- Iching destitute

PATIENCE AND HARD WORK ARE HIS "SECRETS."

Worked Wonders in Plant-Life, Producing Seedless Potatoes and Shell-less Walnuis.

opportunity of visiting Luther Burbank, says an English writer.

age in his own line of business. He has, improved upon, Nature almost past bellef. His speciality lies in making plants of all kinds much more perfeet than they ever were before.

What is Luther Burbank's secret? There isn't one. He has simply used benefit they have had through the use. Small flies are not baby flies plants and has brought out more varieties of plants than any other man in history. But it has taken him half a century of labor and some 100,000 experiments. The seedless potato which he evolved some fifty years ago has had a greater effect on the world's supply than any single plant.

Morticulturists and floriculturists Lave been doing the same thing for laws been doing the same thing for laws Pink Pills. I was in a weak, centuries. Luther Burbank has been more successful than any of them because he possesses the capacity for taking infinite pains, and that is another way of saying he is a genius. Weird Walnuts.

Patience and hard work, and espe-cially patience, have been the chief Then, reading about Dr. Williams' factors to his success. For fifty years Pink Pills, I decided to try them, and he has thought of nothing else.

Deciding first what he wishes to pills have saved me from prolonged create, recreate, or improve in the misery. My health is now good, and vegetable world, he begins by select we now keep the pills in the house for illy specially line speciments, allowing use as a family medicine." them to go to seed, and then experiment with the seeds under all sorts of through any dealer in medicine or by conditions of climate, soil, and nour mail at 50 cents a box or six boxes ishment. The products of these ex- for \$2.50 from The Dr. Williams' Mediperiments are in turn improved until the desired result is obtained.

Far be it from me to belittle the fame of Luther Burbank. But I want to dispel the idea that he possesse any supernormal powers, just as I am anxious to dispel the stories of "black magic" on his part. The truth about this really great man is much more in teresting than are the wild tales told

The cinema is often spoken of as que of the greatest benefactors of min-kind. Well, Luther Burbank has done Racial Origin—English. more for his fellowman than all the Source—A given name. film stars going. He has added to the wealth of the world to an extent that

we cannot yet estimate. about him and his work. ·I returned to my first question- bearers.

d thorns. At least, it was Burbank got busy with it. "How did you do it?" I asked.

"I simply experimented with the reeds until I got what I wanted," he replied, casually dismissing years of cactus - and that's all.

. "And that is what I amltrying to do - to produce better grains, nuts, fruits and vegetables," he went on. "I am not only striving after new forms, co ors and flavors, but for a better fool supply for the world with less waste My new wheat has been awardell, first prize in Canada. It is the finest wheat in the world. I have also a new out and a new barley, which will add ions to the world's wealth.

"Just now I am devoting most of my time to new varieties of fruits and mits. You know, before I produced my plums it was impossible to export any California plums, as they got spoiled on the way. So I just grew a thicker skin on them!

Lalso developed some walnuts with out any shells, but the birds ate them on the trees, so I had to grow th shells back again. I want to show you my walnut trees. I think they are one of the finest things. I have pro-

duced: The Old, Old Story.

n d 128.

E. Grita List re-

theman and smiled.

low has the code are

che in ce firl con-

so, the next-time you

, I am going to do the

you. If you slap it, I'll

ou pull its ears, I'll pull

pinch it, I'll pinch you."

a moment's thought)-

e can get more music

orn than others can out

ad Than Heart.

ll its tall."

instruments

pid are these that

He led me out into his gardens which, by the way, are not exception ally large, and only boast of a green house no larger than many of the conservatories one sees in the grounds of ardent amateur flower-growers. Here he pointed out to me a huge tree.

"I grew that tree in ten years, and it is as large as a two hundred and fifty year old tree," he explained. is a cross between the black and the English walnuts. Its timber is nearly ten times as valuable as that of the ordinary, walnut. Think what that. means. A forest of them would be worth a fortune.

As we walked about he pointed out to me various experiments which were under way.

And as we talked I got an insight into his philosophy of life, which was even more interesting than the plant wonders he had shown me. Luther Burbank is an optimistic pes-

"There is as much in life to hope for as there is to fear," he told me. "Life is self expression, with action in certain definite directions, based on mechanical orachemical change. You cannot get away from the facts of evo-

# THE WAY TO BE WELL

Good Health Maintained Through Rich, Red Blood.

There are many men and women nest coating of tin. ines they feel very well. Why does ance. heir health fluctuate so?

In the case of men worry and over-

Burbank is one of the marvels of the round health; and the secret of it is sheepskin. good, red blood and plenty of it. One From its name, one would think that tion, is to take Dr. Williams' Pink a harmless, dainty little bird. not be found who will tell you the just as frequently by day.

> women, and at the same time have feetly harmless. given new vigor to pale, delicate girls It is a fallacy to suppose that a cal is shown by the statement of Mrs. Lawrence Brown, Walton, N.S., who bloodless and nervous condition suffering from all the depressing symp-

toms that accompany this run down state of health. I had taken much medicine but it did not do me any good, and as I had a family of small I can honestly say that I feel these

You can get Dr. Williams' Pink Pills cine Co., Brockville, Ont.

Australia exports 24,000,000 rabbit skins every year.

Ask for Minard's and take no other.

# Did You Know This?

really entitled.

who, every few weeks, have spells of Nor is "galvanized" iron really gal- and was astonished, so the story runs, stomach trouble is sounded by Mrs. weakness, during which time they are vanized; it is merely dipped in molten to see the Persian hopping about the O. E. Smith, of 169 Yarmouth Road, ttle better than invallds; yet at other zinc to give it the galvanized appear- floor in the most curious way. The

the camel-hair brushes so beloved of on the Persian said: trained nerves are usually respondantists, for they are made principally ten has stabbing pains in the side, kid gloves that have no connection The only real health is all-the-year- with young goats but are made from

way to keep the blood in good condi- the tit-mouse was a rodent, instead of The Pills. There is scarcely a nock or nightingale is not by any means only corner in Canada where someone will a night singer; its sweet song is heard

intelligence and patience in crossing of these pills. And the reason is that never grow any bigger, for the size through the improved condition of the of flies does not vary once they are blood they strengthen and tone up the fully formed. The dragon-fly is often nerves of worried, enfeebled men and accused of sting; in reality, it is per

> and thin weedy boys. The value of can see better in the dark than in the these pills in all run down conditions daylight, for it cannot, though its. powers of sight at night are more highly developed than those of map and many of the humbler creatures. A beef-eater does not get his name

from the fact that he eats nothin but beef. The original word was but fetier a French word, meaning a mai who waited at the Royal table or but fet. Perhaps you have thought that it is

steam which you see coming out of the kettle spout when the water boils. Steam is invisible; what you see condensed moisture.

Timely Warning. The newly-appointed manager of a banking branch was being introduced to his employees. He singled out one of the men

the cashier's desk, questioning him detail about his work. "I have been here forty years," sai the cashier's assistant, with conscious pride, "and in that time I have duly made one slight mistake." "Good," replied the new manage "But hereafter be more careful."

# Surnames and Their Origin

An older but obsolete form of this family name would be 'Harkerson,' or perhaps "Harkison," for it really be-Only he doesn't employ a Press longs in the classification of surnames agent, so the world doesn't hear much which end in "son" and which originwhich end in soil that we know as Dolan, Douly, ally indicated the parentage of their Dovly, Dular and Dowling.

an Anglo-Saxon name which was in Battles. wide use prior to the Norman invasion, and which persisted even through that period, just as many other Saxon ly two names of Dolan or Dodley. names did. As a matter of fact, howproduced a new and better variety of given name that we can pick it up derives its name from "Eochaidh come along, "the difference between prior to the Norman invasion.

"Hardgaer" and "Heregaer" were times. sense, "strong weapon."

children.

fee all her life."

reckoning.

Variations - Dooley, Dowly, Doolar Dulan, Dowling. Racial Origin-Irish.

Source-A. clan name.

There is conflicting testimony Some authorities claim that the

how he had produced the spikeless in a sense the name can claim great name comes from a chieftain who was cacius. For those willo do not know this armor plated plant, I just wish to of Norman origin, for it comes not a brother of that famous Irish High from a Norman given name but from King known as Conn of the Hundred postage stamp." But a greater weight, of evidence,

however, indicates that there are real-There was a Dolan or "O'Dubhlein" ever, it is likely that the family name clan in what is now the barony of Tul- chest expansion." work. "It took time, and I don't know was formed just about the same time laghagh in Cavan County, and this how many experiments. In the end I the others were, and it is only as a clain, it is pretty certainly established,

> the spellings which the Anglo-Saxons . The other Dolan clan is more widely when it is inflated." gave the name, and if you'll try it known under the name of Dowling. yourself you'll see there is really lit- Prior to the English invasion it held meaning of this given mand the more general and the Irish spelling of this clan gless what you call my chest expansions "strong weapon." and the Irish spelling of this clan gless what you call my chest expansions strong weapon." name is "O'Dubhlaoidh."

Never Mind What Granny Did —

Remember—You're You!

Instant Postum FOR HEALTH

A generous sample tin of Instant Postum sent, postpaid, for 4c in stamps. Write:

Canadian Postum Cereal Co., Ltd., 45 Front St. E., Toronto. Factory: Wirdsor, Ontai

MANY people refuse to believe that tea or coffee can possibly

harm them, because they have used

these table beverages ever since they

outgrew the health rules relating to-

"Nonsense!" they say, "Why,

It's true that some folks drink tea

and coffee without apparent harm.

These are the exceptions. But to

most people there comes a day of

Sold by grocers everywhere

Granny has been drinking tea or cof-

#### A Devout Oriental. Many ordinary, everyday things While on a special mission to the have names to which they are not United States, a Persian official was

Take tins, for instance. They have who invited the Oriental to his counno right to the name, for they are try place near the national capitol. On made of sheet iron, with only the thin- the morning of the Persian's arrival his host visited him in his apartment men and women who are victims of

"This rug is, as you see, green in the for this state of unfitness and from squirrel's hair, and scaling wax color with pink roses here and there, headaches and dizzy spells. My kidinability to face the auxieties of daily does not contain an atom of wax. It Now, green is a sabred color with Per- neys also bothered, me, and my back is made from shellac, cinnabar, and sians, so I am obliged to hop from rose and legs hurt constantly. But since I

> Diplomacy. Young six-year-old Walter was readng a book far beyond his years. He looked up (he often did) and

said: "Papa, what does diplomacy mean?" the right thing at the right time." The boy was silent for a minute. Get a bottle today. Then suddenly he spoke again. Then, I suppose," he said, "I used diplimacy last night?"

"How was that?" asked his father. "Why, when mother came in with the castor oll last night. I rolled Johnny over into my place, and then rolled him back again before she got to the other side!"

## SAVED BABY'S LIFE

Mrs. Alfred Tranchemontagne, St Michel des Saints, Que, writes:-"Baby's Own Tablets are an excellent medicine. They saved my baby's life and I can highly recommend them to ed the worth of Baby's Own Tablets. The Tablets are a sure and safe medicine for little ones and never fail to regulate the bowels and stomach, thus relieving all the minor ills from which children suffer. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams'

In Proportion.

Medicine Co., Brockville, Ont.

For weeks Rerkins had been ill in ospital. With the beginning of convalescence he called loudly for food, declaring that he was being starved. "The doctor says you may have omething to eat to-morrow." said the

nurse soothingly. Now Perkins realized that there would be a restraint to his appetite; yet in his mind he could behold a meal, albeit a modest ond, at his bed-

announced: "Here's your dinner." And garding the origin of the Anglicizen she gave him a spoonful of tapioca, forms of the Irish family name which adding, "The doctor says that everywe know as Dolan, Dooly, Dooley, thing else you do must be in the same

A little later nurse was summoned "Nurse," he gasped, "I want to do lor, who, while under court-martial, some reading; please bring me a had been so impressed with the in-

Real Expansion "Now." said the physician who was examining an applicant for life insurance. "I shall have to accertain your

"My what?" asked the applicant. "He means," said a friend who had Dubhlen," a chieftain of medieval what you measure when your chest is not inflated and what you measure

"Oh," said the applicant, beginning dimly to understand. "Ten years ago tle difference between the pronuncia the territory of Fertuliagh in West- I measured around here"-indicating tions of "harker" and "hardgar." The meath. The name came from that of his rotund stomach-"only thirty-two meaning of this given name was "Dubhlaodh," the founder of the clan, inches. I measure forty-eight now. I

If you are free from headaches

nervousness and indigestion, if you

never lie awake at night, if you know

that your health is unimpaired A then

perhaps, you are an exception, too.

you do find something the matter

with your nerves and digestion, there's

a happy, healthful, table beverage

made from roasted wheat. Its name

is Instant Postum. It has a fragrant

aroma and a rich, full-bodied flavor

that charm and satisfy without risk

to your health and comfort.

"There's a Reason

BUT-it's well to know that, when

#### Says Indigestion Was Entirely Overcome

Hope for the millions of unfortunate Toronto, Ont. Mrs, Smith was a vichost ventured to ask the reason for tim of stomach, trouble in its worst The camel has nothing to do with this extraordinary conduct; whereup form but was completely restored to health by taking Tanlac. She says: "I suffered terribly from indigestion,

Wile I was making my "tour of in- As for women, her back aches, she turpentine. It is the same with lead to rose. It is very good exercise, but took Tanlac my digestion is perfect specific "through California I took the lis dizzy with sick headaches, and of pencils, which contain no lead, and somewhat fatiguing." any kind. In fact, I feel just fine all the time."

Undigested food ferments in the stomach and soon the entire system is filled with poisons. Tanlac was dosigned to restore the stomach to a 000,000 fish. healthy condition and build up the "Diplomacy, Walter, means doing whole body. Millions everywhere have acclaimed its wonderful power.

Tanlac is sold by all good druggists.

#### A Stone-Dust Car-Blower. A car has been designed for distri-

of the rough-hewn walls. Currents of MINARD'S LINIMENT and cannot air created by trains of coal-cars passing through, or by other means, constantly blow it about. When the coal dust is mixed with air it becomes a

dangerous explosive. Accordingly, resort is had to the exnedlent of blowing stone-dust over the walls and ribs of the tunnels. The all mothers." Mrs. Tranchemon- same air-currents that scatter the coal tagne's experience is that of thous- dust distribute with it the stone dust, ands of other mothers who have test- which, mixed with the coal dust, renders the latter non-inflammable.

A conical receptacle is filled with stone dust, which is discharged through a hose, a gasoline engine ac tuating an air-blast that drives it out in a dense and powerful stream.

## 'Cascarets" 10c

Best Bowel Laxative When Bilious, Constipated

To clean out your bowels without ramping or overacting, take Cascaets. Sick headache, biliousness gases indigestion sour unset stomach On the morrow nurse entered and and all such distress gone by morning, Nicest physic on earth for grown-up and children. 10c a box. Taste like candy.

Playing It Safe.

In navy circles there is told the story of an old sailor named Bill Tay structions of the young officer detailed for his defense that he was determined to exercise all care as to qualifying evidence when he was not abso- "Pape's Diapepsia" is the quickes lutely certain. So, when the Judge surest relief for indigestion, gase Advocate asked him his name he re- flatulence, heartburn, sourness, fe plied:"

words to that effect."

MONEY ORDERS.

The safe way to send money by mail by Dominion Express Money Order. You cannot dodge your responsibilty by running away from duty.

Minard's Liniment for Distemper.

Saving Time Lengthens Life. Think of the tremendous efforts and pains business men take to attain the highest possible efficiency in manufacturing, in handling and selling, inbuilding, the cutting of of unnecessary steps, studying the science of short cuts and effectiveness; but how few pay any attention at all to the time efficiency, the saving of the minutes and the hours as precious success roducts.

There is nothing so precious as time, because we cannot separate a particle of our existence from a moment of time. They are identical so far as we are concerned. We live in what we call time.

Now, I presume that the majority of people could save at least one hour a day during their whole active careers, by rearranging their life schedule Most of us sleep too much. It doesn't follow that because we are sleepy when our usual time arrives to get up we need more sleep. If we lie abed nine hours or eight hours, and even if we sleep most of the time, it does not follow that we would suffer if we should cut off an hour of this precious time, because we would naturally sleep better during the shorter time we allowed ourselves.

I believe that seven hours of good sound sleep is enough for anybody, excent small children and babies. I doubt if any healthy adult needs more. If those who are strong and in good health only allowed themselves this much time I believe they would get all the sleep they needed.

'Just think what it would mean to save an hour a day for self-improve ment, for good reading, for self-culture in different directions! How we could, enlarge and enrich our lives with all these saved hours a week!-O, S. Marden.

ISSUE No. 40-122.

## SALESMEN

Classified Advertisements

BIDOUT & MAYBEE, KENT BLDG. Violine Street, Toronto, Registered Putcht Attorneys. Send for free booklet.

YARN-WONDERRUL VALUES AND Colors, samples free-Georgetown

WEERLY NEWSPAPER WANTED.

Tor a weekly newspaper in On-land. Price must be attractive. Send ill information to Wisson Publishing o. 1td., 73 Adelaide St. W., Toronto.

BELTING FOR SALE

THRESHER BELTS AND SUCTION hese, new and used, shipped subject to approval at lowest prices in Canada. York Belting Co., 116 York St., Toronto, Ont.

MOTHER!

Move Child's Bowels with

'California Fig Syrup'

liferry mother! Even a sick child

oves the "fruity" taste of "California

Fig Syrup" and it never fails to open

the bowels. A teaspoonful to-day may

prevent a sick child to morrow, If con-

stipated, bilious, feyerish, fretful, has

cold, colle, or if stomach is sour,

ngue coated, breath bad, remember

abod cleansing of the little bowels

Ask your druggist for genuine "Cali-

bables and children of all ages

ited on bottle. Mother! Nou must

"Callfornia" or you may get an

for hia Fig Syrup' which has directions

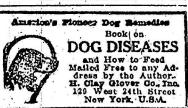
Many Times It's a Guide to

Health as is This One

often all that is necessary.

Colors, samples free-Geo

We pay weekly and offer steady implyment selling our complete a exclusive lines of whole-root, from dug-to-order tress and plants. Be stock and service. We teach a equip you free. A money-making opportunity. Luke Brothers' Murseries, Montreal



Bad milk can be detected over the telephone by means of a newly design-

Every square mile of the ocean is believed to have a population of 120,-

home, hunting and lumber camps for years, and consider it the best white Advt. A car has been designed for distri-buting stone dust in coal mines, to pre-vent explosions.

Of wounds. Also it is a great remedy for coughs, colds, etc., which one is liable to eatch when log driving and Much coal dust lodges on the "ribs" cruising during the winter and spring of coal-mine tunnels and in crannies months. I would not be without nmend it too highly.
(Signed) Ellison Gray.

> "My face was entirely covered with imples which, not only disfigured me but bothered me with made the burning more

but they gave no relief. The trouble lested for nearly three months until I heard of Cuticura Soap and Ointment. I sent for a free sample. In about a week a decided improvement was made so I bought more, and two cakes of Soap with one box of Ointment healed me." (Signed) Elmer V. Foss, 7 Ocean View Ave., East Lynn, Mass.

STOMACH MISERY. GAS, INDIGESTION

"Pape's Diapepsin" Corrects Sour, Upset Stomachs

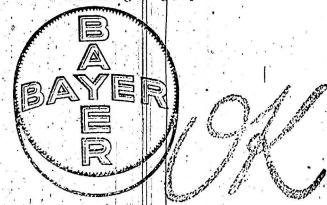
mentation or stomach distress cause "My name is William Taylor-or by acidity. A few tablets give almos immediate stomach relief. Corre your stomach and digestion now for few cents. Druggists sell millions packages.

### COARSE SALT LAND SALT

Bulk Carlots TORONTO SALT WORKS C. J. CLIFF TORONTO



UNLESS you see the hante "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Toolhache Earache

Headache Neurulgia Lumbago

· · Rheumatism Neuritis Pain; Pain

Handy "Bayer" boxes of 12 tablets -Also bottles of 24 and 100 - Directists. Aspiring to the trade mark (resistance) in Gainda) of Bayer Manufacture of Mono-acetical desters of Salley life cid. While it is well known that Applyin means tayer manufacture, to assist the Yubble lightest initiations, the Tubbets of Biographic many will be stamped with their goneral trade mark, the "Bayer Cross."

One of the best known guides in Nova Scotia gives this testimonial of MINARD'S LINIMENT: Have used Minard's Liniment in my

niment on the market. I find that t gives quick relief to minor ailments such as sprains, bruises and all kinds

### Cuticura Heals Itching Burning Pimples On Face

itching and burning. They were large, hard and red, and after a while began to fester. They itched so that I had to scratch them which intense. "I used various salves and creams

Give Cuticura Soap, Ointment and Talcum the care of your skin. Sample Each Free by Mass. Addrers: "Lymans Limited, 344 St. Fanl St., W., Montreal." Sold everywhere. Sorp 25c. Olintment 25 and Use. Taleum 25c.

Cuticura Soap shaves without rutg.

Women-Read It Marmion, Ontario .- Before using

initation fig syrup.

Ledia E. Pinkham's Vegetable Com-bound I was a total wreck. I had terrible pains in my sides and was not regular. Finally I got so weak I could not go up stairs without stopping to rest half-way up. I saw your redicino advertised in the newspapers and gave it a trial. I took four bottles of the Vegetable Comound and was restored to health. railk eight cows and do a hit work and enjoy the best of health. I also found the Vegetable Composed great help for my weak back bethre my babies were born. I recommend it to all my friends."-IENRY JANKI, Marmion, Ontario.

Letters which you read in the newsapers recommending Lydia E. Pinkam's Vegetable Compound are gentiline expressions from women who have been helped by this splendid nedicine. They are anxious for other, vomen, who may be suffering as they lid, to know of the great ment of his inedicine. Esch, one, with her reputation, stands behind it, to point but to sick women the way to health. Lydia E. Pinkham's Private Text-Book upon "Allments Peculiar to Women" will be sent you free upon request. Write Lydia E. Pinkham Medicine Co., Lynn, Mass.

