DIAN TRADE WITH BELGIUM

Large Part in Recon-n — Proposal to Es- Linen Industry Here.

atch from London says:— to statements of Canadian hen passing through London, trade is now beginning to rge part in Belgian recon. Senator Beaubien, director adian Car and Foundry Co., Belgium in connection with any's proposals to the Bel- rnment for relief of trans- difficulties by provision of ck, which, it is understood, bly be accepted. Hon. Phil- dis, president of the Asbes- facturing Co. of Montreal, n Belgium and Paris nego- further order from the vernment for cement pro- ise in reconstruction. The ron and Steel Co. has been e quantities of iron ore to single recent order ap- g half a million dollars, ova Scotia Steel Co. is also g the market there. Other business men, who have re- ted this export field, are er and J. O. Linteau, of the re firm. A proposal was ade to Belgian capitalists a linen weaving industry similar to that at Courtrai entres.

ction is Antidote For H. C. L.

cost of living is the great- problem of our day. man with a small income, e-sized menace; even for h a comfortable income it of continual worry. omenal rise in prices since to the scarcity of goods ut by the suspension of uring the war. We have untold quantities of ma- ar purposes. tage and this waste must d before the world can be sperous as in 1914. Until ade good, it is useless to prices will materially de- n remain stationary. g this fact, many people we get over the difficulty ng wages, salaries and o same ratio as the ad- ces. If this were possible, ould be the same as re- s to pre war levels. Ulti- may take place, but cer- on. ight savers" realized that not get the public to per- act of the day one hour usual, so they innocently y advancing the clock. It ause there was no funda- against it. But we cannot ds over the cost of living e manner. Increasing augmenting production ces and leaves real wages

the higher cost of living ? Sweeping aside, the f prices expressed in cur- ans this: That we must greater effort and work btain the same satisfac- re is no cure for it but increased production. the nature of the average to economize in what is e by, nor to work any is necessary to obtain a living. the high cost of living is ral, but necessary at the Let us face this blunt y and apply ourselves work and to save the

Agent in London esenting Agriculture

from Ottawa says: f a Canadian represent- on to look after the de- f Canada's exports of produce, it is advocated by olmie, Minister of Agri- foreword to the Noven the Agricultural Gazette Department of Agricu

th Cavell' ll Become Museum

from Brussels says:— ated by Edith Cavell and t precious to their ex- Germans are to be ete miniature museums im by the two women, r other belongings, have n and placed in these bearing appropriate in- r attached to the

Valuable Carload of Grain

from Winnipeg says:— flax sold here on Friday the British Government 2, the most valuable car sold in Winnipeg, ac- rain Exchange officials bushel was $4.26.

of whether you are ed you do what you ought ht, whether you want t —Herbert Spencer.

ESCAPING FROM A PRISON CAMP

THE FAMOUS TUNNEL AT HOLZMINDEN.

Wonderful Feat of British Prisoners in Escaping From Enemy Camp.

Wherever prisoners of war are congregated there are almost sure to be desperate attempts at escape—some of which are successful. Lieut. E. H. Garland, a British officer, who was several times captured and was always ready to plan and execute some daring means of escape, writes in the Wide World Magazine of a venture that was a disappointment so far as he was concerned, though twenty-nine of his comrades got away. This was the famous tunnel at the Holzminden prison camp.

The tunnel was dug by a picked party of men with every kind of improvised tool: it started from a secluded part of the barracks and ran on some three hundred feet beyond the blockade into an open field. When the hole was finished, says Lieut. Garland, the working party went in first, about eleven o'clock, and then the other men, according to an arranged list.

As we had only five minutes' warning, we did not know who was in front or behind. I was summoned about three in the morning. "Be in the tunnel in five minutes, or you miss your turn."

It was pitch dark when I got inside the triangle room, where the mouth of the tunnel was situated, and there was a gurgling noise, something like the sound water makes just as it runs out of a big tank and down a pipe. It was caused by the people still in the tunnel, who were calling out to each other as they wormed along.

The first part of the tunnel was very steep, and when I started to push my haversack in front of me, it suddenly disappeared and rolled down to the bottom. Going downhill was easy enough, but when I got to the bottom of the dip I found progress very hard work.

A Terrible Adventure.

The tunnel was so small that I had to lie flat on my stomach with my hands above my head. There was not room enough to pull one arm back or to raise my head far without hitting the roof. There was no such thing as crawling. The only way I could advance was by pushing my haversack along in front of me and then shoving myself forward by my toes. My electric torch enabled me to see what was in front. I came across tins of bully beef and chocolate, which had been left out of bags. All the time the awful gurgling noise was going on and the air began to get very bad.

I should have taken about twenty minutes to worm to the end of the tunnel, but soon the man in front of me had been going very slowly, stopped and lay still. I thought he suffocated, but when I shook him by the foot he said, "The tunnel has fallen in and they are trying to clear it. It only take a few minutes."

In the meantime, the chap behind came into my feet.

"What's wrong?" he gasped.

I told him that there was a block somewhere up ahead, but that it would soon be cleared in a few minutes.

The tunnel soon got filled up with men who knew nothing about the block. This was dangerous, as it made the air very bad. There was too much noise that it was not safe to communicate with those behind and tell them to go back. We stopped and waited. I could feel myself getting weaker. We had to wait in that suffocating place more than two hours before the man who entered first gave up and got out. The next man then started back, and the next, and I heard the man behind me say that he was returning.

Ten Reached England.

It was terrible work. We had to pull our haversacks instead of pushing them; our coats came over our heads, and it was uphill. When one of the rows got jammed and could not move, I really thought we should be suffocated. But after a lot of struggling he got his coat off over his head, and that saved us. When I got to the steep part I thought I should never manage it; but I struggled on, and at last I felt some one pulling my feet. The men at the entrance had formed a human chain and were hauling us out.

It was now almost daylight, so I crept upstairs to the secret entrance. Unfortunately, two officers were discovered to be covered with mud from head to foot. The Germans were very suspicious, and took them straight to Niemeyer, who thought they had been attempting to escape, but who never dreamed that twenty-nine of his enemies had flown. When he discovered the truth, he was enraged beyond measure.

A number of high officers from Berlin came down immediately to look at the tunnel, and they ordered it to be dug open from beginning to end.

Nineteen of the officers were recaptured, but the other ten reached England safely. The Germans, even Niemeyer himself, admitted that it was a great feat.

"Guaranteed." That looks good on packages of poultry stuff. It means that a man of backbone is backing those packages.

Styles for Children

No. 9116—Boy's Norfolk Suit. Price, 20 cents. Coat cut through at waist-line and knee trousers. Cut in 5 sizes, 4 to 12 years. Size 8, with belt, 2⅝ yds. 36 ins. wide, or 1½ yds. 54 ins.; without belt, 2¼ yds. 36 ins. wide, or 1½ yds. 54 ins. wide.

No. 9143—Girl's Dress. Price, 20 cents. With shield, kimono sleeve and without collar and belt. Cut in sizes, 6, 8, 10, 12 and 14 years. Size 8 requires, with collar and belt, 2⅝ yds. 36 ins. wide, or 2⅛ yds. 44 ins. wide; without collar and belt, 2¼ yds. 36 ins. wide, or 1⅞ yds. 44 ins. wide.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Dept. W.

A Singing "Literary."

The people in our community had met regularly in the schoolhouse every Friday night for "literary" during several years, but they seemed to be getting into a rut. The younger folks especially were not very excited about the meetings.

Attempts at brightening up the program helped some, and occasionally a series of the usual "bid-for-a-supper-social" kind had a good effect, but not for long.

The enthusiasm with which the younger people sang on their way to and from the meetings finally suggested an idea. Of course, they had always had some singing at the "literary," but it wasn't of the jovial, spontaneous kind that was needed. At the next meeting they succeeded in putting the idea accepted that they should get hold of the new popular songs and also work up some of the old favorites, and that there should be a song after each number on the program, but the big point of it was that every one must join in, singers and non-singers.

They knew very well that no one would actually feel like joining in when the time came, so they got all to agree that every one should pay a three-cent fine for every song not participated in. To enforce the rule, monitors were appointed who, themselves singing heartily all the time, watched for people not joining in. It was necessary to choose exactly the right people for this. At first many people moved their lips and merely pretended to sing, but that led them on to singing heartily.

By the fourth week of the new style the thing was an undoubted success. The spirit of the place was entirely changed. The old awkwardness that every one had shared before gave way to a sort of thrill of interest in everything. Perhaps the people were all wondering what the next song would be. Whatever the reason, they took a keen interest in everything.

They had now dropped the "fines" system, and use another method. Some one—generally the school-teacher or the minister, but sometimes a real singing teacher—sits on the platform during all the singing, and after each song marks up on the blackboard a stroke for whichever side of the room sang the best. The rivalry runs very high each week and each month for the highest score, and the room is always divided sharply into the two sections. Moreover, the rivalry is of a particularly merry and good-natured sort. A singing "literary" after this fashion is a sure-fire success.—P. W. W.

Babies sometimes acquire a dislike for cow's milk through improper feeding.

TONIC TREATMENT FOR THE NERVES

Neuralgia and Other Severe Nervous Disorders Cured Through the Blood.

In many severe nervous disorders the best remedy is often a tonic. The most active tonic treatment is recommended by the highest medical authority to arrest the progress of such disease. Dr. Williams' Pink Pills are a tonic that acts on the nerves through the blood, which carries to the nerves the elements needed to build them up and restore them to a normal condition.

Neuralgia, sciatica, nervous headaches and a number of more severe nervous troubles are properly treated by building up the blood, with Dr. Williams' Pink Pills and are often entirely cured in this way. If you are nervous you can help yourself by refusing to worry, by taking proper rest and sleep, by avoiding excesses and by taking out-of-door exercise. For medicine take Dr. Williams' Pink Pills and you will soon notice the beneficial effect of this tonic in every part of the system. Miss Annie L. Johnston, R.R. No. 1, Listowel, Ont., is one of the numerous sufferers from nervous troubles who has found a cure through Dr. Williams' Pink Pills. Miss Johnston says:—"For a long time I was a severe sufferer from nervous troubles, with the result that I grew very pale and weak. Medical treatment did not help me, and various medicines had no beneficial effect, until finally a friend advised me to try Dr. Williams' Pink Pills. I began their use and took the pills regularly for several months, with the result that I not only gained in weight, but have recovered my full health and strength. I cannot praise Dr. Williams' Pink Pills too highly for what they have done for me."

To build up the blood there is one remedy that has been a household word for a generation, Dr. Williams' Pink Pills for Pale People. They tone up the entire system, make the blood rich and red, strengthen the nerves, increase the appetite, put color in the cheeks and lips and drive away that unnatural, tired feeling. Plenty of sunlight, good wholesome food and fresh air will do the rest. You can get Dr. Williams' Pink Pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

What is a Tidal Wave?

Much of the storm's terrific damage at Corpus Christi is said to have been caused by a "tidal wave" of great height, which swept away entire blocks of houses.

But what is a tidal wave?

It has nothing whatever to do with the tides. Any great onrush of the sea that overwhelms the land is called a tidal wave. In 1867 such a wave threw the United States cruiser Monongahela clear out of the harbor and into the town of Friedrichstadt, on the island of Santa Cruz.

Such waves may be due to various causes. They may represent a heaping up of masses of water by a hurricane of wind, as at Corpus Christi. Or an earthquake under the sea may be the cause.

Submarine volcanic eruptions are of not very infrequent occurence, and earthquakes are liable to accompany them. Or a mere slipping of strata in the sea-floor may cause earthquakes. If, incidentally to the volcanic or seismic disturbance, one part of the sea-floor sinks or another part rises, there must be a consequent rush of water, which may assume the proportions of what is called a tidal wave.

The great earthquake that destroyed Lisbon in 1755 was supplemented by a tidal wave which rolled up the valley of the Tagus from the ocean, submerging all the lower portions of the city and destroying thousands of lives.

Twenty-five years ago Japan was visited by a series of terrific tidal waves, which ran fifteen or twenty miles inland. They accompanied great earthquake shocks.

The tidal wave above mentioned, at Santa Cruz, also struck St. Thomas, where a wall of water that looked fifty feet high ran up over the land. There were severe earthquakes all night, and the people, believing that the island was going to sink, besought the commander of an American warship (which had survived the wave by a miracle) to take them off. He did carry 2,000 of them to Santa Cruz.

The Time to Cut Timber.

The time of cutting has very little effect upon durability, if timber is properly cared for after it is cut. The method of handling posts, poles and logs at different times of the year, however, does influence their durability.

Late spring and summer cutting: Posts, poles and other rough products cut in late spring and early summer are more likely to be attacked by insects and fungi, because the wood is freshly cut and in the most favorable condition for attack at a time when insects and the spores of fungi are most active. Seasoning also proceeds more rapidly during the warmer months and may cause excessive checking. If the wood is peeled when cut, and piled openly on skids for seasoning, the opportunity for decay will be reduced to a minimum, but checking will not be retarded. In no case should the wood be allowed to lie in direct contact with the ground. Checking can be reduced somewhat by locating the piles in a shaded but dry place. The bark peels most easily in spring. It can be removed at any other time of the year, but the labor and expense will probably be greater.

Fall and winter cutting: Timber cut in late fall and winter seasons more slowly and with less checking than during the warmer months. When proper storage or handling is impracticable, winter cutting is best. Fungi and insects do not attack wood out-of-doors in cold weather, and by the time warm weather arrives the wood is partly seasoned and less susceptible to attack. It is for this reason that winter cutting is advantageous, and not on account of a smaller amount of moisture or sap in the wood in winter, as the popular belief has it. Nor does there seem to be much to the moon theory.

HEALTH FOR THE BABY

The baby of to-day is the man or woman of to-morrow. Thus the success of the future man or woman depends upon the baby's present welfare. If the baby is sickly and ill nourished it is not to be expected that he will grow into a strong, active man who will hold his own in the business world a few years hence. Mothers, it is a duty you owe the future to keep your little ones well now. This can be easily done if Baby's Own Tablets are kept in the house. The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach and thus make baby healthy and strong. Concerning them Mrs. W. Orser, Elginburg, Ont., writes:—"I have a fine healthy boy three years and have used Baby's Own Tablets for him ever since he was a small baby. I certainly think them a splendid medicine." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Biggest Eyes.

The most enormous of all eyes are those of the giant squid, a cephalopod that attains a length of 450 feet, two-thirds of which, however, is represented by its pair of long-distance tentacles.

No specimen so large has ever been captured, but its eyes—circular, lidless and glaring with a horrible greenish lustre—would probably be not less than two feet in diameter. A small fifty-footer in the Smithsonian Institution has eyes with a diameter of twelve inches.

Minard's Liniment Co., Limited.

Gentlemen,—In July, 1915, I was thrown from a road machine, injuring my hip and back badly and was obliged to use a crutch for 14 months. In Sept., 1916, Mr. Wm. Outridge of Lachute urged me to try MINARD'S LINIMENT, which I did with the most satisfactory results and to-day I am as well as ever in my life.

Yours sincerely

his
MATTHEW x BAINES.
mark

New Zealand Census.

The New Zealand Government statistics relating to the census of 1916 have just been made public. In classifying dwellings by the number of rooms the figures show that out of 229,423 private dwellings in New Zealand 9,000 had one room, 8,380 two rooms, 10,500 three rooms, 49,000 four rooms, 58,000 five rooms, 50,000 six rooms, 22,000 seven rooms and 10,800 eight rooms. Country districts account for most of the small houses.

The overwhelming prominence of wood in the construction of dwellings in New Zealand is shown by the fact that 219,000 were constructed of wood, 7,000 of brick, 1,280 of stone and 1,680 of concrete. In many counties there was not a single dwelling built of brick or stone, but these districts were in the back-blocks of New Zealand, where there are but few houses.

Of the total dwellings and tenements 109,000 are being rented, 12,000 bought on time payment, 55,000 bought on mortgage and 56,360 the unencumbered property of the occupants. In the Tuckland metropolitan area 15,000 homes are rented, 16,300 held under mortgage and 5,000 are unencumbered.

To remove paint from clothes, saturate the spot two or three times with equal parts of ammonia and turpentine, and then wash out in soapsuds.

INSTANT POSTUM

has taken the place of tea and coffee in many homes

Convenient
Economical
Satisfying
Made instantly

Sold by Grocers.

"SYRUP OF FIGS" CHILD'S LAXATIVE

Look at tongue! Remove poisons from little stomach, liver and bowels

Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear.

Mother! You must say "California."

General and the Jug.

General Bailloud, who commanded part of the French expeditionary force in the Balkans, was so well liked by his men that nearly every good story that originated in his corps was either about him or attributed to him. Among the most amusing of these is one that has to do with the general and a soldier who was returning alone to quarters near Monastir with a water jug in each hand.

Coming across another mud-stained poilu sitting beside the road, the soldier hailed him:

"How goes it, old man?"

"Very well," said the other.

"Can't you carry one of these jugs for me?"

"Certainly," came the answer, and the two man went on together.

"Would you believe it," said the first soldier, "they have chucked me into the grade of corporal?"

"What of that?" replied the other. "Didn't they chuck me into the grade of general?"

The soldier nearly dropped his jug, then drew closer and made out three faint stars on a mud-stained sleeve. He drew himself up at attention and saluted.

"Walk on, corporal," said General Bailloud, and together they trudged into camp, each bearing a water jug.

MONEY ORDERS.

Buy your out-of-town supplies with Dominion Express Money Orders. Five Dollars costs three cents.

His Special Gift.

A school trustee visited one of the schools over which he holds rule, and made something of a speech to the assembled children.

"Now," said the great man, "the thing that you want to keep in mind is that you should always seek to do some one thing better than anyone else can do it. You can begin to do that right now. Tell me—is there anyone among you who can do that one thing better than anyone else?"

A youngster held up his hand.

"And what is it?"

"I can read my own writing better than anyone else can," said the boy.

Minard's Liniment Cures Garget in Cows.

Had a Better One.

A college professor who was always ready for a joke was asked by a student if he would like a good recipe for catching rabbits.

"Why, yes," replied the professor, "What is it?"

"Well," said the student, "you crouch down behind a thick stone wall and make a noise like a turnip."

"That may be," said the professor, with a twinkle in his eye, "but a better way than that would be for you to go and sit quietly in a bed of cabbage heads and look natural."

RASCALS

Biliousness, Headache, Colds, Constipation, driven out with "Cascarets"

Why take nasty cathartics, sickening salts, or stomach-turning oils to drive these rascals out? Let gentle, harmless Cascarets remove the liver and bowel poison which is keeping your head dizzy, your tongue coated, your skin sallow, your breath offensive and your stomach sour. Get a box of Cascarets at the drug store and rid your liver, stomach, and bowels of the excess bile, poisons, and waste which are keeping you miserable. Cascarets never gripe, never sicken, never inconvenience. They cost so little and work while you sleep.

BITS OF HUMOR FROM HERE & THERE

Her Way Out.

"Ould Mary Donohue," the [illegible] of eggs and milk, became Mrs. [illegible] when she inherited her uncle [illegible] money and went to Dublin to live [illegible] gintry." One day a lawyer's [illegible], an English youth, called on her [illegible] business, to request her signature [illegible] some papers.

"Just ye sign thim yerse[illegible] man, an Ol'll make me mark," [illegible] good lady promptly. "Since [illegible] got so bad, I've not been able [illegible] a word."

"And—and how do you s[illegible] your name?" asked the clerk shyly.

"Shure, just whatever [illegible]cies," replied Mrs. Donohue. "Since I lost me teeth, shure [illegible] a single blessed word I can s[illegible]

Pat's Discovery.

Strolling along the quays [illegible] York harbor, an Irishman ca[illegible] the wooden barricade which [illegible] around an inclosure where [illegible] suspected of suffering from [illegible]ous diseases are isolated.

"Phwat's this boarding for" [illegible]quired of a bystander.

"Oh," was the reply, "that [illegible] out fever and things like [illegible] know."

"Indade!" said Pat. "[illegible] heard of the Board of Healt[illegible] jabers it's the first time [illegible] it!"

Buy Thrift Stamps.

Surel High Heel Cause Corns B[illegible] Who Cares

Because style decrees th[illegible] crowd and buckle up their [illegible] in high heel footwear they [illegible] corns, then they cut and [illegible] painful pests which merely [illegible] corn grow hard. This sui[illegible] may cause lockjaw and [illegible] warned to stop it.

A few drops of a drug ca[illegible] one applied directly upon [illegible] gives quick relief and soon [illegible] corn, root and all, lifts o[illegible] pain. Ask the drug store [illegible] quarter of an ounce of freez[illegible] costs very little but is suffi[illegible] move every hard or soft corn [illegible] from one's feet.

This drug is an ether com[illegible] dries in a moment and shrin[illegible] up the corn without inflamin[illegible] irritating the surrounding [illegible] skin. Clip this out and [illegible] wife's dresser.

America's Pioneer Dog Re[illegible] Book o[illegible] DOG DISE[illegible] and How to [illegible] Mailed Free to [illegible] dress by the [illegible] B. Clay Glover [illegible] 118 West 31[illegible] New York.

WHEN YOU SUF[illegible] FROM RHEUMA[illegible]

Almost any man will [illegible] that Sloan's Linim[illegible] means relief.

For practically every man [illegible] who has suffered from [illegible] aches, soreness of muscles [illegible] of joints, the results of w[illegible] posture.

Women, too, by the [illegible] thousands, use it for rel[illegible] itis, lame backs, neuralgia [illegible] ache. Clean, refreshing [illegible] economical, quickly eff[illegible] "Sloan's Liniment" to your [illegible] Made in Canada. Get it to[illegible] 35c, 70c, $1.40.

Sloan's Liniment Keep it handy

Classified Advertisements.

FOR SALE.

PAIR PRACTICALLY BLACK FOXES. Also twenty other pairs. Reid Bros., Bothwell, Ontario.

WANTED

RAW FURS. WHAT HAVE YOU? What price? Reid Bros., Bothwell, Ontario.

WANTED

FIRST CLASS GARAGE MAN. State experience and wages wanted. Reid Bros., Bothwell, Ont.

SITUATIONS VACANT.

ARE YOU LOOKING FOR AN OPENING to prove your ability? Or, are you just drifting along on the principle that "everything comes to him who waits"—without much thought of your efficiency? If you are in the latter class, be up and doing,—train your mind and memory so as to be ready for Opportunity when it comes your way. In other words, Pelmanise! If you know you have ability, why not use the waiting moments to improve your efficiency and incidentally acquire that Personality which means so much in seeking Success? Small town or big city, or on the township side line, it matters not—the Pelman System is conducted by mail. "Mind and Memory" tells you all about it. It is a book that's free and lays no obligation upon you to enroll, though you'll be surprised to find how moderate is the fee required. Write for the book and particulars to-day to the Pelman Institute, 766 Temple Building, Toronto, Canada.

MISCELLANEOUS.

HENS WANTED, ALIVE, 12 CENTS a pound, any size. I pay express within 150 miles of Toronto. No deduction for shrinkage. Samuel Lewis, 966 Dundas West, Toronto.

BUSINESSES, TORONTO PROPERTIES, Ontario and Western farms for sale or exchange. Davis, 129 Victoria St., Toronto.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co. Limited, Collingwood, Ont.

Peat Yields Oils.

Some of the peat mined in New Zealand is so well filled with kauri gum particles that it can be made to yield oils that are valuable substitutes for gasoline or benzine or use in varnishes.

Minard's Liniment Cures Distemper.

Buy Thrift Stamps.

GRAY'S SYRUP RED SPRUCE GUM

For Coughs, Colds, and the relief of inflammatory conditions of the throat arising from Bronchial, Asthmatic affections and derangements of the Respiratory Organs. Prepared from Spruce Gum and other medicinal agents. Sweet, fully medicated. Always buy the large size.

SINCE 1870 SHILOH 30 DROPS STOPS COUGHS

Miss Flora Boyko Tells How Cuticura Healed Her Baby

"My face was [illegible] and after [illegible] were scratched all over my face and wrists, so I could not rest [illegible] and I could not sleep.

"These boils [illegible] a year before I used Cuticura Ointment and when I had used five cakes of Cuticura Soap and five boxes of Cuticura Ointment I was healed." (Signed) Miss Flora M. Boyko, Gardenton, Man., Dec. 22, 1918.

Having obtained a clear healthy skin by the use of Cuticura, keep it clear by using the Soap for all toilet purposes, assisted by touches of Ointment as needed. Do not fail to include the exquisitely scented Cuticura Talcum in your toilet preparations. Splendid after bathing.

For free sample each of Cuticura Soap, Ointment and Talcum address post-card: "Cuticura, Dept. L, Boston, U. S. A." Sold everywhere.

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at all without the "Bayer Cross"

BAYER

The name "Bayer" identifies the only genuine Aspirin—the Aspirin prescribed by physicians for nineteen years and now made in Canada.

Always buy an unbroken package of Bayer Tablets of Aspirin which contains proper directions for Colds, Headache, Toothache, Earache, Neuralgia, Lumbago, Rheumatism, Neuritis, Joint Pains, and Pain generally. Tin boxes of 12 tablets cost but a few cents. Larger Bayer packages.

There is only one genuine—"Bayer"—You must say "Bayer"

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. Since it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their trade mark, the "Bayer Cross."