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Pound

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only accurate statements

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3,385,000 of which \$3,865,000

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peral authorities in Canada)
Bacon supplies. Canned Beef
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Living:-

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tion to speculative
cial investigation.

anager
LIMITED

This is a crisis which calls for the
mination of all selfishness. Men
in the mke" or with axes to grind
ould be marched to the rear.

From paper made of the fibre of
e mulberry tree, a Japanese naval
icer has invented a lifeboat that can
folded into a space of about a cubic
ot.

AT 8,000 FEET IN THE AIR

EXPERIENCE OF A CANADIAN
AIRMAN IN FRANCE.

Engine Refused to Work and Flight
Lied. Munday Narrowly Escaped
Imprisonment.

An exciting trip was that taken by
Flight Lieut. Munday, of Toronto, who
only a few months ago received his
commission, and shortly afterwards
was sent to France. He described the
experience as follows:

I landed in France on a Thursday,
Friday morning. I was over the
line for the first time. On this first
trip I nearly became a prisoner
of war.

I crossed at eight thousand feet
above the clouds and wishing to see
the "Holland" looked like "Tom the
cat" shut off my engine and came
down to the clouds to five thousand
feet.

Then I discovered to "switch
back" my engine light switch up
and down to see what would happen.
I was flying over the "Holland" and
saw the "Holland" and "Holland" and
"Holland" and "Holland" and "Holland"

Engine Refused to Work.
I pushed the nose of my machine
down and almost refused to start.
I still had my engine refused to start.
I was flying over the "Holland" and
saw the "Holland" and "Holland" and
"Holland" and "Holland" and "Holland"

Fate of Pilots.
In the squadron to which I was at-
tached there were eighteen pilots.
Six of them are still intact for service.
The rest are scattered from wounds
and injuries received in action. I
have been informed that I will be used
for service for approximately two
months, but I am eager to get back to
the front to get even with Fritz for
my sleepless nights and interrupted
rest.

They seemed to know our
location to the minute and would of-
ten fly over us with a few reminders
of the war in the shape of shells and
bombs and on one occasion we had
a "Holland" and "Holland" and "Holland"

MR. BROTHERS' REPORT ON RUSSIA
Country's Most Serious Lack is Money
and Adequate Transportation.

The Hon. Elbert Root, as leader of
the mission to Russia from the United
States, has sent forward a brief state-
ment of the situation there that is
most reassuring. He does not min-
imize either the dangers or the diffi-
culty, but he does insist that the out-
look is hopeful, and that he and the
members of his party are greatly en-
couraged.

He tells us that he found no organic
or incurable malady in the Russian
democracy; democracies are always in-
curable, he remarks somewhat faceti-
ously, and Russia is passing through
no other phase than his own republic
has gone through safely.

"We must remember," he says, "that
Russia is in whom all constructive ef-
fort has been suppressed for so long
that immediately develop a genius
for reconstruction. The first stage is
necessarily one of disintegration. The
solid, static traits in the Russian char-
acter will pull the nation through the
present crisis. Natural love of law
and order and capacity for local self-
government have been demonstrated
every day since the revolution. The
country's most serious lack is money
and adequate transportation. We
shall see what we can do to help Russia in
both directions."

To help Russia in both will be one of
the great services that the United
States will render.

SOLDIERS USE NEW SLANG.

New Words Developed by Contact
With Experiences at Front.

After the war some one will have
to compile for the benefit of realistic,
but inexperienced novelists—a little
book of the slang of the New Armies.
Some of that slang is in a state of flux,
and it is not yet clear whether it is
to be "wind up" (i. e., frighten-
ed) or to "put the wind up" any one
named pretty constant during the last
two years. But words like "wash-
out" (noun and verb), have developed
all sorts of varying applications.
Simply and originally a "wash-out,"
used to mean the state of a camp
whose occupants had been almost lit-
tly washed out by torrents of rain,
has by a very extension it became a
description of a particularly unpleas-
ing situation—a water-logged trench
surrounded indeed—but afterward
very safe by the Germans to a poor
and an unpopular officer.

Is Breakfast Ready?

The answer is easy in the
home where Shredded
Wheat Biscuit is the regular
every day breakfast cereal.
Being ready-cooked and
ready-to-eat, Shredded
Wheat Biscuit is the joy of
the housekeeper in Summer.
Served with sliced bananas,
berries, or other fruit, they
make a nourishing, satisfying
meal at a cost of a few cents.



Made in Canada.

A SCENE IN LONDON'S SLUMS.

Influence of a Little War Shrine on
the Rough Inhabitants.

I walked the other day through one
of London's meanest streets. The bar-
rows of costermongers lined the pave-
ment. Rough women jostled each
other and shouted in foreign tongues.
Odds and ends of unsavory-looking
washing fluttered from the windows
of slums overhead, writes an English-
woman.

And in the midst of all this dirt and
disorder I came upon a very beauti-
ful little war shrine. In letters of
gold against a background of white
marble names were inscribed—the
"Roll of Honor."

Before the shrine lay great bunches
of roses and pink carnations. As
I looked at this tiny oasis in Lon-
don's lowest slum a man in a ragged
shawl and with very dirty hands
slouched up. In those hands he car-
ried a bunch of lilies. She looked
about her furtively to see if any one
was watching, then placed the lilies at
the shrine. Tears were in her eyes as
she turned away. "Good old Bill!" I
heard her mutter. "He always did like
flowers!"

Then I saw that among the dozen
names inscribed on the shrine under
the title "Roll of Honor" was that of
Private Bill Johnston, of the "Die
Hards," and after his name were the
words, "Killed while rescuing a wound-
ed comrade."

A big policeman—a typical London
"Bobby"—and they have to be big and
very strong to cope with certain forms
of liveliness evinced frequently in Lon-
don's slums—stroled up.

"That little war shrine does
more to uplift the men and women of
the neighborhood than the sermons of
a thousand parsons would," he ob-
served, "there ain't near so much drinkin'
and cursin' and fightin' round here
kind of sets 'em an example, it does."

Take the case of that old woman just
gone by, that left her lilies here. One
of the worst and toughest cases in
London, she used to be. But since
her grandson was killed—giving his
life for a friend—and the War Office
sent the old lady in decoration that he
went for gallantry—well, she's a dif-
ferent being, and that's sayin' a lot
for she was one of the hardest drinkers
and the most quarrelsome in the neigh-
borhood. Now she spends her money
on flowers instead of drink, and
through I don't much hold with wastin'
money on flowers, it's better than the
drink."

The solution of the food problem lies
in the hands of the women of the
world.

Preparing for To-morrow

Many people seem able to
drink tea and coffee for
a while without apparent
harm, but when health
disturbance follows, even
though slight, it is wise to
investigate.

Thousands of homes,
where tea or coffee was
found to disagree, have
changed the family table
drink to

Instant
Postum

With improved health,
and it usually follows,
the change made becomes
a permanent one. It pays
to prepare for the health
of to-morrow.

"There's a Reason"

Canadian Postum Cereal Co. Ltd.
Windsor, Ont.

ARMENIA OF TO-DAY.

Nation Has Preserved Its Traditions
and Religion for Centuries.

In spite of the efforts of barbarous
masters, and notwithstanding the most
frightful persecutions the Armenians
have been able for centuries and cen-
turies, to preserve their traditions,
their language and the religion of
their ancestors. This persistence of
the Armenian nationality is one of the
most remarkable facts of Oriental his-
tory, a fact almost unique of its kind;
for, of all the people subjugated by
the Arabs and Turks, very few have
been able to preserve the three prin-
ciple elements of nationality—cus-
toms, language and religion.

The Ghebers, the last Mazdaian
remnants of ancient Persia, still form
communities that are preserved solely
by religion; for the old language
has little by little disappeared to give
place to dialects of modern Persia
mixed with archaic forms. The
Chaldeans, for the most part Chris-
tians, have in general abandoned their
language, while a great number have
changed their religion and become
coalesced with the mass of the Arabs.

The less numerous Christians of
Saint John (Madaens), living in Low-
er Chaldea, are still attached by reli-
gious beliefs, but their ancient speech
is dead. The Copts, in Egypt, remain-
ing Christians, witnessed the extinc-
tion of their language scarcely a cen-
tury ago, and Syria has experienced
the similar vanishing of a great num-
ber of its traditions; Copts and Syri-
ans now speak but the language of
their masters.

Little by little the Moslem religion
has succeeded not only in unifying
the language, but also in reducing
creeds. In the Turkish empire to-day
we meet fragments only of the Chris-
tian races. The Armenians only have
the moral force to cope with the cal-
amity; they alone have preserved all
the intellectual and moral inheritance
of their ancestors.

Every time you go up stairs you can
test your state of health—the condi-
tion of your blood.

Do you arrive at the top of the
stairs breathless and distressed?
Does your heart palpitate violently?
Do you have a pain in your side?
Perhaps you even have to stop half
way up, with limbs trembling and
head dizzy, too exhausted to go fur-
ther without resting. These are un-
falling signs of anaemia. As soon as
your blood becomes impoverished or
impure the staff-cases become an in-
strument of torture. When this is so
you are unfit for work; your blood is
watery and your nerves exhausted,
you are losing the joy of an active
life and paving the way for a further
break down and decline. In this con-
dition only one thing can save you.
You must put new, rich, red blood
into your veins without further delay
and so build up your blood anew.

Get this new, rich blood now. Dr. Wil-
liams' Pink Pills is a fair trial, and will
give you new vitality, sound
health, and the power to resist and
throw off disease. For more than a
generation this favorite medicine has
made many thousands of weak,
despondent men and women bright,
active and strong.

You can get Dr. Williams' Pink Pills
through any dealer in medicine, or by
mail at 60 cents a box or six boxes for
\$2.50 from The Dr. Williams Medicine
Co., Brockville, Ont.

SAVING FOOD AT LONDON ZOO.

Horseflesh is Only Meat Used—Bread
Made From Condensed Flour.

How the Zoological Gardens in Lon-
don are helping to conserve the Brit-
ish food supply was told by the Duke
of Bedford at a recent meeting of the
Zoological Society in London. He said
they had not replaced the animals that
had died since the war began and had
killed off all of those that were easily
replaced.

The only meat they gave to the car-
nivora was horse flesh purchased from
the army. They had ceased using
potatoes and other small mammals
was made from flour rejected by the
Board of Trade and ship's biscuits
that had outlived their usefulness as
human food. Instead of wheat they
used dark paddy, rice and locust
beans. They were replacing oats with
a mixture of maize and split horse
beans.

Hay was that left by the army
buyers, supplemented with park grass
and folla. Only Chinese pickled
eggs were employed and the fish was
that unsuitable for human use. Ban-
anas, formerly fed to many small
mammals and birds, had to a great ex-
tent been replaced by boiled mangel-
wurzel and beets. Only five pounds of
sugar a week were used, and this was
"foot" sugar unsuitable for human
food. And the "greens" were limited
to eleven bushels a week of kinds not
soil for human consumption.

Now is the time to break up sod
where winter wheat or rye is to be
sown in the autumn.

Canadians should not consider that
1917 will be the only year that rigid
economics must be practiced. There is
no knowing at this date when the
war will end, and even after it has
ended there will be urgent need for
Canada's surplus of food for many
months while Europe is being regen-
erated.

INVENTIONS NEEDED.

Chance to Promote Industry and In-
centively Make a Fortune.

"Anybody who wants to make a
fortune can get one quick by invent-
ing a machine that will pick cotton
satisfactorily," says Prof. W. J. Spill-
man, chief of the United States Gov-
ernment Office of Farm Management.
"It will be a simple enough contri-
vance when it arrives, and the every-
day citizen will marvel that the idea
did not occur to him."

"Such a machine would enormously
augment our annual cotton output.
For, mark you, it is small trouble to
plant wide areas—that is, to put the
seed in the ground—and the gathering
of the crop is a slow and laborious
process. It is, then, not the planting,
but the labor required for picking the
cotton, that limits the output and
raises the cost of the product."

"Already there are cotton-picking
machines. The essential feature of
one of them is a revolving belt carry-
ing steel bristles that (operated by a
man on a horse-drawn vehicle) catch
up the cotton, which is raked on the
belt by a row of teeth into a sack.

"Another contrivance, carried on a
wagon, has several long rubber tubes
attached to it. In the wagon is a gaso-
line engine that operates in much the
same fashion as a vacuum houseclean-
ing machine. Men walk behind, point-
ing the ends of the tubes at the bolls,
and the cotton flies up them and into a
receptacle provided for the purpose.

"These devices are ingenious, but
by no means wholly satisfactory. The
steel bristles miss a good deal of the
cotton. The vacuum contrivance
costs money and is expensive to oper-
ate. Besides, it collects a lot of dirt
and waste vegetable material with the
cotton."

"Before long, however, the problem
is bound to be solved. And by that
time we may have another much-need-
ed farm invention—a machine that
will not only dig potatoes, but will
pick them up, knock the dirt off them
and sort them in sizes ready for mar-
ket."

TIMBER GROWING IN CANADA.

Two-thirds of the Dominion Area
Should be Reserved for Forests.

One of the surprises to those visit-
ing Europe in peace times is the meth-
od by which all lands are carefully ex-
amined and put to work according to
their capacity. No farmer is permit-
ted to locate on non-agricultural soil,
and at the same time, good farming
soil cannot be retained under such a
crop as timber. Canada has only made
a beginning at applying such a
policy of business efficiency in the
use of the nation's natural resources.

Thousands of farmers are to-day tied
to farms that produce only a few dol-
lars at acre, their efforts and ambi-
tions practically wasted in a time
when man-power is at a high price
mium. Taking the whole of Canada's
area, more than two-thirds will never
produce field crops, and the bulk of
the two-thirds will prove profitable
under only one crop, namely timber.

All efforts for the protection of the
forests against fire and other forms of
needless waste aim to keep in a pro-
ductive condition those millions of
acres that can never grow field crops.
Canada holds a tremendous national
advantage in her forests, but from
the beginning of the last century
about two-thirds of the original in-
heritance has been destroyed by fires.
Nearly all modern countries have put
an end to forest fires by carefully or-
ganized protective systems.

Told the Truth.
"Jimmy" said the gentle old lady
sadly to the young imp who lay with
a broken leg in the hospital, the nurses
tell me that you have been a very
naughty boy."

"Yes, missus," acknowledged Jim-
my, his sun-burnt face and tumbled
head half-hidden in the pillow.
"But, why?" came the gentle query.
"Can't 'elp it, missus!" shame fac-
edly whispered Jim.

"Now, look here," said the old lady
again, "I shall be at the hospital
again next week, and I want you to
promise me to be a good boy till then,
and, if so, you shall have a whole
shilling."

Jimmy fervently promised; but, alas,
his little mischief asserted itself, and
he was sadly in disgrace when the old
lady again visited the ward.

"Well, little man," she said mildly
"I'm not going to ask the nurses if you
have been a good boy. Tell me your-
self. Now, do you deserve that shil-
ling I promised you?"

"Slowly Jim raised his big brown
eyes to her face, and then lowered
them again.
"Gimme a penny," he said in a low
voice.

DODD'S
KIDNEY
PILLS

ISSUE No. 31-17.

AGENTS WANTED

One Agent in each town, to sell a new
American home article, OXGAS, making
Light and Heat, from common coal
oil. In any home, no need. No dirt,
smoke, odor, no fire to build and no
ashes to carry. Cheapest and most ef-
ficient of all fuels. Write quickly to
Oxgas Heat and Light Co., 391 Yonge
Street, Toronto.

A One-Piece Dress



Something absolutely new is the
slip-on frock shown above which re-
quires no fastening of any kind—neither
buttons, hooks and eyes, nor
snaps. The two-piece skirt is at-
tached to the blouse, and the waistline ad-
justed by an elastic which may be
drawn tight, or loose as desired. Mc-
Call Pattern No. 7891, Ladies' Simp-
licity Dress; in 7 sizes; 34 to 46 bust.
Price, 20 cents.

This pattern can be obtained from
your local McCall dealer, or from the
McCall Co., 70 Bond St., Toronto,
Dept. W.

When Your Eyes Need Care

Use Murine Eye Medicine. No Smarting—Feels
Fine—Acts Quickly. Try it for Red, Weak,
Sore Eyes and Granular Eyelids. Murine is
composed by our Oculists—not a Patent
Practice for many years. Now dedicated to
the Public and sold by Druggists at 50c per
Bottle. Murine Eye Care. Write for Book of the Eye and
Murine Eye Remedy Company, Chicago, Ill.

A cat's ears are at the back of
and a little below its eyes. There is
no outer ear such as animals have, but
simply a small opening which is cov-
ered by feathers. It is quite surpris-
ing that birds should possess the very
acute hearing which they do while
lacking the fleshy flap which enables
the animals to catch sounds.

I bought a horse with a supposedly
incurable ringbone for \$30.00. Cur-
dlin with \$1.00 worth of MINARD'S
LINIMENT and sold him for \$85.00.
Profit on Liniment, \$54.

MOISE DERROSCE,
Hotel Keeper, St. Philippe, Que.

Blasting With Lime.

When water is added to calcium ox-
ide, or quicklime, the lime expands
slowly with almost irresistible force.
Rock Products describes how that prop-
erty of quicklime was utilized re-
cently to break up piers twelve feet
wide, twenty feet long and twelve feet
high. The piers stood between simi-
lar piers that supported engines in
constant operation and therefore had
to be removed without injury to the
machinery. It was impossible to blast
the piers, and hand cutting was too
slow and expensive. The work was ac-
complished by drilling three-inch verti-
cal holes, three feet deep and three
feet apart in both directions, over the
entire area of the piers and filling
them within six inches of the top with
fresh slaked lime. In places one half
inch to one and a half inches wide. As
soon as the lime was thoroughly wet
the tops of the holes were filled with
brick dust, which was well tamped. In
about ten minutes cracks started in
every direction, and the entire top of
the foundation was broken into three-
foot cubes.

One Pea or Two Peas?

We deceive ourselves much more
often than other people deceive us,
because we cannot rely upon the tes-
timony of our physical senses.

Illusions of one sense or another are
everyday experiences. We have illu-
sions of vision, and illusions of hear-
ing. They are always interesting. But
illusions of feeling are especially
curious, being rarer. Here is one that
anybody may try. Take a pea and roll
it, or lay it on the table with the
forefinger and middle finger. It feels
of course, like one pea. But repeat
the process with those two fingers
crossed and the pea becomes to the
feeling two peas. Try it.

Minard's Liniment Cures Glands, Etc.

BABY SLEEPS.

The baby wept;
The mother took it from the nurse's
arms,
And hushed its fears, and soothed
vair alarms,
And baby slept.

Again it weeps,
And God doth take it from the mo-
ther's arms,
From present griefs, and future un-
known harms,
And baby sleeps.

KEEP CHILDREN WELL DURING HOT WEATHER

Every mother knows how fatal the
hot summer months are to small chil-
dren. Cholera infantum, diarrhoea,
dysentery and stomach troubles are
rife at this time and often a precious
little life is lost after only a few hours
illness. The mother who keeps Baby's
Own Tablets in the house feels safe.
The occasional use of the Tablets pre-
vents stomach and bowel troubles.

If trouble comes suddenly—as it ge-
nerally does—the Tablets will bring the
baby safely through. They are sold by
medicine dealers or by mail at 25
cents a box from The Dr. Williams
Medicine Co., Brockville, Ont.

Every garden needs a compost heap.
A good way to start the heap is to ex-
cavate and pile them up upside down.
On this pile throw all the cuttings
from the lawn, weeds from the gar-
den pulled before they go to seed, top-
ping of vegetables, pea vines, etc., old
bones and if the pile is away from the house
garbage can also be thrown on it, cover-
ing this promptly with a few shovels
of earth. Next year when rotting
and sifted this makes excellent potting
soil and good compost to spread over
the garden.

It is doubtful if any of us realize the
need that there will be for meat and
live stock in the European countries
after peace is declared. Canadian
breeding stock and Canadian meat pro-
ducts will be in demand. It behooves the
Canadian breeder and feeder to grasp
the opportunity and produce a maxi-
mum of live stock when prospects are
so good for continuous high prices.
No better outlet for the best of his
stuff can be found than at the auction
sale of the Eighth Annual Toronto Fat
Stock Show, Union Stock Yards,
December 7th and 8th next.

Minard's Liniment Cures Diphtheria.

It is estimated that there are 600
professional story-tellers in Tokio,
who wander from house to house re-
lating tales. The story-teller learns a
new set of stories when he finds that
the old ones are too well known.

Poor tea that can be sold at a low
price is most extravagant in use. A
little good tea, like Salada, makes
many more cups; hence it's real
economy.

If winter flowering plants have not
been reported to do longer delay. Get
good rich potting soil from the near-
est florist and repot the plants at
once. Prune the plants in the gar-
den and keep them well watered.

Minard's Liniment Cures Gargot in Cows.

Influence Needed.
He was very young and fresh and
new, and he was a second lieutenant.
One day he sought his elderly colonel,
and poured forth a complaint.

"Sir, I should be so obliged if you'd
use your influence to prevent the men
in my platoon from calling me 'Baby
Duffering.'"

"Certainly, my lad—certainly!" said
the old colonel. "I will, with pleasure
—if you'll use your influence to stop
the whole battalion calling me 'that
how-legged old duffer with the bald
head.'"

WOMEN! IT IS MAGIC! LIFT OUT ANY CORN

Apply a few drops then lift
corns or calluses off with
fingers—no pain.

Just think! You can
lift off any corn or cal-
lus without pain or sore-
ness.

A Chelmnatt man dis-
covered this other com-
pound and named it
freezons. Any drug-
gist will sell a tiny bot-
tle of freezons, like here
shown, for very little
cost. You apply a few
drops directly upon a
tender corn or callus.
Instantly the soreness
disappears, then, shortly
you will find the corn
or callus so loose that
you can lift it right off.

Freezons is wonder-
ful. It dries instantly.
It doesn't eat away the
corn or callus, but
shrivels it up without
even irritating the surrounding skin.
Hard, soft or corns between the toes,
as well as painful calluses, lift right
off. There is no pain before or after-
wards. If your druggist hasn't
freezons, tell him to order a small bot-
tle for you from his wholesale drug
house.

GILLETTS EATS LYE DIRT CLEANS-DISINFECTS

Every merchant should unload
freight cars promptly. Fruit growers
suffering for cars that are kept
standing for days waiting to be un-
loaded. During the month of May at
principal Eastern markets after
cars were placed on team tracks
loading the average detention of
or unloading was four days. Help
whole country by unloading with
as little delay as possible.

MONEY ORDERS.

MIT by Dominion Express Money
Order. If lost of stolen, you get
money back.

In boiling corned beef you will
save the flavor by adding a small
quantity of a few cloves and several bay
leaves to the water in which it is
boiled.

Minard's Liniment Cures Distemper.

"Queen of Heaven" (Jeremiah
Lull) lived 17, 18, 25 is the moon
named as Astarche or Astarte.