

The Bride's Name;

Or, The Adventures of Captain Fraser

CHAPTER XX.—(Cont'd.)

"Mr. Fraser," said a surprised voice which tried to be severe. Mr. Fraser bounded from his chair and stood regarding the intruder with a countenance in which every feature was outwitting the other in amazement. "I thought—you—were on the Golden Cloud," he stammered. Miss Tyrell shook her head and looked down. "I missed the ship," she said, pensively. "Missed the ship?" shouted the other. "Missed the ship? Did Flower miss it too?" "I'm afraid not," said Miss Tyrell, even more pensively than before. "Good Heavens, I never heard of such a thing," said Fraser, "how ever did you manage to do it?" "I went to lie down a little while on Saturday afternoon," said Poppy, reflectively; "I'd got my box packed and everything ready; when I got up it was past seven o'clock, and then I knew it was no use. Ships won't wait, you know."

Fraser gazed at her in amaze. In his mind's eye he still saw the deck of the Golden Cloud; but Poppy's deck chair was empty, and Flower, in place of exchanging glances with her, was walking about in a staid equally composed of wrath and bewilderment. "And you had given up your berth in the City?" said Fraser, at length. "The consciousness of a little color in her cheek which she could not repress affected Miss Tyrell's temper. "No," she said, sharply. "Didn't you intend to go, then?" asked the bewildered Fraser. "I—oh, will you give me my gloves, please, before I forget them?" said Miss Tyrell, coldly.

It was Fraser's turn to color, and he burnt a rich crimson as he fished them out. "I was going to take care of them for you," he said, awkwardly. "I came to look after a pipe I thought I'd left here."

"I saw you taking care of them," was the reply. "There was a pause, during which Miss Tyrell took a seat and, folding her hands in her lap, gazed at him with the calm gaze which comes of perfect misdoing and the feminine determination not to own up to it. The room was no longer shabby, and Fraser was conscious of a strange exaltation.

"I understood that you had given notice in the City," he said, slowly; "but I'm very glad that you didn't." Miss Tyrell shook her head, and stooping down adjusted the fire-stove ornament.

"Didn't you intend to go?" repeated the laetful seaman. "I'd left it open," said Miss Tyrell, thoughtfully; "I hadn't definitely accepted Captain Martin's invitation. You jump at conclusion, so; but of course, when I found that Captain Flower had shipped before the mast for my sake, why, I had to go."

"So you had," said Fraser, starting. "There was no help for it," continued Miss Tyrell. "Didn't seem like it," said the more accurate Fraser.

"His head was in a whirl, and he tried vainly to think of the exact terms in which she had announced her intention to emigrate, and combated the objections which he thought himself justified in advancing. He began to remember in a misty, uncertain fashion that they were somewhat vague and disjointed, and for one brief moment he wondered whether she had ever had any idea of going at all. One glance at the small figure of probity opposite was enough, and he repelled the idea as unworthy. "I believe that you are sorry I didn't go," said Poppy, suddenly.

"I'm sorry for Flower," said the other. "He will be back in six or seven months," said Poppy, gently; "that will soon pass away. I shall not be very old to marry even then. Perhaps it is all for the best—I don't like—"

"Don't like?" prompted Fraser. "Don't like to be hurried," continued Miss Tyrell, looking down. There was another pause. The girl sat up, and, walking to the window, gazed out upon the street. "There is a nice air in the streets now," she said, at length, without turning round.

Fraser started. Politeness and incrimination fought with conscience. The Allies won, but inclination got none of the credit. "Would you care to go for a walk?" he asked.

Miss Tyrell turned and regarded him with an unmistakable air of surprise.

CHAPTER XXI.

The summer passed quickly. All this quickly for Captain Barber, who said that it was the shortest he ever remembered. But then, his memory, although greatly improved, was still one of the best, many things which Mrs. Church fondly and frequently referred to having escaped it altogether. He even forgot that he was to be married in October, and in these circumstances Mr. Gibson and Mrs. Church put the bans up. This act, as a specific, and Captain Barber, putting the best face he could on the matter, accepted the inevitable.

The wedding-day found him resigned, but dazed. The morning air was crisp and chill, with a faint odour of dead leaves and the aromatic smell of chrysanthemums which decked the front garden. The house was as clean as a new pin, or the deck of the Foam, which, having been thoroughly scrubbed down in honor of the occasion, was now slowly drying in the sun. Down below, the crew, having finished their labors for the day, were busily trying themselves in their Sunday best.

The grizzled head of Ben popped out at the companion and sniffed heartily at the smell of wet deck. His coat was of black, and his new boots leaked delightfully as he slowly paced the deck and affected ignorance of the little cluster of heads at the forecastle hatch. He went below again, and a murmur, gentle, but threatening, rose against Tim. (To be continued.)



About the House

Too Much Dessert. In the average family, the dessert problem takes up more time than the more substantial courses. Traveling through a farm district recently, the writer found that the particular branch of cooking in which women were most interested was the making of cakes and desserts. At a demonstration lecture at a western university before 600 women the whole time was devoted to serving afternoon tea and showing how the cakes and loaves and other desserts should be made.

Now I do not wish to disparage the arts of confectionery and the making of delicious sweets, but I do think that perhaps our women over-emphasize the need and time for making desserts. Many girls proudly boast that they can make cake and fudge and concoct delicious, if overly rich, salads, but can these girls make equally good bread, prepare meats so that they are luscious and tempting and stew the plainer fruits so that they are wholesome and attractive?

I have said often that meats and vegetables are more poorly cooked in this than in any other country, and this statement is based on extensive travels abroad. On the other hand, we seem to emphasize the need of puddings, pie, cake and wrongfully stimulate to give it an appetite for them in our families.

If we want to classify the family according to taste, we might well begin with father, who feels the meal is incomplete unless he has a hearty triangle of pie at the end. Now, there is nothing about a good pie to be criticized, but it is the one dessert which must be well made in order to take a considerable amount of time. Just why it should be a staple dessert in many a home cannot be fathomed, since all dietitians agree that the crust is not wholesome if eaten frequently or on top of an already generous meal. Then there is the child who will not eat the rest of his meal because he is so anxious for dessert, and whose taste has been educated beyond simple desserts like rice pudding, cornstarch or fruit, and who desires more elaborate puddings with sauces, and, worst of all, whipped cream.

Whipped cream in itself is unobjectionable, but when added to another food which is sweet at a fat the combination often proves disastrous to one's liver! The cream itself is practically all fat, so that it should never be used with desserts which contain a large amount of fat or sugar in some other form.

It is the exceptional dinner among middle class families across the Atlantic which has anything for dessert except fresh fruit, cheese and crackers. On stoved fruits, which are called "compotes" may be served with a small offering of tiny cakes. There is much in favor of this simple type of dessert which would mean so much less work for the homemaker and fewer overburdened digestions. Fruit, either fresh or canned, without much sugar, is the dessert which could be served every day and which would be by far the most wholesome for children and old people, who particularly need the salts and mineral values that food offers.

Another more wholesome plan is to make a combination salad dessert at the end of a hearty meal. So many delightful salads can be made even in winter or between seasons, that one often wonders why another course is passed after the salad. A sweet dressing may be used, especially with fruits, and if accompanied by crackers or wafers and the cup of coffee or tea the stomach really should not crave or need anything else.

Menus For The School Children's Dinner.

1. Eggs, boiled; codded, poached or scrambled; bread and butter; spinach or other greens; cake.
2. Beef stew with vegetables; milk; crisp, thin tea biscuits; honey.
3. Dried bean or pea puree; toast; baked apple; cookies.

4. Vegetable-milk soup; rice with maple sugar and butter or with milk or cream.

5. Potato chowder; crackers; jelly sandwiches.
6. Cold meat; creamed potatoes; peas, bread and butter; frozen custard or plain ice cream and plain cake.
7. Lamb chops; baked potatoes; bread and butter; sliced mixed fruits; cookies.
8. Baked omelet with spinach, kale or other greens; bread and butter; apple sauce; cake.
9. Milk toast; string beans; stewed fruit; cake.
10. Boiled potatoes; codfish gravy; bread and butter; lettuce; custard.

Casters for the Kitchen Table. The most convenient thing in my well-equipped kitchen, says a good housekeeper, is the table, which is movable. We bought four ordinary casters, which we fitted in the legs of the table, so it can easily be rolled to the sink to receive the dried dishes, then to the pantry, where they can all be "placed" with a single effort (thus saving much walking back and forth), or to the stove when canning fruit, etc. You will find such a movable table a great source of help in the conservation of energy and valuable as a time saver.

The Right Way. To give your blouses and handkerchiefs an exquisite, subtle, fresh and flowery odor, put a small piece oforris root in the rinsing water when washing them.

To cook a fevered patient, add a little bicarbonate of soda to bathing water.

To prevent green vegetables from boiling over drop a piece of dripping the size of a walnut into the center of them just as they commence to boil.

Fish that is to be boiled will be improved if it is placed in a dish containing melted butter for an hour before boiling.

Sprinkled eggs and onions is made by first frying the onions, then turning the eggs into the pan, and stirring as usual.

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