

Interesting Happenings in Canada.

A memorial clock tower dedicated to the memory of the heroic services performed by the British navy and mercantile marine in the great war, has been erected on the waterfront at Montreal on a commanding site, visible from all sides. One of the naval guns recently presented to Montreal will each fire a signal at noon, the time being relayed from McGill observatory.

A company to develop the flax fibre industry in Manitoba has been incorporated with a provisional charter, according to a notice appearing in the press. Arrangements are being made by the new enterprise to purchase the old match factory at Neepawa.

This will be the first of a number of factories which the company expects to operate in Manitoba.

Experiments are being made to determine the nickel deposits about 225 feet of Witner on the Nickel Range. Mr. W. A. Preston, member of the Legislative Assembly, said the project and states

Ontario, charter will be taken in capital of \$1,000,000.

Other trees—3,500,000 poplars,

black poplars, and 1,600,000

aspen grown on the Canadian

Tieck Nursery at Sutherland,

Sask., will be distributed

among the farmers of the province next

These trees, grown under

conditions, are being distributed in east in increased num-

bers and their plantation on farms in

treelike areas is slowly but

increasing the land.

At least a dozen varieties are being

sown on prairie farms all of which

are growing rapidly.

A decided improvement in mining

activity is indicated in reports re-

ceived from the Cobalt district,

the number of men employed being now

around 1,000, as compared with

2,000 in February.

Silver produc-

tion is now at the rate of 800,000

ounces monthly, as compared with

600,000 one month ago.

A Canadian plant will be located at

St. Catharines, Ont., by the Birmingham

Co. of Jamestown, N.Y., according

to J. J. Gattman, representative of the

co. Arrangements are said to

complete for taking over the plant

recently occupied by Henry Hope &

his brothers at Queen's University,

as announced by the principal.

The total 1,840, divided as fol-

lows, 589 students; 189 of whom

in their first year; science, 322 in

and 46 in the first year;

medicine, 51 in the first year, and

in the faculty, 1,116 are taking the

course by correspondence or part

time, while 200 more are taking bank-

ing first places were secured by

the colonial Cheddar cheese

at the dairy show, which is now

held in the Agricultural Hall at

London, England. The first went to

John Newell, Factory, On-

tario, and the second to the Do-

ll's Cheese Factory, Ontario.

Sampling the Sea-Floor.

Scientists of the sea have visions of

days when we shall dispose fish in

the sea as a farmer disposes his

hogs and hens on land.

We must first take a valuation of

the sea, and that is the fascinating

task which has been begun by the

marine biologists of the Ministry of

Agriculture and Fisheries in their la-

batories at Lowestoft, England.

It has been established that the

transplantation of plants from the

English and Dutch coasts, where the

salmon are overcrowded, to the

Dagger Bank, results in a great ac-

celeration of growth. Three of the

latest instances of fish caught and

marketed, taken to the Dagger Bank,

and recaptured show re-

spectively a 90 per cent. in-

crease in 432 days, a 74 per cent.

increase in 430 days, and a 56 per cent.

increase in 49 days.

The evaluation of the sea consists

in determining the quantity of fish

on the sea bottom.

We grab with interlocking teeth

and take samples of the bottom.

We are at two square feet of the

bottom, to a depth of three to

four inches, with all the animals it

contains, is lifted at each operation.

It is washed through sieves, and minutes

of the numbers and kinds of

animal life it contains. In one

case one hundred samples have

already been taken and tabulated.

The fish food found consists chiefly

of various worms, small shell-fish, and

small crabs.

By taking many samples of the

stomach contents of fish it is known

what fish eat, and by valuing the sea-

food it is decided where to put them

so that food in greatest quantity

\$30,000 Capital Every Morning.

Accident insurance companies aver-

age your values thus: On a business

basis your arms are worth \$5,000;

your legs \$5,000; your eyes \$5,000; a

finger \$250. According to that com-

putation your head must be worth at

least \$15,000. Therefore when you got

up this morning if you did not have

a dollar in the bank you had a work-

ing capital of \$30,000. With that much

of a start you may go far.

Plants, by means of their greenness,

are able to collect and store the heat

of the sun.

Any man who has a job has a

chance.

GLAD HE TRIED THE TONIC TREATMENT

Through Its Use Strength and Vigor Was Restored.

To be tired after exertion is natural. Rest and food restore the body to normal after such fatigue. But to be tired all the time is a symptom of an anaemic condition that will not be corrected until the blood is built up.

Such an anaemic condition is so gradual in its approach and generally so lacking in acute pains that it is often difficult to persuade the sufferer to do anything for it. But it is not a condition that corrects itself. If the blood is not enriched the trouble will increase. The nerves will be undernourished and neuralgic pains will follow. Digestive disturbances often result from this blood, sleep is disturbed and a general breakdown may occur.

Mr. Wilson Johnson, Nineveh, N.S., says: "A few years ago my system was in a badly run down condition. My nerves seemed always on edge, and I found myself so weak that I could hardly do any work. I suffered from headaches and from pains in the back and under the shoulders, and was often so sleepless at night that when morning came I felt as tired as when I went to bed. I was taking medicine all the time, but it was doing me no good. Then I read the testimonial of a man whose condition had been similar to mine and who strongly recommended Dr. Williams' Pink Pills to give this medicine a fair trial, and when I had taken six boxes I felt much better. I continued taking the pills until I had taken six more boxes, and I can say I am glad did so, as I am now enjoying the best of health, and I advise all men who feel run down to give those pills a good trial."

Dr. Williams' Pink Pills can be obtained from any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50. From The Dr. Williams' Medicine Co., Brockville, Ont.

Surnames and Their Origin

YORK

Racial Origin—English.

Source—A locality.

The origin of York as a family name is not hard to guess. It comes from the city in England of that name.

The city of York is almost as im-

portant historically as London and is as old as the Roman invasion, and, having been founded by

the Celts, there was another clan of this name. That is, the name was the same if you make the comparison with certain of the Anglo-Saxon variations. In reality, however, it is not the same name at all when you look at the Gaelic form.

This clan was known as the "O'Gallagh," and the earliest records show that it became an independent clan unit about the year 1100 A.D. It was one of those little accidents of history that all persons whose names trace back to this clan are not bearing the name of O'Shaughnessy instead, for the chieftain who founded the clan "O'Gallagh" was the son of the first chieftain of the O'Shaughnessys.

His given name, from which the clan name is derived, had a meaning of "yellow hostage" or "fair-haired follower." It is to be noted that the true meaning of these old Irish given names in which this element "gil" or "gill" appears cannot be adequately rendered by any single English word.

"Hostage" merely comes the closest to it, or "servant," or "follower." The meaning, however, was far from that of "prisoner" or "slave." There was embodied in it also the thoughts of "loyalty," "honorable service," "emulation" and the like.

Suppose a guide said—

"This way there's a safe and pleasant road to your destination, with no risks or troubles on the way," and—

"That way there's a road that a good many have stalled on and turned back from, but you may get through."

Which would you take?

Postum is a thoroughly agreeable and satisfying meal-time drink, and you're sure that it's perfectly safe for health. Tea and coffee contain drug qualities which disturb the health of many.

Postum or tea and coffee? Which road?

Why guess when you can know?

Postum comes in two forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes. Sold by all grocers.

**Postum for Health
"There's a Reason"**

Eventide.
The day is past and the toilers cease,
The land grows dim 'mid the shadows gray.
And hearts are glad, for the dark brings peace
At the close of day.

Each weary toller, with limping pace,
As he homeward turns, with the long day done,
Looks to the west, with the light on his face.
Of the setting sun.

Yet some see not (with their kindling eyes)
The promise of rest in the fading light;
But the toads loom dark in the angry skies
At the fall of night.

And some see only a golden sky,
Where the crows their welcoming arms stretch wide,
To the calling rooks, as they homeward fly.
At the end of day.

It speaks of peace that comes after
The strife,
Of the rest he sends to the hearts
He tried,

Of the calm that follows the stormiest life.

God's eventide.

Lieut.-Col. John McCrae.

Why Your Ears Burn.

Everybody has experienced the feeling of a burning ear, but few understand how it occurs.

Sudden frights, excitement, worry, and anxiety are the causes. The sensation is due to the liberation of thyroid and other gland substances, which have a tendency to paralyse the muscles in the walls of the skin. This temporary palsy permits the elastic walls to expand, and a stream of blood rushes into the cheeks and ears.

When you realize that the heat of the blood as it circulates through the body is about one hundred degrees Fahrenheit, it is plain that a sudden concentration in one place causes a rise in temperature. The spot affected feels for the moment like a fiery furnace.

Min. Pat.

Well, Pat," said Bridget, "what kind

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