Bookil tusty dishes invents tasty for you

About the House

"Good morning, ladies,"

and I'll have a basket for you."

My Garden.

is a lovesome thing, God wot!

Fringed pool,

Fern'd grot-The veriest school

In gardens! when the eve is cool?

Nay, but I have a sign;

Tis very sure God walks in mine.

Minard's-Liniment for Dandruft

time. Just look pleasant."

Contends that God is not-

-Thomas Edward Browne.

Rose plot,

A garden

"why 'Mrs. Robinson'?"

Care of the Growing Child in The age from two to six has been!

esignated as the neglected age of Mrs. Robinson at home?" chilchood. The "better babies" crusades of the past few years have reculted in the proper care of babies

"You know it's buckwheat cakes you're
being rather thoroughly scattered after. I believe he can smell 'em a
mile away! I changed the day on roadcast, while secent health surveys mile away! I changed the day on n our schools have resulted in par- purpose, but he smelled 'em out." ents watching more carefully the "I didn't suppose that you were "perhaps he could wear mine."

cumulation is to be well laid. Of please; I've sworm off." food alone will not keep the child lectured him about eating so much get on our way."

Quite often during the hot weather and left the doctor and her niece smilfore dinner. Then after dinner I take

The child should drink plenty of you, Mrs. Robinson."

A long, straggling figure of the child should drink plenty of you, Mrs. Robinson." water during lot weather. By all moans avoid eating between meals. Ice cream and the popular betweenmeal daintles may be given occasion-

ally at meal time, but are harmful be

tween meals

Children of this age are quite apt to play too hard and pecome over-tired. They should be watched, and not allowed to run around too long in the hot sun. Devise sitting games in the shade for a part of the time, especially during the hottest parts of the day. A sand pile in a shady place is a boom for health. Our children spend bathing suits and dig and splash in the without knowing its Swiss Family?" country.

special amusements laid away for this day, and they considered it great function between the day in bed and have their meals served them on a tray. In that family the children were not allowed to become very quickly on the nerves of the child.

The Preservation of the parameters and see what happens."

The Preservation of the parameters and see what happens."

The Preservation of the parameters and see what happens."

The Preservation of the parameters and see what happens."

It's across the ranges to the east. If you follow the track across the clear, and all axisety are fank poisons and that many of these under the same poisons and that many of these under the poisons and that many of the said. The said share which immediate the poisons and that many of the said in the station of the form of the said in the same of the said. The said share which immediate the poisons and that many of these under to lack of the form of the proper nutrition, to a semi-starved breathing hard. "McLaughlin, the breathing hard."

homemakers of the province and may find something to give if you want to doing their drovin' so long as it's addition to the kitchen bookshelf as It deals not only with the canning of fruits and vegetables but also includes sections on jam and jelly makng; pickles and sauerkraut; the canning of chicken; the preservation of eggs; the drying of fruit, the curing of pork and beef on the farm; and storing vegetables for winter use. Of peace: and yet the fool Every Ontario housewife should secure a copy of this up-to-date pam- Not God!

For Cream Soups. Method-Melt the butter, stir in

flour until perfectly smooth and gradually add scalded milk, stirring Alps Yield Up the Dead. carefully all the time. Such vegetables as celery, corn and peas are so much during the long hot summer face worked uncertainly.

"I cannot say what I want to," he cooked in the amount of water given of 1921 that many long-lost bodies and this liquid is used in the soup. All vegetables are pressed through a sieve and the pulp added to the milk sauce. Seasonings like onion are added with the milk while scalding past has been milu, it seems that many have done for me and removed. The amount of flour used as thickening varies with the amount of starch in the vegetable. Lord Frederick Douglas, killed during him stride across the clear Whymper's ascent of the Matterborn disappear among the trees. Croutons-Cut bread in slices half Whymper's ascent of the Matterhorn an inch thick; remove crusts and in 1865, may be found. Ice surpasses embalming, and if we could get to the

spread slices with butter. Cut in halfinch cubes. Place in oven and toast to a golden brown. Serve with cream learn what men were like 50,000 years soups, dropping a few of them into each bowl.

The Giver.

An automobile horn sounded, footsteps rang on the walk, and then the

Royal Ontario Museum 253 Bloor St. West, Near Avenue Bold Largest permarent exhibition in Canada. Archaeology, Geology, Mineralogy, Pal-seontology, Zodlogy, Open,dally, A0 a.m. to 5 p.m. Sunday, 2 to 5 p.m. Bloor, Belt Line Dupont and Avenue Rd. care,

The Pioneers

BY KATHARINE SUSANNAH PRICHARD

Synonsis of Preceding Chapters. Donald and Mary Cameron are carvng a home out of the Australian wilds. edge of the clearing. hen little David was four months old them wounded, entered the hut. Mary offered them unstinted hospitality, light of a lantern before the wagon, big form of the doctor appeared in the to befriend them—at a price. She gives them some of her husband's clothing.

"You had better put on those yourself," Mary said, following his glance, She sat down and took off her shoes.

While he measured her shoe against bairn? the child is laying the foundation for good health in the pre-school years and must be watched carefully if the extra plate laid! Only three lumps, and broken pair of green-hide covers and must be watched carefully if the child is laying the foundation since you insist—I observe there is an abroken pair of green-hide covers a broken pair of green-hide covers clamped with nails that Donald had

"Listen to him!" Aunt Delia ex"They will be right for him," he in the Port of two men from Hobart claimed. "When I've lectured him an' said. "I'll waken him now and we'll Town, escaped convicts, having taken

Aunt Delia hurried into the kitchen the newly-baked loaves.

"You can change in here while I "You can change in here while I

Quite often during the hot weather and left the doctor and ner nice smilmy little lad of three has a bath being at each other.

"You can change in here while I
put Davey to sleep outside," she said.

"Habit's a terrible thing, Miss "And there's a pail of water and soap
fore dinner. Then after dinner I take

"Habit's a terrible thing, Miss "And there's a pail of water and soap
mob, cheap, from a man whose stock-

you, Mrs. Robinson."

A long, straggling figure came to her a few moments later, clad in Donald's clothes. She smiled to see the way they hung short of his ankles, hitched over the long, thin legs. But she heard the night.

"Uittle Mamie Roudell Fell off the "Little Mamie Randall. Fell off the chicken-house roof and broke her leg."

"Sakes alive, you don't mean it! The definable way it had purified and poor little mite! You stop in to-night, stimulated the inner man. He had and I'll have a basket for you." [found Donald's shears, too, and had "You bet you will," the doctor clipped the shaggy growth about his agreed. "Say, Aunt Dele, if you keep on you'll be a real cook some day."

"But why" Floring interpreted "You have the air of a daffy young moving flanks, and branching horns. n you'll be a real cook some day."
"You have the air of a daffy young "But why," Eleanor interrupted, Englishman just arrived in the Col-

onies to make your fortune," she said.
"Ma'am, isn't that what I am?" The doctor, syrup jug in hand, look-A sand pile in a snady place is a ed across at her pityingly. "Sure There was a blithe recklessness in youth, and the cracking of whips and boom for health. Our children spend en ough, you are too young. Aunt Dele, his voice. He swept her the bow that yelping of dogs for nearly an hour many hours playing in the creek not enough, you are too young. Aunt Dele, his voice. He swept her the bow that afterwards as they tried to get the how does the present generation exist was considered gallant in the old;

Steve appeared in the doorway.
"Are you going now?" she asked. "Oh, I know now. I'm better educat-

The Preservation of Food.

The Women's Institute Branch of "But how do you always manage to the cattle-owners can't get beasts to the cattle-owner The Women's Institute Branch of "But how do you always manage to the cattle-owners can't get beasts to the Department of Agriculture has just issued a revised edition of Bulletin 252, "The Preservation of Food Home Canning." This Bulletin is Aunt Delia's smile was bright. "We want any job that'll bring food and money to begin with, and they ready for free distribution to the "Why, bless you, child, you can always too particular inquiries as to whose homemakers of the province and may find something to give if you want to define drovin's so long as it's home in faculties must work together for one creases to whose homemakers of the province and may find something to give if you want to deal as he would be homemakers of the province and may find something to give if you want to deal as he would be homemakers of the province and may find something to give if you want to deal as he would be homemakers of the province and may find something to give if you want to deal as he would be homemakers of the province and may find something to give if you want to deal as he would be homemakers of the province and may find something to give if you want to deal as he would be homemakers of the province and may find something to give if you want to deal as he would be homest man to deal as he w

"You'll have no trouble about water, otherbecause there are creeks all through ing new in the district, to stand well fectiveness of the brain team work bundle into his hand.

"It would be a good thing, too, being us, depresses us and destroys the effectiveness of the brain team work bundle into his hand.

It would be a good thing, too, being us, depresses us and destroys the effectiveness of the brain team work bundle into his hand. to her. He was slouching towards the

trees.
The tall man took the food from her. Their eyes met. "Have I ever seen you before? I eem to know you," she asked, dis-

tress on her face. "Pray God not, ma'am," he said. "What is your name?"
"You'd better not know."

For a moment, in a storm of gratitude and emotion, his mind trembled The glaciers and snow fields melted on the verge of self-revelation. His

said at last, as if restraint denied him were found. One was that of a guide said at last, as it restraint at them. This them. I but have been sent out for lots of men have been sent out for lost 18 years ago; another, a Swiss is a debt, ma'am. If ever, in any way, things that were not crimes at all, school teacher who disappeared in I can repay, I will. But there's no 1914; and inasmuch as the winter just way of letting you know what you

more bodies wil recovered this summer. It is hoped that the remains of Then he turned away, and she watched "Yes." s the clearing and CHAPTER VI.

In her sleep Mary heard the rumble in Melbourne it was the same. bottom of the Arctic ice we might and groan of the wagon as it ground the lowing of cattle, sounds of men's No respectable woman can afford to, voices in the clearing. For a moment in a country where every second woshe believed that her mind was still man has the prison mark on her. Show hoveing in the troubled state of sympathy with lags, and what'll be dreams. Then Donald's voice calling said next? You're a lag yourself and ture of a newly engaged pair, and there her struck through the drowsy unthat's why your sympathy's with was some difficulty in getting the right certainty. Trembling, she sprang out them. Y're my wife, the wife of a expression. about her shoulders. She lighted the y'r remember that, and I'll not have dip in a bowl of melted fat and put it said of you!"

He threw her off from him. "Too strained," he said, "too strained. Don't think of each other all the "Maryl"

Again his voice, hoarse and impa-tient, came from the darkness on the She pulled back the bolts and threw

and heard the story of their escape she dimly saw its white shape, and from the Island prison and the the moving backs of cattle.

treachery of McNab who had promised Her arms went out to Donald when he stood before her.
"Where's the dog?" he asked.

From her eyes and her face as she fell back, he learnt that something

unusual had happened "Then there has been trouble?" he

. He swept his hat off with a great sigh. "But you're all right, you and the

"When the dog did not fly out as we got near the house I thought some minute since I've been away. But we fore dinner. Then after dinner I take
off all clothing but underwear, or put
on a thin night sown and put him on
the floor in the coolest room in the
small barefoot youngster coming for
house for his nap. The windows are
all open, permitting a circulation of
air. During extreme hot weather; the helped himself from the plate in front
spring of merring of water and soap
mob, cheap from a man whose stockman had cleared out and left them on
his hands. Get us something to eat
ready, I'll bring the wagon up to the
shed now. You can get what you want
from it. There's corned meat and oatmeal and flour for a year. We'll put
the collection of filling my pocket with cookies." He
helped himself from the plate in front
spring of merriment. air. During extreme hot weather the of hims my pocket with cookies. He solicitude, touched a forgotten well-the cattle into the fenced paddock and little fellow has another bath before helped himself from the plate in front spring of merriment.

going to bed early in the evening. The of him. "But all the same," he added Mary lifted Davey into her arms, then come down. You can clear out marm bath is restful and induces as Aunt Delia came in with a pile of and sang to him softly as she walked or two and a blanket in it for John-tween the cookies. The solicitude, touched a forgotten well-the cattle into the fenced paddock and then come down. You can clear out the wagon enough to put a sheepskin or two and a blanket in it for John-tween the cattle into the fenced paddock and the cattle into the cattle into the fenced paddock and the cattle into the fenced paddock and the cattle into the fenced paddock and the cattle into the cattle into the cattle into the fenced paddock and the cattle into the cattle into the fenced paddock and the cattle into the cattle i then come down. You can clear out Ho turned away and went back into

Mary threw more wood on the fire

As she put on her skirt and bodice she heard the wagon laboring forward bacon she wanted from it by the light of a lantern, when, with a rattling of horns and a thunder of hoofs, the cat-tle beat past her along the track bemoving flanks, and She heard her husband's voice, hoarse "Ma'am, isn't that what I am?" and yelling, the voice of the strange youth, and the cracking of whips and his voice. He cracking of whips and beasts into the fenced paddock on the hill-top.

It was nearly dawn before Donald one wise mother of my acquaintance, who was quite famous for her good-tempered children, used to insist that occasionally each of the children should have a day in bed. She had special amusements laid away for this occasional was a major base of the children and see what happens."

"Are you going now?" she asked. He nodded.

"But I must give you some bread and the slight, insignificant-looking young man he had brought with him from Port Southern had finished their and milk to take with you," she said the slockman went to strike Middleton's. It was nearly dawn before Donald and the slight, insignificant-looking young man he had brought with him from Port Southern had finished their meal. Then the stockman went to strike Middleton's. It was nearly dawn before Donald and the slight, insignificant-looking young man he had brought with him from Port Southern had finished their meal. Then the stockman went to strike Middleton's. It was nearly dawn before Donald and the slight, insignificant-looking young man he had brought with him from Port Southern had finished their meal. Then the stockman went to strike Middleton's. It was nearly dawn before Donald and the slight, insignificant-looking young man he had brought with him from Port Southern had finished their meal. Then the stockman went to strike Middleton's. It was nearly dawn before Donald and the slight, insignificant-looking young man he had brought with him from Port Southern had finished their meal. Then the stockman went to strike Middleton's. It was nearly dawn before Donald and the slight, insignificant-looking young man he had brought with him from Port Southern had finished their mean that Aunt Delia and milk to take with you," she said the slight, insignificant-looking young man he had brought had and the slight.

here. There was no telling what they might do, he said—a desperate pair—must accomplish by team work, and would stop at nothing. I am not sure that he better not send Johnson back to tell him that they've been here and from fear, worry, anxiety dealouse.

be had by writing the Department of give hard enought. I've lived sixty-done."

Agriculture, Parliament Buildings, To-nine years, and I haven't known it to She put Davey in his basket, and ronto. It will be found a most useful fail yet."

One reason why so many people's dealt by. You're a clever woman, and lives are ineffective, betched, and their no harm has come to you by them.

She put Davey in his basket, and but there are other women who might careers ruined, is because there is convent back to the hit. When she re-

ly, "and if they were here, those two, thing which will discourage, depress they would either make back for the Port, or the Wirree, or try to get to and irritate us or make us unhappy. Middleton's. If they're on foot, as ye say, they could not go fast, and Mc- mind, the harmonicus co-ordination of Laughlin with horses could catch them all the mental faculties. The mind is up in a day or two. Which way did creative and productive only when it Mary turned her head away. A sick

feeling of grief and disappointment overcame her. His eyes covered the averted curve of her face and the line "Which way did they go?" he asked

thickly. "Donald," she turned to him. promised not to send anyone after them. You know, and I know, that

"You know and will not tell me? he asked harshly, as though he had "Yes," she cried.

He took her by the shoulder. His arm trembled.

"I have stood this sort of thing long enough," he said. "On the ship and were always doing such things, feedits way along the rough tracks and ing, or giving your clothes to filthy, crashed over the undergrowth. She ailing goal-birds and whiners. I have wakened to hear the yelping of dogs, told you, you could not afford to do it "Which way did they go?"

Keen and compelling, the deep-se yes, those indwelling places of his "It was my word I gave, Donald, is wife said, "and I can't tell you."

The Efficiency of a Happy Mind.

(To be continued.)

We are just beginning to learn that everything which depresses the mind extinct species contributed very large plies the district, and which makes us unhappy, that ly to the making of the coal.

"You would not do that, Donald?" envy or from living a dissipated, abnormal life, this will upset and defeat

went back to the hut. When she renot be so clever."

appeared it was with some bread and
"But they were not bad men, Dondestroying the efficiency of the men
a botble of milk wrapped in a piece ald; one of them was sick, and the stant anarchy in their mental realm,

Whatever irritates, worries and frets "It would be a good thing, too, be-us, depresses us and destroys the e We should avoid as a pestilence every is positive, and it is only positive when all of the faculties work in harmony Discord, mental depression, worry and discouragement will kill efficiency. O. S. Marden. Mr. Henry Ford, of motor-car fame,

estimates his wealth at \$1,000,000,000.

their crops with the aid of trained monkeys.

KEENS



Plants That Now Are Coal. Beneath every coal seam is a stra-

tum of so-called "fire clay," which once Company has shipped out 2 Lou upon a time was soll that supported a ore, will plant growth of wonderful luxuriance. and 1967 It is full of fossil plant roots and con- A say mall is in operation tains abundant impressions of twigs, Landing, which supplies the leaves, nuts, and delicate ferns—some with timber, and at Tanting times even flowers. The impressions on the Yukon, river, a ceal man show that ferns and giant mosses of ducing about 2,000 tors a se-

fossil trunk of a big tree mashed flat district should develop in to a ;

Minard's Liniment for Burns, eta.

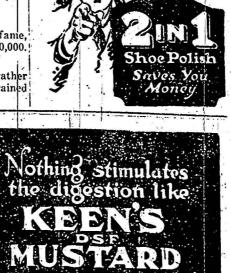
ordinary thinking harder and in-

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Silver-Lead Ores of Mayo Districk, Yukon, Shipped 5,000 Miles to Smelters.

When discussing the estimates for the Department of Mines at the last session of Parliament, Hon. Charles Stowart stated this intention to devote special consideration to the promotion of mineral development in Canada. For this purpose Dr. Charles Camsell. Deputy Minister of Mines, is now in Europe, surveying the metal merkets and endeavoring to intensity the an terest of mineral-using industries. the products of Canadian mine A further step in the direction enabling mining to be more

fully carried on has been taken . nection with the silver-lead making is the Yukon Ferritory, especially .. the Mayo field! An Order in Comer by empts from payment of royalter the silver and lead content of the cies shipped from the Yukon Territory for a period of three years, or until s smelter is prected in the Yuke ... This will have considerable effect upon the development of the Mayo district, which is so situated as to be, for the present at least, well beyond the area of reasonable transportation cases Long, Distance Shipping.

Silver lend ore is being min considerable quantity at Kene It. district, and owing " lack of a smelter in the Yukur the west coast, a total distance of of about \$25 per ton for water portation sharges are reported. about \$100 per ton, whereas it ing price of about 65 per cent., is \$55 a to involving donsiderable loss, excepthe value of the silver content is quantity

Mayo district has been confirmed most entirely to the Kenn !!" three companies are aggrealtitude of to be Nearly 3,000 feet of tunnels cuts have

ber, and at Tantila With practical recognition

Nearly every man has among his

the good' fellow-"the life of the party," "the genial joker," one who is good-himpred, generous, quick-witted. Excessive physical exertion makes high-spirited, popular with men and women alike. Surely the good tollow creases the difficulty of trying to be is an amigble character, always have a good time and always helping all people to have a good time; and the pleasant things of life can light readlly to him than to others, says writer in Youth's Companion Indes not his personal charm gain is in clients or customers and coal otte life?

Other litings being equal, we probably prefer our doctor or our lawyer broker bur grocer or our market in the sense in which the expre is commonly used. But often the color things aren't equal, and in cultival a the qualifies of the good fellow 'a neighbor has slighted the demands it; thoroughpess, sturdy and hard work that competence in any business of profession makes.

Good fellowship that is so envable a trait in a friend subjects a man to upon his character that the undergo. The good, fellow who withstands them successfully is like is to be a better man than one who is a feer put to such a test; but often the test ishoo severe, and the good fellow of the neighborhood becomes the confee father and the indifferent he Generality abroad and selfis to home sometimes characterize th who seems to the casual acquaint one of the best fellows in the

Robert came in from school ternoon wheeling his bievele. Mother was busy getting the :paused for a moment. "What has happened to your ble Robert?" she inquired. "Oh," said Robert, "the tyre is plane tuated."

"You mean punctured my boy." his mother. "Well, at any rate," said Robert with conviction, " wme to a full The Mark STAND

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