

The Man Who Gets the Job.

Many young men and women owe their success in life to the fact that they have their feet planted firmly on the ladder of success as a result of their ability to write a better letter of application for a situation than any of their rivals for the post.

In the first place, your letter, while giving the necessary information about yourself, should be as short as possible. If you receive a reply to your application, it will not, as a rule, be one appointing you to the post, but one asking you to call for a personal interview. All you need put in your letter, therefore, is just enough to interest the employer sufficiently to pick you out for an interview.

Be careful not to ask sympathy. To suggest anything of the kind is to confess that your letter are not sufficient in themselves to secure you the situation.

If you are asked to state what wages you require, do not be afraid to ask what you know you are worth. The best of application should state clearly and candidly the following: Who you are, what you can do, and how your training and experience will qualify you for the position offered.

When writing your letter, do not start with the hackneyed phrase, "In reply to your advertisement in today's paper." The only thing that will give your application a little different from the others for almost everyone applying for a situation uses it.

The paper of a good quality and an envelope that will admit the letter without folding it more than twice. A well-folded letter does not look well when it is opened out.

Garlic Has Wonderful Healing Powers.

Most of the greatest inventions of modern science are adaptations of improvements on the main facts were known thousands of years ago, but in most cases the real inventors had no idea of applying them to practical uses.

Garlic has been used as a medicinal agent for centuries. The old Egyptian and Roman doctors knew that it possessed virtues, but they could see no way of getting over its objectionable taste and smell.

The English doctor has made a discovery which may lead to the stamping out of many of the worst diseases. He has discovered an antiseptic which is as good as any as well as extremely palatable.

It has been known for a long time that garlic is effective in the treatment of various ailments, but hitherto it has been impossible to treat diseases of the internal organs in the same way. Antiseptics are not to be administered internally because of their poisonous effects.

There is one remedy for instance, of which can be taken like ordinary food. It is powerful enough to kill disease, but it has no harmful effect on the human body.

Garlic is this wonderful new stuff. Just the simple compound whose healing powers our forefathers knew.

Science has discovered a way of extracting from garlic the most healing juices, and of purifying them of their offensive taste and odor. It is found that by means of this new method we shall be able to successfully treat such appalling diseases as cancer, consumption, and other antiseptic derived from garlic, attack and conquer them without doing the least harm to the delicate tissues of the rest of the body.

Short Sleepers.

Many notable instances are on record of early risers among great men, though strangely enough, this excellent habit seems to be going out of fashion.

It is noticeable that at his desk every day, while most of his fellow-countrymen are still in the land of Nod, the same may be said of Edison, who in the throes of a mechanical problem, finds two or three hours' sleep sufficient for his needs.

Edison could stay up late and get a gift possessed by Mr. Lloyd, who is said to be able to go to sleep almost at once.

Reading, when at the bar, was not until after 4 a.m., while at one time Lord Halifax allowed himself to sleep.

The Easter Job.

Are you going to be when you are to be an old maid?

Don't think I'd like to kiss a hundred times and tell him I love him every time I do shop for a rather extra money and buy myself.

No matter how bad a man may seem to be, there is a better man within him. No matter how low he may have sunk morally, there is something absolutely spotless within him, something which has never been touched and can never be, the divinity within him—which will ultimately be awakened and will come to its own in splendor and power.

WHY BEAUTY FADES

A Condition Due Entirely to Poor, Watery Blood.

The girl who returns home from school or from work thoroughly tired out will be fortunate if she escapes a physical breakdown, because this getting tired so easily is probably the first warning symptom of a thinning blood that must not be disregarded if her health is to be preserved.

When the blood becomes thin and impure the patient becomes pale, haggard and angular. She not only tires out easily but suffers from headaches, palpitation of the heart, dizzy spells and a loss of appetite. This condition will go from bad to worse, if prompt steps are not taken to increase and enrich the blood supply. To make the rich, red blood that brings the glow of health, no other medicine can equal Dr. Williams' Pink Pills. It gives a fair trial their use brings rosy cheeks, bright eyes, a good appetite and a good sleep. Dr. Williams' Pink Pills have a nutritive and strengthening effect on the blood, and the first sign of poor, thin blood, mothers should insist upon their daughters taking a fair course of these pills. They will not only restore health, but will save further doctor bills.

Dr. Williams' Pink Pills can be obtained from any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Who rises every time he falls will sometimes rise to stay.—William Morris.

Minard's Liniment for Garget in Cows.

Surnames and Their Origin

GARRISON
Variations—Garrisson, Garrett, Fitzgarrrett.
Racial Origin—English.
Source—A given name.

It is possible, but not very likely, that in some instances the family name of Garrison may take its origin from the word "garrison," meaning a military post, for this word was in use toward the end of the period in medieval times in which family names were being formed.

There is a class of historical records, however, from which an entirely different origin of the name is shown. One of the given names, which was quite generally in use in those days, but which since has disappeared is "Garrett," and it was more likely to be spelled in those days, "Garet." It is a given name not at all uncommon in the Norman records.

There is one entry, for instance, of "Garet Fitzgarrrett," the "Fitz" of course, being the Norman-French equivalent of the Latin "filius," meaning "son." The person referred to was simply "Garet," the son of "Garrrett," as the Saxon element of the population of medieval England would have put it. "Garet Fitzgarrrett."

The surname of Garrison into Garrison is quite a natural development through a period of several centuries, as are the surnames of "Garr" and "Garr." Such family names as Garratt are instances of where the final "son" has been dropped. Again, bringing the family name back to virtually the same form as the given name from which it was developed.

In the Ship's Top.

One morning writes Mr. C. E. Colquhoun, in "Reminiscences of a Seafarer," I was sent aloft to unfurl the main royal. I was just about to cast off the gaskets, or lashings, that secured the farled canvas to the yard when the royal brace was suddenly let go from the deck, and the yard swung from under me, and I was thrown off. I instinctively threw out my arms, and my hand closed in contact with the royal yard, and I was brought up with a jerk. Making a desperate clutch with the other hand, I managed to get another hold on the stay and hung suspended in mid-air, sixty feet from the deck!

To get my legs round the stay was an easy matter, and then I was able to maintain my position in comparative security.

Wondering who could have been so mad as to have let go the rope without warning, I looked down. There, in the breeze still in one hand, stood the chief mate looking up at me. His face was as pale as a sheet, and there was horror and contrition stamped on every feature. He was too much agitated to speak, but his looks convinced me that the act that had almost done me to a terrible death had not been inspired by any evil motive.

Now, on board a merchant vessel in those days it was considered as justifiable for any man whose life had been endangered by the clumsiness or the neglect of another, no matter what his rank might be, to give full expression to his anger and indignation. In ordinary circumstances I should no doubt have availed myself of that privilege, but seeing the mate so piteously moved, I resolved—especially since no one else had witnessed the incident—to say nothing about it. Sliding down the stay, I reached the deck

and resumed the work I had been employed in.

When the watch was relieved the mate sent for me, and after ascertaining that I could read and write, told me that I was to come to him every day when he was "taking the sun."

When we had been about a week in port the mate left the ship; but before going he presented me with a sextant and his nautical books and, telling me he took a strong interest in my future welfare, begged me to continue my studies. Then, shaking hands with me, he walked over the side. That was the last I saw of him.

On our return passage the cook asked me whether I knew why the mate had been so kind to me. "Yes, I do," I answered, and added that I did not care to talk about the matter.

"Ah," said he, "you must think it was because he threw you off the main royal yard, and you said nothing about it? But that was not all. Last voyage he threw a boy off in the same way, and the poor lad was smashed to pieces!"

So long as you radiate doubt and discouragement, you will be a failure. If you want to get away from poverty, you must keep your mind in a productive, creative condition. In order to do this you must think confident, cheerful, creative thoughts. The model must precede the status. You must see a new world before you can live in it.

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WINTER WEATHER HARD ON LITTLE ONES

Our Canadian winters are exceedingly hard on the health of little ones. The weather is often so severe that the mother cannot take the little one out for an airing. The consequence is that the baby is confined to overheated and unventilated rooms, takes cold and becomes cross and irritable. Baby's Own Tablets should be given to keep the little one healthy. They are a mild laxative which regulate the stomach and bowels and thus prevent colds. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

One ingenious if dishonest native of Ithaca attended his dark skin to excellent account. One of the European examiners of Queen's University, says Lord Frederic Hamilton in his book "Days Before Yesterday," told me that there had been a great deal of trouble about the examination papers; by some means or other the native students always managed to obtain what we may term "advance" copies of his papers. My informant had accordingly devised a scheme to stop the leak, etc. Instead of having the papers printed in the usual fashion he called in the services of a single white printer on whom he could rely. The white printer received the papers early on the morning of the day designated for the examination and duly set them up on a hand press inside the building. He had one assistant, a coolie who was clad only in loin cloth and turban; by no possibility could he conceal any papers about his person.

In spite of these precautions, however, it soon became clear at the examination that some of the students had a previous knowledge of the questions. How had they managed it? Eventually it appeared that the coolie, taking advantage of the momentary absence of the white printer, had whipped off his loin cloth, sat down on the "form" and then replaced his seltary garment. When he was obliged to strip on going out the printing ink did not show on his dark skin; and all that he had to do was to sit down on a large sheet of white paper for the questions to be printed off on it. Then with the aid of a mirror the students could easily read them. The Oriental mind is subtle.

A Dark-Skin Game.
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His Helpful Maxim.
"My motto is, 'Live and let live,'" said Sir James Cantlie, the famous British surgeon, the other day. "It appears to me that it covers more ground than any other. For instance, it means health, physical fitness, and efficiency, and social well-being, and a determination to see that my neighbor enjoys like advantages. Incidentally, it abolishes war. But it is not only a maxim of toleration and humanity, but applied to our physical well-being. It represents the ultimate aim and end of all remedial science."

Out of Gear.
Dicky and Charlie were told by their mother not to play at the back of the school building, where there was a swollen stream and plenty of mud.

When they returned home at nearly five o'clock that evening their shoes were covered with mud.

"Charlie, I do not know how your conscience let you go to the stream after promising mother that you would not go."

Charlie answered, "I expect my conscience wasn't working just right to-day, mother."



Higher Plane.
Father of the Family—"You girls are always talking about dresses. Can't you find a higher plane of conversation?"
"Yes, father. Now we are going to talk about hats."

Classified.
Visitor (in public gardens, interested in botany)—"Do you happen to know to what family that plant belongs?"
Park-keeper—"I happen to know it doesn't belong to my family. That plant belongs to the municipal council."

Cross-Eyed.
Man who had an affliction of the eyelid that caused it to twitch, visited Toronto, and stopped a native on Yonge Street.

"Can you direct me to a good drug store?" asked the visitor.
The native took a look at him, and responded promptly: "You're talking to one right now."

A Substitute.
The old gentleman tucked away his baggage, and then turned to his host's pretty daughter who had motored him and his son to the station.

"Good-by, my dear," said he, beaming upon her. "I won't kiss you; I have such a cold."

The son shot a sidelong glance at the girl.
"I say," he said, "can I do anything for you, father?"

Couldn't Hold It.
The station master, hearing a crash on the platform—"Do you happen to know just in time to see the express disappearing around the curve and a disheveled young man sprawled amid several overturned milk cans and the contents of his traveling bag."

"Was he trying to catch the train?" asked the station master of a small boy who stood by admiring the scene.
"He did catch it," said the boy happily, "but it got away again."

Nearly Put.
Williams and Wilkins were talking of a mutual friend, Walker, when Williams observed:
"Now, Walker is civil enough, but, to my mind, the world's nothing solid in his politeness."

"Nor is there anything solid in an account of his health of little ones. The weather is often so severe that the mother cannot take the little one out for an airing. The consequence is that the baby is confined to overheated and unventilated rooms, takes cold and becomes cross and irritable. Baby's Own Tablets should be given to keep the little one healthy. They are a mild laxative which regulate the stomach and bowels and thus prevent colds. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

"Cascarets" if Sick Bilious, Headachy, or From the Bowels
Get a 10-cent box now.
You men and women who can't get feeling right— who have headache, coated tongue, bad taste and foul breath, dizziness, can't sleep, are bilious, nervous and upset, bothered with a sick, gassy, disordered stomach, or have a bad cold. Are you keeping your bowels clean with Cascarets, or merely forcing a passage every few days with salts, cathartic pills or castor oil? Cascarets work while you sleep; cleanse the stomach of sour, fermenting food and foul gases; take the excess bile from liver and carry out of the system all the constipated poison in the bowels. A Cascarets physic to-night will straighten you out by morning.

PNEUMONIA
and other Lung Diseases
Claims many victims in Canada and should be guarded against.
MINARD'S LINIMENT is a great preventative, being one of the oldest remedies used. Minard's Liniment has relieved thousands of cases of Grippe, Bronchitis, Sore Throat, Asthma, and kindred diseases. It is an enemy to germs. Thousands of bottles being used every day. For sale by all druggists and general dealers.
Minard's Liniment Co., Ltd.,
Yarmouth, N.S.

CUTICURA HEALS PIMPLES
In terrible rash on face which made skin sore and inflamed. Irritated face by scratching and was disfigured. Could not sleep well and made feel unpleasant. Trouble lasted 3 months before used Cuticura and after using 2 cakes of Soap and 1 box of Ointment was completely healed.
From signed statement of Miss Gladys Mehal, R.R. 3, Brussels, Ont.
Cuticura Soap, Ointment and Salt-cum promote and maintain skin health, purity, skin comfort and skin health often when all else fails.
Soap 25c, Ointment 25c and 50c. Sold throughout the Dominion, Canadian Dept. of Hygiene, Limited, St. Paul St., Montreal.
Cuticura Soap shaves without razor.

COARSE SALT LAND SALT
Bulk Carlots
TORONTO SALT WORKS
J. S. CLIFF TORONTO

DANDERINE
Stops Hair Coming Out
Thickens, Beautifies.

AMERICA'S FINEST DOG REMEDY
LOOK UP
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YOU can't do your best when your back and every muscle aches with fatigue.
Apply Sloan's Liniment freely, without rubbing, and enjoy a penetrating glow of warmth and comfort.
Good for rheumatism, neuralgia, sprains and strains, aches and pains, sore muscles, stiff joints and other after-effects of weather exposure.
For forty years pain's enemy. Ask your neighbor. Keep Sloan's handy.
All druggists—25c, 70c, \$1.40.
Solely in Canada.

Sloan's Liniment (Pain's Enemy)
1930, J. No. 1

LEACH'S TROUBLES ARE OVER AT LAST

FIVE YEARS OF WORRY AND ILL HEALTH OVERCOME.

Went for Days Without Eating and Even Sight of Food at Times Made Him Sick.

"I certainly am glad I stuck to Tealac and gave it a fair trial, for since taking it I'm eating better, sleeping better and feeling better than I have in years," said Henry Leach, well-known citizen, residing at 755 Wapp Ave., Toronto, Ont.

"I have had a spell of grippe some five years ago. I've been having attacks of indigestion and other troubles that gave me no end of worry. I used to go for days at a time without eating, scarcely sleeping, and even the sight of food just made me want to throw up. I often vomited with gas until my head ached so I couldn't stand it. It was on my left side. Many times I got dizzy. It looked like I would never get well. I had terrible headaches, and all kinds of things through my body. I got scarcely any sleep at all. I was fat and dull."

"I was persuaded to try Tealac. I took three bottles for a week, and after that I improved wonderfully. I had now a well man, and I could say by that I haven't an ache or pain in my body. I sleep like a log every night, and am always ready for a hearty breakfast in the morning and a hard day's work. There's children and a lot of things that I can do now."

Regular Customer.
The druggist had stopped in the middle of putting up a difficult prescription and getting removed from the window, the eye of the child that had been causing her great pain.

"Ah, thank you so much," she said. "How much is it?"
"Nothing at all," he replied, smiling.

"Oh, but you should let me pay you something—you really should. I'm sure it would be only right to pay you for your time. It took all of five minutes, though of course it wasn't really so long—and if your time is worth a day—and really I think druggists should make that much, though of course they do not work so hard as carpenters or painters—why that would come to—let me see, why, nearly ten cents—no, at least we will call it ten cents, though it would really be only about eight cents, wouldn't it?"

"No, madam," the druggist replied firmly. "We are glad to do these little services for our customers, and I recall distinctly that you have bought most of your postage stamps here for a long while."

MONEY ORDERS.
The safe way to send money by mail is by Dominion Express Money Order.

There is a great difference between contentment and a dead ambition.

Mother! Clean Child's Bowels With California Fig Syrup

Even a sick child loves the "fruity" taste of "California Fig Syrup." If the little tongue is coated, or if your child is listless, cross, feverish, full of cold, or has colic, give a teaspoonful to cleanse the liver and bowels.

In a few hours you can see for yourself how thoroughly it works, all the constipation, sour bile, and waste out of the bowels, and you have a happy, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful to-day saves a sick child to-morrow. Ask your druggist for "California Fig Syrup," which has directions for babies and children of all ages printed on both "Mother" and "Baby" bottles. If you want an illustration fig 5519.

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