

FROM SUNSET COAST

WHAT THE WESTERN PEOPLE ARE DOING.

progress of the Great West told in a few pointed paragraphs.

Cows sold as high as \$125 recently at Lulu Island, B.C.

Two of the three members of the Okish School Board are women.

The City Hall employees of Vancouver have asked an increase of salary.

Half a cent has been added to the record price of 1 1/4 cents per lb. at Prince Rupert.

The Bantams of Victoria, B.C., will have a few bombs in their course in the future.

A parrot that measured 4 feet and shot recently in the North West.

Lieut. J. G. Hay, former City Salt Goods in France, has died of pneumonia.

Several numbers in the vicinity of Vancouver recently.

A longshoreman from Vancouver, who was killed from anthrax while working in the City Council.

The City Council is furnishing the balance of the cost of the building.

Mayor McDonald, of Vancouver, has declared himself in favor of the ownership of the city.

The Council has decided to spend \$100,000 on a new pulp mill.

A new pulp mill is being opened in British Columbia.

Several children of South Vancouver have been deported.

The Westminister, a fitting up of a room for the soldiers, has been started.

ADIRANS TRUCK 50 AT GRAND COURT

London says: Hospitals here are being built.

The Canadian Red Cross has a surprise to the people.

The Canadian Red Cross is being so glad to see.

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BORING THE LONGEST TUNNEL

A COST OF TWO MILLION DOLLARS A MILE.

Completed at End of the Year.

The Rogers Tunnel, which will be the longest in the world, is being bored through the mountains of the Selkirk range in the Canadian Pacific.

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"Faulty Nutrition and Elimination"—these are the cause of the most of the ailments that afflict human beings.

Too much indigestible food and lack of power to throw off the poisons that come from indigestion—these lead to a long line of distressing disorders.

Avoid them by eating **Shredded Wheat Biscuit**—a simple, elemental food that contains all the body-building material in the whole wheat grain, including the bran coat which keeps the intestinal tract healthy and clean. Delicious for any meal in combination with sliced peaches or other fruits. Made in Canada.

By Chas. M. Rice, Denver, Colo.

We have in the United States what is called a "peace league," which has been putting forth every possible effort to stop the great war which is not only boggaring Europe, but is fast draining the world's resources into its insatiable maw.

Recently the German Chancellor, von B. Holveg, made a speech in the Reichstag, cautiously, but encouragingly, approving the general principle of the league to enforce peace. It had already been approved, with caution, by Sir Edward Grey, but more thoroughly, by Lord Bryce.

We have reason, therefore, to congratulate ourselves upon the reception accorded to the proposal by the two chief combatants in the present struggle.

We need not inquire into the motives that may have actuated this favorable consideration. It is sufficient to know they have done so and have gone on record to that effect.

That these great diplomatists see in each other grounds for distrust for the motives of the other, is only natural. The atmosphere of enmity, and we may say, suspicion, hangs too heavily over Europe to permit of unprejudiced approach to the ultimate issue of peace; but there is this to hearten all who hope for a happier solution of the problem, that in both London and Berlin the outcome of the war is now being discussed in world terms instead of terms of purely national or racial interest.

This of itself is a notable mark of progress towards a more rational point of view, for it implies the relinquishment of Germany's "world power" Polishness. When peace is considered in the light of the world's welfare, rather than as an opportunity for extending frontiers, there is ground for hope that sanity is beginning to assert itself.

Germany, we all know, has been exasperatingly slow in coming to this, nor does she now assume it with such indications of whole-heartedness as might be wished; but that she has come to it at all is certainly very encouraging as it shows that neutral opinion is having its effect.

Chastened and "coiffed" for her high ambitions with which she boasted threw down the gauntlet to Europe in the start, she is now ready to listen to wisdom.

But it should not be assumed that because of the utterance of these two leading men, that the war is to cease. Both sides are convinced that the war must be waged to the bitter end, the Entente powers expect victory, and are preparing to join with the neutral world in preserving peace for the future at all hazards; while the Central Powers, still professing a hope of victory, are preparing to join with the neutral world in preserving peace against what they deem British aggressions. Each side regards the other as a menace that must be suppressed, and, of course, as long as that feeling exists, the war will continue until one of the other is conquered.

It is extremely important that the powers on both sides have been brought to recognize the justice of the neutral proposals, and have relinquished the ambition of extending their borders.

HOUSES FOR SOLDIERS.

What the C.P.R. is Doing for Returned Heroes.

The houses which the C.P.R. is building in the west for the returned soldiers will cost them about \$1,000 each, with out-offices. They will consist of four rooms each—two bedrooms, dining room and kitchen. Each farm will consist of 160 acres and there will be 80 additional acres which may be available in the course of time, and as the settler concludes that he can work it. The C.P.R. has several designs for homes which will be submitted to the intending settlers. These offer a variety of design to suit different tastes and different pockets, it may be said. The settler can choose a house which will cost him \$2,000 but the payments will be made exceedingly easy. In all they are probably 8,000,000 acres of land held by speculators in the West; but, apart from that, there are literally hundreds of millions of acres of cultivable land lying idle over the West—not close to the tracks, of course, but good land which many have longed for so ardently that they have longed for the first in the morning to get their application in. The C.P.R. is going on its own account with the colony homes; but it expects that the Government will shortly outline a plan of a comprehensive nature which can be generally applied to the situation.

TRAPPERS' Sens. Joint. RAW FURS JOHN HALLAM

and receive highest cash prices. We send Charles no commission—no delay. We send \$100,000 worth of furs to the West. We send \$100,000 worth of furs to the West. We send \$100,000 worth of furs to the West.

A Home Billiard Table

Will provide you and your family with the finest form of indoor recreation during the long winter evenings.

Our Famous Malsonette Table is made especially for the home, at a reasonable price. Cash or on terms.

BURROUGHS & WATTS, Ltd. Station to St. M. the King, 34 Church St., Toronto.

CHRISTMAS MESSAGE

The Hospital for Sick Children COLLEGE ST., TORONTO.

Dear Mr. Editor:—Thank you for the privilege of appealing through your columns on behalf of the Hospital for Sick Children, the great Provincial Charity.

Our need of money is measured by the children's need of help, and you can judge how great that need must be when last year 3,045 sick little ones were treated in its wards, and as well were treated in the 492 out-patient clinics were admitted from 242 places outside Toronto.

Last year 271 in-patients were treated for deformities, such as club feet, bow legs, knock-knees, Potts' disease of the spine, lateral curvature of the spine, dislocations, infantile paralysis, tubercular disease of knee, hip, ankle, etc.

In the Hospital for Sick Children take dollars out of your pocket, or 10¢ daily, or a few minutes of your time, to help a sick little child.

One gift more in the Hospital's treasury means one coffin less in the LITTLE WHITE HEARSE.

You have money enough to help a sick little child in the Hospital's treasury. You have time enough to help a sick little child in the Hospital's treasury.

The Hospital for Sick Children can only volunteer its money in so far as your friends or little children volunteer your money for service in the Hospital's never-ending battle for the lives of the little ones.

Do not let the little children say, in the loss of the Hospital's care, the contribution that should be given and must be given to the war funds.

Your money can send a message of cheer to some father in the trenches—yes, send him messages from the cot where the Hospital nurses some little child back to life, the child of the father who is fighting your battle in the trenches.

Every dollar kept from the Hospital's power to serve the little child is a weight added to the burdens and a grief added to the sorrows of this war.

You can bear to have your pocket empty of a little money, sister, than some mother can bear to have her home emptied of a little child.

Will you send a dollar or more if you can, to Douglas Davidson, Secretary-Treasurer, 495 St. George St., Toronto.

J. ROSS ROBERTSON, Chairman of the Board of Trustees.

The Middle Name. Little Robert rushed into the kitchen one day and asked his mother what kind of pie she was making.

"Lemon meringue pie," she answered.

The little fellow disappeared, but presently returned "Mother," he said, "what did you say is the pie's middle name?"

Follies of youth are drafts on old age, the payments of which are imperative.

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and receive highest cash prices. We send Charles no commission—no delay. We send \$100,000 worth of furs to the West. We send \$100,000 worth of furs to the West. We send \$100,000 worth of furs to the West.

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Sore Granulated Eyelids, Eyes
Your Druggist's 50¢ per Bottle. **FORBES' EYE REMEDY** is the only medicine that cures sore eyes, granulated eyelids, and other eye troubles. It is the only medicine that cures sore eyes, granulated eyelids, and other eye troubles.

I was cured of painful Goutre by MINARD'S LINIMENT.
CHATHAM, ONT.
MRS. W. A. JOHNSON.
I was cured of Facial Neuralgia by MINARD'S LINIMENT.
PARKDALE, ONT. **J. H. BAILEY.**

DODD'S KIDNEY PILLS
CURES KIDNEY DISEASE
GOUT, RHEUMATISM, BRUISES, DIABETES, BACKACHE
23 THE PR...

RHEUMATISM MAKES YOU FEEL OLD

Pains and Aches Yield to Sloan's Liniment, The Family Friend.

When your joints become stiff, your circulation poor, and your suffering makes you irritable, Sloan's Liniment gives you quick relief—kills pain, starts up a good circulation, relieves congestion. It is clean and cleaner to use than musky plasters or ointments, acts quickly and does not clog the pores. It does not stain the skin.

Sloan's Liniment
SOAP SCARCE IN RUSSIA. Poor People Will Get Laundry Done at Public Places.

The Folly Of Taking Digestive Pills
A warning to dyspeptics. The habit of taking digestive pills after meals makes chronic dyspepsia because artificial digestants and medicines have practically no influence upon the generally acid condition of the stomach contents which is the cause of most forms of indigestion and dyspepsia.

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Employed by the Turks in Capturing Constantinople.

A campaign surpassing in invention and resource any that went before was that waged by the Turks against Constantinople in 1453.

One Urban, a Wallonian, served in the armies of German, Hungarian, and Greek, before he attached himself to the Sultan's forces, devised the cannon that for fifty days battered the walls of the eastern capital of the Roman Empire. On the recommendation of Urban, the Sultan, before he began his campaign against Constantinople, erected a foundry, and in it was cast a gun with a mouth exceeding two and a half feet in diameter and capable of projecting to the distance of about a mile a missile of six hundred pounds in weight. Other guns of a smaller calibre were constructed under the supervision of Urban.

Presence of Minds
"Oh, John!" shrieked Mrs. Dorkins. "The baby has swallowed a silver piece."
"Mr. Dorkins took a handful of change out of his pocket and looked it over."
"Calm yourself, Maria," he said. "It was that counterfeit quarter I've been trying to get rid of."
Minard's Lintament Cures Diptheria.

History from the Nursery
Miss Smith, the teacher, was hearing the history class. The pupils seemed unusually dull on that particular occasion, and in vain did the teacher try to get them to give correct answers. At last she looked at the child who was her star pupil.
"Now, Elsie," she said, "Mary followed Edward VI, didn't she?"
"Yes, ma'am," replied the little girl.
"And now, who followed Mary?" asked the teacher, hopefully.
All was silence for a moment, and then Elsie raised her hand.
"Who followed Mary?"
"Her little lamb, teacher," said Elsie triumphantly.

Doctor Tells How To Strengthen Eyesight 50 per cent In One Week's Time In Many Instances
A Free Prescription You Can Have Filled and Use at Home.
London:—Do you wear glasses? Are you a victim of strain of eye or eye weakness? If so, you should know that according to Dr. Lewis' eye test, the real hope for you lies in the use of his "free prescription." One man says, after using it: "I was almost blind, could not see to read at all. Now I can read everything without any glasses and my eyes do not water any more. At night they would pain terribly, but now they are clear. It was like a miracle to me." A lady who used it says: "After using this prescription for three days everything seems clear. I can even read the print without glasses." It is believed that thousands who wear glasses can now discard them in a reasonable time and the multitude of eye troubles will be able to read their eyes so as to spend the trouble and expense.

WANTED INVENTIONS
Make Your Ideas Bring you a good Financial Return.
Send for list of inventions wanted and copy of our Reference Guide.
ROBERT B. SHRYVER & CO., Registered Inventors, Ottawa, Ont.

Make it a Toboggan for Christmas.
Canadian Toboggan Manufacturing Company
610 DUNDAS ST. WEST, MONTREAL, QUE.

FOR YOUR NERVES' SAKE
When they jump and throb, you get them and soothe them with **Vaseline Analgic**
A combination of the remedies your doctor prescribes and pure Vaseline, in handy tin tubes at 25¢ and general stores everywhere. Refuse substitutes. Free booklet on request.
CHESTERBROUGH MFG. CO.
1880 Chapel Ave., Montreal.

AGENTS WANTED
Sole agents for the provinces of Ontario, Quebec, and New Brunswick, for the following products: **MINARD'S LINTAMENT**, **FORBES' EYE REMEDY**, **MINARD'S LINTAMENT**, **FORBES' EYE REMEDY**.

DOG DISEASE
How to Feed
EDWARD POLLAK & CO.
280 ST. PAUL ST. WEST, MONTREAL, QUE.

RAW FURS
It will pay you to ship all your furs to a reliable house where you get full market value. For our price list and full instructions, write to **EDWARD POLLAK & CO.**

WANTED INVENTIONS
Make Your Ideas Bring you a good Financial Return.
Send for list of inventions wanted and copy of our Reference Guide.
ROBERT B. SHRYVER & CO., Registered Inventors, Ottawa, Ont.

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