

All Pure Tea
Free from Dust
Sealed Packets Only
Never Sold in Bulk

"SALADA"

Black-Mixed-Natural Green. "E213"

The Bride's Name;

Or, The Adventures of Captain Fraser

CHAPTER XXIV.—(Cont'd.)

His nephew looked down. "I've heard about it," he said, with an attempt at gloom; "old George told me."

The old man, respecting his grief, smoked on for some time in silence, then he got up and patted him on the shoulder.

"I'm on the look-out for you," he said, kindly; "there's a niece of your aunt's. I ain't seen her yet; but your aunt praises her, so she's all right. I'll tell your aunt to ask for her."

"How many aunts have I got?" demanded Flower, with sudden irritation. The old man raised his eyebrows and stared at him in offended amazement.

"You're not yourself, Fred," he said, slowly; "your misfortunes are shaking you up. You've got one aunt and one uncle which brought you up and did the best for you ever since you was so high."

"So you did," said Flower, heartily; "I didn't mean to speak like that, but I'm tired and worried."

"I see you was," said his uncle, amiably; "but your aunt's a wonderful woman. She's got a business 'and, and we're doing very well. I'm buying another schooner, and you can 'ave her or have the 'Foam' back, which you like."

Flower thanked him warmly, and Mrs. Barber returning, he noticed with some surprise the evident happiness of the couple for whose marriage he was primarily responsible. He had to go over his adventures again and again. Captain Barber causing much inconvenience and delay at supper time by using the beer-jug. To represent the Golden Cloud and a dish of hot sausages the unknown craft which sank her. Flower was uncertain which to admire most; the tactful way in which Mrs. Barber rescued the sausages of the readiness with which his uncle pushed a plate over a fresh stain on the tablecloth.

Supper finished, he sat silently thinking of Poppy, not quite free from the fear that she might have followed him to New Zealand by another boat. The idea made him nervous, and the suspense became unendurable. He took up his cap and strolled out into the silence of the evening. Conscience seemed to have left him when he was absent, and under present conditions he was not likely to be troubled by it.

"I ran to him," said the chaplain, describing what happened, "but one glance told me he was gone. The great artery was shot through, and in a moment the bravest, most unselfish man I ever knew had gone home."

The concluding sentences of the letter are as follows: "I cannot close without telling of my intense admiration for the men and officers who gained this great victory. The battalion came out utterly exhausted, but with the spirit of conquerors. For our dead we mourn, but, at the same time, I shall always remember with pride and admiration their measureless faithfulness. Never shall I forget the most live for. I never shall I forget the boy I left behind, his wonderful unselfishness, his sublime courage. Some day I shall see him again, and tell him how I love him for what he was in himself, and what he did for others. If only he lived, he and I would have been one in the friendship begotten of a great experience. He was a Barnardo boy, homeless, but a friend and lover of his Master."

HEROISM OF BARNARDO BOY.
Fell Succoring the Wounded, Writes Canadian Chaplain.

At 5.30 on Easter Monday morning the barrage on Vimy Ridge started, and immediately thereafter the boys went over the parapet. Five minutes later a Canadian doctor and a chaplain followed them. With the doctor was a young lance-corporal, "pure gold," says the chaplain. With him as ever served his King, is the chaplain's description of him.

The doctor took the right section, the chaplain and the sergeant went to the left, searching the shell holes for the wounded, doing some rough and ready first aid, and administering such help and comfort as were possible. While engaged in this work the young sergeant was killed. The chaplain had turned aside a few feet to give direction from some men, when one of them said, "Your order is his."

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THOSE ODD MOMENTS.
With Too Many Rules Life Becomes Somewhat Burdensome.

Life is largely made up of odd moments, and perhaps this explains why some people are for ever telling you about their odd moments in a thousand different ways.

"For instance, you are told to do breathing exercises every morning. Only ten minutes a day. What's that? You breathe obediently, rising ten minutes earlier for the purpose. You simply must try it! It makes life worth while. All anything that makes life worth while must certainly be worth while, you adopt the cold bath—and see up another ten minutes. Now, if only you would take a short run before breakfast, our next friend tells us, "you would be a different person altogether!"

You would like to be a different person altogether, so you run round the block three every morning. In due course, if you continue to adopt your friend's splendid suggestions, you find yourself crowded with so many odd moments that you have no time to think.

And then you realize that odd moments have a certain value of their own, and that some of them may be "wasted" with distinct advantage.

It looks like a short hay crop. Plant more corn.

About the House

Why Preserves Spoil.

Some of the causes of failure in home canning are:

First, not sterilizing the jars, lids and rubbers. To sterilize, the jars and the lids must be placed in a large boiler or cooking utensil, covered with cold water and brought to boil; boiled three minutes and then the jars are lifted out, drained and the vegetable or fruit is packed. Then the jar is filled with boiling water for the vegetables or a syrup for the fruit. The rubber and lid are placed in position and partially tightened; then proceed according to directions. Jar rubbers are sterilized by placing them in a saucepan and pouring boiling water over them, then letting the rubbers stand in this water for five minutes; the water will have also the advantage of being soft enough to slip over the top of the jars easily.

Second, the lids of the jars used in canning and preserving are very important. Old and worn lids are useless, as are those that have their edges forced out of shape when trying to open a sealed jar. Lids that have porcelain lining with cracks or that are loose are useless and might just as well be thrown away before they cause the contents of the jar to spoil. An when an old lid like this is used in spicing and pickling this acid is liable to work between the porcelain cap and its metal holder, and get up a decomposition that may prove very dangerous.

Cheap Cuts of Beef.
The cheaper cuts of meat are unquestionably as nutritious as the more expensive cuts, only they require slower cooking with moisture. The neck pieces of beef furnish stews. Hamburger steak (small steaks) and roasts of good flavor are obtained from the chuck ribs. A portion from the back of the forequarter is chosen for a pot-roast. This will include some of the vertebrae, which can go to the soup kettle. The cut from the underside of the neck, often called the "pot-roast," can be used for braising or can be cooked in hot water, seasoned highly and served with tomato sauce. Then there is a piece for corning which joins the sticking piece and contains the thin flat ends of the chuck and prime ribs.

The hindquarters contain the best known and most expensive cuts. The round is divided into three cuts, the upper being the most expensive.

The loin is good for braising or casseroles. The first three slices on the vein or muscle on the front part of the leg make a very good steak, or the whole makes an excellent roast. Meat should be roasted, skewered, or cooked in compact form, and should rest skin side down on a rack in a dripping pan. Dredge with flour and sear over the outside in a hot oven. After this add salt and pepper and dripping from a good fat. Cook at a low temperature and baste frequently. Ribs may be roasted just as they are or boned and rolled. Only the first five ribs of the forequarter are suitable for this purpose.

To roast a cheap cut of meat, rub salt well into the meat, place in a crock, cover, place over a slow fire. When taken out it will be brown and more tender than if roasted in an oven; also, it will have a nice gravy from the thickened. Do not put any water on the meat. Meat cooked this way is exceedingly tender and palatable.

Nutritious Combinations.
Numerous palatable combinations of two or more food materials which can be prepared by the housewife with but little trouble are suggested by food specialists.

The following are some of the suggestions:

Bolles: rice scrambled with eggs, served with succulent vegetable, such as stewed tomatoes, canned corn, green peas or beans, and bread and butter, and nuts and raisins or other dried fruits.

Green peas and canned salmon with white (thickened milk) sauce, served with corn bread and syrup.

Meat pie (meat from inexpensive cuts), or fish pie with flour or potato crust, served with turnips, carrots, onions or parsnips, and biscuits and butter, with jam or jelly, or hot chocolate.

Timber for Shipbuilding.
Every local freight train on the N.T.R. is carrying east in carload lots spars and other special timbers needed in the construction of wooden ships, an industry which is experiencing a great revival at various points in the Maritime Province.

Moncton, N.B. Some of the shipments consist of heavy timbers of western species. There is also considerable shipment of planing and wooden ribs for the vessels. The most curious part of the shipments, however, are the wooden "knees" which are really the crooked roots of trees, saved into sizes suitable to shipbuilding purposes. These "knees" can be made from ordinary timber, but builders prefer the natural bend of the roots, which are very fibrous and tough.

Quite an important part of present day lumbering operations is the digging of the crooked roots of trees, suitable for cutting into small knees as used for bracing stems and stern posts and similar parts exposed to heavy strains.

10000 Farmers Advise You To Use CARBOLA

not only because it is a really good disinfectant, but also because it has the advantage, possessed by no other, of drying white-ware dark colorless.

Use Carbola just as you would any disinfectant. It will paint your poultry houses, stables, pigsties, cellars, etc. when thoroughly white-ware solution of disinfecting purposes. Also use Carbola as a disinfectant for disinfecting purposes. Also use Carbola as a disinfectant for disinfecting purposes. Also use Carbola as a disinfectant for disinfecting purposes.

Kills Lice, Mites, Fly-eggs, and the Germs of Diseases
that sap the vitality, and reduce the poultry and livestock and sometimes cause severe money loss. Carbola comes in a convenient sized package, doesn't spoil by standing, so can be kept on surfaces or over wherever it is to be used. It has no disagreeable odor, and is harmless to man, beast or fowl—but it is such a powerful white disinfectant that it kills the germs of cholera, glanders and the many others that sap the vitality, and reduce the poultry and livestock and sometimes cause severe money loss. Carbola comes in a convenient sized package, doesn't spoil by standing, so can be kept on surfaces or over wherever it is to be used. It has no disagreeable odor, and is harmless to man, beast or fowl—but it is such a powerful white disinfectant that it kills the germs of cholera, glanders and the many others that sap the vitality, and reduce the poultry and livestock and sometimes cause severe money loss.

HOWLAND BROS & CO. LTD. TORONTO, CANADA

Ready to Use As Soon As Mixed With Water. Carbola Applied With Brush or Sprayer.

Keep Furnace Pipes Clear.
In order to recover small articles dropped through the floor register grating of a hot-air heating system without the necessity of removing a section of the pipe mesh gratings may be fitted into place. No gauge wire mesh may be used in places just large enough to fit into the metal box below the register. The best time to do this is as soon as the fire is out.

The Englishman, as a rule, makes a just and impartial judge, and a corrupt British judge is almost unknown. —Sir C. R. Lucas.

ROSS Self Sealers
For the Home Canning of Fruits, Vegetables and Meats
No. 2 ROSS PAT. CO. 560 King St. Toronto

What a Price to Pay for the Lack of Safe Roofing

EVER think that before you see your home destroyed by fire you can see it protected by safe roofing?

Real protection comes in the form of a "ROSS Self Sealer" roofing. This is a fire-resisting material that will hold its own against wind, rain, hail and snow. It is a fire-resisting material that will hold its own against wind, rain, hail and snow. It is a fire-resisting material that will hold its own against wind, rain, hail and snow.

ROSS Self Sealers are also easy to put on, and they are easy to take off when you want to change your roofing.

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Jellies have high food value

Make as many as you can. They will be worth a great deal to you next winter.

Lantic Sugar

"Pure and Uncolored"

makes clear, delicious, sparkling jellies. The purity and "FINE" granulation makes success easy.

2 and 5-lb 10 20 and 100-lb cartons sacks 130

Ask your Grocer for **LANTIC SUGAR**

A Toronto Hotel Flirting With Rural Ontario For Business

Rather a unique way of stating it, but it will attract your attention and that's the first duty of a flirt.

The matter of Hotel Accommodation is a serious problem just now. Since September last, many hotels have found it necessary to close.

The **WALKER HOUSE** (The House of Plenty) has actually been doing an enormous business since last September. Its wonderful success, and why the house is more like a home than a hotel, so skillfully and wisely managed. When you come to the city stay at the **WALKER HOUSE**, where home-like comforts are the dominating characteristics.

Special attention paid to Ladies and Children traveling without escorts, at Toronto's Famous Hotel.

Reasonable Rates **THE WALKER HOUSE** GEO. WRIGHT & CO. Proprietors.

HOLIDAY TIME CALLS FOR FLEET FOOT SUMMER SHOES

CAN'T trust yourself to slippery leather, in canoe, sail boat or yacht. And of course, you have to have Fleet Foot Shoes for tennis, baseball, golf and lacrosse. Fleet Foot Pumps or low shoes are the proper accompaniment of summer apparel. And Fleet Foot Summer Shoes cost so much less than leather, that it is real economy to wear them.

Look trim and neat—play yourself—and save money by wearing Fleet Foot summer.

WAR'S CHANGES IN LONDON LIFE

THE WORLD'S WAR THROUGH A WOMAN'S EYES

Description of life in Old London Under the Shadow of the Great Conflict.

It is not that we don't talk about it, about "going out" and about "the war." It is that we don't talk about it, about "going out" and about "the war." It is that we don't talk about it, about "going out" and about "the war."

Every day we have a new experience. Every day we have a new experience. Every day we have a new experience. Every day we have a new experience.

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LUCAS & CO. PROPRIETORS

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