d'useful. tely such unconra gross of shoe ter's magnifying gluepot that is lamp, a pair of t is necessary to hobbies of the some odd thing present, so that irrassnient when ened. Everyone

red are unusual place of small as cards, caler. fs. Instead of he Government Ottawa. They mation on many of course, that s interests. ar, give a plannap of the sky centre, rotating

ning that marks about seventythe position of all seasons of when they rise. rance gifts are d a small piece g eyeglasses; a ry cloth to keep es bright; shoe ny other things five-cent store. presents there ks that have a terest than the will sometimes ew hobby, and always good. ovince or of the iend spends his its value. it Government

a purpose gnifying glass , for it magplaced under e leaves both few persons everyone now eyeg'asses or ng in which a reat nelp... spyglass is a for use at a

open country. the three-meli fiort, lege and is a very comin England studying the npound microhe interesting jects, will be

niakes a good haves h miself his razdrs. An or a rifleman xactly. Amale, and a caran amusing have a steer food drawing women an good . Pepper ther countries per has more d just before ls, which are ke gifts that

licated. se things we A druggist's ng glass will ographer. A alie acid put z six ounces ke out stains Some women ttle of smellcan be made ix ounces of ldehyde; and . o a certain nount of ambe enough to lavender.

es to a farm andlord, and rually has to

India, after 1,629,00 tons

nat the most farm is not e added that h much more wonder how g maximum farm by-

### SUCCESS OF FISH CULTURE IN CANADA

FIFTY-TWO HATCHERIES Tell the Story of Watery Blood-AND PONDS

#### Fishermen of the Great Lakes Are Therefore Able to Pursue Their Calling.

The conservation of matural reher youth, has the experiences of old- for an active happy woman cannot be suffering greatly, persisted in remainthe opportunity to benefit from the tive looking girl, without the help of exter destruction which follows upon new, rich, red blood.

gonal activity, preached by authority, Good new blood in abundance, such products without replanting, of ruth- liams Pink Pills. Their one mission iess fur-bearing animals without mak bvery organ and every nerve in the out replenishing them.

the watercourses and established fish that depries for the artificial propagation of the verge of collapse. I thought then that a rest would help me, but I of 1919 there were throughout the Dominion; forty-four hatcheries reproductive Dr. Williams Plock Pills, and after knife and the chopper sharpened?" where as well as caring for the, comcolor and a change for the better, are!" more as well as caring too the Can- color and a change and the can- which people who knew me readily

which people who knew me readily "Well, I'll take noticed. I am very hankful for what cutler's for you."

Dr. Williams Pink Pills did for me. "How sweet of Those in British Coumbia, You can get Dr. Wallia You can get Dr. Watnams Pink Pins

You can get Dr. Watnams Pink Pins

You can get Dr. Watnams Pink Pins

the control of the co through any dealer in medicine, or by them to show. There's a look of their inland waters, to mail, postpaid, at he cents a box, or there waiting to fight me; but I fancy six boxes for \$2.50 from The Dr. when he sees me coming he'll go home." here, commercial fishing on which is extending, and the rivers and ther streams within their confines. Mortality Among Fish is Great.

detion. Mortality among fish is so per day in addition to non-inflammable duce about nine tors of artificial silk not be without them. They are the completed by a U.S. engineer. The

discolings, and 12 yearlings, or place the back in Canadian waters the Fish are believed to have a keen cents a box from The Dr. Williams Medicine Co., Brockville, Ont. species used in restocking the waters consisted of Atlantic, steemend, sockeve, cohoe, and pink salmon; rainbow, speckled, and salmon trout; whitefish, herring and pickerel.

The Value of Restocking.

The success of fish culture in Canada speaks for itself. Fishermen of vin, Kevens, Kevens, Coen, Cohen, the Great Lakes admit that but for Cohan, Cowan, Cust Cavanna, Mcthe Government's restocking activities, Kuen. many of them would have had to abandon their calling. The increased time of leases of salmon streams in

dunswick and Hicks lake in British Clumbia. The Petitcodiac river was in this the nomer clature of Irethen state that the river appeared to
the full of salmon. Hicks lake was all other nations.

In this the nomer clature of Ireland is virtually the riverse of nearly
the full of salmon. Hicks lake was all other nations. practically depleted of salmon. It has be full of salmon. Hicks lake was all other nations.

The correct Irish form of the famstocked with whitefish in 1913, the But in the translation of the Kavaily name from which this rather long

the expense of a certain painless dentist. Seems a darky woman who had been suffering for some time with a toothache finally got up courage enough to go to this dentist to have it extracted. But the minute he touched the tooth Dinah began to roar. "What are you making such a noise about? Don't you know I'm a painless dentist?" demanded that worthy as he hastily closed the windows. 'Mebbe You is, but I ain't," howled Dinah.

By the recent purchase of an Atlantic cable, Britain now has an "Allred" cable route round the world.

Buy. Thrift Stamps.

## PALLID CHEEKS AND DULL EYES

How to Regain a Good Color and Health.

To be run down in health and to lose their attractiveness is the double misfortune of many young girls. Their pallid cheeks and dull eyes tell everyone that they are doomed to days of sources has always been a prominent of breathlessness and bloodlessness. wretched headaches and are victims thought in the Dominion mind, and The anaemic girl, if she neglects her Canada as a country entering upon health, may be a sufferer all her life; pite the fact that he was apparently er countries from which to profit, and developed out of a bloodless, consump. ing on one of the morry-go-rounds.

the careless depletion of a nation's Pale, weak girls should take heed.

Pale, weak girls should take heed.

Bloodlessness must not be neglected.

Bloodlessness must not be neglected. Canada is alive to the expense of Plenty of good air, a nourishing diet ill." knowledge by experience conserva, and rest will help you, but the cure tion is a term that looms large in na- you need most promptly is new blood. and driven home by press and liter- as makes all the difference between owns this thing owes me money, and the Dominion realizes the dis- sound health and poor health to girls the only way I can get even is by lessly slaughtering each year count, is to make new blood which reaches log provision for artificial propagation, body, bringing to maemic girls and depicting her lakes and streams be- women new color, bright eyes, an lady, who kept very few servants and could their natural reproduction with- clastic step and a feeling of joy in paid them as little as possible. Replenishing them.

Replenishing the Inland Waters.

It was early realized that with the progress of settlement the lakes and streams of Canada could not with the lakes and the heavy annual toll of sports.

The value of Dr. Williams price is shown by miserable looking lad of fourteen, who arswered the door, did the dishwashing, waited at table, weeded the garden the heavy annual toll of sports.

The value of Dr. Williams miserable looking lad of fourteen, who arswered the door, did the dishwashing, waited at table, weeded the garden the heavy annual toll of sports. men and commercial fishermen, and to shadow of my foundation, my health things one day a visitor asked this lad: must the situation the Government shadow of my former self. When the "Well, my boy, and what do you do shadow of replenishing day for the examinations came, I around here?" should have been it bed instead of "I do a butler, a kitchen maid and trying them, but I went on with the a gardener out of a job," replied the batcheries for the artificial propaga. trying them, but I went on with the boy gravely. did not regain my strength. Then Tommy: "Mamma, didn't you say my mother was advised to have me last week you wanted the carving

and hope my experience will benefit such things for your mamma, my lit-

Silk Industry in Britain. Great Britain is taking an active interest in the silk industry, with a Notare unaided can do but little to established in that country will produce about nine too of artificial silk

rage batch in Canadian hatcheries "SALADA" at the reduced price of cerning them Mrs. Ernest Gagne, ject, the burden of cost on the rallfrom 50 to 85 per cent., depending 55 cents per pound However, it will Beausejour, Que, writes: "I have used road would be greatly reduced and the species and the conditions take some little time before all have Baby's Own Tablets for constitution early construction encouraged. the year 1919, the Dominion on the part of the company, as they cassful that I would not be without harcheries distributed 1,880,000 green have tens of thous ds of customers them. I would strongly recommend The Tablets are sold by

#### BITS OF HUMOR FROM HERE & THERE

As Per Instructions.

Mistress: "Why, Bridget, what on earth are you doing with all the broken dishes on the shelf?" Bridget: "Sure, mum, yez towld me Of wur to replace everyone Oi broke."

Riding His Bill.

A visitor at a country fair hoticed Eventually the looker-on spoke to

"Then why do you persist on going

His Chief End in Life.

There lived in an English town

try Dr. Williams Pick Pills, and after knife and the chopper snarpened?

Site and takes of the various promise taking them for about a month I found Mrs. Suburb: "Indeed I did. Bless myself restored to health, with good his little heart! How thoughtful you myself restored to health, with good his little heart! How thoughtful you

"Well, I'll take 'em round to the "How sweet of you to offer to do

## WOULD NOT BE WITHOUT

Once a mother has used Baby's Own at the same time, a system of perman-Tablets for her little ones she would ent concrete snowsheds, have been house." The Tablets are sold by blue." medicine dealers or by mail at 25 "We

## Surfames and Their Origin

KAVAN GH. Variations-O'Keeran, Keevan, Ke- and making the former correct.

Racial Origin-Irie Source A given me. Virtually all Iris family names take their origin in given names, except in cases where been of the places of the success of these operations. Amongst the latest except in cases where been of the success of these operations. Amongst the latest except in cases where been of the places of the success of these operations. Amongst the latest except in cases where been of the places of the success of these operations. Amongst the latest except in cases where been of the places of the success of these operations. Amongst the latest except in cases where been of the places of the places of the success of these operations. Amongst the latest except in cases where been of the places of the places of the success of these operations. Amongst the latest except in cases where been of the places of the success of these operations. Amongst the latest except in cases where been or the variations Macauley, and MacAulif trace back to Scottish sources, and the rest, for the most part, are Irish. As a matter of fact, there is little difference been of the Irish, particular to the provinces of the specific places of the success of these operations.

All of these two-syllable forms of the "ff" on translition into English.

McCAULEY.

back ultimately to tiven names in tween the speech of the Irish, parmost cases, for ever the Irish geoticularly in the north of Ireland, and graphical names trace back in almost the Highland Scots. Both are Gaelic overwhelming numbers to the names races. The peoples now constituting

the Highland clans for the most part "California Syrup of Figs"

species not being previously found in raigh group of family names into the list of variations has developed is the province. At a test, towards the end of 1919, with a small piece of net, is to 21 inches in length, and weights from 2 to 4½ pounds, were taken.

Dinah Differed.

A big laugh is going the rounds at the province. At a test, towards the end of 1919, with a small piece of net, unusual number of variations has developed is "MacAmhailaoibb," but the Irish pronunciation of that is much closer to "McCawley" than one would suppose. The given name from which "MacAmhailaoibh" is derived is "Amhailaoibh" is derived is "MacAmhailaoibh" is derived is "MacAmhailaoibh" is derived suppose.

A big laugh is going the rounds at guage.

The given name from which it is developed by the use of "o," meaning is sometimes met with Anglicized "descendants of" "Caomhan," into Wythe.

There are English authorities who

Under certain injectional influ-suggest that the Scottish form, Macences the "h" pred-minated, which Auliff, is a development of the Scanexplains such forms of the name as dinavian name "Olaf." It is possible Cowan, which, if analyzed, would but not likely. It would be probable have a pronunciation something like if the name were English. But Gaelic names are more likely to trace back "Cowan" and Cohen. Cohen, Cuan to single than to many sources, and and Coen, which must not be confused the final "bh" of "MacAmhailaoibh" with the Jewish family name Cohen. might easily and naturally become a

Irish name are properly pronounced in Ireland this name is most comwith the accent on the second symbols; mon in Munster, Cork and in what its fruity taste. Full directions on cowcow-in" and "co-lan," but was the ancient royal province of cach bottle, You must say "Calltornia."

## -RHEUMATISM-LUMBAGO, NEURALGIA SCIATICA, NEURITIS Their Treatment by Your Local Bruggist.

Your own druggist, who has known the people of his locality for years, has a pretty good idea of what remedies are giving satisfaction to his customers. No number of testimonials from far-distant persons counts half as much with him as the results he gets from sales over his own counter.

That's why hundreds of druggists from Halifax to Victoria recommend Templeton's Rheumatic Capsules. Each of these hundreds knows of cases in his vicinity where T.R.C's have brought amazing relief. Men and women of all ages find freedom from their pain in T.R.C's. Mr. W. A. Hawley, of Campbell-ford, at the age of 84, was entirely cured, after being helpless with Rheumatism for months.

Scores of druggists write of the satisfaction given by T.R.C's. Here are the statements of three from Ontario:

Ross the Druggist, Midland. Ont.:
"Every sale of Templeton's Rheumatic Capsules has meant a satisfied customer. I have yet to hear of a person not receiving beyond what they had hoped in results from their use. In many cases the benefits have heen wonderful and these long sufferers tell their friends. I have many calls for Rheumatic Capsules and I never hesitats to recommend them."

G. F. Vicars. Fenelon Falls
T.R.C.'s is the most satisfactor
of any line of rhelimatic remedy
have eyer handled."

B. J. Cook, St. Thomas: "We have never had a preparation for rheumatiem and neuritis that has sold like T.R.C.s. The sale is wonderful and reports from our customers good. I figure a satisfied customer is the best advertisement."

Sounds too good to be true? The explanation is that Templeton's Rheumatic Capsules act directly on the poisons in the system that in some persons cause rheumatism, in others lumbago, sciatica, neuritis or neuralgia. Their composition is the result of thirty years of patient study and experiment, long years of experience in the treatment of

Get a free trial package of T.R.C's. or Raz-Mah for Asthma from your druggist or from Templetons Limited, 56 Colborne St., E., Toronto and prove these statements for yourself. These remedies are absolutely harmless, or our druggist-agents wouldn't advise the use of them. When your own druggist recommends a remedy he is sure to receive your thanks or condemnation. He won't risk good customer by recommending a remedy in which he has no confidence.

The undermentioned druggists and hundreds of others back T.R.C's and Raz-Mah.

T.R.C'S and Raz-Mah.

Alisa Craig, J. A. Smith.

Alliston, B. B. Scholl.

Alvinston, P. A. McDiarmid & Son

Arthur, A. W. Buschien

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Brigden, F. S. Seager.

Bruce Mines, A. D. Jackson

Brussels, Jas. Fox

Campbellford, J. E. Birks

Chesley, S. R. Davey

Cookstown, Wm. McKay Descronto, W. J. Malley Dresden, R. R. Dustin Dunnville, E. J. McKee. Durham, S. McBeth Elora, F. J. Cabell Durham, S. McBoth Durham, S. McBoth Elora, F. J. Capell Exeter, S. H. Sadler Fencion Falls, G. F. Vicars Fencion Falls, G. F. Vicars

Raz-Mah is unrivalled in the treatment of Asthma. Raz-Mah restores normal breathing, stops mucus-gatherings in the bronchial tubes, and gives long nights of quiet sleep. And if Ras-Mah does not give relief, your druggist has positive instructions from Templetons Limited to give you your money back. Fair enough, don't you think?

Plan Auto Road on Railroad Snowsheds.

Ingenious plans whereby a smooth concrete auto road may be run for 33 ter teeth than Gentile children, at miles through a difficult pass of the BABY'S OWN TABLETS miles through a difficult pass of the Sierra Nevada Mountains, and a great transcontinental railroad may acquire,

All Set.

"Well, the groom has just borrowed \$500 from her dad. And that has made the old man feel blue, I can tell you."

"Pape's Diapepsin" Corrects Stomach.

"Pape's Diapensin" is the quickest, common usage is rapidly changing surest relief for Indigestion, Gases, Flatulence, Heartburn, Sourness, Fermentation or Stomach Distress caused by acidity. A few tablets give almost like, but this is my wal." Variations—Macaulay, MacAulay, immediate stomach relief and shortly MacAuliff, McAwley, MacGawley, Ma- the stomach is corrected so you can gauly, McCawley, McCaulay, Wythe, eat favorite foods without fear. Large case costs only 60 cents at drug store. Racial Origin. Irish, also Scottish. Absolutely harmless and pleasant.

# MOTHER!

Child's Best Laxative



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomBetter Teeth.

Eminent English | dentists found that Jewish children have bettributing the cause to the use of oil by the Jew instead of sugar. Rural Route No. 1,

getting so embarrassing in public that it was a constant worny to me. About three months ago I got a bottle of your liniment for another purpose and saw on the label good for tumors. Well I tried it and kept at it for exactly two months, with the result that it has entirely removed all trace of the dimor, and were it not that they had been cut fifteen years ago, no mark would be seen. I have not been asked for this testimonial and you can use it as you see fit.

(Signed) FRED C. ROBINSON.

P.S.—I am a farmer and intend using Minard's Liniment on my mare for a strained tendon, and am hoping for same results.

FRED C. R. Her Own Way. Eleanor, aged eight was enjoying good cry, when her aunt came in "I wouldn't cry like that," said tho aunt to her, "if I were you." "Wel!, auntie," said Eleanor, be-

tween sobs, "ou can cry any way you

Soothes tired nerves. For restful sleep at night apply

**BAUME** 

BEWARE OF SUBSTITUTES \$1.00 a tube.
THE LEEMING MILES CO., LTD.
MONTREAL

A Quick Relief for Headache

RELIEVES PAIN

A headache is frequently caused by badly digested food; the gases and acids resulting therefrom are absorbed by the blood which in turn irritates the nerves and causes painful symptoms called headache, neuralgia, rheumatism, etc. 15 to 30 drops of Moher Seigel's Syrap will correct faulty digestion and afford relief.



#### FOR WINTER DAYS



No. 9740-Misses' Dress. Price 35 cents. Two styles of sleeve; two-piece skirt in two lengths attached to lining; with or without two piece tunic. In 3 sizes, 16 to 20 yours Size 16, with tunic, 4% yds. 40 wide, or 3% yds. 54 ins. wide; will out tunic, 2% yds. 40 ins. wide, 21/4 yds. 54 ins. wide. Width,

This pattern may be obtained your local McCall dealer, or from the McCall Co., 70 Bond St., Toron

MONEY ORDERS. The safe way to send money by mi s by Dominion Express Money

Alds to Travellers. On the back of a hair brush in ed for travellers is a mirror, can be removed for use, while a slides into a recess beneath bristles.

Minard's Liniment For Dandruff.

During the epidemic of 1918 States for every life the American too, want lots of long, strong, beauth Expeditionary Force lost in battle in ful hair. France.



Stop that pair

S10an's Liniment (Pairs)

**CASCARETS** 

'They Work while you Sleep'



"All shot to pieces"? You are b

llous, constipated! You feel headachy, full of cold, dizzy, unstrung. Your meals don't fit-breath is bad, skin sallow. Take Cascarets to-night for your liver and bowels and wake clear, energetic and cheerful. griping—no inconvenience. Children love Cascarets too. 10, 25, 50 cent

ONLY TABLETS MARKED

Not Aspirin at All will out the "Bayer Cross"



For Colds, Pain, Headache, Neural package which contains complete digita, Toothache, Earache, and for rections. Then you are getting real Aspirin, Lumbago, Sciatica, Neural Aspirin—the genuine Aspirin providing take Aspirin marked with the scribed by physicians for over nine-toen years. Now made in Canada. Aspirin at all.

Aspirin at all.

Aspirin an unbroken "Bayer" also sell larger "Bayer" packages.

There is only one Aspirin—"I ayer"—You must say "Bayer"

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-

Aspirin is the trade mark (registered it Canada) of Bayer Manufacture of Mono-aceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against mitations, the Tablets of Bayer Company will be stamped with their general trudy mark, the Bayer Cross.

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TORONTO POLICE PORCE. RECRUITS WANTED—Ago 21 to 30— five feet nine inches; salary: first year \$1,450, next two years \$1,650; after third year \$1,950; subject to 7 per cent-deduction for benefit fund and pension; eight lours; one day off weekly: 14 days annual leave; three-quarter pay when sick; uniforms supplied. Apply Orderly. Room, Police Headquarters, Toronto.

MISCELLANEOUA MORTALITY CERTAIN—Sweden-borg's great work on Heaven and Hell, and a real world beyond. Over 400 pages, only 25c footpaid. H. B. Law, 486 Euclid Ave., Toronto.

ANTED—Produce and Poultry of all kinds. Write for prices. Cross, 473, Roxton Road, Toronto. Chalk exposed to the air frequently

harder than many forms of

Minard's Liniment Relieves Distemper Turner, the famous artist, was the

son of a Sheffield barber.

## "DANDERINE"

Save Your Hair! Make It Abundant!



nassage, your hair takes on new lite, lustre and wondrous beauty, appearing twice as heavy and plentiful, bocause each hair seems to fluff and thicken. Don't let your hair stay life. persons died of influenza in the United less, colorless, plain or scraggly. You

A 35-deat bottle of delightful "Dan-derine" fleshens your scalp checks dandrum and falling hair. This stimu lating "beauty-tonic" gives to thin, dull, fading hair that youthful bright-Abundant chickens

On Body and Face. Red and lichy. Cried for Hours. Lasted a Year.

"Arash started all over my little girl's body, and she had some on her face. It started in a pimple that was full of water, and the gold of the control iarted a year.

"Then I started with affree and Ointment. I bought more, and I used four cakes of soap and three boxes of Ointment which healed iter.

(Signed) Mrs. Dora Langly, 1932 Gentude Mrs. Verdun, Que., August 11, 1910 The Cuticura Toilet Trio Consisting of Soap, Ointment and Talcum Islan Indispensable adjunct of the daily toilet in maintaining skin purity and skin health. Soap 25c. Ointment 25 and 50c. Sold throughout the Dominion, Canadian Depot: Lymans, Limited, St. Paul St., Montreal.

Cutipura Soap shaves without mug.



