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MARKDALE STANDARD

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... Nerve and Brain Tonic ... Pills build up ... at drug stores, or by mail on receipt of price. The SCORELL DRUG CO., St. Catharines, Ont. For sale at Stephens' Drug Store.

THE TRAPPER.

Women and Trapping.

The exodus of men to the war and the war industries has given occasion for the women to display their versatility in doing much of the work which has heretofore been considered man's exclusive property. In city and country alike, women are filling many of the vacancies in the different occupations created by the departure of the men. Little wonder we have, then, when we hear that a good number of the gentler sex have gone in for that activity which has hitherto been completely dominated by masculinity—trapping.

The pleasures and profits of trapping will not be long overlooked by women when they discover the increasing scarcity of men who were formerly engaged at this occupation. The war is getting its share of trappers. Every trapper that goes to war leaves behind a valuable fur harvest which is sure to be lost unless someone is there to take his place. Everything is set for the entrance of the woman trapper or, following the rules of modern parlance, the trapperette.

The women who have already undertaken trapping have found the trapping life to be a complete surprise in its healthful aspects, representing, as it does, the most refreshing and invigorating exercise. The actual work of trapping is not too heavy for the ordinary woman; in fact, the action and life in the open infallibly builds up new strength and vigor in the feminine sex. From the woman's standpoint, too, trapping is one of the most interesting activities in which she can engage. A few months of trapping will undoubtedly give the new trapperette a number and variety of experiences she has never met with before.

Trapping is not so hard to learn as some may think. It may require a little time for the woman to become an expert in trapping, but adequate proficiency can be acquired within a very short time, and after that a knowledge readily and continuously comes to the trapperette with a corresponding increase in her skill. Many women have already shown the skill and ability of veteran trappers.

Perhaps the most appealing side of trapping to the woman is the real profits that lie therein. Men trappers consistently engaged at this activity have made a great deal of money. Women can do the same. Whether working in spare time or full time, the trapperette will find this easy work very remunerative—bringing unexpected returns both in money and in health. Someone must replace the trappers gone to war. The country always presents a fine market for fur catches—is willing to pay a good price for the right kind. Here is woman's chance to be genuinely useful in supplying this demand, and be paid well for her work. Wise women are beginning to embrace the healthful and profitable life of the trapperette.

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YOUR PROBLEMS
BY
MRS HELEN LAW

Mothers and daughters of all ages are cordially invited to write to this department. Initials only will be published with each question and its answer as a means of identification, but full name and address must be given in each letter. Write on one side of paper only. Answers will be mailed direct if stamped and addressed envelope is enclosed.

Address all correspondence for this department to Mrs. Helen Law, 239 Woodbine Ave., Toronto.

Readers:—1. Baked beans, brown bread nut sandwiches, coffee, apples, pumpkin pie, doughnuts and nuts would make a good, old fashioned Hallowe'en supper. And, by the way, the old-time Hallowe'en menu is by far the most up-to-date one. If, however, you prefer something a little more dignified serve broiled oysters, chopped celery salad in hollowed-out apples and ice cream molded in shape of little witch hats. In the old fashioned menu all kinds of sandwiches can be substituted for the baked beans and sweet cider for the coffee. 2. The three-bowl fuss is a very old one; take three bowls the same size, fill one with clear water the second with soapy water, and leave the third one empty. Blindfold the aspirant for knowledge and instruct him or her to use the third finger of the left hand (wedding ring finger). If he dips into the clear water the future mate will be young and good looking, if into the soapy liquid, the mate will be a widow or widower, and if into the empty bowl, no marriage for a year.

Housewife:—To build a new house in the spring with all possible labor-saving devices and with electric power installed—yours is indeed a pleasant task and I am happy to make suggestions. Arrange for attachments in all your rooms so that you can use the various electrical appliances. You will want a vacuum cleaner, of course. You can also use this power for laundry work, cooking and the sewing-machine.

An open fire is a never-ending source of pleasure, so plan to have one or more open hearths. A clothes chute leading from the first and second floors to the basement saves many steps, for soiled clothes are simply dropped down the chute into a receptacle below. Connect the furnace by wires with the floors above, so that the drafts can be turned on or off without a trip to the cellar.

Well-planned and well-lighted cellar stairs add much to the comfort of the women folks. The best plumbing and fixtures are none too good. Together with the lighting fixtures they should be plain in construction and pattern, but the best you can afford. A lavatory on the first floor is a great convenience, while a well-equipped laundry is most desirable. Place your woodbox and coal receptacle so that they can be filled from the outside. This prevents the tracking of dirt into the house. The kitchen needs special attention. A convenient arrangement of sink and stove feet should be provided for, as well as good cupboards and a cabinet. If the latter is placed against the dining-room wall, opening into both rooms, much of the work of carrying dishes from one room to another may be saved.

You can scarcely have too many closets. One for linen should have wide deep shelves and drawers. Plain trim and good finish for your woodwork will make it easy to keep clean, and a good quality of window-glass will give equal satisfaction.

Many up-to-date houses have a sleeping-porch. Build one now or plan to add it later.

Julia:—Hope chests vary greatly in size. The small ones are about thirty-six inches in length, while the large ones takes up as much room as a box couch. Cedar is the favorite wood, as the cedar keeps moths away; some chests of mahogany and walnut are cedar lined, although there are others of plain mahogany, walnut, cherry or similar woods. The engaged girl usually keeps all of her household linens stored in a chest of this kind, sheets, pillow cases, towels, centrepieces, etc. I am unable to furnish you with the names of stores at which these chests can be bought or the prices of same, but as all the large stores keep them in stock you can easily obtain this information by writing.

Viviette:—You will be sorry to learn, Viviette, that the class to be held for dairymaids at Guelph has been postponed and that instead of starting about the 1st of October it will start some time in January.

Curious:—Following is a list of the "fancy meats" available on the market at a lower rate than the primal cuts, but little used by the average housewife: Beef brains, sheep brains, pork brains, lamb fries, beef fries, calf and pork feet, calf, lamb and pork heads, calf, veal, beef, pork and lamb livers, calf, pork and sheep plucks, beef and pork tripe, beef and calf sweetbreads, pork and ox tails, pork ears, beef hanging tenders, beef, pork and sheep hearts, jowls, pork kidneys, pork snouts, pork lips, pork tongues, lamb, beef and calf tongues. And in this connection, how many housewives of this busy generation know of the careful economies of our pioneer grandmothers? Of the cow or the hog killed and used to the last half ounce of its food value? In the evolution of time the factory took charge of the killing-out and dressed and placed on our shop counters the neat and high-priced roast and steak and chop. But we seem to have carelessly forgotten about many parts of the animal. Pigs and cows still have feet and legs and livers and backbones, snouts and ears, tails and tongues, notwithstanding the fact that the use of these toothsome dainties has become unfashionable.

Beets are good baked just as potatoes are.

Cheese is one of the best substitutes for meat.

SWEEPING MOVEMENT CONTINUES IN BELGIUM AND NORTHERN FRANCE

British Within Two Miles of Valenciennes—River Selle Crossed—Enemy Losses Heavy in Counter-Attacks—French Cross the Lys.

With the Allied Armies in France and Belgium, Oct. 21.—The great battle in Flanders and Northern France passed into its second year to-day. The first phase was completed when the Lille salient was eliminated and the Germans were driven out of Western Belgium, so that the line all the way from the frontier of Holland to the Oise Canal is practically a straight one.

This having been accomplished the Belgians, British and French in the north started a sweeping movement to-day pivoting on a point about east of Courtrai. The object of the appears to be the clearing of the enemy from his front in Northern Belgium and at the same time to threaten his extreme right flank.

The British are not having an easy time around Valenciennes, but they have pushed forward to within two miles of the city. Here also the Germans have the advantage in terrain.

The Valenciennes-Hirson railway has been put out of action. This road, which formerly was one of the German main lateral communication lines, lost much of its value to them when they evacuated Lille.

The Germans here and there in Belgium have held out strongly in numerous concrete forts, from which the guns had been removed. These forts were used by German machine gunners and in some cases shells from heavy guns. However, the infantry has captured 2,500 prisoners today alone.

The River Selle has been crossed along a large front from Le Cateau to the Sambre, being mainly left behind.

In this region the River Sambre has been reached and passed.

The Germans have delivered numerous counter-attacks, but they have broken down before the fire of the allied artillery. Dead are on every hand in great numbers.

The French are approaching the river at Oudenarde and Audenarde, and have established bridgeheads on the east bank of the river between Grammont and Audenarde.

The situation on the Lys remains unchanged to-day.

Since the attack began on the Second Army front more than 6,000 prisoners have been taken.

The enemy is making a stand in the sunken roads in the west of Belgium, where the British are meeting with machine gun fire from concrete forts. Many of these have been captured intact, the Germans having had no time to destroy them.

GERMANY APPEARS TO BE READY TO SURRENDER UNCONDITIONALLY

Peace Can Be Reached Only on the Battlefield is the Import of the Berlin Note.

Washington, Oct. 21.—Germany has formally replied to President Wilson with a note which, though no one is prepared to say it will lead the President even to continue exchanges on the subject of an armistice and peace, at least has served almost to bring conviction here that the people of Germany formally are taking the reins of Government and sincerely desire peace on any terms the allies are willing to give.

This time Germany professes to accept all the conditions for an armistice and eventual peace as laid down by President Wilson.

The reply indicates Germany's willingness to evacuate occupied territory under an agreement to be reached by the military chiefs in the field. It is announced, in the note, that submarine commanders have been ordered to cease attacks upon passenger vessels. Denial is made that liners and passengers have ever been...

FRENCH BLOCK THE DANUBE

Allies Reach Roumanian Border and Cut Foe Route to Turkey.

Paris, Oct. 21.—A French official report on the Balkans operations issued to-night, shows that the Franco-Serbian forces are in touch with Rumanian territory on the north bank of the Danube. Rumania is still under German and Austrian occupation, Mackensen is believed to have moved the bulk of his forces from Rumania into northern Serbia with the object ultimately of holding the line of the Danube to prevent an Allies invasion of Austria. The Allies are heading for Orsova, where the frontiers of Rumania, Serbia and Austria meet, and where the river navigation is difficult. The French have reached the Danube, the most valuable route that remained open for the transmission of war supplies from the Central Powers to Turkey.

Cause for Thanksgiving.

An Irish farmer, waking up in the night, saw an apparition at the foot of the bed. He reached out for a gun and perforated the ghost with a bullet. In the morning he discovered that he had made a target of his own shirt.

"What did you do then?" inquired the friend to whom he told the story.

"I knelt down and thanked God that I hadn't been inside it," said the farmer piously.

CLEAN UP THE GARDEN

Late in the fall after the corn is cut is one of the first chores about the farm yard that deserves attention is that of cleaning up the rubbish, dead plants and weeds. During the past summer the farm garden came into more prominence than ever. It is well to plan now on getting the maximum production from the soil next summer when it will probably be more important than ever to have a good home-grown supply of garden stuff and vegetables. Dead weeds, tomato vines and all other litter should be raked into a heap and burned. Such rubbish if left through the winter, provides shelter for insects and pests that will hibernate through the cold weather and renew their species and be ready to prey upon and injure the new garden.

Manure Garden in Fall.

After the garden is raked and cleaned, a good coat of manure should be spread over the ground and plowed under. Fall plowing not only helps the decay of the manure, but it destroys a good many grubs and cut worms. For best results, plenty of fertilizer is required on garden soil. A small garden properly fertilized can be made to furnish more vegetables for table use than one of three times its size improperly cared for, and will require less time for planting and care. If the garden is not fenced in and the chickens are allowed free range, then it is a good plan to fence off a good garden space with chicken tight fence this winter, so it will be ready to protect the garden next spring.

Clear Away Untidy Things.

After the grass is dead, no doubt a good many old bones and sticks will be found in the yard where they were deposited by the family dog. Such things look untidy and should be carried off to the rubbish heap. Old tin cans and the like, somehow get...

SPANISH INFLUENZA RAGES IN CANADA

Thousands of Cases Reported With Many Deaths.

THOSE WHO ARE MOST SUSCEPTIBLE TO IT

"FRUIT-A-TIVES" The Wonderful Fruit Medicine—Gives the Power To Resist This Disease.

The epidemic of Spanish Influenza which proved such a scourge in many parts of the United States, has reached Canada. Thousands of cases of the disease in its most malignant form have already been reported. Sanitary General Blue of the United States Public Health Service, stated that Spanish Influenza was present all over the country in six weeks.

The deadly germ ... ship with ... reaches ... ports ... from ... infected with the ... disease.

Surgeon-General Blue says that ... epidemic ... what he can ... of disease by ... and ... Physicians ... Influenza ... Spanish Influenza ... only ... by the ... which ... Fruit-a-tives" ... Fruit-a-tives" ... the vigor ... to resist ... Fruit-a-tives" ... obtainable ... Fruit-a-tives" ... Spanish Influenza ... Fruit-a-tives" ... Fruit-a-tives" ... Fruit-a-tives"