

GOOD HEALTH FOR YOUNG GIRLS

They Need the New Blood Dr. Williams' Pink Pills Actually Make.

Perhaps you have noticed that your daughter in her "teens" has developed a fitful temper, is restless and excitable. That she complains of weakness and depression, feels tired out after a little exertion, appetite variable, complains of headaches and is growing pale. In that case remember that the march of time is leading her on to womanhood, and that at this period a great responsibility rests upon mothers. These are symptoms of anaemia—that is bloodlessness, and no time should be lost in increasing and enriching the blood supply. Unhealthy girlhood almost always leads to unhealthy womanhood! All young girls in their teens need the help of Dr. Williams' Pink Pills, which enrich and increase the blood supply, and give sickly drooping girls the brightness and charm of perfect health. In proof of this Miss Zella Gordier, Morrisburg, Ont., says: "I was pale and bloodless and suffered from many of the symptoms of anaemia. I would tire easily and suffered from frequent headaches. My appetite was poor and I was very pale and easily discouraged. The medicine I was taking did not seem to help me, and then one day I read the story of a young girl who suffered similarly and was cured through the use of Dr. Williams' Pink Pills. I got three boxes of the pills and started to take them. Before they were done I began to feel better and look better. Then I got five dozen more boxes, and before they were all used I was enjoying the best of health, and have continued to do so since. My young brother was troubled with rheumatism, and they completely cured him."

Dr. Williams' Pink Pills are sold by all medicine dealers or can be had by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

REVERSIBLE WINDOWS.

"Why, Bridget, you surely don't consider these windows washed?" said the lady of the house, reproachfully.

"Sure, I washed 'em nicely on the inside, m'm; so we can look out," replied Bridget; "but I'm intinctually liftin' them a little dirty on the outside so them ignorant Jones children mix door couldn't look in."

DISTINCTION.

"Pop," said my son, "When a man talks a great deal what is he called?"

"An orator, my boy." And when a woman talks a good deal what is she called?"

"A nuisance."

A Pill for Brain Workers.—The man who works with his brains is liable to derangement of the system than the man who works with his hands, because the cells upon his nervous energy take up other applies, only his muscular strength. Brain fog being irregularities of the stomach and liver, and the best remedy that can be used is Patinele's Vegetable.

They are specially compounded for such cases, and all who use them can certify to their superior power.

It is a poor friend who will not stand by you until your last dollar gone.

Edward Lumbaman's Friend.

"Why so melancholy, old Jack?" Miss Jones rejected me last night." Tom—"Well, break up." There are others." "Yes, of course; but somehow I can't help feeling sorry for the poor girl."

Girl Cured of Disfiguring Pimples

By Cuticura Ointment, Broke Out on Face When Twelve or Thirteen.

Were Most Embarrassing.

Had Tried Everything.

A New Scotia girl, Miss Mabel Morash, of Dyer, N.B., writes: "When I was about twelve or thirteen years of age, my face was covered with pimples, and I kept trying to get rid of them, but failed. Then I saw a doctor, but he only got worse until I was quite frightened that he could always be disfigured. Then I got two ointments, one of which I took together with Cuticura Soap, and in two months I was cured. Now, of course I use Cuticura Soap for all my children." (Signed) Mrs. Mabel Morash, Mar. 31, 1911.

Baby's Face Like Raw Beef.

"My baby boy had a large pimple come on his forehead. It burst and spread all over his face which soon looked like a piece of raw beef, all smothered with bad pimples. I tried every remedy, but nothing helped. I took him to a doctor but he only got worse until I was quite frightened that he could always be disfigured. Then I got two ointments, one of which I took together with Cuticura Soap, and in two months I was cured him. Now, of course I use Cuticura Soap for all my children." (Signed) Mrs. M. Petrie, 99 Waterlow Rd., Alderhot, England, May 1911.

Cuticura Soap and Ointment are sold throughout the world, but to those who have suffered much, lost hope and arts with our treatment, a liberal sample of each will be mailed free of postage. Address: Potter Drug & Chem. Corp., 50 Columbus Ave., Boston, U.S.A.

FOUGHT WOUNDED LEOPARD.

Plucky Act of a Native Sportsman in India.

A notable native sportsman, Kunwar Anand Singh, brother of the Raja of Kashipur, recently had a remarkable encounter with a leopard at Kashipur in Haini Tal district, India.

The Kunwar Sahib was out shooting and unexpectedly came on a leopard about a hundred yards distant from him. He fired with his 250 Ross rifle, using a hollow nosed bullet. The bullet struck the breast on the ribs and knocked him down, but apparently it did him no vital damage.

The Kunwar Sahib and his attendant, all on foot, followed up the wounded animal to some long grass, from which the leopard charged, making for one of the attendants. To save his follower the Kunwar Sahib, who is conspicuous in a family famous for personal bravery, shot and drew the leopard on to himself.

As the brute charged him the Kunwar Sahib fired at him again with his 250. The hollow bullet this time burst on the skin without stopping the leopard, and the bolt of the rifle jamming, the Kunwar Sahib was left unprotected against the furious animal, which leaped upon him and bit him on the brow and cheek!

The Kunwar Sahib never lost his presence of mind, and courageously put both his hands into the animal's mouth, and held its jaws open.

Then followed a struggle between man and leopard which resulted in the leopard being thrown to the ground, and the Kunwar Sahib, getting his hunting knife from his attendant, who had come to his assistance, despatched it.

In the tussle, in addition to the bites on the face, the Kunwar Sahib received some bad wounds in the hand, but medical assistance was speedily available, and he is excepting the last two are of long standing.

When one turns to other monarchs the list appears very trivial,

the German Emperor, for instance,

enjoying the luxury of seventy-five

subordinate titles, the King of Spain forty-two, the Emperor of Austria sixty-one, the Sultan of Turkey eighty-two:

The Sultan of Turkey's various

titles are somewhat amusing to the western mind. He is of course Sultan and Kha-khan (high prince and lord of lords) to start with; then he claims sovereignty over most districts, cities and states in the East, specifying each by name, and setting out with great elaboration in each of his various titles "all the forts, citadels, puris and neighborhood thereof" in regular legal form, and finally his official designation ends, "sovereign also of divers other nations, states, peoples and races on the face of the earth."

All this is, of course, in addition to his high position as "head of the faithful" and "supreme lord of all the followers of the Prophet," "direct and only lieutenant on earth of Mohammed."

The Emperor of Austria, the Pope, the Sultan of Turkey, the King of Portugal are all "King of Jerusalem." The Kings of Norway and of Denmark are both "Kings of the Goths" and "Kings of the East Indies," "King of Oceania," "King of the West Indies," and "King of India" the last title being also owned by the King of Portugal.

Of sovereigns who claim British territories, the worst offender is the young King of Spain. He is, among other things, "King of Gibraltar," "King of the East Indies," "King of Oceania," "King of the West Indies," and "King of India" the last title being also owned by the King of Portugal.

WONDERS OF THE DEAD SEA.

Motor Boat Exploration by Members of Colony in Jerusalem.

An interesting trip around the Dead Sea was made in a motor boat by Jacob E. Spafford, a member of the American colony in Jerusalem, says the *Geographical Journal*.

In circumnavigating the lake four or five very fertile plains or ghors were met with. "These plains," writes Mr. Spafford, "naturally relieve the monotony of the sea, and afford opportunities for such cases, and all who use them can certify to their superior power."

It is a poor friend who will not stand by you until your last dollar gone.

Edward Lumbaman's Friend.

"Why so melancholy, old Jack?" Miss Jones rejected me last night." Tom—"Well, break up." There are others."

"Yes, of course; but somehow I can't help feeling sorry for the poor girl."

When Your Eyes Need Care.

By Cuticura Ointment, Broke Out on Face When Twelve or Thirteen.

Were Most Embarrassing.

Had Tried Everything.

A Nova Scotia girl, Miss Mabel Morash, of Dyer, N.B., writes: "When I was about twelve or thirteen years of age, my face was covered with pimples, and I kept trying to get rid of them, but failed. Then I saw a doctor, but he only got worse until I was quite frightened that he could always be disfigured. Then I got two ointments, one of which I took together with Cuticura Soap, and in two months I was cured him. Now, of course I use Cuticura Soap for all my children." (Signed) Mrs. Mabel Morash, Mar. 31, 1911.

Baby's Face Like Raw Beef.

"My baby boy had a large pimple come on his forehead. It burst and spread all over his face which soon looked like a piece of raw beef, all smothered with bad pimples. I tried every remedy, but nothing helped. I took him to a doctor but he only got worse until I was quite frightened that he could always be disfigured. Then I got two ointments, one of which I took together with Cuticura Soap, and in two months I was cured him. Now, of course I use Cuticura Soap for all my children." (Signed) Mrs. Mabel Morash, Mar. 31, 1911.

Cuticura Soap and Ointment are sold throughout the world, but to those who have suffered much, lost hope and arts with our treatment, a liberal sample of each will be mailed free of postage. Address: Potter Drug & Chem. Corp., 50 Columbus Ave., Boston, U.S.A.

RULERS WITH MANY TITLES.

Sultan of Turkey Has 82, German Emperor 75.

Most of the crowned heads of Europe revel in a multiplicity of styles and dignities, but apart from mere peerages the ruler of the mightiest empire the world has ever seen has to be content with the simple formula, "Edward VII, by the Grace of God of the United Kingdom and of Great Britain and Ireland and of the British dominions beyond the seas King, Defender of the Faith, Emperor of India."

The Kunwar Sahib was out shooting and unexpectedly came on a leopard about a hundred yards distant from him. He fired with his 250 Ross rifle, using a hollow nosed bullet. The bullet struck the breast on the ribs and knocked him down, but apparently it did him no vital damage.

The Kunwar Sahib and his attendant, all on foot, followed up the wounded animal to some long grass,

from which the leopard charged,

making for one of the attendants.

To save his follower the Kunwar Sahib,

who is conspicuous in a family

famous for personal bravery,

shot and drew the leopard on to himself.

As the brute charged him the Kunwar Sahib fired at him again with his 250.

The hollow bullet this time burst on the skin without stopping the leopard,

and the bolt of the rifle jamming,

the Kunwar Sahib was left unprotected

against the furious animal,

which leaped upon him and bit him on the brow and cheek!

The Kunwar Sahib never lost his presence of mind, and courageously put both his hands into the animal's mouth, and held its jaws open.

Then followed a struggle between man and leopard which resulted in the leopard being thrown to the ground,

and the Kunwar Sahib, getting his hunting knife from his attendant,

who had come to his assistance,

despatched it.

In the tussle, in addition to the bites on the face, the Kunwar Sahib received some bad wounds in the hand,

but medical assistance was speedily available, and he is excepting the last two are of long standing.

When one turns to other monarchs

the list appears very trivial,

the German Emperor, for instance,

enjoying the luxury of seventy-five

subordinate titles, the King of Spain forty-two, the Emperor of Austria sixty-one, the Sultan of Turkey eighty-two:

The Sultan of Turkey's various

titles are somewhat amusing to the western mind. He is of course Sultan and Kha-khan (high prince and lord of lords) to start with; then he claims sovereignty over most districts, cities and states in the East, specifying each by name, and setting out with great elaboration in each of his various titles "all the forts, citadels, puris and neighborhood thereof" in regular legal form, and finally his official designation ends, "sovereign also of divers other nations, states, peoples and races on the face of the earth."

All this is, of course, in addition to his high position as "head of the faithful" and "supreme lord of all the followers of the Prophet," "direct and only lieutenant on earth of Mohammed."

The Emperor of Austria, the Pope,

the Sultan of Turkey are all "King of Jerusalem."

The Kings of Norway and of Denmark are both "Kings of the Goths" and "Kings of the East Indies," "King of Oceania," "King of the West Indies," and "King of India" the last title being also owned by the King of Portugal.

Of sovereigns who claim British

territories, the worst offender is the young King of Spain. He is, among other things, "King of Gibraltar,"

"King of the East Indies," "King of Oceania," "King of the West Indies," and "King of India" the last title being also owned by the King of Portugal.

When one turns to other monarchs

the list appears very trivial,

the German Emperor, for instance,

enjoying the luxury of seventy-five

subordinate titles, the King of Spain forty-two, the Emperor of Austria sixty-one, the Sultan of Turkey eighty-two:

The Sultan of Turkey's various

titles are somewhat amusing to the western mind. He is of course Sultan and Kha-khan (high prince and lord of lords) to start with; then he claims sovereignty over most districts, cities and states in the East, specifying each by name, and setting out with great elaboration in each of his various titles "all the forts, citadels, puris and neighborhood thereof" in regular legal form, and finally his official designation ends, "sovereign also of divers other nations, states, peoples and races on the face of the earth."

All this is, of course, in addition to his high position as "head of the faithful" and "supreme lord of all the followers of the Prophet," "direct and only lieutenant on earth of Mohammed."

The Emperor of Austria, the Pope,

the Sultan of Turkey are all "King of Jerusalem."

The Kings of Norway and of Denmark are both "Kings of the Goths" and "Kings of the East Indies," "King of Oceania," "King of the West Indies," and "King of India" the last title being also owned by the King of Portugal.

When one turns to other monarchs

the list appears very trivial,

the German Emperor, for instance,

enjoying the luxury of seventy-five

subordinate titles, the King of Spain forty-two, the Emperor of Austria sixty-one, the Sultan of Turkey eighty-two:

The Sultan of Turkey's various

titles are somewhat amusing to the western mind. He is of course Sultan and Kha-khan (high prince and lord of lords) to start with; then he claims sovereignty over most districts, cities and states in the East, specifying each by name, and setting out with great elaboration in each of his various titles "all the forts, citadels, puris and neighborhood thereof" in regular legal form, and finally his official designation ends, "sovereign also of divers other nations, states, peoples and races on the face of the earth."

All this is, of course, in addition to his high position as "head of the faithful" and "supreme lord of all the followers of the Prophet," "direct and only lieutenant on earth of Mohammed."

The Emperor of Austria, the Pope,

the Sultan of Turkey are all "King of Jerusalem."

The Kings of Norway and of Denmark are both "Kings of the Goths" and "Kings of the East Indies," "King of Oceania," "King of the West Indies," and "King of India" the last title being also owned by the King of Portugal.

When one turns to other monarchs

the list appears very trivial,