



## NERVOUS CHILDREN

The trouble is often really *St. Vitus Dance*—Do Not Neglect It!

Many a child has been called awkward and has been punished or scolded for not keeping still or for dropping things when the trouble was really *St. Vitus Dance*. This disease may appear at any age, but is most common between the ages of six and fifteen years. It is caused by a child full of energy, the nerves and muscles of the mind and body jerk and quiver and tremble. There can be no rest for the child.

Mr. Ernest Shackleton is about to make a preliminary trial expedition under Arctic conditions in the glaciers of Norway. This will be for the special purpose of testing the rations for his trip across the Arctic continent, which he hopes to make in four and a half months.

He has, with the aid of the Royal Army Medical Corps, evolved the "perfect ration." It will average only 33 ounces daily; as compared with the three pounds or more consumed by the average man, but it is believed it represents the highest nutritive value for polar travel.

A railway porter named John Burks of Roland Street, Glasgow, was killed at Queen Street station by being caught between the buffers.

Dundee Parish Council have resolved to present an address to the King and Queen on the occasion of their forthcoming visit to Dundee.

As a result of a kick from a horse in the yards at Sankin Road, Dumbarton, a carter named Trotter has died in the Western Infirmary, Glasgow.

The death has occurred of Mr. Munro Wilson, a retired grocer of Hawick, aged ninety-two. He was a pioneer of the temperance cause in Scotland.

A disastrous fire broke out on the farm of South Longniddry, Langside, tenanted by Mr. Marr, and the whole stock of cattle numbering thirty-nine, perished.

The annual pilgrimage to the Wishing Well at Culoden, near the verness, on the first Sunday in May was observed with all the time-honored ceremony.

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One miner was killed and another seriously injured in a fall in the main coal seam in Messrs. Robert Addie and Son's Viewpark Colliery, Uddington.

A public playground and gymnasium provided by the corporation of Paisley for the benefit of children residents has been formally opened by Provost Robertson.

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The ants of South America have been known to construct a three-mile tunnel.

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The German village of Remborn has a Linden tree which is said to be more than 1,200 years old.

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Shanghai recently saw the opening of the first street car system.

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In one of the Spanish cities a co-operative society has been formed which is to have a central market, where all sorts of foodstuffs and fuels may be procured.

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Geologists have estimated that the great German deposits of pitch-sands, practically the only important one in the world, will last at the present rate of exploitation 200,000 years.

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French Guinea is regarded as one of the richest of the French West African colonies. Konakry, the capital, is the port through which almost the whole of the export and import trade passes, and improvements are being made to facilitate the constantly increasing trade.

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Native children in the Alaska schools under the United States Bureau of Education, become so enthusiastic over the personal hygiene campaign, that they frequently bring their fathers and brothers to school to have them put through the clipping and cleaning process at the hands of the teacher.

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The above letter is convincing—it tells how reliable and trusty this old remedy is.

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"Nerfline,"

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