

ORIGIN OF SOME FOOD NAMES

ONE IS INDIAN AND CRULLER IS DUTCH.

matato is a Word of Mexican Derivation While We Get Our Word Marmalade From Portugal.

A dumpling is a good old English word and comes from the word dump, which meant to throw down suddenly and the diminutive ending, -ing, is a little cake that was made by throwing raw dough into boiling water.

From Portugal we get our word marmalade, which was originally a sweet preserve made from quinces, and gets its name from marcello, the Portuguese name for that fruit.

"Cruller" is a good Canadian dish, though it is from an old German word which, "krullen," meaning little bread-cake.

"Pudding" is a word of Indian derivation. An early English historian of Virginia took pains to explain that it was from the Latin panis, meaning bread, but from the Real Indian word pan and it was early applied in the North to any bread made of Indian corn.

What "Pudding" Means. Pudding in its early form was made of ground meat of some sort, well seasoned and stuffed into a intestine, which then cooked by boiling. There are 14 in many early languages meaning "pudding," but it seems originally have come from some word meaning a short body or inflated skin.

Nobody knows what muffin came from, but it was probably derived from the word mufel, which means that it might have been due to the similarity between the muffin and the hand covering.

Butter is from an old French word meaning to dry or a dish of fried fish, which comes directly from the Latin butirus, the most part of the verb butiro.

Butter comes from water and water comes from the German word wasser, which is a cognate of the Latin aqua. Original waters seem to have been hot, as the modern waffles. The softening of the water was with the addition of the word wasser.

Origin of Sandwich. Sandwich takes its name from John Montagu, fourth earl of Sandwich, in 1762, who used to have slices of bread cut and served to him while he was at the gaming table so that he could play without leaving the table.

He was the first to use the word sandwich, and the word has since become a household name. To go further, the word sandwich is from the name of the Earl of Sandwich, who was a great lover of the game of whist, and the name of which was made up of the name of the Earl of Sandwich, who was a great lover of the game of whist.

Lucas, Raney & Henry Barristers, Solicitors, Etc. Office—Lucas Block, Markdale. Traders Bank Bldg., Toronto. I. B. Lucas, K.C., W. E. Raney, K.C., W. D. Henry, B.A.

DR. J. A. MACARTHUR, Dentist. Office in Artley Block (over Bowler's hardware store). Entrance at south-west corner of building, Toronto street.

L. G. CAMPBELL (L.D.S., D.D.S.), Dental Surgeon. Graduate of Ontario College of Dentistry and University of Toronto. Office over the post-office. Office hours 9 a.m. to 5 p.m. Appointments made by phone.

A. F. & A. M. Hiram Lodge, No. 490, G.R.C. Markdale, meets in Masonic Hall, McFarlane Block, on Tuesday evening on or before the full moon every month. Visiting brethren cordially invited. H. C. Duff, W.M.; Bam Gray, Secretary.

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C. O. C. P., No. 399. Markdale Council, Canadian Order of Good Templars, No. 399, meets second Monday in the month in Sarjeant's Hall at 8 o'clock. A. Jackson, Chief; Charles H. H. Irwin, Recorder.

SAUGHEEN LODGE, No. 327, I.O.O.F. Meet first and third Wednesday in the month at 7:30 p.m., in their hall, Markdale. Visiting brethren always welcome. H. B. Irwin, N.G.; Alex. McEwen, Sec.

MARKDALE L.O.L., No. 1045. Meet in Sarjeant's block on Thursday evening on or before full moon in each month. Visiting brethren made welcome. Earl Davis, W.M.; John McFarlane, Secretary.

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No Food Has Been Shipped To Germany by the Allies. London, March 24.—Replying to a question in the House of Commons, Mr. McCurdy, secretary to the Food Controller, stated that no food had yet been sent to Germany except to areas occupied by the allies. Food would not be sent to unoccupied Germany until the German Government had fulfilled the conditions in regard to shipping and finance. Supplies were already at Rotterdam in anticipation of the fulfillment of those conditions. About 45,000 tons of food-stuffs had arrived in German-Austria.

"He who is pleased with himself grows no more."—Alexander MacLaren.

FERTILIZER: GARDENS, LAWNS, FLOWERS. Complete Fertilizer. Write George Stevens, Peterborough, Ont.

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Farm Crop Queries

Conducted by Professor Henry G. Bell. The object of this department is to place at the service of our farm readers the advice of an acknowledged authority on all subjects pertaining to soils and crops. Address all questions to Professor Henry G. Bell, in care of The Wilson Publishing Company, Limited, Toronto, which they will appear in this column in the order in which they are received. When writing kindly mention the name of the crop, and a limited reply is advisable where immediate reply is necessary. Letters stamped and addressed will be mailed direct.

The Business of Farming.—VI. How to know what to use.—(Continued.)—We do not wish to prolong the discussion the point beyond valuable information, but we have reviewed so many enquiries that this point was clearly stated so that men who are anxious to improve their soil were clearly stated so that they can make a ready chemical analysis of the soil and tell the farmer from the chemical analysis just what he should use. Our statement to supplement our statement with that of certain leading soil scientists regarding this feature.

What Analyses Can and Cannot Show. It must not be understood that these 366 analyses will give all the information needed about Iowa soils and how to deal with them. Chemical analyses are necessary and in exactly what amount they should be applied. This is true mainly because chemical analyses merely show what elements the soil contains and cannot show how much of those elements are available for plant food and how much is unavailable as previously pointed out. Chemical analyses may show that two soils contain the same amount of phosphorus, but in one of the phosphorus may be available to insure good crops and in the other so little as to insure crop failure, and chemical analysis will not show the difference.—W. H. Stevenson, Prof. of Soils, Iowa State College of Agriculture.

Fertilizers and Crops. It was formerly thought that a chemical analysis of any soil would readily furnish information regarding the amount of nitrogen, phosphorus and potassium, which would enable one to know whether any of these constituents was lacking and to what extent, if any, one needed to add to the soil. It is not difficult for the analytical chemist to determine the amount of each plant food constituent in a soil, showing the total amount to be added to the soil, but such results furnish no information as to how much of these total amounts is immediately available for crops to use and definitely the plant food needs of the soil has been and is still a matter of dispute. All the results of soil analysis are negatively helpful in enabling one to reach conclusions, where the total amount of any plant food constituent is present in very small amount or wholly absent. However, there appears to be no general agreement as to what shall be regarded as the lowest amount of any particular plant food constituent calling for special addition to meet crop growths.

Dr. A. D. Hall, late Director of Rothamsted Experiment Station, England, in a report before the British Association for the Advancement of Science, 1910, page 585, in speaking of the soil survey, which he was an important part of the various determinations made in the course of soil analysis, and it is believed that for agricultural purposes the size of the soil particles is more significant than their actual composition. This is emphasized by the controlling influence of the size of particle upon available water supply and tillage.

Now it is not our purpose to make a lot of destructive statements and leave nothing constructive, hence we ask the question again, "How shall we know what to use?" It is now general knowledge that certain types of soil contain characteristic constituents as noted by the tables given previously. This is true the world over. It is furthermore well known that farm crops have their own characteristic individual needs for the various constituents of plant food. These are concisely shown in the following table:

AVAILABLE PLANTFOOD. Table with columns for Nitrogen (ammonia), Phosphoric Acid, Potash, and CROP. Rows include Potatoes, mangels, carrots, sugar beets, Good supply; Turnips, Small supply; Wheat, oats, rye, Fair supply; Corn (husking), Small supply; Corn (silage), Fair supply; Meadows, pastures and fodder crops, Good supply.

No matter what source this plant food comes from, whether from the soil from manure, or from fertilizers, the crops must have it, and that in abundant supply, to use are to make largest growth and produce fruit of best quality. With these two facts in mind, the practical business man on the farm knows from the results which he is obtaining from his crops whether or not the plant food of his soils is properly balanced. If not properly balanced he can by the use of manure and fertilizers regulate his practices so that the material added will make up for the deficiencies in the soil and will meet the special plant food requirements of the crops. It is often said that every farm is an individual problem. This is perfectly true, although the truth must not be misapprehended. This statement does not mean that while every farm is an individual problem, the principles and practices of maintaining plant food must be worked out anew for every farm. If such were the case we would not get anywhere in the matter of soils and crop food studies. It does mean, however, that the individual history of the management of every farm must have a large place in determining fertility practices which shall be employed in order to obtain best results.

To make this plain, supposing your farm has grown a large amount of legumes and you have returned a considerable amount of livestock manure to the fields that you are preparing to grow a maximum crop of wheat. You should use a fertilizer with a medium small amount of nitrogen, a large amount of phosphoric acid and a medium amount of potash, looking at the problem from the crop standpoint and in view of the fact that the manure and legumes have made their contribution to the plant food in the soil. Now, if the soil is a sandy soil, to begin with, necessarily you will have to increase the amount of nitrogen and potash. If on the other hand it is a good clay loam, both the nitrogen and potash, especially the latter, can be greatly diminished in the fertilizer that is added. No one can tell you exactly what quantity or of what analysis will be most profitable under your conditions. This is the element of individuality of the problem. The thing to do is to apply the 200 to 300 lbs. of fertilizer per acre, that

think will best supplement the manure application of your soil, leaving sections of the field unfertilized. A harvest time compare the relative quantity and analysis of the plant food so that it will return largest rate of interest on money you have invested in it. Farm tests should be much more frequent than they are. The man that does not understand it or does not care anything about it. These are days when most productive farming is going to win out. They are days when industry and farming must work to each other's hands. The plant food industry or the fertilizer industry which the industry can persist. In fact this is the only basis upon which the doctrine in the interests of farmers is that he should follow a desirable rotation of crops, keeping up the humus of the soils, he should use every bit of stock manure obtainable in the best way possible and lime his soil for the characteristic weakness of his soils and to meet the special needs of the crops. The most profitable fertility management of your soil is not a thing for snap judgment. Do not be misled by anyone that claims he can tell you exactly what to do. Improve by the fund of experience which has been accumulating for the last 100 years. The use of fertilizers is of no means a new practice; it has been largely instrumental in the production of food for intensely populated Europe. It has for the last 50 years been growing in its importance on the American continent as a means of operating North American farms most profitably. (To be continued.)

MY CHILD'S GOOD LOOKS

Little People Have a Right to Beautiful Bodies. By JEANNE MARIE DUPONT. Every child has the right to a healthy body, a good skin and thick glossy hair and the average little one is endowed with all these blessings but because of neglect or improper treatment often loses its birthright. Many a woman with a muddy complexion or a wispy hair, that she has to supplement with switches, if more care had been taken of her childish beauty, would still have luxuriant hair, until she was very old; and if her skin had been given the small amount of attention it needed when she was young, she could have had a clear complexion all her life. The same thing is true of the teeth. A famous dentist said to me not long ago: "The reason why most people have such heavy dental bills is because in childhood their teeth were not started right."

"What on earth do you mean?" I asked him in surprise. "I supposed all children's teeth were started in the same way." "Not at all," he replied. "Some children are given a splendid chance for a sound, permanent set of second teeth, while others are foredoomed to spend their lives paying dentist's bills. It all depends on the habits insisted on by their parents when they are tiny tots."

"The most important one is that of keeping the teeth scrupulously clean and beginning this even before the first teeth appear. Baby's gums should be washed daily with a solution of weak boric acid, applied on a bit of absorbent cotton on a soft piece of clean linen wrapped around the mother's little finger. This should be thrown away and a fresh piece of material used every time. When a number of teeth have been cut, a very small, soft brush should be purchased and some antiseptic tooth powder or else a tooth paste with a pleasant taste, and the teeth should be most carefully scrubbed with that, taking care not to hurt the tender gums of childhood.

"When the child is about three years of age he can be easily taught to care for his own teeth. If it is made an inviolable rule that the teeth shall be brushed night and morning, this habit will continue through life to the great advantage of the appearance. It is better still to insist on their being brushed after the noonday meal as well.

"If the first teeth are not cared for, the permanent set will not be strong and white and the gums may not be healthy. Dental floss should be slipped between a child's teeth if they are close together to remove any particles of food that may have lodged there. For this will quickly cause decay. And any indication of tartar should be at once destroyed by dipping an orange-wood stick in powdered pumice-stone and gently scrubbing the teeth with this, taking care to rinse the mouth well after the operation.

"Doesn't that hurt the enamel?" "Not at all if it is carefully done. But if the child is very small I should advise using powdered chalk instead of pumice."

"Whenever much candy has been eaten it is a good plan to rinse the mouth with a glass of water in which a good pinch of bicarbonate of soda has been dissolved. If these things are attended to in early youth and the habit of brushing the teeth two or three times a day is faithfully kept up, a mouthful of pearls will be the result and the owner of the teeth will spend very little on dentist's bills in after life."

The other day a middle-aged friend of mine who has the complexion of a pretty girl of eighteen was talking to me about the children of some friends of ours. "They have three of the dearest and prettiest little girls I ever saw. But I do not think they will grow up good looking because they have a family wash rag. I don't quite mean

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near to grow properly, certain pure lotions rubbed on the scalp are often a great help. When the hair is very dry it indicates that some sort of lubricant is needed to supply the natural oil that is lacking. Any pure oil can be used for this. Hair that is too oily is caused by the over activity of the oil glands or the brrill condition of the muscles and glands of the scalp. Massage obviates this condition with the addition of a little pure which hazel wood on the scalp until the hair is normally dry. In children, however, most cases of all hair are caused by insufficient shampooing. If the hair of your children is washed once a week and once every two weeks when they are of school age, there will be no trouble with dandruff. Every child, buy as well as a right to food, look, and manner should do everything in her power to secure them.

COMPLETE PEACE TERMS IN WEEK

Now a Race Between Peace and Anarchy—Other Matters Shelved For Present.

London, March 24.—Reuter's Paris correspondent says the urgency for concluding peace may be read in the decision of the Great Powers today to make a big effort to have the Peace Treaty ready a week hence. The final shaping of the peace terms, the correspondent adds, will be the able subject of discussion between the Premier and President Wilson in the next few days, and during that period it is not likely the Surrender Council will meet. "At one delegate put," the correspondent adds, "it has become a race between peace and anarchy."

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