jeties of corubin watches and ome from Siam, me also from n the last few covered how to etically, and in one plant that is of these arti-

in cheap watcho-Slovakia, Ina. Agates (from ted States) are for fine instruon points for

from an engi-I viewpoint is black diamond, ond drills. The omes from the zil, where these brown or black onglomerate of bedded in sandhowever, are stream gravels glomerate. white and yel-

formation, but ge. The black uite as hard as dark hue and ely to accident-

ent. ents if they are

nd with discreus that "praise grace"; but we We may say vork's sake and may be true; acceptable to as when they

ats, remember also, and that give them as Make a study art of giving as to afford

about a coinat -coniplimentinsincerity. It ail. Compliicere. In fact. preciated they There lies the impliment and ir its essence tempt to gain pretending to here are none founded on in and emphah the recipient . The best and its are even ain amount of with praise. So instes all the

second polat, h of a compliupon its quale. In compliy other great we are likely elves than of ed. That is a kind things thing else self How often do i alm to exalt ng inept and recipient and the harshness tenters, but it without a geru, before you ther your flat-

ds, it takes in-

n any more

the varnish is d off the farid-

ntiv on rale ir,

## AT WINDSOR CASTLE

### ASSOCIATED WITH RO-MANCE OF PAST AGES.

### Where the Same Range Which Cooked for Charles II. Now Serves George IV.

must have delighted the hearts of our feudal kings.'

uc hi sa description of the Royal kitchen at Windsor Castle: Indeed, there is probably no Ritchen in the world more associated with the groundless fears, and do not sleep well romance of the past centuries. If its at night. Headaches and other nerve could tell of banquets prepared for the all comes from starved nerves. nerry courtiers!

dishes to tempt the appetite of our supply of rich, ret blood. Therefore kitchen has ministered right royally be taken. These pills make new, rich there were two yolks! Sandy looked to the board of every Sovereign who blood, which strengthens the nerves, on, and a smile of satisfaction came has worn the crown of England.

his renovating hand on it; but al-though forches have given place to cheeful. If you are at all "out of ither egg's worth o' needles comin' to candles, candles to gas, and gas to sorts" you should begin taking Dr. me." electric light, and though its culinary equipment has often been renewed, King George sees his kitchen to-day pretty much as our Plantagenet Kings 3aw it. . .

Even much of its present equipment is hoary with age. There is a meatscreen of oak, lined with metal, which proudly flaunts the Tudor badge, in honor of Henry VIII. There are two ranges, in which many a joint was cooked for the "Merry Monarch" and his fellow-revellers, and there are utensils still in daily use which were doing good service before Trafalgar was fought.

A Vaulted Cathedral. As this ancient door opens ponderbusly, and we enter this kitchen of remance, our eyes are dazzled by the glitter of the enormous copper pots and pans which flash their ruddy fires. around the walls. It is only when cur eyes become accustomed to the glitter that we realize the vast proportions and the vaulted dignity of the room we have entered.

At each end of it is an enormous tinge, with a screen of oak fashioned in Smart days. There are four tables wildly fashioned from beeches which pace spread their shade in Windsor, forest. Of these, one is used for muchebn and second-course work, another for soups and sauces, and a third for entrees, while the fourth is reserved for the kitchenmaids, who are responsible for all plain fish, the

stewards' room and the servants' hall. There are stoves-miracles of mosort for the roasting of game by charcoal; and a wonderful serving-table at hollow steel, on which the dishes

are kept hot by steam. There are brobdingnagian stockpots of copper, stew-pans, braising-kettles, and so on through the widest range of cooking utensils, which line the walls In dazzling phalanaxes. And over all, the vaulted roof, with its rows of ventilating windows, rises high as the roof of a small cathedral.

### The Chef and His Staff.

Whe ministers of this temple of gasronomy are a small and perfectlytrained army of master-cooks and apprentices, yeomen of the kitchen, assistant cooks, roasting-cocks; scourers, green-office men, kitchen-maids, and se on, each of whom, clad in spotless then, discharges his or her duty with the precision of a highly-trained sol-

Even in the thick of preparing the largest and most elaborate Royal banquet, the great kitchen machine moves with absolute smoothness and regularity. Everything is in its appointed

Such smooth perfection of working could only be ensured under the direction of a very competent chef, and name lived. It means "apple yard." King George's chef is one of the king's of his chaft.

At eleven o'clock every morning he makes his appearance in his office, and arranges the menu for the day. This done, so capable and reliable is English family names developed into his staff, he has nothing more to do until the time of preparation arrives, when he takes control or the kitchen, and with keen eyes "everywhere at conce" sees that every course is not preparation arrives, The original form of the name, as it denote the more important meaning of "master of the horse," and to be as sociated with more dignified duties of the name as it denote the more important meaning of which it knows how to exhibit to adand you have it in perfection as presociated with more dignified duties of There are other birds which have just ture. served at the exact moment.

Nor is his sway by any means confined to the kitchen we have described. There are, in addition, pastry and confectionery departments, to say nothing of a bake-house and a coffeeroom, each with its own staff of experts who, under the chef's direction, produce the most seductive of delicacles; from Patisserie Fondantes to Glace a la Siamoise.

Canada was on Aug. 12, 1858, from the Anglo-Fronch family names stances, but it cannot be doubted that Queen Victoria.

Are you one of those boys who save their parents money only by not be-

Until your mind and your body are on fire with eagerness for the thing you want to do, you will remain a common, ordinary man.

### THE ROYAL KITCHEN A TONIC FOR THE NERVES

## Good Supply of Rich, Red

anything else."

Such is is description of the Royal down condition caused by overwork and the many anxietles of to-day. Sufwalls could speak, what tales they pains are part of the misery, and it

feasting of long-dead kings and their Doctoring the nerves with poisonerry courtiers!

Ous sedatives is a terrible mistake.

Within them were cooked dainty The only real nerve tonic is a good second Henry. And since that time to relieve nervousness and run-down and let the contents drop into the seven centuries and more ago—the health Dr. Williams Pink Pills should glass. And, wonderful to behold, Improves the appetite, gives new to his face as he raised the glass to Twice the third of our Henrys tried strength and spirits and makes hither his lips.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box or sex boxes for \$2.50 nature was his only teacher. from The Dr. Williams' Medicine Co., Brockville, Ont.

### Availability and the Value

Why do crops need plantfood at all? oxygen and hydrogen; less than 5 per several other friends. They refused. of mineral constituents which the plant obtains from the soil. In her wisdom, nature has provided, however, that this "less than 5 der cent." is just as my own face. I saw surprise there, essential to the growth of the crops but not astonishment. It was alloyed immediate stomach relief and shortly The plan is to group a number of the other 95 dep cent. Then, in with the suspicion that the money the stomach is corrected so you can boys (preferably not more than 32 eat favorite foods without fear. Large in any one troop," as they are designated as a cost of the counterfeit. I was in descared to the stomach is corrected so you can boys (preferably not more than 32 eat favorite foods without fear. Large in any one troop," as they are designated as a cost of the counterfeit. I was in descared to the stomach is corrected so you can be considered to the stomach is corrected to the stomach is corrected so you can be considered to the stomach is corrected t while we are dealing with a very small pair. Where should I find genuine as case costs only 60 cents at drug store. nated) under the leadership of a percentage of the plant, we are actuitonishment?" ally dealing with things absolutely ecessary to crop growth.

Four important constituents of plant food which are found in the soil are lime, nitrogen or attending phosphoric acid and potash. You, of course, remy friend the next day, and on his asand helps the strength of the growing plant; nitrogen causes its leaf, stalk or straw growth, phosphonic acid in-

filling of fruit, grain or tuber. icen perfection—adapted to the most of the Interior, at 1,234,269 million lets. The Tablets are an ideal medical designed by the Prince Cons. or two-thirds of all the British cine for little ones. They are a gentle I longed for you, and I wronged for study, handicraft, ex-Empire. Of this total, 2,158 million but thorough laxative which regulate tons is anthracite, 283,661 million tons the bowels, sweeten the stomach bituminous, and 948,450 million tons banish constipation and indigestion ignite and sub-bituminous.

### A Scotch Egg's Worth.

days, writes Mr. Newton McTavish in from the Dr. Williams Medicine Co., the Canadian Magazine, the general Brockville, Ont. store prevailed, and the stock in trade frequently included whiskey and other strong liquors.

"If people would only attend to their blood, instead of worrying themselves ill," said an eminent specialist, "we loctors would not see our consulting the storekeeper replied. coms crowded with nervous wrecks. More people suffer from worry than line too close—a customer's a cus-

The sort of thing which the specferers find thems lives tired, lowspirited and unable to keep their minds on anything, Any sudden noise hurts like a blow. They are full of

Williams' Pink Pills.

of Plantfood.

member that lime sweetens the soil vigorates its root growth and causes early ripening, and potash has a great to resist disease, and also helps the deal to do with the power of the plant

## The Only Real Nerve Tonic is a waited with some patience for the

man approached had "given out" that he would "treat" every customer. Sandy obtained the needles, then he treat. At length he was constrained to remark:

The storekeeper whom the Scots-

"I'm hearin' ye're glein' a treat to every customer."

"You'd scarcely expect a treat with an egg's worth of darning needles," "Ah, weel, bit ye canna draw the

"All right. What'll you have?" "I'll take a bit whiskey." The storekeeper poured out a horn of whiskey and laid it on the counter.

"I'm used to haein' a bit sugar in it," said Sandy, smacking his lips. The storekeeper opened the bin and dropped a lump of sugar into the glass. Sandy looked at the concoction, hesitated a moment, and then spoke

"I'm need to haein' an egg in it," he ventured. ·

The storekeeper reached behind and took from a shelf the very egg that Sandy had traded. He broke the shell

### Genuine Surprise.

Tittleton, the tragedian, boasted that "Please tell me," an admirer once asked, "is that expression of astonish-

ment you assume in the second act of your last play copied from nature, too?" "It is," said Tittleton. "But I had Ninety-five per cent, of the average that expression I asked an intimate no end of trouble to get it. To secure growing crop is water; 45 per cent. of friend to loan me \$50. He refused.

the solid matter is made up of carbon, That caused me no surprise. I tried cent, of the growing crop is composed till I was not surprised. Finally I

"Well," continued the admirer,

perate course. I returned the \$50 to my friend the next day, and on his astounded countenance I saw the expression I sought."

### WHEN BABY IS SICK

When the baby is sick-when be is cross and peevish; cries a great Canada's coal resources are esti- deal and is a constant worry to the break up colds and simple fevers and make teething easy. Concerning them Mrs. Philippe Payen, St. Flavien, Que. In the days when eggs were used as been a wonderful help to me in the common tender in certain parts of case of my baby and I can strongly rewrites: "Baby's Own Tablets have Canada an old Scorsman went to the commend them to other mothers." store to buy for his wife an "egg's The Tablets are sold by medicine worth of darning agedles." In those dealers or by mail at 25 cents a box dealers or by mail at 25 cents a box

It is better to pay a debt than to get

## Surnames and Their Origin

ariations-Pommery, Lapommeraye, Variations-Ferrer, Ferrier.

Appleyard, Applegarth. Flacial Origin-Norman-French.

Source-A locality. Pomeroy is a family name belonging

which the original bearers of the It is an old name in England, being ing "servant." raceable back to the days of Norman cominance, in which, together with then, a servant of the horse," that is the period following it, most of the blacksmith.

such from mere descriptive phrases.

eliminated.

deraye." more usual form of the name as French Government, and that of Great to twenty feet. In order to protect ommeraye.

There has been little difference in minutives of given names, has been come important as a title. the dropping of all prefixes in Eng-It ad, while the Franch, though dropretain the "la" or "le."

MARSHALL Racial Origin-Anglo-Saxon. Source-An occupation.

The word "marshall" is one that has criptive of the locality in or near original form of which was, under gives quick relief to minor accidents, Norman-French influence, "mareshal."

> The "marescal" was originally, to say, he was a horse-groom or a

But as the Norman-French over lords' household were of military or The original form of the name, as it ganization, the title came gradually to only as perfect as human skill can the Saxonized version appeared quite a military nature. In the course of as much reason to be proud of their make it, but that it is ready to be garly; at first in the form of "Atte Ap- time the "marescal's" duties became tails. eyard," and later with the prefix those of "marshalling" the guests at banquets and important functions. Pommery, of course, is simply a How important this was can be seen enormous length, so long, in fact, that variation from Pomeroy in the de- only in the realization that in the Nor- special cages have to be designed for religionment of the speling from "Pom- man social organization this was a the birds. most punctilious matter, and from the While Pomeroy in some instances is fact that the title has developed into Judged from the fact that the tail ofcore recently imported from France, the highest military honor that the ten reaches a length of from eighteen

generals. The family name of Marshall is an The first Atlantic cable message to the manner in which the true French outgrowth of the title in many inwave developed. It many cases they in many others it was merely the almost identical. The principal outgrowth of the original occupation

> Ferrer and Ferrier are names which ng the "de" quite often, have tended word for horseshoes, that of "ferrur" or "ferreur."

### To-day the Seed of To-morrow.

Some of the most miserable wretches I have ever known were always dreaming about a happy to-morrow. .They had focused for so many years on the future that they had neglected to cultivate the present which is the seed of to-morrow. Somehow we seem to think that we are going to reap a wonderful to-morrow without sowing our todays; but to-day is the cause of to-morrow and the

### London Church is Haven for Homeless.

than its cause.

effect can not be greater

The Rev. H. R. L. Sheppard, rector tariffs. of the historic church St. Martin-infilled, says a London despatch.

the aisle, the women on the left. The homeless, the evicted, the un

employed all find shelter there. Commuters who have missed the last train home, well-to-do country folk who have come to London and of a job next week."

### "Pape's Diapepsin" Corrects

Stomach. "Pape's Diapepsin" is the quickest, surest relief for Indigestion, Gases, mise and Scout Law and prepares him-Flatulence, Heartburn, Sourness, Fer. self for simple tests on the composimentation or Stomach Distress caused tion and history of the Union Jack, Millions helped annually. Largest sell- clean, intelligent, boy-loving, volun-

### Success.

fought for you, and I wrought for

And I strove to win your smile: toiled for you, and I moiled for you For I deemed you well worth while. ran like's race at a frenzied pace, And the goal I had in view Was an envied name on the scroll of fame,

And a liberal share of you!. sighed for you, and I lied for you,

But-your honey was mixed with go into camp every summer under gall. have won you, yes, but I must con-

nor fame Is the worthiest choice, I ween.

dreamed for you, and I schemed for you, And my scheming was not in vain;

wrested for you, and contested for But the best I have falled to gain. In my selfish quest, how little

guessed' That fame is a fleeting breath: That riches, renown, are as thistledown,

But that love shall be love till death! One of the best known guides in

Nova Scotia gives this testimonial of MINARD'S LINIMENT— Have used MINARD'S LINIMENT in run the full course from the most my home, hunting and lumber camps cheap and easy to take. It suits all humble to the most dignified of mean- for years and consider it the best white to that group which originated as des- ings. It is an Anglo-Saxon word, the liniment on the market. I find that it such as Sprains, Bruises and all kinds of wounds. Also it is a great remedy It was a compound word, made up of for coughs, colds, etc., which one is bad temper. If two or three take it "mare" and "schalk," the latter mean- liable to catch when log driving and together it has still more striking efcruising during the winter and spring months. I would not be without MIN-ARD'S LINIMENT and cannot recommend it too highly.
(signed) Ellison Gray

### A Twenty-Foot Tail.

A Japanese cockerel, known as the well in salt or fresh water. Yokohama cock, possesses a tail of The height of these cages may be

existing in that country to-day is La- Britain, also, can confer upon its this long tail from damage, it is al lowed to hang over other perches arranged in position for the purpose. When the bird takes exercise, as it must upon occasion, its tail is carefully held clear of the ground by a

train or rather tail-bearer. If the bird should have to go on a class of family names formed from attached to the word after it had be journey, its tail is carefully rolled up and packed in a pretty separated compartment. The greatest care is taken have developed from another old not to damage the tail, as once it has been damaged it never again reaches anything like its former perfection.

### WORKING FOR SOLUTION

### Carriers Studied Exchange on International Freight.

Definite progress towards a solution of the vexed question of exchange on international freight charges between the United States and Canada seems likely, as a result of a meeting of representatives of the principal Canadian carriers at Montreal recently. The question, which is a most com-

plicated one, was again considered from all its angles, and a tentative plan was prepared involving an average varying surcharge, which, it is hoped, will lead to a solution which will be satisfactory to all parties interested. It is appreciated, however, that in the working out of this problem it is of the utmost importance that the integrity of the through rates by the different gateways must be maintained to avoid the danger of cancellation - of all international

Owing to the diversity of conditions the Fields, opens the church doors affecting the various classes of traffic each evening to any of the homeless and the far-reaching effect of any ac who come. Each night the church is tion which may be taken, a full examination of the international charges A constable of the "woman police and consultation with United States service" stands watch in the aisle all carriers is necessary. This has alnight, and to her the visitants tell ready been undertaken by a committheir stories. She directs them to tee appointed for the purpose, and the places in the cushioned pews and they matter will be pressed to a definite sleep there, the men on the right of conclusion at the earliest possible

### The Boy Scouts Association.

. The citizens of one hundred and twenty-seven cities, towns and rural are unable to get accommodations in the crowded hotels, rest beside begbecause they see them every day

the crowded hotels, rest beside begbecause they see them every day walking the streets, playing their It has been suggested that other churches open their doors in this way. games and doing their work. And as a group there are not better, brighter and more promising boys than those same Boy Scouts.

Any boy in Ontario, twelve years of age or over, may become a Boy Scout if he promises to keep the Scout Pro-

Absolutely harmless and pleasant "Scoutmaster"—a carefully selected, ing stomach correcter in world. Adv. teer leader always a man of sterling character and mature judgment. Each Troop and Scoutmaster are under the supervision of a "Troop Committee" of responsible citizens, usually official of the church, school, community association, club or other organization

with which the Troop is connected. Through such leadership the boys of the troops are kept interested in a certainly, little Tommy Smith programme of play activities that are it the unpleasant feature of his health-giving and educational. They life. take long tramps, studying nature in "Now, Tommy Smith," said all its forms. They learn woodcraft, school teacher one morning, distance of the school teacher one morning of the school teacher of the s and how to take care of themselves in the usual hours of torture, "while the open. They have troop meetings the half of eight?" periments, demonstrations, etc., and

trained directors. In a hundred ways the boy's time is occupied. The programme is so varied said Tommy. That my triumph is small and mean; and so fascinating to the boy that he For in life's great game, neither name simply hasn't time or opportunity to trail with an idle gang or to turn into the evils that beset the path of the is naught, but half of it sideways

idle boy.

Full information regarding the formation, registration and conduct of Boy Scout Proops may be had upon application to the Provincial Headquarters, The Boy Scouts Association, Bloor and Sherbourne Streets, Toronto. Commencing with this issue news notes and items of general interest regarding the movement will be published almost every week in these columns. ,

The Best Medicine.

League for Longer Life: Two miles of oxygen three times ages and constitutions. It is patented by infinite wisdom, sealed with a signet divine. | It cures cold feet, hot heads, pale faces, feeble lungs, and fect. It has often been known to reconcile enemies, settle mututinal quarrels, and bring reluctant parties to a state of double blessedness. This medicine never fails. Spurious compounds are found in large towns; but get into the country lanes, among the The peacock prides itself in its tail, green fields, or on the mountain-top

Sea cows of the tropics live equally

ATHLETES-Muscular fatigue quickly yields to the use of BAUME BENGUÉ BEWARE OF SUBSTITUTES \$1.00 a tube THE LEEMING MILES CO., LTD.

RELIEVES PAIN

## BITS OF

"Say looky here!" demanded a c tial meal; but suthin' that'll fill me 📆 son Junction!" calmly yelled Heldis the waitress, back to the kitchen.

Woman! men angels in heaven?"

Little Boy-"But, mother, I neve saw any pictures of angels with will

Trying Out Chaucer. A story that illustrates the literal

There is a company in England runs about a thousand bookstalls, in Sir Thomas applied at one of of this a minor one, for Chaucer's Canterland

"Haven't got it. sir-that is, not this stall," replied the youth who we in charge. "You see, we're trying out at a few of our larger stalls to how it goes. If it makes a hit. then we'll have it here."

Easy Money. A motorist touring in the wester

After he had made vain attempts escape a boy appeared with a tenja "Haul you out, mister?"

After a long and fruitless argument the motorist agreed to pay the many asked and the car was pulled to ally land.

the motorist asked: "Do you haul many cars out "I've pulled out twelve to-day."

"Do you work at night, too?"

mudhole." Question of Direction. Arithmetic, according to the ave small boy, was simply invented like der to give teachers a good excuse punishing their unhappy pupils.

"Which way, teacher?".

ed lady. "What do you mean?" "Well, on top or sideways, teaches "What difference does that make

three." MONEY ORDERS. Dominion Express Money Orne are on sale in five thousand offic throughout Canada.

Canada conducts a large and peo ing whale industry off the Paci coast of Vancouver Island, with the whaling stations; 432 whales wal caught in 1919, running from 20 90 feet in length, averaging a Prescribed for members of the catch produced 2,107,924 gallons in weight for each foot of length. The whale oil, 540,280 gallons of spern; 3,450 tons of fertilizer, and 1,400 toll of whalebone, nothing being waster Whale meat is now a marketable con modity, being put up in cans it salmon. A 60-foot whale will wie

Minard's Liniment Relieves Distempt

# FROM HERE & THERE

### Her Translation.

whiskered customer in the rapid ar estaurant. I want a good, substan "Bale o' hay for the gent from Jim

Little Boy-"Mother, are there are Mother-"Why, certainly, dear."

Mother-"No, dear, men got in it

### may be ice-water. gnorance of many a modern 1500 salesman'is told by Sir Thomas

counties, where, though the scene beautiful, the roads are bad, manage to get his car stuck in a tenactor

"How much do you want?" "Two dollars."

After handing the money to the ind

"Yes, at night I hau! water for the

youngster, cautiously. "Which way!" replied the astoria

"Why," Tommy explained, will pitying air, "half off the top of eight

\$900 worth of oil, etc.

### respond ' to touch or other stimuli. Half a million of these react only to cold; 30,000 convey only the. sensation of heat. There are three or four million pain spots, which are scattered much more thickly on some parts of the body than on others. Thus the left side is more sonsitive than the right, and the in-

side of the arm or the leg possesses a greater sensitiveness to pain than the outside. The hot spots and cold spots are much mixed up together. Thus, if a person be blindfolded and told to plunge his fingers for an instant into hot water, he will hastily withdraw them, with the impression that the water really is hot, when in reality it

Classified Advertisements.

FARM WANTED.

ARM WANTED. SEND DESCRIP-tion and price. John J. Black hippewa Falls, Wis.

Spots of Sensation.

Distributed all over the body, in and

just beneath the skin, are nerve-ends

Minard's Liniment For Dandruff.

Lots of people say things they ought to be ashamed even to think.

It is not the oath that makes us believe the man, but the man the oath .- Æschylus.



### WEEKS' BREAK UP A COLD RTABLETS TRY THEM PRICE 254

### TROUBLED WITH ITCHY ECZEMA

InRashOnFace And Limbs. Cuticura Heals. "I had been troubled with eczema on my face which took the form of a rash. Later it broke out or Later it broke out on my limbs and they itched very much,

causing me to acratch them until they were bleeding. The rash would often keep me awake at night. "I tried some remedies, which failed, and then thought I would try Cuticura Soap and Ointment. It was not long till the rash began to disappear, and I used three cakes of Soap and four boxes of Ointment. which healed me." (Signed) W. M. Hymers, Pails, Ont., Sept. 12, 1919 Cuticura Soap to cleanse, Cuticura Ointment to soothe and heal.

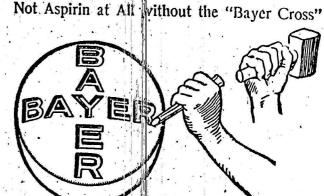


theumatic aches. Liniment and the anida nent and the quick comfort had brought a smile of pleasure to his face. Good for aches resulting from weather exposure, sprains, strains, lame back, overworked muscles. Penc-

trates without rubbing. All \$140 druggists have it.

"BAYER"

ONLY TABLETS MARKED



The name "Bayer" identifies the only genuine Aspirin,—the Asserin prescribed by physicians for over time-teen years and now made in Canada. Always buy an unbroken pucking of "Bayer Tablets of Aspirin" watch There is only one Aspirin Watch There is only one Aspirin "Bayer"—You must say "Bayer"

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-aceticacidester of Salicylicacid. Who it is well known that Aspirin means Bayer manufacture, to assist the public scalinst imitations, the Tablets of Bayer Company, will be stamped with their general trade mark, the "Bayer Cross."