FROM OLD SCOTLAND

NOTES OF INTEREST FROM HER BANKS AND BRAES.

What is Going On in the Highlands and Lowlands of Auld Scotia.

The citizens of Kirkcudbright have raised £85 for the limbless soldiers and sailors.

The D.S.C. has been awarded to Skipper David Wallace of 65 Society Street, Nairn.

Over £400 was raised last year by the Bathgate branch of the Royal Red Cross Society.

Gourock has been entirely free from infectious disease since the beginning of the year.

Harrison J. Gibb has been appointed sole agent of the Union Bank branch at Castle Douglas.

The Murchison Award, for geological research, has been received by Dr. Mackie, Elgin, Morayshire.

The estate of the late Wm. Proctor, formerly of the Gordon Arms Hotel, Fochabers, is valued at £32,676.

The Berwick Magdalene Fields Golf Club has decided to close the golf course for the duration of the war.

The Military Cross has been awarded to Lieut. W. P. Lyall, R.N.V.R., a solicitor of Macduff, Banffshire.

The Crookston Poorhouse has been taken over for a few weeks for the reception of mentally afflicted soldiers.

Miss J. A. Hannah, Newton-Stewart, has been awarded the Royal Red Cross medal for valuable services rendered.

George Murray, Castle road, Cathcart, has been appointed a member of the Cathcart Parish Council.

CANADA'S CATTLE TRADE

Ten-fold Increase in Animal Products From the Farm is Looked For

Farm animals in Canada were officially valued February 1, 1917, at $798,541,000, or a larger amount than was realized from the enormous wheat crop of 1915. There are conservative men of affairs who look for a ten-fold increase in animal products from the farm. This would mean a money return far in excess of even the possible grain yield.

Over nine-tenths of the entire packing business of the prairie provinces is done by three concerns—one of them a subsidiary of the Swift Co., Chicago. Two of these companies have large tracts of grazing land and highly improved ranches. They have handled large Government contracts during the war, and have had a substantial share of the animal products export trade, amounting to $127,000,000 for the last twelve months.

Hogs and cattle on the hoof are at times shipped in large quantities to Ontario. Southern shipments of cattle to be fattened in the States have for some years constituted an important element in the Canadian cattle trade. Chicago and Minneapolis dealers are frequently heavy buyers at Union Stock Yards, St. Boniface, now the chief cattle market of the western provinces.

Production, especially of hogs, has fluctuated widely. From June, 1915, to June, 1916, horses decreased 6,000, milch cows 63,000, cattle 86,000, sheep 6,000 and hogs 297,000. With hogs selling at $17.50, there has been strong inducement to raise them and perhaps greater temptation to the improvident to sell breed stock. High feed prices also have discouraged that industry.

Roughly estimated there are 3,500,000 cattle and 2,800,000 hogs in the Dominion. Canada has an expanse of pasture lands with innumerable waterpatches, on such a great scale as to make 30,000,000 cattle and 25,000,000 hogs appear within the bounds of nearer probability.

DISCOVERIES AND INVENTIONS

When water boils in a Japanese inventor's kettle the bubbles strike metallic bars and produce musical sounds.

A vehicle which he claims will serve as an automobile, motor boat or airplane has been invented by a Detroit man.

Flour with which bread can be made being obtained from sugar beets in France as the result of scientists' experiments.

A telephone lineman has figured that in ascending poles he has climbed more than 800 miles in the last twelve years.

A new picture molding stamped from sheet metal is intended to be nailed to a wall before the plaster is applied, the latter helping to support the weight it carries.

For easy access the drawers in a new kitchen cabinet are mounted in a large drawer that can be pulled forward when the table top of the cabinet is extended.

According to an English scientist's estimate the world's total annual rainfall amounts to 29,347,4 cubic miles, of which less than one-fourth drains through rivers into the ocean.

To enable an automobile to pull itself out of a mudhole there has been invented a reel of broad tape which, when fastened to a mired wheel, is wound by it to form a dry pathway. Patents have been granted to a Connecticut woman for a baking board consisting of a pad of waxed paper, from which single sheets can be removed when soiled, and for a waxed paper rolling pin with a cardboard core.

YOUNG FOLKS

The City Squirrel.

I am a squirrel blithe and gay,
And frolic here from day to day.
The city is my happy home,
Within its parks I like to roam.

Perhaps you think it rather queer
That I should love to wander here,
And never long for forests free
Where other squirrels like to be.

We never need I hunt for food,
We store up nuts as squirrels should;
I have many a little friend—
With peanuts they my walks attend.

So I send a grateful thought
To southern farmers who have bought
The waste lands, and by daily toil
With peanuts have enriched the soil.

The peanut is a useful nut,
For food, for oil, for forage—but
I wish the farmers all might see
How by their peanuts bring to me.

The "Give-Away" Garden.

When the school gardens were parceled out last year, Rose and Tom Barlow received plots in a near-by vacant lot. The man who owned the land gladly had it spaded and prepared for the children's gardening.

"I shall hope to see roses and cabbages where weeds and hay-fever germs used to flourish," he told Tom and Rose gravely. And they made a resolution that he should not be disappointed.

It was not an easy job, they soon discovered. Cutworms and new soil had to be met and conquered. But Tom and Rose were there early and late, hoeing, sprinkling, hoeing and hoping. Their bright eyes spied every unseen enemy that plotted to fly or creep, and their nimble fingers soon put an end to any such foe.

The vegetable and blossom babies began to thrive, eager to repay such careful care. By midsummer Tom was putting into his little express wagon bunches of fresh, green onions, young early lettuce and roly-poly, red radishes that Rose had washed carefully and arranged in neat bunches. Besides, there were pink and lavender sweet peas, nasturtiums and sweet alyssum to lend beauty to the more useful products. Mrs. Marlow, their neighbor, had first choice, and paid the small peddlers just what the huckesters on the street demanded. There was many left to sell after that, and the children were so polite, and their wares so tempting, that the little tin savings bank on the shelf swallowed enough nickels and dimes to fill his trunk several times over. Tom then removed the bursting beast, and kept his treasure in a tin tea box.

We made over twice as much as we hoped," Tom announced one day in August, "and more than any of the others in the neighborhood. Maybe I'll win Miss Moore's prize for the best-looking garden, when she judges them, Saturday."

Mother looked with questioning eyes at her bright-eyed daughter.

"You have worked as faithfully as Tom," she said, puzzled. "Why haven't you earned as much?"

Rose's flower face flushed and her proud head drooped. She did not quite know how to tell her mother about it.

"Because," explained Tom, feeling ashamed for getting his loyal partner into trouble, "because she's given most of her garden."

Mother's eyes softened with understanding, and she drew Rose to her side.

"Always a generous fairy, even in business matters," she said, smiling with pride, but I love to hear mother!" whispered Rose eagerly. "I'm making enough money; and besides, it's lots more fun to give them away."

Later her mother heard all about it. When Rose and Tom went by old Miss Grey's, Rose would leave a bunch of sweet peas—those fairy butterflies—or a cluster of gold and red nasturtiums. She loves flowers better than anything, Rose would say to Tom, "and she's old and rheumatizzy to raise them. Isn't it lucky I have them to give?"

At the Shultz place romped four children. Mrs. Shultz had no time for gardening, and the quartette of urchins were too little to help much. The children's washerwoman gave her earnings to buy the cheapest sweetpeas to be had at Marlow's ped-dler's wagon—"two bunches for each," she would add advisedly. "My, I wish I could be my children to be just like you! What a blessing it must be to your mother!"

At Shultzes' Rose always left the amount of produce paid for. "I need it so, and they're so poor. It makes so hard, and those children do eat goshfuls!" she told Tom one day when they talked it over.

When the prizes were given out, Miss Moore presented Tom with a beautiful Honor Badge for having raised the largest amount from his garden. Then, to the little girl's astonishment, she pinned a tiny gold pin to Rose's dress.

"For the one who shared her garden with all," said the teacher, smiling. "A little bird told me all about it. It's the 'Give-Away' Garden." And the others applauded.—Youth's Companion.

A man's egotism may be pardoned if he doesn't throw it in your face.

When You Eat Bread you are entitled to everything in the whole wheat grain. Dr. Wiley says: "Wheat is a complete food containing all the elements necessary for human nutrition." But be sure you get the whole wheat in a digestible form. **Shredded Wheat Biscuit** is whole wheat made digestible by steam-cooking, shredding and baking—the best process ever devised for preparing the whole wheat grain for the human stomach. Two or three of these crisp little loaves of baked whole wheat with milk and berries, make a delicious nourishing meal. Made in Canada.

AIR SUPREMACY.

Allied Operations Conducted Mostly Beyond German Lines.

How the British and French are maintaining practical control of the air over the western battle front was graphically described lately by Major L. W. B. Rees of the British flying corps, who himself once routed single-handed a squadron of ten German raiders, and is one of the few Englishmen to receive both the Victoria Cross and the Military Cross.

While the Allies' operations are conducted almost entirely beyond the German lines, the Major said, the German machines now cross the Allied lines only rarely in raiding parties. The British fly on three levels with three kinds of machines. The lowest are artillery directors, who circle about in big figure eights about 6,000 feet above the enemy trenches, and flash back directions to the British gunners by wireless. Above them, at 10,000 feet, are the heavy fighters with two men to a machine and able to keep the air for four hours at a speed of 110 miles per hour. At a height of 15,000 feet are the single-man light fighters, capable of 130 miles an hour and of ascending the first 10,000 feet in ten minutes.

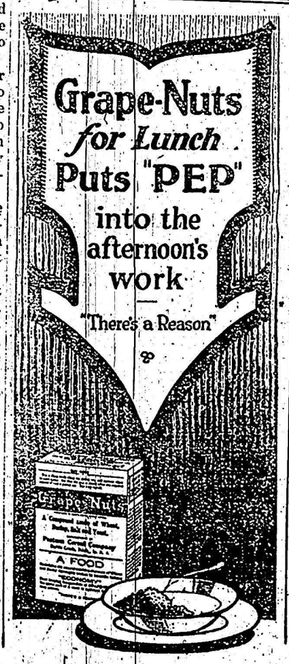
The Germans have given up all attempts to guide their artillery by airplane and seek only to smash up the allied reconnoissance over their lines. Their machines are largely of one class, therefore, fast, heavy fighters, generally biplanes, which are continually seeking to swoop down on the British artillery observers and send them to the ground before the British fighting patrols can reach them. Recently, however, said Major Rees, the Germans have developed another light fighting machine, which by climbing to 20,000 feet seeks to overtop the British light fighters and clear them out.

British losses have been running recently as high as thirty to forty machines a day, because of the extraordinary chances taken over the enemy's lines. As a rule they go out in squadrons of six, divided into three pairs and prepared to swoop down in unison on any German machine that may come up.

Major Reese gave it as his opinion that the British had defeated the Germans in every way in the air and deprived them of invaluable reconnoissance power. The Zeppelin is now practically useless as a military weapon.

Germany's whole artillery observation is conducted by means of captive balloons. A short time ago the British and French made a combined attack at 4 p.m. and knocked down every captive balloon from the North Sea to Switzerland. Not for three days did another balloon appear in sight.

England, at the beginning of the war, the Major said, was supposed to have a squadron of twelve machines for each of the six army divisions, but, as a matter of fact she had only three. The service was very chaotic, with the army and navy bidding against each other, until the whole air service was put under the Air Board, composed of a neutral President, an army and a navy official, and a member of the Munitions Board.



Keep Climbing.

Although your chance in life seems small,
Rough the path and dark,
Don't worry that you're going to fall
But get a firmer start.

Slowly trudge on toward the goal,
Keep headed the right way,
Remember you can never win
Life's battle in a day.

Like climbing up a ladder,
Ascending step by step,
Keep your aim the highest,
Lest your mission you forget.

When at last the top is gained
Thank God the task is done;
Look back upon the steps you've climbed,
The battle nobly won.

THIN-BLOODED MEN AND WOMEN

Need the Rich, Red Blood Dr. Williams' Pink Pills Actually Make.

Thin-blooded people do not remain so from choice but from indifference, in some cases from despair. People who are pale, languid, with palpitation of the heart, some difficulty in breathing, and a tendency to be easily tired are suffering from thin blood. They need only the resolution to take the right treatment and stick to it until cured. The remedy that can be relied upon is Dr. Williams Pink Pills for Pale People. With every dose they make new blood, and new blood means health and strength. The red cheeks, good appetite, increased weight and strength that follow the use of these pills prove their great value to thin-blooded people. Here is an example: Mrs. J. McDonald, Jr., Hay, Ont., says: "I honestly believe Dr. Williams Pink Pills saved my life. Some years ago I had anemia, and as I did not realize the seriousness of the trouble I soon became a complete wreck. I got so weak I could hardly walk. I neither ate nor slept well, and could not go up stairs without stopping to rest. At times I had an almost unbearable pain in my back and would have to remain in bed. I suffered almost constantly from a dull headache, and when sweeping if I would stoop to pick up anything I would get so dizzy that I would have to catch hold of something to keep from falling. At times my heart would beat so fast that I would have a smothering sensation. My eyes were sunken and my hands and limbs would be swollen in the mornings. I tried several kinds of medicine without benefit and my friends thought I would not recover. Then I began taking Dr. Williams' Pink Pills, and before long could see and feel that they were helping me. I gladly continued the use of the pills until I was completely cured and I cannot say enough in their praise, and I strongly recommend them to all run down girls and women."

You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

HELPFUL MAXIMS.

They Point Unerringly the Pathway to True Success in Life.

Rely upon your own energies, and do not wait for or depend on other people.

Cling with all your might to your own highest ideals, and do not be led astray by such vulgar aims as wealth, position, popularity.

Your worth consists in what you are, not in what you have. What you are will show in what you do.

Never fret, repine, or envy. Do not make yourself unhappy by comparing your circumstances with those of more fortunate people; but make the most of the opportunities you have.

Associate with the noblest people you can find; read the best books; live with the mighty. But learn to be happy alone.

If a thousand plans fail, be not disheartened. As long as your purposes are right, you have not failed.

Examine yourself every night, and see whether you have progressed in knowledge, sympathy, and helpfulness during the day. Count every day a loss in which no progress has been made.

Let not your goodness be professional; let it be the simple, natural outcome of your character. Therefore cultivate character.

When in doubt how to act, ask yourself. What does nobility command? Be on good terms with yourself.

Give whatever countenance and help you can to every movement and institution that is working for good. Be not sectarian.

Went Him One Better.

"I love you very much, papa," said four-year-old Edna, as she climbed on her father's knee. "I love you, dear, when you are a good girl," replied her father. "But, papa," said Edna, "I love you even when you ain't no good!"

QUEEN'S UNIVERSITY
KINGSTON ONTARIO

ARTS
MEDICINE EDUCATION
APPLIED SCIENCE
Mining, Chemical, Civil, Mechanical and Electrical Engineering.

HOME STUDY
Arts Course by correspondence. Degree with one year's attendance.

Summer School July and August — Navigation School December to April

15 GEO. Y. CHOWN, Registrar

A Summer Gown

Dainty and airy is a graduation frock of sheer white organdy. The surplice waist and bouffant effect of the skirt are smartly up to date. The edge of the sleeves and the surplice fronts are trimmed with a narrow pointed lace. A scarf of tulle gives additional airiness to the frock. McCall Pattern No. 7752, Misses' Dress; suitable for small women; in 4 sizes; 14 to 20 years. Price, 20 cents.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

Minard's Liniment Lumberman's Friend.

Plan to keep the garden rows busy all summer. As fast as one crop is off another sowing should be made of seeds or plants set out.

MONEY ORDERS.

DOMINION Express Money Orders are on sale in five thousand offices throughout Canada.

To Make Thin Sticks.

Boys who make thin sticks for arrows, kites, etc., as well as the mechanic, can make good use of the following suggestion: The difficulty of handling thin strips while planing them may be overcome by setting the strip in the groove of a piece of flooring, clamped in a vise. A peg or nail is driven into the groove and acts as a stop for the end of the strip.

MINARD'S LINIMENT is the only Liniment asked for at my store and the only one we keep for sale.

All the people use it.

HARLIN FULTON.
Pleasant Bay, C. B.

Getting Used To It.

The death rate from wounds in the war is less than one-half as great as it was a year ago. Dr. Jacques Bertillion medical statistician in the French army, declares that by hardship and exposure the men have become so toughened that they can now stand twice as much as they could last year. Then forty-five out of every 100 wounded died, while now less than twenty succumb.

Praise For Canadians.

Lieut. General Sir Julian Byng, commanding the Canadian army corps, has issued an order heartily congratulating the officers and men in his command for their brilliant work, since the inauguration of the Vimy Ridge offensive, April 9th, declaring that these successes could be obtained only by troops whose courage, discipline and initiative stand pre-eminent. Between the Vimy Ridge capture and the taking of Fresnoy, says Sir Julian, eight German divisions have been met and defeated by the Canadians. Five thousand prisoners have been captured by the Canadians, 65 big guns and howitzers, as well as 226 machine guns and mortars. Sir Julian predicts a continuance of these potent successes by Canadians.

A PERFECT MEDICINE FOR LITTLE ONES

Baby's Own Tablets is the ideal medicine for little ones. They regulate the bowels and stomach; break up colds; cure constipation and indigestion; expel worms and make teething easy. They are guaranteed to be absolutely free from injurious drugs and may be given to the youngest child with perfect safety. Concerning them Mrs. T. M. Forknall, Mission City, B.C., writes: "I have used Baby's Own Tablets for my three little ones and have found them the best medicine a mother can give her children." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

When rugs first came to England they were not employed as floor coverings. Straw, sand or dried rushes served in that capacity. The rugs were used as handsome coverings for beds or tables. Thus arose the familiar expression "on the carpet," inferring some question laid upon the table for discussion.

Minard's Liniment used by Physicians.

"Mother" said an Irish youngster, "won't you give me my candy now?" "Whist!" exclaimed the mother, "didn't I tell ye I'd give ye none at all if ye didn't kape quiet?" "Yis, mum." "Well, the longer ye kape quiet the sooner ye'll get it."

WOMEN! IT IS MAGIC! LIFT OUT ANY CORN

Apply a few drops then lift corns or calluses off with fingers—no pain.

Just think! You can lift off any corn or callus without pain or soreness.

A Cincinnati man discovered this ether compound and named it freezone. Any druggist will sell a tiny bottle of freezone, like here shown, for very little cost. You apply a few drops directly upon a tender corn or callus. Instantly the soreness disappears, then shortly you will find the corn or callus so loose that you can lift it right off.

Freezone is wonderful. It dries instantly. It doesn't eat away the corn or callus, but shrivels it up without even irritating the surrounding skin.

Hard, soft or corns between the toes, as well as painful calluses, lift right off. There is no pain before or afterwards. If your druggist hasn't freezone, tell him to order a small bottle for you from his wholesale drug house.

Prairie Farms.

All the Western Canadian Provinces show large increases in the number of live stock raised in 1916 as compared with 1913, the year previous to the war. The increase in the number of sheep is one of the outstanding features of the official report. Many of the smaller farms of the West have started flocks of sheep, having found that the climate is very suitable for them, provided a certain amount of shelter be suppled during the short period when the weather might otherwise be too severe. There are numerous large flocks in the West, and the success which the owners of these have experienced has encouraged the smaller farmers to follow their example. There are 2,048,354 cattle in the three Western Provinces, 565,7[illegible] being milch cows and the remainder beef and other cattle. This shows an increase of 15 per cent. over 1913.

After the Movies

Two Eyes for a Lifetime. Murine is for Tired Eyes, Red Eyes—Sore Eyes—Granulated Eyelids—Heat—Hotshot—Restores. Murine is a Favorite Treatment for eyes that feel dry and smart. Give your Eyes as much of your loving care as your Tooth and with the same regularity. Care for Them. You Cannot Buy New Eyes! Sold at Drug and Optical Stores or by Mail. As. Murine Eye Remedy Co., Chicago, for Free Book.

More than 27,000 tons of honey are produced by the American bee annually.

Ask for Minard's and take no other.

"You are drawing the blood of future generation in Canada when you misuse the forest resources of the country."—Sir George E. Foster.

ABSORBINE TRADE MARK REG. U.S. PAT. OFF.

Reduces Bursal Enlargements, Thickened, Swollen Tissues, Curbs, Filled Tendons, Soreness from Bruises or Strains, stops Spavin Lameness, allays pain. Does not blister, remove the hair or lay up the horse. $2.00 a bottle at druggists or delivered. Book 1 M free. ABSORBINE, JR., for mankind—an antiseptic liniment for bruises, cuts, wounds, strains, painful, swollen veins or glands. It heals and soothes. $1.00 a bottle at druggists or postpaid. Will tell you more if you write.

W. F. YOUNG, P. D. F., 516 Lymans Bldg., Montreal, Can.

Absorbine and Absorbine, Jr., are made in Canada.

WOMAN NOW IN PERFECT HEALTH

What Came From Reading a Pinkham Advertisement.

Paterson, N. J.—"I thank you for the Lydia E. Pinkham remedies as they have made me well and healthy. Sometime ago I felt so run down, had pains in my back and side, was very irregular, tired, nervous, had such bad dreams, did not feel like eating and had short breath. I read your advertisement in the newspapers and decided to try a bottle of Lydia E. Pinkham's Vegetable Compound. It worked from the first bottle, so I took a second and a third, also a bottle of Lydia E. Pinkham's Blood Purifier, and now I am just as well as any other woman. I advise every woman, single or married, who is troubled with any of the aforesaid ailments, to try your wonderful Vegetable Compound and Blood Purifier and I am sure they will help her to get rid of her troubles as they did me."—Mrs. ELSIE J. VAN DER SANDE, 36 No. York St., Paterson, N. J.

Write the Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass, if you need special advice.

Has been Canada's favorite yeast for more than forty years.

Enough for 5c. to produce 3 large loaves of fine, wholesome nourishing home made bread. Do not experiment, there is nothing just as good.

E.W. GILLETT CO. LTD
TORONTO, ONT.
WINNIPEG MONTREAL

Paper from Hop Refuse.

Material for making good paper it is said, can be produced from refuse hops that have hitherto been thrown away by breweries.

Keep Minard's Liniment in the house.

A dish of cold water in the oven will prevent cake from burning.

America's Pioneer Dog Remedies

BOOK ON DOG DISEASES And How to Feed

Mailed free to any address by the Author

H. CLAY GLOVER CO., Inc. 118 West 31st Street, New York

When buying your Piano insist on having an "OTTO HIGEL" PIANO ACTION

NEWSPAPERS FOR SALE

PROFIT[illegible] BAKING NEWS AND JOB Office for sale in good Ontario town. The most useful and interesting of all business papers. Full information on application to Wilson Publishing Company, 73 Adelaide Street, Toronto.

MISCELLANEOUS

CANCER TUMORS LUMPS ETC. internal and external, cured without pain, no one home treated. Write before too late. Dr. Kellogg's Medical Institute, Collingwood, Ont.

AUTOMOBILES FOR SALE

1916 CADILLAC—IN GOOD RUNNING condition. Has spare tire. Price $250.

1916 MODEL, 6 CYLINDER, 5 PASSENGER Touring Car. Electric lights and starter. Recently overhauled and newly painted. Tires in good condition. Price $1,300.

1915 MODEL, 6 CYLINDER, 5 PASSENGER Touring Car, with lights and starter. Thoroughly gone over in our shop and newly painted. Covers on all seats and doors. Price $1,200.

MODEL 37, 5 PASSENGER, 4 CYLINDER Touring Car. Electric lights and starter, in good running order and newly painted. Looks like a new car. Price $650.

SEDAN. A VERY FINE closed car seating five, electric lights and starter, also inside dome light. Nearly all the windows open, which gives ample ventilation for summer driving. Price $700.

MODEL 33, 5 PASSENGER, 4 CYLINDER Touring Car, in good running order, at a special price $350.

1913 MODEL "54" A HIGH powered, six cylinder, 5 passenger Touring Car. In good running order and looks like new. Price $750.

STUDEBAKER, SEVEN PASSENGER, 6 CYLINDER Touring Car, in good running order. Tires in good shape. This car is painted this year and looks very nice. Price $350.

JACKSON 5 PASSENGER, 4 CYLINDER Touring Car. Has electric lights, starter, good tires, and is a bargain at the price $300.

RUSSELL, 3 PASSENGER CABRIOLET, very handsome closed car, suitable for a doctor. Price $1,000.

We only sell used cars after the purchaser has had a demonstration and satisfied himself of the running quality of the car he is buying. Call at our showroom next time you are in Toronto and let our salesmen show you any of our used cars and give you a demonstration.

THE DOMINION AUTOMOBILE CO. Limited
366-156 Bay Street, Toronto, Ont.

Doctors and Eye Specialists Agree That Bon-Opto Strengthens Eyesight 50% In a Week's Time In Many Instances

A Free Prescription You Can Have Filled and Use at Home.

Boston, Mass.—Victims of eye strain and other eye weaknesses, and those who wear glasses, will be glad to know that Doctors and Eye Specialists now agree there is real hope and help for them. Many whose eyes were failing say they have had their eyes restored and many who once wore glasses say they have thrown them away. One man says, after using it: "I was almost blind. Could not see to read at all. Now I can read everything without my glasses, and my eyes do not hurt any more. At night they would pain dreadfully. Now they feel fine all the time. It was like a miracle to me." A lady, who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seems clear. I can read even fine print without glasses." Another who used it says: "I was bothered with eye strain caused by overworked, tired eyes which induced fierce headaches. I have worn glasses for several years, both for distance and work, and without them I could not read my own name on an envelope or hit typewriting on the machine before me. I can do both now, and have discarded my long distance glasses altogether. I can count the fluttering leaves on the trees across the street now, which for several years have looked like a dim, green blur to me. I cannot express my joy at what it has done for me."

It is believed that thousands who wear glasses can now discard them in a reasonable time, and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses.

Dr. Beck, an eye specialist of nearly twenty years practice, says: "A patient came to me who was suffering from Blepharitis Marginalis with all the concomitant symptoms, as morning agglutination of the lids, chronic conjunctivitis and ophthora. When not congested had the diffused expression common to such cases. Having run out of her medicine a friend suggested Bon-Opto. She used this treatment and not only overcame her distressing condition, but strange and amazing as it may seem, so strengthened her eyesight that she was able to dispense with her distance glasses and her headache and neuralgia left her. In this instance I should say her eyesight was improved 100%. I have since verified the efficacy of this treatment in a number of cases and have seen the eyesight improve from 25 to 75 per cent in a remarkably short time. I can say it works more quickly than any other remedy I have prescribed for the eyes."

Dr. Smith, an oculist of wide experience, says: "I have treated in private practice a number of serious opthalmic diseases with Bon-Opto and am able to report ultimate recovery in both acute and chronic cases. Mr. B. came to my office suffering with an infected eye. The condition was so serious that an operation for enucleation seemed imperative. Before resorting to the operative treatment I prescribed Bon-Opto and in 24 hours the secretion had lessened, inflammatory symptoms began to subside, and in seven days the eye was cured and retained its normal vision. Another case of extreme convergent strabismus (cross eyes) escaped the surgeon's knife by the timely use of your collyrium. The tightened external muscles yielded to the soothing and anodyne effects of Bon-Opto. I always instil Bon-Opto after removal of foreign bodies and apply it locally to nail beams, ulcers and spots on the eyeball or the lids for its therapeutic effect. By cleansing the lids of secretions and acting as a tonic for the eyeball itself the vision is rendered more acute, hence the number of cases of discarded glasses."

Dr. Conner says: "My eyes were in bad condition owing to the severe strain arising from protracted microscopical research work. By following the directions I received a surprising result. I found my eyes strengthened, so much so that I can read for hours without glasses. I have recommended Bon-Opto to many of my friends and patients with results that have been very satisfactory."

Bon-Opto is not a patent or secret remedy. It is sold on the formula being printed on the manufacturer's guarantee that it will strengthen the eyesight 50 per cent in one week's time, or refund the money. It is obtainable at good druggists, including Lymans, Limited, Montreal, and also by G. Tamblyn and Ltd., Toronto.