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"TRY IT TO-DAY"

## The Sealed Room

By Edwin Baird.

**CHAPTER VIII.**  
"Help yourself to the red-plush rocker, Mr. McKay. And perhaps I might add, for my mistake when last we met, "Please, consider, sure, me callin' ye Patrick! Beauxberry, when yer late name's Tom McKay, but not amazement Winifred will tell ya I'll just run up and tell her here herself." She bustled importantly about.

Audging the red-plush rocker, he mused idly about the room, passing to know the great armchair, a cheap imitation of calicoed Egyptian. He was quite conscious of his own flight, and was half inclined to flee.

A feminine foot-step crossed the threshold behind him and his heart leaped and pounded riotously. Desiring to hide his perturbation, he held his hands, clasping both his hands, she lifted her humid and not looking toward the door, formed an absorption in the volume. He would let her speak first. Thus he would have the initial advantage. However, it was only Mrs. Stookey, come to inform him with delicate

Miss Winifred's dressing herself, for to see ya, an I've in for a bit of a wash, I think. She's takin' such dainty pains with her toilette. She wants to look her best for ye, I lift the pair of 'em—her kind. Miss Plum's character away like Tonks, I suppose you so excited."

Tom, who had turned as the hand-took, became aware that his hands still held the book, and now, for the first time, he read the gold lettering thereon. "The Trilingual Iamb," O. Henry, and promptly he was visited by a pleasurable sense glow, such as one feels upon meeting a beloved friend in a strange country.

"Have you read the stories in this book, Mrs. Stookey?"

"I have, dear sir. It belongs to one of our formers, a young shipmate, Frank name, Mary Anne. You ought to read them. They're simply amazing. My former George Yancey and I used to read them through again and again. We read them aloud to each other. They deal with the romance and adventure in a style, and we agreed that the next time one of us came to Chicago—"

Mrs. Stookey, seating herself on the piano stool, ruthlessly interrupted.

"Tis the devil's own stamping around the city. Just see what I done to poor Dora. And she so sweet and trustful when first she come to us. Did ye know, Mr. McKay, that Winifred come from the country too?"

Mr. McKay, not knowing that, however dreaming it could be true, abruptly dropped O. Henry's book, all interest in it gone, and the expression on his visible face and in his sparkling eyes persuaded Mrs. Stookey—who needed slight persuasion—to tell him the story of Winifred Snow.

How Winifred was born on an Indian farm, and how she lived there till her mother died, and her father sold out and went to Texas, and how she had come to Chicago for a course in a business college, and how kindred matters were related by the garrulous woman with pleasure as deep as the delight of her hearer.

During this time Winifred had found room were kindly employed with the "legant" toilette, and the furnished room presented a chaotic aspect.

And now at last she stood before the crinkly mirror and slowly turning her slender body, surveyed the finished result. Miss Plum, kneeling beside her to contribute a final touch to the skirt, now rose, removed three pins from her mouth, and viewed the radiant girl admiringly.

"You look jes' beautiful, Win," said she, her pale eyes shining, her own angular lack of beauty quite forgotten. "No wonder he's crazy aboutcha. Any man would be."

Winifred smiled over her shoulder at the adoring Henrietta.

"That's awfully sweet of you, Hen. And then, as her long blue eyes took in the mad disarray of the room, "My, but this room's a sight! I think I'd better straighten things up."

"Not much you won't!" assented Henrietta. "You go on down to him. I'll attend to this mess."

"I'm dead of you, Hen; but really."

"I'm expectin' my ward," bantered Hen. "When you're married and livin' on your farm you gotta send me a week-end ticket, because maybe that foreman of his."

"Henrietta Plum!" Winifred was scarce to the temples. "Why, you're perfectly outrageous! He may not even be dreaming of marrying me."

"Then what's he doin' here?" demanded Miss Plum.

"Lots of men," said Winifred; "all on girls whom they don't intend to marry. Perhaps he's not thinking of marrying anybody."

Miss Plum's response to that was analogous to the answer of Mr. George Youcum, submitted not long ago in somewhat similar circumstances:



### Good Citizenship

Has it ever occurred to the majority that those priceless things—ideals of liberty and justice and right living—can be neither bought nor sold? They are not heirlooms and can never be handed down intact and undimmed like government bonds or emeralds, like jewels, in a strong box. They may be "recommended" and even insisted upon but are adopted voluntarily or not at all.

These facts offer food for serious thought on the part of those who are responsible for Canada's future. Whatever ideals it is desirable for the citizens of to-morrow to possess must be instilled into the consciousness of the children of to-day. The process is the tedious one of "line upon line, precept upon precept, here a little, there a little"—a process at times inspiring but more often than not dismaying. It is a process little realized in the main because its workings are unseen. Not until the generation stands ready for citizenship can it be seen that damage has been done. Only then is one aware of the existence of the harmful influence.

Human careers are too precious to be submitted to this exploitation, and the most serious duty confronting patriots to-day is the provision of influences that will produce high standards of living for generations to come.

Had this truth been recognized from any other than a largely theoretical stand point by the men and women of the preceding and the present generation it would not have been possible for the vicious theories promulgated by Frederick the Great (wrongly so called) to be working themselves out to-day in Prussian atrocities. There can not be too vigorous a pushing of daily welfare movements on the establishment and maintenance of supervised playgrounds. By Scout movements, national health boards, carefully considered housing schemes, city planning and every other movement that centres in the element of fitness. An examination into the things in which all we're most keenly concerned a decade ago will not result in a list of these things as national interests. Every one of them must be absorbing interests if Prussianism is to be stamped out forever.

**A Little Prayer.**  
Where'er thou be,  
On land or sea;  
In the air;  
This little prayer:  
I pray for thee—  
God keep thee ever,  
Day and night—  
Face to the light;  
Thine armor bright;  
Thy scutcheon white—  
That no despite  
Thine honor smite;  
With infinite  
Sweet oversight;  
God keep thee ever,  
Heart's delight!  
And raged their while;  
Sweet body, soul,  
And spirit high;  
That, live or die,  
They glorify  
His Majesty;  
And ever be;  
Within his sight.  
His true and upright;  
Sweet and stainless;  
Pure and sinless.  
Perfect Knight!

(To be continued.)

**Carrot and Chicken Croquettes.**  
Dice four cold boiled carrots, add one cup of cold chicken. Season with salt, paprika and cayenne, mix well. Arrange in the glasses, pour over the gravy left from the meat. Bake until brown. Pack in jars over them, a sweetened spiced vinegar that is boiling hot. Seal and put away for future use.

**Carrot and Lamb in Casseroles.**  
Dice four boiled carrots and one cup of cold lambchop. Season with salt, paprika and cayenne, mix well. Arrange in the glasses, pour over the gravy left from the meat. Bake until brown. Pack in jars over them, a sweetened spiced vinegar that is boiling hot. Seal and put away for future use.

**Carrot and Raspberry Jam.**  
Dice six carrots and run through the food chopper, add one pint of fresh or canned raspberries and equal weight in sugar. Cook until quite thick. Seal while hot. This is delicious. Fresh berries are best. Rhubarb with carrots also makes a delicious jam.

**Delicious Carrot Cookies.**  
Delectable dishes, free made from the "despised" and humble carrot. It is health-giving food, blood purifying and is truly delicious when the taste for carrot cooking has been acquired.

**Carrot Butter.**  
Sift one pint each of stewed carrots and stewed dried apricots, add one pint of white sugar and one-half teaspoon each of ground cinnamon and nutmeg, mix well and cook slowly until thick, like apple butter. Seal in罐子. This is good all the year round.

**Baked Carrots.**  
Dice four cold boiled carrots, two cold boiled potatoes and chop four hard boiled eggs and two stalks of celery. Arrange on bed of shredded lettuce and dress with mayonnaise or French salad dressing.

**Carrot and Celery Soup.**  
Parboil till tender four medium-sized carrots that have been scraped and sliced and one head of well blanched celery that has been cut in half-inch pieces. Drain and add one cup of

rice.

**Carrot Chopped Pickle.**  
Six raw carrots cleaned and chopped, one cucumber grated, two onions grated, one tablespoonful of fresh grated horseradish, two cups of green tomato chopped fine. Cover with vinegar, two cups of sugar, salt and spices to taste. Heat and boil while scalding. Add one-half cup of sugar, one cup of chopped nut meats, one package of lemon jello, one-half pint of boiling water. Dissolve the jello in the boiling water. Mix. Let get cold, then cut out in squares like melons.

### Food Control Corner

The Food Division of the Live Stock Branch of the Department of Agriculture has secured a reserve of re-cleaned elevator screenings, upon which there is an export embargo in this country, and which are being sold at a fixed price of \$36.00 per ton, bulk car load lots, Fort William, on and after December 1st. Freight will be added to this amount according to the distance from the distributing point.

The government has also secured a reserve of feed corn which is being held at Tiffin, Ont. This corn is grade feed corn of average quality, and quoted at \$1.40 per bushel f.o.b. Tiffin, Ont.

For dairy men, the government has purchased a reserve of linseed oil cake meal which is offered for prompt shipment at \$84.00 per ton to Toronto and \$66.00 per ton f.o.b. Montreal, in car load lots, packed in 200 pound sacks. In addition to these reserve supplies, the Canada Food Board placed an absolute export embargo on Canadian bran and shorts, which are selling at a fixed price of \$87.00 for bran, and \$42.00 for shorts, net cash, Montreal freights, including sacks, and \$31.00 for bran and \$16.00 for shorts, Fort William, including sacks. Freight will be deducted on these rates according to distance east or west of Port William and Montreal, respectively.

It has come to the attention of the Canada Food Board that a considerable amount of dried beet pulp or sugar beet meal has been accumulated at certain sugar refineries in Ontario, and is being quoted at \$55.00 a ton, f.o.b. Chatham, Wallaceburg and Kitchener. In view of the urgent demand for finished cattle feeders would be well advised to inquire into the value of this material and to utilize it wherever obtainable to advantage. It is the desire of the Food Board that this feed be used in Canada rather than to permit its export.

Farmers and live stock men are advised to form co-operative groups to purchase car load lots of government feed or feed from the regular trade, without delay, so as to avoid difficulty and delay incidental to winter transportation. Government feed will be supplied upon application to the Food Division, Live Stock Branch, Department of Agriculture, Ottawa. Bran and shorts, upon which there has been basic advance upon the prices fixed some months ago, are handled by the regular trade, and not by the Feed Division.

From information as to live stock deficiency in Europe the Canada Food

Board urges that no live stock be marketed until it is finished, as there

will be a steady demand for meat and breeding stock from Europe with the re-establishment of normal communication and the release of ships from war services.

Blessed is he who keeps his troubles to himself.

### THE CROWNING ATROPHY

Devilish Trick of Retreating Germans Just Before War's Close.

A young tank officer whom I knew before the war and whom I know to be truthful, tells me an honest-appearing British sergeant in turn, told him that a week or two before the war's end the British, having cleaned up a nest of enemy machine guns, sent a detail out to bury the dead. The sergeant says American writer, the same i had killed two Germans; then they came upon the body of one of their own men who had fallen in the field two days earlier, when the British made their first attack upon the Germans, only to be forced back and then to come again with better success.

The young soldier, who was the sergeant's son, had heard of the steel sponsor for the German General Staff, and he asked the sergeant whether he could make out to identify the German from the wrist, he saw something which featured the dead man's arm, this something being a bullet hole in the body.

Before they fell back, the survivors had attached this devilish thing to a long rifle with the intention of blowing to bits the first man among the victors who should undertake the poor lad's burial. The men, as I know, have been warned against gathering up German helmets and German rifles in places from which the enemy has retired, because such a souvenir has a way of blowing up in the finder's hand by reason of the hidden grenade that is attached to it, with the egn so arranged that a tug at the wire on connection will set off the charge.

After this, the crowning atrocity, coming from British sources, shows that they had made improvements in their system. From sawing down fruit trees, from shelling filled wells, from wantonly destroying the cities that for years had sheltered them, from laying waste the lands they have been forced to surrender back into the hands of their rightful proprietors. Then had improved in his rifle, which he had made dead men serve his purposes.

No man can sleep a field by turning it over in his mind.

Rebecca operated a cigar farm this year on which 5,100 bundles of wheat and 1,600 of oats were raised.

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