

PURITY FLOUR

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(More bread and better bread)

Sold by J. E. WALKER, Markdale.

Notes on a Continental Tour

(Continued from page 3.)

reliefs. At night the streets of the city were beautifully illuminated with designs of electric lights crossing and recrossing the streets, and the buildings were ablaze with colored light.

The markets of the European cities are marvellous in size and display, and that of Brussels was no exception. We visited the vegetable market near the beautiful Town Hall at five o'clock in the morning, when we saw the finest vegetables we had ever seen, and arranged in most artistic ways. Before six o'clock everything was sold and the great market square swept and cleaned.

Driving up a lovely promenade to the Avenue Louise, adorned and bordered by charming and fragrant flower beds, we passed beneath the Monumental Arch, behind which was the rich foliage of the splendid forest of Soignes, and from it rose the turrets and minarets of the World's Exposition in all their magnificence and architectural beauty. All countries are represented in the Exposition, and the great number of pavilions, remarkable in size and architecture, were rich and varied in their splendor. The exhibits were in keeping with the fine buildings. The exhibit of Canada caused more favorable comment than any other in the park, and it was both large and interesting in its numerous displays. The fruits, grains, minerals, game and fish were all artistically arranged in most attractive forms. Sections of the large building were painted to represent Canadian landscape, and in an orchard where apple pickers were busy fine large ripe apples rolled out of the painted orchard over the grass covered floor. In the forest exhibit live bears and glossy beavers sported themselves before an admiring audience of spectators. The mineral display was most artistic. Away in the background the midnight sun threw long colored rays on icebergs and snow fields where prospectors with pick and shovel searched for the minerals of the North. As the exhibit came down nearer the visitors, the different Canadian minerals came in sight. Much artificial light underneath and behind the scenery heightened the dazzling effects of sunlight and shimmering ice. The Canadian agents in charge of the exhibit were most kind in their hospitality to their fellow countrymen, and we enjoyed a pleasant hour in the cosy rooms provided for Canadian visitors.

Owing to the steady downpour of rain we were unable to visit the famous battlefield of Waterloo which is almost an hour's ride from Brussels. Our way from Brussels lay through the ancient old town of Ghent, celebrated in song and story. It was the birthplace of our English John of Gaunt. In the 15th century it was an important city, but the old historic city has fallen into decay, and many of the former busy streets are now grass grown. The next town we were in was

Bruges, made familiar to readers of Longfellow in his fine poem on its ancient belfry.

"In the market-place of Bruges stands the belfry old and brown, thrice consumed and thrice rebuilt, still it watches o'er the town."

Not a sound rose from the city at the early morning hour. But I heard a heart of iron beating in that ancient tower.

I beheld the Flemish weavers, with Mainau and Juifers bold, marching homeward from the bloody battle of the Spurs of Gold.

And again the whiskered Spaniard, all the land with terror smote,

And again the wild alarm sounded from the tocsin's throat.

Then the sound of drums awoke me. The awakened city's roar.

Chased the phantoms I had summoned back into their graves once more."

The ancient town of Bruges was formerly the headquarters of trade and industry and still even in the midst of the quiet into which it has fallen its ancient architecture speaks of bygone days of glory and splendor.

It was night when we reached Ostend, a famous summer resort and watering-place. The town itself is a great port for fishermen, and large quantities of fish are shipped to all parts of Europe.

From Ostend we took steamer to cross the English Channel to Dover, where we arrived in the dim light of early morning.

It was good indeed to return to old England, where again we saw the familiar English faces and heard the good old English tongue.

A quick run through the lovely hop fields of Kent brought us back to wonderful old London, the greatest and grandest of all cities, where we spent the last two of our ten days' stay there, wandering through the streets abounding in historic memories and associated with the great events of English history. We went direct to Liverpool from London. That city has little of the impress of antiquity, its streets are lined with buildings of recent construction, and it looks much like a city of the New World. Miles of massive warehouses, and miles and miles of docks line the shore, giving an idea of the commercial greatness of the city. The dock where our steamer lay was packed with throngs of people waiting to see the Pope's envoy to America, Cardinal Vanutelli, and the hundreds of delegates going to the Congress in Montreal.

Our voyage across the Atlantic was accomplished under most favorable conditions, and in the short space of five days and a few hours.

We had on board many celebrities, some of whom we had the pleasure of meeting and knowing.

As the land of dear Canada came in view we felt, that, after all, the best pleasure of going abroad was in the home-coming.

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J. E. WALKER, Markdale.

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I am well acquainted with a man, known to thousands in Vancouver, Victoria and New Westminster, who for a year was practically a cripple from rheumatism. He was so troubled by the disease that he found it difficult even to turn over in bed. His heart ached so weak that he could hardly move his limbs. Last June, he received a sample of "Fruit-a-tives." He used them and got his recovery from that time. Today there is no other man in Vancouver enjoying better health. He was recently married, and is building a house this fall and shingling part of the roof in a driving rain without suffering any bad effects.

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"Fruit-a-tives" is a positive cure for rheumatism, sciatica, laminitis, bone and all kidney troubles. It is the greatest blood-purifying tonic ever discovered.

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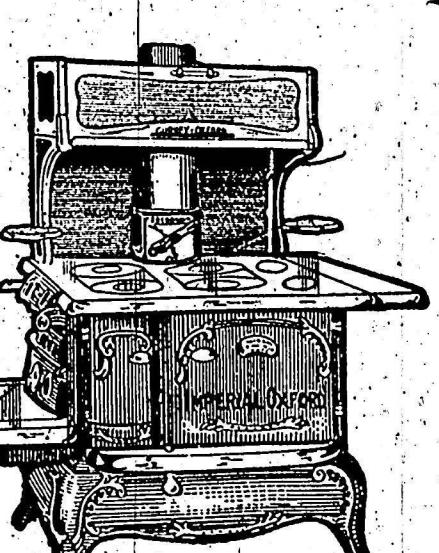
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W. C. T. U. COLUMN

Local Option in Owen Sound.

By John Rutherford, an Ex-Mayor.

We are often asked how Owen Sound has been affected by the operation of Local Option. There are, of course, two sides to the question—those who opposed it at the first, because directly interested in the trade, and as it was in the beginning, is now, and ever shall be, they can see no good thing in Local Option. On the other hand, those who supported the by-law, as a matter of principle, while recognizing the determined opposition it has received from the liquor party, and its friends, yet are perfectly satisfied that it was a move in the right direction—though not all we desire, yet a long step toward the bringing in of Prohibition, pure and simple.

As to the town of Owen Sound from a material point of view, our town is prosperous, our population is increasing, hundreds of good substantial buildings have gone up during the years in which Local Option has been in force, and I am

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