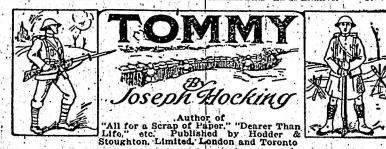
is composed of clean, whole young leaves. Picked right, blended right and packed right. It brings the fragrance of an Eastern garden to your table. BLACK, MIXED OR GREEN



and) talk about the heroism of the mere going away to the Front, little realize the thoughts which pass that chap was right; I know I'm making a fool of myself, but I'm going to embark comes they don't say very much about it, and even when they do talk they speak of death almost light. I'm going water with the speak of death almost light. I'm going water with the speak of death almost light. I'm going water with the speak of death almost light. I'm going water with the speak of death almost light with a pale, refined face, am, and that's all about it."

But that's not all they feel, as I have reason to know. They love their lives just as much as we do, and they long to go back and spend their days amongst their loved ones. It is only amongst their loved ones. It is only amongst loved ones. It is only and what the lad threw the drink loved ones water is the containing caffeine. Cocoa freshly boiled. Pour out the water from the pitcher. Put the water from the pitcher. Pour the water in the pitcher. One tablespoonful of coffee for all contain nutriment.

Milk containing addition of water, it have the water from the water. It has a food value other the water. It has a food value other than the value of milk. The sugar, the pitcher and pour the boiling water. It have the water throughout England. The from the water is made by the addition

embark for France, farewell meetings Im giving my heart to God to-nicht; Tom noticed that Alec McPhail found his way to the hut where he went. Perhaps eight hundred or a thousand men had gathered, and although high spirits prevailed, each man felt that he was breathing an atmosphere which was not usual. There was a look not common in the cyes of the lads; a set, stern expression on their faces. Afterwards when they had been to the Front and returned, they own sleeping-hut that night, he was been to the Front and returned, they own sleeping-hut that night, he was Cut it into pieces suitable for cooking.

Tom followed the Scotchman out of the boiling water to neat it. Now the heating milk allow it to come place the desired amount of water in the teakettle to boil. Just before the just below the scalding point. Boiling water reaches the boiling point turn destroys the vitamines and lowers the water from the earthenware food value.

Home Canning.

Canned Pumpkin.—Cut the pumpkin Return to the preserving kettle. Stir and then peel and remove the seeds. Until the sugar is dissolved, then cook in the fruit into pieces suitable for cooking. Tom noticed that Alec McPhail found

Still they cheered at the old recita-

hut that night. He had been work- world. ing among the soldiers in the Y.M.C. There were scarcely a score of civit then fill into sterilized jars. Process A. tents on the Continent, and had come home for a short holiday; now he had come to this camp in order to Surses wearing the Red Cross, respeak to the men before their departure. It is said that months before the reverse with a look of wonth he had been fond of telling humorous stories, and had delighted in making stories, and had delighted in making the rest War which was stargeging the rest was stargeging the rest and stargeging the rest was for boiled pumpkin. There were scarcely a score of civitine fill into sterilized jars. Process way until all are used. Add four ounces of mustard, cover with vinegar and then cook gently for one and one half hours. Put into jelly glasses and when cold cover the tops with stories, and had delighted in making sion, but all were taking part in the or half shrouls of sugar. Pleaging

are brave lads. You have offered your all, your very lives, at the altar of duty. I am not going to try and describe to you what you will have to do, and possibly have to suffer; you will find out that soon enough Possibly many of you are going to your that the man servant has had his day, but we have to face facts: I don't say and that in the reorganization of the lids securely, test for leaks, then forty minutes after the water starts boiling. Remove and fuster of the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely, test for leaks, then slightly with salt. Fill into sterilized the lids securely and lids store in a cool, dry place. Kidney Stew.—Cut the kidneys into in a hot water bath and process for small pieces rejecting tubes and hard forty minutes after the water starts boiling. Remove jars and faster the vary starts boiling. Store in a cool dry place.

This may with salt. Fill into sterilized the lids securely water to cover, with a hot water bath and process for small pieces rejecting tubes and hard forty minutes after the water bath and process for small pieces rejecting tubes and ha but we have to face facts: I don't say it is an awful thing to die butlit is a tremendous; thing. You know that you have souls as well as bodies. I am not going to argue it out with you I needn't, because you know. I needn't try to prove to, you that there is a God, because you know it, you feel it. There is no atheism out at the Frontisome of you have tried to live without God, and you have made a mess of your lives. I tell you, my boys, it's a terrible thing to die without God. Some of you know what it is to believe in a personal Saviour; you have accepted Jesus Christ, the Son of God, who came on earth to die for us of God, who came on earth to die for us and that in the reorganization of the working it is an awful thing to die butlit is a try to have tried to live without god. Some of you know what it is to believe in a personal Saviour; you have accepted Jesus Christ, the Son of God, who came on earth to die for us and that in the reorganization of the working the war his place will like securely and then test for leaks. Store in a cool, dry place. This may When tender thicken the gravy slight-be used when fresh vegetables are ly with two tablespoonfuls of flour. Add one tablespoonful of flour. Add one tablespoonful of finely minned to use when fresh vegetables are ly with two tablespoonfuls of flour. Add one tablespoonful of finely minned to use of pumpkin for pie.

However great the gain to the nation's economy, the disappearance of your lives. I tell you, my boys, it's a terrible thing to die without God. Some of you know what it is to believe in a personal saviour; you have a serious loss to the writer of fiction. The butleve in a personal saviour; you have a ceepted Jesus Christ, the Son of God, who came on earth to die for us creek than the crusty old lawyer who who knows more of the family series in a second place. Sheep or pig kidneys may be creek than the crusty old lawyer who will be found to be delicious for luyer. accepted Jesus Christ, the Son or who knows more of the reality set the peelings and cores in a second place. Sheep of pig attings may be cooked in the same manner and they that we might know God; and you draws the important wills, is a perwater. Cook slowly until tender and water. Cook slowly until tender and water. Cook slowly until tender and water. have found Him to be a strength in temptation, a joy in sorrow. My lads, you all want that Saviour, and especially do you want Him now. You are embarking on the Great Unknown, and you need a Captain, a Guide, a Harrowdale's lurid past or of holding and you need a Captain, a Guide, a Harrowdale's lurid past or of holding her tongwe about it And with the liquid to the thinly sliced quinces.

Water. Cook slowly until tender and will be found to be delicious for lunched then drain through a jelly bag. Add this liquid to the thinly sliced quinces. Heartowdale in a border of Measure and allow one pint of sugar mashed potatoes.

The Care of Palms.

"That chap was fair earnest," said

went richt down to the bottom of things. Come we' me to the canteen, lad, I feel I must have a drink."

"Not if I know it," said Tom, "no drink for me to-night." But the Scotchman rushed away towards the canteen, and Tom, scarcely leggings. Now listen to the Gerknowing what he was doing, followed how about uncivilized warfare.

amongst their loved ones. It is only one in the lad threw the drink holding one half pint of milk has a than when the coffee is made by other rarer still for them to make any boast; the average Englishman is not given to boasting; he has his duty to do, and he just does it, saying very the state of the content of the co do, and he just does it, saying very little about it.

On the night before they were to the fundamentals of relegion, but Use a white stone or an

not the slightest idea; but they filled tions, listened to the old songs, and majors, non-commissioned officers, securely. Test for leaks and then peck of green tomatoes, sliced very joined in the choruses which they like and privates were all huddled togeth, store in a cool, dry place.

honor, duty, and the liberty of the ed in an oven and baked. When tender one quart of onions cut in thin slices

Saviour: I have come to tell you about her tongue about it. And with the but-

Unprofitable.

Lott-One never loses anything by drainage, or in pots set in aquariums "Ay." replied the Scotchman, "he keeping an engagement punctually. Scott Except half an hour's time be treated in the same manner. waiting for the other fellow.

> American troops will go into action with long and sharp knives in their scale insects with the thumb as they garment of praise, it will be better for leggings. Now listen to the German's appear on stems or leaves. A little them than blankets.—Henry Drum-



Eleventh Lesson.—Beverages.

French Method of Making Coffee

Nearly three-fifths of the total pot or white stone pitcher, dry the eight of the human body is com- pitcher and then place in it the desired posed of water. For perfect assimila- amount of too. Now pour on the tion of our food and to help the body freshly boiled water. Cover it and regulate its processes, it is necessary allow to stand for five minutes, then that the adult drink from eight to ten use it.
glasses of water a day.

This method will produce a delicious

glasses of water á day.

When an insufficient amount of wacup of fragrant tea, and it avoids ter is provided to the human body the drawing out the tannin which is presblood is overloaded with waste prod- ent in the tea leaf. If water is used ucts and the organs of elimination be- that has been standing in the teakettle come torpid. As an active constituent or water that has been long in boiling, of the blood stream, it is of vital im- much of the valuable gases are deportance that sufficient good, pure stroyed. drinking water be taken daily.

Tea is a decoction of boiling water

and tea. It has no food value. Owing to various elements contained in ing water and set in a vessel contain the tea leaf, it acts as a stimulator, ing hot water. This will thoroughly We who remain at home in safety, and talk about the heroism of the men going away to the Front, little realize the thoughts which pass through the roads. When the order of the realize the thoughts which pass through the roads. When the order of making a fool of myself but I'm date to the addition of milk and the addition of milk and the roads. The realize the thoughts which pass through the roads. When the order of the roads are the pitcher. Now place one level to the processes neat the pitcher. Now place one level to the processes neat the pitcher. Now place one level to the carring for the blind. This net only tables outline and the processes of the carring for the blind. This net only applies to the care of blinded soldiers ously roasted and ground. By the addition of water, it becomes an active cheese cloth and tie. Have the water throughout England and Wales, Scot-level the thoughts. The roads of the realize the thoughts which pass through their minds. When the order of the processes neat the pitcher. Now place one level to the processes neat the pitcher. Now place one level to the processes neat the pitcher. Now place one level to the carring for the blind. This net only tables ously roasted and ground. By, the carring for the blind. This net only tables ously roasted and ground. By, the carring for the blind. This net only tables ously roasted and ground. By, the carring for the blind. This net only tables ously roasted and ground. By, the carring for the blind. This net only tables ously roasted and ground. By, the carring for the blind. This net only tables ously roasted and ground. By, the carring for the blind. This net only tables ously roasted and ground. By, the carring for the blind. This net only tables ously roasted and ground. By, the carring for the blind. This net only tables ously roasted and ground. By, the carring for the blind. This net only tables ously roasted and ground. By, the carring for the blind. The

am for sure." . ware pot for making the tea. Fill the chocolar Tom followed the Scotchman out of pot with boiling water to heat it. Now flavor.

been to the Front and returned, they own sleeping-hut that night, he was cut it into pieces suitable for cooking, slowly until the fruit is transparent, would go out again without such feel- in a chastened frame of mind. "I'm place in a large preserving kettle and and when some of the mixture if left on the cooking of the mixture is left." ing as now possessed them. But these noan going to turn religious," he said place in a large preserving kettle and and when some of the mixture if left lads had never been to the war be almost sullenly, "but I believe he's got add water. Cook until soft, then on a cold saucer will thicken like jam, fore; they were entering upon an unit the reight road."

? drain and mash. Fill into sterilized. Now pour into the sterilized glass jans, known; they knew that in all probation of them would folkestone, where the big troopship position and then partially tighten never come back to England again lay in the harbor. Before mid-day them. Place in a hot water bath and ner usual for jellies. Long and slow although the chances were against How many men were there Tom had the water starts boiling. Remove beautiful amber color. every part of it. Generals, colonels, from the bath and fasten the lids

joined in the choruses which they had been doing for er. All over the ship officers and months: they were not going to show men were alike; they were going to seeds removed. It may then be plactically the liberty of the din an oven and baked. When tender All over the ship officers and The pumpkin may be cut in half; the scrape the soft pulp with a spoon and

the soldiers laugh. He certainly had a sense of humor, and now and then could not refrain from some witticism which set the highly strung lads in reat Destroyer proudly spurned the highly strung lads in sense of laughter. But the close of his address did not inspire mirth.

"My lads," he said, "you have done a brave thing; I don't say that you deserve much praise for it, because at a time like, this if an able-bodied your duty. If you had not done what you have done, I should be ashamed of you. All the same you are brave lads, You have offered your all, your yery lives, at the altar of duty. I for the same you are brave lads, You have offered your all, your yery lives, at the altar of duty. I for the same your all, your yery lives, at the altar of duty. I for the same your all, your yery lives, at the altar of duty. I for the same your all, your yery lives, at the altar of duty. I for the same your all, your yery lives, at the altar of duty. I for the latar of latar than the latar of duty. I for the latar of latar than the latar of duty. I for the latar of latar than the latar of duty. I for the latar of latar than the latar of duty. I for the latar of latar than the latar of duty. I for the latar of latar than the

The Care of Palms. him.",

I am not going to try to describe the geous livery, and the quaint Scottish close of his address. This man had seen hundreds die, he had come face to face with the great realities of life, of death, and of religion. He knew what he was talking about he waveningeed it and he made the which we want a scheme of domestic service in the soil to be standing in saucers of water or in jar grown in shirts and dinieres that hold the water about he water what he was taking about because he had experienced it, and he made the which women, some in skirts and dinieres that hold the water about the men feel what he felt. That night others in trousers, will completely fewhen the meeting was over Tom Polyment again with Alec when the servants' hall. dinieres that hold the water about the bottom of the plants. This applies to Kerosene oil is excellent for cleanall plants wherever they may he ing the rubber rollers of a clothes grown. Some of an aquatic nature, wringer. After it has been applied, such as cyperus, can be grown in jardinieres filled with earth and with no warm water.

weak liquid manure may be given say mond.

once in two weeks or once a month. Palms require only good rich porous Nothing more should be required ex-

Christianity wants nothing so much filled with water, and aspidistra may in the world as sunny people, and the Wash the leaves of palms occasion old are hungrier for love than for ally with soap and water, keeping bread. The Oil of Joy is very cheap, them free from dust. Scratch off and if you can help the poor with a Reducing Expenses

The war has so increased the cost of living, the housewife must make her money go further.

By using Red Rose Tea, which chiefly consists o strong, rich Assam teas, she can keep her tea bill

down. The rich Assam strength requires less tea in " the pot-and there's only one tea with the rich Red Kept Good by the

Sealed Package



Many Reforms Are Under Use a stone pitcher, fill it with boil-Great Britain.

A great improvement is being made by Great Britain in her methods of

The employment of blind teachers in the elementary schools is to be effected wherever possible on account of which are cut off when set and used their adaptability to such an occupa- in the manufacture of incive medi-Tomato Mustard.—Take one-quarter tion and also because it is necessary to cines. give preference to blinded teachers! If porcelain baking dishes salt. Let them stand for five hours. over those with sight or partial sight, disvolored on the inside, fill them with plant Squeeze dry from the brine; now place A detailed register of blind children buttermilk and let stand for a reis to be started in order to establish a so. The acid in the milk will in bottom of preserving kettle, then a careful system of following up each the stains. layer of tomatoes, proceeding in this way until all are used. Add four

ors. Wherever a blind person esters crying out "Hurrah," the Russians of upon a professional life the Golern- their own accord, flung down their ment intends to see that there is no lack of financial assistance

one-half pint of mike has a demote and control or and control or making the tea. Filt work with boiling water to heat it, Now lace the desired amount of water to heat the ter reaches the boiling point that the water from the earthenware of country. How heat the methods of the water from the earthenware of country is the water from the earthenware of country. When heating milk allow it to come the reaches the boiling point than to the present and proposed the ter reaches the boiling point than to the present the ter reaches the boiling point than the terms of the mixture of the mand and ash. Fill into sterilized and and then partially lighted were and the place in a hot water path and reached for for forty-five with and then partially lighted water. Seek and and then partially lighted water is also give the reaches the boiling point the present the earth of the proposed to the proposed to the partial proposed to the parti

" Chinese raise stags for their



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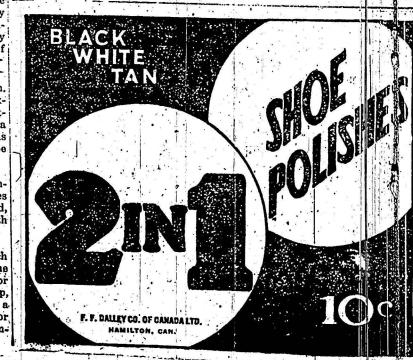
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SAVE DEMORALIZED RETREAT OF FLEEING TROOPS.

British Armored Car Division Practi-· cally Held Up the Germans on Whole Army Front

The London Times correspondent gives a description of the part play. ed by the British armored cars is stemming the doesny's advance when the Russian defections left great gaps in the line. He says:

The Russlans remained in the renches as long as the armored can stayed with them, but as the Austri-IMPROVING LOT OF THE BLIND. case through the medium of paid sit- ans advanced and the Germans were this shocking deflection we permuel to keep the enemy back in order to stem the retreat, but it was impossible. We had to give way, and the fleeing Russians crowded our cers breaking them slown, so that we lost three, which we had to abandon

The Russian retreat became a rect, and though we went into action time and again during the day the effect produced was only local. A patie ersued at Kozowa Everybody ran away, We did our best to stop runaways.

Our cars operated on the high road from Darachow to, Buczacz. At 4 o'clock that morning the Corps Commander summoned Commander Lock-Trembowla. Our cars were intrusted nose they did produce escention among the now advantage infantage, mainly Austriana

cd carsilling German's out t This explicit wal no benefities excellents filters to the schedule such a splendid by and the second as as its highway to very linear as i Inner pol. Our laws ware reject by dirturatillery for the A rather not Occ. 15

Manuring Market Garden Crops.

A little last here his just because, ed by the K and regarded 3. Ottawir and that can be had free ! addressling the Pablications Brank of the Depertury to for which at 2 time when unpresal attention is to ing paid to van all a partenanties should be a large demant. It is to titled "The Mar direct Make Mar special references den Crops, vrh the Use of Paditar " has if authors Frank f. S. ii. MA. P.S. Dominion Cham, t. & D. Lesie Enselle, C.D. & A. H. C.S. and is Rect. No. 32 (Second Agric to the lights of Chemistry. As the title special the bulletin is included mainly for the information is proposed satisfacts. but seeing that heardes for the tivetion of the sea of the wife and prowing of vegetables fall last

really of general import, besters fact also that a confideal of the is paid to Lawrence of manure. The ins portance of manage in market raties. ing can scarce the over-cit the bulletin riskly remarks having "Stable many has been and reseably always we be the main startly of the market pardener. From this the Bulletin was on to tell of the 3 ture and completion of manufe and The nature and ase of its influence property is now reality of by a displacia. of lime and its attention, for position and trethole of applicate on commercial In this connection the section deeds to Potassie Fortile of is especially in teresting and valuable. Advise will cluborate tube is given on the value. of different fortilizers, and, finally suggestions to meet the fertilizer requirements of special crops, in which are included all kinds of vegetables

with carrets, turnips, parains, coeff, onions, tomatoes and peas. Talk is heap, and that is why there

is so, much of it.

and fruits Anjappendix gives the se-

sults of experiments in fercilitation

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