CHEST STATE FOR THE PARTY OF TH Baking. Powder contain alum, rous acid. The ingredients of re never printed on the label.

Baking Powder o alum and is the ig powder made that has all the plainly printed

COMPANY LIMITED NTO, ONT. MONTREAL TO WAS TO TE AR ACT

> TOR AN ANCIENT CRIME. Yearly Tax or Tribute Endures For All Time.

ben hundred years ago some don't of the Valley of Roncal, were, murdered by and of the Valley of Bareton, run the crime taking place on pasture lands of Arles, in

a and have been difficult to the murderers individually to and the Spaniards were make war upon the from which the French mur; shad come, when the French proposed that peace be dired at the price of a yearly or tribute, to endure for all and this proposition was ac-I without domir. payment of this blood taxhilly three white mares, but

three cows of a particular color-has been made ince, the custom-it is nothhaving survived even the and have engaged, and the the French Revolution. the representative men of valleys meet on the fron--a certain, stone, remote the town, and go through the or of presenting and receiv-The order of procedure, claborate and impressive, by a document bearing the

though the tax was paid d years prior to that time. TOO SOON TO TELL.

good cook now?"
how. I haven't been breakfast." HER METHOD. To you save much? No. As soon as I save

wife saves 10 cents pending it for something arked down." man's idea of a model hus-

who lets his wife do

chter and tears of a wo qually deceptive. in alvays tries to make a

heard that you've prowere fother girls this Wall, you see. I-erpercly reliearsing for my.



" plates." is the onl AVIOMAXWELL a Marys, Cot.

da's finest sugar at its best

cadliness and rity will be ctified by this 5-Sealed Package of

ated Sugar

esh from the Refinery, ds. Each Package ugar y Your Grocer

Refining imited. al.

THE TRUE GAUSE OF RHEUMATISM

nue to Acid in the Blood-Can Only he Cured Through the Blood

Not many years ago even doctors

The scientific way to cure rhouma

tim is to take Dr. Williams' Pinl

that goes right to the root of the

trouble. They sweep out the pois-

ao l'en and

menths I co

rade, but the

good Finalle

me to try Dr.

und before II

and soon found

health and fee

on I hever.

S. 1 1 1 11 all

dicine

which make new, rich blood

sen the aching joints

and bring ease and

before had been pain

Slieppy, Morpeth,

Following an attack

took inflammatory

My joints became

he pain was almost

I tried electric

failed to do me any

friend persuaded

illiams' Pink Pills.

been taking them

and relief. I con-

Pills for a time

invect in perfect

lg like a new per-

o an opportunity

Williams' Pink

say enough in fa-

eds a box or six

om The Dr Wil-

Co., Brockville,

to show me

this conl." said

hing to do with

n the kitchen

me scrub lady

the lady of the

cause Parme-

can be relied

corrective that

are the lead-

reparations.

her have no su-

va vacation i

Burns. Etc.

cal recital

ver-rest.

We shall bear more of this young

min or woman should hobble

estant every evening for a little

Guzzlar - No my-husband always

head Broke Out. Spread to Arms,

legs and Entire Body. !tched So

de Would Scratch Until Blood Ran.

One Box of Cuticura Ointment and

Nearly One Cake of Cut cura Soap

Then my boy was about three months bis head brok out with a rash which ery lichy and ran a watery fluid. We exerciting we could but he got worso hen to his entire body. He got so bad to that he would scratch till the blood of that he would scratch till the blood at hin yellowish stuff would be all is on his hands to prevent him tearing k fainting spells its if he were dying, hin like class.

e claws
ad about eight months when we
a Remedies. I had not laid him
crafte in the dayting for a long
ished him with Cuticum Soap and
application of Cuticum Continent
a so soothed that he could sleep.

to sootled that he could sleep, ow how lad I was he felt better, box of Cuticura Ointment and necase of Cuticura Sdap to cure k our box would have died but a Remidles and I shall always if friend of them. He was cured wenty years aloo k, and there has in of the tropble. I shall by you publish this true statement (Sisned) Mrs. M. C. Maitland; han a generation mothers.

la generation mothers have agreeable and economical terrishin-tortured little ones pand Ointment. Although ampleor and dealers every-

Gured Him. Has Had No Return.

lare weary from

Fully sins | (at m;

Sufferer

WILTED.

The Mediterranean Made Rome and the Atlantic Raised Brithat rheumatism was only

JAPAN IS VERY AMBITIOUS

BELIEVES IT IS HER DESTINY

TO RULE THE PACIFIC.

local pain caused by exposure to tain to Power. het. Now hey know that It is now a well-recognized the trouble is caused by the blood viction in Japan that the present tainted with uric acid. This condition of the blood caustrend of events points to her future supremacy of the Pacific, writes a es the mucces to contract, stiffens Tokyo correspondent of the London Morning Post. However much western powers may be insensible to it or hesitate to admit it, Japan is the joints and irritates the nerves. If not promptly treated the stiffness spreads and the pain grows forging ahead at a very rapid rate; and every change, whether political, commercial, or even circumstantial, but lends her greater astortured day and night. If the disease touches the heart it means death. You cannot cure theumatism with liniments, plasters or hot cloths, as so many try

surance for the future. Japan's supremacy on the Pacific may be to do You must go right to the root of the trouble in the lood. taken as a national ambition, and her predominating policy for the future. It is a feith inherited from old and some day must be realized. So certain is Japan of this destiny that she could not avert it if she would The gods have ordained that Nippon should rise triumphant above the Oriental main and remain supreme on her native seas. The whole course of history is regarded by many intelligent Japanese as leading up to this great consumma-Japan must, therefore, be tion. prepared to take the place which

fate assigns her on the chessboard I doctored with two of time. the pain was only re-To show that Japanese ambition was taking their meis based on no vague and sentimen. n returned. For six tal theory, it may be said that the nation expects within the next fifty years to become the centre of world communications. It is an avowed conviction of Japanese statesme that this position will give her a supreme advantage over all her competitors in the race for sea power on the Pacific. The completion of the Panama canal and the double tracking of the trans Siberian railway are expected to take place simultaneously in 1915. From the moment of these achievements Japan will become the meeting point of Oriental communications It has already been announced by leading thinkers of the country that the completion of these two more important lines of world communication will place Japan in the centre of Pacific influence. I am but indirectly quoting Japanese states men when I say that nothing less can be the ambition of the nation.

man at the kit-HISTORIC PARALLEL. Looking back across the tides of uman history Japan notes that there was a period when the Mediterranean was the centre of world communications. She perceives how this was utilized to place Rome in the forefront of power. In time the centre of power shifted to the Atlantic, but the chief cause of the change must be ascribed to the transférence of the centre of com-munication. This was greatly accelerated by such inventions as the way to the coal steamship and the electric telegraph. But the change was utilized Doctor Recommends Postum to give Great Britain the first place new centre disarranged. of influence. The logic of thought. exposure to and the natural course events might well suggest that it would xcess in drink- now be the turn of the United o causes. But States to become the centre of the world-thought; but Japan does not so read history. She occupies on the Pacific the same position that England does on the Atlantic; and she hopes ultimately to become the same centre of world-communica-

tions and command the same influence. To remove the realization of her ambitions still further from the cause he was benefited by it. He realm of theory and speculation Japan is preparing assidnously to maintain a standard of armed strength second to none on the Pa-Postum. I have had functional of to-night, I cific. She is too true an interpreter of the times not to perceive that to be without a mighty naval mindly about because of corns by the foremost powers. Japan can and did not think drinking it hurt force is to be despised and ignored then so certain a relief is at hand not hope to rise to the height of her ambition and enter into her inheritance if lacking in the defences essential to guarding her position. Consequently, enormous sums are being appropriated to the increase of her naval strength, and great activity is observable all along the

line of naval expansion.

GUARANTEE OF PEACE. This advance in naval development she in no way regards as a nenace to peace, but rather as the best guarantce of it. At the beginning of the war with Russia, Japan's naval strength was repre-sented by 157 warships of all types, with an approximate tonnage of 280,000. To-day she commands a fighting force at sea of no less than 189 warships, comprising a topnage of upwards of 600.000. Of first class hattleships she has 15; armored cruisers equal to battleships, 13; common cruisers, 13; third-class cruisers. 13; representing a tonnage of 453,114 for heavy fighting units. not to say anything of the formidboats and submarines, now units of trees and shrubs become suddenly the fleet. In cruisers and battlet bare in a few days. A curious reships of Dreadnought design. Ja- port is made of a horse chestnut pan now ranks fourth among the and a maple in the botanical garnavies of the world. In 1917 the dens at Halle. Germany. Both will have seven ships of more than trees were in full leaf when a frost 20,000 tons each : four of them above of 26 degrees Fahrenheit came one

26,000 tons each. FOREIGN BUILT SHIPS. During the past few years it has dropping in a great stream. The been Japan's naval policy to con-fall stopped suddenly at the end of struct all warships in her own an hour from the horse chestnut yards; but in time doubts arcse as and in about half an hour from the to the wisdom of this policy, in view maple. In the hour the horse chestof the fact that she had to depend nut lost 8,603 leaves, weighing 135 largely upon foreign countries for lbs., and the half hour fall from the designs and the latest improve- maple was 61 lbs., or 16,518 leaves, ments in construction. Japan is at the average of 9.2 per second. quite aware that without the for-eign-built ships in the fleet which chestnut on Nov. 10, the total fall faced Russia there would have been from it from Oct. 27 having been no triumph to chronicle as regards 276,900 leaves, weighing 445 lbs. Tsushima. Now that the Satsuma, the Aki, the Kawachi and the Set- A fissy women says the next most

The Tragedy of the Larder—unexpected guests and no KING OSCAR

SARDINES

Get Them From Your Groos John W. Blokle & Greening, Hamilton

there has been revived the discussion as to the advisability of depending in so great a measure upon domestic ability. The beginning of the new policy was seen in the order given to the Vickers Company for the Kongo; recently launched in British waters. The departure of the admiralty from the old policy of home-built ships was ascribed to a desire to mark Japan's appreciation of British efficiency in shipbuilding, and to give expression to warmth of feeling for the Anglo-Japanese Alliance. Expressions of opinion in Japan, however, would lead to the conviction that the overruling reason was to secure greater fighting efficiency. For some time the Japanese yards have been using about 80 per cent. of domestic material in warship construction; and while this has given an undoubted degree of impetus to manufactures of iron and steel in Japan, it has

PATRIOTISM A RELIGION. But Japan is not depending alto ether on naval force to give her the position she covets on the Paci- Pall Mall Gazette. fic. The peculiar genius of her race and civilization are supposed to add erally an epileptic-will try to raise on the Pacific. With her, patriotremoved by his friends; the Moors to keep him from scratching and are kindness itself in the face of making them bleed. The doctor served in Nippon than the Creator of the World is in other countries. from the old and soured, the Christher unity of race and unanimity of tian dog may pursue his way in medy. Still there was no improveprospects for a triumphant future. does not attempt to enter a mosque and several medicinal soaps, but Apart from Russia she has no na- or pass the barriers placed in front the poor little fellow still continued

will relieve her of any concern for all good Fezzites swear long years to come, a hone based on mutual interests in China. The score Japan is willing to take her chances. She does not anticipate tripuble from across the Pacific; but f it comes sheris not going to be unready. However, her policy on all sides is tretful and bent on

proce. Her biggest foreign prob-lems at present are those of immieration and the prevention of Occidental predominance in China. At home, in spite of poverty, the nation is renewing its strength, and everything, in Japanese eyes at least, points to her future supremacy on the Pacific.

RIGHT HOME.

Personal Test.

No one is better able to realize the injurious action of caffeine the drug in coffee on the heart, than the doctor. Tea is just as harmful as coffee because it, too, ontains the drug caffeine. When the doctor himself has been

relieved by simply leaving off cofe and using Postum, he can refer with full conviction to his own

A Mo. physician prescribes Postum for many of his patients he-

"I wish to add my testimony regard to that excellent preparation or nervous heart trouble for over 15 years, and a part of the time was unable to attend to my business. me. But on stopping it and using Postum instead, my heart has got all right, and I ascribe it to the change from coffee to Postum. 'I am prescribing it now in cases

f sickness, especially when coffee does not agree, or affects the heart, nerves or stomach. When made right it has a much etter flavor than coffee, and is a ital sustainer of the system. shall continue to recommend it to our people, and I have my own case to refer to.". Name given by Cana-

dian Postum Co., Windsor, Ont. Read the little book. "The Road to Minard's Liniment Relieves Neuralgia. Wellville." in pkgs. "There's a reason Ever read the above letter? A new one

appears from time to time. They are genuine, true, and full of human interest.

ABOUT FALLING LEAVES. The fall of leaves in autumn is a remarkable variable process, the foliage of oaks and beeches being slowly dropped during a period of able flotilla of destroyers torpedo- weeks and even months, while some October night, and when the sun rose at 8 o'clock a veritable shower began from each tree, the leaves

tsu have been completed in Japan- annoying thing to a man in the ese yards and put into commission, house is a fly.



Dr. O. Gordon Hewitt, De minion Entomologist, says, referring to the infantile death rate from intestinal diseases and diarrhoea spread by the house fly, he believes that the so-called harmless fly is yearly causing the death of thousands of infants, as well as spreading the germs of typhoid fever.

WILSON'S FLY PADS



CHARMING PEOPLE OF FEZ. Kindness Itself in Face of Poverty

or Affliction. The people of Fez are charming During one's walks or rides not added to the efficiency of the ception to be spat at, as is often the case in other ultra-Mohammedan towns, and the crowds, on the whole, merely smiling and inquisi-

other South Italian town, says the Apart from flussia sine has no har or pass the partiers placed in the poor little renow sufficient to suffer. One day a friend said, to arrive at an understanding that and patron saint of Fez, by whom

Curiously enough in Fez the camonly nation that gives concern in Tangier and a great deal of inter-United States. But on that est, and, whereas in Tangier the people cower away and hide their faces in fear of the evil eye, in Fez they flock round one so assiduously

ing things after having seen the ronto. state of the other more "civilized" towns, is the cleanliness of the 'new'' town. Compared to Tangier, which is supposed to be seavenged, by the great Powers, it is sweet; instead of the smells of decaying produce and others too mysterious to fathom, one is agreeably assailed on all sides by the scent of the orange blossom and pink rose petals piled up in the shops and sold for distillation, and the their appearance at the same time ingent smell of the mint, of which

fairs is terrifying. SWIFT AND HIS BARBER.

Dean Swift, while resident in a requently shaved by a barber to whom he became much attached: The barber one day told Swift that e had taken a public house, which he intended to carry on in conjunction with his trade as a barber, and respectfully requested the dean to write him a line or two to put on is signboard. The dean took up his pen and wrote this couplet: Rove not from pole to pole, but

step in here, Where nought excels the shaving but the beer."

Comfort for the Dyspeptic-There is no ailment so harassing and exhausting as dyspepsia, which arises from defective action of the stomach and liver, and the victim of it is to be pitied. Yet he can find ready relief in Parmelee's Vegetable Pills; a preparation that has established itself by years of effective use. There are pills that are widely advertised as the greatest ever compounded, but not one of them can rank in value with Parmelee's.

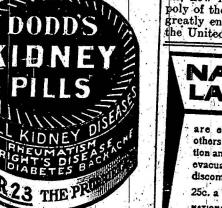
The area of the United Kingdom is 121,000 square miles.

A good cure for children's weak, ankles is to bathe the ankles in salf and water, or, if possible, in seawater.

The cheapness of Mother Graves Worm Exterminator puts it within reach of all, and it can be got at any druggist's.

The number of police in England and Wales is upwards of 49,000; in Scotland, 5,550; in Ireland, 11,900.

"All peace" is the meaning of the Christian name Alfred, while Arthur means a strong man. Samuel means "Heard by God."



ISSUE 33-'12

TIGHTENING THE BELT.

The Tramp's Remedy for Hunger Put to Scientific Test. The vagrant's remedy for hunger

the vagrant's remedy for nunger that of tightening his belt—has been put to scientific test by Dr. R. Leunhoff, a German investigator. Drinks and solid food were made opaque by the addition of a metallic salt, and the effect of swallowing these articles was then watched by means of X-rays. It was shown that the simple act of swallowing caused the stomach to contract by reflex action, thus hastening satia-tion. When solid food was swallowed the contraction of the stomach was seen, a relatively small amount being needed to satisfy the appetite; the swallowing of liquids gave less contraction, a larger quantity of such food being necessary, and when the liquid was passed into the stomach through a tube, without swallowing, twice as much was necessary as before. It was concluded that artificial pressure on the stomach must have the same effect as swallowing. Further experiment confirmed this, and in all cases persons eating as they pleased took less when wearing a tight belt around the waist than when without the belt. When however, liquid food was introduced through a tube, the belt had no effect whatever on satisfying the appetite, so that swallowing evidently plays some part even when aided by artificial pressure.

CHILD COVERED WITH ECZEMA

tive, like a crowd in Naples or any Za n-Buk Worked Complete Cure. Mr. A. J. Cameron, cf Melita, Man., writes: "When my little boy was six weeks old he had eczema. The sores simply covered his face are kindness itself in the face of making them bleed. The doctor poverty and affliction but except gave me several kinds of ointment, for these and a few dasual curses but they did no good. I then tried

> Why don't you try Za-Buk? "I began with this balm, and a week's treatment made a great difference. I persevered, and within a month every sore was healed! Thanks to Zam-Buk his scalp is perfeetly healthy; and his hair has

grown again.' For all skin diseases, cuts, burns they flock round one so assignously that the taking of pictures is often and blood poisoning use Zam-Buk very difficult. Perhaps one of the most astonish- and stores, and Zam-Buk Co., To-

> Denmark exports the greater pro portion of its butter to the United Kingdom.

> There are over twenty-three thousand Justices of the Prace in England and Wales.

Cholera morbus, cramps and kintheir appearance at the same time the Moors are so fond. Reyond the as the hot weather, green fruit, cucumbers, melons, etc., and many lown, sad to relate, the state of afpersons are debarred from eating these tempting things but they need not abstain if they have Dr. J. D. Kellogg's Dysentery Cordial and take a few drops in water. It Dean Swift, while resident in a cures the cramps and cholera in a classe where he had a living, was remarkable manner and is sure to check every disturbance of the bow-

Oaly one Englishman has ever been elected Pope.

Minard's Liniment for sale everywhere. Britain's national expenditure amounts to nearly two hundred million pounds annually.

At Delhi, the new capital of India. the Government buildings are to be erected at a cost of £400,000.

Low Colonist Rates to Pacific Coast via Chicago and North Western Ry, Sept: 25th to Oct. 10th from all points in Canada to Los Angeles, San Francisco. Portland, Seattle, Victoria, Vancouver, Helena, Pocatello, Nampa, Salt Lake City, Ogden, Grand Jct., etc. Through Tourist sleepers and free reclining chair cars from Chicago. Variable routes. Liberal stop overs. For information write or call on B. H. Bénnett, General Agent, 46 Yonge St., Toronto.

According to the last census, there are 147,000 foreigners in Egypt.

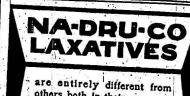
.The total number of officers, seamen, and boys in Britain's navy exceeds 100,000.

Mothers Value This Oil.—Mothers who know how suddenly croup may seize their children and how necessary prompt action is in applying relief, always keep at hand suburbs it carries only upward a supply of Dr. Thomas' Eclectric 20,000. Oil, because experience has taught them that there is no better preparation to be had for the treatment of this ailment. And they are wise, for its various, uses ren Minard's Liniment Co. Limited Gentlemen.—I was badly Aisked by my horse last May and after using several preparations on my leg nothing would do My leg was black as jet. I was laid up in bed for a fortnight and jeduld not walk. After using three bottles of your MINARD'S LINIMENT I was perfushly cured, so that I could ktart on the road.

JOS. DUBES der it a valuable medicine.

Public education throughout the United Kingdom costs the ratepayers £29,000,000 annually.

Japan, which a few years ago exported no cotton underclothing at all, now has practically the monooly of the Indian market, and has reatly encroached on the trade of he United Kingdom.



others both in their composition and their effect-complete evacuation without purging or

25c. a box at your druggist's. NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED:

FOW LET BETTER LIGHT From COAL OIL (Kerosene)

AGENTE WANTED Experience unnoncy back thorables, not one returned. Another sold \$800 worth in the
lays. Evening made profitable. Ask for agents prices and trial offer
HARTLE LAMINGTURED. MANTLE LAMING MPANY 205 Aladdin Bldg. Montreal and Winnipeg, Cas



Maypole Soap H. W. DAWSON, Ninety Colborne St., O VER FIFTY GOOD IMPROVED Farms in Manifolia, Saskatchewan and Alberta at right prices on easy terms. RUIT FARMS IN THE BEST FRUIT H. WAND TO BUY OR SELL A stock grain of dairy farm consult me. H. W. DAWSON, Toronto.

911 St-Lawrence Boulevard

MONTRE

FOR HOME DYEING Washes and dyes at

one operation, giv

ing remarkably clean, bright, fast colors. Dyes cotton,

wool, silk or mix-tures. 24 colors, will give artishade. Colors 10c, black

postpid with by

disinfectant sweeping

powder, is a life-pre-

server because it kill

Floors clean; car

fresh and sweet. N

dust while sweeping

Ask your Dealer for it.

MacLaren Imperial Cheese Co.

Montreal

Cider and

Best of the Kin.

Junior, price \$25.

Medium,

Senior,

L. J. A. SURVEYER

52 St. Lawrence Boulevar

price of the raw produce of farms in the United States has risen by

In the congested area of a town

common fly can harbor from 800,000

to 500,000,000 bacteria, while in the

A TIME FOR EVERYTHING.

The brave ship was wallowing in

the waves that threatened to engulf her at any moment. Has ily the

captain ordered a box of

glare of the rockets a tall,

austere-looking individual

his way to the skipper.

time for fireworks!".

During the last fow

36 per cent."

MONTREAL

Three Sizes:

Sold distributors for Onta-

THE SAPHO MEC. CO., L

all disease germs.

pets bright;

let "How to Dye"

IGHT ACRES JUST OUTSIDE THE city of, London limits; soil clay and grayelly loam; new brick hence (Will exfrom F. L. BENEDICT & CO. Montre r for larger farm. state, London Out.

MALE HELP WANTED. EARN THE RAILWAY STATION work and earn mole money than in any other trade. We enably to all clindlan Railways. Postiam secured. Write for Free Rook 18. Dominion School Rail cading. Toronto. MISCELLANEOUS

FARMS FOR SALE

HAY, AND FARM SCALLS Will in Scale Works, 2 Esplanade Toronto. CANCER, TUMORS, EUMPS, etc. in ternal and external cured exthous pain by our home treatment. Witte us before too late. Dr. Bellesan Medical Co. Limited, Collingwood, Oct. TON SCALE GUARANTEED Wilson e Scale Works, 9 Esplanade Toronto

G ALL STONES, KIDNEY AND READ. der Stones, Kidney trouble, Gravel, Lumbigo and skindred ailments positively curred with the new German Remedy, "Sano," price \$1.50. Another new remedy for Diabetes-Mellitus, and sure cure, 58 "Sano's Anti-Diabetes," Price \$2.00 from druggists or direct. The Sanol Menufacturing Company of Cahada, Lamited, Winning, Man.

CHENILLE CURTAINS LACE CURTAINS DVED AND CLEANED Write to no comb Sours. Gold Medalist.

LANGMUIR'S CREOSOTE ShingleStains Frotest Proserve Beautify JAMES LANCHUIR & CO., Limited 1874; Bathurst Bereet TORONTO

When buying your Piano insist on having an

OTTO HIGEL' Piano Action

BOILERS New and Second Hand, for heating TANKS AND SMOKE STACKS. AKON & for Stucks POLSON INON WORKS TORONTO Engines and Shipbuilders

NOTHING TO BRAG ABOUT. I never hear you bragging about our ancestors. "No. They all had to work for a

lying, Loo. Minard's Liniment Cures Dandruff.

REGULAR SAINT "He's a wonderfully kind man." 'Yes, he is. He will even laugh the tright sayings of other peo-e's children."

