Think this over!
Is there any beverage that costs you less per cup than
LIPTON'S TEA
GOES FARTHEST FOR THE MONEY

The Home

Notes of Particular Interest to Women Folks

DAINTY DISHES.

Poor Man's Gingerl. d.—One cup of molasses, not syrup, one scant cup of melted butter and of lard, half and half, two-thirds cup of boiling water, one teaspoonful of soda, one teaspoonful of ginger, two level cups of flour.

Mexican Rarebit.—Melt one tablespoon butter; cook in it one tablespoon of finely minced onion; add one cup of cheese broken in small bits; stir until melted; then add one cup strained tomato, half teaspoon salt, a few grains cayenne and one egg slightly beaten. Serve on saltines. This is best made in a chafing dish, but can be made in a double boiler.

Chocolate Rice Pudding.—Cook in the double boiler one-quarter cup of rice, and one pint of milk until the rice is soft. Add one tablespoon butter, half cup of seeded raisins, one square of chocolate broken in small pieces, one-third cup sugar and a few grains of salt. Cook five minutes. Remove from the fire and add one egg slightly beaten. Pour into a buttered baking dish and bake twenty minutes. Serve with cream and sugar.

Irish Stew.—Cut two pounds of lean beef from the round into squares of uniform size, cover with cold water, and stew gently for an hour. At the end of that time season to taste and add four peeled and sliced onions, four peeled and sliced carrots, and three stalks of celery cut small. A half hour before serving the dish add to the stew four potatoes cut into dice and boil until these are tender. If you wish the gravy thickened add to it a heaping tablespoonful of browned flour wet with a little cold water and stir until the gravy is smooth and brown. Serve meat, vegetables and gravy on a large and deep platter.

Aubergines au Gratin.—To translate this into kitchen English and Canadian market terms we would call this perhaps baked eggplant. The aubergine is smaller and more delicate than our eggplant, but much like it in appearance and flavor. The eggplant makes an excellent substitute. Slice and peel this, after you have parboiled the eggplant. Lay the slices in a pudding dish, stew crumbs and grated cheese on each layer, pour a white sauce over all, sprinkle more grated cheese on top and bake covered for twenty minutes. Uncover and brown, eat and be thankful!

Parisian Stuffed Tomatoes.—Select half a dozen firm tomatoes, of uniform size, slice the top from each and scoop out the seeds, taking pains not to break the sides of the tomato. Mix a cupful of fine breadcrumbs with a half teaspoonful of sweet herbs minced fine, a teaspoonful of grated lemon peel and salt and pepper at discretion. To this add a heaping tablespoonful of butter, melted, and a beaten egg, fill the tomatoes with this forcemeat, lay the tops on again and fasten in place with a toothpick or a piece of thread. Roll the tomatoes first in raw egg beaten up with a little water, then in fine breadcrumbs arrange in a pan and bake fifteen minutes in a steady oven. Take off the threads or draw out the toothpicks before sending the tomatoes to table.

Strawberry Roll Pudding — Two cups bread flour, two teaspoons sugar, two tablespoons butter, three teaspoons baking powder, one-half teaspoon salt, about three-quarters cup of milk, one box of strawberries, sugar. Make a baking powder biscuit mixture of the flour, salt, sugar, baking powder, butter and milk. Roll into an oblong one-quarter inch thick and sprinkle thickly with one-half a box of berries quartered. Then dredge with sugar. Roll like jelly roll, cut across in slices one-half inch thick, lay in pan and bake about twenty minutes in moderate oven. Serve with strawberry sauce made from remainder of berries. To make this, crush fruit; boil together one-half cup sugar, and three-quarters cup water five minutes; add berries and juice and pour on to a well-beaten egg white, whipping constantly. Add one teaspoon of lemon juice and serve at once.

USEFUL HINTS.

If mutton chops simmer in just a little water on the back of the stove before being broiled or fried, the flavor will be quite like lamb chops.

Fasten a wire hook to the handle of a grape basket. Hang over line when hanging out clothes, and push along before you, thus saving much time.

To thicken gravies for pot roasts or stews, put a piece of brown bread in with the meat. When you go to make the gravey rub it up for thickening.

If your cellar is damp, as it is apt to be in the early spring, put a piece of unslaked lime in it. It absorbs the moisture and keeps the place sweet.

Scratches on polished wood, if not too deep, can be removed by rubbing gently with fine sandpaper and then with a mixture of olive oil and vinegar.

To simmer is to boil slowly, if the liquor throws up bubbles above its surface it is boiling at a gallop, and will harden any meat that is cooking in it.

If it seems difficult to clean the seams or stitching on white gloves, try rubbing with a soft brush dipped in the gasoline; this usually works like a charm.

Pain stains that are dry and old may be removed from cotton or woollen goods with chloroform. It is a good plan to first cover the spot with olive oil or butter.

One woman who has a reputation for her cooking always adds just a pinch of baking powder to the cracker—not bread—crumbs, in which she rolls the oysters before frying.

One of the low stools, substantially made and costing about twenty-five cents is a great help in the kitchen or closet where there are high shelves just out of arm's reach.

If she has not access to the stove, she will find one of the alcohol irons of great help. By means of this it is possible to keep skirts pressed and jabots free from wrinkles.

Make two incisions on the top of all meat pies to allow the steam to escape. Pies treated in this manner will keep good for several days, and so avoid ptomaine poisoning.

To prevent potatoes becoming black when cooked put them into cold water, and when brought to the boil squeeze lemon and juice in. They will then keep a good color and be of good flavor.

The zinc top to the kitchen table or the piece under the kitchen stove will always be bright if it is wiped off frequently with a cloth dampened with kerosene, and then rubbed dry with another soft cloth.

There is nothing better for cleaning the line from the laundry tubs than a button hook; it is well to keep one with a long handle hanging near the tubs for just such emergency, thereby saving plumbing bills.

To remove grease or oil spots from clothing, mix a little fuller's earth into a paste, spread it over the affected part, and allow same to dry thoroughly. In doing so it draws and absorbs the grease. Then take a stiff brush, which will quickly remove the dried earth, and the result will be pleasing, and far more satisfactory than most other methods.

STOPS SHOES CREAKING.

Every woman knows how annoying it is when her shoes begin to creak. Probably, she has hardly noticed it in her usual walking, but just as soon as she would walk quietly they set up a most distressing squeak. To remedy this soak the sole in linseed oil, using a plate or shallow pan, allowing the sole only to come in contact with the oil. The creak will disappear after a few hours and the shoe will last much longer on account of this treatment.

EASILY REMEDIED.

Cashier—"I cannot cash this check, madam. You have overdrawn your account."

Haughty Lady—"Oh, that is all right! Just make me out a new account."

A FACT.

About the hardest man in the world to control is the man who is too easily led.

A girl isn't half as humiliated to make her own dresses as she is to wear them.

Bad advice is the only kind heeded.

Safeguarding Investors

It is only the wealthy investor who can afford to jeopardize his principal in the hope of securing unusually large returns. To the man whose investment represents all or most of his available capital, security of principal is a prime necessity.

The value of a Bond depends upon several conditions, including: safety, which can be ascertained only after an investigation of the properties which are security for the Bond—rate of interest—readiness with which the Bond can be sold—probable stability or appreciation of market price. These and other facts should be ascertained before investing.

We maintain in the interests of investors a statistical department which contains complete information regarding all reputable Canadian and the leading British and American securities. A request to any one of our offices in person, by mail or wire, will secure any desired information. Such a request carries no obligation whatever.

DOMINION BOND COMPANY, Limited
TORONTO MONTREAL
OTTAWA LONDON, ENG.

SOLDIERS DRINK LESS.

Generals Agree That Best Fighting Is Done by Sober Army.

The changes that a century has wrought in respect to the use of strong liquor were illustrated during the recent meeting in London, England, of the Royal Army Temperance Association, which now has 67,433 members, of whom 38,405 are in the Indian army.

According to the figures presented there are now 28,380 total abstainers in the British army and 2,795 in the temperance section. Earl Roberts said a great change had come over the morality of the army in India since the days when it was the custom to provide every soldier with "a tot of arrack" every morning.

Earl Curzon recalled that in 1812, when the Peninsula war was in progress, the Duke of Wellington's force was "a drinking if not a drunken army." The idea then was that the hard drinking man was the best fighting man, and there was a direct ratio between whiskey consumed and courage displayed. The Duke himself while extolling the bravery of his men deplored their drunkenness and social vices.

Nowadays all recognize that the old idea was a ludicrous fallacy. Every general who had commanded troops in the last quarter of a century would say that the best marching army and the best fighting army was a sober army.

EXTERMINATION OF RATS AND MICE.

If it were generally known that there is no trouble to rid a house, barn or any building of rats and mice by the use of Gillett's Lye, it is doubtful if the article could be made as fast as it would be used for this purpose alone. The process connected with using it is very simple, the plan being to sprinkle a little of the article in and around the holes made by these pests in floors, partitions, etc. In addition to this it is well to use a thin piece of board about a foot square, or even smaller, and make a complete circle of the lye on the board about a quarter of an inch deep, and inside of the circle place some meat or cheese. In endeavoring to get at the bait the feet of the rats and mice will be burned, and the whole colony, whether large or small, will immediately disappear from the premises.

The plan is worth trying, but the good kind—Gillett's Lye—should be procured. Refuse the many cheap imitations and substitutes.

JOBS FOR THE INDIGENT.

Swiss Method of Solving Problem of the Unemployed.

In Switzerland the people act upon the theory that a man who is unemployed is, if left to himself, liable to become a waste by being a subject of charity and a tax upon the community. Therefore, the problem is considered as an economic question.

The purpose is to assist the unfortunate unemployed to secure work, not only for the sake of his family, but in the interests of the State. There is no toleration for the loafer. Begging is prohibited by the law and vagrancy is classified as a crime.

If an unemployed person does not make a serious effort to find work the authorities will find it for him, and he is compelled to perform it. If he refuses he is placed in the workhouse, where strict discipline is maintained and every inmate is required to work to his full capacity, receiving therefor his board and lodging and from 5 to 10 cents a day in wages.

There are also institutions where temporary employment is furnished to persons out of work, through no fault of their own, and comfortable accommodations and some money compensation given until they can find more remunerative wages.

To present a revolver at anyone, even if the weapon is unloaded, is in law an assault.

FROM MERRY OLD ENGLAND

NEWS BY MAIL ABOUT JOHN BULL AND HIS PEOPLE.

Occurrences in The Land That Reigns Supreme in the Commercial World.

Dockyard hands to a total of 50,000 are employed by the British Admiralty.

Publishers of the United Kingdom issued 8,530 new books and 2,911 new editions during 1911.

At Marylebone 400 people are daily provided with electrically cooked three-course luncheons at 4d. a head.

Home safes, which, as their name implies, have proved a success in thrift, have proved a success in London, are to be supplied over the country.

At the British Titanic inquiry it was brought out that one of the lifeboats left the sinking liner with eight women and children aboard and sixty-one men.

Among the subscribers to the London fund for the Titanic sufferers are the Princess Louise, Duchess of Argyle, £100; Mr. Asquith, £50, and Lord Rosebery, £100.

The death took place on the 30th ult. at his residence, 15 Ravenscroft Road, Oxford, of Dr. Henry Sweet, who since 1901 had been reader in Phonetics in the University of Oxford.

Earl Stanhope will place under the hammer his Derbyshire estate of 2,500 acres at Stanton-by-Dale Dale Abbey and Ilkeston, including the historic manors of Stanton and Dale Abbey.

It has been decided that the long Ross rifle, with any sights issued by the Dominion Government, and authorized for use by Canadian troops, may be used by Canadian competitors at Bisley.

"Nearer, my God, to Thee," which has been raised to the dignity of a classic, was first contributed to Mr. W. J. Fox's "Hymns and Anthems" (about 1846). Its author, Sarah Flower Adams, was a friend and confidant of Browning in his youth.

The longest time that any traffic was suspended by the raising of Tower Bridge in 1911 was 24½ minutes, and the shortest time 1½ minutes. The bridge was raised 3836 times during the year, giving a daily average of 21.2 suspensions of traffic.

The exhaustion of the coal supply of Great Britain, often declared to be imminent, will be deferred somewhat by the vast deposits of the precious mineral discovered in Kent, in the neighborhood of Dover, where mining operations are now in progress.

A gentleman saw the following advertisement in a paper—"The Royal Road to Wealth. Send twelve stamps to ——." The gentleman sent twelve stamps, and in return for his outlay received minute instructions how to get to the Isle of England from any part of London!

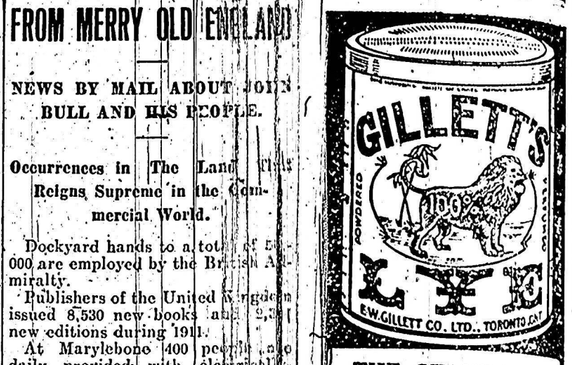
The April statement of the British Board of Trade shows an increase of $42,820,000 in imports and a decrease of $24,026,000 in exports. The principal increase in the imports were $15,000,000 in American cotton, $8,000,000 in wool, and $10,000,000 in metals, coal, iron, steel and manufactured goods showed the large decrease in exports.

Hart Street, London, which is now protesting against the proposed absorption into Crutched Friars, was once the residence of Sir Richard Whittington. It was built entirely of oak, had cats' heads for knockers and on the ceilings were carved cats. The last occupant of the abode was a carpenter, and sunk a sawpit across the court-yard.

ITS ONLY PURPOSE.

"O, Willie, Willie," wrote a teacher to a hopelessly delinquent, "whatever do you think your head is for?"

Willie, who evidently thought this another of the foolish questions that teachers were always asking, pondered it deeply. "Please, Miss," he replied at last, "it's to keep my collar on."



THE STANDARD ARTICLE · SOLD EVERYWHERE

For making soap, softening water, removing paint, disinfecting sinks, closets, drains, and for many other purposes

E.W.GILLETT COMPANY LIMITED TORONTO, ONT.

Why does it sell so?
NA-DRU-CO Headache Wafers
They stop a headache promptly, yet do not contain a drug common in headache tablets. Ask for 25c. a box.
National Drug and Chemical Co. of Canada, Limited

6% INTEREST AND SAFETY

Price Bros. and Company Bonds pay 6 per cent on the investment. They offer the strong security of first mortgage on 6,000 square miles of pulp and timber lands—which are insured against fire. The earnings of the Company at present approximate over three times the bond interest. The new paper mill in course of construction will double the earning power. Purchased at their present price they pay interest at the rate of 6 per cent. The best posted investors in Canada and England have purchased these bonds. Owing to the steadily increasing demand of the products of the Company, these bonds will undoubtedly increase in value.

If you have money to invest write us for complete information.

ROYAL SECURITIES CORPORATION LIMITED
BANK OF MONTREAL BUILDING YONGE AND QUEEN STREETS
R. M. WHITE TORONTO
Manager MONTREAL-QUEBEC-HALIFAX-ST. JOHN-LONDON (Eng.)

The One Best Sugar for Preserving is Redpath Extra Granulated Sugar

When you pay a good price for your strawberries, and spend a lot of time preparing, cooking and bottling them, isn't it too bad only to get after all, preserves that "might have been better"?

Yet that is what you do get, unless you use the **very best sugar** as well as the finest fruit.

Every trace of impurity in the sugar has a bad effect on the flavor and the keeping qualities of the preserves.

Redpath Extra Granulated Sugar is refined to absolute purity, and put up, without being touched by human hand, in 2 and 5 pound Sealed Cartons and in 20 and 100 pound bags.

Buy Redpath Sugar in these original packages and you get Canada's finest sugar, at its best. Make your preserves, jellies and jams with Redpath Extra Granulated and you'll get the most gratifying returns from your time, skill and money.

Try this way of preserving Strawberries —it works splendidly.

Hull and clean the strawberries and put them into jars which have been sterilized with boiling water. Fill each jar, but do not pack the fruit down.

Make a thin syrup by boiling for ten minutes 3 parts of REDPATH Extra Granulated Sugar in 5 parts of water. You will need nearly as many pints of syrup as of fruit.

Pour the syrup over the fruit, filling the jars. Screw on the covers, **without the rubbers**, stand the jars on strips of wood in a wash-boiler, and cover them to within an inch of the tops with cold water. Bring this water to a boil and cook for from 15 to 20 minutes, according to the ripeness of the berries. Watch closely after they have boiled 15 minutes, and when cooked remove at once.

Have the syrup, which was left over, very hot. With a fork gently stir the fruit so as to get out all the air bubbles, then fill each jar up with the hot syrup and seal, being careful no leave no air inside.

Strawberries, raspberries or any other fruit preserved in this way keep their shape and size, and retain much more of the fresh fruit flavor than if they are cooked up in the ordinary way.

The Canada Sugar Refining Co. Limited, Montreal.

$50.00 Bank No. 520 Treal
Pay
108 Cheques Will be Distributed Among Canadian Farmers. Will You Get One of Them?
In addition to the twenty-seven first prizes of $50 each, there will be eighty-one other cash prizes, ranging from $10 to $25 in our
1912 PRIZE CONTEST FOR FARMERS

This contest is along the same lines as the one which was so successful last year, except that there are three times as many prizes, and there are three times as many chances for each contestant to win. Every farmer in Canada who uses "Canada" Cement is eligible to compete. The conditions are such that large and small users of cement have equal opportunities to win a $50 prize.

The contest is divided into three classes, and there are first, second, third and fourth prizes ($50, $25, $15 and $10) in each class.

CLASS "A"—Prizes to be awarded to the four farmers in each province who use most "Canada" Cement on their farms in 1912.

CLASS "B"—Prizes to be awarded to the four farmers in each province who send photographs of the *best concrete work* done with "Canada" Cement on their farms in 1912.

CLASS "C"—Prizes to be awarded to the four farmers in each province who send the best *description*, telling how any piece of concrete work was done with "Canada" Cement. (Entries for this prize must be accompanied by photographs of the work.)

In addition to this being divided into classes, so as to give small users of cement an equal chance with those who use more, the Contest is also divided into nine divisions, one for each province. So you see you need only to compete with the other farmers of your own province, and not with those all over Canada.

Don't think that because you have never used cement, you cannot win a prize. Many of last year's prize winners had never used cement before they entered the Contest. We will send you a free book, "What the Farmer Can Do With Concrete," that will not only help you in the Contest, but will tell you everything you could want to know about the use of cement on the farm.

Don't delay, but send us your name and address on the coupon and get this free book and full particulars of the Prize Contest right away. Use a letter, postal or coupon.

Send me particulars of your 1912 Prize Contest.

Address Publicity Manager
Canada Cement Company
Limited
30-35 Herald Bldg. - Montreal

A free book. "What the Farmer can do with Concrete" will be sent to all who request details of the Prize Contest.

ST. VITUS DANCE IN YOUNG CHILD

A Striking Example of its By the Tonic Treatmen

St. Vitus dance is the com form of nervous trouble that young children, because great demand made on the growth and development, and is an added strain caused by It is when these demands so great that they impover blood, and the nerves fail to their full supply of nour that the nervous debility leads to St. Vitus dance be The remarkable success Williams' Pink Pills in curing Vitus dance should lead pare give this great blood building cine to their children at the signs of the approach, of in case. Pallor, listlessness, tion, restlessness and irrit are all symptoms which ear that the blood and nerves are ing to meet the demand upon Here is proof of the power Williams' Pink Pills to cur trouble. Mrs. J. W. Towns wa, Ont., says: "At the eleven my daughter was a with St. Vitus dance, and a all we did for her the trouble rapidly worse. Soon she scarcely able to walk, her limbs jerked and trembled she was quite unable to fe self. When she would be s would be unable to rise resistance. As nothing her I wrote a friend who ter had been similarly she advised the use of Dr. Pink Pills, which had child. I at once got a Pills, and even the se box seemed to the ment. By the time five ayed she was compl has had no return since." Sold by all ers or by mail at 50 six boxes for $2.50 fr Williams' Medicine Ont.

GERMAN TEACHER PU

Hypnotized Children to Polite.

A teacher named Bo been sentenced to comment at Elberfeld making experiments with the pupils in h Boenecker, who in terested in hypnotism he might use it for th improving the manner pils, who were rather hand drawn from the lower classes.

He wished to cure of disobedience and this purpose, he hypn one after another be tempted to teach them when they were in a tra pressed upon them the necessity of saying not had occurred, and the tance of telling the truth ing very polite to him awoke.

Some of the children hypnotic suggestion a diately, but, other were good subjects. The latter parents of what had occ investigations were made found that the hypnotized were doing exactly as th told, and that their manner improved to a very great ex The court, however, fe that the experiments were ous to the health of the and Boenecker was con

OUTDOOR LIFE

Will Not Offset the Ill-Effe Coffee and Tea When One Cannot Digest Them.

A farmer says:

"For ten years or more I ed from dyspepsia and trouble, caused by the fee. (Tea contains caffe (drug found in coffee) and bad I had to give up ly and almost give up ex were times when I could boiled milk and bread and went to the field to work take some bread and to give me strength.

"I doctored steady and most everything I could stomach in the way of medi if I got any better I can little while. I was almost skeleton.

"One day I read an ad fum and told my wife I would it, and as to the following will make affidavit before Judge:

"I quit coffee entirely and Postum in its place. I have re my health entirely and can eat thing that is cooked to eat. I increased in weight and weigh more than I ever did have not taken any medicine my stomach since I began Postum.

"My family would stick to at first, but they saw the effe and on me and when they feeling bad they began to use tum, one at a time, until now all use Postum." Name given Canadian Postum Co., Windsor Ont.

Ten days' trial of Postum place of tea or coffee proves truth, an easy and pleasant way Read the little book, "The Ro to Wellville," in pkgs. "There's reason."

Ever read the above letter? A new appears from time to time. They Genuine, true, and full of human interest