he view held by phy. siologists generally is formances are dead and impose a danger. the human syrtem. Doctor Tanner, most sters, died last Febr go, Cal., at the fairly thand long life could d lengthened by exof food-deprivation. or. Tanner Fasts.

ous of his fasts exh forty days. He was d during the performe that he ate nothing. ing of casual oranges, iscovered that in that d anything that could there have been set-

wde of this problem. aimals have been the t of them. But the e, not long ago, empurpose can it dian't for a living the pay cord was thirty days

end of which there ante-moriem" sympaded the scientists in e experiment. Montcoaking; for a Paris rlatti, kept ile thing ould it take your to

Resultable of a 7th day er, sa israal esperie dis woc'd judicate, is unitaly around how fat Body Is Aliental.

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y hi starvation pro-f energy by the stered and "protein" hen, eaten in food, t bi ode it the de up long enough it amolists can 8 of 52. This is a point fully settled. A ...

BABLE MING OF PRACE om Paris says rliest pestide due man trickly can be no 20 is the more Addsignature. The posals, have been greatest interest the Peace Con-Le claims for hin tip in the League

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'e's table. CUATE REMEDIES.

> : Fur Jaundice? did not differ

Vay. The constant "ming of strypes" is said: "The root tresh and greene eway in one night. Lany bruise, black n by falls or wonestumbling upon and be at home anywhere.

n' such like." recorde at the prewould be sceptical il linwing remedies: in butter, and was recommended.

skull, the blood. the amiss or was Valent deaths, it is also who heat is also fele high a brized and fetched as hanged were, there- eyesores. The front fence, a nec- edge. sings to eleven shilhas apiers it mass had grown on "m. A starte actic continent was the seventeenth mary-an procedure remedy against

trepsy The first aself was podder-Charles ii. when he suffered from apoplexy, was ordered by his four physicians twenty-five drops of sprits from human skulls. In the service enter, and eighteenth Contries there was a profound beliek

is powdered incremeles as internal re-But a few scertical spirits detounced this remedy because it led to much fraud, for far more mummies were prescribed than ever came out of Egypt. Judging by the herbals of e fifteenth, sixteenth, and sevenenth centuries, ague and dysentery were amengst the most prevalent dis-

Peer kundry work shortens the lie of clothing more than anything

## EAGENT LAGMING IN FRANCE GROWING TOMATOES IN ALBERTA PALE AND WEAK

The production of tomatoes in large | ties were experienced in the produc The Home Fires in quantities on the prairie does not aption of this crop. The vines were Dorothy Canfield, pear to have been a success in the trimmed early in July for the purpose be requiring picture of the past, but prairie people are of a type of producing heavier fruit and also adand practical French who are forever doing something mitting more sunshine which ripen the rabbit—although which was never done before. Messrs, ed it very rapidly. The tomatoes were be rapple atthough G. O. Kerr and J. E. Terrill, of Leth as large and as well developed as the Mally Cottontail bridge, Alberta; have observed for best imported stock from British Colthat harmless some years that tomatoes in small umbia or Washington and, being local not hecessary, had quantities were matured in the Leth- grown, they, of course, reached the bridge district and decided that there consumer in better condition. The crop poor appetite, weak digestion, palpiplace in the French was no reason why the experiment was so heavy that in many cases the Canfield, always should not be made on a commercial support stakes which had been put in of weariness, shortness of breath, palscale. As a result about two acres of for the vines to climb on were broken lor and nervousness. Of cqurse all toniatoes were set cut last summer on down. One vine was noted which had these symptoms may not be present land farmed by Mr. Kerr, a few miles eighty-three tomatoes on it. e gates and cement land farmed by air. Kerr, a few miles eighty-three tomatoes on it.

Up to the middle of September no merely a warning that the blood is out of order and that t is thin and for the children to set out on June 6, 7 and 8, at which frost, although as a precautionary watery, and if you note any of these the activities of height. Three thousand five hundred about the plot, so that smudges could should lose no time in taking the promany people the only them three feet apart and some four points out that the essential thing in

The soil secured was an old pasture ample moisture at the right time rewhich had since been in alfalfa and suited in early ripening. Without ir the greatest blood-making tonic offer-Their flesh is is protected by a wind break of trees rigation it is doubtful if the experited the public to-day. For more than the hog's, and on the western side. It is a very rich ment would have been at all successing quarter of a century they have been ment would have been at all successing quarter of a century they have been the stand by of numbers of thousands is so small and so loam with a gentle south slope and, ful, and while it is not suggested that the stand-by of nundreds of thousands of course; is irrigated. The land was every person can go into tomato raisround of fresh meat, cultivated in the ordinary way and iring in Southern Alberta and produce other medicine has ever achieved such upon us, for the dainty sash and unnet smoked and rigated before planted and three times \$2,600 per acre the experience in this world-wide popularity, and the reason

costs virtually nor able seven weeks after setting out It is not too much to say that such the blood, thus bringing new strength In 5 sizes, 4 to 12 years. Price, 20 They are given the plants, or about the end of July. lands, if located in the mountainous to every organ and every nerve in the Licken and garden, During the month of August from five part of the continent, would be sold body. In this way Dr. Williams' Pink other vegetable to six hundred pounds of beautiful ripe at many hundreds of dollars per acre, Pills bring new health to weak, destops, the pea fruit was taken off the plot each day but because they are found in Alberta pondent people. Among the many who have stopped bear- and this rate of production continued in practically limitless sweeps of speak highly of this medicine is Mrs. of the cabbages into September. The total yield of the prairie they are still sold ready for Louis D. Larsh, Windsor, Ont., who sor's that other- plot is estimated at 35,000 pounds and the plow at less than what, would be says:—"It would be impossible for Every afternoon a ready market was found for the protein the cost of clearing them in even lightthe town, armed duct in the city of Lethbridge, the early timbered regions. Their very
Pills too highly. Some years ago I was and ciskles, go out ly ripe tomatoes bringing twenty-five abundance makes it difficult to grasp very thin and pale; I suffered many of fresh air and cents a pound and the latter crop fif- their value but there is little doubt of the symptoms of anaemia, and althere is that they teen cents a pound. The gross price that some day they will be the home ways felt tired, depressed and weak. for the grass). It of 35,000 pounds at the latter figure is of the most productive and closely I had tried several medicines, but they

According to Mr. Kerr, no difficul- continent.

THE VERSATILE CHINAMAN.

life. They take Possesses the Quality of Being Able to Adapt Himself to Varied Conditions. ..

In commenting upon the marvelous rambles and weeds,— Charles Ernest Scott, in his book, is! -on underbrush China From Within, quotes Bishop Fowler's picturesque tribute to our

apped old women at The Chinaman as Bishop Fowler aspect of French in ability to toil in all climates; he repaired and hung doors properly, fixed up the roofs and built on new porches. The result created a real porches are posts and rickety gates had been. He you are alling, give this greatest of tonic medicines a fair trial and it will not disappoint you. Dr. Williams' porches. The result created a real porches. The result created a real porches are posts and rickety gates had been. He you are alling, give this greatest of tonic medicines a fair trial and it will not disappoint you. Dr. Williams' porches. The result created a real porches are porches and built on new porches. The result created a real porches are porches are porches and porches are porches are porches are porches are porches. The result created a real principle or porches are porches are porches and porches are harsting with food if he owned the world. Silent, gentle, with have served no submissive, industrious, economical, need to give the temperate, enduring — he thrives the hog, expensive everywhere, on mountains, in the deour own food. The serts, on the plains, on the islands of hivs well, on the the sea.

and missed crumbs to crawl, competes in all realms, | nature of the improvements. Much without fins swims with the fish, without hands climbs with the monkey, without feet runs with the panther,so the Chinaman, with his supreme gan says the total cost of these did was not far distant when we would be gift of adaptability, competes succession in the exceed \$600.

Too many Ontario, farmers are without our supplies of lumber.

While this statement referred particularly to the protection of forests, gift of adaptability, competes success. not exceed \$600. with the miner in the earth, with the make them pleasant places to live. A it might with equal force be applied tury descendant cxile in his wanderings. He never mystery with his asks for a fair chance, and never gets using numerous mechanical devices in fences, farm implements, etc., for the practitioner was it. He takes a chance beneath the his barns, often lives in an unpainted reason that, in the latter case, there it le weakness, notice of anyone else's contempt, and run-down dwelling on disorderly is not only the value of the original motion of anyone eises contempt, and succeeds. Once landed, he abides. premises. Many a farmer neglects forest product to protect, but also the The individual changes, but the kind his premises on the principle that "a value of the human energy necessary dings for "black- continues. All governments that let painted house doesn't grow any po- for the transformation of that timber him alone suit him. He never breeds tatoes, or make a cow give more into its various wood products. versatile; and all industries that have a possible margin attract him. Like a mongoose, he can run through any pas-

Value of Paint in Good Farming. Money spent for paint invariably adds its cost to the selling value, and One was ad sometimes many times over. An exscrap lumber and were in general kept farm premises farms better. disorder. The buildings badly needwalued of all was ed repairs at doors, steps, roofs and who had died elsewhere, and were thirsty for paint. heads of crimin. The pig-pens and hen-house were hands of some people than knowl-

ments at heart were good enough, had taken a dozen boxes, and from strong and substantial, but they had that time I have always enjoyed the suffered from lack of care.

Duggan gave all the buildings a this letter in the hope that some avocoat of paint. The paint called for man in need, as I was, will see it and other improvements. He whitewashed the henhouse inside and out. He Most of the troubles that affect substituted neat woven wire for the mankind are due to impoverished front board fence, and put in lasting blood, and will promptly disappear if the miraculous all continents. He excels the Saxon posts and rickety gates had been. He you are ailing, give this greatest of

> farm to-day for \$12,000. Real estate values have gone up somewhat meanwhile, but it is a safe assumption that he bought the farm below its As the serpent, with his one ability real value because of the unkempt credit must go to paint, whitewash, nails, concrete, and other every-day materials used in "fixing up." Dug-

the same spirit that so many business owner. men attend conscientiously to the

Ignorance is more powerful in the

## Grape-Nuts

is easy to digest because it is baked and rebaked for over twenty hours.

The result is a food full of sustaining value

Wonderful Flavor Sturdy Nourishment

## DESPONDENT PEOPLE

Owe Their Condition to Weak, Watery Blood-How to Regain Strength.

Every woman's health is peculiarly dependent upon the condition of her blood. Far too many women suffer with headaches, pains in the back, tation of the heart, a constant feeling them three feet apart and some four cast except the octate apart. The experience of the seather pot for a fete son seems to indicate that the four rigation, which not only increased the amount of fruit, but by affording plete breakdown of the system. Dr. Williams' Pink Pills are, beyond doubt, settled agricultural community on the did not seem to help me. Then acting on the advice of a friend. I began taking Dr. Williams' Pink Pills. Before essity because of the stock which actually fee ing like a new person and passed along the road, was a run- had gained nine pounds in weight. down board affair. The improve- I continued taking the pills until I

similar improvements.

Duggan says he could sell the Medicine Co., Brockville, Ont.

SPRING TIME IS PAINT TIME.

At the recent annual meeting of the Commission of Conservation; Hon: Senator Edwards made the statement that unless Canada exercised more care with her forest resources, the day

farmer keeping excellent stock, and to the protection of our buildings,

Spring from time immemorial has Not onle do paint, concrete well- been known as house-cleaning time. kept fences, and constant attention During recent years this period has to little repairs, greatly enhance the developed a popular slogan, "Clean up sageway. Although fond of a palace, selling value of farm property out and paint up." As a conservation he can live in a hut; although fond of proportion to cost, but they have measure this would be hard to imspace, he can live in a sewer pipe— an even more important psychologi prove upon. Wood, when exposed to and be at home anywhere. the weather without protection soon family which indirectly makes for deteriorates, it bears a shabby and better farming and better farm pro- neglected appearance, and is in a great ers will use paint and such like in the enterprise or carelessness of the

Our soldiers are coming home, they dock of one's hair ample is furnished by John J. Dug-daily shave. The Great War showed are coming from a country of homes, the world that the smooth-shaven where thrift is paramount, where the kept farm four years ago for \$8,000. soldier in clean clothes fought bet- people take pride in their premises \$6 to \$8. however, was the The grounds surrounding the house ter. We are coming to realize that end keep them in the best condition. colors had in man and outbuildings were littered with the farmer with well-painted, neatly- Can we not, this spring, bear this in mind, and let our boys see that the home folks have awakened to the advantages of cleaning up and painting up, that their homes bear that well-kept and cheery appearance that bids them welcome?

Old-Fashioned Logic.

guess the world is better than 'twas when I was young, The sheriff's not so busy and there's fewer people hung.

And work is not so killing when it's all done with machines: The only place that wears now is the seat of my blue jeans.

But when I see a mower a-clickin' down the hay,
It takes me back in mem'ry to the scythe and whetstone way,

When we swung through the meadow with bold and even strokes. And those that sort of lagged became the butt of friendly jokes.

We kept a jug of water underneath a cock of hay, . You'll have to take my word for how it chased the thirst away.

Those good old days are golden, but I suppose, somehow, The present time will look as some fifty years from now.

The Weekly Fashions



The first of the ripe fruit was availthese irrigated lands are capable of the blood, thus bringing new strength

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The first of the ripe fruit was avail-



Pale green plaid and are used for the deve . . . smart little free!: " gauntlet sleeves. Med

8961, Ladies' Sports Dress. in is sizes, 34 to 48 bust. Price, 25 cents. asked, "what did the old 'un mean These patterns may be obtained about me bein the pivot o' the British from your local McCall dealer, or army and all that, anyway?" from the McCall Co, 70 Bond St., Toronto, Dept. W.

CHILDHOOD CONSTIPATION

Constinated children can, find Tis June among the tree tops; learly tan and is whitener and prompt relief through the use of aby's Own Tablets mild but thorough laxative which never fail to regulate the bowels and stomach, thus driving out constination and indigestion; colls and simple fevers. Concerning them Mrs. Gas-pard Daigle, Demain Que., writes: "Baby's Own Tablets have been of great benefit to my little boy, who was suffering from constination and indigestion. They quickly relieved him and now he is in the best of health." The Tablets are sold by medicine dealers or by mail at 25 cts. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Favorite Snake Dish. Chinese merchant, being questioned as to his favorite article of food, prefaced his reply by stating fits. The time is coming when farm- majority of cases but an indication of that many foreign dishes which we consider appetizing are disgusting to the Chinese. With the way thus prepared he announced that of all foods he cared most for a stew made of a particular kind of snake, costing from

Ask for Minard's and take no other.

Renewing a Carpet. After you have thoroughly swept the carpet or rug go over it with a scrubbing brush slightly wet with ammonia or wipe it with a cloth wet with warm water to which turpentine has been added. Add turpentine untill it forms a scum on top of the water. The turpentine will also insure your carpet against moths.

MONEY ORDERS. . Dominion Express Money Orders are on sale in five thousand offices through out Canada.

Her Task. house of another member, and were their hostess. "I hear you are a great help to your out with the fingers.

mother," said one. "Oh, yes," replied the little girl, mamma gives me a task to do every.

"Oh." remarked the lady; what is your task for to-day?". "I have to count the spoons after you have all gone."

Minard's Liniment Lumberman's Priend

BITS OF

Just Work.

Ladr-Do you want employment? Tramp-Lady, yer means well, but yer can't make work sound any more invitin' by usin' a word of three syl-

The Ultimate in Gloom. Hook-Oldboy is the most melan-

choly fellow I know. Crook-You're right. He proposed to a girl once by asking her how she would like to become his widow.

Modest Tom.

Iwo women were talking together in them ga of the war. "How's your Tom getting tagers' treat on in Palestine" asked one. "Oh; he's doing well," replied the

one of his mates, and he says Tom's covenant of phace."-Ruskin. gotten dysentery." "Strange he's never written hissel" "Nay, it's just like him," said Tom's mother; "het would no mek a fuss

"Time!"

about the honors he won!"

A garrulous lawyer was arguing a case. He had rambled on in such a desultory way that it became very difficult to follow his train of thought and the judge had yawned ominously. Whereupon-the long-winded lawyer, with a trace of sarcasm, said: . .

"I hope, your Honor, I am not unduly trespassing upon the time of the

"My friend," observed the judge, "there is a considerable difference between trespassing on time and encroaching on eternity."

It Turned on Him.

The British front had its northern extremity a short distance north of Ypres. A bumptious high-ranker, fond of being paternal and impressive before his men, had just taken command of the troops, in the sector and was making a tour of his part of the line. The sentry on duty at the extreme left | pearing. 11 proved to be a newly arrived cockney

"Do your realize, my man," the general beaned, "that got are to-day the not to distu pivot man of the British army?". The private saluted.

"Great honor, my man,", the general continued. "You are the first outpost GIRLS! LINEN JUICE of the British Empire. I, your general, shake hands with you." The product a least had his hand How to may thaken, the had a least been again, and

to a tched the general till he was out of · hot. "Er, 'Sergeant," the cockney then

"What he meant, my boy," the ser- Care should he taken, to strain the geant explained, "was that if the Bri- lemon thice though a fine cloth so no tish army was to do a left turn; you'd lemon bulb gets in, then this botton mark time for two hundred years" will keep frest for months. Every mark time for two hundred years."

June. 'Tis June across the grhin lands, greenly spread. meadows with the spring between.

Tis June that blues deep distance o'er hands: head

And plants the petals of her favored flowers . With Tyrian purple and the rosewine's red.

Tis June that pours into the brimming

hours ; The foamy sap of pagan joy; 'tis

That lights the banners on a thousand lowers. "Tis June, 'tis June, 'tis June!

Minard's Liniment used by Physicians.

It is a waste of time to grasp an opportunity unless you know what

"If 'you can't push, pull; if you pull-please get out of the can't way.

Charles Surugue, ex-Mayor of Auxere, and France's oldest "pollu," has been demobilized: He is eighty years of age, and enlisted as a pri vate in 1914, being later promoted to lieutenant.

## LISTEN TO THIS ! SAYS CORNS LIFT RIGHT OUT NOW

You reckless men and women wh are pestered with corns and who have at least once a week invited an awful Several members of a women's war- death from lockjaw or blood poison are working party had assembled at the now told by a Cincinnati authority to use a drug called freezone, which the chatting with the little daughter of moment a few drops are applied to any corn, the soreness is relieved and soon the entire corn, root and all, lifts It is a sticky ether compound which

dries the moment it is applied and simply shrivels the corn without in flaming or even irritating the surround ing tissue or skin. It is claimed that a quarter of an ounce of freezone will cost very little at any of the drug stores, but is sufficient to rid one's feet You are further warned that cutting at a corn is a suicidal habit,

NEWSPA County.

W ELL

T WANTED

S BALE. WEEKLY, IN BRUCH PPED . NEWSPAPER

YOU FOR SALE IN

ELLANBOUS. MORS. LUMPS, ETC., de external, cured with-lome treatment. Write Aug. Dr. Bellman Medical CARCER !

"Flowers solace of or my humanity; children love them; ;; contented, ordinary people love in as they grow; luxorderly pesple rejoice urious, and dicd; they are the cotand in the crowded with a little broken town mark. nhow the windows of fragrant of other. "Aw've just had a lletter fro' the workers hawhose hearts rests the

> Minard's L ment, Co, Ltd.

Gents,-I we used your Min-ard's Linit of in my family and also in my sables for years and consider it best medicine obtainable.

FRED ROCHAY. Proprietor . ton Phud Hotel and Livery S

."Nothing \$ 50 'commonpiace as to wish to de remarkable. Fame usually comes to those who are thinking about something else-very rarely to those who say to them-selves, "Go to, loow, let us be a cele-brated individual." "Oliver Wendell Holmes.

Seep Minard'a Iniment in the house.

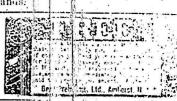
Wild flower hat to ed to cover our land with beaty are rapidly disapflowers would satisfied to pull only a few blossom dinstead of filling their arms with their, and would take care not to distuit he roots, there would be enough omers another year for other people

A SKIN WHITENES

creamy beauty lotion

two fresh len strained int ounces of ounces of or hard , white makes a whole quar r bint of the root remarkable want skin beautitier at small far of the ordinary cold creams. woman knows that lemon faice" is and remove such ckles, sallowness and tan and is tal about skin oftener, whitener and Docutifier.

Just orchard white up a quarter right of the account of rant demon is an indicate a second daily heter



Constitution Cure A druggle cays . "Forenearly thirty vail have commended the Extrac of Roots, known as

中国には、これとうとというとの

Mother seight's Curative Syrup, for the rall calleure of constipation and ingettion. It is an old reliable receight that never fails to do the work." 30 dreps thrice sails. Get the Genuine, nt dru datt. A PIE COMPANY

water blister and then formed a solic scale. Regan to itch and burn s had to sandage his hands as he wanted & scratch. Face was badly disfigure. Schuble lasted 4 months Erganung Cuticura Soap and Oint ment. Stulone cake Soap and one box Oir mei; when he was healed.

From signed statement of Mrs Albert 1,016, Wettenberg, N. S. For every purpose of the toilet Cut cure So.p. Ointment and Tal-

cun are up eme. For free me rach of Cuticura chap, Oint men and include sidress post-card; "Oalicura Dapt A, Els and J. L. A." Sold everywhere.

SEIUE 23-119.