DISFIGURED WITH PIMPLES. Itched and Burned. Lost Rest. Cuticura Heals. "My skin became irritated by using different brands of ointment. I was told of Cuticura and I purchased it. I received it in a box and found it in a box. I used it and found it to be the best. I used it and found it to be the best. I used it and found it to be the best." —Miss Eliza Farnham, Box 200, Colborne, Ontario.

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## The Marked Standard

Published on Wednesday

SUBSCRIPTIONS. To be published on Wednesday. Canada, \$2.00 a year. Five cents less paid in advance. Not returned until all arrears are paid except at the option of the publisher.

Advertisements. All advertisements under \$1.00 are charged at one inch. Professional cards, of 100 words, \$5 per annum, or \$3.50 per month. Reading notices inserted to transpire, 10c per line. Advertisements for the sale of real estate, 10c per line. Advertisements for the sale of real estate, 10c per line.

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