

THE MEANING OF THE REVOLUTION

GROWTH OF THE SPIRIT OF DEMOCRACY IN RUSSIA

Russian Army and Russian People Have One Single Aim, Winning Of the War.

The Duma has been greatly responsible for the growth of a spirit of democracy in Russia, for although the first Dumas did not accomplish much in the way of legislation, the members enjoyed the right of free speech and the newspapers reported what was prohibited from being reported by public speeches made outside the Duma, writes Mr. Riddle, formerly American ambassador to Russia.

There never has been much manifestation of public opinion in Russia because the mass of Russian peasants have no opinion, to express, so far as foreign politics or national government is concerned.

The spirit of nationalism and a feeling of sympathy for all Slavs has been the one subject which has brought forth a manifestation of feeling on the part of the Russian masses, who are very interested in the fate of their "little brothers," the Slavs who have been, or still are, under Turkish or other foreign domination. It was this spirit which brought about the war of 1877 which Turkey.

Even the Russian peasants who take no interest in home or foreign politics feel intensely on this question of nationalism.

What the Revolution Means.

The revolution in Russia seems to be more a purging of foreign influence than anything else. It is an expression of national feeling.

There have always been many persons on the Russian court who were strongly pro-German. The court itself, that is, the family of the Czar, has always had strong pro-German sympathies. Although France has been Russia's natural political ally, the Czar has always shown more interest in German institutions than in French.

A minor incident illustrates this feeling. On the birthday of the Kaiser, January 27, and the birthday of the late Emperor of Austria, August 13, the Czar always gave a banquet to the Teutonic embassies, drank the health of the rulers and extended every courtesy to their representatives. But he did not pay any attention to July 14, the French national day.

Probably he considered Germany to be the principle of authority in autocracy, while France stood for democracy.

It is true that since the Japanese war there has been a certain development of the democratic idea in Russia, but I do not think the people want to do away with the throne. They want to rid the government of some of the pernicious growths and barbed that have adhered to it.

Russians always have enjoyed a deal of democracy in their local government. The Zemstvos, which are somewhat like county councils, are chosen by the people, and their voice supreme in matters of local government. In the present war the Zemstvos have been active in the forwarding of supplies and other military matters and have enjoyed the full part of the people.

The Russian government always has been patriarchal, and the peasant is inclined to let it take care of national affairs.

Aim to Fight War to Finish.

Although the Russian army and people have not always been one in past, they are at the present time. They have one, single purpose, and that is the winning of the war, which means the liberation of Slavs under foreign domination.

There has been sporadic revolutions in Russia since 1825, and it is said that Alexander II, had a constitution signed the day he was assassinated. These revolutions have never amounted to any great extent but the government has been mostly in the cities where students, college professors and educated people who do not have a voice in the government directed them.

Throughout the country the revolutionary movements have not been felt. Times mobs burn houses and loots in the provinces, but it is not to get food and not to attempt to the form of government.

FROM OLD SCOTLAND

NOTES OF INTEREST FROM HER BANKS AND BRAES.

What is Going On in the Highlands and Lowlands of Auld Scotia.

The fishermen at Machrie Bay, Arran, are securing herring in large quantities.

The Duke of Argyll has presented half a ton of coal to each poor family in the locality.

The domestic servants of Edinburgh have already contributed £1,884 to various war funds.

The late John Duncan of 16 Royal Terrace, Glasgow, has left an estate valued at £66,000.

Persons citizens are using paraffin lamps as a protest against the poor quality of the local gas.

James Lindsay, solicitor, has been appointed secretary and treasurer of the school board of Inverary.

The Edinburgh Town Council will use the corporation greenhouses for the growing of vegetable plants.

The Edinburgh and District Ladies' Aid Committee distributed 21,926 eggs during the month of January.

H. H. Martin has been elected a member of the Dundee Town Council to succeed the late James Ferris.

Major-General Sir Robert Pringle, who was recently made a K.C.M.G., is a member of the Dundee Town Council.

James Gilchrist Pringle, Stranraer, is a member of the Dundee Town Council.

James Pringle is the newly elected member of the Master Masons' of Dundee.

The Dundee Association of Glasgow, according to the annual report of the Dundee Tramways System is in a condition that it has been for years.

At a recent meeting of the yearling Ayrshire at James Howie, of Hillhouse, a cow of 87 was got for fifteen guineas.

The Corporation of Glasgow has decided to erect twenty or thirty new buildings for the laboring classes.

Persons in the Glasgow district have had their wages advanced one guinea per hour, making the standard rate for the district.

Mr. George L. Gulland, who has been elected C.M.G., was born in 1862, and is a professor of medicine in Edinburgh University.

CAPTURED BY A LION.

Thrilling Experience of a British Trooper in German East Africa.

While on duty in German East Africa, a British trooper was captured by a lion in the middle of a detachment of the 1st South African Horse, was the subject of a postcard telegraph from the 1st South African Horse, who is now in the hospital in German East Africa. A command tells about the capture.

The lion came at Saragat on the central railway, about four miles from the station, and writes that he was captured by the lion, but I do not think the people want to do away with the throne. They want to rid the government of some of the pernicious growths and barbed that have adhered to it.

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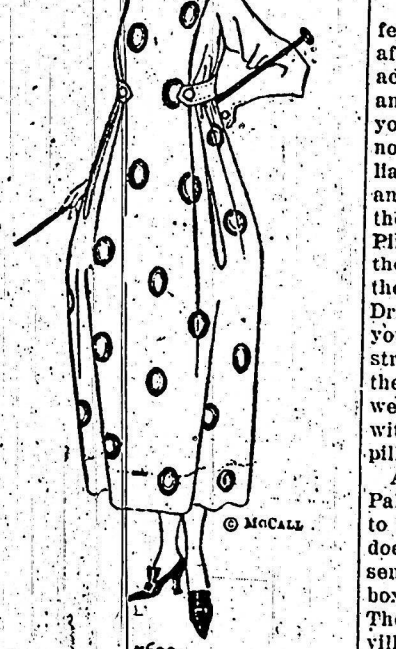
Throughout the country the revolutionary movements have not been felt. Times mobs burn houses and loots in the provinces, but it is not to get food and not to attempt to the form of government.

You Can Do Your Bit in the trenches, in the home, in the office, in the factory, in the store, when the body is nourished with foods that build healthy muscle without overtaxing the digestive organs. Shredded Wheat Biscuit contains the greatest amount of body-building nutrient at lowest cost. It strengthens the muscles of the stomach and intestines by making them do their normal work in a natural way. A better-balanced ration than meat or eggs, more easily digested and costs much less. Ready-cooked and ready-to-eat. For breakfast with milk or cream, or for any meal with fruits. Made in Canada.

Styles for Spring

There will be two fashionable silhouettes this spring. The slim silhouette, with its straight, clinging lines will continue to be first in favor, but the new barrel skirt will give women a chance to indulge in the bouffant effect, which will, doubtless, be welcomed by those who have complained of being tired of the eternal straight line.

True to its name, the new silhouette is in the outline of a barrel, bulging at the hips and drawn in at the waist and ankles. There are many ways of accomplishing this puffiness over the hips. One is by the clever draping of the material at the waistline somewhat after the fashion of the "peg-top" skirts that were used some years ago. This type of the barrel skirt is shown in the sketch, which illustrates a dress of figured pongee with sleeves and belt of plain pongee in natural color. The skirt narrows down to two yards at the hem; for the narrow skirt, especially in this form, is to come in with the spring, fashion authorities say. This silhouette has also been named the "bowling-pin."



Dress of Pongee Showing the New Silhouette

Illustrates a dress of figured pongee with sleeves and belt of plain pongee in natural color. The skirt narrows down to two yards at the hem; for the narrow skirt, especially in this form, is to come in with the spring, fashion authorities say. This silhouette has also been named the "bowling-pin."

Steady Those Nerves!

If it's caffeine—the drug in tea and coffee—that's causing shaky nerves, the remedy is perfectly plain—

Quit both tea and coffee, and for a pleasant, healthful table beverage, use—

POSTUM

Postum is a delicious cereal drink, pure and nourishing and absolutely free from any harmful ingredient.

There's a big army of Postum users who are enjoying better health and comfort since joining the ranks.

"There's a Reason"

Canadian Postum Cereal Co. Ltd., Windsor, Ont.

and looking at the whole silhouette from shoulder to ankles, and not merely from the waist downward, the name is indeed most appropriate.

Perhaps the most generally favored of all fabrics this spring will be satin. It is to be used for one-piece dresses, suits, and for separate coats. This material will also be in demand for evening gowns and afternoon dresses, and for these its popularity will be shared by charmeuse, which is very closely related to satin. The suits and dresses of satin will be decorated with braiding and embroidery, and much of the embroidery will carry out the Oriental colorings which are distinctly in vogue this season.

These patterns may be obtained from your local McCall dealer or from The McCall Co., 70 Bond Street, Toronto, Ont. Dept. V.

Good Salesman.

"You waste your time painting pictures."

"You are wrong—I sell my pictures."

"Which fact convinces me you can sell anything. Why not take up insurance, or motors, or something with big money in it?"

IMPURE BLOOD IN THE SPRING

The Passing of Winter Leaves People Weak and Depressed.

As winter passes away it leaves many people feeling weak, depressed and easily tired. The body lacks that vital force and energy which pure blood alone can give.

Dr. Williams' Pink Pills for Pale People are an all-year-round blood builder and nerve tonic, but they are especially useful in the spring. Every dose helps to make new, rich, red blood. Returning strength commences with their use and the vigor and cheerfulness of good health quickly follows.

There is just one cure for lack of blood and that is more blood. Food is the material from which blood is made, but Dr. Williams' Pink Pills double the value of the food we eat. They give strength, tone up the stomach and weak digestion, clear the complexion of pimples, eruptions and boils, and drive out rheumatic poisons.

People are an all-year-round blood builder and nerve tonic, but they are especially useful in the spring. Every dose helps to make new, rich, red blood. Returning strength commences with their use and the vigor and cheerfulness of good health quickly follows.

When the roots are well covered gently tread the soil, firming it about the roots. Fill up the hole until it is slightly above the level of the ground.

THE ONLY MEDICINE FOR LITTLE ONES

Mrs. Timothy Bowes, Blissfield, N.B., writes: "I have always used Baby's Own Tablets for my three children and I can speak very highly of them as I could not get any other with them. Baby's Own Tablets are the only medicine I would use for my children. The Tablets cure all the minor ills of little ones and the mother who always keeps a box of them in the house may feel reasonably safe against the consequences of sudden attacks of illness. They are sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

Shade Trees.

In the planting of shade trees, could not those trees be used that would not only give shelter to birds but food as well? A black sweet cherry or wild cherry tree is beautiful and free from attacks of scale as compared to other trees. A few locust trees with a twisting grape-vine twining over them are beautiful, and the fragrance of the grape blossoms is a delight and a glorious feast for bees. Where are the birds to nest and feed if all the timber is to be cut down?

ALL FOR NOTHING.

Some English People Not The Least Alarmed by German Frightfulness.

A recent amusing sketch in Punch depicted a stout British matron, during a midnight Zeppelin raid, painting her dutiful way up to the attic bedroom of the new maid to invite her to join the family downstairs—of course, for greater safety. But the girl, kneeling in the window seat, merely turned an excited countenance over her shoulder long enough to reply politely:

"Oh, thank you, ma'am, but it isn't necessary. I've a beautiful view up here!"

THE COLONEL SAYS:

"Zam-Buk is a valuable addition to every soldier's kit." This remark was made by Lieut.-Col. A. C. Hamilton Gray, R.C.I.C., Wellington Barracks, Halifax, N.S. He says further:

"I can speak from personal experience, as I have used Zam-Buk myself for cuts, burns and rheumatism, and believe there is nothing to equal it."

Zam-Buk, the great herbal balm, is a boon to the men in the trenches—it ends pain and heals so quickly, and instant application of Zam-Buk prevents all possibility of festering or blood-poisoning.

Don't forget to put some Zam-Buk in your next parcel to the front. All druggists, or Zam-Buk Co., Toronto: 60c. box, 3 for \$1.25.

ZAM-BUK

The Russian Minister of Agriculture has been given power to create on Crown lands reserved areas for the preservation and breeding of fur-bearing animals and of birds.

SAWYERS, BOX MAKERS & LABORERS WANTED

FIRSTBROOK BROS. Limited
283 King Street East, Toronto

PLANTING ROSES.

Beautiful the Home Grounds With Climbing and Dwarf Roses.

The soil for roses should be dug fully two feet deep. If the soil is heavy incorporate with it stable manure; if it is light use cow manure. If possible, the manure should be thoroughly mixed with the soil and the ground should be allowed to settle a day or two before planting.

Roses should not be planted in wet soil. If the plants are to be planted in a rainy period dig a shallow trench in sheltered locality, lay the roots in this, cover them over with earth and leave them until the ground dries up.

Dwarf roses should be planted from eighteen to twenty-four inches apart and standards thirty inches apart. It is a good plan to place the roots in a pail of water for a few hours before planting.

Make the holes of ample width so the roots can spread out properly in their natural position. Put a layer of hole for the drainage which is so important in rose culture. Have the sides of the hole higher than the centre, which allows the roots to consume their former position and tends to drain the water away properly.

The union of stock and the scion should be planted two inches below the ground level, and if stakes are to be used these should be placed in position before the roots are covered. Cut away all dead and bruised roots. The soil placed in immediate contact with the roots should be light, sandy and fairly rich where this combination is possible.

Had Fourteen Fits In One Afternoon

But Is Made Well and Strong By Dodd's Kidney Pills.

Mr. R. J. Thompson, of Oxbridge, tells the Story of His Terrible Trouble and Almost Miraculous Cure.

Oxbridge, Ont., Apr. 25d. (Special.)—Mr. R. J. Thompson, living near here, had fourteen convulsions in one afternoon. The doctors did not think he could live. To-day he is well and strong. He says Dodd's Kidney Pills did it. But let him tell his own story: "I am delighted with Dodd's Kidney Pills," Mr. Thompson states. "I have only taken eleven boxes and I feel like myself again."

"I was taken ill very suddenly. I ate my dinner and went to take a man home. I just got about three-quarters of a mile when I was taken with a convulsion fit. I had fourteen that afternoon and the third day I had nine more."

"The doctors said I could not live and if I did I would never be able to do anything again, as I had chronic Bright's Disease. But thank God I am doing my own work once again, by the use of Dodd's Kidney Pills."

Bright's Disease is the most advanced stage of kidney disease. It can be avoided if the earlier stages of kidney trouble are remedied by the use of Dodd's Kidney Pills.

Character in Nails.

Large nails are usually associated with business acumen and sound judgment. If very white, coldness and selfishness are shown, with heavy weakness. Long nails reveal an impulsive, non-critical nature. The owner will be good-tempered, but hasty. Short nails are evidence of a critical nature, everything being examined and analysed. The owner will be sceptical and sarcastic, and love disapproval. If the nails be broader than the owner will love a quarrel, and be white spots on the nails should be watched, as they are indicative of nerve trouble, and show that the system is running down. Nails bitten to the quick evidence a very tender, nervous, anxious, highly-strung temperament.

YES! MAGICALLY!

CORNS/LIFT OUT WITH FINGERS

You say to the drug store man, "Give me a small bottle of freezeon." This will cost very little but will positively remove every hard or soft corn or callus from one's feet.

A few drops of this powerful compound applied directly upon a tender, aching corn relieves the soreness instantly, and soon the entire corn or callus, root and all, dries up and can be lifted off with the fingers.

This new way to rid one's feet of corns was introduced by a Cincinnati man, who says that freezeon dries in a moment, and simply shrivels up the corn or callus without irritating the surrounding skin.

Don't let father die of infection or lockjaw from whitening at his corns, but clip this out and make him try it.

If your druggist hasn't any freezeon sell him to order a small bottle from his wholesale drug house for free.

Taking No Chances.

Mrs. Nurox (to friend)—Yes, the clerk at the store suggested my getting a pair of opt glasses for Jake, but I said that I didn't want my man always goin' out between the acts to fill 'em.

Minard's Lintment Cures Dandruff.

In the journey of life it is not always the insignificant distances that count. The most wonderful road over travelled lay straight and steep between a manger and a near-by hill.

Scientifically Made

EUREKA HARNESS OIL

Eureka Harness Oil is a scientific preparation. It is a pure mineral oil, therefore cannot turn rancid. It contains no acids, and so does not cause itching. Eureka does up all back leather—saddles, harness, shoes, shirley, pliable—new-looking.

THE IMPERIAL OIL COMPANY, Limited
Branches Throughout Canada

Put a Stop to all Distemper CURES THE SICK

And prevents others having the disease no matter how exposed. All good druggists and toy goods houses.

Chemists and Sectors: Toronto, Canada, U. S. A.

dog was long past puppyhood, and the bench indicted the usual fine.

Talking it over afterwards, the farmer exclaimed: "Ang me if I can understand it! Last year, an' the year afore that, I told the same tale 'bout the same dog, an' it was meddlin' w' t' law since last year?"

Revision of the Complicated System of British Coinage.

Among the many reforms brought appreciably nearer by the war is the revision of the British coinage system. The Old Country coinage is admittedly the most complicated in the world and as a consequence British trade in foreign countries has suffered by reason of the inability of other countries to master its intricacies.

A Bill is being promoted to change all this. The Decimal Association, supported by the Chambers of Commerce, urge that the unit should be the florin instead of the sovereign. The florin would contain one hundred cents, and so the shilling would become a fifty-cent piece, and the sixpence twenty-five cents. There would have to be a one-cent piece, just a trifle less valuable than the present farthing.

The five-shilling piece would be swept away together. On the other hand, two new nickel coins are suggested. One of these would be a ten-cent piece (equivalent to twopenny-halfpenny at present), the other a five-cent piece (equivalent to a penny-farthing).

Behind the suggestion is the closely allied one that the metric system of weights and measures should be introduced.

Another Invention.

The unbreakable mirror is here. Think of what a boon it will be to campers, to the automobile owners and to the superstitious! Possess one and "seven years' bad luck" will be shelved with other men's mythology. The mirror is made by a patent process and the reflection is absolutely clear, although neither quicksilver nor glass enter into its composition. It comes in different sizes and shapes, the prices ranging from fifty cents to \$2.

This Simple Rule Soon Strengthens A Delicate Stomach

It really is unnecessary to dose yourself with powerful pills or artificial digestives if you use the most useful and interesting of all business. Full information as to how to get the best results from this simple rule, write to the author, Dr. Williams' Pink Pills for Pale People, 250 West Adelaide Street, Toronto.

When buying your Piano Insist on having an "OTTO HIGEL" PIANO ACTION

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DOG DISEASES AND How to Feed

When buying your Piano Insist on having an "OTTO HIGEL" PIANO ACTION

ABSORBEINE

Reduces Stained, Puffy Ankles, Eczema, Swelling, Sprains, Lacerations, Itches, Burns, Scalds, Cuts, Bruises, Blisters, Boils, Chafes. It is a SAFE ANTISEPTIC AND GERMICIDE. Does not blister or remove the skin. Can be used on all parts of the body. \$2.00 a bottle, delivered. Describe your case for special instructions and Book 5 M free.

ABSORBEINE, J.R., 118 West 31st Street, New York.

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Books Patent Protection Free

BABCOCK & BONS

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99 ST. JAMES ST., MONTREAL
Branches: Ottawa and Washington

Have a Bottle Handy!

Sloan's Lintment is assigned its place among the trusted family remedies in thousands of medicine closets. Confidence in it is based on the uniform effectiveness with which it banishes the pains of rheumatism, neuralgia, gout, lumbago, sore throats, bruises, sprains and strains. Clearer and easier to use than many plaster or ointments. It penetrates and relieves quickly without rubbing.

At all druggists, 25c. box and \$1.00.

Sloan's Lintment

KILLS PAIN

Put a Stop to all Distemper CURES THE SICK

And prevents others having the disease no matter how exposed. All good druggists and toy goods houses.

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MAGIC BAKING POWDER

NO ALUM
MAGIC BAKING POWDER
MADE IN CANADA
E.W. GILLET COMPANY LIMITED
TORONTO, ONT., MONTREAL

Cook's Tour.

Madame, the new cook has come, she wants to know where the will set her motor.

Madame's Treatment Course Burns, Etc.

FOR SALE

FOR SALE CHEAP—GOOD BOARDING HOUSE in Owen Sound in good repair, good location. Full information as to how to get the best results from this simple rule, write to the author, Dr. Williams' Pink Pills for Pale People, 250 West Adelaide Street, Toronto.

NEWSPAPERS FOR SALE

PROFIT-MAKING NEWS AND JOB OFFICES for sale in good Ontario towns. The most useful and interesting of all business. Full information as to how to get the best results from this simple rule, write to the author, Dr. Williams' Pink Pills for Pale People, 250 West Adelaide Street, Toronto.

MISCELLANEOUS

WANTED: NEW AND SECOND HAND: Bicycles, Cycle Works, etc. Write to the author, Dr. Williams' Pink Pills for Pale People, 250 West Adelaide Street, Toronto.

ASCERTAIN TUMORS, LIMBS, ETC. Internal and external, cured without pain by our home treatment. Write for free literature to the author, Dr. Williams' Pink Pills for Pale People, 250 West Adelaide Street, Toronto.

"Clean All" FOILER COMPOUND

For all Boiler Feet Waters, Oxidized Scaling and Boiling Grate Bars for all requirements. Capable Steam Boiler Equipment. Write to the author, Dr. Williams' Pink Pills for Pale People, 250 West Adelaide Street, Toronto.

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