

Fashion Hints

Fads and Fancies.
In the most expensive coats the flare at the bottom is extremely wide.
Blouse shaped corsets are seen among the new dresses of the half season for autumn.
Black and white chintilly over white or flesh colored linings are much used for pretty blouses.
It is whispered that the severely tailored suit will be ushered in with the mid-winter fashions.
Use the winter dress, which is no longer smart for the foundation of the gown of lace.
One of fashion's fancies is the wearing of a bright velvet rose on the lapel of the velvet suit.
A skating costume of green corduroy, trimmed with white furs, is extremely becoming and smart.
Scotch plaids in silk and wool play an important part among young girls' dresses this spring.
Military blouses are being made of flesh colored crepe de chine with high military collars and white silk braided binding.
Hats range from the small, tight, set at an absurd angle, to the picture hat, feather laden and with blurring brim.
Not so heavy or expensive as the fur coat is the coat of velvet and it can be put to the same purpose as the luxurious fur coat.
There is a new material being used that closely resembles corduroy. It is called crystalline.
In evening gowns of the type of 1892 the sleeves are in small puffs, finishing in a hard, straight line around the arm.
A charming military hat is known as the Petergrad, a sort of turban of Shantung with a band of fur.
Halter neck blouses are the property of the morning military. The collar is a wide, soft, waterfall of straight, fine ribbons.
A sport of the season is the long, three-fourth length, and the top of the suit and blouse are with the finest, most important items of clothing.
The slender woman will be beautifully dressed in a suit with a draped waist line, with a straight skirt of the material used in the suit.
The jumper suit is fashionable, becoming and economical, as it can be made from two or three remnants of material that one may find in the piece trunk.
Cape styles have been resurrected so rapidly that they have exerted their influence in every part of woman's dress from evening collar to the simple blouses.
The black gown is doubly economical because it can not only be worn as a dress, but also as a wrap, and it is better than blue, green or red.
When choosing fur trimmings, the color of the fur should be given careful attention. Brown fur looks best with brown, pink, and yellow. Black fur is better with blue, green or red.

REWARDS BY RESEARCH

St. Ronald Ross Has Been Much Disappointed.
According to Charing Cross Hospital, St. Ronald Ross, discoverer of the history of malaria parasites, can insects, spoke of his department at the slow progress of the fight against malaria. "I had completed my work in 1901, but I had finally dreamed that a year would see the almost complete banishment of malaria from the principal towns and cities of the tropics; that those benighted districts, and those beautiful scenes would be almost rid at once of a scourge that has blighted them from an immemorial. In this I have been disappointed. True, malaria has been done in certain places, as in Panama, Ismailia, Italy, West Africa, and parts of India, and the Malay Straits, and in some other spots, but much more might have been done had we remained fully alive to our opportunities, and our duties. It is not the fault of science that we do not fully utilize the gifts that the gods have us. None of us here will live to see the fulfillment of those gifts in this particular case, but we have at least seen the beginning, and may believe that our children will reap the profit. But it is ever thus with science. Her slaves are like laborers condemned to drive tunnels through mountains—working perhaps for years, in darkness, and oppressed by the immense spirit-rides of nature above them; but always encouraged by the hope that at any moment they may emerge into the sunlight and upon the vision of a new world."
For Example.
"It's surprising how unpractical some very learned men are." Yes, simple. He spent over half his life in acquiring fluency in nine or ten different languages, and then he went and married a wife who never gave him a chance to get a word in.

NERVOUS CHILDREN

No Trouble is Often Really St. Vitus Dance—Do Not Neglect It.

Many a child has been called "stupid" because he has been punished for not keeping still or for dropping things, when the trouble was really St. Vitus dance. This disease may appear at any age, but is most common between the ages of six and fourteen years. It is caused by thin blood which fails to carry sufficient nourishment to the nerves, and the child becomes restless and twitching of the muscles and jerking of the limbs and body follows. In severe cases the child is unable to hold anything or feed itself. St. Vitus dance is cured by building up the blood. The most successful treatment is to remove the child from all mental excitement, stop school work and give Dr. Williams' Pink Pills. These Pills renew the blood supply, strengthen the nerves, and restore the child to perfect health. Here a good example of a cure. Mrs. G. A. MacDonnell, Harrington, N. S., says: "My son was attacked by St. Vitus dance; at the outset his muscles would twitch and his step was weak and jerky. We called in a doctor who treated him, but notwithstanding he continued to grow worse and at last grew so bad that he could not hold a cup in his hand, while his head constantly twitched and his speech became rather indistinct. At this juncture I saw in a paper the cure of a boy from similar trouble through the use of Dr. Williams' Pink Pills. We at once sent for a supply, and in a few weeks after he began their use there was considerable improvement. In a few weeks more he was completely cured, and has never had a symptom of the trouble since. I am convinced that there is no medicine like Dr. Williams' Pink Pills for the cure of St. Vitus dance."
If your dealer does not keep Dr. Williams' Pink Pills you can get them by mail at 50 cents a box or six boxes for \$2.50 by writing to Dr. Williams' Medicine Co., Brockville, Ont.

LAUDS BANTAM SOLDIER

British Medical Journal Praises His French Work.
That little man has many advantages in war time over their bigger brothers is an argument advanced in the British Medical Journal. After expressing the view that 30,000 have been lost to the army in the last few weeks owing to the present height standard, the journal says:
"Not a little is to be said in favor of short infantry. Short men occupy less room in transport. They find cover more easily and offer a smaller mark to the bullets and shrapnel. They are better sheltered by trenches and require to dig trenches less deep to protect themselves.
"It takes less khaki to clothes them and less leather to boot them. The army blanket covers them more snugly, and they need less food than tall men; they keep up their body heat and maintain their marching energy.
"Those who stand the rigors of cold climates are not always big men and the sailor, like the wind-swept tree on the coast, may be a short man. Warmth and easy conditions of life rather tend to the development of tall men.
"The cavalry and artillerymen require to be big and powerful, but as to those who burrow in the trenches, how can it matter whether they are 5 feet 9 or 5 feet 7? We are not out for a show and a parade, but to win a war of sieges and attrition."
A DIVORCE GRANTED
After many years of patient suffering you can be divorced from corns by applying Puhanna's Corn Extractor, which acts in 24 hours without pain. Refuse a substitute because "Puhanna's" is the remedy that is safe and painless. 25c per bottle at all dealers.

Urbusinesslike.

"Husband, can you pay me back that dollar you borrowed from me?"
"But, my dear," he protested. "I have already paid it back twice. Surely you don't expect it again?"
"Oh, all right, if you are as mean as all that."
A born diplomat is one who can hide his ignorance behind a smile.
Little Dorothy had received for a present a teddy bear which happened to be afflicted with a "croup." A visitor arriving soon after Dorothy had received the teddy bear asked the child what she intended to call it. "Gladly," said Dorothy. "Gladly? What a peculiar name," exclaimed the visitor. "However did you think of that for a name?" "Gladly—the cross I bear," replied Dorothy, who goes to Sunday School.
The sailor had been showing the lady visitor over the ship. In thanking him she said, "I see that by the rules of your ship tips are forbidden." "Lord bless yer heart," said an aged Jack, "I never saw a lady in the Garden of Eden."

NATIVE TROOPS OF INDIA

TIRELESS WARRIORS PROVE THEIR LOYALTY.

The Ghoorka is an Ever-Ready Bundle of Nerves and Eager Aggressiveness.
"Sahib, the regiment is my father and mother, but in this matter my honor is concerned, and if I do not get the leave I ask I will die; the East Indian soldier, pointing into the distance when his fever expressed unwillingness to grant the desired furlough. The Ghoorka was a Pathan while, service record was a splendid one, and at last the leave he craved was reluctantly allowed him.
The officer had consented; rather than force the Indian into insubordination. True to his promises, the soldier returned to the post on the very hour. Then it was that the commander questioned him about the reason for the leave which had been asked for well night with a threat. The reply was:
"Well, Sahib, the matter was thus: My brother was killed by one of another clan, and on me, as his next of kin, the clan devolved. Had I failed in my duty, shame would have been mine, but by the pleasure of Allah that is not so. Our enemy's village now mourns one of its best and bravest."
Such are the Pathans, who constitute a very considerable element of England's native troops in India, although the general public has heard less of them than of some of the others.
Once interested in his soldier work under British leadership, the Pathan is intensely loyal, a fighting man that can be counted upon to do battle with all his strength and to the last drop of his blood in the cause of his adoption. Indeed he loves the intoxication of strife, and he is a foe to be reckoned with until either dead or physically unable to deal a blow.
Somehow in stories of India, the writer of fiction likes to bring in the picturesque Sikh, and for this reason many people have been led to the conclusion that the Indian native army is composed mostly of this race. That is not really the case, but it is a fact that the Sikh is a fighting man of proved quality, and upon more than the battlefield he has won renown and shown amazing dauntlessness in the face of desperate odds.
Before British annexation the Sikhs held and ruled the Punjab, and being born soldiers they prepared a very difficult problem for their alien masters until their miration was won by the patting superiority of the British, and they were ready to cast their lot with their conquerors.
Ghoorkas Sober.
While the Sikhs and the Dogras and the Pathans give a strikingly ornamental character to the Indian army, Tommy Atkins will tell you that his preference is for the little Ghoorkas, those grim, but humorous soldiers of the Crown who have won many laurels in their native land in the last eighty odd years. Somehow the smile comes more naturally to the Ghoorka than the frown, but don't mistake his cheerfulness for a sign of subservency or lack of courage. The Ghoorka is one nervous, ever ready bundle of aggressiveness. It would be hard to imagine more fighting spirit to the ounce that has been crowded into the muscular bodies of these born warriors.
They are a sturdy lot, hardened by hill climbing in the land of their birth, Nepal, the mountain king-doom resting on the southern slope of the Himalayas at the north-east corner of India. They are fortunately not hampered by caste prejudices and will sit down in camp with white troops and eat and drink with them without ceremony.
There was the time when the Ghoorkas were Great Britain's bravest and most troublesome foe for a hundred years ago the English had the Ghoorkas war on their hands, and for two years the military authorities had a troublesome problem to deal with. The conflict grew out of encroachments on British territory by these aggressive hillmen.
"Like Close Fighting."
In the early stages of the war the Ghoorkas not only held the English troops at check but defeated them decisively upon a number of occasions. Following one of these fights, several of the Ghoorkas wandered into the British camp without guns and asked to have their wounds dressed, saying that they thought the English doctors would be able to make them quickly fit for the next fight.
In the end these battling children of the soil were beaten and cornered and after that they became lasting friends and allies of the English. It is said that since then, now ninety-eight years, "no battle or expedition of importance has been fought in which the Ghoorkas have not been with their deadly knives in their belts. The natives die man by man, excellent marksman, and among the Indian contingent there are a great many first-class sharpshooters. But long range fighting is not quite to their liking; they love the intoxication of a hand-to-hand struggle, and their work with the bayonet and the knife is enough to chill the blood of any but the most courageous of antagonists. A bayonet in their hands becomes a doubly dangerous weapon, and in close fighting they excel.

BRITISH SOLDIER'S GRIT

Italian Taper Pays Them Great Tribute.
The Giornale d'Italia publishes an article entitled "British soldiers' grit." The best-known translator of Shakespeare, the author says that the whole psychology of the British soldier is summed up in the explanation of the father who, his sons having died fighting, simply said, "They died like gentlemen."
"Signor Angeli especially emphasizes the cleanliness of Britishness," he says, "is but a reflection of their moral cleanliness, made up of simplicity and of the qualities which are powerful factors making for courage and victory. The pulse of the Germans from the attack of Paris was due to these soldiers, who opened the attack and compelled the Prussians to retreat, so that 'Field-Marshal French's contemporary little army' avenged themselves by sweeping the Kaiser's generals from the field. Signor Angeli gives several anecdotes to show the calmness, self-damage, and coolness in the British soldier."
The writer concludes by relating that one day a whole regiment shouted to their comrades in some distant trenches, "Are we done-hearted?" A pause ensued, then a bloody spectre raised himself from a trench, shouted "No!" with his head and fell back dead. "English heroism is summed up in this incident," says Signor Angeli.

STICK TO IT

Until Tea or Coffee Hits You Hard.
It is about as well to advise people to stick to tea and coffee until they get hit hard enough so that they will never forget their experience.
A woman writes, and her letter is condensed to give the facts in a short space:
"I was a coffee slave, and stuck to it like a toper to his 'cup,' notwithstanding I frequently had severe attacks of sick headache; then I used more coffee to relieve the headache, and this was well enough until the coffee effect wore off. The effects on the system of tea and coffee drinking are very similar, because they each contain the drug caffeine.
"Finally attacks of rheumatism began to appear, and ultimately the whole nervous system began to break down, and I was fast becoming a wreck."
"After a time I was induced to quit coffee and take up Postum. This was half a year ago. The result has been most satisfactory. The rheumatism is gone entirely, nerves, practically well, and steady, digestion almost perfect, never have any more sick headaches, and am gaining steadily in weight and strength."
Name given by Canadian Postum Co., Windsor, Ont. Read "The Postum" comes in two forms: Boiled, 15c and 25c packages. Instant Postum is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 20c and 30c packages.
The Postum Co. of both kinds is sold by a National Dispensary.

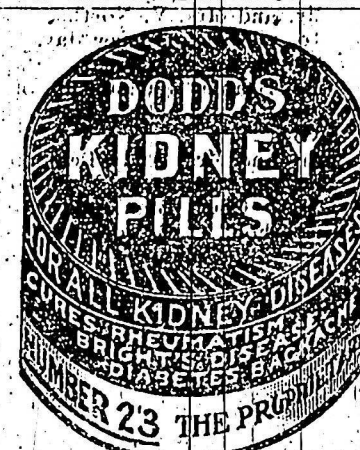
USEFULNESS OF GOLD STEEL

SKILL WITH BAYONET ACQUIRED BY TOMMY.

Always Has Been Important Part of the British Soldier's Instruction.
"They can't stand the bayonet." That has been said of the Germans after every engagement. To their credit it may be added that they face the most withering fire and machine gun fire, but when Tommy and his French comrades get the order to charge with fixed bayonets the German soldiers break and flee, says a writer in the New York Press.
Despite the great increase both in range and deadliness of guns and rifles, the bayonet is still the final factor in deciding a big battle. British army authorities have always recognized that, and instruction in how to use the bayonet has always been an important part of the training of English soldiers.
So important is bayonet fighting regarded, in fact, that British soldiers are taught it, practically individually instead of in numbers, as in other parts of their training. Each bayonet instructor in fact, so good for your own sake, trains only four pupils at a time, so that he can clearly see and point out the weakness of each man.
When the "Tommy" begins to learn the various parries against an imaginary foe, dummy rifles with ordinary bayonets are used; but when he "takes on" his instructor a spring bayonet is fixed to his rifle. These bayonets have broad buttons on the end of them, and recoil at once when they hit. The instructor and his pupils are of course well protected with masks, padded jackets and gloves in case of accidents.
Fights Padded Jacket.
"Tommy's" first foe is a padded jacket hung on a wall, and the movement learned from it is officially known as the "engage" or "On Guard." This position is one in emergency, "On Guard" or "parry," to jump forward or back. By it, too, he is taught always to keep his bayonet directed at the chest of his foe.
With this first instruction "Tommy" is also taught another absolutely vital point in bayonet fighting: That is, that his whole body depends on keeping his opponent outside his bayonet point, for once the enemy gets "inside" the bayonet the soldier is more or less helpless.
In bayonet fighting, in fact, the whole of the rifle is kept in front of the body, and the soldier never draws his rifle back before making a thrust.
These points are emphasized in the training, the rifle being "thrown out" to the full extent of the arm, the foot not being moved from the "engage" position.
The first step is training to receive or parry the "throw point," which is called: It is usually made at a man's chest, and is watched from the "engage" position by moving the rifle to the right or left, thus pushing the attacker's bayonet away to one side or the other. When the thrust is made, law however, the rifle is turned down, the bayonet being slightly imbedded in the ground.
The Best Attack.
By far the most effective form of attack is that of the "low point," as it is called. To deliver the attack the soldier drops down on his left hand, or on his left knee, and delivers the "throw point" in an upward direction. This attack is "thrown point" in the sun, way as the "throw point."
In addition to learning the above ways of attack and defence, the soldier is also taught the "beat" that is to say, the way of knocking down an enemy's guard, by giving his

REGULARITY

of the bowels is an absolute necessity for good health. Unless the waste matter from the food which collects there is got rid of at least once a day, it decays and poisons the whole body, causing biliousness, indigestion and sick headaches. Sales of other harsh mineral purgatives irritate the delicate lining of the bowels. Dr. Morse's Indian Root Pills—entirely vegetable—regulate the bowels effectively without weakening, sickening or griping. Use Dr. Morse's Indian Root Pills



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CLARK'S POTTED MEATS

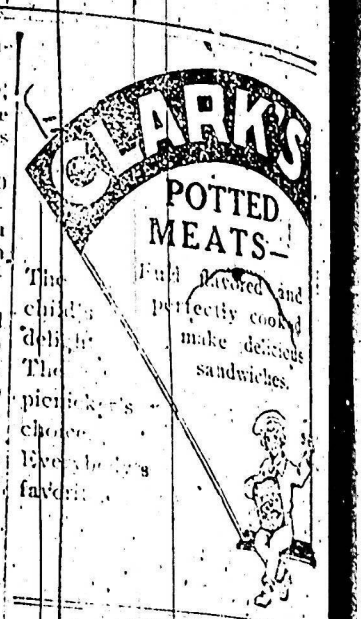
Clark's Potted Meats are made of the finest meats and are perfectly cooked. They are sold in tins and are very convenient for use. They are sold in tins and are very convenient for use. They are sold in tins and are very convenient for use.

NOVA SCOTIA

Halifax Sends Out Passengers of Help. Halifax, N.S., Despatched 194 people to Europe. Mrs. Haverstock was the first to go. She was accompanied by her husband and two children. They were going to visit their friends in England. They were going to visit their friends in England. They were going to visit their friends in England.

INFORMATION FOR INVESTORS

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BOMBS DROPPED

The Allies Make Another Aeroplane on M. A despatch from Dunkirk says that the Allies have made another aeroplane on M. A despatch from Dunkirk says that the Allies have made another aeroplane on M. A despatch from Dunkirk says that the Allies have made another aeroplane on M.