FACING A GREAT NATIONAL CRISIS

OW GREAT BRITAIN PREPARED FOR WORLD-WAR.

ever Before Has the World Seen Such Astounding Effort on the Part of Any Nation.

A Canadian visitor to England at e outbreak of war, says: "I found e whole nation straining to expe- e its war mobilization. Britain was its shirt sleeves in the public parks, ating volunteer battalions at a rate dreamed of in history. In the great eks of London—Hyde Park, Re- nt's Park, St. James' Park—men rched and counter-marched all day g under the direction of old and ex- ienced sergeants. These men were first of Kitchener's armies. It was privilege to be in London then. Mr. yd George, seldom unhappy in his quence, employed the phrase rough Terror to Triumph,' in writ- of the war recovery of the country m the conditions of that early pe- There was no terror. Rather the don—and so the England—of the months of 1914, was a London of t spirit and high courage; a Lon- whose heart and soul and mind e concentrated on the mighty and erative work to be done. It was oad city—a city that typified on and a past and saw in vital lenge only the more urgent neces- for aggressive measures. London onified the spirit of the race.

Great Voluntary Response.

And Glasgow looked down upo ion with an easy, if unexpressed ption of superiority and race higher enlistment. Little Wale ed its own Guards. Ireland— in a few hours of civil war- ed from civil strife to maintai egiments of old and glorious tra ns. In thousands upon thousands, urged to the colors. Companies place to battalions, battalions to ons, divisions to armies. The I was witnessing the greatest vol y response to public duty in the ry of all time, a response which ed our friends as it dumfound r enemies.

Britain's Military Strength.

the winter of 1914, one of the nformed men in London made an ate for me of the probable mili strength of Great Britain. After ly of census returns, he said: e are, roughly, 4,000,000 men of y age; 25 per cent. will be re- l in essential industries, another cent. will be physically unfit, n should raise and equip 4,000, en. Practically that whole force aised under the voluntary sys- Such an achievement is without el. There is a legend of one owed dragon's teeth and armed sprang up from the ground, equipped. These men did not from the ground. They were ly equipped. A nation called orled with a mighty brain and ck followed until Derby's s succeeded Kitchener's and con on finally closed the net on the ho remained. To-day, over 5, 0 men have enlisted in Great n. Five million men—legion legions—a giant host, the equiv- nder an infantry calculation of attalions—5 battalions a day ery day of the war—practically nen a day for 850 days. Fail blunder? Slowness? It is col- And Britain is only reaching ght of her military power. She 62 more divisions on the firing For two years and a half she marched from strength to h. She is still marching.

The British Navy.

as she has marched the Navy has protected her. It he seas to-day as it has since smashed the Armada—invincible upreme arbiter in human af- Let us not forget this in over- about submarine campaigns ndue emphasis upon channel A thousands years of strain, a d years of thought, a thousand f challenge found Britain fac- war with the most perfect machine of all time. Never ritain trusted the future of her and the destiny of her Em- uggressive steel on the waters tlect been so great, so power- is to-day. It is the Central who are under siege. It is man navy that is blocked in is German commerce that is d. It is Germany that has colonies. No foreign forces ced on English soil. Not that anding would be a matter of ern. It is conceivable that ny might succeed in crossing nel. He might land 50,000 or men. To do so would be to every man for a political ef- n would be of no value out- is own country. Britain is for any such extreme meas- has long been prepared. But e been no such landings. If e ever to have had real value t have been carried out in nths of the war. To-day only on would even suggest the

Vegetable Sponge.

et flat lands of Ecuador pro- ine yielding a fruit which d, forms a sponge said to be to animal sponges

YOUNG FOLKS

The Love Mitten.

Aunt Josephine is coming! Good, exclaimed Mary and Harold the postman brought the letter. always tells us lovely stories of her mouth," said Harold. Be- Aunt Josephine lived in the with the cows and the hens the sheep, and her stories were stories."

The children could hardly wait until time for Aunt Josephine's train, when she arrived at last, how they watched her while she her trunk.

Mary she brought a pair of warm mittens that she had made her- As she handed them to Mary "What every stitch auntie in thought of love, and won- where Mary would wear these and thought how carefully would keep and treasure them." Harold she gave beautiful reins to play horse. "When I was them," she said, "I gathered colors of the rainbow,—red, yellow, green, blue, indigo and so that the boys might be re- of the beautiful colors that the has given us to enjoy."

The next morning was cold and Mary begged to wear her new to school. Mother told her she could wear them, but that must be most careful not to lose Mary meant to be careful, of but she was so eager to get and see Aunt Josephine that in way she lost one of the mittens way. She came in crying as her heart would break. She was like the naughty kitten who her mitten, and could not have What if Aunt Josephine not tell a story to-night?

After supper, however, Aunt Jo said, "Now we will go up for the story," and Mary and went up two steps at a time. Harold did Aunt Josephine say the lost mitten much to Mary's relief, and they sat on the floor her feet before the warm fire as began with the magic words, once upon a time."

"Once upon a time," she said, "there two little lambs named Pet and They lived in the meadow of Farmer Jones with many other little and their mothers. But Farm- Jones had taken those two for his He said that when they big sheep he should keep wool for himself. All summer Pet scampered and chased other in the meadow until came and they had to be taken the barn for the cold weather.

As the days grew colder and cold- Farmer Jones watched over his filled their racks with hay filled the troughs to see that had enough fresh water, for the spring they were all to be sheared, so that their wool might warm clothes for some boy or

The early morning the were taken to the river to bath before they were that their wool might be to be sold. Babe followed the other sheep to water and there waited to be for they did not wanted to give to some girl or boy. Farm- Jones said to himself, 'I'll save wool for a shawl suit for my- as he was putting the wool he was careful to save the of Babe and Pet in a separate

The next day Farmer Jones had a He took it to see his She said was soon to visit to the city to see a girl who never had a chance to lambs and sheep. 'How they love to see lambs and Pet!' she

Farmer Jones to send them presents of Farmer Jones, and the news of Babe and have it made Then I will send it to something for

By the time Aunt Josephine had got story Harold and Mary guess who that visitors was, realize that their mittens and came from the wool of Babe and

We must all learn to be more of our gifts." Aunt Josephine for Babe and Pet would be so to know that their kindness had wasted; and Farmer Jones would grieved to learn that all his

Just then the door-bell gave a very ring—then another loud ring. one was at the door with a small thing in his hand. A school- of Mary's had found the love

A little later Bedtime came, and the children were sound asleep, dreaming of Farmer Jones and his pet lambs.—Youth's Companion.

The Boss.

A Swedish bridegroom, among the middle and lower classes, carries a This is an emblem of his au- in the domestic circle.

The juice of a cactus growing plen- in Uruguay is used with lime that country to make a brilliant which withstands storms years.

"Going up on High?" Better try the low gear first. The human engine must have the right kind of fuel-food. Power to do things comes from food that is rich in muscle-building material, that is easily digested. **Shredded Wheat** is a high-power food, the kind that fits a man or woman for the day's work—just enough muscle-making material, just enough heat-making material to keep the body in top-notch condition. Shredded Wheat is ready-cooked, ready-to-eat. Two Biscuits with milk make a nourishing meal at a cost of a few cents. Made in Canada.

THE WOODS IN WINTER.

To a True Lover of Nature Old Trees Inspire a Feeling of Reverence.

Probably there is no more widely diffused sentiment of the impersonal and unselfish sort than the love of nature. Witness the swarms of summer vacationists who endure not a little discomfort to be nearer to the great out of doors, even though that shall mean nothing beyond a country hotel and its contiguous fields and pastures.

To the great majority nature, to charm, must come with a smiling face. Green fields and sunlit meadows, cool woods murmuring to a summer breeze, a calm or playful sea, mountains bathed in moonlight, and looking properly phantomlike from a snug veranda, with the hum of human voices to temper their wild and fantastic beauty—these bring just the note of reassurance needed to make them pleasurable to the casual excursionist. Those who truly love nature will not be so easily satisfied.

A wild and furious sea, hurling itself headlong upon a lonely beach or jutting headland, in the inky blackness of a starless night, a field seeming to cower beneath the lash of a January gale, mountains half hidden in snow-storms which appear bent upon burying even those colossal forms, or standing revealed in dread distinctness under blinding flashes of lightning—these move the adept to heights of ecstasy not to be compared with the bland enjoyment of milder moments.

And so it is with the woods in winter. To those who have the proper Druidical reverence for trees and who can readily understand that a sturdy and majestic oak that has flung its arms fearlessly against the wind for a hundred years should come to be worshipped by the mere weak and grovelling race of men below, a wood is always a sanctuary, to be entered with quiet tread and hushed voice. How much more impressive is it, then, when each individual tree stands stark and cold, like a soul awaiting judgment, when the thin and lifeless rays of the winter sun intrude where the hot glare of a summer noon could never enter, when all its secrets stand revealed, when the wind tosses its gnarled branches as if seeking in a fury for the leaves to which it whispered secrets in forgotten June.

PLENTY OF FUN AT THE FRONT.

British Captain on Leave in New York Gives Some Trench Impressions.

Capt. Patrick Corcoran, of the Royal Engineers, on leave in New York, has been telling an interviewer about humor at the front. Parts of the interview follow:

Fun in the trenches! With shells dropping all around and blowing the bodies of your comrades into red fragments! What do the soldiers do, I wondered, when this is happening?

The Frenchmen sing, this captain told me. Not to keep up their courage, but joyously, exultantly.

"And the British?"

"They lay bets on what the next shell will do."

Capt. Corcoran enlisted as a private. I wondered how he came to get his commission.

"So did I," he said. "I was carrying despatches to different places within our sector; couldn't go to another sector without special orders. But one day I was asked to take a despatch to another sector and I took it. When I came back, they made me a lieutenant. Nothing at all had happened, and I couldn't understand it. I didn't have any pull that I knew of, and, besides, pulls don't count nowadays.

"They told me a while later," he added, "that I was the seventh man sent out with that dispatch. The first six were killed.

"I don't know what our boys will do when it's all over; they're so used to war that peace will probably come hard for a while.

"Seriously, now, I don't know a soldier who is even dreaming of peace. They didn't want war, but now it is here, they're going to carry it through. And they're going to have all the fun they can out of it while it lasts."

SPEED

combined with good judgment counts in business now-a-days.

Grape-Nuts FOOD

supplies balanced nourishment for sturdy muscles and active brains.

"There's a Reason"

No change in price, quality, or size of package.

LITTLE WORRIES IN THE HOME

These Bring the Wrinkles and Pallid Faces That Make Women Look Prematurely Old.

Almost every woman at the head of a home meets daily, many little worries in her household affairs. The care of her little ones, the work about the house all contribute to these worries. Most of them may be too small to notice an hour afterwards, but they constitute a constant strain that affects the blood and the nerves and make women look prematurely old. The effect of these little worries may be noticed in sick or nervous headaches, fickle appetite, tiredness after slight exertion, and the coming of wrinkles which every woman dreads. To those thus afflicted Dr. Williams' Pink Pills offer a speedy cure; a restoration of color to the cheeks, brightness to the eye, a hearty appetite and a sense of freedom from weariness. Among the many thousands of Canadian women who have found new health and strength through these pills is Mrs. G. Strasser, Acton West, Ont., who says:—"I am the mother of three children and after each birth I became terribly run down. I had weak, thin blood, always felt tired, and unable to do my household work. After the birth of my third child I seemed to be worse, and was very badly run down. I found the greatest benefit from the Pills and soon gained my old time strength. Indeed after taking them I felt as well as in my girlhood, and could take pleasure in my work. I also used Baby's Own Tablets for my little ones and have found them a splendid medicine for childhood ailments."

Dr. Williams' Pink Pills are sold by all dealers in medicine, or you can procure them by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co. Brockville, Ont.

MARRIAGE IN FRANCE.

Ceremony is Performed by the Mayor, Who Receives No Salary.

British soldiers billeted in the smaller French towns and villages behind the lines have often been surprised at the notices of marriage posted outside the offices of the mayors of the various communes. For the majority of the inhabitants have departed for safer places farther from the fighting zone. The explanation is simple. When a couple decide to marry in France notice of their intention must be posted for about three weeks in the respective communes of the bride and bridegroom, and in the communes where their respective parents reside. It often happens, therefore, that four different notices of marriage have to be displayed, and refugees from villages in the war zone must have their notices displayed in the usual way in their own villages.

The ceremony is performed by the Mayor. A French maire is not as an English mayor. There are 36,000 mayors for the 36,000 communes of France. The mayor is unpaid, his duties are much more onerous than those of the chairman of an English district council, his office is often part of the State school, and he is usually assisted by the village schoolmaster, who acts as secretary to the commune, and who, by reason of his official position, is ineligible for the post of mayor. A marriage costs nothing. It is conducted usually in the council chamber by the mayor, who for the occasion always ties the tricolor around his waist. He usually delivers a little homily to the newly-married couple, and also usually exercises his time-honored privilege of kissing the bride.

Rubber rings have been invented to prevent thimbles slipping from fingers.

She Does Her Bit In Patriotic Work

And Tells of Benefit Received From Dodd's Kidney Pills.

Mrs. H. A. Standish Strong, Hearty and Enthusiastic at Sixty-two, Advises Others to Use Dodd's Kidney Pills.

Ayers Cliff, Stanstead Co., Que., Feb'y 19th. (Special.)—One of the most enthusiastic patriotic workers in this district is Mrs. H. A. Standish. Though sixty-two years of age her splendid health enables her to keep house for three hearty men and still have time and strength to devote to the welfare of the boys in the trenches. And Mrs. Standish will tell you she owes that abundant health to Dodd's Kidney Pills.

"I must say that Dodd's Kidney Pills are very good for sick kidneys," Mrs. Standish states. "I have recommended them many times for rheumatism as they helped me very much for that disease. You can say for me that Dodd's Kidney Pills are beneficial for everyone who is troubled with bad kidneys."

The kidneys are the keystone of woman's health. Keep the kidneys right and the rest will be right. Dodd's Kidney Pills keep the kidneys right.

Our Spring Clothes

Irish crochet as a dress trimming has been revived again. The idea was brought from Paris very recently. On a dress of white Georgette there were large pockets of Irish crochet lace, and an edging to match finished the large bertha on the waist.

Dresses of white serge also begin to make their appearance. Some very attractive models are seen, brightened here and there with touches of Oriental embroideries.

The sleeveless jumper is another new departure to which women have taken kindly. It slips on over the head and is worn on the outside of the skirt on the order of the favored Russian blouses. The accompanying sketch shows one of these jumpers developed in the new dotted fabrics. The jumper is worn over a plain blouse and a box-pleated skirt. It has new U-shaped pockets and the waistline is defined by a narrow belt.

7435—7507—7585

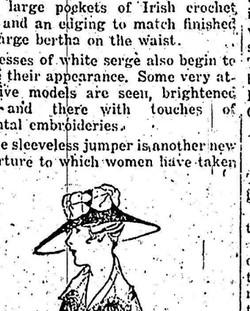
The New Sleeveless Jumper with Box-Pleated Skirt

Clothes for Small Children

Clothes for very little tots show some very interesting points. For the tiny girl's party frocks there are the daintiest of white net frocks all fluffy with frills and narrow pink and blue ribbons. Alternate rows of pale pink and blue used around the bottom of a pleated white net frock give a most —A wolf hunt in which both Russians fascinating effect. There are frocks of silk, voile and fine linen, too, for the little ones. These are trimmed with fine hand embroidery, Irish crochet lace or smocking, which is often developed in colors. The combination of white soutache braid with band embroidery on a fine white linen dress is quite novel and very effective.

The small boy is not forgotten while dainty things are being prepared for his little sister. For his social duties there are little suits of white moire with short jackets and colored vests. The vest and collar may be of pink, green, blue or yellow moire. These suits of silk are all very well for parties, but for school they are made of colored linens, poplin, rep and chambray. With slip-on middy jackets or manly little Norfolk coats are the suits of this type.

These patterns may be obtained from your local McCall dealer or from The McCall Company, 70 Bond St. Toronto. Department W.



Tired aching feet feel refreshed after an application of Sloan's Liniment, *do not rub*, it penetrates and *soothes*.

Cleaner than mussy plasters or ointments, does not stain the skin.

Have a bottle handy for rheumatic pains, neuralgia, gout, lumbago, sprains, strains, toothache, bruises and muscle soreness.

At all druggists, 25c. 50c. and $1.00.

Sloan's Liniment KILLS PAIN

BABY'S OWN TABLETS OF GREAT HELP

Mrs. Wm. Artlett, Lancaster, Ont., writes:—"I have used Baby's Own Tablets for three years for my little girl and baby boy. I have found them of the greatest help during the teething period and always keep them in the house." The Tablets aid teething babies because they regulate the stomach and bowels, thus preventing constipation, diarrhoea and convulsions. They promote healthful sleep and keep baby well and happy. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

What She Would Do.

"Charley, dear," said young Mrs. Torkins, "I am going to be in favor of government ownership."

"Have you given the matter any thought?"

"Yes, indeed. If we had government ownership of railroads I might be able to tell any conductor who didn't find me a seat on the shady side of the car that I wouldn't vote for him next election."

TO STOP BAD COUGH

SOOTH DRY, IRRITATED THROAT WITH PEPPERMINT SYRUP. JAYNE'S THIS OLD FASHIONED COUGH MEDICINE IS THE BEST.

We are told that the old time remedies are best and invariably contain less harmful yet better medicine than those which are in use to-day. This being so, unquestionably the following old fashioned recipe which is quick acting will be welcomed by many as there seems to be a regular epidemic of coughs at the present time. Secure from your druggist 1 ounce Peppermint (double strength), take this home and add to it a quarter pint of hot water and 4 ounces of granulated sugar, stir until dissolved. Take a tablespoonful four times a day. No more racking your whole body with a cough. Clogged nostrils should open, air passages of your head should clear and your breathing become easy. Peppermint syrup is pleasant to taste, easy to prepare and costs little. Every person who has a stubborn cough, hard cold or easy cough in any form, should give this prescription a trial.

Any druggist can supply you, or a bottle will be sent on receipt of 75c. postal note or money order. Address International Laboratories, 74 St. Antoine St.

Bees Do Not Injure Fruit.

An agricultural society in Italy has carried out a thorough investigation of the alleged injury of fruit by bees, and has completely exonerated the latter. Bees are unable to perforate the skin of fruit, and it is only incidentally that they suck the juices of fruits injured by other natural causes.

Mansonville, June 27, '13.

Minard's Liniment Co., Limited.

Yarmouth, N. S.

Gentlemen,—It affords me great pleasure and must be gratifying to you to know that after using 36 bottles of your Liniment on a case of paralysis which my father was afflicted with, I was able to restore him to normal condition. Hoping other sufferers may be benefited by the use of your Liniment, I am,

Sincerely yours,

GEO. H. HOLMES.

When Japan Wasn't Modern.

Only forty years ago the Japanese went to battle clad from head to foot in armour, and wearing hideous masks to frighten the enemy.

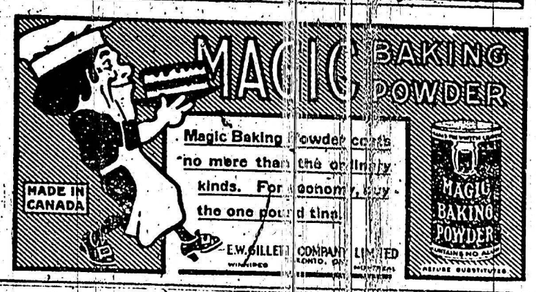
Minard's Liniment Cures Colds, Etc.

Chestnut Blight Damage.

The chestnut blight has already done damage estimated at close to $50,000,000. The disease attacks both American and European species, but does little damage to those from Japan and China. Plant breeders, by crossing Japanese chestnut and native chinquapin, have produced resistant trees. Some of the Chinese chestnuts are said to grow 100 feet high in their native forests.

Fortune favors the brave, but at times the cowards get their share, too.

Minard's Liniment Cures Garget in Cows.



The Sexes Dress Alike.

In Lapland men and women dress exactly alike—in tunics, leather breeches, wrinkled stockings and pointed shoes.

Sore Eyes Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Book of the Eye Free ask Druggists or Murine Eye Remedy Co., Chicago

The Easiest Way.

She had two boys. The mother wished not only to give them a serious idea of her desire to make them good, but also to make clear to their minds the gravity of the task before her. At the end of a particularly touching adjuration, five-year-old Francis was suddenly overcome with the impossibility of ever attaining his mother's ideal.

"Don't try to make us good, mother," he said, earnestly: "Just shoot us."

"Why call me the consumer?" asked the guy who pays the bills. "All I do is produce!"

Painting farm implements and vehicles is a good odd job for winter; of course they are all under cover.

Minard's Liniment Cures Distemper.

When buying your Piano insist on having an "OTTO HIGEL" PIANO ACTION

America's Pioneer Dog Remedies

BOOK ON DOG DISEASES And How to Feed Mailed free to any address by the Author H. CLAY GLOVER CO., Inc. 118 West 31st Street, New York

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ABSORBINE

Will reduce Inflamed, Strained, Swollen Tendons, Ligaments, or Muscles. Stops the lameness and pain from a Splint, Side Bone or Bone Spavin. No blister, no hair gone and horse can be used. $2 a bottle at druggists or delivered. Describe your case for special instructions and interesting horse Book 2 M Free. ABSORBINE, JR., the antiseptic liniment for mankind, reduces Strained, Torn Ligaments, Swollen Glands, Veins, or Muscles; Heals Cuts, Sores, Ulcers. Allays pain. Price $1.00 a bottle at dealers or delivered. Book "Evidence" free. W. F. YOUNG, P. D. F., 516 Lymans Bldg., Montreal, Can. Absorbine and Absorbine, Jr., are made in Canada.

FOR ALL BLACK LEATHER

EUREKA HARNESS OIL

is unexcelled for preserving and lengthening the life of black leather.

This scientifically prepared oil makes harness a rich, inky black—pliant, soft, tough.

THE IMPERIAL OIL COMPANY, Limited Branches Throughout Canada

Giving the Hand.

"Miss Nora, if it wasn't for Tirrence O'Brien that do be courtin' ye, I'd be after axin' ye somethin' to say to ye itself the next."

"'Tis very considerate ye are, Mr. Mulligan, but did ye niver hear that price at company is always accepted?"

Minard's Liniment Cures Diphtheria.

Proper feed, water, housing and care are required to enable hens to produce eggs.

Chicken fat is good for shortening or frying. Soak it for ten minutes in cold salted water, then try it out in a rather cool oven, pouring the fat off as fast as it melts.

PILES

You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Stores.—50c box.

ZAM-BUK

NEWSPAPERS FOR SALE

PROFIT-BEARING NEWS AND JOB Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 West Adelaide Street, Toronto.

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write before too late. Dr. Bellman Medical Co., Limited, Copetownwood, Ont.

RABBITS WANTED. 2-3 LBS. Write A. E. HARBOUR, 242 College St., Toronto

THE NATION'S FUTURE Depends Upon Healthy Babies

Properly reared children grow up to be strong, healthy citizens

Many diseases to which children are susceptible, first indicate their presence in the bowels. The careful mother should watch her child's bowel movements and use

Mrs. Winslow's Soothing Syrup

It is a corrective for diarrhoea, colic and other ailments to which children are subject especially during the teething period.

It is absolutely non-narcotic and contains neither opium, morphine nor any of their derivatives.

Mrs. Winslow's Soothing Syrup

Makes Cheerful, Chubby Children

Soothes the fretting child during the trying period of its development and thus gives rest and relief to both child and mother.

Buy a bottle today and keep it handy

Sold by all druggists in Canada and throughout the world