

**Give Children Good Bread and Butter**

You may say bread is bread and all children want plenty of it. In a way, that's true.

But it makes considerable difference whether the bread you give your children now counts just as a "filler" or whether it counts for future health. For there is a vital difference between breads made from different flours.

The most healthful as well as the cheapest food in the world is bread made from

Royal Household Flour

The bread isn't merely something to fill a hungry stomach. It is a balanced food, rich in strength-making material.

It seems for long life, for bone and muscle making.

And it is natural food. It takes the place of meat, at one quarter of the cost, and is more quickly assimilated.

There is no better flour in the world than "ROYAL HOUSEHOLD"; it is best and most economical for Bread, Pies, Cakes, Rolls, Muffins, Biscuit, and all family baking.

It is made from the finest Red Fife—richest in quality gluten, most in

and most valued in the markets of the world.

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