

ASTING
ES TO FOLKS
STUDIES ARE BEING
THIS PROBLEM.

Abstaining From Food
Daily Health is Not
by Medical Men.

There has been a
Some people have as
daily health was pre-
without food for con-
s of time.

Dr. Tanner Fast.

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FRUIT FARMING IN FRANCE

Warner Describes Thrifty Habits of French Peasants.

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GROWING TOMATOES IN ALBERTA

The production of tomatoes in large quantities on the prairie does not appear to have been a success in the past, but prairie people are of a type who are forever doing something which was never done before.

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PALE AND WEAK
DESPONDENT PEOPLE

Owe Their Condition to Weak, Watery Blood—How to Regain Strength.

Every woman's health is peculiarly dependent upon the condition of her blood. Far too many women suffer with headaches, pains in the back, poor appetite, weak digestion, palpitation of the heart, constant feeling of weariness, shortness of breath, pallor and nervousness.

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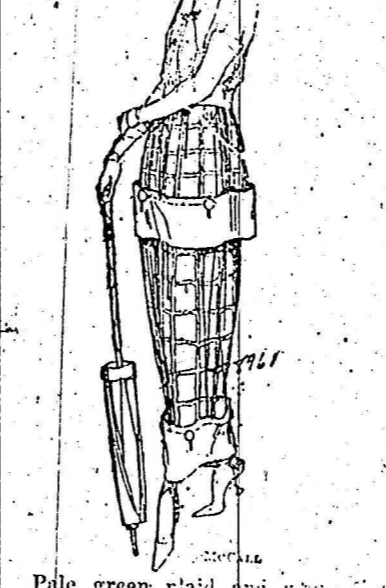
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The Weekly
Fashions



She cares not if she turns her back upon us for the dainty sash and unusual lines of the back of her frock justify her act entirely.



Pale green pleid and small little frock are used for the development of a gauntlet sleeve.

CHILDHOOD CONSTIPATION

Constipated children can find prompt relief through the use of Baby's Own Tablets.

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BITS OF HUMOR
FROM HERE & THERE

Just Work.
Lady—Do you want employment?
Trump—Lady, yer means well, but yer can't make work sound any more invitin' by usin' a word of three syllables.

The Ultimate in Gloom.
Hook—Oldboy is the most melancholy fellow I know.
Crook—You're right. He proposed to a girl once by asking her how she would like to become his widow.

Modest Tom.
Two women were talking together of the war. How's your Tom getting on in Palestine?
"Oh, he's doing well," replied the other. "Aw've just had a letter from one of his mates, and he says Tom's gotten dysentery."

It Turned on Him.
The British front had its northern extremity a short distance north of Ypres. A bumptious high-ranker, fond of being paternal and impressive before his men, had just taken command of the troops in the sector and was making a tour of his part of the line. The sentry on duty at the extreme left proved to be a newly arrived cockney private.

This Time o' Year
'Tis June among the tree tops; leafy June.
'Tis June across the grain lands; greenly spread,
And meadows with the smiles of spring between.

Favorite Snake Dish.
A Chinese merchant, being questioned as to his favorite article of food, prefaced his reply by stating that many foreign dishes which we consider appetizing are disgusting to the Chinese.

Renewing a Carpet.
After you have thoroughly swept the carpet or rug over it with a scrubbing brush slightly wet with ammonia or wipe it with a cloth wet with warm water to which turpentine has been added.

LISTEN TO THIS!
SAYS CORNS LIFT
RIGHT OUT NOW

WANTED

WANTED
YOU FOR SALE IN
Penny Hens, Pigeons,
L. Weirauch & Son,
Baptiste Market, Mont-

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Grape-Nuts
is easy to digest
because it is baked and
rebaked for over twenty
hours.
The result is a
food full of sustaining
value.
Wonderful Flavor
Sturdy Nourishment

**CUTICURA
HEALS
ECZEMA**
All over baby's face. Came in water blister and then formed a solid scab. Began to itch and burn so had to wash his hands as he wanted to scratch. Face was badly disfigured. Rubbed a top of moxon. Eczema Cuticura Soap and Ointment. Used one cake Soap and one box Ointment when he was healed. From signed statement of Mrs. Albert L. Wettenberg, N. S.
For every purpose of the toilet Cuticura Soap, Ointment and Lotion are superior.
For free trial, send each of Cuticura Soap, Ointment, Lotion, post-paid, 3¢ each, Dept. 4, Lowell, Mass. Sold every where.