RUSSIAN NOBLES WORK IN POLAND

ARISTOCRATS IMPOVER ISHED BY THE REDS.

Princess Conducts Relief Work, Aided by Admirals, Generals and Governors,

Driven from palace to hovel, some of the members of the aristocracy of old Russia now are peeling potatoes others, physical health, and efficient tion, and it is estimated that these says a despatch from Poland.

Pive thousand men and women and children, some of whose resounding titles once brought them homage of constiers, are clustered here after having fled to Poland before the Bolsheciki Helping them to help themselves is Mny: Ludmila Lubinoff, herself a bringee, though born a princess of one of the oldest Russian houses and the ger service. When Baden-Powell rewife of the former Civil Governor of turned to England, in 1902, the idea

This remarkable woman is conduct- support, and a general plan of organithe coup kitchens, sewing rooms and zation was adopted. The first Boy tion or so-called stomach trouble are clothes warehouse and the charming volume worker was disposing second. werlshops for members of her unhappy class, and taking orders from 1908, and a royal charter of incor- ach at all, but are caused by other in-Let are men who once commanded the poration was granted in 1912, the cr. fluences. The great contributing applicants who offered in exchange On her staff are admirals, generals, governors, mayors and members of the old Petrograd court, while her husband has laid aside his gubernatorial duties to become her secretary.

A Woman of Action. beautiful woman, she hides the that is an example to the unhappy folk Scout programme in part or as

Peter and Paul and arming him with a fictitious passport that enabled him to fire to Warsaw. Here the family Was founited

Selling virtually all she possessed it aid her fellow countrymen, Mme. .L.binoff organized the Warsaw brench of the Russian Red Cross, tel wh is being aided by the American

Sparing not herself. Mme. Lubinon ship of Scout troops in their area and has not spared the colony of refugees for their encouragen ent and support. which included, many of the former Russian nobility. In the soup kitchen ized into patrols of eight boys, two or and wood yard, which she esablished three or four patrols to a troop under a Russian orthodox church at 5 Code al squalid property placed at cognized as the most natural and at ther disposals are working men and once the most successful type of women of title at tasks which once ganization for boys. Nearly 9,000 tario boys are now members.

the dingy little courtyard Gen. many thousands more have had the thionsky, formerly exchitect at the benefits of Scout training during the transian court, chops wood for a living past twelve years. with several officers of the crack im guards, one of whom has lost reison and must be watched. In ments and you give him the mastery mall and dirty building Frince of palaces and fortiles wherever he deschersky, who was master of cere- goes. He has not the trouble of earnnamics at the imperial court, peels pothes for his daily bread.

Nobility as Servants. in the crowded rooms the meals are Minard's Liniment for Dandruff. roud by women of the Russian no-Princess Rukoff, widow of Adrecal Rukoff, who was executed by Dolsheviki; Princess Ouchtomsky whose husband was reputed one of the richest men in Petrograd and is · how cashier in the next room at 4,000 Variation-Pipard. which marks a month, the equivalent 3.54 to-day, and Mme. Koudravatsky, of the Vice-Mayor of Potro-

grad, who was put to death by the Red revolutionists. Colonel Kesselaeff, of the Imperial that of Pipard is apprently traceable thissian Guards runs errands for Mhe. from exhaustion while waiting for their food are attended by Mile. Cara- origin, that occupation being the obviresoft, a former wealthy resident of ous one of the player of the bagpipes. Petrograd, now a nurse.

Working in an American Red Cross his sister had been killed this English instrument, it was once quite tion by no means widespread. winter by the Bolsheviki and that the generally in use, articularly in ally of the dead.

ame. Lubinoff boasts a storehouse names were first developed. in the size of a Canadian housewho s pantry, which is in charge of a changed speling of the name Pi- of the O'Connors of Corcamrudh (or Jim Brown says, says he Shramchenko, the son of the pard. This name is of Norman-Corcomroe). Governor of Tchernikoff, who was French origin, developed from a sokalled by the Bolsheviki, The assiststore-keeper is Victor Borsenko, or "foxy." There was a Ralph Pi- derived from the given name of "Fla-

A Little Wisdom.

A fault confessed is half redressed. Nothing is ill-said if it be not ill-

It is human to err, but diabolical to lersevero. The mother of Miss Impudence is

Mrs. Ignorance.

The best carpenter does not make the most chips. When everybody says it, nobody

knows it for certain. If you will go the contrary way you must go over it twice. The one sure way not to fail to to

determine to succeed. It needs but a little neglect to breed a great mischief.

What you learn to your cost you re member longest. Those who go the right way must often swim against the stream.

. Faith is the greatest magnetic power for the attraction of the things

that belong to us. Most anybody can do a thing he

feels like doing, but it takes a true man to do a thing when he doesn't feel like doing it .- Sam Jones.

Millions of War Medals.

AUTO -REPAIR PARTS our old, broken of cars, or worn-out parts or wo It is understood that the distribution of the 1914-15 star, the British war medal, and the Victory Medal will probably occupy about four years. Already 3,000,000 medals have been disributed to individuals or sent to record offices at home and to the overseas dominions and colonies for distribution. This distribution includes The Boy Scouls Association. 1,400,000 1914-15 stars, more than 900,-Boy Scouts are organizations of tory medals. 000 British war medals and 80,000 Vic-

boys and youths between the ages of twelve and eighteen years and up war medals required is 9,000,000, and wards, which aim to develop charactory of Victory medals 5,500,000. After deter, to aid in furnishing equipment for ducting the medals already distributed citizenship, by utilizing the natural will be distributed at the rate of 3,activities and interests of the adoles- 000,000 a year. The development of the Boy Scout

The development of the Boy Scout movement in England is due to It.- WHAT TO DO FOR STOMACH TROUBLE 1899, had seen the boys, under Lord

General Sir Robert Baden Powell, Bt.,

who during the siege of Mafeking, in

Edward Cecil's command, organized

and drilled into an efficient messen-

was, fostered and received popular

military, public service body."

Dominion Bank Chambers, Bloor and

Associations and Committees become

responsible both to heir communities

and to headquarter for the leader

The Scouts themselves are organ-

to enter and possess -Emerson.

Undoubtedly the nine of Piper is

for the most part of occupational

Racial Origin—Englis

Source-An occupation

Welsh wars of that pe lod.

Suffered Much.

ganization being recognized as a "non-cause of indigestion is thin blood. Good blood and plenty of it is required an educational adju ct by well-known the system gets poison.

mittees are organize to supervise and known remedies for such troubles, but largest ou fit in stock. extend the movement in communities never obtained more than temporary citizens to provinc al headquarters, was growing more and more anaemic, salary of twenty dollars a month." I did not sleep well at night and was growing despondent. I was in this again and this time with dawning re-

a Scoutmaster. Scouting is now resome change for the better. This He was none other than M. Ohanjangreatly encouraged me and I con- ian, the President of the Republic of tinued taking the pills for some three Armenia months, by which time my stomach was all right again, my blood good, nerves, strong and life was again worth living. My advice to all who suffer from stomach trouble is to give Dr. Williams' Pink Pills a fair trial."

Give a boy address d accomplish-Dr. Williams' Pink Pills can be obtained through any medicine dealer, or by mail at 50 cents a box or six ing or owning them, they solicit him boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

of holly.

Surfames and Their Origin

FLAHERTY

Racial Origin—Irish. Source—A given name. The family name of Piper may com-

interest to the student of nomencia- ics are said to have urged the acceptture for two reasons. One is its extreme antiquity, even among Irish surnames, which, as clan names, antedated the family names of England, the German army could have been and for the most part those of Scotland.

This explanation has been objected to The other is the peculiar variation by many on the ground that the bag- which has arisen in the anglicizing of warchouse are twenty officers of the pipes is to be found only in Scotland the name by which the prefixed "O" temperial Guards regiment headed by or Ireland, whereas I per is a name has become the initial letter of the 31. Reikshensky. a lawyer of Kieff, most frequently met with in England. name itself. This development is most The fact is however that while the unusual in Irish names, and is found in Just a few of them, with the varia-

The clan of O'Flaherty dates, apthe Middle Ages in which family third century A.D., and it arose to the dignity of independent clanship after In some instances liper is merely having come into existence as a sept

The Irish spelling of the name is briquet of nickname signifying clever, formidable. It is "O'Flaithbeartaighe," pard at the time of He ry III. of Eng- thartach," which in turn was derived land who won great lonors for his from the Irish words "flaith" and generalship in the Scottish and beartach," meaning "clever ohief

> What Better Drink for Table Use than POSTUM CEREAL

When well boiled - twenty minutes or more - it has a rich color and a particularly delightful Havor. In these respects, Postum Cereal is the equal of fine coffee; and much better for

"There's a Reason"



Cold and catarrhal affections of the

nose and throat use BAUME BENGUÉ

RELIEVES PAIN President's Wardrobe Cost 38 Cents.

SEWARE OF SUBSTITUTES

Being President may pay the rent but it doesn't always provide the wardrobe-not in Armenia at any rate. A letter just received from Erivan, the capital of that most unfortunate republic, tells how President Good Advice From One Who Had Ohandjanian got his winter woolons,

Scouts organization was formed in not due to the condition of the stomtheir thanks, or at most, a few cents. The Boy Scout Association in by the stomach to take care of the furnishings," she was suddenly start-Bending over her bundle of "gents" Canada is non-mill ry and non-sec-food. If the blood is thin the stomach led by the sound of a suave and untarian in character, the movement be- functions sluggish, food lies undigest- usually musical voice inquiring in Enging supported by Roman Catholics, ed, gas forms and causes pains in lish for a suit of underwear, of the Protestants and Je s alike. Of late various parts of the body. Instead of largest size on hand. She looked up it has also been given consideration as getting nourishment from the blood and beheld a very tall and very dignitragedy of her life under an optimism educators, some schools adopting the Relief from this condition can be black, rather frayed Prince Albert. It to whom she ministers. A woman of whole, while some of the universities Mr. D. Shaw, Mt. Stewart, P.E.I., tried pressive a figure with anything so unrounding the pressive and the universities of the univers and leading technical schools conduct and now, warmly recommends to romantic as a request for woollen underwood with her two sons after freeing special courses for scoutmasters and others. Mr. Shaw says: "I suffered derwear, but since such had unmisfrom indigestion for over four years, takably been what he asked for, she Local Association or Troop Com- and have tried many of the well- made all haste to supply him with the

upon application by representative relief. The trouble was aggravated by payment the equivalent of hirty-eight To her surprise, he offered her in constipation setting in owing to the cents in Canadian money Involun stomach failing to do its work, and tarily she protested but he reassured Sherbourne Streets, Toronto. Such laxatives only gave relief to the her in his gracious tones: "Really, bowels and left the stomach in worse madam, I have plenty, you know. You condition. The result was my blood forget I receive the quite remarkable

> The little relief worker looked wretched condition, when a friend ad, cognition. The gentleman she had not vised me to try 'Dr. Williams': Pink had the honor of meeting, but his pic-Pills. I got three boxes and by the ture was as familiar in his country as time they were finished there was

> > Tractors in France Easily Become Tanks.

Every French farm will become a potential artillery depot, if the suggestion made by prominent farm tractor manufacturers to the Chamber of possible, says a Paris despatch. They contend that certain tractors con- or the flesh of other animals. There are over a hundred varieties transformed without difficulty, into powerful tanks with armo clad turrets to be constructed according to the Government design and supplied throughout the border areas to reliable owners of suitable machines. with ammunition are still to be work-

The details of supplying these tanks Variations - O'Flaherty, O'Flahertie, ed out by the military officials, who are showing such interest in the plan that special films are being prepared for presentation before the Chamber This family name is of particular of Deputies. Prominent military critance of the scheme, declaring that it eastern France had been equipped thus in 1914 the massed advance of stopped in the Vosges foothills.

> "Cascarets" To-night For Constipation

Just think! A pleasant, harmless Cascaret works while you sleep and has your liver active, head clear, stom. soup, called "rub-a-boo," or fried in its ach sweet and bowels moving as regular as a clock by morning. No gripsapital of the Ukraine had become a Northumbria, during hat period of parently, from some time prior to the cent boxes. Children love this candy candles. ing or inconvenience. 10, 25 or 50 like a superior quality of tallow cathartic too.

A Pessimist. Life ain't what it used to be Everything is money mad, Things are going to the bad Politics is shameful now. Preachers ain't as good somehow As they were when he was young, Even Gospel hymns ain't sung As they used to be, says Jim-Least that's how it seems to him.

Jim Brown says, says he, that men All were honester back then, Merchants all were kinder too, Trusted more than what they do Women didn't nag the way Most of 'em take on to-day, Everything is worse, says he Than it was in ninety-three.

Jim hangs round the corner store, Hasn't worked for months and more, From the last job where he hired, Out of work he soon was fired, Mrs. Jim though, sews and sews, Just to keep her kids in clothes. It's about all that she can do To buy shoes and feed 'em too Since Jim spends his time in fretting Bout how had the world is getting.

There is not a man or woman over 60 years of age alive in Austria today. All persons over that age died of starvation.

Teacher—"Willie, I suppose yo know what a caterpillar is?" Willie-'Yes'm; it's an upholstered worn

Homeland.

There are worlds, I'm told, 'mid the silent stars,

of home. With the faces so dear to me. When the shadows fall loving voices

While the red sun sinks in the west;

When the night winds eigh, and the seabirds fly Far away o'er the trackless foam, Then my heart flies, too, o'er the

Love has wings that can bear me. "By Jupiter, there'll be no peace on Other worlds are fair, but they'll ne'er roared Mars. compare.

Though you search 'mid the stars inquired Neptune. To the world I know, where the blue- General Graft," said Mars.

bells grow-

FOR THE CHILDREN

Mothers-the surest way of keeping your little ones well and happy; got mad just because I pu out my whether it is the new-born babe or the tongue before he told me to growing child, is to keep their bowels regular and their stomach sweet. Ninetenths of all childhood allments are the result of clogged bowels and sour stomach. The most necessary and the bost medicine, for little ones is a gentle laxative—somothing that will relieve constipution; . sweeten the stomach and promote rest and natural sleep. Such a medicine is Baby's Own Tablets. They are a gentle but efto you if it were observed." ficient laxative; are absolutely guaranteed free from opiates or other injurious drugs and may be given to the youngest infant with perfect marriage was a mere formality?"

safety. They banish constipation and indigestion; break up colds and simple fevers and give the baby that health and happiness which all children should have. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine 'Co., Brockville, Ont.

in the form of penmican.

Pemmican is concentrated nourishment, of small bulk and light weight relatively to its food value, and spein cold latitudes by reason of the fat

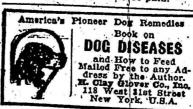
structed at moderate expense can be The original process of making pom mican began wih slicing buffalo meat and hanging these over frames to dry in the sun. Flies were kept off by building a small fire beneath. When thoroughly dried the meat had shrunk more than two-thirds in bulk. Then it was roasted slightly to make it brittle and was reduced to a fine powder by pounding it with flails.

> A notable advantage of pemmican is that it wil keep good and wholesome for years.

The man who conquers is the one everlastingly towards his goal, unmindful whether it is always in sight or not, unmindful of obstacles, of difficulties, of discouraging conditions. He moves ever forward because he s invincible.



Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. It doesn't hurt a bit, Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to) remove every hard corn, soft corn, or corn between the toes, and the cal luses, without a particle of pain.



PISOF

FROM HERE & THERE

eyes, my hands; my voice-

Mrs.

about him?"

Naturally.

Mrs. Bi--"Well, what do you admire

admire

A .- "My husband

Mrs. A .- "Why, his good taste."

Always on the Job

earth till I retire my two chief aids."

"Who are those mighty generals?"

"None other than General Greed and

Unappreciated Help

called in to treat the spotled child of

complained that the child had been

he's just an old fogy, that's all! He

Had High Authority

The young man , who had been call-

came to see Helen's father. Finally,

"It's a mere formality, I know, sir.

Helefi't father stiffengd. "And may

inquire," he said, "who suggested

that asking my consent to Helen's

"Yes, str," replied the young man

Happiness like health is man's di-

vine heritage. Don't be cheated of

your birthright. The idea that sor-

row is the normal condition sprang

from the same mind which imagined

that if a man were not sick occasion

ally there was something the matter

REMINDER

"KING OF PAIN"

"California Syrup of Figs"

Child's Best Laxative

"It was Helen's mother."

with him.

the suitor made this announcement:

"Why, mother, replied the kiddle,

very rude to him. ! .

A Philadelphia physician had been

There are lands far across the sea; But where'er I roam comes the dream

Then big tears rise to my longing eyes. For the land that I love the best.

ocean blue:

My dear homeland of peace and love

Chandidalian got his winter woolons, and it wasn't a case of political graft A GENTLE LAXATIVE

Food for Explorers.

Men experienced in Arctic exploration are of opinion that, if the frozen A Health Saving wilds of the north are to be invaded by balloons and airplanes—Alaska being particularly in mind where the use the latter is concerned-they Don't wait until you get sickshould take with them supplies of food

cially adapted for the support of life it contains. In old times it was pre-Deputies is carried out, as now seems pared from buffalo meat, but some in dian tribes to-day make it with bee

into slabs an inch or less in thickness

Then the hide of a buffalo was cut and sewn into a sack, which was filled with as much of the minced meat as it could hold, fat being finally poured in scalding hot so as to fill every orevice. Bags of pemmican thus prepared were so solid that at one time a quantity of them were used to build a redoubt which the Hudson Bay fur traders used during their conflicts with the Northwest Co.

The pemmican manufactured in this way could be converted into shape for eating by simply chopping it up with a hatchet. However, it was better in own fat. Cooked in the latter fashion, it was said to taste remarkably

Accept "California" Syrup of Fige only-look for the name California on Minard's Liniment Relieves Distemper child is having the best and most harmless physic for the little stomach, liver and bowels. Chilien love its who moves steadily, persistently, fruity taste. Full directions on oach bottle. You must say "California."



Sweet and Dainty

by Cuticura Ointment when necessary Cuticura Talcum is delicate, delightfu distingué. It imparts to the person charm incomparable and peculiar to itself Soap 25c. Ointment 25 and 58c. Talcum 25c. Sol Lymana, Limited, 344 St. Paul St., W., Mon

Classified Advertisements.

FARM WANTED.

ARM WANTED. SEND DESCRIPTION and price. John J. Black, https://doi.org/10.1007/j.j. MISCELLAMEOUR W OOL SPUN INTO YARN OR blankets. Georgetown Woollen

AGENTS WANTED. AGENTS WANTED: BLISS NATIVE A GENTS WANTED: BLISS NATIVE A licrix is a remedy for the relief of Constipation. Indigestion. Billiousness, Rheumatismi. Kidney Troubles. It is well-known, Baxing been extensively advertised, since it was first manufactured in 1888, by distribution of large quantities of Almanaes, Cook Books, Health Books, etc., which are furnished to brents free of charge. The remedles are sold at a price that allows agents to double their money. Write Alonzo O. Bliss Medical Co., 124 St. Paul St. East. Montreal. Mention this paper. everything about me-my thair, my

Came By It Honestly.

Stories concerning victims of wifely . prattle recall a poignant one told by a headmaster who wrote on a boy's foport; "A good worker, but talks fool much." The rule of the school was that during the helidays each boy a certain family. After his departure father. In this case, the report came the mother returned to the room and back with a brief commert attached: told the youngster that the doctor had | "You should hear his mother."

MONEY ORDERS.

Remit by Damikion Express Money Order. If lost er afolen you get your money back.

When You Shake Hands.

When you shale for to grasp the ing so frequently on Helen at last the owner of it, not as though perform fog a perfunctory duty. Lat your heart into your bandchake. Watte this asking for your daughter's hand, the person's eyes and give him a Quita you are bolding the head, look into but we thought it would be pleasing from your heart. Let cordicite and gentality gleam in your face,

> Worry is really a form of cawardia It is born of four and comes from th. conscioneness that we are not equal tol cope with the obstacles that con

ASPIRIN

"Bayer" is only Genuine



Warning! chance on any substitute to genuin-Bayer Tablets of Aspiran prescribed by physicians for twenty des year and proved safe by arthicus. Unless you see the game "Bayer" on packing or on tablets you are not petting Napirm at all: In every Bayer package are directions for Colds. He dache. Neuralgia, Rheumatiam, Eargelie Teothache, Lumbago and for Pain Handy tin boxes of twelve tablets cost few cents. Druggists also sell larger packages, Made in Canada Aspirin is the trade mark fregistered in Canada), of Buyer Manufacture o Monoaceticacidester of Salicylicacid.

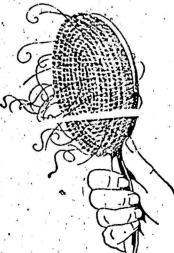
WHEN RHEUMATISM HITS YOU HARD!

Sloan's Liniment should be kept handy for aches and pains WHY wait for a severe pain, an ache, a rheumatic twinge fol-

lowing exposure, a sore muscle sciatica, or lumbago to make you quit work, when you should have Stoan's Liniment handy to help curb it and keep you active, and fit, and on the job?
Without rubbing, for it penetrates,
tpply a bit today to the afflicted part. Note the gratifying, clean prompt relief that follows. Slean's Limited couldn't Leep its many thousands of friends the world over if it didn't make good.

That's worth remembering. All drug-gists—three sizes—the largest is the most economical. 35c, 70c, \$1.40. DANDERINE

Stops, Hair Coming Out; Thickens, Beautifies.



A few cents buys "Danderine." ter a few applications you cannot find a fallen hair or any dandruff, besides every hair shows new life, vigor. brightness, more color and abundance.

Cits of the "" " " large id. Anguit-Tog in Tyr dy such of

araked juyl**a** h enelojaa how walin

B. b. de out.

hall the

ar Lastach

Wal dalvant

Cl of Eferex. applay sond Send them. ly till every th life. This nicrescope.-