## FROM OLD SCOTLAND

NOTES OF INTEREST FROM HER BANKS AND BRAES

What is Going On in the Highlands and Lowlands of Auld

The Military Cross has been awardd to Captain George Robertson Lipp, atherlased has an acreage of 1,250,discharged schlier named Lough, the Northumberland Fusilers, acued two ladies from drowning rerilyat Sputal.

us been sent by the din sigh Red Cross stall to the ord Propost's Fund, which now Your thousand and fifty-lix

trie were sold during a recent week the Caithness markets, and realiz-

er of the Iriod Institute.

Facet dela Alexander, of the Cana-

in codes the county politice, see ordink to the Edinbardh Obsaidery, on the vernest day this far, the therecometer regis-73 decrees in the shade. Renald Ion Mac-Spincron The Mand of and Ledy May Double

bis a awarded the Croik de 13. Lawrence Cricket Glab have in the placed their new cricket. the maly ple children of the d adject and Xi whoth district of the British Red

roll Major Wm. Cameron, of the , and a malive of Dyce reed the D.C.M. and the grench Threshold the aid of the Courant nd, ci ht thou and of the nogrand titute children of Edinburgh were in one of the brightest days

the resistance was pronounced by Sher if Denute Captain David

HAR ANDERS HELDER FIRE of the Most Spectagalor Effects of the Whole War.

the hin sank lower and lower in. east says Dr. William Poyd in a bield Ambulance at Ypres, the ous pall of mode that hung over war pook on the most glorious and gold in an mi the inacting into darkest pur-

le n conting of acroplane lad conting in a lection us, and conde to make for the German to in hi in to a niere black the beiliand blue of the eaty, in a Gash, in the twinking a eye, a little white ball about size of your hand appeared at that faillight blue close to the The Chambers there my chart the most the more than the contract of the contrac or or says nothing combine there cloud hand Contaittle Recey mid-air.

is one of the most spectacu dathe whole war. When you on out here for come time ly to grew somewhat blase but hi of an acroplane being a ver loves its fascination. nine of the first prof. of brain I smelle against the a elemitess skylls, one of learning things you can inte

peroplane was ignelling at need you was a light was a light of little white bloids to many rse. Now and then we lost nt, but on listening intently hear, the faint drone of the oming down from the great Suddenly it made an abrust, ngled turn, thus indicating n of the hortile battery that een observing, and a moment r big guns began to speak. A us were hyacinths and spec and forget-me-nots, and the red as sinking in golden splendor est. And still the shrapnel burst the aeroplane, and still those columns of black smoke rolled m burning Ypres.

effect of this garden campaig be overestimated. It has independent of the wildest of its initial promoters. ig factor in the food prepared rogramme.

## TOMMY ATKINS' SWEET TOOTH

WORK OF THE SUGAR COMMIS-SION IN ENGLAND.

order That the Army May Be Supolied, the British Householder Goes Short.

Until one sees statistics one can startely believe how much sugar and jain is need sary for supplying Tomnys sweet rentl. In The World's Work Mr. Jr. derick A. Talbot's history of the industrial mobilization of the resources of the Empire for war is mainly concerned with this subject. The gray is a heavy consumer of surjet, seeing that the daily ration issued rate of from two ounces in the case of the soldier at home to three cusces for the lighting man at the

On the hards of 1,000,000 men this represents a daily consumption of among the home troops and those in Fanders. It is possible to bring home note -vising the military requiremetas in this connection when one retalls that, according to the statement made in the House of Commons by Prince Minister on December 14, ADDRESS BY HON. W. C. ED-Great-Britain bas 5,000,000 men under arms. Assuming that each member of this huge rerect receives an average of 22 dzs. per day, then our Army is eatag its way through, 124,100 tons of

A Grave Situation.

This is approximately equivalent to one thirteenth of our total normal an-1218 the nation required 1,700,000 tons this Chamber and shall have compara- This condition of affairs, I assure of sugar. Britishy refineries contri- tively few supporters in Canada, honorable gentlemen has been most third Sweet tons of this total, the There are some men in Canada who serious in so far as the timber rehad not representing imports from have thought as much as I have on sources of eastern Canada are conforcing telescripes. The British sugar the climate conditions of Canada, her cerned. yeld was plact early nil, inasmuch as geographical construction, and her ferenment; no stint in this field could her people an exaggerated idea as to cent years." tel countrianced for one moment, her possibilities. Not only has Can-Sena 25,000 fbs, per day had to be im- ada the disabilities due to her climediately carmerked for the use of matic condition and her geographical curations in Flanders alone, and this conformation, but she is not a country quantity a once commenced to grow somewhat startlingly to keep pace with the thousands of men flocking to"

108,000,000 Pounds Per Year.

Usage States and tallen upon some, and fishing; and a fifth might be add- will remove the headache. han order and upon some and usung; and a first might be add-will remove the headache.

More disturbances to the health are the McCall dealer, or from your local McCall dealer, or from caused by their blood than most peodesic realizing the op-North American continent we are nalocinary to regrise broken fortunes turally rich in water-powers. a this diele, at once secured, these; distincted factories, everhauled thom, and brong a pain into operation once the safety upon the planta-

a decided stimus combenic upon us to correligion & ar. Mor potential contributery one of apply in connection with the raw material, and, simultanthe possible yield present associated ping the factory. In this latter ! Charle las been done.

Tid Sam deplied to the Army is William Cr. and despite the difbushlem there has sugmest difficulty in Nor Office requireline is an in leading firms in point to some big with one house the supply of 4,000 years. Canada was once a comparawhich is equivalent to 1 Sygmin its per year.

. .... A CALL TO ARMS.

le you that, the cause is right, (And you is not too proud to fight). to t a move on!

te up was too h the flag! (beat you have the dear old rag?) Get a move on!

Go sign your name to-day (Be in the name to play) Get a move on!

Dea't wait to be the last ... (Or the war may all be past).
Get a move on!

If, when the boys come back You have to clear the track, And get a move on!

You alone will be to blame, And you'll have to bear the shame And to wear a slacker's name. · Get a move on! \_D.O.E.

A nuble part of every life is to learn to undo what has been wrongly done.

Don't Eat Less But tion of our timber resources on the part of the various provinces have Eat Better. There is no brought about the unfortunate result need of anyone going hungry. Canadians should eat foods stronger than in timber for lumber that supply the greatest manufacturing of this there is no question; but, if our pulpwood reamount of nutriment at the sources are no better administered

Made in Canada.

WARDS IN THE SENATE.

Forest Exhaustion is a Peril to Can-

ada, Says Mr. Edwards in This

Outspoken Warning.

"Inexhaustible"?

tively rich country in this resource,

but bush fires and unwise administra-

Grape Nuts

ARE OUR FORESTS

cents.

I have named. In pulpwood we are considerably lowest cost. The whole wheat grain is the most perfect food given to man. is at present anticipated. Shredded Wheat Biscuit is the whole wheat grain who travel through this country from

Bad Settlement Policy. prepared in a digestible Halifax to Ottawa, or farther west, form. Every particle of the just to observe as they pass over the whole wheat berry is used— | various streams the logs that being sawn to-day; for I assure you, various streams the logs that are nothing wasted, nothing honorable gentlemen, that the logs thrown away. Two or three being sawn to-day in most of the mills in eastern Canada are such as were of these biscuits with milk, left in the woods twenty-five years sliced peaches or other fruits ago, and I do warn the various promake a nourishing, satisfying do not take care of our resources in meal at a cost of only a few this respect, the lumber trade Canada, except west of the Rockies, will in a comparatively short time be a thing of the past. A stage was **INEXHAUSTIBLE?** 

is not settlement but to obtain cheap Frock—with or without shield. Pat-appetite, a bed of 100,000 snails will lumber, on the part of illicit settlers tern in 6 sizes; 4 to 14 years. Price, soon demolish a barrow-load of caband a certain class of lumbermen. 15 cents. To give evidence of this I could show to any one who would accompany me, say fifty miles from this city, in one single district from fifty to sixty farms once occupied by pretended settlers, but now, as all the timber "Now I am coming to a subject on mak communication of this article. In which I shall not have sympathy in is cut off, will be no settlers whatever.

Exaggerated Values. we have never certhusiastically em- possibilities. You will be somewhat In making the statements I do brated the cultivation of sugar beet astonished, honorable gentlemen, at relative to our timber resources I do hole stroke our sugar-supply, was the statement I am about to make. I not want to pretend that we have cut in half by the supervention of war, know of no other public man in Can-not still timber resources of very conbecause Germany Turnished us with ada who would make such a state-siderable value, but I do contend senation was undeniably one of gravi- public platforms, in all our legislative which the average Canadian believes. is, but the Government effectively halls, the statement has been continu- With regard to the destruction of grappled with it by assuming sole re- ally made that Canada is a country these resources, I quite admit that non-ibility for the purchase and dis abounding in a variety of natural re- the provinces are not all equally tribution or the commodity through sources which are of enormous value guilty. In so far as fire protection is the specially created organization and inexhaustible. In my opinion this concerned, the provinces of Quebec hoon as the Sugar Commission. attitude has been more or less mis and British Columbia have made the Naturally the Army came first and leading and hurtful to Canada, giving greatest strides in improvement in re-

## FREQUENT HEADAGHES

possessed of numerous natural re-People with thin blood are much sources. I make the statement advis- more subject to headaches than fulledly, and I think I know what I am blooded persons, and the form of

is impoverished, the nerves suffer from lack of nourishment and you may Coming to the next industry which he troubled with insomnia, neuritis, neuralgia or sciatica. Muscles subject to strain are under-nourished and you neuralgia or sciatica. Muscles subject By a Great-Great-Great-Grandson of it will be agreed that with this I am may have muscular rheumatism or somewhat familiar. I do not hesitate lumbago. off your blood is thin and to make the statement that every pro-vince in the Dominion of Canada far these disorders try building and the these disorders, try building up the overestimates its resources in this blood with Dr. Williams' Pink Pills, respect. There are many in Canada and as the blood is restored to its norwho even to-day believe that our re- mal condition every symptom of the sources in this respect are inexhaust- trouble will disappear. There are ible and that it will only be a question more people who owe their present of time until the United States will state of good health to Dr. Williams' be exhausted of lumber and will have Pink Pills than to any other med cine, to turn to Canada for a supply. This and most of them do not hesitate to

idea. I assure you, is absolutely incor-rect. The United States has as great You can get Dr. Williams' Pink Pins a supply of lumber relatively to her through any dealer in medicine or by wants as Canada has, and the total mail at 50 cents a box or six boxes for quantity of standing timber in Can- \$2.50 from The Dr. Williams Medicine ada would not supply the wants of the Co., Brockville, Ont. United States for more than eight

SANCIENT VAN.

Van, which the Russians now py, has a romantic legend. Armenian That after all the sacrifice historians attribute its foundation to Semiramis, the semi-mythical Queen of Assyria. She became enamored of Ara, King of Armenia, and made war on Armenia, to capture him. Ara was his country and built the city of Van.

Since Prof. Sayce deciphered the local cunefrom inscriptors, we have learned that Van was really built during a Chaldean monarchy that for at least two centuries rivaled in spidnor the empire of Assyria. Armenians have a proverb' Van in this world and Paradise in the next. But himman perversity, aided by Turkish, neglect and misrule, has converted this heard part of the empire of Assyria, armetians and perfect loyalty.

The wholesome nutrition of wheat and barrley in most in the perfect loyalty.

The still imperfectly explored, and possesses two curious charactoristics. It contains only one kind of shi, a large bleak that, when salted barrley in most and dried furnishes the bloaters or hipsers of Amenia. Furthermore the water are so strongly alkaline that the people of Van can enjoy the least of Association and dried furnishes the bloaters or hipsers of Amenia. Furthermore in the mark water are so strongly alkaline that the people of Van can enjoy the least of Association and dried furnishes the bloaters or hipsers of Amenia. Furthermore in first waters are so strongly alkaline that the people of Van can enjoy the least of Association and the leas killed in the battle that followed and

Our Autumn Clothes



ous aim and object of every lumber-man to conserve his resources in this fall, is made of while jersey trimmed reared on an acre of land. respect; but they have not been sup-with soutache braid. The dress is one ported by the administrators of the of those attractive tie-on or button-on preferably in the evening, and

These patterns may be obtained from your local McCall dealer, or from

THE THREE FLAGS.

Martha Washington

roseate hues of morning grow And day emerges from the night. What do I see that stops the flow Of blood to heart and dims the sight?

Three banners floating in the breeze, So bravely waving side by side, The first two come from o'er the seas, The third is sure our country's pride. And God be praised that now at last Three flags are streaming as if one Mistakes and errors of the past Have gone as mist before the sun. Flesh of our flesh and bone of bone, Brave England's colors wide are

flung, While noble France her ensign thrown, Her loving greetings loud are sung

And untold millions raise the skies In loud acclaim unto our Lord. The beaten foe will drop the sword. America and France shall be

As true friends tried in days

KEEP CHILDREN WELL DURING HOT WEATHER

Every mother knows how fatal the or summer months are the small children. Cholera infantum, diarrhoea, mounting a callant steed in any cosdysentry and stomach troubles are tume the spirit moved her to wear, rife at this time and often a precious even successfully (?) attempting it little life is lost after only a few hours, a farthingale. The new habit illness. The mother who keeps Baby's extremely mannish, not to say Own Tablets in the house feels safe, being composed of a doublet, a The occasional use of the Tablets pre- with long skirts and a tall hat: yents stomach and bowel troubles, or The Queen Anne period saw the if trouble comes suddenly—as it generates welcome of the reticule, granderally does—the Tablets will bring the mother, of all sorts and conditions baby safely through. They are sold by bags, medicine dealers or by mail at 25 cents. The custom of emphasizing a box from The Dr. Williams' Medi-trimming on the left side of my lad cine Co. Brockville, Ont. SNAIL FARMS IN FRANCE.

Half Million of the Mollusks Raised On An Acre.

or snails—the daily consumption in did not spring into general populat Paris alone occasionally reaches fifty ity until the thirteenth century. Saul tons—the snail-farms yield a hand and ermine—from Herminia, the mod be a thing of the past. A stage was reached several years ago in the lumnatural outcome of the popularity of "first quality" snails, the price of and nobility: ber industry, making it the continu- this material for her mother's frocks which in normal times averages sev-

various provinces. Considerable por- frocks so popular because of their though extremely voracious, are by tions of country are each year being simple fastenings. McCall Pattern no means fastidious. After a fall of sold for settlement where the object No. 7908, Girl's Tie-on or Button-on rain, which seems to sharpen their bages. They are fed not only on greenstuffs, but on wine-dregs or

supposed to impart a special flavor. even more profitable than a snail- not possibly spil'. bed. Good plump frogs realize in the Paris markets from 10d. to 2s. Good plump frogs realize in dozen, wholesale rate. Some people cook them whole, but as a rule only Minard's Liniment Co., Limited, ada, as well as all over the Contin-MENT I was perfectly cured, so that ent. One American firm does an an-could start on the road. nual turnover of £10,000 in frogs, whilst, according to a report of the United States Consul, the Province of Quebec benefits to the tune of £20,000 per annum by this commodity. One hotel in Toronto alone is said to consume about 1,500 lb. of frogs' saddles

Minard's Liniment Cures Dandruff. Páinless Bayonet

Alexander Foster Humphrey, of Pidtsburg, invented a narcotic bullet turn them into custards at home that would kill moose or other animals without hurting them. Now he comes edly, and I think I know what I am blooded persons, and the torm of talking about, and before many years anaemia that afflicts growing girls is rage. The model illustrated shows a onet. The Popular Science Monthly in the oven and thoroughly heat to show a statement will be almost always accompanied by head sturning frock for misses or small we-says it carries in its blade a capsule destroy any eggs which may have Two-fabric combinations are the along with an antiseptic, painless bay wormy : As seon as it is dried, but krome the donatestic point of view found to be true. One of my friends, aches, together with disturbance of the digestive organs.

The householder aid the digestive organs in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this honorable House, said, "Education in talking to me before I arose to address this him in the digestive organs.

Whenever you have constant or restaining a mixture of antiseptics and plac

No better time to drain the wet land han right now, after a good rain has noistened and softened the earth.

I'wo things are essential to a clean skin: One is bathing and a rub down; but the other is still more important, and that is perspiration, for washing out the impurities from within through the pores of the skin takes the undue oud of work off the kidneys.

No two wars and no two battles ave err been fought or ever will be n exactly similar conditions. There no war in the history of the world hich has so differed from its preecessors as the present war.—Sir Wm. Robertson.

Dr. Ferdinand King, New York Physician and Medical Author Sayst

## EVERY WOMAN EVERY MOTHER EVERY DAUGHTER NEEDSIRON

AT TIMES

While England lets the whole world To put strength into her nerves. and color into her cheeks.



WRINKLES OF FASHION.

When Some Styles Common Today Had Their Origin.

In the reign of Charles II. Eve Ind her first riding habit; before that little

hat, frequently of placing all the tr nying on that side, has its origin the position of the knight's plume that was never put on the right side lest might be in the way of his uplified

In border and in lining fur graze In France, there is a big demand many of the earliest garments, but

> MIRINE Granulated Eyelids, YOUR EVES No Smarting, Just Eye Constort Murine Eye Remely At Your Drugslat's or by Fow ribbon and then field to the neck Eye Salve, in Tuber 25cf. For Hook of the Eye-Fyrer. Ask Ezurine Eye Remedy Co., Chicago and a mistake is avoided. because,

After first removing the cork of bottle from glue do not use it agair bran soaked in wine, a diet which is but in its place insert the stump of an old candle. It will never exasper-French farmers find a frog-pond ate you by sticking, and the glue can-

St. Joseph, Levis, July 14, 1903, the frogs saddles—that is, the Gentiemen, was bad, and after using thighs, and underparts—are eaten, my horse last May, and after using thighs, and underparts—are eaten, my horse last May, and after using flavor. England is one of the few thing would do. My log was black as countries where these delicacies are jet. I was laid up in bed for a fort not appreciated. Frogs are gladly night and could not walk. After using eaten in the United States and Can-three bottles of your MINARD'S LINE

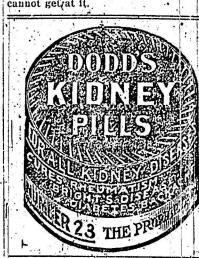
JOS. DUBES Commercial Traveller The housy bee is probably of A sintic origin. Wild bees are abundant in

India and in the islands of the Maia Archipelago.

Minard's Liniment Cures Burns, Etc. Don't market eggs gathered from hidden nests without candling ther

to see if they are good ... Better stil

To keep dried fruit from becomin 108,000,000 Founds Per Year. have passed my statement will be almost always accompanied by head stimming frock for misses of small wo-says it carries in its blade a capsule destroy any eggs which may have found to be true. One of my friends, aches, together with disturbance of men, developed in blue serge and black containing a mixture of antiseptics, been deposited on it while drying light



PAIN? NOT A BIT! ·LIFT YOUR CORNS OR CALLUSES OFF

No humbug! Apply few drops then just lift them away with fingers.

This new drug is an other some bound discovered by a Cincinnali chemist. It is called freezone, and can now be obtained in tiny bat-



tles as here shown h yery little cost from ally drug store. Just ask for freezone. Apply a drop or two directly upon a tender com or callus and instantly the soreness disappears. Shortly you will tad



Here is a plan that is worth repeataid of poison or poisonous mixture is toy bell is threaded on a bit of narrow ribbon and then fied to the neck even if the bottle, is taken from the helf in the dark, the tiny belt sounds te warning note.

MONEY ORDERS Pay your out of town accounts by ominion Express Money Orders.

ive dollars costs three cents Best sellers, among animals and poks, are the result of careful study and consideration.

Minurd's Liniment Rolloyce Neuralgia.

, NEWSPAPERS FOR SALE DROFIT-MAKING NEWS AND JOB L. Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Com-pany, 73 Adelaide Street, Toronto.

MISCELLANEOUS

JANCER, TUMORS, LUMIS, ETCA

The Soul of a Piano is the Action. Insist on the "OTTO HIGEL!" PIANO ACTION



It's worderful centle, anointing with Cancura, Ointhishes and chaines, permits sleep for plant and rest for mother, and points pspeedy healment in most cases when seems nothing would do say gold. his is only one of the many things Cucura does for the Skin when used for

every day toilet purp, es.
Sample Each Free by Mad. Address post-gard: "Cuticura, Dept. N. Boston, U. S. A."

MRS. KIESO SIGK

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Aurora, Ill.—"For seven long months bulleted from a founde trade, with revers has in my back on the antil I became to be could be be work from an interest on evons from the spiritual of the work of the wo I suffered from a founde tradle, with up hope ing well stop c try Lydia E. Pfilit Law Veg to the Compound. I took six not he at I today I am a healthy woman abid to do ty own

housework. I wish early salering woman would try Lycla is lincham's Vegetable Compount and find out for themselves how good it is!"—Mrs. CARL A. Kieso, 596 North Ave., Aurora, Ill. The great number of unsolvited testimonials on file at the Pinklann Labtimonials on hie at the Pinkham Laboratory, many of which are from time to time published by permission, are proof of the value of Hydin E. Pinkham's Vegetable Compount, in the treatment of femule ills.

Every ailing woman in Canada is cordially invited to write to the Lydia El Pinkham Medicine Co. (confidential), than, Mass. for angula advice, the

Hynn, Mass., for special advice. It is free, will bring you health and may save your life.

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