What It Mears When You Fele "All Out or Sorts."

You know what it means to feel have felt this way at some time. Nerves out of order, irritable, languid, depressed. An aching head, a fagged brain, appetite bad and digestion weak. With some people this condition comes and goes; with others it is chronic; they can't shake it off. It interferes with business, spoils recreation and robs life of all its joys. These men and women are only able to live and work at "half-speed."

Half-speed people have lost that abundant natural vitality which enables others to go "full-speedahead" through life. Their energy and herve power have evaporatedonce more pulsate through your full health can be had through the ed to a cruel form of slow death.
use of Dr. Williams' Pink Pills. "Most tragic is the fate of those treatment but it did not help me and housing, they perish." and I grew so weak that I could sufferers."

Dr. Williams' Pink Pills are sold by all medicine dealers, or will be mailed, post free, at 50 cents a box or six boxes for \$2.50 by The Dr. Williams' Medicine Co., Brockville,

HUGE COAL OUTPUT.

Year's Production in Canada Ex ceeded All Former Records.

The production of coal in Canada ing reported as 14,512,829 short tons The gaolors in charge are nearly al. if you have a sore back, a stiff neck, a ing nearly 27 per cent. of the total victims drink even water. The cells value of the mineral products of dely description, so filthy is their Canada during the year. Compared state. Canada during the year. Compared state.

with 1911, in which year the production was 11,323,388 short tons added at \$26,467,646, an increase is police supervision. These do not shown of 3,189,441 tons, or 28 per include the prison inmates. The Neveline, the king of all pain-relieving cent. in quantity and \$9,551,398 or government has sent them to the remedies.

The largest previous year's output was in 1910; when the production was 12,909,152 short tons, valu. grown-ups were taught, for hold- Panishment in Case of Betrayal of ed at \$30,009,779, compared with ing political meetings in their which 1912 shows an increase of 1, houses, for criticizing the govern-603,477 lons or 12 per cent, and \$5,- ment-in short, for doing the hin-

This province produced nearly 51 per head. This sum includes the duct of the members of the medical new processes, one in this country per cent. of the total in 1912 as food, lodging and clothing of the un-In the west for the first time on re- short summer would huy them a cord Alberta has the largest pro- little more food than the \$87.50 can: duction amounting to 3,240,577 tons, the production in British Columbia being 3,203,997 tons. The latter province would have had a higher production had labor troubles not prevented a normal output. The production in Alberta is the highest record for that province, while have been doing hard labor for five production was attained in 1910,

SKIN CLEARED

By Simple Change in Food. It has been said by a physician that most diseases are the result of indigestion.

There's undoubtedly much truth in the statement, even to the cause of many unsightly eruptions, which many suppose can be removed by ed to be hanged! The Czar comapplying some remedy on the out- muted the sentence to 20 years'

her. | She writes:

with an eruption on my face and prevented her from getting two hands which our doctor called eczema and which caused me a great not the slightest difference. They deal of inconvenience. The suffer- were thrown, chained, into a cell

mo temporary relief. One day I to starve; they were sent in chains happened to read somewhere that across the Urals and put to work in eczema was caused by indigestion. the mines. Then I read that many persons had been relieved of indigestion by eat-

ing Grape-Nuts. taste of the food and was partien- the two men were innocent. For a larly pleased to notice that my di- long time they took no notice: At gestion was improving and that the last, however, one of the lawyers eruption was disappearing as if by who had acted as "prisoners' magic I had at last found, in this friend" at the court martial, spent

my trouble. affliction I remember my own for had shot at the policeman and the mer suffering and advise a trial of cossack. After a year and much mer suffering and advise a trial of trouble, he made the central court martial of Warsaw look into the

Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Wellville," in pkgs. There's a Reason.

PRISON HORRORS OF RUSSIA

MEN OF THREE NATIONS TO UNITE IN PROTEST.

'all out of sorts." Most people Perjured Evidence Is Greedily Accepted by Russian Authorities.

"Since the Czar's manifesto o October, 1905, promising Liberty to the people of Russia, over 400.000 persons have been sentenced for political offences. Of these 3,000 were executed and more than 10,000 thrown into the horrible "Katorga" (hard labor) prisons.

Rooms Overcrowded.

"Packed in overcrowded rooms; which are devoid of the simplest hygienic equipment and cleanliness, the underfed prisoners are almost they cannot work long without deprived of any medical assistance breaking down. The trouble is and become the victims of all kinds nervo weakness and is caused by of epidemics. Scurvy, typhus and poor, watery blood. You can be tuberculosis decimate their ranks. gih to improve your condition to In some prisons the death rate has day by taking Dr. Williams' Pink reached 12 per cent. Very often At night they lay on wooden bunks Pills. They make rich, red blood these prisons become a centre of infection for the surrounding disveins, and your nerves thrill with trict. Those sentenced to long fresh vigor. Here is convincing terms of imprisonment—chiefly poevidence that new strength and litical-are in actual fact condemn-

Mr. Newton Mayhew, North Tryon, tens of thousands of political ex-P.E.I., says: "I am a farmer and iles, of whom most are deported to naturally have to work very hard. Siberia without trial, but simply by The result was that I found myself the arbitrary action of the adminisvery much run down. My blood tration. Most of them are sent to became thin and watery, and my a frozen waste, where, unable to agine their joy.

muscles flabby. I took doctors obtain the necessary food, clothing

The above is a quotation from scarcely work at all. As I found the recent international protest the medical treatment was not against the treatment of political helping me I decided to try Dr. prisoners in Russia, signed by many Williams' Pink Pills, and in these of the most prominent public nien I found the medicine I needed, as in France, Germany and England. in a short time I was restored to In the minds of many people such my old health and vigor. I shall statements savor of exaggeration, always recommend these pills to all writes a St. Petersburg correspond-

Actual Conditions. Do prison horrors really exist in Russia, or are the thousands of otherwise well-informed men and women who claim so, simply softhearted and soft-brained humaniagitators in the Czar's realms? us Pauline monastery and the miraculous picture of the Virgin, no less than 60 prisoners are even in 1912 exceeded that of any pre- now being kept on bread, water and rieumatic muscles is simply a wonder. vious year, the total production be- frequent applications of the rod,

worst part of Siberia for various political offences, such as keeping schools where children and

al value.

In Nova Scotia there was an in- Canada. The upkeep of these 4,000. creased production in 1912 of 779, amounts, according to budget re-468 fons or 11 per cent, over 1911 turns, to \$350,000 a year, or \$87.50 against 62 per cent, in 1911. The happy exiles. They are forbidden profession in the United Kingdom, and one in Austria. production in New Brunswick is to work, because it is a well-known quite small in proportion to the fact that people are happier when other provinces and amounted to they have something to do, and only 14,780 tons in 1912, a decrease also because the pittance they could

Innocent are Punished.

The following is a fair example of ia: Charles Maminski' and John Irzaski, two decent workingmen, employed in the foundry of Wloch, in British Columbia the greatest years, though innoquat. In 1907 a policeman and a cossack were rounded near the foundry. A few days later a woman, Mme. Macisiewska, owell known to the police as a receiver of stolen goods and a white slave traffic agent, went to the police station and said she knew who attacked the two wounded men. She pointed out Maminski. and Trzaski. They were arrested, tried by court martial and, solely By changing her food a Western years for his comrade. Their emgirl was relieved of an eczema ployers' declaration that both were which was a greet annoyance to quiet, honest men, and their own protestations that the woman gave For five months I was suffering evidence against them because they young girls into her clutches, made ing was almost unbearable. . with the scum of a Russian prison; "The medicine I took only gave their wives and families were left

After Four Years.

After four years the police began "I decided to try ik I liked the to hear from different sources that great food, something that reached some spare time in looking up the men's friends and relatives. He When I find a victim of this found that the woman's own son had shot at the policeman and the

While Maminski and Trzaski worked on in the Ural mines, jailers used the lash on them with impunity, for were they not there for trying to kill the police? Their food was moldy bread and cabbage soup. ED. 4.



wife of Prince Eitel Fritz, the Kaiser's second son, who, it is reported, has left her husband and is now residing in Paris.

built against the walls of a wooden hut. When they had time they used to try and destroy the vermin by throwing boiling water over it. They were not allowed to write to heir families or get letters from

old to go to the inspector, who, fter satisfying himself that, they were Maminski and Trzaski, told said he considered the most profit them they were free. You can im- able application of electricity

Good-Bye, Old Rackache,

Stiffness is Rubbed Right Out: Every Sign of Pain Disappears. Geo whiz-think of it!

No more stomach desing necessary t ure your lame back. Every trace of lameness. all time to come by good old "Nerviline" bring case and comfort to the back-weary afferer as Nerviline invariably does. tarians, led astray by designing Backache isn't the only malady Nerviline is quick to cure. For lumbago or At the prison of the ancient city schatter you would go far to find relief of Czenstochova, where is the fam- ed epeedy as Nerviline gives. For chronic rleumatism there are pain-destroying prorank. The way it limbers up a stiff joint and takes soreness out of strained or If you have an ache or a pain anywhere, valued at \$36,019,014 and constitut- ways drunk, but do not let their stiff joint, a strained muscle-if you have lumbago, congested chest or sore throat, just try Nerviline. Rub it on plenti-fully-it won't blister, it can't do any-

DOCTORS IN BRITAIN.

Professional Conduct.

and that if it can be shown that a doctor has availed himself of the privileged position due to his callonly 14,780 tons in 1912, a decrease also because the platance that is removed from the statutory are of nearly 20 per cent; from 1911, earn on colonists' farms during the gister of medical practitioners, ing to misconduct himself, his name which is the medical equivalent for

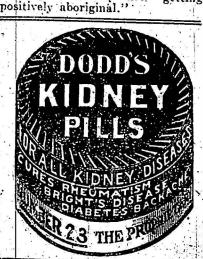
the disbarment of a lawyer. Thus, Dr. Thomas Francis Roche, of Kingston-on-Thames, a physician hat goes on, almost daily in Rus- of some eminence, has just been publicly disciplined in this fashion, as the aftermath of the divorce case of Stuart versus Stuart in which he

figured as co-respondent. Had Dr. Roche been, merely friend of the Stuart family and not their medical attendant, the General Medical Council would have taken no notice of the case. But the General Medical Council took the

ments nor even practice medicine acres, the fire-loss amounted to for fees.

Minard's Liniment Cures. Distemper, Approaching That.

Don't you think women are getting too daringly original in the matter of dress?



Will Quick'y Cure Any Sour Stomach

Relieves Fullness After Meals.

"When I was working around the flammation," writes Mr. E. P. Dawkins of Port Richmond. "I was weak for s long time, but well enough to work until spring. But something went wrong with my bowels, for I had to use salts or physic all the time. stomach kept sour, and always after eating there was pain and fulness, and all the symptoms of intestinal indigestion. Nothing helped me until l used Dr. Hamilton's Pills. Instead of hurting, like other pills, they acted very mildly, and seemed to heal the bowels. I did not require large doses to get results with Dr. Hamilton's Pills, and feel so glad that I have found a mild yet certain remedy. To day I am well no pain, no sour stomach, a good appetite, able to digest anything. This is a whole lot of good for one medicine to do, and I can say Dr. Hamilton's Pills are the best pills, and my letter, I am sure, proves it." Refuse a substitute for Dr. Hamilton's Pills of Mandra: e and Butternut,

ELECTRICITY ON THE FARM Most Profitable Use is in Chicken Rearing.

sold in yellow boxes, 25c. All dealers,

or The Catarrhozone Co., Kingston,

A paper of more than ordinar interest was read before the British Royal Society of Arts by Mr. One night, after work, they were Thorne Baker. The subject 'The Application of Electricity Agriculture and Life." Mr. Baker the farm was in chicken-rearing. Chickens weighing a few ounce only and about twelve weeks of fetched a remunerative price in the

market. Such chickens could Nerviline Will Fix You! grown under electric stimulus about double the rate, thus doubling the output of a chicken farm and halving the food bill per chick

On Mr. Randolph Meech's poul try farm at Poole an intensive chicken house, consisting of six paid.)

Not Sold in Stores.

CANADIAN HAIR RESTORER CO., Windsor, Ont. iffness, every sign of weakness in the flats, each large enough to accomback's muscles can be rubbed, away for modate seventy-five chickens, was electrified. The current was ap No other liniment can do the work so plied for ten minutes every hour quickly, can penetrate so deeply; can during the day. Six chickens only out of a total of 400 died, showing a mortality of only 1.5 per cent.-i the ordinary way the mortality wa often as much as 50 per cent. in the summer months-and the chickens were ready for market despatch in norties in Nerviline that give it first five weeks as against three months.

The vitality of the treated chiel ens was remarkable. Instead running away when one put a fin ger to the netting, they would rush up and peck vigorously. During the treatment they were so highl charged with electricity that quite a distinct shock was felt in the fingers on touching them, although the birds themselves were supremely unconscious of anything. The sparks which flew from their beaks on their pecking one's finger did not appear to be felt in the least by

Experiments with radio-activ earth were also dealt with by Mr. Baker, who stated that the growth Medical men very rarely indeed of plants had been shown to be Battain. There is a reason for this that the supply of radium in the for your boots. which is not generally known, that near future on a comparatively General Medical Council main- large scale would be assured, owing to the successful nature of two

> SMITH GOT WISE. A sore corn, he said, was bad enough

is removed from the Statutory Re. He invested in a bottle of Putnam's Painless Corn Extractor, and now wear: a happy smile. Corn is gone-enough said, Try Putnam's Extractor, 25c. at all dea If a man is a bore he's always the

ast to discover it. Minard's Liniment Cures Colds, Etc.

FOREST FIRE LOSSES, 1913.

Dominion Forestry Branch Report Remarkably Small Loss.

The lowest level of forest fire loss on record in Canada was reached ground that, being in professional last year on Dominion Forest Reattendance on the Stuart family, serves in Western Canada. From he had taken improper advantage the first of April to the end of Sepof the confidence reposed in his tember several of these reserves escalling and therefore expelled him. capd without a single fire over ten For a doctor to have his name acres in extene, the small fires that struck off the Statutory Register did occur being extinguished by of medical practitioners spells pro- the rangers before occasioning any fessional ruin. For it means that he damage to standing timber. On the can no longer grant medical certi-ficates nor hold medical appoint which has an area of 13,373,856 unless he makes it quite clear to 1,150 acres of young timber of only his patient that he is not a statu- potential value and \$150 worth of torily qualified medical practition mature timber. The total area Moreover, he is unable to sue burnt over, more than half of which was cut-over or grass land, was but 3,010 acres, representing only 0.02 per cent of the area of this reserve. On the Dominion Forest reserves in British Columbia, which have a total area of 2,420,000 acres not a single fire succeeded in spreading over a larger area than ten acres, Original! They are getting and the only green timber injured by fire was four acres of young lodgepole pine. The records are not yet complete for Saskatchewan and Manitoba, but the available figures. compare favorably with the ones cited. The above figures also compare favorably with corresponding ones on the National Forests of the United States, where the area

> over 0.3 per cent. of the total reserved area. In the Fire Districts on Dominion Crown Lands in the west patrolled by Dominion fire rangers the loss occasioned by forest fires last season is also remarkably small, nor is this due wholly to the large amount of rain which fell last summer in the west, for there were also sever-ISSUE 3-14. al dry spells when frequent fires oc

burned in 1913, although the small-

est in recent years, was somewhat



Frequent shampoos with Cuticura Soap, assisted when necessary by gentle anointings with Cuticura Ointment, afford the purest, sweetest and most economical method of freeing the scalp of infants and children from minor eruptions, itchings and scalings and of establishing permanent hair health. Cutleurn Soap and Clintment are sold throughout the world. A liberal sample of each, with 32-page booklet on the care and treatment of the skin and scalp, sent post-free. Address Potter Drug & Chem. Corp., Dept. 8K, Boston, U. S. A.



the other blond or other color as they were in youth. Stops Falling Hair. Dandruff, Itching.

Grippe, and I have frequently functional Scale Diseases, Produces New Growth.

19 bo very effective in exhibit to be very effective in exhibit of the states of it. Cures all Scalp Diseases, Produces New Growth. Satisfaction guaranteed or money back.
Price 75 cents or two for One Dollar (postage



curred, which only the alertness of the fire-rangers prevented from occasioning large losses. In the Coast Fire Ranging District, B.C., which is Nature's own remedy for RHEU being situated in the Railway Belt is administered by the Dominion Forestry Branch, during June and troubles, arising July and August no less than 110 blocd. It has no equal as a blood fires occurred, yet all of these fires were extinguished before any stand- purifier. Price 50, Conts a bottle. ing timber was destroyed.

. Host's Youngest.

"Don't your shoes feel; very uncomfortable when you walk, Mrs. Nuryche?' Mrs. Nuryche-"Dear me, what an extraordinary ques tion! Why do you ask, child? 100,465 or over 11.6 per cent. in to-dred and one little things which Especially is this the case in Great tunately in a position to announce to your money you'd got too big

> Minard's Liniment Cures Diphtheria. His Mite.

She-What have you ever done for humanity? He-Saved at least one man from terrible fate. She-When was this? He-When I married you!

Try Murine Eye Remedy other, feeling that something was If you have Red, Weak, Watery Eyes wrong somewhere. or Granulated Eyelids. Doesn't Smart -Soothes Eye Pain. Druggists Sell-Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail.
An Eye Tonic Good for All Eyes that Reed Care
Murine Eye Remedy Co., Chicago

Gause and effect - whiskey straight and a crooked walk.

Minard's Liniment Cures Garget in Cows.

The Care-Free Servants. "Ish't it a fright what wages ser-

rant girls expect nowadays?" "It certainly is. It's got to the point where it is hard to tell whether our servant girl is working for us or whether we're just working for our servant girl."

ZAM-BUK

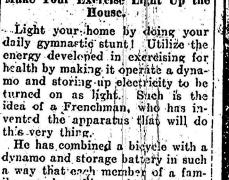
MRS. A. SAICH, of Cannington Manor, Sask., Writes:-"My brother suffered severely from eczema. The sores were very extensive, and burned like coals into his flesh. Zam-Buk took out all the fire, and quickly gave him ease. Within three weeks of commencing with Zam-Buk treatment, every sore had been cured."

This is but one of the many latters we are constantly receiving from people who have proved the healing powers of Zam-Buk. For eczema, piles, sores, burns, cuts and all skin troubles there is nothing like this wonderful balm. No skin disease should be con-sidered incurable until Zam-Buk has been tried. All Druggisls, 50c. per Box.

Refuse Substitutes.

WHAT NEXTE

Make Your Exercise Light Up the House.



He has combined a bicycle with a dynamo and storage battery in such way that each member of a family cen, by taking a brief ride before breakfast, store up enough electricity to light several lamps. One hour's pedalling is enough. The machine is made in two sizes, one to work with a storage battery of twelve volts and twelle amperes for the use of ordinary purses, the other for use with a storige battery of twelve volts and twen y-five amperes, for strong person

The Scientific An crient remarks that one advantage of this machine is that if the lighting of the home be dependent upon the electricity derived from it, will give a stimuus to the use of the machine for exercise and tend to prevent the daily gymnastics from being neglected.

Everywhere. Wanted: Glad and sunny people All along the way ust to make it fair and mellow As a summer's day; ust to speak a word of greeting And to give a smill That shall make each splanded put Still the more worth while

Minard's Liniment Co., Limit

Not to Her Taste.

Art Dealer-This is a beautifu scene from "Hamlet." Mrs. Newrich-I don't pare for hamlets. Show me a

MATISM, ECZEMA and All druggists, or SULTHUR PRO-DUCTS EIMITED, 138 Ban Street.

A Legal Tangle.

Toronto.

The day was drawing to belose Judge, jurors, witnesses and lawyers were growing weary. I limally the counsel for the prosecution rose to examine the defendant. "Exactly how far is the two towns?" askell the lawyer

in a weary voice. The defendant yawned, and replied, "About four miles as the ery flows." y flows." :
"No doubt," said law, "you mean as the flow grice. The judge leaned forward, No.

he remarked sauvely, the becaus as the fly crows." Then all three looked at big an-

Cause for Anger.

Mr. Wilkins was near the explod ing point when his neighbor met him on the street. "That man Tomkins," he burst out "has more nerve than anyone I ever 'Why?" asked his neighbor curiously. "He came house last evening and burrowed my gun to kill a dog that kept him awake nights." "Well wilst of that?" "Why," shouted hir. Wilkins "it was my dog he killed."



FARMS FOR SALE

H. W. DAWSON, Ninety Colourne Street Fruit, Stock, Grain, or Dairy Facto write H. W. Dawson, Brampton, or 5 Colborne St. Toronto: H W. DAWSON, Colborne St. forgula.

IVE UNINJURED MINK, MARTER and Fisher, W D Bates, Ridgetown

NEWSONDERS FOR SALE WE HAVE SEVERAL GOOD NEWS paper properties for sele in a dario towns at right prices. Apply quick re subsectation renown time is just opening. When Publishing Company. ing, Wilson Publishing Com West Adelaide Street, Toronto,

MISCELL . MEDILA CANCER, TUMORS, LUMPS internal and external, cured pain by our home treatment.

NURSERY STOCK. TO AMPERRIES. RASPPERRIES FIFT Varieties. Free Catalog. Son, Grovesend, Ontario.

SITUATINS VACANT.

We will pay you \$120.00 to distribute religious literature in your community. Sixty days' work Experience not required. Man or woman. Opportunity for promotion. Space time may be used. International Bible Press, 12. Spadina Street, Toronto.

PRODUCERS-By shipping your NEW LAID EGGS to GUNN. LANGIOIS & CO LIMITED, MONTREAL, yeu secure the BEST RESULTS One trial shipment recome nd d



THE GRIMM MFG. CO., LIMITED



Buy St. Lawrence Sugar in original packages. touched from refinery to your cupboard, you are sure 'of sugar absolutely free from contamination or impurities of any kind. St. Lawrence granulated white nor cane sugar is packed in three sizes of grain—fine, medium and coarse, in 100 lb., 25 lb. and 20 lb. sealed bags All first class dealers can supply it so insist upon having St Lawrence Sugar.



A CANADIAN KNIGHT DISTINGUISHED SERVICE ORDER COMPANION OF THE RANGE A PASTE | THE F.F. DALLEY GUD. NO DUST NO WASTE | HAMILTON CANADA NO RUST



disp of the hed roome, averaging is teen and froch the dean view, both attached with sea and froch the lamber. Temperature regulated by Thermoradadt.

Pelanhane in tevery coon. Gold the latest development-in stellin heating. Telephone in every coon. privileges. Capacity (33) White for illustrated booklet. CHARLES O. MARQUETTINA TRAYMORE HOTEL COMPANY, D. S. WHITE, President

The M STAN Every Wedne

STANDARD Markelale, Subscription ! paid in addance not so paid .S

States. No puntil all arrear at the oution o Advertising re inch per week single column cent, diacourt one column for cles for sale. animals one n

weeks \$1.00. All corresion the firm \hadden The Standarli Markdale.

Standard (Weel ly Mail Weekly Clob Daily World Family Hera! Weekly Witness Weekly Sentions Torente Sugar Farmer's Advoc. Daily News ... Daily Star ... The Canadian

Farm and Barry Canadian Farm Canadian Foot Northern Me.

The Catholae 1:

MISCEL Rocklyn, Out.

Markdale. tracting dis in Wall Paris Fleshertlen. ser, Valuation Decels, Martin drawn op and

shorte. Unotice Apply to B d Arrangement

P. Mei Barylister, SC Main street. N

ignd. LUCAS, R Barrieters Officer's Literal Traders 18

DINII 5 DR. J. A , 😘 Office in A Toronto street

"(L.D S Dental Surgeon tario Cellege of versity of Toron post-office Offs bip.m Paitle. please call up a telephone in retal office/

(PRATEE Hiram Hodge, N Markdale/ meets i McFarland Block. ing on or before the month Visiting invited. J. M.: H. C. Daff, Se

C. O. C. F. Court Markdale, Chosen Friends, fourth Tuesday in Ennis' Hall at 8 o Rutledge, Chief Co Ennis, Recorder. COURT MARKD No. 99 Meets in Ennis' Ha! day in the month r

visit from brothers solicited. Assessit paid to the l'innyer McCutcheon, on big day of the mouth. O. R. ; T. T. Tuck, SAUGREN LOD 1.0.0. Meets every Friday in their hall, Main

brethren (always) H. Walden, N.G. Sec.-Treas. COURT GREY.

Meets every second Wednesday of the mews' Hall, at 8 p.m. ren always welcome.