

WHY WOMEN CANNOT SLEEP.



The highly organized, finely strung nervous system of women subjects them to terrors of nervous apprehension which no man can ever appreciate.

The peace of mind, the mental poise and calmness under difficulties, which are necessary for happy womanhood, are only possible when the sensitive organism is in a perfectly healthy condition.

Chatham, Ont.—"A few years ago I suffered a general break-down and got very weak and thin. I was in an awful state. I was very much discouraged and at times thought I would lose my mind."

"I took great pleasure in recommending Dr. Pierce's medicines; they are all that recommended of them."

Mrs. MARGARET BYRANT, 87 Park Ave., Chatham, Ont.

PROTON

(Too late for last week.)

Mr. W. D. Hopkins visited a few days last week with friends in Durham.

Mr. W. Badgerow was home from Owen Sound over Sunday.

Mr. W. Anderson, of Owen Sound visited over Sunday with Mr. J. Carson.

Mrs. R. White spent Saturday with friends in Dundalk.

A number from here attended the party at Mr. S. Sheward's one night last week, and all reported a good time.

BEAVERDALE

(Special to The Standard.)

Quite a change in the weather.

Miss Pearl Miller left on Monday of last week to visit friends in Fairmount and Meaford for a couple of weeks.

Little Miss Lillian Johnson and her brother Chris visited a few days with their grandma, Mrs. Brady, of Cherry Grove, last week.

Mr. and Mrs. T. Wells, of Rosedale, visited at Mr. and Mrs. R. Miller's recently.

The Ladies' Auxiliary will meet at Mr. and Mrs. George Merrifield's on Friday next.

Married, at Toronto, Jan. 24th, 1917, Mr. Richard Clarke to Miss Mary Ellen Wilson, daughter of Mr. James Wilson, of this place. We wish the young couple much happiness.

Messrs. Alex. Miller and Win. Fothergill went to Mr. Herb Francis at Blantyre to cut wood for a while.

Sorry Mr. R. Miller has been ill for a week.

Messrs. Emerson Moore and Tom Neely signed up last week.

Mrs. W. Brett and K. Johnston, of Markdale, were around these parts a few days last week. They went to Clarksburg on Wednesday and returned Thursday.

Credit Sale

Of Farm Stock, Household Effects.

B. H. Warden, Auctioneer, will sell by public auction at lot 76, Con. 1, West of Toronto and Sydenham Road, Holland, on

MONDAY, FEB. 5.

The following chattels, viz:

1 cow 8 yrs. old, due to calve in February; 1 cow 8 years old, due April; 1 cow 8 yrs. old, due in June; 1 cow 6 yrs. old, due in May; 1 heifer rising 2 yrs. old; 1 gen. pur. colt rising 3 yrs. old; Brood sow with 9 pigs 4 weeks old; Seed drill; Cook stove; Kitchen range; Jewel, nearly new; Box stove; Iron bed; 2 bedroom suites, nearly new; 45 hens; 3 cockerels; 2 wooden beds; Baby's cot; good extension table; sideboard; kitchen cabinet; 2 couches; 2 kitchen tables; washing machine; 6 diningroom chairs; 6 kitchen chairs; 2 wash-tubs; good boiler; hall rack; 8-day clock, nearly new; Linoleum, 16x18; 50 fruit jars; Stair carpet; Quantity potatoes for cash; pictures and frames; quantity seed oats and straw; numerous other articles.

Sale will commence at 1:30 p.m.

TERMS:—All sums of ten dollars and under, Cash; over that amount six months credit will be given on approved joint notes, or 8 per cent. per annum off for cash in lieu of notes.

WM. CROCKETT, Proprietor.

NEWS FROM SURROUNDING TOWNSHIPS

BY STAFF REPORTERS

KIMBERLEY

(Special to The Standard.) Wedding bells are ringing. Mrs. Ernest Proctor and sister, Miss Myrtle Camack, are visiting with friends in Collingwood.

Mr. Mansel Cook purchased a new driver, one day last week.

Mr. John Stuart returned home after a week's visit in Powassan.

The Kimberley hunting club held an oyster supper at the home of Mr. Jasper Stuart on Saturday evening last.

Mrs. M. Ferguson returned home after spending a fortnight's visit with her niece, Mrs. H. A. Clarke, Rockley.

Mr. Oscar Maxwell, of Heathcote, visited at the home of Mr. Donald Wallace.

Miss Elsie Plewis is visiting with her sister, Mrs. J. Cox, Collingwood.

CEYLON

(Special to The Standard.) Mr. Norman McLeod left on Monday for Toronto.

Mrs. J. P. Collinson is spending a few days in Owen Sound this week.

Mrs. L. Torrey and Master Jack, of Lauriston, spent a few days the past week with her parents, Mr. and Mrs. H. Piper.

Miss E. K. Wilcock spent the weekend with her sister in Markdale.

Mrs. John Kennedy, Eugenia, called on her sister last week.

Miss Myrtle Hemphill has gone to the city, where she has accepted a position.

Mr. and Mrs. R. W. Piper are receiving congratulations over boy No. 2.

The citizens of this village were awakened early Monday morning by fire alarm, when it was noticed that Mr. J. Chislett's barn was on fire.

The fire had gotten such headway that it was impossible to save anything. The fire originated from an unknown cause. Small insurance was on the building, but the loss is quite heavy to Mr. C.

Mr. John Muir received a telegram last Friday saying his brother, Peter, had died in Kamloops, B.C., and his body was being brought home for interment. Much sympathy is extended to the sorrowing family.

Mr. and Mrs. _____, of the West, were guests at their uncle's, Mr. R. Cook's, last week.

UNION HILL

(Special to The Standard.) Mrs. H. Edwards, who has been in the golden West for the past

five years, is visiting kindred in our burg.

Mr. and Mrs. Charles McEachnie of Saskatchewan were the guests of Mr. and Mrs. H. Clark on Monday.

We are pleased to see Willard Fawcett able to be out again, after his recent operation.

Mr. Wes. Atkins is working in Owen Sound at present.

Mr. Robert Speers returned last week from visiting friends in Toronto.

Mr. Alex. McGillivray, of Cypress River, Man., spent a fortnight with his uncle and aunt, Mr. and Mrs. H. Clark.

Mrs. Wiggins, sr., of Strongfield, Sask., was the guest of her sister, Mrs. Andrew Walker, sr., last week.

VANDELEUR

(Special to The Standard.) Miss Della Magee is visiting with friends in Eugenia.

Mrs. Wm. Dorsey, of Marengo, Sask., is the guest of her sister, Mrs. J. I. Graham.

W. B. Buchanan, B.A.Sc., of Toronto, who is installing an electric motor in Armstrong's munition factory in Markdale, accompanied by his wife, spent the week-end with his father, Mr. Wm. Buchanan.

Mr. Albert Buchanan returned from Guelph last week, after taking a short course in stock and seed judging at the O.A.C.

EUGENIA

(Special to The Standard.) Many in this community are suffering with la grippe and severe cold.

Graham Bros. are busy cutting saw logs and shingle timber.

Mr. Alex. Cameron, Deputy Reeve, is attending the county Council held at Owen Sound.

Congratulations to Mr. and Mrs. L. Genoe on the arrival of a daughter January 20, 1916.

Mrs. Sturgeon and two children, of Stoughton, are visiting the former's old friends. All are pleased to see Mrs. Sturgeon.

Mr. and Mrs. Dave Genoe and little daughter, of Markdale, visited with friends.

Mr. Angus Touhy, of Kitchener, visited with Mr. and Mrs. Parliament.

Mr. Wes Orr, of Wallard, Sask., is spending a couple of weeks with his sister, Mrs. Alex. Cameron.

Sorry to report Mr. H. Cairns under the Dr.'s care. We hope to soon see him able to be out again.

Mr. Ed. Legard has shipped a car load of stock and implements

10 CENT 'CASCARETS' FOR LIVER AND BOWELS

Cure Sick Headache, Constipation, Billoousness, Sour Stomach, Bad Breath—Candy Cathartic.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels—you always get relief with Cascarets. They immediately cleanse and regulate the stomach, remove the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels. A 10-cent box from your druggist will keep your liver and bowels clear; stomach sweet and head clear for months. They work while you sleep.

to Glenside, Sask. Mr. Elwood Partridge having taken charge of the car, Mrs. Partridge intends to join her husband the last of Feb. on the first of March. She is visiting her parents in Toronto at present.

Mr. and Mrs. Thos. Genoe held their thirty-fifth wedding anniversary on Saturday, Jan. 20th.

We are glad to be able to report baby McMaster, who has been under the doctor's care, better again.

The quilt that was given to the W. I. was given by Mrs. Francis Genoe, not Mrs. T., which was reported last week.

Mr. and Mrs. Wis. Smith and son, of the West, are visiting the former's uncle, Mr. A. Smith.

Mr. R. Genoe visited former line friends recently. He is thinking of returning to Toronto soon.

Mr. and Mrs. Wickens and children of Kimberley, visited with the latter's grandma, Mrs. Pedlar.

Miss McGee, of Vandeleur, is the guest of her aunt, Mrs. Munshaw.

The Eugenia W. will hold their monthly meeting on Wednesday, February 7th, at the home of Mrs. F. Genoe. Mrs. High Fenwick is to give a paper, "The Sunny Side." Visitors always welcome.

Death has claimed another old resident in the person of Miss Ann Beecroft, who passed peacefully away at her home on Friday, Jan. 26, after a long illness. Deceased was 74 years of age. The funeral took place to Pleasanton cemetery on Monday, service being conducted at the house by Rev. Dudgeon, assisted by Rev. McDonald, of Pleasanton. Beautiful floral tributes were given by the friends.

Eugenia School was burned to the ground Tuesday morning at 5 o'clock. Cause unknown. The insurance was \$1800, but won't nearly cover the loss.

WODEHOUSE

(Special to The Standard.) Much anxiety is felt among the relatives and friends of Mrs. Jas. Wiley, jr., in regard to her condition and all are hoping for a speedy recovery to good health.

We are glad to report Elsie Woods, daughter of Mr. and Mrs. James Woods, on the mend, under the treatment of Dr. Miller, of Rockley.

Our old veteran lumberman, John Ferris, is making things hum on Lot 10, cor. 7. He has a gang of men and teams cutting logs and skidding out ready for his mill in the spring.

The weather at the first of this week took quite a pleasant change from the cold and stormy weather of the past few weeks.

The Rev. Mr. Lans occupied the pulpit of New England church on Sunday last and preached an eloquent sermon.

Mrs. Snider, of Woodford, was a guest at the home of Mr. and Mrs. James Kirkpatrick for several days recently.

Skating is in progress in the lively village of Kimberley, which is attracting some of our young people down the hill on Saturday evenings.

Our mail courier on R. No. 2 has had the time of his life for the past week or two making his rounds, generally a day late on account of the bad state of the roads.

Rules of Rural Mail.

It would be well for patrons of the rural mail system to take note of Sections 16 and 17 of the Rural Mail Delivery Regulations:—(16) "All mail matter deposited in his box by the patron, must be fully prepaid. The practise of placing the money in the box to pay the postage which has hitherto prevailed is to be discontinued and the courier shall not be required to collect any mail matter that does not bear the requisite amount of postage. Patrons must furnish themselves with a supply of postage which can be procured from the courier." (17) "The courier shall not be required to sell less than twenty-five cents (25c) worth of stamps at a time to any patron."

Advertisement for 'You Know This Box' featuring 'GIN PILLS FOR THE KIDNEYS'. Includes an image of the product box and text describing its benefits for kidney health.

Advertisement for 'FREE! Giant Flowering Carnation' by Darch & Hunter Seed Co., Limited. Includes an image of a carnation flower and text about the free catalogue and seed availability.

Large advertisement for F. T. Hill & Co., Limited, featuring 'DURING THE MONTH OF JANUARY' and 'We will sell many wanted and reasonable lines of General Merchandise at greatly reduced prices.' Lists various goods like silk ties, men's shoes, fur coats, and dress goods with prices.

Advertisement for 'Want Ads.' and 'NOTICE TO CREDITORS'. Includes sections for 'LOST', 'FOR SALE', and 'FOR RENT' with various notices and legal announcements.