

FROM BATTLESHIP TO TIN KETTLE!

VISIT TO BRITISH NAVY SCRAP-HEAP.

Process of Tearing a Warship to Pieces Going on All Around British Coast.

The work of the ship breaker has developed to such an extent that it is now one of the principal industries of the country. In the case of the British Navy, the process of tearing a warship to pieces is going on all around the British coast.

When you have sardines with a tin, do not be surprised if the origin of the tin was a cruiser that figured in the battle of the North Sea.

In the Washington Conference has been a substantial part of the warships which will be broken up for their metal parts or for their engines.

Selling to the Shipbreakers

A recent deal included one hundred and fifteen warships with a total tonnage of 250,000. The original value of these engines of destruction was many millions of dollars.

All round the British coast are huge sheds specially fitted up for the task of tearing a warship to pieces. The process of tearing a warship to pieces is going on all around the British coast.

A bewildering spectacle of engines and machinery meets the eye when the dock has disappeared. The men clamor below, and with wrench and hammer detach huge portions for the crane to lift clear.

On the quay, steam shears cut pieces of steel into sizes that will fit a furnace for that is their ultimate fate. Most of them find their way to South Wales, where they are melted down.

Timely Advice. The preacher was warning to his subjects. He was speaking of the inevitable end that comes to sinners.

A Queer Brother-in-Law. They were looking at the kangaroos at the "zoo" when an Irishman asked his neighbor in the group:

He Might. "Look at that foolish Mr. Baker out on a day like this without an umbrella. Is he crazy?"

GUARD YOUR HEALTH

You Can Do This by Keeping the Blood Rich and Red.

It is useless to tell a hard working woman to take life easily and not to worry. Every woman at the head of a home; every girl in offices, shops and factories is subjected to more or less worry. These worries cannot be avoided. But it is the duty of every woman and every girl to save her strength as much as possible, and to build up her system to meet unusual demands.

You can get Dr. Williams' Pink Pills from any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Surnames and Their Origin

which has finally been twisted into the modern Hammon. Hammet has also given us Hammett. Hammett seems to have stopped at giving us Shakespeare's Hamlet.

But gradually the word pagan, denoting a countryman, came to denote, as well, one who refused to accept Christianity, and in the defiant spirit of those who resisted the new religion was accepted as a term of honor to such an extent that they began to give it to their children as a given name.

One third of your life is allotted to sleep. Do you get your share? The most important period in the process of applying nutrition to the repair of the body is while you are asleep.

Is it any wonder that those who suffer from lack of proper sleep are weak, pale and lacking in energy or ambition?

One of the causes of insomnia is nerve-irritation from tea and coffee drinking. Tea and coffee both contain caffeine, which has a tendency to cause undue stimulation.

Postum for Health "There's a Reason" Made by Canadian Postum Cereal Co., Limited, Windsor, Ont.

Cure for Leprosy.

News that many lepers, cured by chaulmoogra oil, have been liberated from the colony of sufferers on Molokai (Hawaiian Islands) and returned to the companionship of healthy fellow beings, excites much sympathetic interest.

It has not been explained, however, that these persons, supposed to be recovered from the dread malady, have been set free only on parole and with the understanding that they are to remain under observation. So far, 8 per cent. of them have relapsed, with recurrence of symptoms, and have been sent back to Molokai for further treatment.

Way of Life. To swing along and sing along. And keep the vision clear. How many in the moving throng. Can come so very near. The measure of that might I love. Which makes the way of life. A blessed way, a happy way. A betterment of strife?

Mother! Move! Child's Bowels With California Fig Syrup

Hurry mother! Even a sick child loves the "fruity" taste of "California Fig Syrup" which never fails to open the bowels.

She'd Learned.

The puppy had been punished and was sulking in a corner. To him came the small daughter of the house to administer, not comfort, but advice.

After the Honeymoon.

"Well, well," he exclaimed, as he tucked his first meat pie, "where did you get this?"

In the Dark.

"Every day we breathe oxygen. Now, Willie, what do we breathe at night?"

Good Verse.

"Dearie, did you like the poem I sent you? Did it seem too sweetly tender?"

Scientific Proof.

One day a teacher was having a first grade class in physiology. She asked them if they knew that there was a burning fire in the body all the time.

Good Verse.

"Oh," she said, "it was lovely. I got \$3.50 for it at the church fair."

Instruments That Measure Earthquakes.

If an earthquake takes place on the other side of the world, it writes its own record on the delicate instruments kept in the observatories in Britain, says a London magazine.

WINTER HARD ON BABY

The winter season is a hard one on the baby. He is more or less confined to stuffy, badly ventilated rooms. It is so often stormy that the mother does not get him out in the fresh air as often as she should.

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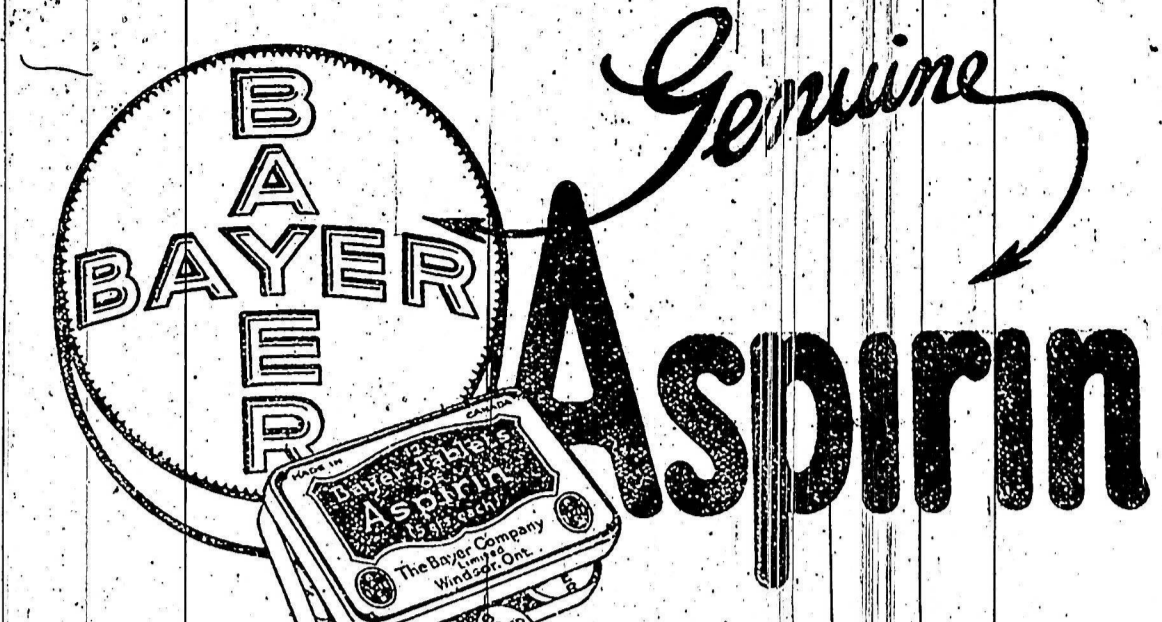
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WARNING! Always say "Bayer" when you buy Aspirin. Unless you see name "Bayer" on tablets, you are not getting Aspirin at all! Why take chances?

Accept only an unbroken "Bayer" package which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

- Colds Headache Neuralgia Rheumatism
- Toothache Neuritis Lumbago Pain! Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 400—All drug stores.

TORONTO WOMAN GAINED 35 POUNDS

ONLY WEIGHED NINETY POUNDS WHEN SHE BEGAN TAKING TANLAC.

"Tanlac has built me up from a mere frame weighing only ninety pounds to a strong woman weighing one hundred and twenty-five pounds, and my gratitude is unbounded," said Mrs. Lydia Pickens, 12 Ramay Lane, Toronto, Ont.

Was So Weak and Ill from Stomach Trouble Life Was a Burden.

"I was so weak and ill from stomach trouble that life was a burden. I had lost my appetite and my heart acted so queerly."

DOG DISEASES

DOG DISEASES AND HOW TO PREVENT THEM. Free to any dog owner by the author of 'Dog Diseases'.

MINARD'S 'KING OF PAIN' LINIMENT

MINARD'S 'KING OF PAIN' LINIMENT. For rheumatism, neuralgia, sciatica, etc.

USE SLOAN'S TO WARD OFF PAIN

USE SLOAN'S TO WARD OFF PAIN. Little aches grow into big pains unless ward off by an application of Sloan's Liniment.

Sloan's Liniment

At all drug stores—35c, 70c, \$1.00. Made in Canada.

Troubled with Itchy Eczema

Troubled with Itchy Eczema. I had been troubled with eczema on my face which took the form of a rash. Later it broke out on my limbs and itched very much.

Minard's Liniment for Gargle in Cows

Minard's Liniment for Gargle in Cows. Every broken promise left behind becomes a broken promise ahead.

Classified Advertisements

AGENTS WANTED. DELTING FOR SALE. MONEY ORDERS. Her Martial Creed.

COARSE SALT LAND SALT

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For Fifty Years

For Fifty Years. Since Dr. Williams' Pink Pills for Pale People were first introduced in 1875, they have been the most successful remedy for indigestion, and it is still the best and cheapest of stomach and liver tonics.

DANDERINE

DANDERINE. Stops Hair Coming Out. Thickens, Beautifies.

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