of the Great Lakes Sie. Macle an Lan bt Merritan, 17. ,16,8 % h / e-powna ketak jastrila-· hit distribution were r Englis Manufac-Sharenigan Ealls. titer and Pewer's ming to distall a emily two power arred power. The miany completed 3,000 horre power ice Brothers, Lld. o-electric developix Galets on the 7,600 horse-power. e Maritimes.

provinces develop-A plant of 13,500 rder construction he Bathurst Lumd horse power : of d during the year! desclopment, that ay, near Halifax! Fracity of 15,000; ready to deliver tweet Investigai mate capacity of of Sheet Haginer! s reve - Meilaiden, nhi particularly unda. In British

n Columbia Elecly commenced the. Ith unit of 13,200 Stave Falls plant. a municipal plant on the Winnipeg during 1921 by 3,800 horse-power, 6,900 horse-power The Manitoba xtended its transl additional lines

Carmen, Roland, brief synopsis of

ng hydro-electric ted or under con-

CURIOUS SHOP SIGNS OF EUROPE Need a Tonic to Enrich the Blood

BRASS PLATES BEFORE ARBER SHOPS.

Parade With Straws in Shoes Near English Law Courts of 18th Century.

In many streets of continental Eurthe are sill to be seen signs, or un ed more easily in the earlier stages origin and meaning that going up stairs, is noticed. some could understand them withreference to tradition or the pas- remedy that has been most successful

the ryboly in this country knows white and blue is the usual sign a barber's shop, But how few that the stripes are supposed my persons to represent leeches? was when Larbers performed wereal operations and leeches igh employed to take blood

the re many barber shops in Eurin all brass plates are hung. These word, concave and curiously scoopat on one side as if a piece had willien out of it. This represents ald fashioned cupping dish, which I in taking blood from patients. Novel Sign For Oyster Shop.

would naturally suppose that traw, loosely plaited and the corners of buildings mily that oysters are there for ? But this is their meaning. In I on the sidewalk beside min icely to open them for cus-In bad weather, when the ders are not exposed, persons who he read may find them mentioned on me the names of fish on the shop's wards; but the mats are then expoeted to inform the illiterate on the

The 611 proverb, "Good wine needs Racial Origin-English. Lush," refers to the custom of Source—A Characteristic. or as a sign. Sometimes a branch no name or any other sign is diswel by the wine seller. such a bush may be of any tree

mon to the locality. In the north often spruce or pine or a huge such of mistletce. In the south it in France, and this is applied mall taverns also.

Straw Has Various Meanings. serves another end as well, for trisements can be taxed, while to is no tax on a bunch of straw. truce, unless an owner has a rer license to sell, he must place a ... nment stamp on any sign or ing hung at the door. In the wiy even a dressmaker or shoer in want of apprentices must Government stamp on any notice

I played. cicious instance of this use of wast to be seen near English warts of the eighteenth century. is lling to bail criminals or debseen parading with straws wir shoes, thus signifying that would bail for pay. Thus worth-bail came to be called "straw

il bunch of straw in continental pe has as many meanings as a rinese word. It is quite a little francisco in itself. When seen in the maist of a field hied to a post far human babitation it is a warning against trespass. The peasant and that he will be agrested or penished if found within the bounderies of a field so marked, for the field has been lately sown with seed. Wee to the sportsman or traveller who fails to understand this sign Panguage.

One sees certain pennants looking p trifle like flags when the wind has died out hanging beside certain city Shops. Tiese, which are always a bright red in color, hang from small iron frames, and nothing else indicates that those within are dyers, who work in many colors besides red.

Canada's forests are estimated to contain eight hundred billion feet of commercial timber and one billion cords of pulpwood.

THIN BLOODED PEOPLE

and Restore the Health.

Some people have a tendency to become thin-blooded, just as others have an inherited tendency to rheumatism, or to nervous disorders. The condition in which the blood becomes so thin, that the whole body suffers, comes on so gradually that anyone with a natural disposition in that direction should watch the symptoms carefully. Bloodlessness, or anaemia, as the medical term is, can be correctworlden words, which have no such than later. It begins with a tired feelder en ficance as the hat before a ing that rest does not overcome, the at all solop or the boot before a cob- complexion becomes pale, and breath-Cortain of these signs are so lessness on slight exertion, such as

Dr. Williams' Pink Pills are a home

in the treatment of troubles due to thin blood. With pure air and good pall painted with spirals of food these blood-enriching pills are the correct treatment when the symptoms described above are noticed. The value of Dr. Williams' Piuk Pills in cases of this kind is shown by the statement of Mrs. M. Chase, of Trenton, Ont. who says:--"I can highly recommend Dr. Williams' Pink Pills to an wao suner from aquemia and ner routs. Strange as it may vous exhaustion. For three years I all who suffer from anaemia and nerthis days bleeding was the

"The inventor is Repr-Admiral Bradto owny barber shops in Eur
"The analytic which the Cokeleigh twins greatthe country sought

"The inventor is Repr-Admiral Bradthe and ready for a good day's work

The inventor is Repr-Admiral Bradthe and ready for a good day's work

The inventor is Repr-Admiral Bradthe goods

The inventor is Repr-Admiral BradThe inventor is Repr-Admiral Bra all who suffer from anaemia and ner- attic which the Cokeleigh twins greataches and until [began taking these to them. pills no treatment seemed to do more than give me temporary rener. I had read of what Dr. Williams Plnk Pills I'm afraid I can't." were doing for others and finally decided to try them myself. I further cor chirurgeons, or surgeons, also kept on taking them regularly for sevdecided to give them a fair trial and eral months and I am glad to say have derived permanent relief. I feel that I can safely and honestly recommend

this wonderful medicine." You can get Dr. Williams' Pink Pills through any dealer in medicine, or by mail, at 50c a box or six boxes for 13 oysters are never eaten ex- \$2.50 from The Dr. Williams' Medi touch it!" and in mild weather they cine Co., Brockville, Ont.

they display him

Point of View.

East, west and north and south I turn And there is naught to see. Save hills and other hills that rise Beyond them endlessly.

Like water all my little thoughts Go seeking for the sea: They have no peace and no content, They wander restlessly.

My thoughts are all of tall, gre-

That lift and fall and spill: hear them sucking at the sand-Their tongues are never still. see brown sails of fishing boats

Against a metal sky;

see proud ships that need no sail, And white gulls dipping by. But these are dreams-here on the hill I herd my stupid sheep,

And day runs into endless day: I work and out and sloop. wonder if some sailor lad, Who sees but sea and sky,

Looks out peross the endless waves

And wishes he were I? -Abiguil Creeson.

No Danger, There was an old coffee mill in the

she, regretfully. "I should like to, but the abdomen and was drained from magnifying glass. Bands of paper, on "But, why, mother," urged Harry. You don't use it." 'No, we don't use it."

eagerly. "You needn't be a bit afraid sure and in a lessened amount of blood

Circumstances do not make a man: one is memory, and the other is hope, and more recent theory is that shock Minard's Liniment for sale everywhere

Surnames and Their Origin

Variations-Wilde, Wylde, Savage.

the as a sign. Sometimes a branch which are variations of one another Ireland, up until the time when the ved from three lifferent words.

thrust always olive or myrtle, and it means the extreme of something, the more ancient prefix instead of the trady renewed on fele days. The and, except in such phrases as these, "O'" and call it "Hy-Niahl."

This clay was founded by the fam. it is virtually obsolete with us. Its meaning, however, is really that ous "Nial Mor" (Nial the Great) also of "savage" and "wild." It was so known as "Nial of the Nine Hostages,"

small evergreens in portable tracted particular attention to himself Irish High-Kings. by reason of his wild eyes or unkempt appearance, though not literally wild or insane, would very quickly have been referred to as "Walter Le Wilde," "William Sauvage" or "John Le Stark," just as he might have been spoken of as a confederation of clans, rather than as divisions of one clan.

Stark," just as he might have been spoken of as a confederation of clans, rather than as divisions of one clan.

Stark," just as he might have been spoken of as a confederation of clans, rather than as divisions of one clan.

Stark," just as he might have been spoken of as a confederation of clans, rather than as divisions of one clan.

Among these septs was that of the group would probably have been spoken of as a confederation of clans, rather than as divisions of blood has given good results. Finally, on the assumption that the products of the dead tissue cells have called "William the Red," because of a red beard or of red hair, or "John "O'Rabhartaigh" (from the given name of the sept founder. "Rabhartaigh" (from the given name of the sept founder. "Rabhartaigh" (from the given name of the sept founder. "Rabhartaigh" (from the given name of the sept founder. "Rabhartaigh" (from the given name of the sept founder. "Rabhartaigh" (from the given name of the sept founder. "Rabhartaigh"), and when you know that the proposed to employ an antitoxin, as is given good results.

Among these septs was that of the group would probably have been spoken of as a confederation of the dead tissue cells have caused blood poisoning, it has been hemorrhage transuft. The sufferer's veins. In ceases where gulden sufferer's veins. In cease has property. Thus, as be passes feature of a man or woman to differ- you understand how easy it was for the streets one sees baby carrentiate him or her from others of the this name; in its translation into the young to arrive at a common point the streets one sees baby carrents and hand in the course Estelish to herease O'Reffering and of understand hand.

Variation-O'Rafferty. Racial Origin-Irish.

in the sense that they all have the Gaelic system of government finally same meaning, though they are deri- broke down under the English invasion and government of the island, and To-day most of us know the adject even after this a clan still among the tive stark only through such phrases most powerful in its influence, was as "stark mad" or "stark naked." We that of the O'Neills. As a rule, in use the word with a vague idea that speaking of this clan, the Goels use This clan was founded by the fam-

the coor is obsolete in cities, but dan less the origin of the habit of the small analysis and the middle Ages and just as and it dominated the North of Ireland at virtually all periods, furnish- the amount of blood pressure. Phy- "Twelve years," came the reply: In those days any man who at- ing as well a large number of the boxes outside cafes and re-by reason of his wild eyes or unkempt. The septs or divisions of this clari-

IS THERE A BABY IN YOUR HOME?

your home? If there is you should not be without a box of Baby's Own rablets. Childhood ailments come quickly and means should always be at hand to promptly fight hem. Baby's Own Tablets are the ideal home remedy. They regulate the bowels: weeten the stomach; banish constlpation and indigestion; break up colds and simple fevers-in fact they relieve all the minor ills of little ones. oncerning them Mrs. Moise Cadotte; world for little ones. My baby sufferhealth." .The Tablets are sold by medicine dealers or by mall at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

> The Nature of Shock. What precisely is "shock" that fol-

ws a severe injury or strong emotion termine. An early theory was that pocket. regulate the size of the blood vessels; "I don't believe I can, Harry," said as a result blood accumulated within the heart and brain. Another theory was that the pain of the injury caused excessively rapid respiration; that in consequence the blood became over-"Then why won't you give it to us?" acratect so that not enough carbonic. "Well, dear," said the mother, acr gas was left in it to care for the gently. "I'm afraid you and Clarence of the body—a state of things that of the body—a state of things that.

Five of the strips contain about "Oh, no, we shan't!" cried Harry also resulted in lowered blood pres-hundred thousand words, which is the of that, mother. I won't let Clarence in the brain and heart. Another theory was that shock was owing rather to the contraction than to the dilatation Happiness has two great sources: of the blood vessels. Still another We who see a thousand sunsets stain is a kind of exaggerated fatigue that follows excessive stimulation by an inury or by emotion. The extreme fatigue causes acidosis; that is, a reased amount of alkali in the blood and in the tissues, which further increases the exhaustion. The most recent theory of shock is that it is caused by a poison produced either by the products of injured tissues or of normal cells destroyed as the result of intense emotion.

The treatment of shock naturally nus varied from time to time, according to the theory prevailing at the moment. The preliminary treatment has always been to apply warmth to containing gelatin or gum arabic, may the grounds. the volume of the blood and therefore asked him. aclosis have recommended injecting his treatment there, she passed on products of the dead tissue cells have modical superintendent.

same given name. And in the course English, to become O'Rafferty, and of understanding. The old lady and birthday the village centenarian retary, particularly in cases where the There were two branches of the did finally arrive at an understand-anxious to her from her own lips what even better than a written or parent was better known by his sur- O'Raffertys, one in Tyrone, and the ing, but not until the boy had suffered she considered had been the source of

She went from one to another, say- came. "Victuals." she answered. ing a few kind words to each. Presently she seated herself on a grass. plot beside Dickie, a little boy with

ear-piercing howl. "Have you the stamach-ache?" she

daked, anxiously. "No, I ain't," snapped Dickie. "Perhaps you would like some more ke."
"No!" roared the angelie child, church," admonished nurse. What I want is my frog that I ketch-

of the second "Frog?" "Yes, my frog! You're sitting on

Yes and No. The class were supposed to be having a lesson on animals, but the teacher found them a little vague about de-"Can a leopard change his spots?"

queried teacher. Yes, sir!" piped Tommy, the smallest urchin in the class. "Now, that's quite wrong!" said the teacher. "You know that a leopard can't change his spots!"

"Oh, yes he can, sir!" replied Tom-

my. "When he's tired of sitting on one spot he can change to another."

My recipe for health is work. The only 10,000 miles of railway. ruin of millions of men and women can be traced to leisure moments. Leisure is a pleasing garment to look upon, but it is a bad one to wear. - Sir Harky Laudor.

Birth of Tennis Balls. Few articles are tested more sever by their makers than tennis balls,

and there is very little chance of a defective ball being offered for sale. The balls are made of the fines Para rubber which is washed, "mastioated," and rolled into thin strips. These strips are cut into oval pieces. which are roughly twisted into shape and passed on to the moulding-room, where they are moulded into perfect shape and vulcanized. A small hole is left for inflation. The calls are then tested for size,

weight, and bounce, and if they are in the slightest degree wrong, they are rejected. Those that pass the test Makamik, Que., writes: "Baby's Own satisfactorily are washed carefully and Tablets are the best remedy in the coated with solution, after which the covers are put on. ed terribly from indigestion and vom- The covers are made of the finest iting, but the Tablets soon set her Melton wool, backed with rubber solu-

right and now she is in perfect tion, and consist of two pieces shaped like the figure 8. When they have been sewn and ironed, the joint can scarcely be seen. Finally, the balls are stamped and passed for sale.

Waistcoat Pocket Libraries. A now device which has just been patented makes it possible for a whole doctors have long been puzzled to de- library to be carried in the waistcoat

. It consists of a harrow strip of aluminium, surmounted by a small which is printed reading matter reproduced by means of photoengraving, in a space one-hundredth smaller than would be required by ordinary type, are run through the machine as It is held in the lrand. The glass increases the size of the type to nor-

length of the average novel.

Sunset.

the sky, A glorjous paean of color in the West: 4 Who see the flaming riot fade and die, As though some quiet hand its dying blessed; We who sleep and wake and toil in

· noisy fray When Night her sallen banner has unfurledwe know that throbbing sunset seen at close of day

Is God's own evening blessing to His world. -Phyllis Noves Van Slyck.

Wouldn't Occur Again.

A certain woman, famous for her the body of the patient and, if he is philanthropy, used to take an interest conscious, to give him warm drinks. In the various lunatic asylums. On one square miles fresh water. Drugs that have the power of raising occasion, during a visit to one of them; the blood pressure have also been she evinced great interest in an eldergiven; a saline solution, sometimes ly man whom she saw strolling about be injected into the veins to increase "How long have you been here?" she

idians who attribute the condition to After a few more questions as to a solution of bicarbonate of soda into Turning to ask a question of her the sufferer's veins. In ceases where guide, she noticed a smile on his face, there has been hemorrhage transuf- and on asking him the reason she was sion of blood has given good results. Informed that the man she had ques-Finally, on the assumption that the tloned was no less a person than the At once she rushed back to apolo-

"I am so sorry, doctor," she said: "this has taught me a lesson-never to judgo by appearances again."

Secret of Old Age. damage to his feelings, if not to his her strength and sustenance, he said "My dear Mrs Adams, pray tell me A picnic was in progress, and the in order that I may tell to others, what enevolent and elderly lady took much has been the secret of your longevity? enjoyment in witnessing the delight of The vicar waited with unusual eagerthe children who were disporting ness for the old lady's reply, but he themselves in her grounds.

Sufficient Excuse.

Jack and Mary had just been to the golden curls and an angelic expres- grown-ups' church for the first time. sion. But as soon as he observed her A day or two afterward they were sitting beside him Dickie set up an found in the nursery whispering audibly to each other. "What are you children doing?"

their nurse asked. "We're playing church," replied "But you shouldn't whisper in "Oh, we're the choir" said Mary.

His Vocation, Lazy Mike-"I have a new position with the railroad company." Weary Rhodes-"What ja gona do?" Lazy Mike-"You know the fellow that goes alongside the train and taps the axles to see if everything is all

right? Well, I help him listen." MONEY ORDERS. A Dominion Express Money Order for five dollars costs three cents.

Ocean steamers ascend the River Amazon for a distance of 2,300 miles from the seal.

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SALESMAN GETS BACK HIS OLD GRIP

BOYER ASTONISHED AT THE WAY TANLAC BUILT HIM UP.

Stomach Trouble Ended, He Sleeps Like a Top and Always Feels Fine.

"Tanlac put me on the road to good ealth and I don't remember the time felt better than I do now, said Rene Boyer, 450 Amherst St., Montreal, well known travelling salesman for the Constantineau Printing Establishment About two years ago my appetite went back on me and I began to suf fer from stomach trouble. I folt sick and wornout all the time and it was all I could do to keep plugging along I had terrible cramps in my stomach that lasted for hours and I bloated so with gas I could hardly ger my breath My nerves were on edge all the time and my sleep was always restleds. But Tanlac has rid me entirely of stomach trouble. I now eat whatever want, my sleep is restful and t feel

Green and Good Sight.

Tanlac is sold by all good druggists

That the lack of green verdure has definitely harmful effect on the ight of children in the towns if shown by Dr. Newsholme as a re sult of the tests made on 22,000 chool children.

Sight defects are fewest in rural listricts, are more humerous in coun try towns, and are worst of all is the most crowded areas.

A slightly larger percentage girls than of boys have grossly bad sight, and this preponderance is at tributed in the Lancet to the strain put on the girls's eyes by sewing.

Cotton Gins in Australia.

Evidence of Australia's interest f cotton production is found in the re cent importation by the Australian Cotton Growers' Association of its first ginning plant, to be erected i Rockhampton. A second plant has been ordered in the United States and will follow shortly. A cotton ginning expert, who has been engaged by the association, will accompany the secand shipment

Canada has most extensive fishing grounds-5,000 miles on the Atlantic! 7,000 miles on the Pacific, and 229,000



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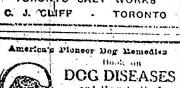
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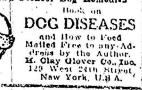
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bound and appr trouble; me to try. ft, seemed and had some traubles such as wanged are apt to have. I havo taken Lydta a. Binkham's Vegotable Compound nd Lydla E. Pink-

ham's Blood Medicine and used the Sanative Wash. Also Dr. Brown's Capsules and Prescription and am so much better in every way. I am willing for you to use my letter at the testimonial na I recommend your medicines."—Mis. Inc.sc Nelsos, Kos-spek, Saskatchewan. When backhehes and non hother drive out all ambition, when that bearing-down sensation attacks you, when you are nervous and blue, the one great help for such adments is



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