

Feedbath

Extra Granulated Sugar

is put up at the Refinery in

10 Pound,
20 Pound,
50 Pound
and
100 Pound
Cloth Bags,
and in
2 Pound
and 5 Pound
Sealed Cartons

When you buy **Feedbath** Extra Granulated Sugar in any of these original packages you are sure of getting the genuine **Feedbath**, Canada's finest sugar, pure and clean as when it left the Refinery.

It's worth while to insist on the Original Packages.

CANADA SUGAR REFINING CO., LIMITED, MONTREAL.

A Foolish Young Man;

Or, the Belle of the Season.

"As she spoke she took the lamb, which was bleating like mad, and put it on the ground and holding it still firmly but gently, she had brought it to a standstill, with all the confidence and coolness of a vet."

"You'll make yourself most triflingly well," said Stafford, "and then you'll be glad to get up."

She glanced up at him with a faint smile.

"You're a Londoner," he said, "or you would know that there is no such party as we so often meet with in this country. They are a party in their own right, and they are not to be despised. I'm glad to see you hold him a minute."

Stafford held the lamb, which was bleating quite and she showed the top of her head, produced a little leather water from the saddle, the horse nosing at her as if it were a very old friend.

"I'll take care of him," she said, "and then you'll be glad to get up."

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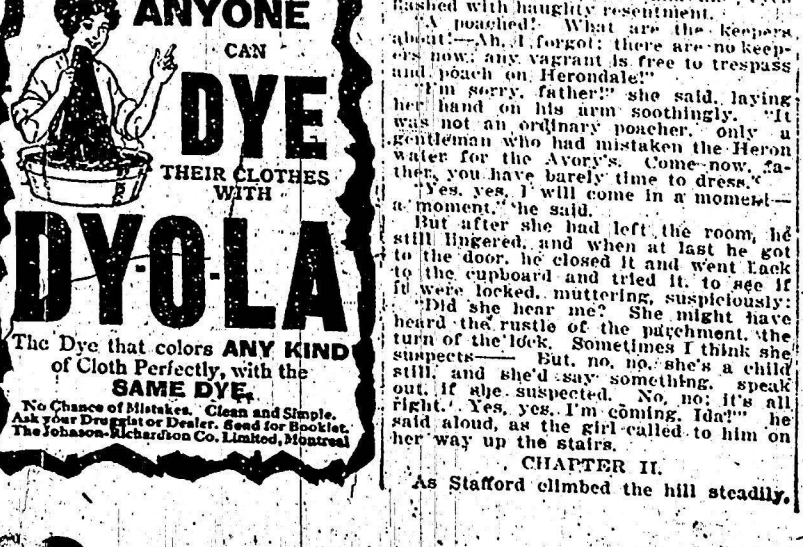
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ANYONE CAN DYE THEIR CLOTHES WITH DYE

The Dye that dyes ANY KIND of Cloth Perfectly with the SAME DYE.

No Choice of Colors. Clean and Simple. The Johnsons-Richardson Co. Limited, Montreal.

he wondered who the girl was. It did not occur to him that she might be the daughter of the Mr. Heron to whom the stream belonged and from whose family name the whole date had been taken. He thought she had looked and spoken like a lady, the habit, the gauntness, the soft, nervous smile, the light blue eyes, and her familiarity with the proper treatment of a sheep in distress indicated that she was a trained daughter than that of the squire.

She was not by any means the first girl he had seen since he had left a very large acquaintance in London, and one or two women whose beauty had been mentioned to him were more than friendly with the popular Stafford Orme—but he thought as he looked up the hill, which seemed to have no end, that he had never seen a more beautiful face than this girl's; certainly not in the last year, when he had met her in London, and he had been struck by the character of her eyes, which were blue and clear, and which were not unlike the conventional drawing-room type with which he was so familiar.

As he thought of her it seemed to him that she was like a wild and graceful creature of the forest, which he had seen coming down to a mountain stream to drink of his father's Scotch whisky. He thought she had looked and spoken like a lady, the habit, the gauntness, the soft, nervous smile, the light blue eyes, and her familiarity with the proper treatment of a sheep in distress indicated that she was a trained daughter than that of the squire.

TERRIBLE HAVOC IN BALKANS

EYE-WITNESS REACHES HOME AFTER YEAR AT FRONT.

Miss Jessica Borthwick Witnesses Closing Phases of the War.

Miss Jessica Borthwick, who has just returned to London after spending a year in the Balkans, watching the closing phases of the war, has given to the Daily Chronicle a remarkable account of her experiences. Miss Borthwick is 23, and the daughter of the late General Borthwick, who was employed in Bulgaria in the eighties to reorganize and command the army in Eastern Rumania. She is a clever animal sculptor.

The young woman journeyed unattended, her outfit consisting of a manila riding breeches, riding boots, a flannel shirt, a sweater, a felt hat and a camera, with which to take cinematograph pictures. She had a big cape which served as a skirt, when she was in the towns. She took only one revolver with her, but was able to add to it an arsenal from the bodies of dead officers.

She sought the Bulgarian premier in Sofia in January, 1913, and told him she wanted to join the Bulgarian army. He handed her over to the minister of war, who gave her a permit, and she soon found herself on the way to Starazagora. Officers smuggled her to the front, an officer taking her as his servant.

Say Surrender of Adrianople.

After many wanderings and adventures, she made her way to Adrianople, when the garrison surrendered. She gives a graphic description of the terrible havoc. The open ground before the city was covered with the dead bodies of men, horses and bullocks.

She visited the island of Saraville Itchy, where the Turkish prisoners were sent.

"Dead soldiers, robbed of almost every garment, lay there as food for the scavenger birds," she said, "but the sight of the living who waited for death was worse. On the island, which is one large swamp, with huge trees sticking up and knee-deep in mud, were thousands of starving prisoners huddled together for warmth and shelter. Their faces and hands were ashen gray and their eyes sunken in their sockets."

Dead Before the Fire.

"I saw four men sitting around a little fire, and as it was the first fire I had seen there I went up to them. I spoke to one of them; but there was no answer. I repeated my question with no result, and then pushed his shoulder. He recoiled over. All four were dead."

At Adrianople Miss Borthwick was stricken with cholera, and lay unattended in a mosque three days without food or water until she was found and taken to the Red Cross hospital. She returned to Sofia, but again set out. In the neighborhood of Mustafa Pasha she had an encounter with an 'outpost' of Bashi Basouks, who opened fire, wounding her in the leg and shoulder.

At Uskuk she was arrested as an Austrian spy and thrown into a filthy cell, where she remained for nine days, living on bread and water. Finally the Russian consul obtained her release.

A Ghastly Experience.

One of her most ghastly experiences was at Ferre. She was feeling hungry and thirsty and was looking for a melon field.

"I saw what seemed to be a melon field, with a lot of round, light-colored objects like melons on the ground. I jumped off my horse and picked up the nearest melon, but it dropped in my hand. It was a human skull. Then all around I saw dozens of them, with unbriaried bodies of women and children, which dogs were feeding on. Lying among them were beds, mattresses, cooking utensils—all smashed and strewn where the Greek irregulars had massacred the Bulgarians."

300,000 SOLDIERS IN REVIEW.

Germany Plans Monster Military Manoeuvres.

Count Von Moltke, a nephew of the famous strategist during the Franco-Prussian War of 1870, and the general staff of the army, are planning the largest military manoeuvres the world has ever seen in time of peace, for next autumn. Six army corps and twelve divisions, approximately 300,000 officers and men, and 50,000 horses, will take part in the manoeuvres. The Kaiser will be the chief umpire in the final 'thunderclap' battle. The woods, hills and valleys of the west side of the Rhine will reverberate with 1,036 field guns and 500-machine guns.

The field of operations will cover a large area of a triangle between Frankfurt, Giessen and Coblenz. The problem is evidently to check and defeat a French army. Practically the entire military aerial fleet of Zeppelins and Parsevals, with a passenger fleet, will be utilized, as well as an unprecedentedly large fleet of aeroplanes, in order to give some 1,000 regular and volunteer military pilots practical war experience. This will be the first time since 1870 that German officers will have an opportunity to handle such numbers of men.

Very Likely.
Personal in New York paper: "Gentleman who cut a neck in half for lady on train, please be seen train Wednesday, or make appointment."

Lady in Brown: "She probably wants the picture sharpened."

We are pleased to note that many a homely woman has made good as a beauty specialist.

ONTARIO'S MINERAL OUTPUT.

Production for Year Reaches Value of \$52,000,000.

The mining industry in Ontario made a record in 1913, when the total output increased over last year's figures—in themselves a record previously—by 9.6 per cent.

According to a report of the Bureau of Mines, the net value of metallic production in the province was \$37,508,956, the non-metallic production reaching \$15,491,002, a total mineral output of \$52,999,957. The production of gold reached 20,837 ounces, of which more than 94 per cent. came from the Porcupine mines.

The output of silver at Cobalt was a little less than in 1912. The report points out that apparently the high-water mark in production was reached in 1911, when the yield was 31,507,791 fine ounces. Last year's output was 29,681,957 ounces. The process of decline is proving more gradual than the increase, the falling off in two years being only 5.7 per cent. The price of silver was also lower, the result being to reduce the return to the mining companies by \$883,934.

It is now ten years since the silver deposits at Cobalt began to be worked and up to the end of 1913 their total yield had a value of over \$83,000,000.

The output of nickel was 21,838 tons, valued in the mine at \$5,237,477, an increase of a little under 11 per cent.

The copper mines produced 12,041 tons, valued at \$1,840,942, an increase of 16 per cent.

There were shipped from the iron mines of the province last year 139,337 tons of pig iron, valued at \$424,072.

"That the producing capacity of the iron mines of Ontario has not kept pace with the expansion of the blast furnace industry is evident from the fact that of 1,238,289 tons of iron smelted into pig iron last year in Ontario, only 137,708 tons, or 10.8 per cent., were of domestic origin," says the report. "The remainder was imported from the United States."

The output of pig iron continues to grow, the product of the furnaces being \$648,999 tons, worth \$8,719,892, an increase of 10 per cent. in quantity and 8 per cent. in value.

In the non-metallic list there was a general increase. The largest falling off was in corundum, quartz, drain tile, arsenic, and mica. Portland cement, pressed brick, stone, natural gas, sewer pipe, common brick, iron pyrites, etc., all showed big increases, the total value of the output being \$15,491,002, a gain of 11.3 per cent.

IS THE HEART WRONG?

Very Often the Digestion is the Cause of the Trouble.

It is very usual for people to worry themselves into a state of apprehension over the idea that they have heart disease, when the matter of fact, the trouble to the digestion being slightly or even consequent on a chill.

The season of the year we are in or less at the mercy of the weather and changeable temperature results in a chill, because we are tempted to throw off our wraps to find that the early sun-shine matches for a bleak and wind-whipped day.

The supposed fatal symptom of palpitation is noticed, and immediately the sufferer's thoughts fly to heart disease. Even after consulting a doctor and receiving an assurance that he is in error the patient often fails to believe that it is the stomach which has mistaken the other than he.

AN AMBIGUOUS ANSWER.

Mr. and Mrs. Murphy were frequently in court. Sometimes Mrs. Murphy complained of her wife; at other times Mrs. Murphy had her husband arrested for abuse; and on still other occasions neighbors had them both in court for disturbing the peace with their neighbors. The judge was becoming rather tired of having them before him.

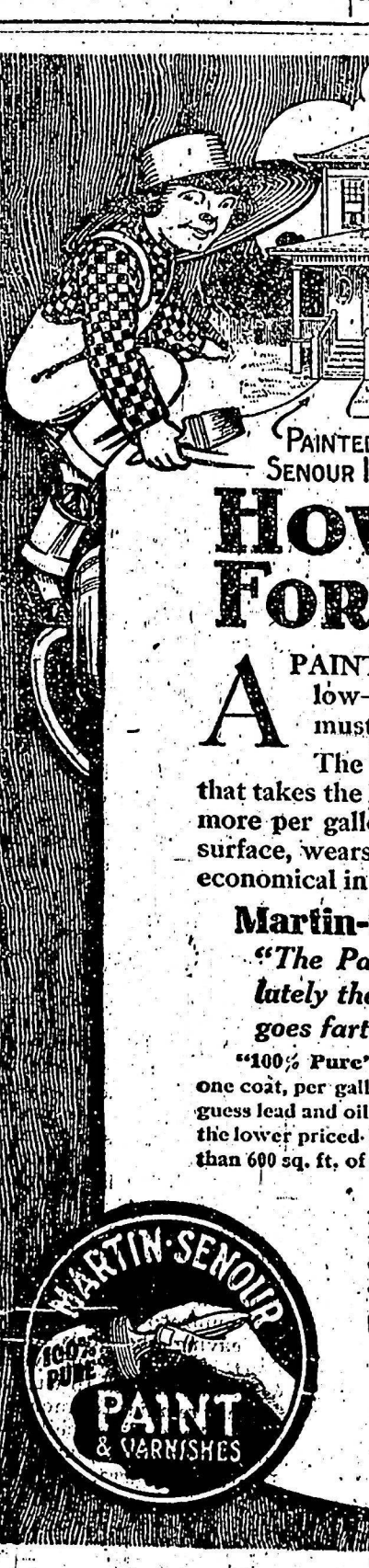
"This is the sixth time one or the other of you has been up before me for fighting," he declared, "out of patience; now, tell me truthfully, cannot you two live happily without fighting?"

"No, your honor," replied Mrs. Murphy, "not happily."

No man ever lived long enough to do all the things that his wife wanted him to do.

He will probably advise meals taken slowly, and the food articles he avoided at the head of his family. It is an excellent plan in all cases of indigestion for the people suffer from indigestion long as they eat only small, most, two dishes, and it hardly matters what these may be. Very liquid, or even none at all, should be taken at meal times, or at least an hour afterwards, as the simple reason that the gastric juices cannot do their work enough that this is not to say, however, that indigestion is benefited by suffering drinking regularly a tumbler of hot water about half an hour before meals. Tea should be largely taken, but if it is highly medicated in certain cases.

Another cause of palpitation, a faulty condition of the nervous system.



How To Paint For Less Money

Martin-Senour "100% Pure" Paint

PAINT is not cheap simply because the price is low—if you would economize on paint, you must look beyond the purchase price per gallon.

The cheapest paint for you to use is the paint that takes the least amount for the job. It may cost a little more per gallon, but because it thoroughly covers more surface, wears better and stays bright longer, it is the most economical in the long run.

Martin-Senour "100% Pure" Paint—The Paint for wear and weather—is absolutely the cheapest paint to use because it goes farthest, and endures longest.

"100% Pure" Paint has a covering capacity of 900 sq. ft. of surface one coat, per gallon, as against a covering capacity of hand-mixed-by-guess lead and oil paint of only 500 to 550 sq. ft. of surface, per gallon, or the lower priced Prepared Paint with a covering capacity of not more than 600 sq. ft. of surface per gallon.

Send us the dimensions of your house—let us tell you how few gallons of "100% Pure" Paint it will take to cover it thoroughly—and send you, free, a copy of "Town and Country Homes"—also name of nearest dealer handling Martin-Senour "100% Pure" Paint.

The Martin-Senour Co. Limited, MONTREAL.



ALLOW ME TO PRESENT MY BEST FRIEND

ROYAL YEAST CAKES

W. J. GILLET CO. LTD. MONTREAL.

Very Often the Digestion is the Cause of the Trouble.

It is very usual for people to worry themselves into a state of apprehension over the idea that they have heart disease, when the matter of fact, the trouble to the digestion being slightly or even consequent on a chill.

While the stomach sometimes makes the heart heartily, though it is not usually. In such cases it is the exercise taken, or the lack of proper amount of sleep, which will prove an efficacious remedy for the trouble.

RUSSIAN WOMEN OUTWITTING

Concerted Attack on Demand Proves Flat Failure.

While the men of the village were working in the fields, the women were holding a meeting, recently the door of the room was suddenly flung open and a number of the village women came in, demanding that the men should stop working and come to the meeting. The women were not to be outwitted.

As Long as Men are Men.

"A German woman says she has been married 30 years and has never had a headache."

"It may be true, but she is not a woman of the earth, and she is not a woman who thinks that a headache is anything but a trifling ailment."

When stopping at a grand hotel, the staff of a man understood he takes their stationery, and writes to all his friends.

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Breaking It Up.

With Kidney Trouble, Cured with Gin Pills.

Mr. Daniel F. Power of Boston writes that he has been cured of his kidney trouble by using Gin Pills.

When a girl thinks she has a heart it is a sign that she is in love.

Minard's Uniment Cures Rash.

The Manager: "That is the invention of his own. It is a small sp. (the). He is a small time! when he walks through hotel lobbies."

ECZEMA STARTED IN A RASH

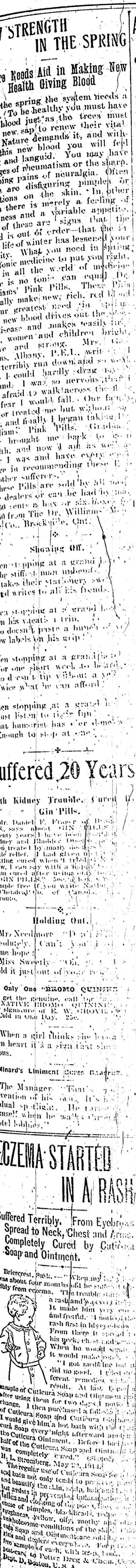
Suffered Terribly. From Eyebrows Spread to Neck, Chest and Arms. Completely Cured by Cuticura Soap and Ointment.

When my face was covered with eczema, it was a terrible sight. I made little by little, and finally it was cured. I am now a happy man.

The regular use of Cuticura Soap and Ointment is the best remedy for eczema. It is a natural and healthy condition of the skin.

Send us the dimensions of your house—let us tell you how few gallons of "100% Pure" Paint it will take to cover it thoroughly—and send you, free, a copy of "Town and Country Homes"—also name of nearest dealer handling Martin-Senour "100% Pure" Paint.

The Martin-Senour Co. Limited, MONTREAL.



NEW STRENGTH IN THE SPRING

Needs Aid in Making New Health Giving Blood

In the spring the system needs a tonic. To be healthy you must have new blood just as the trees must have sap to renew their vitality. Nature demands it, and with this new blood you will feel that new vigor and energy.

St. John's Wort is a natural tonic that gives you the strength you need. It is a natural and healthy condition of the skin.

Send us the dimensions of your house—let us tell you how few gallons of "100% Pure" Paint it will take to cover it thoroughly—and send you, free, a copy of "Town and Country Homes"—also name of nearest dealer handling Martin-Senour "100% Pure" Paint.

The Martin-Senour Co. Limited, MONTREAL.